

# TRQ : structures factorielles

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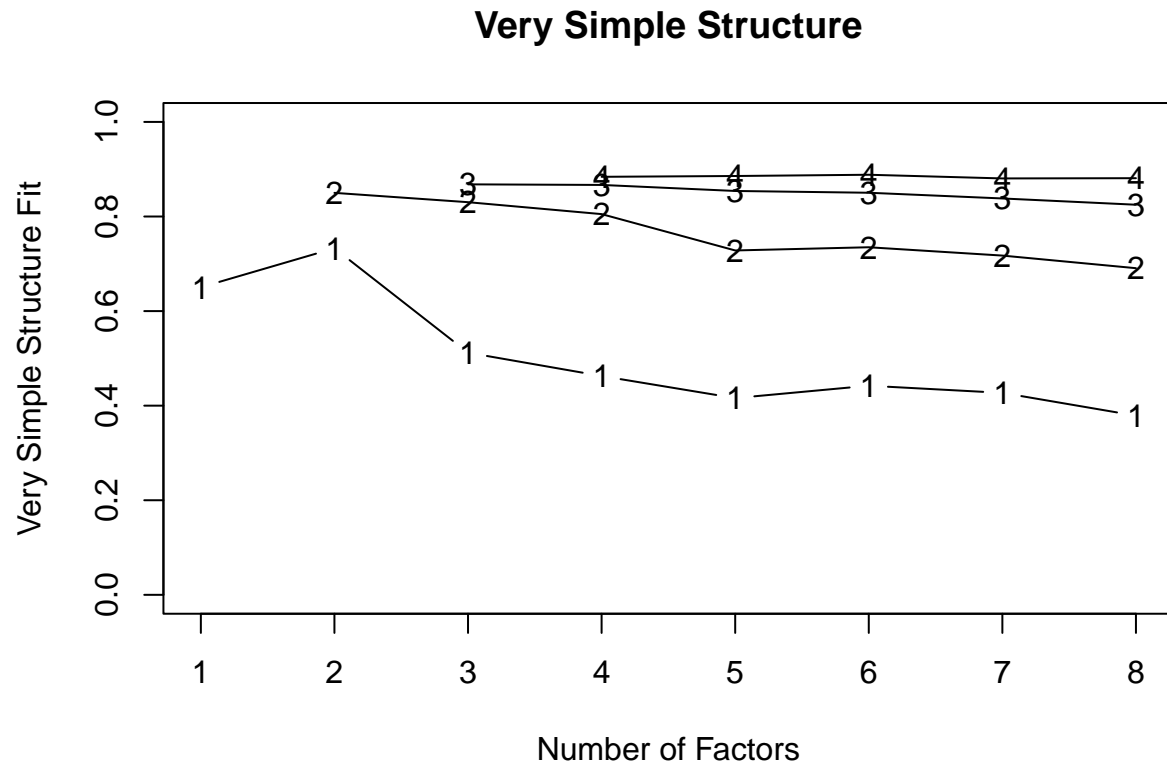
## Nombre de facteurs dans la littérature précédente

Authors	Number of factors	Factor labels
Betan et al. (2005)	8 Factors	Overwhelmed / Disorganized Helpless / Inadequate Positive Special / Overinvolved Sexualized
Zittel Conklin & Westen (2003)	7 Factors	Disengaged Parental / Protective Criticized / Mistreated Positive / Satisfying Hostile / Mistreated Disengaged Helpless / Inadequate Sexualized Overwhelmed / Disorganized Special / Overinvolved Helpless / Inadequate
Tanzilli et al. (2016)	9 Factors	Overwhelmed / Disorganized Positive / Satisfying Hostile / Angry Criticized / Devalued Special / Overinvolved Parental / Protective Sexualized Disengaged Helpless / Inadequate Overwhelmed / Disorganized
Berg et al. (2019)	7 Factors	Hostile / Angry Parental / Protective Disengaged Special / Overinvolved Sexualized

## Rotation varimax

N = 608

## Very Simple Structure



Le Very Simple Structure criterion propose une solution à 3 voire 4 facteurs.

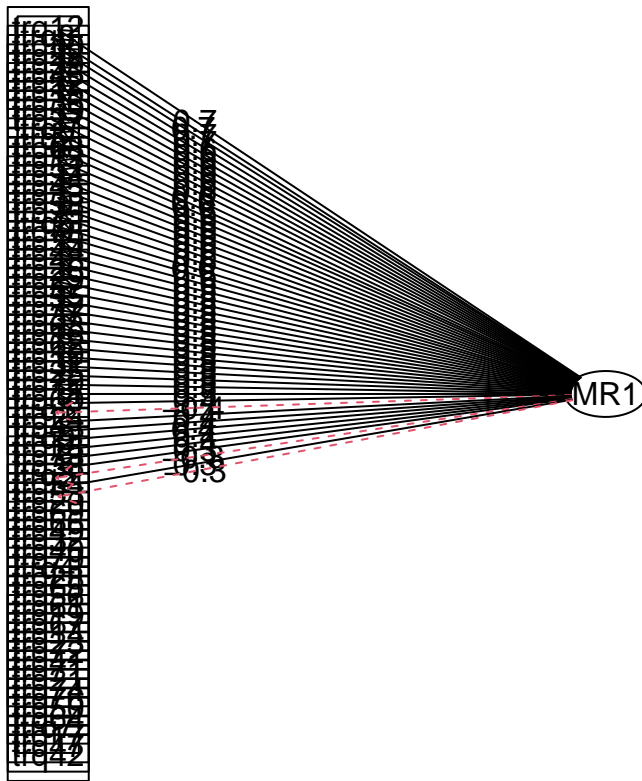
## Method Agreement Procedure

n\_factors utilise 14 méthodes pour proposer la solution factorielle la plus fréquemment proposée :



1 facteur

## Factor Analysis



Le RMSEA est égal à 0.08, le root mean square of the residuals (RMSR) est égal à 0.12 (de préférence < .08) et le Tucker Lewis Index est égal à 0.43. Le premier facteur explique 20 %. Le premier facteur compte 51 items.

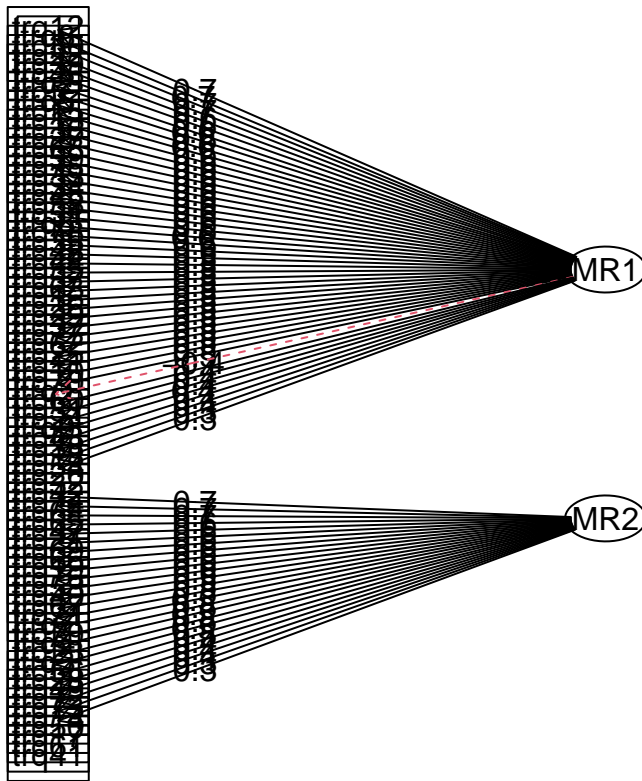
**Facteur 1 : negative emotions**

**Alpha (standard) de Cronbach = 0.95**

	Item	Label	Loading
trq12	12	12. I feel criticized by him/her.	0.68
trq8	8	8. I feel annoyed in sessions with him/her.	0.67
trq30	30	30. I feel anxious working with him/her.	0.67
trq22	22	22. I feel frustrated in sessions with him/her.	0.66
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.65
trq46	46	46. I feel mistreated or abused by him/her.	0.65
trq15	15	15. I feel angry at him/her.	0.64
trq52	52	52. I feel hopeless working with him/her.	0.64
trq36	36	36. I feel incompetent or inadequate working with him/her.	0.63
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.	0.63
trq2	2	2. At times I dislike him/her.	0.62
trq5	5	5. I wish I had never taken him/her on as a patient.	0.62
trq13	13	13. I dread sessions with him/her.	0.62
trq27	27	27. I get enraged at him/her.	0.62
trq68	68	68. I feel less successful helping him/her than other patients.	0.62
trq34	34	34. I feel I am “walking on eggshells” around him/her, afraid that if I say the wrong thing s/he will explode, fall apart, or walk out.	0.60
trq51	51	51. I feel overwhelmed by his/her needs.	0.60
trq33	33	33. I feel used or manipulated by him/her.	0.59
trq45	45	45. I have trouble relating to the feelings s/he expresses.	0.59
trq58	58	58. I think or fantasize about ending the treatment.	0.58
trq75	75	75. I watch the clock with him/her more than with my other patients.	0.58
trq6	6	6. I feel dismissed or devalued.	0.57
trq78	78	78. I begin sessions late with him/her more than with my other patients.	0.57
trq35	35	35. S/he frightens me.	0.56
trq44	44	44. I feel like I’m being mean or cruel to him/her.	0.55
trq26	26	26. I feel overwhelmed by his/her strong emotions.	0.54
trq48	48	48. I lose my temper with him/her.	0.54
trq29	29	29. S/he tends to stir up strong feelings in me.	0.53
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.53
trq57	57	57. I feel resentful working with him/her.	0.53
trq37	37	37. I find myself being controlling with him/her.	0.51
trq77	77	77. More than with most patients, I feel like I’ve been pulled into things that I didn’t realize until after the session was over.	0.51
trq63	63	63. I feel unappreciated by him/her.	0.50
trq16	16	16. I feel bored in sessions with him/her.	0.49
trq62	62	62. I feel repulsed by him/her.	0.48
trq10	10	10. I feel confused in sessions with him/her.	0.47
trq31	31	31. I feel I am failing to help him/her or I worry that I won’t be able to help him/her.	0.47
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	0.46
trq11	11	11. I don’t trust what s/he’s telling me.	0.45
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.	0.45
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.	0.45
trq24	24	24. I feel guilty about my feelings toward him/her.	0.40
trq43	43	43. I regret things I have said to him/her.	0.38
trq9	9	9. I don’t feel fully engaged in sessions with him/her.	0.37
trq18	18	18. I feel depressed in sessions with him/her.	0.36
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.	0.36
trq38	38	38. I feel interchangeable—that I could be anyone to him/her.	0.34
trq54	54	54. I think s/he might do better with another therapist or in a different kind of therapy.	0.31

2 facteurs

## Factor Analysis



Le RMSEA est égal à 0.06, le root mean square of the residuals (RMSR) est égal à 0.06 (de préférence < .08) et le Tucker Lewis Index est égal à 0.65. Le premier facteur explique 20 %, le deuxième explique 11 % de la variance totale pour une variance cumulée égale à 31 %. Le premier facteur compte 51 items, le deuxième 28 items pour un total de 79 items.

**Facteur 1 : negative emotions**

**Alpha (standard) de Cronbach = 0.95**



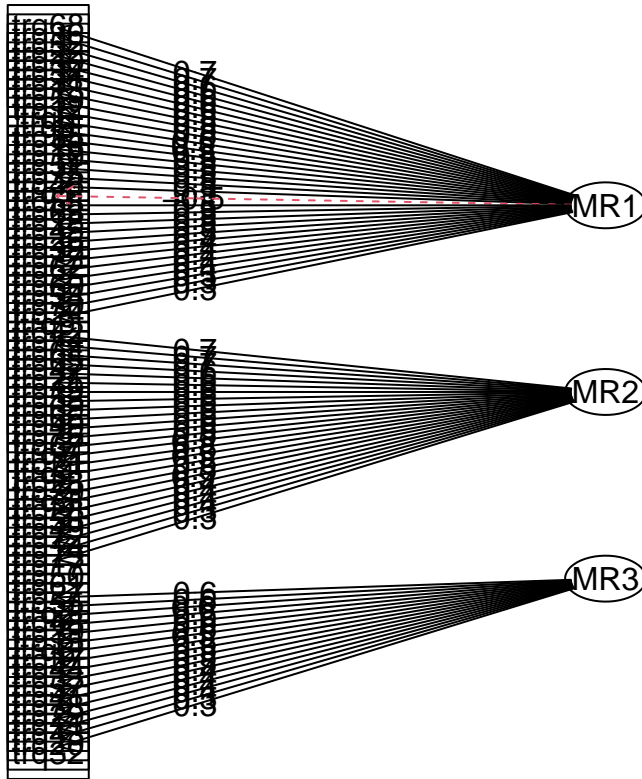
	Item	Label	Loading
	trq8	8. I feel annoyed in sessions with him/her.	0.69
	trq12	12. I feel criticized by him/her.	0.69
	trq22	22. I feel frustrated in sessions with him/her.	0.65
	trq30	30. I feel anxious working with him/her.	0.65
	trq39	39. I have to stop myself from saying or doing something aggressive or critical.	0.65
	trq46	46. I feel mistreated or abused by him/her.	0.65
	trq2	2. At times I dislike him/her.	0.64
	trq5	5. I wish I had never taken him/her on as a patient.	0.64
	trq15	15. I feel angry at him/her.	0.64
	trq52	52. I feel hopeless working with him/her.	0.64
	trq13	13. I dread sessions with him/her.	0.63
	trq27	27. I get enraged at him/her.	0.62
	trq36	36. I feel incompetent or inadequate working with him/her.	0.62
	trq59	59. I feel like my hands have been tied or that I have been put in an impossible bind.	0.62
	trq68	68. I feel less successful helping him/her than other patients.	0.62
	trq33	33. I feel used or manipulated by him/her.	0.59
	trq34	34. I feel I am “walking on eggshells” around him/her, afraid that if I say the wrong thing s/he will explode, fall apart, or walk out.	0.59
	trq45	45. I have trouble relating to the feelings s/he expresses.	0.59
	trq75	75. I watch the clock with him/her more than with my other patients.	0.59
	trq6	6. I feel dismissed or devalued.	0.58
	trq51	51. I feel overwhelmed by his/her needs.	0.58
	trq58	58. I think or fantasize about ending the treatment.	0.58
	trq78	78. I begin sessions late with him/her more than with my other patients.	0.58
	trq35	35. S/he frightens me.	0.55
	trq44	44. I feel like I’m being mean or cruel to him/her.	0.54
	trq48	48. I lose my temper with him/her.	0.54
	trq55	55. I feel pushed to set very firm limits with him/her.	0.53
	trq57	57. I feel resentful working with him/her.	0.53
	trq16	16. I feel bored in sessions with him/her.	0.51
	trq26	26. I feel overwhelmed by his/her strong emotions.	0.51
	trq63	63. I feel unappreciated by him/her.	0.51
	trq29	29. S/he tends to stir up strong feelings in me.	0.50
	trq37	37. I find myself being controlling with him/her.	0.50
	trq77	77. More than with most patients, I feel like I’ve been pulled into things that I didn’t realize until after the session was over.	0.49
	trq62	62. I feel repulsed by him/her.	0.48
	trq25	25. My mind often wanders to things other than what s/he is talking about.	0.47
	trq10	10. I feel confused in sessions with him/her.	0.46
	trq11	11. I don’t trust what s/he’s telling me.	0.46
	trq70	70. I return his/her phone calls less promptly than I do with my other patients.	0.45
	trq31	31. I feel I am failing to help him/her or I worry that I won’t be able to help him/her.	0.44
	trq60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.	0.44
	trq9	9. I don’t feel fully engaged in sessions with him/her.	0.38
	trq24	24. I feel guilty about my feelings toward him/her.	0.38
	trq43	43. I regret things I have said to him/her.	0.36
	trq38	38. I feel interchangeable—that I could be anyone to him/her.	0.35
	trq18	18. I feel depressed in sessions with him/her.	0.33
	trq73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.	0.32
	trq54	54. I think s/he might do better with another therapist or in a different kind of therapy.	0.30

