



wilton  
TENNIS CLUB

AGES  
**3&4**



# MINI TENNIS **TOTS AWARD**

CONGRATULATIONS!

PLAYER: *Marc Beckles*

Coach: *Otto Sterner*

Term: *Winter 2024*



**RULES OF TENNIS**

|  |   |  |  |
|--|---|--|--|
| I know what's in and out                       | ✓ |  |  |
| I know the difference between 1st & 2nd bounce | ✓ |  |  |

**THROWING AND CATCHING SKILLS**

|  |  |   |  |
|--|--|---|--|
| I can catch the ball after one bounce when dropping it |  | ✓ |  |
| I can throw the ball overarm over the net              |  | ✓ |  |

**RACKETS SKILLS**

|   |   |   |  |
|---|---|---|--|
| I can balance the bean bag on the racket in a race      | ✓ |   |  |
| I can balance a tennis ball on the racket whilst moving |   | ✓ |  |

**GROUNDSTROKES**

|  |   |   |   |
|--|---|---|---|
| I can get in my forehand position when asked to without help |   | ✓ |   |
| I can get in my backhand position when asked to without help |   |   | ✓ |
| I can change between my forehand and backhand without help   |   | ✓ |   |
| I can hit the ball after one bounce regularly                | ✓ |   |   |
| I hit over 50% of my forehands over the net                  |   | ✓ |   |
| I hit over 50% of my backhands over the net                  |   |   | ✓ |

**VOLLEYS**

|   |   |   |  |
|---|---|---|--|
| I contact the ball for most of my volleys |   | ✓ |  |
| I hit most of my volleys over the net     | ✓ |   |  |

**SERVE**

|  |  |  |   |
|--|--|--|---|
| When the coach throws the ball, I can make contact above my head |  |  | ✓ |
|--|--|--|---|

**RALLYING**

|  |  |   |  |
|--|--|---|--|
| I can play floor tennis with a partner |  | ✓ |  |
|--|--|---|--|

**COMPETITION**

|   |   |   |  |
|---|---|---|--|
| I fully understand the games we play and understand the rules |   | ✓ |  |
| I always listen and follow the coaches instruction            | ✓ |   |  |

**GROUP RECOMMENDATION FOR NEXT TERM**
**TOTS** ☐
**RED** ☐
**AUTUMN** ☐
**SPRING** ☐
**SUMMER** ☐
**BOOKINGS FOR NEXT TERM OPENS:**
**DATE:**      
**NEXT TERM STARTS ON:**
**DATE:**      

Please make next terms bookings at [booking.wiltontennisclub.co.uk](http://booking.wiltontennisclub.co.uk)