



**8 &
UNDER**

MINI TENNIS **RED 1 & 2 AWARD**

CONGRATULATIONS!

PLAYER:

Coach:

Term:

Group:



RULES OF TENNIS

I know what's in and out

I know what all of the lines on the court are called

RACKET SKILLS

I can do 10 tap-ups with one bounce

I can do 10 tap-downs with one bounce

THROWING AND CATCHING SKILLS

I can consistently catch when a ball is thrown to me

I can consistently throw a ball overarm over the net

GROUNDSTROKES

I play my forehands and backhands close to the net

I play my forehands and backhands from the middle of the court

I play my forehands and backhands from the back of the court

I can push my forehand and freeze

I can push my backhand and freeze

I follow through on to my shoulder on my forehand

I follow through on to my shoulder on my backhand

SERVE

I serve from close to the net with the coach throwing the ball

I serve from close to the net and I do the ball toss

I serve from the middle of the court over the net and crosscourt

I serve from the back of the court and crosscourt

RALLYING (REFER TO GROUNDSTROKES SECTION TO SEE WHERE THEY ARE PLAYING FROM)

I can push rally to 5 with my coach on my forehand

I can push rally to 5 with my coach on my backhand

I can push rally to 10 with my coach on my forehand

I can push rally to 10 with my coach on my backhand

I can push rally to 10 with my coach on my forehand and backhand combined

COMPETITION

I fully understand all the competitive games that we play

GROUP RECOMMENDATION FOR NEXT TERM

RED ☐

ORANGE ☐

AUTUMN ☐

SPRING ☐

SUMMER ☐
BOOKINGS FOR NEXT TERM OPENS:

DATE:
NEXT TERM STARTS ON:

DATE:

Please make next terms bookings at booking.wiltontennisclub.co.uk