**Facteur 2 : clinical involvement****Alpha (standard) de Cronbach = 0.91**

	Item	Label	Loading
trq42	42	42. I feel like I want to protect him/her.	0.69
trq74	74	74. S/he is one of my favorite patients.	0.69
trq64	64	64. I have warm, almost parental feelings toward him/her.	0.66
trq65	65	65. I like him/her very much.	0.64
trq47	47	47. I feel nurturant toward him/her.	0.62
trq21	21	21. I wish I could give him/her what others never could.	0.59
trq66	66	66. I worry about him/her after sessions more than other patients.	0.57
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.	0.57
trq19	19	19. I look forward to sessions with him/her.	0.56
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.	0.56
trq53	53	53. I feel pleased or satisfied after sessions with him/her.	0.55
trq40	40	40. I feel like I understand him/her.	0.54
trq67	67	67. I end sessions overtime with him/her more than with my other patients.	0.54
trq71	71	71. I disclose my feelings with him/her more than with other patients.	0.53
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.	0.52
trq4	4	4. I feel compassion for him/her.	0.50
trq23	23	23. S/he makes me feel good about myself.	0.50
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.	0.50
trq3	3	3. I find it exciting working with him/her.	0.46
trq28	28	28. I feel guilty when s/he is distressed or deteriorates, as if I must be somehow responsible.	0.45
trq56	56	56. I find myself being flirtatious with him/her.	0.45
trq49	49	49. I feel sad in sessions with him/her.	0.43
trq72	72	72. I call him/her between sessions more than my other patients.	0.39
trq29	29	29. S/he tends to stir up strong feelings in me.	0.36
trq26	26	26. I feel overwhelmed by his/her strong emotions.	0.34
trq14	14	14. I feel angry at people in his/her life.	0.33
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.	0.33
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.	0.33

3 facteurs

## Factor Analysis



Le RMSEA est égal à 0.06, le root mean square of the residuals (RMSR) est égal à 0.05 (de préférence < .08) et le Tucker Lewis Index est égal à 0.69. Le premier facteur explique 13 %, le deuxième explique 11 %, le troisième 9 % de la variance totale pour une variance cumulée égale à 33 %. Le premier facteur compte 44 items, le deuxième 28 items le troisième 29 pour un total de 101 items.

**Facteur 1 : incompetence**

**Alpha (standard) de Cronbach = 0.95**

	Item	Label	Loading
trq36	36	36. I feel incompetent or inadequate working with him/her.	0.71
trq68	68	68. I feel less successful helping him/her than other patients.	0.71
trq52	52	52. I feel hopeless working with him/her.	0.65
trq22	22	22. I feel frustrated in sessions with him/her.	0.64
trq30	30	30. I feel anxious working with him/her.	0.59
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.	0.55
trq34	34	34. I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explode, fall apart, or walk out.	0.55
trq13	13	13. I dread sessions with him/her.	0.54
trq6	6	6. I feel dismissed or devalued.	0.52
trq12	12	12. I feel criticized by him/her.	0.52
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.	0.52
trq5	5	5. I wish I had never taken him/her on as a patient.	0.51
trq10	10	10. I feel confused in sessions with him/her.	0.51
trq16	16	16. I feel bored in sessions with him/her.	0.51
trq35	35	35. S/he frightens me.	0.51
trq51	51	51. I feel overwhelmed by his/her needs.	0.50
trq46	46	46. I feel mistreated or abused by him/her.	0.48
trq75	75	75. I watch the clock with him/her more than with my other patients.	0.48
trq58	58	58. I think or fantasize about ending the treatment.	0.47
trq63	63	63. I feel unappreciated by him/her.	0.47
trq18	18	18. I feel depressed in sessions with him/her.	0.46
trq45	45	45. I have trouble relating to the feelings s/he expresses.	0.46
trq8	8	8. I feel annoyed in sessions with him/her.	0.45
trq26	26	26. I feel overwhelmed by his/her strong emotions.	0.45
trq78	78	78. I begin sessions late with him/her more than with my other patients.	0.41
trq38	38	38. I feel interchangeable—that I could be anyone to him/her.	0.40
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the session was over.	0.40
trq15	15	15. I feel angry at him/her.	0.38
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	0.38
trq33	33	33. I feel used or manipulated by him/her.	0.38
trq62	62	62. I feel repulsed by him/her.	0.38
trq29	29	29. S/he tends to stir up strong feelings in me.	0.36
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.36
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.	0.36
trq2	2	2. At times I dislike him/her.	0.33
trq49	49	49. I feel sad in sessions with him/her.	0.33
trq54	54	54. I think s/he might do better with another therapist or in a different kind of therapy.	0.33
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.	0.33
trq24	24	24. I feel guilty about my feelings toward him/her.	0.32
trq44	44	44. I feel like I'm being mean or cruel to him/her.	0.32
trq57	57	57. I feel resentful working with him/her.	0.31
trq53	53	53. I feel pleased or satisfied after sessions with him/her.	-0.37
trq3	3	3. I find it exciting working with him/her.	-0.41
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.	-0.47

**Facteur 2 : protective****Alpha (standard) de Cronbach = 0.91**

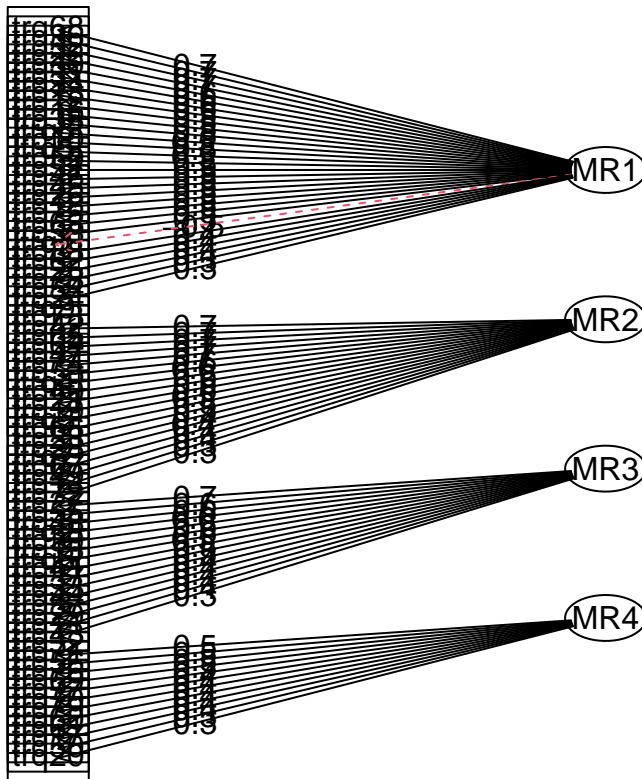
	Item	Label	Loading
trq42	42	42. I feel like I want to protect him/her.	0.70
trq74	74	74. S/he is one of my favorite patients.	0.70
trq64	64	64. I have warm, almost parental feelings toward him/her.	0.67
trq65	65	65. I like him/her very much.	0.65
trq47	47	47. I feel nurturant toward him/her.	0.63
trq21	21	21. I wish I could give him/her what others never could.	0.59
trq19	19	19. I look forward to sessions with him/her.	0.57
trq53	53	53. I feel pleased or satisfied after sessions with him/her.	0.57
trq66	66	66. I worry about him/her after sessions more than other patients.	0.56
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.	0.56
trq40	40	40. I feel like I understand him/her.	0.55
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.	0.55
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.	0.53
trq67	67	67. I end sessions overtime with him/her more than with my other patients.	0.53
trq71	71	71. I disclose my feelings with him/her more than with other patients.	0.52
trq4	4	4. I feel compassion for him/her.	0.51
trq23	23	23. S/he makes me feel good about myself.	0.50
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.	0.50
trq3	3	3. I find it exciting working with him/her.	0.47
trq28	28	28. I feel guilty when s/he is distressed or deteriorates, as if I must be somehow responsible.	0.45
trq56	56	56. I find myself being flirtatious with him/her.	0.44
trq49	49	49. I feel sad in sessions with him/her.	0.43
trq72	72	72. I call him/her between sessions more than my other patients.	0.39
trq29	29	29. S/he tends to stir up strong feelings in me.	0.34
trq26	26	26. I feel overwhelmed by his/her strong emotions.	0.33
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.	0.33
trq14	14	14. I feel angry at people in his/her life.	0.32
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.	0.32

**Facteur 3 : anger****Alpha (standard) de Cronbach = 0.93**

	Item	Label	Loading
trq27	27	27. I get enraged at him/her.	0.65
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.63
trq2	2	2. At times I dislike him/her.	0.61
trq48	48	48. I lose my temper with him/her.	0.61
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.60
trq15	15	15. I feel angry at him/her.	0.55
trq8	8	8. I feel annoyed in sessions with him/her.	0.54
trq37	37	37. I find myself being controlling with him/her.	0.49
trq44	44	44. I feel like I'm being mean or cruel to him/her.	0.48
trq33	33	33. I feel used or manipulated by him/her.	0.47
trq12	12	12. I feel criticized by him/her.	0.46
trq57	57	57. I feel resentful working with him/her.	0.46
trq41	41	41. I tell him/her I'm angry at him/her.	0.44
trq46	46	46. I feel mistreated or abused by him/her.	0.43
trq78	78	78. I begin sessions late with him/her more than with my other patients.	0.41
trq11	11	11. I don't trust what s/he's telling me.	0.38
trq29	29	29. S/he tends to stir up strong feelings in me.	0.38
trq5	5	5. I wish I had never taken him/her on as a patient.	0.37
trq45	45	45. I have trouble relating to the feelings s/he expresses.	0.37
trq43	43	43. I regret things I have said to him/her.	0.35
trq58	58	58. I think or fantasize about ending the treatment.	0.35
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.	0.35
trq75	75	75. I watch the clock with him/her more than with my other patients.	0.34
trq13	13	13. I dread sessions with him/her.	0.32
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.	0.32
trq20	20	20. I feel envious of, or competitive with him/her.	0.31
trq30	30	30. I feel anxious working with him/her.	0.31
trq51	51	51. I feel overwhelmed by his/her needs.	0.31
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the session was over.	0.30

4 facteurs

## Factor Analysis



Le RMSEA est égal à 0.05, le root mean square of the residuals (RMSR) est égal à 0.05 (de préférence < .08) et le Tucker Lewis Index est égal à 0.73. Le premier facteur explique 14 %, le deuxième explique 10 %, le troisième 8 % de la variance totale pour une variance cumulée égale à 37 %. Le premier facteur compte 44 items, le deuxième 26 items le troisième 19 , le quatrième 16 pour un total de 105 items.

