

9 &  
UNDER

CONGRATULATIONS!

MINI  
TENNIS  
ORANGE 3  
AWARD

PLAYER: Hassan Baig

Coach: Bruno Sterner

Term: Autumn 2024



### GRIPS

I always change to chopper grip for a drop shot	✓		
I can disguise my dropshot using chopper grip	✓		
I always use chopper grip for my 1st and 2nd serve	✓		
I always use a semi western grip for my forehand		✓	
I always change my grip correctly when hitting a backhand			✓

### GROUNDSTROKES

I can use open stance when hitting	✓		
I can use a pivot when hitting	✓		
I can hit off the correct foot	✓		
I can loop on my forehand		✓	
I can loop on my backhand	✓		

### VOLLEYS

In a rally / point, I can approach the net and play volleys	✓		
I can hit my approach shot to one side and volley to the space	✓		
In a point, I can get to the net and hit winning volleys	✓		

### SERVE

I can serve in chopper grip	✓		
I can serve with slice	✓		
I can pronate my hand in chopper grip	✓		

### RALLYING & POINTS

I can rally consistently cross court on my forehand	✓		
I can rally consistently cross court on my backhand	✓		
I know when to change down the line when playing points	✓		
I know when to trade, attack and defend in a point situation	✓		

### COMPETITION

When playing points I maintain my technique	✓		
When playing points I am able to apply tactics	✓		
Are you competing enough	✓		

**GROUP RECOMMENDATION FOR NEXT TERM**
**ORANGE** ☒
**GREEN** ☐
**AUTUMN** ☐
**SPRING** ☒
**SUMMER** ☐
**BOOKINGS FOR NEXT TERM OPENS:**
**DATE:** 0 6 0 1

**NEXT TERM STARTS ON:**
**DATE:** 0 1 0 1

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