



**wilton**  
TENNIS CLUB

**10&  
UNDER**

# MINI TENNIS GREEN 3 AWARD

**CONGRATULATIONS!**

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Term: *Autumn 2024*



### GRIPS

|   |  |   |   |
|---|--|---|---|
| I always change to chopper grip for a dropshot            |  |   | ✓ |
| I can disguise my dropshot using chopper grip             |  |   | ✓ |
| I always use chopper grip for my 1st and 2nd serve        |  | ✓ |   |
| I always use a semi western grip for my forehand          |  | ✓ |   |
| I always change my grip correctly when hitting a backhand |  | ✓ |   |

### GROUNDSTROKES

|                                    |  |  |   |
|------------------------------------|--|--|---|
| I can use open stance when hitting |  |  | ✓ |
| I can use a pivot when hitting     |  |  | ✓ |
| I can hit off the correct foot     |  |  | ✓ |
| I can loop on my forehand          |  |  | ✓ |
| I can loop on my backhand          |  |  | ✓ |

### VOLLEYS

|  |  |   |  |
|--|--|---|--|
| In a rally / point, I can approach the net and play volleys    |  | ✓ |  |
| I can hit my approach shot to one side and volley to the space |  | ✓ |  |
| In a point, I can get to the net and hit winning volleys       |  | ✓ |  |

### SERVE

|   |   |  |  |
|---|---|--|--|
| I can direct a flat 1st serve             | ✓ |  |  |
| I can direct slice 1st serve on my serve  | ✓ |  |  |
| I can use topspin / slice on my 2nd serve | ✓ |  |  |
| My 1st serve is powerful                  | ✓ |  |  |
| My 2nd serve is consistent                | ✓ |  |  |

### RALLYING & POINTS

|  |  |   |  |
|--|--|---|--|
| I can rally consistently cross court on my forehand          |  | ✓ |  |
| I can rally consistently cross court on my backhand          |  | ✓ |  |
| I know when to change down the line when playing points      |  | ✓ |  |
| I know when to trade, attack and defend in a point situation |  | ✓ |  |

### COMPETITION

|  |  |  |   |
|--|--|--|---|
| When playing points I maintain my technique    |  |  | ✓ |
| When playing points I am able to apply tactics |  |  | ✓ |
| Are you competing enough?                      |  |  | ✓ |

### GROUP RECOMMENDATION FOR NEXT TERM

GREEN ☐ YELLOW ☒

AUTUMN ☐

SPRING ☒

SUMMER ☐

BOOKINGS FOR NEXT TERM OPENS:

DATE: 0 6 0 1

NEXT TERM STARTS ON:

DATE: 0 1 0 1

Please make next terms bookings at [booking.wiltontennisclub.co.uk](http://booking.wiltontennisclub.co.uk)