**Facteur 1 : incompetence**

**Alpha (standard) de Cronbach = 0.95**

	Item	Label	Loading
trq36	36	36. I feel incompetent or inadequate working with him/her.	0.71
trq68	68	68. I feel less successful helping him/her than other patients.	0.71
trq52	52	52. I feel hopeless working with him/her.	0.67
trq22	22	22. I feel frustrated in sessions with him/her.	0.66
trq30	30	30. I feel anxious working with him/her.	0.59
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.	0.58
trq34	34	34. I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explode, fall apart, or walk out.	0.56
trq13	13	13. I dread sessions with him/her.	0.54
trq12	12	12. I feel criticized by him/her.	0.52
trq6	6	6. I feel dismissed or devalued.	0.51
trq10	10	10. I feel confused in sessions with him/her.	0.51
trq16	16	16. I feel bored in sessions with him/her.	0.51
trq35	35	35. S/he frightens me.	0.51
trq5	5	5. I wish I had never taken him/her on as a patient.	0.50
trq51	51	51. I feel overwhelmed by his/her needs.	0.50
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.	0.50
trq46	46	46. I feel mistreated or abused by him/her.	0.48
trq8	8	8. I feel annoyed in sessions with him/her.	0.47
trq26	26	26. I feel overwhelmed by his/her strong emotions.	0.47
trq45	45	45. I have trouble relating to the feelings s/he expresses.	0.47
trq18	18	18. I feel depressed in sessions with him/her.	0.46
trq58	58	58. I think or fantasize about ending the treatment.	0.46
trq63	63	63. I feel unappreciated by him/her.	0.46
trq75	75	75. I watch the clock with him/her more than with my other patients.	0.46
trq38	38	38. I feel interchangeable—that I could be anyone to him/her.	0.41
trq15	15	15. I feel angry at him/her.	0.40
trq29	29	29. S/he tends to stir up strong feelings in me.	0.39
trq33	33	33. I feel used or manipulated by him/her.	0.39
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	0.38
trq62	62	62. I feel repulsed by him/her.	0.38
trq78	78	78. I begin sessions late with him/her more than with my other patients.	0.38
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.37
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the session was over.	0.37
trq2	2	2. At times I dislike him/her.	0.35
trq54	54	54. I think s/he might do better with another therapist or in a different kind of therapy.	0.35
trq49	49	49. I feel sad in sessions with him/her.	0.34
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.	0.34
trq27	27	27. I get enraged at him/her.	0.32
trq44	44	44. I feel like I'm being mean or cruel to him/her.	0.32
trq57	57	57. I feel resentful working with him/her.	0.32
trq24	24	24. I feel guilty about my feelings toward him/her.	0.31
trq53	53	53. I feel pleased or satisfied after sessions with him/her.	-0.35
trq3	3	3. I find it exciting working with him/her.	-0.39
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.	-0.46



**Facteur 2 : protective****Alpha (standard) de Cronbach = 0.9**

	Item	Label	Loading
trq42	42	42. I feel like I want to protect him/her.	0.75
trq65	65	65. I like him/her very much.	0.67
trq47	47	47. I feel nurturant toward him/her.	0.66
trq64	64	64. I have warm, almost parental feelings toward him/her.	0.66
trq74	74	74. S/he is one of my favorite patients.	0.65
trq53	53	53. I feel pleased or satisfied after sessions with him/her.	0.60
trq4	4	4. I feel compassion for him/her.	0.59
trq40	40	40. I feel like I understand him/her.	0.59
trq21	21	21. I wish I could give him/her what others never could.	0.58
trq19	19	19. I look forward to sessions with him/her.	0.57
trq3	3	3. I find it exciting working with him/her.	0.51
trq66	66	66. I worry about him/her after sessions more than other patients.	0.49
trq23	23	23. S/he makes me feel good about myself.	0.47
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.	0.43
trq28	28	28. I feel guilty when s/he is distressed or deteriorates, as if I must be somehow responsible.	0.43
trq49	49	49. I feel sad in sessions with him/her.	0.43
trq67	67	67. I end sessions overtime with him/her more than with my other patients.	0.43
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.	0.42
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.	0.41
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.	0.38
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.	0.37
trq71	71	71. I disclose my feelings with him/her more than with other patients.	0.36
trq14	14	14. I feel angry at people in his/her life.	0.33
trq29	29	29. S/he tends to stir up strong feelings in me.	0.33
trq72	72	72. I call him/her between sessions more than my other patients.	0.31
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.	0.30

**Facteur 3 : anger****Alpha (standard) de Cronbach = 0.91**

	Item	Label	Loading
trq27	27	27. I get enraged at him/her.	0.68
trq48	48	48. I lose my temper with him/her.	0.64
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.64
trq2	2	2. At times I dislike him/her.	0.61
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.58
trq15	15	15. I feel angry at him/her.	0.56
trq8	8	8. I feel annoyed in sessions with him/her.	0.53
trq41	41	41. I tell him/her I'm angry at him/her.	0.51
trq37	37	37. I find myself being controlling with him/her.	0.48
trq33	33	33. I feel used or manipulated by him/her.	0.45
trq44	44	44. I feel like I'm being mean or cruel to him/her.	0.44
trq12	12	12. I feel criticized by him/her.	0.43
trq57	57	57. I feel resentful working with him/her.	0.43
trq29	29	29. S/he tends to stir up strong feelings in me.	0.42
trq46	46	46. I feel mistreated or abused by him/her.	0.38
trq11	11	11. I don't trust what s/he's telling me.	0.37
trq45	45	45. I have trouble relating to the feelings s/he expresses.	0.36
trq43	43	43. I regret things I have said to him/her.	0.33
trq5	5	5. I wish I had never taken him/her on as a patient.	0.31

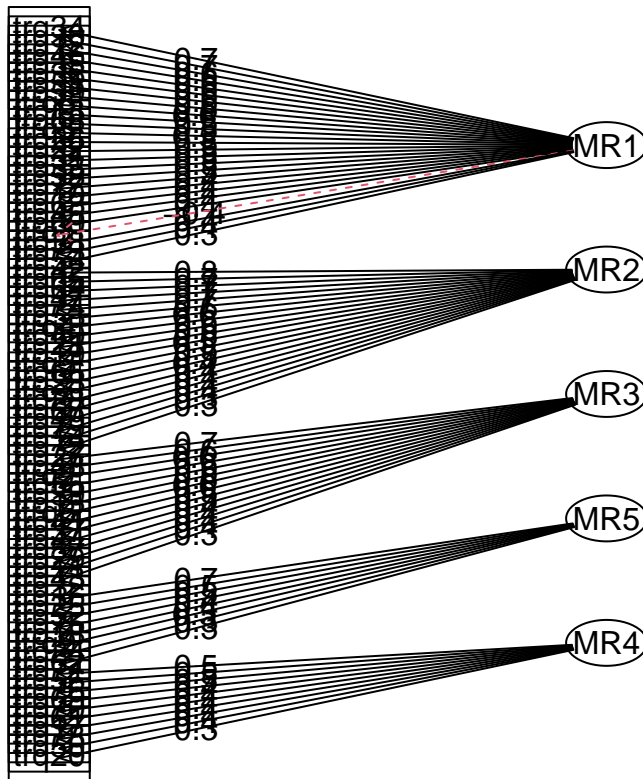
#### **Facteur 4 : loss of professional distance**

**Alpha (standard) de Cronbach = 0.81**

	Item	Label	Loading
trq71	71	71. I disclose my feelings with him/her more than with other patients.	0.53
trq56	56	56. I find myself being flirtatious with him/her.	0.49
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.	0.49
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.	0.47
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the session was over.	0.43
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.	0.40
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.	0.39
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.	0.38
trq61	61	61. I feel sexual tension in the room.	0.38
trq17	17	17. I feel sexually attracted to him/her.	0.37
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.	0.37
trq78	78	78. I begin sessions late with him/her more than with my other patients.	0.36
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.	0.35
trq50	50	50. I tell him/her I love him/her.	0.35
trq67	67	67. I end sessions overtime with him/her more than with my other patients.	0.35
trq20	20	20. I feel envious of, or competitive with him/her.	0.31

5 facteurs

## Factor Analysis



Le RMSEA est égal à 0.05, le root mean square of the residuals (RMSR) est égal à 0.04 (de préférence < .08) et le Tucker Lewis Index est égal à 0.77. Le premier facteur explique 11 %, le deuxième explique 10 %, le troisième 8 %, la quatrième 5 %, le cinquième 4 % de la variance totale pour une variance cumulée égale à 38 %. Le premier facteur compte 32 items, le deuxième 25 items le troisième 18 items, le quatrième 14 items, le cinquième 16 items, pour un total de 121 items.

**Facteur 1 : overwhelmed**

**Alpha (standard) de Cronbach = 0.94**

	Item	Label	Loading
trq30	30	30. I feel anxious working with him/her.	0.66
trq34	34	34. I feel I am “walking on eggshells” around him/her, afraid that if I say the wrong thing s/he will explode, fall apart, or walk out.	0.66
trq12	12	12. I feel criticized by him/her.	0.62
trq46	46	46. I feel mistreated or abused by him/her.	0.61
trq35	35	35. S/he frightens me.	0.60
trq36	36	36. I feel incompetent or inadequate working with him/her.	0.58
trq51	51	51. I feel overwhelmed by his/her needs.	0.57
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.	0.57
trq6	6	6. I feel dismissed or devalued.	0.56
trq13	13	13. I dread sessions with him/her.	0.53
trq68	68	68. I feel less successful helping him/her than other patients.	0.52
trq5	5	5. I wish I had never taken him/her on as a patient.	0.49
trq22	22	22. I feel frustrated in sessions with him/her.	0.49
trq26	26	26. I feel overwhelmed by his/her strong emotions.	0.49
trq52	52	52. I feel hopeless working with him/her.	0.48
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.	0.46
trq33	33	33. I feel used or manipulated by him/her.	0.46
trq58	58	58. I think or fantasize about ending the treatment.	0.46
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the session was over.	0.45
trq10	10	10. I feel confused in sessions with him/her.	0.43
trq63	63	63. I feel unappreciated by him/her.	0.42
trq45	45	45. I have trouble relating to the feelings s/he expresses.	0.41
trq29	29	29. S/he tends to stir up strong feelings in me.	0.39
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.	0.39
trq38	38	38. I feel interchangeable—that I could be anyone to him/her.	0.37
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.	0.36
trq15	15	15. I feel angry at him/her.	0.32
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.32
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.32
trq66	66	66. I worry about him/her after sessions more than other patients.	0.32
trq54	54	54. I think s/he might do better with another therapist or in a different kind of therapy.	0.31
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.	-0.38

**Facteur 2 : protective**

**Alpha (standard) de Cronbach = 0.9**

	Item	Label	Loading
trq42	42	42. I feel like I want to protect him/her.	0.75
trq64	64	64. I have warm, almost parental feelings toward him/her.	0.67
trq65	65	65. I like him/her very much.	0.67
trq47	47	47. I feel nurturant toward him/her.	0.66
trq74	74	74. S/he is one of my favorite patients.	0.65
trq4	4	4. I feel compassion for him/her.	0.59
trq40	40	40. I feel like I understand him/her.	0.59
trq53	53	53. I feel pleased or satisfied after sessions with him/her.	0.59
trq21	21	21. I wish I could give him/her what others never could.	0.58
trq19	19	19. I look forward to sessions with him/her.	0.57
trq3	3	3. I find it exciting working with him/her.	0.51
trq66	66	66. I worry about him/her after sessions more than other patients.	0.49
trq23	23	23. S/he makes me feel good about myself.	0.48
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.	0.44
trq28	28	28. I feel guilty when s/he is distressed or deteriorates, as if I must be somehow responsible.	0.43
trq49	49	49. I feel sad in sessions with him/her.	0.43
trq67	67	67. I end sessions overtime with him/her more than with my other patients.	0.43
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.	0.42
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.	0.41
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.	0.38
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.	0.37
trq71	71	71. I disclose my feelings with him/her more than with other patients.	0.36
trq14	14	14. I feel angry at people in his/her life.	0.33
trq29	29	29. S/he tends to stir up strong feelings in me.	0.33
trq72	72	72. I call him/her between sessions more than my other patients.	0.31

**Facteur 3 : anger**

**Alpha (standard) de Cronbach = 0.91**

	Item	Label	Loading
trq27	27	27. I get enraged at him/her.	0.68
trq48	48	48. I lose my temper with him/her.	0.64
trq2	2	2. At times I dislike him/her.	0.62
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.62
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.57
trq8	8	8. I feel annoyed in sessions with him/her.	0.56
trq15	15	15. I feel angry at him/her.	0.56
trq41	41	41. I tell him/her I'm angry at him/her.	0.51
trq37	37	37. I find myself being controlling with him/her.	0.48
trq44	44	44. I feel like I'm being mean or cruel to him/her.	0.44
trq57	57	57. I feel resentful working with him/her.	0.43
trq33	33	33. I feel used or manipulated by him/her.	0.42
trq29	29	29. S/he tends to stir up strong feelings in me.	0.41
trq12	12	12. I feel criticized by him/her.	0.39
trq11	11	11. I don't trust what s/he's telling me.	0.36
trq45	45	45. I have trouble relating to the feelings s/he expresses.	0.35
trq46	46	46. I feel mistreated or abused by him/her.	0.34
trq43	43	43. I regret things I have said to him/her.	0.33

#### **Facteur 4 : boredom**

**Alpha (standard) de Cronbach = 0.87**

	Item	Label	Loading
trq16	16	16. I feel bored in sessions with him/her.	0.67
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	0.52
trq68	68	68. I feel less successful helping him/her than other patients.	0.50
trq52	52	52. I feel hopeless working with him/her.	0.48
trq22	22	22. I feel frustrated in sessions with him/her.	0.46
trq18	18	18. I feel depressed in sessions with him/her.	0.45
trq75	75	75. I watch the clock with him/her more than with my other patients.	0.45
trq8	8	8. I feel annoyed in sessions with him/her.	0.43
trq36	36	36. I feel incompetent or inadequate working with him/her.	0.41
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.	0.34
trq9	9	9. I don't feel fully engaged in sessions with him/her.	0.32
trq24	24	24. I feel guilty about my feelings toward him/her.	0.31
trq62	62	62. I feel repulsed by him/her.	0.31
trq3	3	3. I find it exciting working with him/her.	-0.43

