

1、That's an interesting/ difficult/ tough question. 这是一个有趣/困难/棘手的问题

2、Well, to be honest, this is quite an interesting topic that I haven't really thought about much before., but....嗯，说实话，这是一个很有趣的话题，我之前还没有怎么想过呢,但是 ...

3、Well, not sure where should I start, to be honest I have not given enough thought on that/have never really thought about it.. ... 好吧，不确定我应该从哪里开始，我确实没有想过这个 ..

4、Well, actually, there are several aspects to this. First of all...嗯，实际上，这个问题有几个方面。首先 ....

5、Take my friend as an example. He once did something similar and it turned out to be very successful. 以我的朋友为例。他曾经做过类似的事情，结果非常成功。

6、Personally, I think it's a great idea because it can bring a lot of benefits. 就我个人而言，我认为这是个很棒的主意，因为它能带来很多好处。

7、Umm, you know, I think it depends on different situations. For example... 嗯，你知道的，我认为这取决于不同的情况。例如.....

8、I'd like to talk about... which has been a significant part of my life. 我想要谈谈.....，它是我生活中很重要的一部分。

9、There's no doubt in my mind that... 我心中毫无疑问.....

10、I'm afraid I can't agree with this. Mainly because... 恐怕我不能同意这个观点。主要是因为.....

11、Speaking of which, I'd like to shift the focus to... 说到这个，我想要把焦点转移到.....

12、You know, when it comes to this topic, there are actually a lot of things I can say. 你知道，当谈到这个话题时，实际上我有很多话可说。

13、In my opinion, it has both advantages and disadvantages. 在我看来，它既有优点也有缺点。

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14、I firmly believe that this is something that should be encouraged.我坚信这是应该被鼓励的事情。

15、I remember once I had an experience that was really unforgettable. 我记得有一次我有一段非常难忘的经历。

16.A few months ago, I took part in an activity which changed my view on this matter. 几个月前，我参加了一个活动，这个活动改变了我对这件事的看法。

17、On one hand, it is very convenient; on the other hand, it also has some drawbacks. 一方面，它很方便；另一方面，它也有一些缺点。

18、Among all the options, this is my favorite one. 在所有的选择中，这是我最喜欢的一个。

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19、 I'm not quite sure about this, but I guess it might be related to .....我不太确定这个，但我猜可能和与.....有关。

20、 To be frank, I'm a bit confused about this question, but I'll try my best to answer it. 坦率地说，我对这个问题有点困惑，但我会尽力回答。

# 托福口语高频话题通用句型

## 话题一：环保

There' s no trees, no grass in my community. It's very bare. So I have decided to give several hours each month to plant trees and grass in my community. After several years, there will be a lot of trees and grass in my community. It's very charming environment. You can imagine how comfortable it can be, just relax yourself on the grass, when sun is setting down and birds in the trees are singing. Second, Air pollution and noisy pollution are serious in my community. Planting trees and grass can reduce pollution.

## 话题二：运动

Doing exercise every day is helpful to students' health. I think health will go with us for a long life if we insist on exercising everyday. It is helpful for us to focus the energy on study and work. Second, doing exercise is the best way to relax. It helps us to reduce stress and release tension.

## 话题三：合作交流

To succeed in the world, we should cooperate with others. The ability and the knowledge of one person are limited. How to cooperate with others is important to our success.

## 话题四：听音乐

Music is also the best way to help me escape stress and trouble. You know, stress is the biggest enemy of the health. Music can bring me lots of pleasure and turn my blue mood to a bright one. When I am listening music, I can forget all the difficulties of stress life.

## 话题五：减少压力

1、XXX can also reduce the stress and pressure of the adults. Great pressure may cause lots of illness, for example, high blood pressure, physiological problem, and so on. Through xxx, the adults can feel easy and happy.

2、Besides, ...is my way of releasing my pressure. I mean, nowadays people are under a lot of pressure from work and life. So they have to do something to relax their mind. When I under much pressure, I read the travelling guide. I regard it as relaxation, for it' s amusing and attractive pictures.....I will feel very relaxed and comfortable while reading it.

## 话题六：发展能力

Playing games can be helpful to develop some skills, such as how to cooperate with partners, how to get along with others and so on. All of the skills are the key qualities needed in our daily lives.

## 话题七：互相帮助

We can help each other. When I fall in trouble, I can get help from my companion in time. The most important is that my companion can provide me some useful advice to avoid some accidents.

## 话题八：重要人物

1、 If I could create a new holiday to honor a person, I would honor Edison. He is one of the greatest inventors that I respect. He is very brilliant. You know, he invented thousands of useful products, such as light bulb, phonograph, storage battery, telegraph system and so on. Without light bulb, we maybe live in a dark world at night. He has done great contribution to human.

2、 If I could meet a famous athlete, I would choose to meet Yao Ming. Firstly, he is an excellent angel for china. In a sense, he brings the beautiful aspects of China into the world. Second, he is very nice and funny. in interviews you can see his good characteristics. He is always good temper. He seldom was angry for little thing. Furthermore, recently, he subscribes amount of money for SARS research. He has set a perfect example for all young people, both in china and the rest of the world.



## 话题九：旅游/美丽的地方

1、 I think, he should go Su Zhou Park. It has very beautiful environment. There are lots of trees, grass and fresh air. You can imagine how comfortable it can be, just relax yourself on the grass, when you are tired. Around the park, there are many famous restaurants that offer the best food in the China. The most important, is that the people in city are very nice and friendly. When the foreigner needs help, they would like to help him. Thus, I strongly recommend that foreign visitors should visit Su Zhou Park.

2、 XX is a full of breathtaking views. There' re verdant trees, blooming flowers and carpets of green grass. Take a casual walk, start some sweet chat and fresh air will get us refreshed. roam on the sidewalk, watch the water ripples in the lake, frolic near the artificial hill, sit on bench and enjoy the cool in summer. I can relax myself, and breath the flesh air or clear my mind.

## 话题十：性格

1、 I like honest people because they are easier to deal with. They open their heart to you, you feel safe to confide your problems to them, and they always offer their true opinion for your good.

2、 The person who I admire should be good tempered. They hardly get annoyed and they smile to everybody. I is easy for them to forgive others.

## 话题十一：交朋友

1、...enable me to make friends. By exchanging our opinions, our friendship will get deeper. With communication, I could learn how to discuss, how to persuade, how to negotiate, and how to compromise.

2、It could be a great chance for us to make friends. You know, I mean that you can meet many kind of people and learn many thing from them and even find bosom friends among them.

## 话题十二：成就

1、sense of achievement. boost my confidence. proud of myself. since then, I have the solid belief in myself that all difficulties, troubles and challenges would be just a piece of cake to me.

2、It could be a great achievement for me. After that, I will not be afraid of difficult and challenges would be just a piece of cake to me.