



**11 &
UNDER**

JUNIOR TENNIS YELLOW 1 AWARD

CONGRATULATIONS!

PLAYER: *Louis Aubry*

Coach: *Otto Sterner*

Term: *Winter 2024*



RULES OF TENNIS

I know what is in and out	✓		
I know the difference between 1st & 2nd bounce	✓		
I know the names of all the lines on the court	✓		

GROUNDSTROKES

I play my forehands and backhands from the middle of the court		✓	
I play my forehands and backhands from three quarters of the court		✓	
I play my forehands and backhands from the back of the court		✓	
I can get most forehands and backhands in with basket drills		✓	

VOLLEYS

I play my forehand volley with one hand			✓
I play my backhand volley with two hands			✓

SERVE

I serve with half a swing	✓		
I serve with a full swing	✓		
I serve from three quarters of the court and crosscourt	✓		
I serve from the back of the court and crosscourt	✓		
I can get my serve in over 50% of the time	✓		

RALLYING (REFER TO GROUNDSTROKES SECTION TO SEE WHERE THEY ARE PLAYING FROM)

I can push rally to 10 with my coach		✓	
I can push rally to 15 with my coach		✓	
I can push rally to 10 with another player		✓	
I can push rally to 15 with another player		✓	

COMPETITION (REFER TO GROUNDSTROKES SECTION TO SEE WHERE THEY ARE PLAYING FROM)

I can play points when we start without the serve			✓
I can play points when we start with the serve			✓
I fully understand all the competitive games that we play			✓

GROUP RECOMMENDATION FOR NEXT TERM **YELLOW** ☐ **PERFORMANCE** ☐
AUTUMN ☐
SPRING ☐
SUMMER ☐
BOOKINGS FOR NEXT TERM OPENS:
DATE:
NEXT TERM STARTS ON:
DATE:

Please make next terms bookings at booking.wiltontennisclub.co.uk