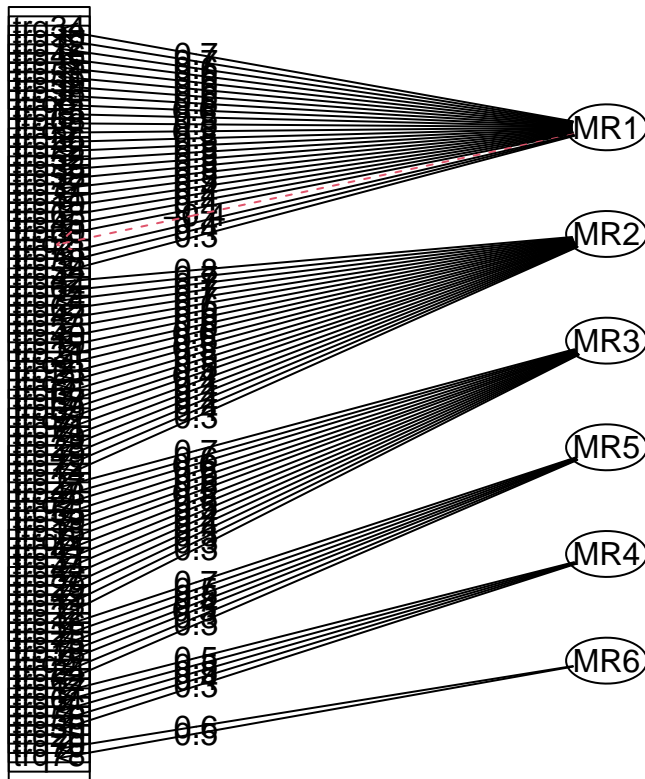
#### **Facteur 5 : seduction**

**Alpha (standard) de Cronbach = 0.81**

	Item	Label	Loading
trq71	71	71. I disclose my feelings with him/her more than with other patients.	0.55
trq56	56	56. I find myself being flirtatious with him/her.	0.50
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.	0.49
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.	0.45
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.	0.40
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the session was over.	0.39
trq61	61	61. I feel sexual tension in the room.	0.38
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.	0.38
trq17	17	17. I feel sexually attracted to him/her.	0.37
trq78	78	78. I begin sessions late with him/her more than with my other patients.	0.37
trq50	50	50. I tell him/her I love him/her.	0.36
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.	0.35
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.	0.34
trq67	67	67. I end sessions overtime with him/her more than with my other patients.	0.33
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.	0.32
trq20	20	20. I feel envious of, or competitive with him/her.	0.31

6 facteurs

## Factor Analysis



Le RMSEA est égal à 0.05, le root mean square of the residuals (RMSR) est égal à 0.04 (de préférence < .08) et le Tucker Lewis Index est égal à 0.79. Le premier facteur explique 12 %, le deuxième explique 10 %, le troisième 7 %, le quatrième 5 %, le cinquième 3 %, le sixième 3 % de la variance totale pour une variance cumulée égale à 40 %. Le premier facteur compte 34 items, le deuxième 26 items le troisième 19 items, le quatrième 14 items, le cinquième 8 items, le sixième 4 items pour un total de 117 items.

**Facteur 1 : overwhelmed**

Alpha (standard) de Cronbach = 0.94



	Item	Label	Loading
trq30	30	30. I feel anxious working with him/her.	0.67
trq34	34	34. I feel I am “walking on eggshells” around him/her, afraid that if I say the wrong thing s/he will explode, fall apart, or walk out.	0.67
trq12	12	12. I feel criticized by him/her.	0.63
trq46	46	46. I feel mistreated or abused by him/her.	0.63
trq35	35	35. S/he frightens me.	0.61
trq51	51	51. I feel overwhelmed by his/her needs.	0.60
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.	0.60
trq36	36	36. I feel incompetent or inadequate working with him/her.	0.58
trq6	6	6. I feel dismissed or devalued.	0.57
trq13	13	13. I dread sessions with him/her.	0.54
trq68	68	68. I feel less successful helping him/her than other patients.	0.53
trq5	5	5. I wish I had never taken him/her on as a patient.	0.51
trq22	22	22. I feel frustrated in sessions with him/her.	0.50
trq26	26	26. I feel overwhelmed by his/her strong emotions.	0.50
trq33	33	33. I feel used or manipulated by him/her.	0.49
trq52	52	52. I feel hopeless working with him/her.	0.49
trq58	58	58. I think or fantasize about ending the treatment.	0.47
trq77	77	77. More than with most patients, I feel like I’ve been pulled into things that I didn’t realize until after the session was over.	0.47
trq31	31	31. I feel I am failing to help him/her or I worry that I won’t be able to help him/her.	0.46
trq10	10	10. I feel confused in sessions with him/her.	0.44
trq63	63	63. I feel unappreciated by him/her.	0.43
trq45	45	45. I have trouble relating to the feelings s/he expresses.	0.42
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.	0.42
trq29	29	29. S/he tends to stir up strong feelings in me.	0.40
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.	0.38
trq38	38	38. I feel interchangeable—that I could be anyone to him/her.	0.37
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.35
trq15	15	15. I feel angry at him/her.	0.34
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.34
trq66	66	66. I worry about him/her after sessions more than other patients.	0.33
trq78	78	78. I begin sessions late with him/her more than with my other patients.	0.33
trq8	8	8. I feel annoyed in sessions with him/her.	0.30
trq54	54	54. I think s/he might do better with another therapist or in a different kind of therapy.	0.30
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.	-0.38

**Facteur 2 : protective**

**Alpha (standard) de Cronbach = 0.91**

	Item	Label	Loading
trq42	42	42. I feel like I want to protect him/her.	0.75
trq64	64	64. I have warm, almost parental feelings toward him/her.	0.70
trq74	74	74. S/he is one of my favorite patients.	0.69
trq65	65	65. I like him/her very much.	0.68
trq47	47	47. I feel nurturant toward him/her.	0.66
trq53	53	53. I feel pleased or satisfied after sessions with him/her.	0.62
trq40	40	40. I feel like I understand him/her.	0.60
trq19	19	19. I look forward to sessions with him/her.	0.58
trq21	21	21. I wish I could give him/her what others never could.	0.58
trq4	4	4. I feel compassion for him/her.	0.57
trq23	23	23. S/he makes me feel good about myself.	0.53
trq3	3	3. I find it exciting working with him/her.	0.50
trq66	66	66. I worry about him/her after sessions more than other patients.	0.49
trq67	67	67. I end sessions overtime with him/her more than with my other patients.	0.48
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.	0.48
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.	0.43
trq71	71	71. I disclose my feelings with him/her more than with other patients.	0.43
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.	0.43
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.	0.42
trq28	28	28. I feel guilty when s/he is distressed or deteriorates, as if I must be somehow responsible.	0.41
trq49	49	49. I feel sad in sessions with him/her.	0.38
trq72	72	72. I call him/her between sessions more than my other patients.	0.36
trq56	56	56. I find myself being flirtatious with him/her.	0.35
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.	0.33
trq14	14	14. I feel angry at people in his/her life.	0.31
trq29	29	29. S/he tends to stir up strong feelings in me.	0.30

**Facteur 3 : anger**

**Alpha (standard) de Cronbach = 0.9**

	Item	Label	Loading
trq27	27	27. I get enraged at him/her.	0.69
trq48	48	48. I lose my temper with him/her.	0.65
trq2	2	2. At times I dislike him/her.	0.60
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.58
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.57
trq15	15	15. I feel angry at him/her.	0.56
trq8	8	8. I feel annoyed in sessions with him/her.	0.52
trq41	41	41. I tell him/her I'm angry at him/her.	0.50
trq37	37	37. I find myself being controlling with him/her.	0.46
trq44	44	44. I feel like I'm being mean or cruel to him/her.	0.44
trq57	57	57. I feel resentful working with him/her.	0.43
trq29	29	29. S/he tends to stir up strong feelings in me.	0.41
trq33	33	33. I feel used or manipulated by him/her.	0.37
trq12	12	12. I feel criticized by him/her.	0.36
trq43	43	43. I regret things I have said to him/her.	0.35
trq45	45	45. I have trouble relating to the feelings s/he expresses.	0.34
trq11	11	11. I don't trust what s/he's telling me.	0.32
trq32	32	32. His/her sexual feelings toward me make me anxious or uncomfortable.	0.31
trq46	46	46. I feel mistreated or abused by him/her.	0.31

#### **Facteur 4 : boredom**

**Alpha (standard) de Cronbach = 0.87**

	Item	Label	Loading
trq16	16	16. I feel bored in sessions with him/her.	0.67
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	0.52
trq68	68	68. I feel less successful helping him/her than other patients.	0.50
trq52	52	52. I feel hopeless working with him/her.	0.48
trq22	22	22. I feel frustrated in sessions with him/her.	0.46
trq18	18	18. I feel depressed in sessions with him/her.	0.45
trq75	75	75. I watch the clock with him/her more than with my other patients.	0.45
trq8	8	8. I feel annoyed in sessions with him/her.	0.44
trq36	36	36. I feel incompetent or inadequate working with him/her.	0.41
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.	0.34
trq9	9	9. I don't feel fully engaged in sessions with him/her.	0.32
trq24	24	24. I feel guilty about my feelings toward him/her.	0.31
trq62	62	62. I feel repulsed by him/her.	0.30
trq3	3	3. I find it exciting working with him/her.	-0.42

#### **Facteur 5 : sexualized**

**Alpha (standard) de Cronbach = 0.77**

	Item	Label	Loading
trq17	17	17. I feel sexually attracted to him/her.	0.54
trq61	61	61. I feel sexual tension in the room.	0.51
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.	0.48
trq71	71	71. I disclose my feelings with him/her more than with other patients.	0.42
trq56	56	56. I find myself being flirtatious with him/her.	0.40
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.	0.39
trq50	50	50. I tell him/her I love him/her.	0.35
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.	0.32

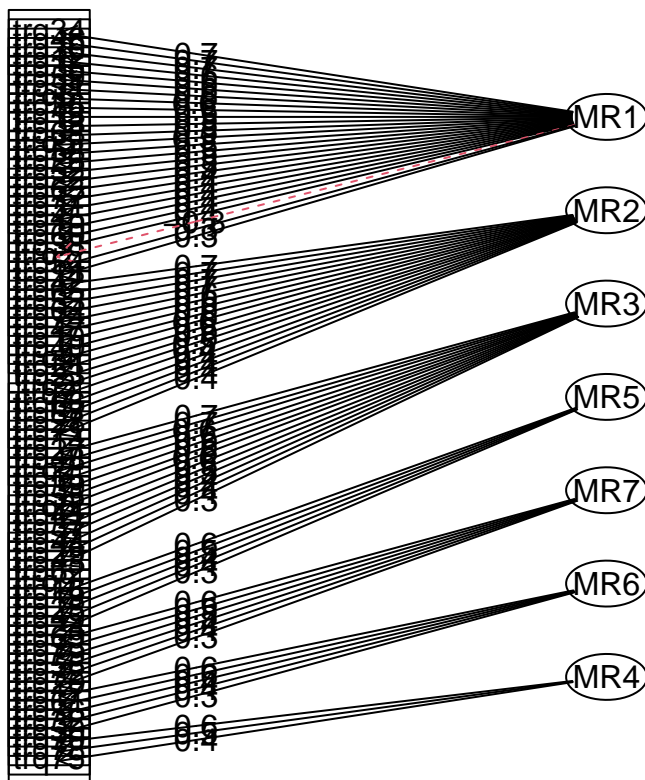
#### Facteur 6 : disengaged

Alpha (standard) de Cronbach = 0.78

	Item	Label	Loading
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.	0.59
trq78	78	78. I begin sessions late with him/her more than with my other patients.	0.47
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.	0.34
trq75	75	75. I watch the clock with him/her more than with my other patients.	0.33

#### 7 facteurs

#### Factor Analysis



Le RMSEA est égal à 0.05, le root mean square of the residuals (RMSR) est égal à 0.03 (de préférence < .08) et le Tucker Lewis Index est égal à 0.81. Le premier facteur explique 12 %, le deuxième explique 9 %, le troisième 7 %, le quatrième 4 %, le cinquième 4 % , le sixième 3 %, le septième 3 % de la variance totale pour une variance cumulée égale à 42 %. Le premier facteur compte 35 items, le deuxième 22 items le troisième 18 items, le quatrième 13 items, le cinquième 11 items, le sixième 7 items, le septième 5 items pour un total de 128 items.

**Facteur 1 : mistreated**

**Alpha (standard) de Cronbach = 0.94**

	Item	Label	Loading
trq30	30	30. I feel anxious working with him/her.	0.67
trq34	34	34. I feel I am “walking on eggshells” around him/her, afraid that if I say the wrong thing s/he will explode, fall apart, or walk out.	0.67
trq46	46	46. I feel mistreated or abused by him/her.	0.67
trq12	12	12. I feel criticized by him/her.	0.65
trq35	35	35. S/he frightens me.	0.62
trq51	51	51. I feel overwhelmed by his/her needs.	0.58
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.	0.58
trq6	6	6. I feel dismissed or devalued.	0.56
trq36	36	36. I feel incompetent or inadequate working with him/her.	0.56
trq13	13	13. I dread sessions with him/her.	0.53
trq33	33	33. I feel used or manipulated by him/her.	0.52
trq68	68	68. I feel less successful helping him/her than other patients.	0.52
trq5	5	5. I wish I had never taken him/her on as a patient.	0.51
trq26	26	26. I feel overwhelmed by his/her strong emotions.	0.48
trq58	58	58. I think or fantasize about ending the treatment.	0.48
trq22	22	22. I feel frustrated in sessions with him/her.	0.47
trq52	52	52. I feel hopeless working with him/her.	0.47
trq63	63	63. I feel unappreciated by him/her.	0.45
trq77	77	77. More than with most patients, I feel like I’ve been pulled into things that I didn’t realize until after the session was over.	0.45
trq31	31	31. I feel I am failing to help him/her or I worry that I won’t be able to help him/her.	0.44
trq10	10	10. I feel confused in sessions with him/her.	0.43
trq45	45	45. I have trouble relating to the feelings s/he expresses.	0.43
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.	0.43
trq38	38	38. I feel interchangeable—that I could be anyone to him/her.	0.42
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.38
trq78	78	78. I begin sessions late with him/her more than with my other patients.	0.37
trq29	29	29. S/he tends to stir up strong feelings in me.	0.36
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.33
trq54	54	54. I think s/he might do better with another therapist or in a different kind of therapy.	0.33
trq11	11	11. I don’t trust what s/he’s telling me.	0.32
trq75	75	75. I watch the clock with him/her more than with my other patients.	0.32
trq15	15	15. I feel angry at him/her.	0.31
trq44	44	44. I feel like I’m being mean or cruel to him/her.	0.31
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.	0.31
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.	-0.35

