



9 &
UNDER

MINI TENNIS ORANGE 3 AWARD

CONGRATULATIONS!

PLAYER: *Hassan Baig*

Coach: *Otto Sterner*

Term: *Spring 2024*



GRIPS

I always change to chopper grip for a drop shot		✓	
I can disguise my dropshot using chopper grip	✓		
I always use chopper grip for my 1st and 2nd serve	✓		
I always use a semi western grip for my forehand	✓		
I always change my grip correctly when hitting a backhand	✓		

GROUNDSTROKES

I can use open stance when hitting	✓		
I can use a pivot when hitting		✓	
I can hit off the correct foot			✓
I can loop on my forehand		✓	
I can loop on my backhand	✓		

VOLLEYS

In a rally / point, I can approach the net and play volleys	✓		
I can hit my approach shot to one side and volley to the space	✓		
In a point, I can get to the net and hit winning volleys	✓		

SERVE

I can serve in chopper grip		✓	
I can serve with slice	✓		
I can pronate my hand in chopper grip	✓		

RALLYING & POINTS

I can rally consistently cross court on my forehand	✓		
I can rally consistently cross court on my backhand	✓		
I know when to change down the line when playing points	✓		
I know when to trade, attack and defend in a point situation	✓		

COMPETITION

When playing points I maintain my technique		✓	
When playing points I am able to apply tactics		✓	
Are you competing enough	✓		

GROUP RECOMMENDATION FOR NEXT TERM
ORANGE ☐
GREEN ☒
AUTUMN ☐
SPRING ☐
SUMMER ☒
BOOKINGS FOR NEXT TERM OPENS:
DATE:
NEXT TERM STARTS ON:
DATE:

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