



**11 &
UNDER**

JUNIOR TENNIS YELLOW 2 & 3 AWARD

CONGRATULATIONS!

PLAYER: *Michael Shaw*

Coach: *Otto Sterner*

Term: *Winter 2024*

Group: *Yellow 3*



RULES OF TENNIS

I keep the score well when playing a match			✓
I understand which side I should be serving from during a match			✓
I fully understand how to play a match without assistance			✓

GRIPS

I can change between my forehand and backhand grip		✓	
I can change to a chopper grip to hit a dropshot		✓	
I use a chopper grip on my serve		✓	

GROUNDSTROKES

I regularly swing over my shoulder on my forehand and have good balance	✓		
I play my forehand with topspin	✓		
I regularly swing over my shoulder on my backhand and have good balance	✓		
I play my backhand with topspin	✓		

VOLLEYS

In a rally / point, I can approach the net and play volleys		✓	
I can hit my approach shot to one side and volley to the space		✓	
In a point, I can get to the net and hit winning volleys		✓	

SERVE

I can hit my first serve with power			✓
I can hit slice on my second serve			✓
I can accurately aim my serve			✓

RALLYING

I can rally to 20 with a partner		✓	
My groundstrokes are consistent when playing points		✓	

COMPETITION

I am ready to play tournaments (sign up for a rating on the LTA website)	✓		
When competing I regularly play with topspin	✓		
When competing I use a chopper grip on my serve	✓		

GROUP RECOMMENDATION FOR NEXT TERM **YELLOW** ☐ **PERFORMANCE** ☐

AUTUMN ☐

SPRING ☐

SUMMER ☐

BOOKINGS FOR NEXT TERM OPENS:

DATE:

NEXT TERM STARTS ON:

DATE:

Please make next terms bookings at booking.wiltontennisclub.co.uk