**Facteur 2 : protective**

**Alpha (standard) de Cronbach = 0.9**

	Item	Label	Loading
trq42	42	42. I feel like I want to protect him/her.	0.73
trq65	65	65. I like him/her very much.	0.72
trq53	53	53. I feel pleased or satisfied after sessions with him/her.	0.69
trq64	64	64. I have warm, almost parental feelings toward him/her.	0.68
trq47	47	47. I feel nurturant toward him/her.	0.65
trq74	74	74. S/he is one of my favorite patients.	0.65
trq19	19	19. I look forward to sessions with him/her.	0.62
trq40	40	40. I feel like I understand him/her.	0.61
trq4	4	4. I feel compassion for him/her.	0.59
trq21	21	21. I wish I could give him/her what others never could.	0.57
trq23	23	23. S/he makes me feel good about myself.	0.56
trq3	3	3. I find it exciting working with him/her.	0.52
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.	0.42
trq66	66	66. I worry about him/her after sessions more than other patients.	0.41
trq67	67	67. I end sessions overtime with him/her more than with my other patients.	0.41
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.	0.38
trq28	28	28. I feel guilty when s/he is distressed or deteriorates, as if I must be somehow responsible.	0.37
trq71	71	71. I disclose my feelings with him/her more than with other patients.	0.37
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.	0.35
trq49	49	49. I feel sad in sessions with him/her.	0.34
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.	0.33
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.	0.30

**Facteur 3 : anger**

**Alpha (standard) de Cronbach = 0.9**

	Item	Label	Loading
trq27	27	27. I get enraged at him/her.	0.70
trq48	48	48. I lose my temper with him/her.	0.66
trq2	2	2. At times I dislike him/her.	0.62
trq15	15	15. I feel angry at him/her.	0.58
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.58
trq8	8	8. I feel annoyed in sessions with him/her.	0.56
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.56
trq41	41	41. I tell him/her I'm angry at him/her.	0.48
trq37	37	37. I find myself being controlling with him/her.	0.47
trq44	44	44. I feel like I'm being mean or cruel to him/her.	0.44
trq57	57	57. I feel resentful working with him/her.	0.44
trq29	29	29. S/he tends to stir up strong feelings in me.	0.42
trq33	33	33. I feel used or manipulated by him/her.	0.36
trq12	12	12. I feel criticized by him/her.	0.35
trq43	43	43. I regret things I have said to him/her.	0.35
trq45	45	45. I have trouble relating to the feelings s/he expresses.	0.35
trq11	11	11. I don't trust what s/he's telling me.	0.32
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	0.32

#### **Facteur 4 : boredom**

**Alpha (standard) de Cronbach = 0.86**

	Item	Label	Loading
trq16	16	16. I feel bored in sessions with him/her.	0.58
trq18	18	18. I feel depressed in sessions with him/her.	0.52
trq68	68	68. I feel less successful helping him/her than other patients.	0.48
trq52	52	52. I feel hopeless working with him/her.	0.46
trq22	22	22. I feel frustrated in sessions with him/her.	0.45
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	0.43
trq36	36	36. I feel incompetent or inadequate working with him/her.	0.43
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.	0.40
trq49	49	49. I feel sad in sessions with him/her.	0.36
trq8	8	8. I feel annoyed in sessions with him/her.	0.34
trq75	75	75. I watch the clock with him/her more than with my other patients.	0.34
trq24	24	24. I feel guilty about my feelings toward him/her.	0.32
trq3	3	3. I find it exciting working with him/her.	-0.37

#### **Facteur 5 : loss of professional distance**

**Alpha (standard) de Cronbach = 0.82**



	Item	Label	Loading
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.	0.57
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.	0.52
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.	0.52
trq56	56	56. I find myself being flirtatious with him/her.	0.42
trq67	67	67. I end sessions overtime with him/her more than with my other patients.	0.37
trq66	66	66. I worry about him/her after sessions more than other patients.	0.36
trq72	72	72. I call him/her between sessions more than my other patients.	0.36
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the session was over.	0.36
trq20	20	20. I feel envious of, or competitive with him/her.	0.35
trq71	71	71. I disclose my feelings with him/her more than with other patients.	0.35
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.	0.33

#### **Facteur 6 : disengaged**

**Alpha (standard) de Cronbach = 0.72**

	Item	Label	Loading
trq17	17	17. I feel sexually attracted to him/her.	0.57
trq61	61	61. I feel sexual tension in the room.	0.57
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.	0.41
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.	0.38
trq32	32	32. His/her sexual feelings toward me make me anxious or uncomfortable.	0.38
trq71	71	71. I disclose my feelings with him/her more than with other patients.	0.34
trq50	50	50. I tell him/her I love him/her.	0.31

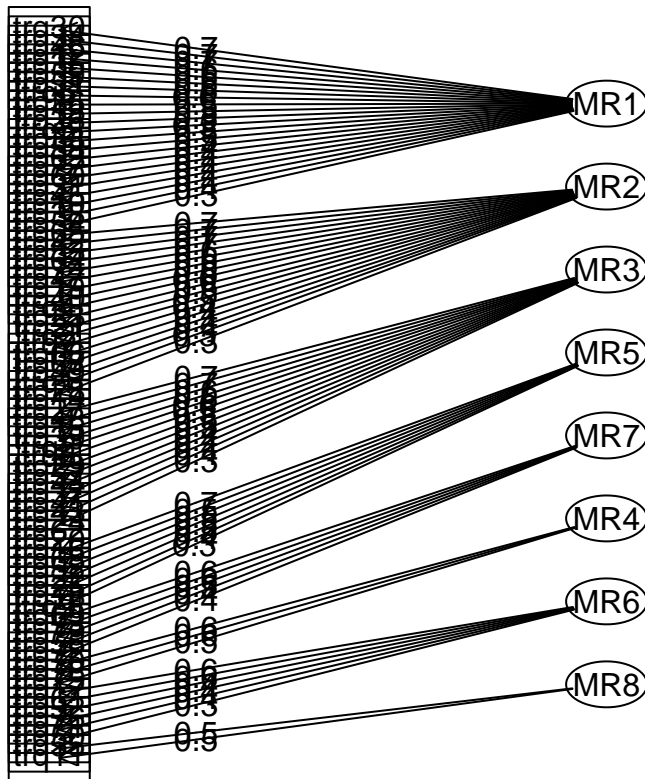
#### **Facteur 7 : sexualized**

**Alpha (standard) de Cronbach = 0.77**

	Item	Label	Loading
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.	0.61
trq78	78	78. I begin sessions late with him/her more than with my other patients.	0.52
trq75	75	75. I watch the clock with him/her more than with my other patients.	0.43
trq16	16	16. I feel bored in sessions with him/her.	0.31
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.	0.31

8 facteurs

## Factor Analysis



Le RMSEA est égal à 0.04, le root mean square of the residuals (RMSR) est égal à 0.03 (de préférence < .08) et le Tucker Lewis Index est égal à 0.83. Le premier facteur explique 11 %, le deuxième explique 9 %, le troisième 7 %, le quatrième 5 %, le cinquième 4 %, le sixième 3 %, le septième 3 %, le huitième 2 % de la variance totale pour une variance cumulée égale à 44 %. Le premier facteur compte 33 items, le deuxième 22 items le troisième 17 items, le quatrième 14 items, le cinquième 10 items, le sixième 4 items, le septième 8 items, le huitième 4 items pour un total de 131 items.

**Facteur 1 : mistreated**

Alpha (standard) de Cronbach = 0.94

	Item	Label	Loading
trq30	30	30. I feel anxious working with him/her.	0.69
trq34	34	34. I feel I am “walking on eggshells” around him/her, afraid that if I say the wrong thing s/he will explode, fall apart, or walk out.	0.66
trq46	46	46. I feel mistreated or abused by him/her.	0.66
trq12	12	12. I feel criticized by him/her.	0.64
trq35	35	35. S/he frightens me.	0.63
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.	0.57
trq6	6	6. I feel dismissed or devalued.	0.56
trq51	51	51. I feel overwhelmed by his/her needs.	0.56
trq36	36	36. I feel incompetent or inadequate working with him/her.	0.55
trq13	13	13. I dread sessions with him/her.	0.54
trq5	5	5. I wish I had never taken him/her on as a patient.	0.50
trq26	26	26. I feel overwhelmed by his/her strong emotions.	0.50
trq68	68	68. I feel less successful helping him/her than other patients.	0.49
trq33	33	33. I feel used or manipulated by him/her.	0.47
trq58	58	58. I think or fantasize about ending the treatment.	0.46
trq63	63	63. I feel unappreciated by him/her.	0.45
trq22	22	22. I feel frustrated in sessions with him/her.	0.44
trq52	52	52. I feel hopeless working with him/her.	0.44
trq77	77	77. More than with most patients, I feel like I’ve been pulled into things that I didn’t realize until after the session was over.	0.44
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.	0.43
trq31	31	31. I feel I am failing to help him/her or I worry that I won’t be able to help him/her.	0.42
trq45	45	45. I have trouble relating to the feelings s/he expresses.	0.42
trq10	10	10. I feel confused in sessions with him/her.	0.41
trq38	38	38. I feel interchangeable—that I could be anyone to him/her.	0.40
trq29	29	29. S/he tends to stir up strong feelings in me.	0.39
trq78	78	78. I begin sessions late with him/her more than with my other patients.	0.35
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.34
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.33
trq54	54	54. I think s/he might do better with another therapist or in a different kind of therapy.	0.33
trq15	15	15. I feel angry at him/her.	0.32
trq44	44	44. I feel like I’m being mean or cruel to him/her.	0.31
trq75	75	75. I watch the clock with him/her more than with my other patients.	0.30
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.	-0.31

**Facteur 2 : protective**

**Alpha (standard) de Cronbach = 0.9**

	Item	Label	Loading
trq42	42	42. I feel like I want to protect him/her.	0.72
trq65	65	65. I like him/her very much.	0.72
trq53	53	53. I feel pleased or satisfied after sessions with him/her.	0.70
trq64	64	64. I have warm, almost parental feelings toward him/her.	0.68
trq74	74	74. S/he is one of my favorite patients.	0.65
trq47	47	47. I feel nurturant toward him/her.	0.64
trq19	19	19. I look forward to sessions with him/her.	0.62
trq40	40	40. I feel like I understand him/her.	0.61
trq4	4	4. I feel compassion for him/her.	0.58
trq23	23	23. S/he makes me feel good about myself.	0.57
trq21	21	21. I wish I could give him/her what others never could.	0.55
trq3	3	3. I find it exciting working with him/her.	0.54
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.	0.42
trq66	66	66. I worry about him/her after sessions more than other patients.	0.39
trq67	67	67. I end sessions overtime with him/her more than with my other patients.	0.39
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.	0.38
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.	0.35
trq28	28	28. I feel guilty when s/he is distressed or deteriorates, as if I must be somehow responsible.	0.35
trq49	49	49. I feel sad in sessions with him/her.	0.35
trq71	71	71. I disclose my feelings with him/her more than with other patients.	0.35
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.	0.32
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.	0.31

### Facteur 3 : anger

Alpha (standard) de Cronbach = 0.9

	Item	Label	Loading
trq27	27	27. I get enraged at him/her.	0.71
trq48	48	48. I lose my temper with him/her.	0.65
trq15	15	15. I feel angry at him/her.	0.62
trq2	2	2. At times I dislike him/her.	0.59
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.59
trq8	8	8. I feel annoyed in sessions with him/her.	0.52
trq29	29	29. S/he tends to stir up strong feelings in me.	0.47
trq57	57	57. I feel resentful working with him/her.	0.47
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.45
trq44	44	44. I feel like I'm being mean or cruel to him/her.	0.44
trq37	37	37. I find myself being controlling with him/her.	0.43
trq41	41	41. I tell him/her I'm angry at him/her.	0.40
trq43	43	43. I regret things I have said to him/her.	0.38
trq45	45	45. I have trouble relating to the feelings s/he expresses.	0.33
trq12	12	12. I feel criticized by him/her.	0.32
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	0.32
trq24	24	24. I feel guilty about my feelings toward him/her.	0.30

**Facteur 4 : boredom****Alpha (standard) de Cronbach = 0.87**

	Item	Label	Loading
trq16	16	16. I feel bored in sessions with him/her.	0.66
trq68	68	68. I feel less successful helping him/her than other patients.	0.52
trq52	52	52. I feel hopeless working with him/her.	0.51
trq22	22	22. I feel frustrated in sessions with him/her.	0.49
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	0.45
trq18	18	18. I feel depressed in sessions with him/her.	0.44
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.	0.42
trq36	36	36. I feel incompetent or inadequate working with him/her.	0.42
trq8	8	8. I feel annoyed in sessions with him/her.	0.40
trq75	75	75. I watch the clock with him/her more than with my other patients.	0.36
trq9	9	9. I don't feel fully engaged in sessions with him/her.	0.33
trq10	10	10. I feel confused in sessions with him/her.	0.30
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.	-0.30
trq3	3	3. I find it exciting working with him/her.	-0.42

**Facteur 5 : loss of professional distance****Alpha (standard) de Cronbach = 0.83**

	Item	Label	Loading
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.	0.60
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.	0.55
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.	0.49
trq56	56	56. I find myself being flirtatious with him/her.	0.42
trq72	72	72. I call him/her between sessions more than my other patients.	0.41
trq66	66	66. I worry about him/her after sessions more than other patients.	0.39
trq67	67	67. I end sessions overtime with him/her more than with my other patients.	0.38
trq71	71	71. I disclose my feelings with him/her more than with other patients.	0.35
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the session was over.	0.34
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.	0.31

**Facteur 6 : disengaged****Alpha (standard) de Cronbach = 0.78**

	Item	Label	Loading
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.	0.63
trq78	78	78. I begin sessions late with him/her more than with my other patients.	0.58
trq75	75	75. I watch the clock with him/her more than with my other patients.	0.46
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.	0.39

