



**wilton**  
TENNIS CLUB

**8 &  
UNDER**



# MINI TENNIS **RED 3 AWARD**

**CONGRATULATIONS!**

PLAYER: *Mark Okeif*

Coach: *Otto Sterner*

Term: *Summer 2024*



**RULES OF TENNIS**

I keep the score well when playing a match	✓		
I understand which side I should be serving from during a match		✓	
I fully understand how to play an official match without assistance	✓		

**THROWING AND CATCHING SKILLS**

I can catch the ball with my playing hand			✓
I can catch the ball with my non-playing hand		✓	
I can throw the ball over the net overarm with my playing hand		✓	
I can throw the ball over the net with my non-playing hand	✓		

**GROUNDSTROKES**

I regularly swing over my shoulder on my forehand and have good balance	✓		
I regularly swing over my shoulder on my backhand and have good balance	✓		

**VOLLEYS**

In a rally / point, I can approach the net and play volleys	✓		
In a point, I can get to the net and hit winning volleys	✓		

**SERVE**

I serve with half a swing		✓	
I serve with a full swing	✓		
My second serve goes upwards off my racket			✓
My first serve goes downwards off my racket with power	✓		

**RALLYING**

I can rally to 10 with a partner	✓		
I can rally to 15 with a partner		✓	
I can rally to 20 with a partner	✓		

**COMPETITION**

I am ready to play tournaments (sign up for a rating on the LTA website)	✓		
I can accept both winning and losing	✓		
I compete fairly	✓		

**GROUP RECOMMENDATION FOR NEXT TERM**
**RED** ☐
**ORANGE** ☒
**AUTUMN** ☒
**SPRING** ☐
**SUMMER** ☐
**BOOKINGS FOR NEXT TERM OPENS:**
**DATE:**      
**NEXT TERM STARTS ON:**
**DATE:**      

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