



**11 &
UNDER**

**JUNIOR
TENNIS
YELLOW
2 & 3 AWARD**

CONGRATULATIONS!

PLAYER:

Coach:

Term:

Group:



RULES OF TENNIS

I keep the score well when playing a match

I understand which side I should be serving from during a match

I fully understand how to play a match without assistance

GRIPS

I can change between my forehand and backhand grip

I can change to a chopper grip to hit a dropshot

I use a chopper grip on my serve

GROUNDSTROKES

I regularly swing over my shoulder on my forehand and have good balance

I play my forehand with topspin

I regularly swing over my shoulder on my backhand and have good balance

I play my backhand with topspin

VOLLEYS

In a rally / point, I can approach the net and play volleys

I can hit my approach shot to one side and volley to the space

In a point, I can get to the net and hit winning volleys

SERVE

I can hit my first serve with power

I can hit slice on my second serve

I can accurately aim my serve

RALLYING

I can rally to 20 with a partner

My groundstrokes are consistent when playing points

COMPETITION

I am ready to play tournaments (sign up for a rating on the LTA website)

When competing I regularly play with topspin

When competing I use a chopper grip on my serve

GROUP RECOMMENDATION FOR NEXT TERM **YELLOW** ☐ **PERFORMANCE** ☐
AUTUMN ☐
SPRING ☐
SUMMER ☐
BOOKINGS FOR NEXT TERM OPENS:
DATE:
NEXT TERM STARTS ON:
DATE:

 Please make next terms bookings at booking.wiltontennisclub.co.uk