### Facteur 7 : sexualized

Alpha (standard) de Cronbach = 0.74

	Item	Label	Loading
trq17	17	17. I feel sexually attracted to him/her.	0.63
trq61	61	61. I feel sexual tension in the room.	0.62
trq32	32	32. His/her sexual feelings toward me make me anxious or uncomfortable.	0.40
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.	0.40
trq71	71	71. I disclose my feelings with him/her more than with other patients.	0.37
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.	0.36
trq50	50	50. I tell him/her I love him/her.	0.34
trq56	56	56. I find myself being flirtatious with him/her.	0.31

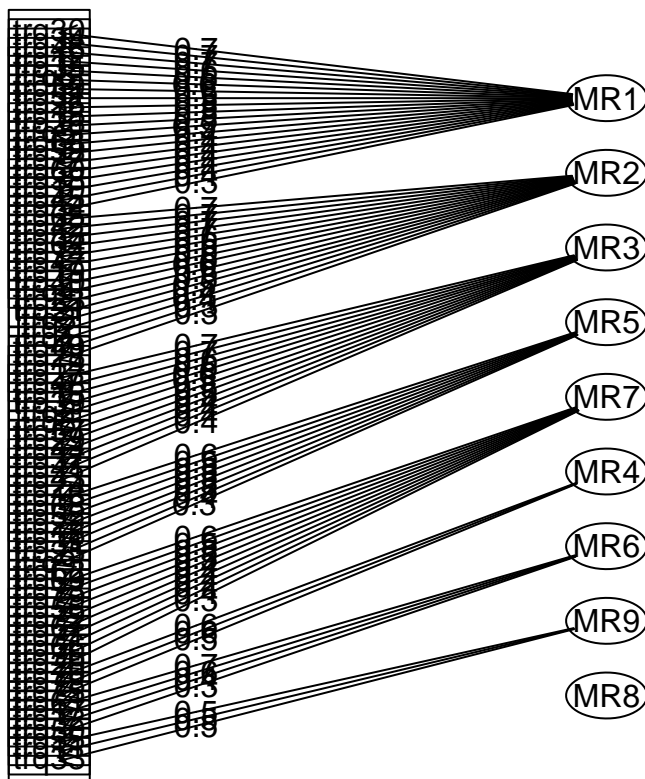
### Facteur 8 : distrust

Alpha (standard) de Cronbach = 0.7

	Item	Label	Loading
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.50
trq11	11	11. I don't trust what s/he's telling me.	0.48
trq33	33	33. I feel used or manipulated by him/her.	0.45
trq41	41	41. I tell him/her I'm angry at him/her.	0.38

### 9 facteurs

### Factor Analysis



Le RMSEA est égal à 0.04, le root mean square of the residuals (RMSR) est égal à 0.03 (de préférence < .08) et le Tucker Lewis Index est égal à 0.84. Le premier facteur explique 11 %, le deuxième explique 9 %, le troisième 7 %, le quatrième 5 %, le cinquième 4 %, le sixième 3 %, le septième 2 %, le huitième 2 %, le neuvième 1 % de la variance totale pour une variance cumulée égale à 44 %. Le premier facteur compte 31 items, le deuxième 20 items le troisième 16 items, le quatrième 14 items, le cinquième 12 items, le sixième 5 items, le septième 7 items, le huitième 4 items, le neuvième 1 items pour un total de 134 items.

#### **Facteur 1 : mistreated**

**Alpha (standard) de Cronbach = 0.94**

	Item	Label	Loading
trq30	30	30. I feel anxious working with him/her.	0.68
trq34	34	34. I feel I am “walking on eggshells” around him/her, afraid that if I say the wrong thing s/he will explode, fall apart, or walk out.	0.66
trq46	46	46. I feel mistreated or abused by him/her.	0.65
trq12	12	12. I feel criticized by him/her.	0.64
trq35	35	35. S/he frightens me.	0.63
trq6	6	6. I feel dismissed or devalued.	0.57
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.	0.56
trq51	51	51. I feel overwhelmed by his/her needs.	0.55
trq13	13	13. I dread sessions with him/her.	0.53
trq36	36	36. I feel incompetent or inadequate working with him/her.	0.53
trq5	5	5. I wish I had never taken him/her on as a patient.	0.49
trq26	26	26. I feel overwhelmed by his/her strong emotions.	0.49
trq33	33	33. I feel used or manipulated by him/her.	0.46
trq68	68	68. I feel less successful helping him/her than other patients.	0.46
trq58	58	58. I think or fantasize about ending the treatment.	0.45
trq63	63	63. I feel unappreciated by him/her.	0.45
trq77	77	77. More than with most patients, I feel like I’ve been pulled into things that I didn’t realize until after the session was over.	0.44
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.	0.43
trq22	22	22. I feel frustrated in sessions with him/her.	0.42
trq52	52	52. I feel hopeless working with him/her.	0.41
trq10	10	10. I feel confused in sessions with him/her.	0.40
trq31	31	31. I feel I am failing to help him/her or I worry that I won’t be able to help him/her.	0.40
trq38	38	38. I feel interchangeable—that I could be anyone to him/her.	0.40
trq45	45	45. I have trouble relating to the feelings s/he expresses.	0.40
trq29	29	29. S/he tends to stir up strong feelings in me.	0.38
trq78	78	78. I begin sessions late with him/her more than with my other patients.	0.35
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.33
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.33
trq54	54	54. I think s/he might do better with another therapist or in a different kind of therapy.	0.32
trq15	15	15. I feel angry at him/her.	0.30
trq44	44	44. I feel like I’m being mean or cruel to him/her.	0.30

#### **Facteur 2 : protective**

**Alpha (standard) de Cronbach = 0.9**

	Item	Label	Loading
trq65	65	65. I like him/her very much.	0.72
trq42	42	42. I feel like I want to protect him/her.	0.71
trq53	53	53. I feel pleased or satisfied after sessions with him/her.	0.71
trq64	64	64. I have warm, almost parental feelings toward him/her.	0.67
trq74	74	74. S/he is one of my favorite patients.	0.64
trq19	19	19. I look forward to sessions with him/her.	0.63
trq47	47	47. I feel nurturant toward him/her.	0.63
trq40	40	40. I feel like I understand him/her.	0.61
trq4	4	4. I feel compassion for him/her.	0.58
trq23	23	23. S/he makes me feel good about myself.	0.58
trq3	3	3. I find it exciting working with him/her.	0.54
trq21	21	21. I wish I could give him/her what others never could.	0.54
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.	0.42
trq66	66	66. I worry about him/her after sessions more than other patients.	0.38
trq67	67	67. I end sessions overtime with him/her more than with my other patients.	0.38
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.	0.37
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.	0.36
trq28	28	28. I feel guilty when s/he is distressed or deteriorates, as if I must be somehow responsible.	0.34
trq49	49	49. I feel sad in sessions with him/her.	0.34
trq71	71	71. I disclose my feelings with him/her more than with other patients.	0.34

### Facteur 3 : anger

Alpha (standard) de Cronbach = 0.9

	Item	Label	Loading
trq27	27	27. I get enraged at him/her.	0.71
trq48	48	48. I lose my temper with him/her.	0.66
trq15	15	15. I feel angry at him/her.	0.61
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.60
trq2	2	2. At times I dislike him/her.	0.58
trq8	8	8. I feel annoyed in sessions with him/her.	0.53
trq57	57	57. I feel resentful working with him/her.	0.48
trq29	29	29. S/he tends to stir up strong feelings in me.	0.45
trq44	44	44. I feel like I'm being mean or cruel to him/her.	0.45
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.45
trq37	37	37. I find myself being controlling with him/her.	0.43
trq41	41	41. I tell him/her I'm angry at him/her.	0.41
trq43	43	43. I regret things I have said to him/her.	0.41
trq12	12	12. I feel criticized by him/her.	0.35
trq45	45	45. I have trouble relating to the feelings s/he expresses.	0.33
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	0.32

### Facteur 4 : boredom

Alpha (standard) de Cronbach = 0.87



	Item	Label	Loading
trq16	16	16. I feel bored in sessions with him/her.	0.64
trq52	52	52. I feel hopeless working with him/her.	0.53
trq68	68	68. I feel less successful helping him/her than other patients.	0.53
trq22	22	22. I feel frustrated in sessions with him/her.	0.50
trq18	18	18. I feel depressed in sessions with him/her.	0.47
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.	0.46
trq36	36	36. I feel incompetent or inadequate working with him/her.	0.46
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	0.44
trq8	8	8. I feel annoyed in sessions with him/her.	0.39
trq75	75	75. I watch the clock with him/her more than with my other patients.	0.34
trq9	9	9. I don't feel fully engaged in sessions with him/her.	0.32
trq10	10	10. I feel confused in sessions with him/her.	0.32
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.	-0.30
trq3	3	3. I find it exciting working with him/her.	-0.41

**Facteur 5 : loss of professional distance**

**Alpha (standard) de Cronbach = 0.83**

	Item	Label	Loading
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.	0.62
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.	0.54
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.	0.50
trq56	56	56. I find myself being flirtatious with him/her.	0.47
trq72	72	72. I call him/her between sessions more than my other patients.	0.43
trq66	66	66. I worry about him/her after sessions more than other patients.	0.41
trq67	67	67. I end sessions overtime with him/her more than with my other patients.	0.41
trq71	71	71. I disclose my feelings with him/her more than with other patients.	0.41
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.	0.38
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the session was over.	0.35
trq20	20	20. I feel envious of, or competitive with him/her.	0.32
trq74	74	74. S/he is one of my favorite patients.	0.31

**Facteur 6 : disengaged**

**Alpha (standard) de Cronbach = 0.77**

	Item	Label	Loading
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.	0.63
trq78	78	78. I begin sessions late with him/her more than with my other patients.	0.58
trq75	75	75. I watch the clock with him/her more than with my other patients.	0.49
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.	0.39
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	0.30

**Facteur 7 : sexualized****Alpha (standard) de Cronbach = 0.72**

	Item	Label	Loading
trq61	61	61. I feel sexual tension in the room.	0.67
trq17	17	17. I feel sexually attracted to him/her.	0.61
trq32	32	32. His/her sexual feelings toward me make me anxious or uncomfortable.	0.43
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.	0.34
trq71	71	71. I disclose my feelings with him/her more than with other patients.	0.32
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.	0.31
trq50	50	50. I tell him/her I love him/her.	0.31

**Facteur 8 : distrust****Alpha (standard) de Cronbach = 0.7**

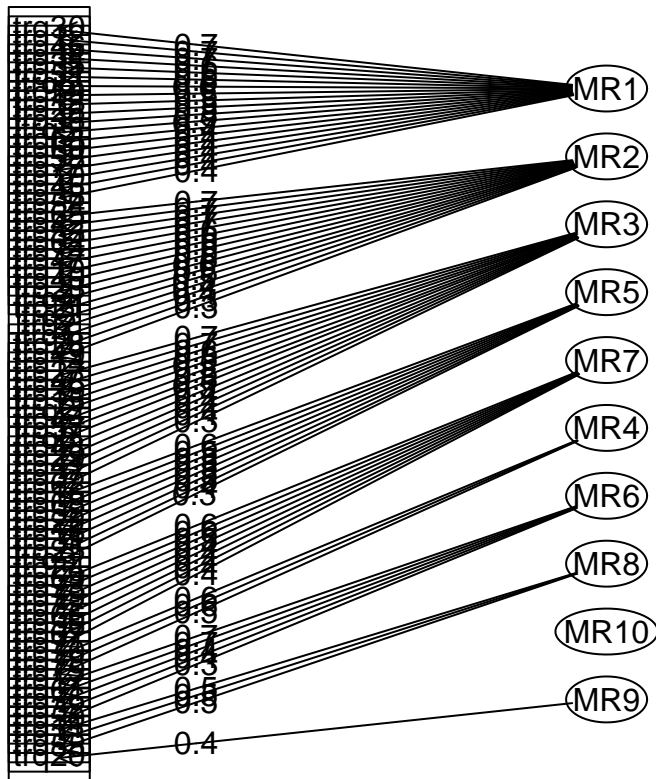
	Item	Label	Loading
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.53
trq11	11	11. I don't trust what s/he's telling me.	0.47
trq33	33	33. I feel used or manipulated by him/her.	0.46
trq41	41	41. I tell him/her I'm angry at him/her.	0.36

**Facteur 9 : overwhelmed**

	Item	Label	Loading
trq26	26	26. I feel overwhelmed by his/her strong emotions.	0.38

10 facteurs

## Factor Analysis



Le RMSEA est égal à 0.04, le root mean square of the residuals (RMSR) est égal à 0.03 (de préférence < .08) et le Tucker Lewis Index est égal à 0.85. Le premier facteur explique 10 %, le deuxième explique 9 %, le troisième 7 %, le quatrième 5 %, le cinquième 4 %, le sixième 3 %, le septième 3 %, le huitième 2 %, le neuvième 1 % de la variance totale pour une variance cumulée égale à 45 %. Le premier facteur compte 31 items, le deuxième 20 items le troisième 16 items, le quatrième 14 items, le cinquième 12 items, le sixième 5 items, le septième 7 items, le huitième 4 items, le neuvième 1 items pour un total de 134 items.

