

SHAMS PRESENTS



WOMEN'S HEALTH ACROSS LIFE STAGES

webinar

WOMEN'S HEALTH ACROSS LIFE STAGES.
A SPACE TO TALK ABOUT HORMONES, HEALING,
AND SUPPORT.



Dr. Nihal Elkhoury

MD, CCFP, FCFP Assistant
Clinical Professor at
McMaster university



Dr. Roula Hawa

PhD, MSc, MPH Associate
Professor at Western
University



Abrar Mechmechia

Founder of ABRAR
Trauma and Mental
Health Services

7:00 PM

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