



wilton
TENNIS CLUB

AGES
3&4



MINI TENNIS **TOTS AWARD**

CONGRATULATIONS!

PLAYER: *Marc Beckes*

Coach: *Otto Steiner*

Term: *Spring 2024*



RULES OF TENNIS

I know what's in and out	✓		
I know the difference between 1st & 2nd bounce	✓		

THROWING AND CATCHING SKILLS

I can catch the ball after one bounce when dropping it		✓	
I can throw the ball overarm over the net		✓	

RACKETS SKILLS

I can balance the bean bag on the racket in a race	✓		
I can balance a tennis ball on the racket whilst moving		✓	

GROUNDSTROKES

I can get in my forehand position when asked to without help		✓	
I can get in my backhand position when asked to without help			✓
I can change between my forehand and backhand without help		✓	
I can hit the ball after one bounce regularly	✓		
I hit over 50% of my forehands over the net		✓	
I hit over 50% of my backhands over the net			✓

VOLLEYS

I contact the ball for most of my volleys		✓	
I hit most of my volleys over the net	✓		

SERVE

When the coach throws the ball, I can make contact above my head			✓
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RALLYING

I can play floor tennis with a partner		✓	
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COMPETITION

I fully understand the games we play and understand the rules		✓	
I always listen and follow the coaches instruction	✓		

GROUP RECOMMENDATION FOR NEXT TERM
TOTS ☐
RED ☒
AUTUMN ☐
SPRING ☐
SUMMER ☒
BOOKINGS FOR NEXT TERM OPENS:
DATE:
NEXT TERM STARTS ON:
DATE:

Please make next terms bookings at booking.wiltontennisclub.co.uk