**Facteur 1 : mistreated**

Alpha (standard) de Cronbach = 0.94

	Item	Label	Loading
trq30	30	30. I feel anxious working with him/her.	0.69
trq12	12	12. I feel criticized by him/her.	0.66
trq34	34	34. I feel I am “walking on eggshells” around him/her, afraid that if I say the wrong thing s/he will explode, fall apart, or walk out.	0.65
trq46	46	46. I feel mistreated or abused by him/her.	0.65
trq35	35	35. S/he frightens me.	0.64
trq6	6	6. I feel dismissed or devalued.	0.56
trq51	51	51. I feel overwhelmed by his/her needs.	0.56
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.	0.55
trq13	13	13. I dread sessions with him/her.	0.54
trq26	26	26. I feel overwhelmed by his/her strong emotions.	0.53
trq36	36	36. I feel incompetent or inadequate working with him/her.	0.49
trq5	5	5. I wish I had never taken him/her on as a patient.	0.48
trq33	33	33. I feel used or manipulated by him/her.	0.46
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.	0.44
trq63	63	63. I feel unappreciated by him/her.	0.44
trq58	58	58. I think or fantasize about ending the treatment.	0.43
trq77	77	77. More than with most patients, I feel like I’ve been pulled into things that I didn’t realize until after the session was over.	0.43
trq68	68	68. I feel less successful helping him/her than other patients.	0.42
trq22	22	22. I feel frustrated in sessions with him/her.	0.40
trq10	10	10. I feel confused in sessions with him/her.	0.39
trq29	29	29. S/he tends to stir up strong feelings in me.	0.39
trq52	52	52. I feel hopeless working with him/her.	0.39
trq45	45	45. I have trouble relating to the feelings s/he expresses.	0.38
trq31	31	31. I feel I am failing to help him/her or I worry that I won’t be able to help him/her.	0.36
trq38	38	38. I feel interchangeable—that I could be anyone to him/her.	0.36
trq78	78	78. I begin sessions late with him/her more than with my other patients.	0.34
trq15	15	15. I feel angry at him/her.	0.33
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.33

**Facteur 2 : protective**

**Alpha (standard) de Cronbach = 0.9**

	Item	Label	Loading
trq65	65	65. I like him/her very much.	0.72
trq42	42	42. I feel like I want to protect him/her.	0.71
trq53	53	53. I feel pleased or satisfied after sessions with him/her.	0.71
trq64	64	64. I have warm, almost parental feelings toward him/her.	0.68
trq47	47	47. I feel nurturant toward him/her.	0.63
trq74	74	74. S/he is one of my favorite patients.	0.63
trq19	19	19. I look forward to sessions with him/her.	0.62
trq40	40	40. I feel like I understand him/her.	0.62
trq4	4	4. I feel compassion for him/her.	0.58
trq23	23	23. S/he makes me feel good about myself.	0.58
trq21	21	21. I wish I could give him/her what others never could.	0.55
trq3	3	3. I find it exciting working with him/her.	0.54
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.	0.43
trq67	67	67. I end sessions overtime with him/her more than with my other patients.	0.38
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.	0.38
trq66	66	66. I worry about him/her after sessions more than other patients.	0.37
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.	0.36
trq71	71	71. I disclose my feelings with him/her more than with other patients.	0.35
trq28	28	28. I feel guilty when s/he is distressed or deteriorates, as if I must be somehow responsible.	0.34
trq49	49	49. I feel sad in sessions with him/her.	0.34

### Facteur 3 : anger

Alpha (standard) de Cronbach = 0.89

	Item	Label	Loading
trq27	27	27. I get enraged at him/her.	0.68
trq48	48	48. I lose my temper with him/her.	0.66
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.63
trq15	15	15. I feel angry at him/her.	0.53
trq2	2	2. At times I dislike him/her.	0.52
trq44	44	44. I feel like I'm being mean or cruel to him/her.	0.49
trq57	57	57. I feel resentful working with him/her.	0.48
trq8	8	8. I feel annoyed in sessions with him/her.	0.45
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.45
trq43	43	43. I regret things I have said to him/her.	0.44
trq29	29	29. S/he tends to stir up strong feelings in me.	0.43
trq41	41	41. I tell him/her I'm angry at him/her.	0.42
trq37	37	37. I find myself being controlling with him/her.	0.41
trq45	45	45. I have trouble relating to the feelings s/he expresses.	0.36
trq32	32	32. His/her sexual feelings toward me make me anxious or uncomfortable.	0.33
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	0.32
trq62	62	62. I feel repulsed by him/her.	0.30

### Facteur 4 : boredom

Alpha (standard) de Cronbach = 0.87

	Item	Label	Loading
trq16	16	16. I feel bored in sessions with him/her.	0.64
trq52	52	52. I feel hopeless working with him/her.	0.54
trq68	68	68. I feel less successful helping him/her than other patients.	0.54
trq22	22	22. I feel frustrated in sessions with him/her.	0.53
trq18	18	18. I feel depressed in sessions with him/her.	0.50
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.	0.48
trq36	36	36. I feel incompetent or inadequate working with him/her.	0.48
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	0.43
trq8	8	8. I feel annoyed in sessions with him/her.	0.40
trq10	10	10. I feel confused in sessions with him/her.	0.33
trq75	75	75. I watch the clock with him/her more than with my other patients.	0.33
trq49	49	49. I feel sad in sessions with him/her.	0.32
trq9	9	9. I don't feel fully engaged in sessions with him/her.	0.31
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.	-0.31
trq3	3	3. I find it exciting working with him/her.	-0.40

**Facteur 5 : loss of professional distance**

**Alpha (standard) de Cronbach = 0.84**

	Item	Label	Loading
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.	0.64
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.	0.57
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.	0.47
trq66	66	66. I worry about him/her after sessions more than other patients.	0.44
trq72	72	72. I call him/her between sessions more than my other patients.	0.44
trq56	56	56. I find myself being flirtatious with him/her.	0.41
trq67	67	67. I end sessions overtime with him/her more than with my other patients.	0.41
trq71	71	71. I disclose my feelings with him/her more than with other patients.	0.36
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the session was over.	0.36
trq74	74	74. S/he is one of my favorite patients.	0.32
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.	0.32

**Facteur 6 : disengaged**

**Alpha (standard) de Cronbach = 0.77**

	Item	Label	Loading
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.	0.63
trq78	78	78. I begin sessions late with him/her more than with my other patients.	0.59
trq75	75	75. I watch the clock with him/her more than with my other patients.	0.52
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.	0.38
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	0.33

**Facteur 7 : seduction****Alpha (standard) de Cronbach = 0.74**

	Item	Label	Loading
trq17	17	17. I feel sexually attracted to him/her.	0.68
trq61	61	61. I feel sexual tension in the room.	0.66
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.	0.38
trq32	32	32. His/her sexual feelings toward me make me anxious or uncomfortable.	0.37
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.	0.36
trq71	71	71. I disclose my feelings with him/her more than with other patients.	0.36
trq50	50	50. I tell him/her I love him/her.	0.34
trq56	56	56. I find myself being flirtatious with him/her.	0.31

**Facteur 8 : distrust****Alpha (standard) de Cronbach = 0.74**

	Item	Label	Loading
trq11	11	11. I don't trust what s/he's telling me.	0.53
trq33	33	33. I feel used or manipulated by him/her.	0.53
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.49
trq41	41	41. I tell him/her I'm angry at him/her.	0.35
trq8	8	8. I feel annoyed in sessions with him/her.	0.30

**Facteur 9 : overwhelmed****Alpha (standard) de Cronbach = 0.55**

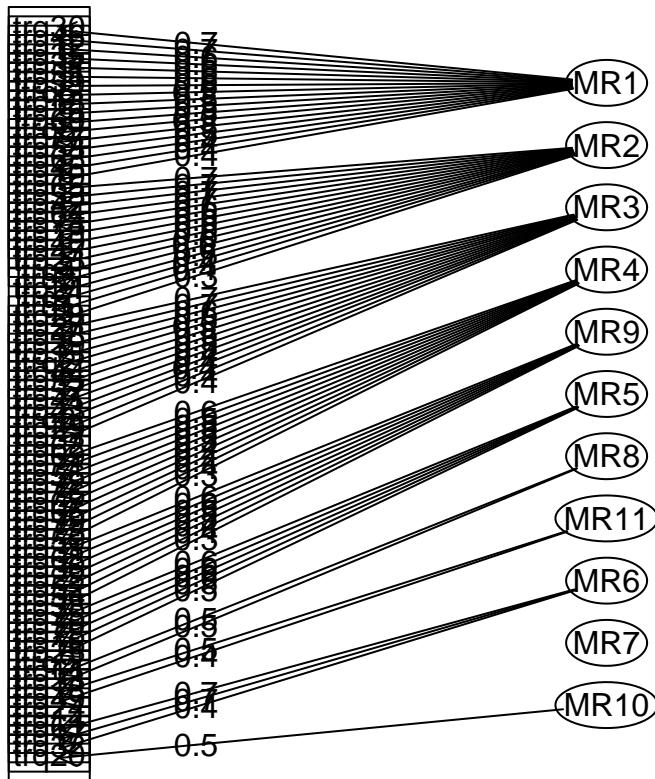
	Item	Label	Loading
trq15	15	15. I feel angry at him/her.	0.32
trq26	26	26. I feel overwhelmed by his/her strong emotions.	0.32

**Facteur 10 : jealousy**

	Item	Label	Loading
trq20	20	20. I feel envious of, or competitive with him/her.	0.37

11 facteurs

## Factor Analysis



Le RMSEA est égal à 0.04, le root mean square of the residuals (RMSR) est égal à 0.03 (de préférence < .08) et le Tucker Lewis Index est égal à 0.86. Le premier facteur explique 10 %, le deuxième explique 9 %, le troisième 6 %, le quatrième 4 %, le cinquième 4 %, le sixième 4 %, le septième 2 %, le huitième 2 %, le neuvième 2 % de la variance totale pour une variance cumulée égale à 45 %. Le premier facteur compte 31 items, le deuxième 20 items le troisième 16 items, le quatrième 14 items, le cinquième 12 items, le sixième 5 items, le septième 7 items, le huitième 4 items, le neuvième 1 items pour un total de 134 items.

**Facteur 1 : mistreated**

Alpha (standard) de Cronbach = 0.94



	Item	Label	Loading
trq30	30	30. I feel anxious working with him/her.	0.67
trq46	46	46. I feel mistreated or abused by him/her.	0.66
trq12	12	12. I feel criticized by him/her.	0.65
trq35	35	35. S/he frightens me.	0.63
trq34	34	34. I feel I am “walking on eggshells” around him/her, afraid that if I say the wrong thing s/he will explode, fall apart, or walk out.	0.61
trq51	51	51. I feel overwhelmed by his/her needs.	0.57
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.	0.57
trq6	6	6. I feel dismissed or devalued.	0.55
trq13	13	13. I dread sessions with him/her.	0.54
trq26	26	26. I feel overwhelmed by his/her strong emotions.	0.52
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.	0.50
trq5	5	5. I wish I had never taken him/her on as a patient.	0.49
trq33	33	33. I feel used or manipulated by him/her.	0.48
trq77	77	77. More than with most patients, I feel like I’ve been pulled into things that I didn’t realize until after the session was over.	0.46
trq58	58	58. I think or fantasize about ending the treatment.	0.45
trq36	36	36. I feel incompetent or inadequate working with him/her.	0.43
trq63	63	63. I feel unappreciated by him/her.	0.43
trq78	78	78. I begin sessions late with him/her more than with my other patients.	0.41
trq29	29	29. S/he tends to stir up strong feelings in me.	0.37
trq68	68	68. I feel less successful helping him/her than other patients.	0.37
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.	0.37
trq10	10	10. I feel confused in sessions with him/her.	0.36
trq45	45	45. I have trouble relating to the feelings s/he expresses.	0.36
trq52	52	52. I feel hopeless working with him/her.	0.35
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.35
trq15	15	15. I feel angry at him/her.	0.34
trq22	22	22. I feel frustrated in sessions with him/her.	0.33
trq38	38	38. I feel interchangeable—that I could be anyone to him/her.	0.31
trq75	75	75. I watch the clock with him/her more than with my other patients.	0.31

**Facteur 2 : protective**

**Alpha (standard) de Cronbach = 0.9**

	Item	Label	Loading
trq53	53	53. I feel pleased or satisfied after sessions with him/her.	0.72
trq65	65	65. I like him/her very much.	0.72
trq42	42	42. I feel like I want to protect him/her.	0.69
trq64	64	64. I have warm, almost parental feelings toward him/her.	0.67
trq74	74	74. S/he is one of my favorite patients.	0.63
trq19	19	19. I look forward to sessions with him/her.	0.62
trq40	40	40. I feel like I understand him/her.	0.62
trq47	47	47. I feel nurturant toward him/her.	0.61
trq23	23	23. S/he makes me feel good about myself.	0.59
trq4	4	4. I feel compassion for him/her.	0.58
trq3	3	3. I find it exciting working with him/her.	0.56
trq21	21	21. I wish I could give him/her what others never could.	0.52
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.	0.42
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.	0.36
trq67	67	67. I end sessions overtime with him/her more than with my other patients.	0.36
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.	0.34
trq66	66	66. I worry about him/her after sessions more than other patients.	0.33
trq71	71	71. I disclose my feelings with him/her more than with other patients.	0.32
trq28	28	28. I feel guilty when s/he is distressed or deteriorates, as if I must be somehow responsible.	0.30

### **Facteur 3 : anger**

**Alpha (standard) de Cronbach = 0.88**

	Item	Label	Loading
trq27	27	27. I get enraged at him/her.	0.67
trq48	48	48. I lose my temper with him/her.	0.66
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.63
trq15	15	15. I feel angry at him/her.	0.51
trq2	2	2. At times I dislike him/her.	0.50
trq44	44	44. I feel like I'm being mean or cruel to him/her.	0.48
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.47
trq57	57	57. I feel resentful working with him/her.	0.47
trq41	41	41. I tell him/her I'm angry at him/her.	0.44
trq43	43	43. I regret things I have said to him/her.	0.44
trq8	8	8. I feel annoyed in sessions with him/her.	0.43
trq29	29	29. S/he tends to stir up strong feelings in me.	0.43
trq37	37	37. I find myself being controlling with him/her.	0.41
trq45	45	45. I have trouble relating to the feelings s/he expresses.	0.36
trq32	32	32. His/her sexual feelings toward me make me anxious or uncomfortable.	0.35

### **Facteur 4 : loss of professional distance**

**Alpha (standard) de Cronbach = 0.84**

	Item	Label	Loading
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.	0.64
trq71	71	71. I disclose my feelings with him/her more than with other patients.	0.54
trq56	56	56. I find myself being flirtatious with him/her.	0.51
trq72	72	72. I call him/her between sessions more than my other patients.	0.50
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.	0.49
trq66	66	66. I worry about him/her after sessions more than other patients.	0.42
trq67	67	67. I end sessions overtime with him/her more than with my other patients.	0.42
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.	0.40
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.	0.40
trq50	50	50. I tell him/her I love him/her.	0.34
trq74	74	74. S/he is one of my favorite patients.	0.31
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the session was over.	0.30

