



**9 &  
UNDER**

# MINI TENNIS ORANGE 3 AWARD

**CONGRATULATIONS!**

PLAYER: .....

Coach: .....

Term: .....



**GRIPS**

I always change to chopper grip for a drop shot

I can disguise my dropshot using chopper grip

I always use chopper grip for my 1st and 2nd serve

I always use a semi western grip for my forehand

I always change my grip correctly when hitting a backhand

**GROUNDSTROKES**

I can use open stance when hitting

I can use a pivot when hitting

I can hit off the correct foot

I can loop on my forehand

I can loop on my backhand

**VOLLEYS**

In a rally / point, I can approach the net and play volleys

I can hit my approach shot to one side and volley to the space

In a point, I can get to the net and hit winning volleys

**SERVE**

I can serve in chopper grip

I can serve with slice

I can pronate my hand in chopper grip

**RALLYING & POINTS**

I can rally consistently cross court on my forehand

I can rally consistently cross court on my backhand

I know when to change down the line when playing points

I know when to trade, attack and defend in a point situation

**COMPETITION**

When playing points I maintain my technique

When playing points I am able to apply tactics

Are you competing enough

**GROUP RECOMMENDATION FOR NEXT TERM**

 ORANGE ☐

 GREEN ☐

 AUTUMN ☐

 SPRING ☐

 SUMMER ☐
**BOOKINGS FOR NEXT TERM OPENS:**

 DATE:      
**NEXT TERM STARTS ON:**

 DATE:      

 Please make next terms bookings at booking.[wiltontennisclub.co.uk](http://wiltontennisclub.co.uk)