



10&  
UNDER

# MINI TENNIS GREEN 1 AWARD

CONGRATULATIONS!

PLAYER: *Igor Sterner*

Coach: *Otto Sterner*

Term: *Spring 2024*



**RULES OF TENNIS**

I know what's in and out	✓		
I know the difference between 1st & 2nd bounce		✓	
I know the names of all the lines on the court	✓		

**GROUNDSTROKES**

I play my forehands and backhands from the middle of the court	✓		
I play my forehands and backhands from three quarters of the court	✓		
I play my forehands and backhands from the back of the court	✓		
I can get most forehands and backhands in with basket drills	✓		

**VOLLEYS**

I play my forehand volley with one hand		✓	
I play my backhand volley with two hands	✓		

**SERVE**

I serve with half a swing	✓		
I serve with a full swing	✓		
I serve from three quarters of the court and over the net		✓	
I serve from three quarters of the court and crosscourt	✓		
I serve from the back of the court and crosscourt	✓		
I can get my serve in over 50% of the time	✓		

**RALLYING** (REFER TO GROUNDSTROKES SECTION TO SEE WHERE THEY ARE PLAYING FROM)

I can push rally to 10 with my coach	✓		
I can push rally to 15 with my coach		✓	
I can push rally to 10 with another player			✓
I can push rally to 15 with another player		✓	

**COMPETITION** (REFER TO GROUNDSTROKES SECTION TO SEE WHERE THEY ARE PLAYING FROM)

I can play points when we start with the serve	✓		
I fully understand all the competitive games that we play	✓		
I can play points when we start without the serve		✓	

**GROUP RECOMMENDATION FOR NEXT TERM**
**GREEN** ☐ **YELLOW** ☒
**AUTUMN** ☐
**SPRING** ☐
**SUMMER** ☒
**BOOKINGS FOR NEXT TERM OPENS:**
**DATE:**      
**NEXT TERM STARTS ON:**
**DATE:**      

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