#### **Facteur 5 : incompetence**

**Alpha (standard) de Cronbach = 0.84**

	Item	Label	Loading
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.	0.61
trq68	68	68. I feel less successful helping him/her than other patients.	0.55
trq36	36	36. I feel incompetent or inadequate working with him/her.	0.54
trq22	22	22. I feel frustrated in sessions with him/her.	0.50
trq52	52	52. I feel hopeless working with him/her.	0.42
trq16	16	16. I feel bored in sessions with him/her.	0.38
trq54	54	54. I think s/he might do better with another therapist or in a different kind of therapy.	0.36
trq38	38	38. I feel interchangeable—that I could be anyone to him/her.	0.34
trq18	18	18. I feel depressed in sessions with him/her.	0.32
trq10	10	10. I feel confused in sessions with him/her.	0.31

#### **Facteur 6 : disengaged**

**Alpha (standard) de Cronbach = 0.84**

	Item	Label	Loading
trq75	75	75. I watch the clock with him/her more than with my other patients.	0.60
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.	0.56
trq78	78	78. I begin sessions late with him/her more than with my other patients.	0.56
trq16	16	16. I feel bored in sessions with him/her.	0.52
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	0.51
trq8	8	8. I feel annoyed in sessions with him/her.	0.36
trq68	68	68. I feel less successful helping him/her than other patients.	0.33
trq3	3	3. I find it exciting working with him/her.	-0.32

**Facteur 7 : distrust****Alpha (standard) de Cronbach = 0.79**

	Item	Label	Loading
trq11	11	11. I don't trust what s/he's telling me.	0.53
trq33	33	33. I feel used or manipulated by him/her.	0.51
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.46
trq8	8	8. I feel annoyed in sessions with him/her.	0.37
trq2	2	2. At times I dislike him/her.	0.33
trq41	41	41. I tell him/her I'm angry at him/her.	0.30

**Facteur 8 : overwhelmed****Alpha (standard) de Cronbach = 0.66**

	Item	Label	Loading
trq18	18	18. I feel depressed in sessions with him/her.	0.52
trq49	49	49. I feel sad in sessions with him/her.	0.43
trq15	15	15. I feel angry at him/her.	0.36
trq26	26	26. I feel overwhelmed by his/her strong emotions.	0.32

**Facteur 9 : sexualized****Alpha (standard) de Cronbach = 0.66**

	Item	Label	Loading
trq61	61	61. I feel sexual tension in the room.	0.72
trq17	17	17. I feel sexually attracted to him/her.	0.71
trq32	32	32. His/her sexual feelings toward me make me anxious or uncomfortable.	0.44

**Facteur 10 : need to disclose**

	Item	Label	Loading
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.	0.39

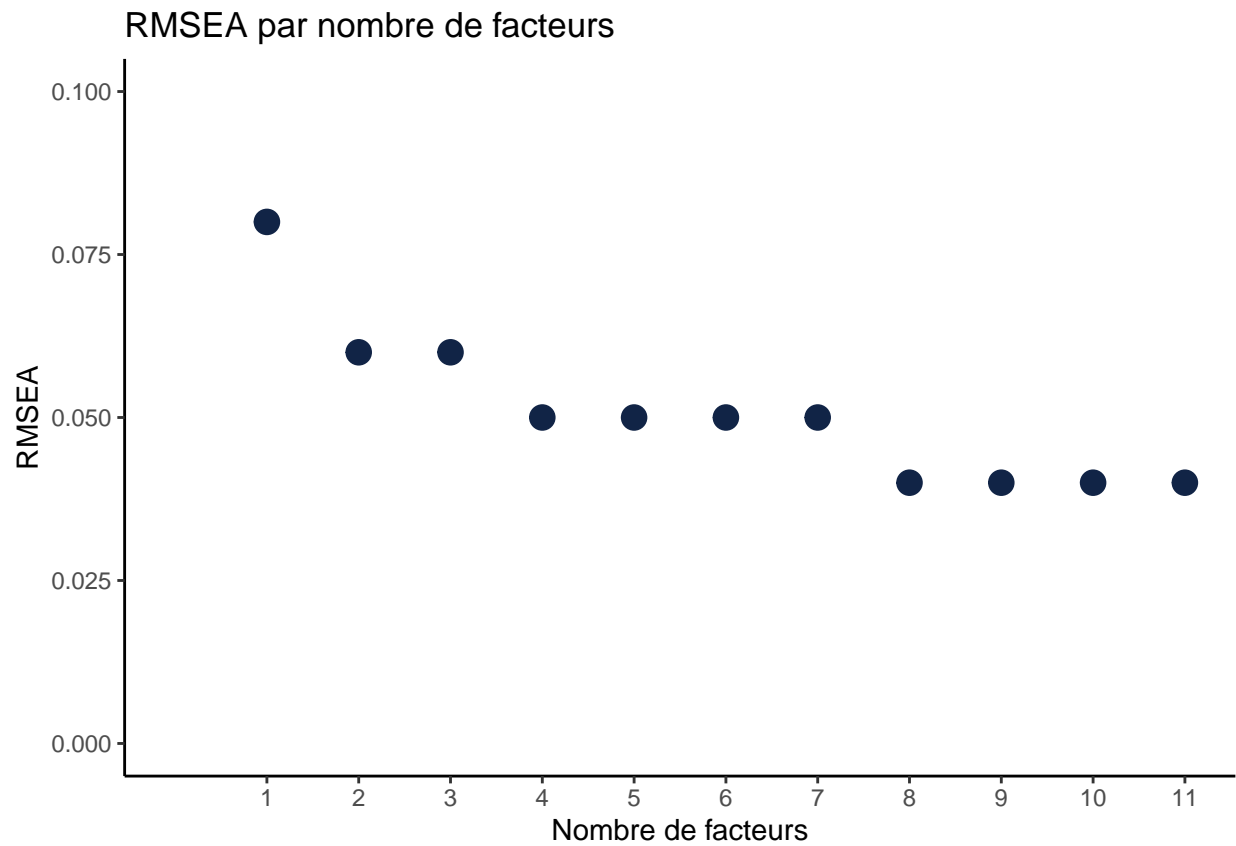
**Facteur 11 : jealousy**

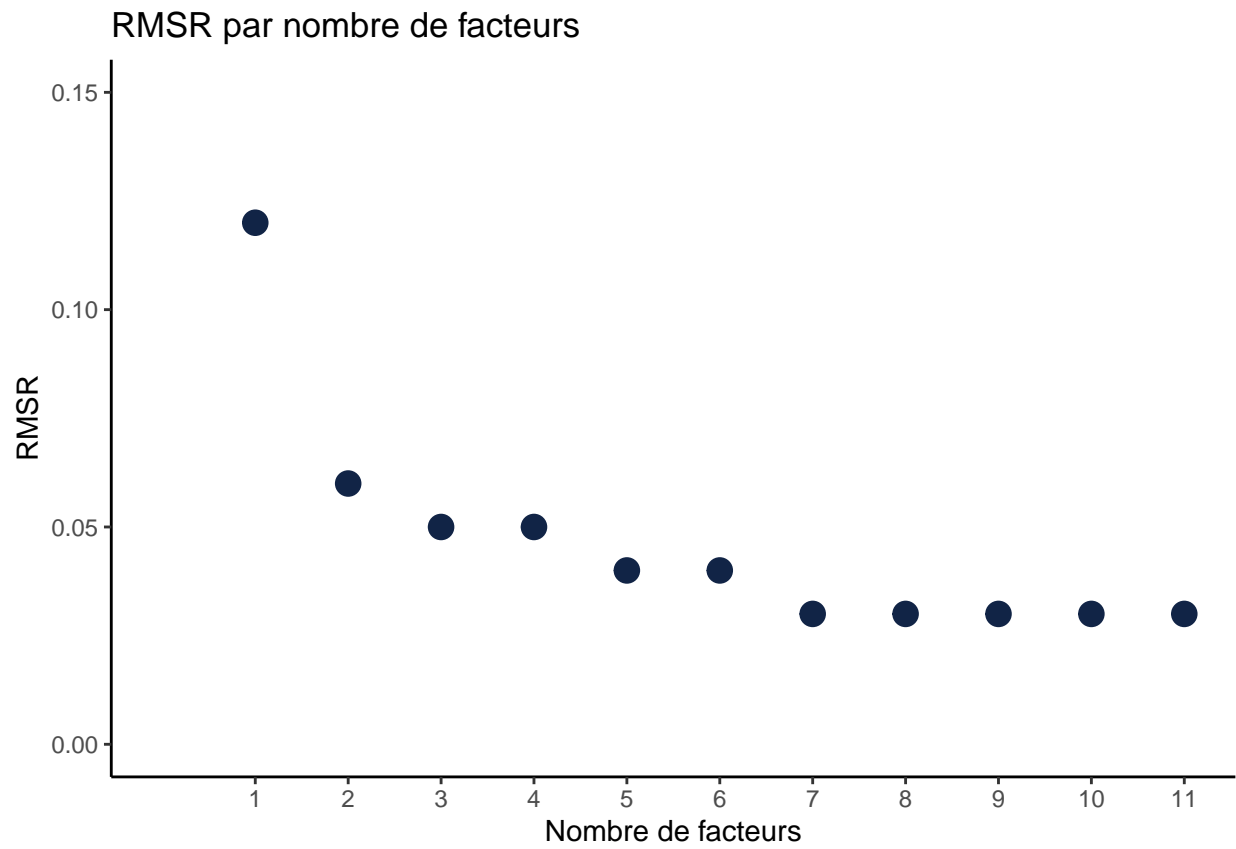
	Item	Label	Loading
trq20	20	20. I feel envious of, or competitive with him/her.	0.48

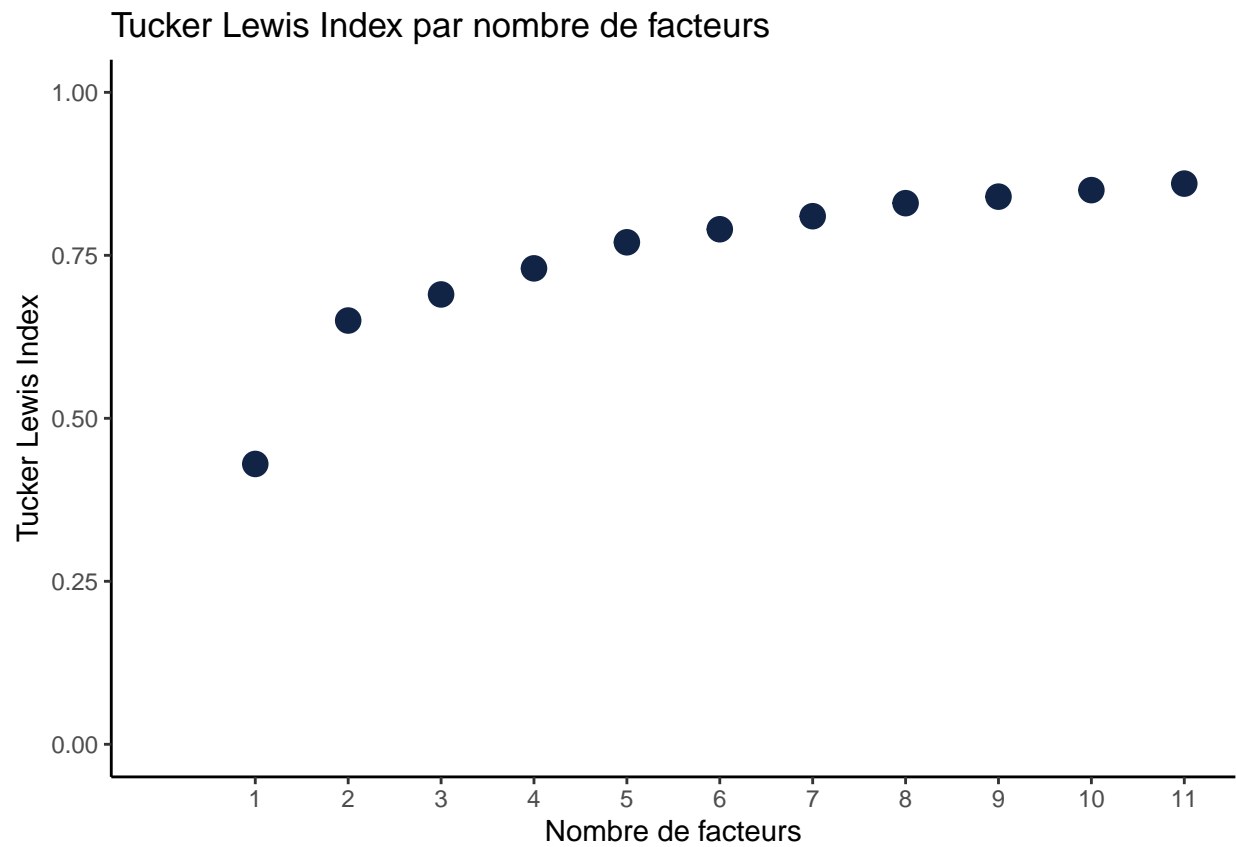
Table 1: Comparaison des fits

Facteurs	RMSEA	RMSR	TLI
1	0.08	0.12	0.43
2	0.06	0.06	0.65
3	0.06	0.05	0.69
4	0.05	0.05	0.73
5	0.05	0.04	0.77
6	0.05	0.04	0.79
7	0.05	0.03	0.81
8	0.04	0.03	0.83
9	0.04	0.03	0.84
10	0.04	0.03	0.85
11	0.04	0.03	0.86

### Comparaison des onze modèles varimax







### Corrélations entre les facteurs avec variation varimax pour 11 niveaux

Ce fichier excel présente la matrice de corrélations de tous les scores factoriels pour les 11 niveaux.