



**8 &
UNDER**

MINI TENNIS **RED 1 & 2 AWARD**

CONGRATULATIONS!

PLAYER: *Matt Samson*

Coach: *Otto Sterner*

Term: *Autumn 2024*

Group: *Red 2*



RULES OF TENNIS

I know what's in and out	✓		
I know what all of the lines on the court are called		✓	

RACKET SKILLS

I can do 10 tap-ups with one bounce			✓
I can do 10 tap-downs with one bounce		✓	

THROWING AND CATCHING SKILLS

I can consistently catch when a ball is thrown to me	✓		
I can consistently throw a ball overarm over the net		✓	

GROUNDSTROKES

I play my forehands and backhands close to the net			✓
I play my forehands and backhands from the middle of the court		✓	
I play my forehands and backhands from the back of the court			✓
I can push my forehand and freeze	✓		
I can push my backhand and freeze		✓	
I follow through on to my shoulder on my forehand	✓		
I follow through on to my shoulder on my backhand		✓	

SERVE

I serve from close to the net with the coach throwing the ball	✓		
I serve from close to the net and I do the ball toss			✓
I serve from the middle of the court over the net and crosscourt		✓	
I serve from the back of the court and crosscourt		✓	

RALLYING (REFER TO GROUNDSTROKES SECTION TO SEE WHERE THEY ARE PLAYING FROM)

I can push rally to 5 with my coach on my forehand			✓
I can push rally to 5 with my coach on my backhand		✓	
I can push rally to 10 with my coach on my forehand	✓		
I can push rally to 10 with my coach on my backhand		✓	
I can push rally to 10 with my coach on my forehand and backhand combined		✓	

COMPETITION

I fully understand all the competitive games that we play	✓
---	---

GROUP RECOMMENDATION FOR NEXT TERM

RED ☐

ORANGE ☒

AUTUMN ☐

SPRING ☒

SUMMER ☐
BOOKINGS FOR NEXT TERM OPENS:

DATE: 0 6 0 1

NEXT TERM STARTS ON:

DATE: 0 1 0 1

Please make next terms bookings at booking.wiltontennisclub.co.uk