Living Data: Frequently Asked Questions

This document includes some of the FAQs about the Living Data workshops. Click on a link below to go to the answer in this document.

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How are we collecting the activity trackers?

Step 1

You will receive an email from Living Data to your university email account

This will contain:

- Instructions and a link to https://mylivingdata.com
- The date when you will collect the activity tracker (one of your **practical** classes)
- The data when you will return the activity tracker (the following **workshop** - 7 days later)
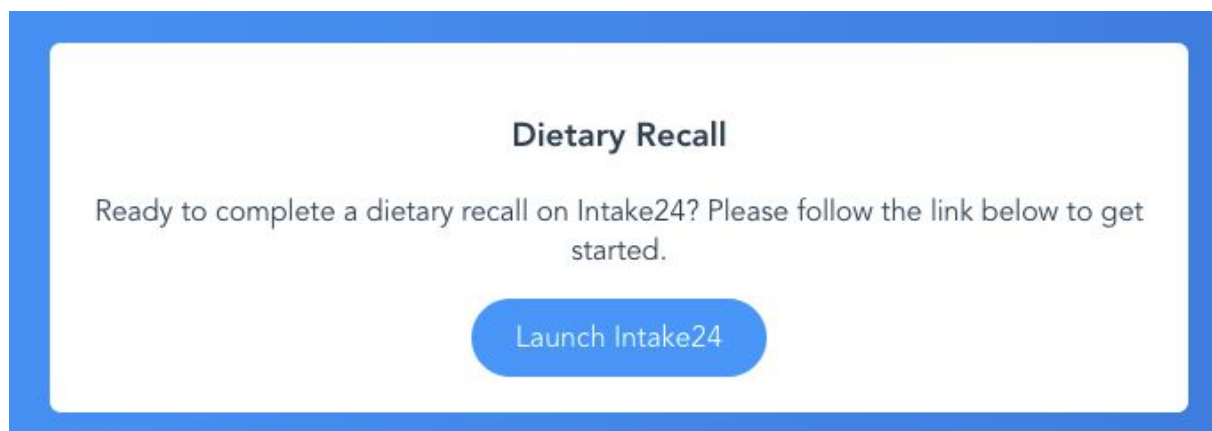
Step 2

On your **practical** collection date (in the email) you collect your activity tracker in an envelope - identified by your unikey

REMEMBER TO SIGN THE SHEET IN CLASS TO CONFIRM YOU COLLECTED THE TRACKER

Step 3

Visit https://mylivingdata.com **through the email link**. Watch this video to guide you through the data access process.

Complete your food intake through the *dietary recall* section (see picture below) **at least twice in the 7 days that you wear the activity tracker**.

Step 4

In your next **workshop** return date (see email) return the activity tracker to the 'return' box.

REMEMBER TO SIGN THE SHEET IN CLASS TO CONFIRM YOU RETURNED THE TRACKER

Step 5

Visit https://mylivingdata.com and click "Access Data" to reveal your individual and class-aggregated movement and nutrition data (see picture below).

Access Data

Your activity data is stored in a secure cloud location - you can access it along with aggregated activity data for your cohort below.

Access Data

Where are the pre-work activities for the Living Data workshops?

They are on their own page in your Canvas. Each pre-work activity will open after the previous workshop. Don't attempt the quizzes before you do the pre-work activities, as they will test your comprehension of the pre-work content.

Welcome to Human Biology

What will it mean to be human in 2100? How will we be able to control our complex bodily mechanism to maintain health and fight disease? Advances in the medical sciences suggest we will age more slowly and new technologies will enhance many bodily structures and functions. This unit of study will explore maintenance of health through four modules: fuel for life, aerobic health, daily defence and human diversity.
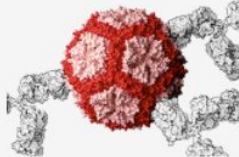
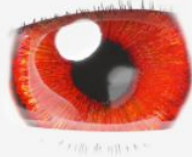| Fuel for Life	Aerobic Health	Daily Defence	Human Diversity

Week: 1 2 3 4   Week: 5 6 7   Week: 8 9 10   Week: 11 12 13

Living Data workshop materials live here

Unit Outline   Unit Schedule   Practicals   Living Data   Discussions   Resources

Is the Data Visualisation a separate task to the Video? What are the requirements for these tasks?

Let's break this down:

Processing Data Visualisation

You will be collecting data this semester, about your activity and nutrition, and you will be able to compare it to the data from the whole class. You will use Processing to create a data visualisation. In the workshops you will apply skills you were introduced to during the pre-work.

Video

You will produce a video based on what you learned in semester, it does not have to relate explicitly to your data visualisation though it could have a similar topic.

You will select:

- A topic from this course to investigate
- An audience to communicate with
- A style of presentation.

Start thinking about these! You will be formally introduced to these in more detail, and select your topic/audience/style in Living Data Part A in week 3 (stream A) or week 4 (stream B).

Week	Video	Processing
Before Part 1 workshop: Before week 3 (stream A) Before week 4 (stream B)		Pre-work activities on Canvas, pre work quiz on Canvas (2%) due Sunday night at start of your week
Living Data Part 1 (in class) week 3 (stream A) week 4 (stream B)	Activity to choose a topic from your course, an audience to present to, and a style in which to present. Introduction to Adobe Spark	Recap of Processing Activities, application of pre-work activities.
Before Part 2 workshop: Before week 7 (stream A) Before week 8 (stream B)	Develop your video plan, submit to Canvas before workshop.	Pre-work activities on Canvas and quiz on Canvas (2%) due Sunday night at start of your week
Living Data Part 2 (in class) week 7 (stream A) week 8 (stream B)	**Peer feedback assessment (4%)** *You will receive a lot of helpful, structured feedback in this workshop, please make sure you attend!*	Recap of pre-work, application of pre-work activities.
Before Part 3 workshop: Before week 9 (stream A) Before week 10 (stream B)	Filming!	Pre-work activities on canvas, and prework quiz (2%) due Sunday night at the start of your week

Living Data Part 3 (in class) week 9 (stream A) week 10 (stream B)	Peer feedback on rough draft video *Though this is not an assessment, you will still receive a lot of helpful feedback, it will be the chance to show your tutors the work you have done.*	Short recap of pre-work. *Opportunity to work on your project and get feedback from your tutors. You should be just about ready to submit your*
Final Submission Dates Week 10 (stream A) Week 11 (stream B)	Video due with justification document. Check Canvas for full details	.pdf due with image, question and justification. Check Canvas for full details

How do I know which stream I am in?

Your personalised timetable from the university will tell you when to come to the workshop or practical classes. Students who have their first workshop in week 3 (19-22 March) are in stream A, students who have their first workshop in week 4 (26-29 March) are in stream B.

What do I need to discuss in the video? Is it the data that we are also collecting?

You can pick any topic that relates to Human Biology for your video. You will justify this decision in the video assessments.

We suggest that you choose a topic similar to one of the lectures, as you will have easy access to quality information and references.

If you would like to, you may choose to pick a topic related to nutrition or physical activity, which will link to the data-logging activities. However, this is not compulsory.

We will discuss this with you in more detail in the first Living Data workshop in week 3 or 4.