



10&
UNDER

MINI TENNIS GREEN 1 AWARD

CONGRATULATIONS!

PLAYER:

Coach:

Term:



RULES OF TENNIS

I know what's in and out

I know the difference between 1st & 2nd bounce

I know the names of all the lines on the court

GROUNDSTROKES

I play my forehands and backhands from the middle of the court

I play my forehands and backhands from three quarters of the court

I play my forehands and backhands from the back of the court

I can get most forehands and backhands in with basket drills

VOLLEYS

I play my forehand volley with one hand

I play my backhand volley with two hands

SERVE

I serve with half a swing

I serve with a full swing

I serve from three quarters of the court and over the net

I serve from three quarters of the court and crosscourt

I serve from the back of the court and crosscourt

I can get my serve in over 50% of the time

RALLYING (REFER TO GROUNDSTROKES SECTION TO SEE WHERE THEY ARE PLAYING FROM)

I can push rally to 10 with my coach

I can push rally to 15 with my coach

I can push rally to 10 with another player

I can push rally to 15 with another player

COMPETITION (REFER TO GROUNDSTROKES SECTION TO SEE WHERE THEY ARE PLAYING FROM)

I can play points when we start with the serve

I fully understand all the competitive games that we play

I can play points when we start without the serve

GROUP RECOMMENDATION FOR NEXT TERM

 GREEN ☐

 YELLOW ☐

 AUTUMN ☐

 SPRING ☐

 SUMMER ☐
BOOKINGS FOR NEXT TERM OPENS:
DATE:
NEXT TERM STARTS ON:
DATE:

 Please make next terms bookings at booking.wiltontennisclub.co.uk