# TRQ: structures factorielles

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# Nombre de facteurs dans la littérature précédente

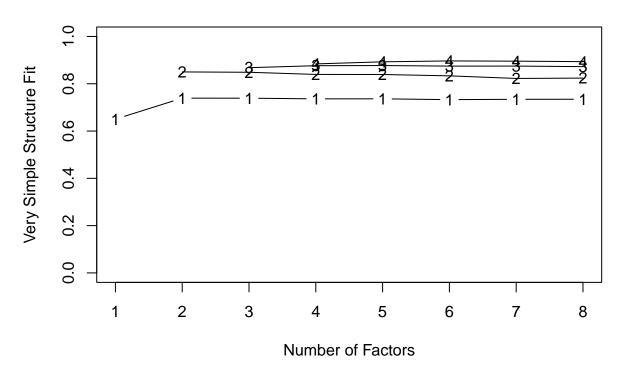
Authors	Number of factors	Factor labels
Betan et al. (2005)	8 Factors	Overwhelmed / Disorganized
		Helpless / Inadequate
		Positive
		Special / Overinvolved
		Sexualized
		Disengaged
		Parental / Protective Criticized / Mistreated
Zittel Conklin & Westen (2003)	7 Factors	Positive / Satisfying
		Hostile / Mistreated
		Disengaged
		Helpless / Inadequate
		Sexualized
		Overwhelmed / Disorganized
		Special / Overinvolved
Tanzilli et al. (2016)	9 Factors	Helpless / Inadequate
		Overwhelmed / Disorganized
		Positive / Satisfying
		Hostile / Angry
		Criticized / Devalued
		Special / Overinvolved
		Parental / Protective
		Sexualized
		Disengaged
Berg et al. (2019)	7 Factors	Helpless / Inadequate
		Overwhelmed / Disorganized
		Hostile / Angry
		Parental / Protective
		Disengaged
		Special / Overinvolved
		Sexualized

### No rotation

N = 608

#### Very Simple Structure

# **Very Simple Structure**

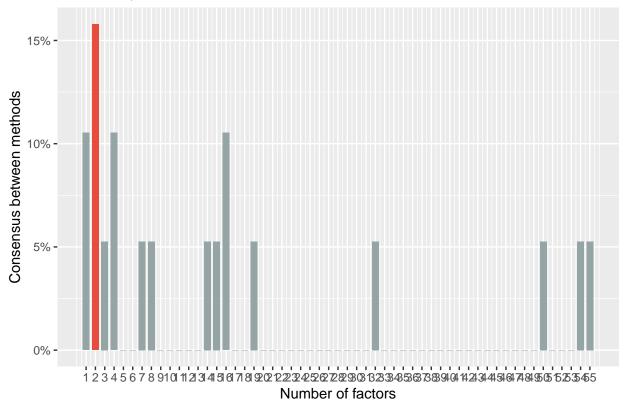


Le Very Simple Structure criterion propose une solution à 3 voire 4 facteurs.

#### Method Agreement Procedure

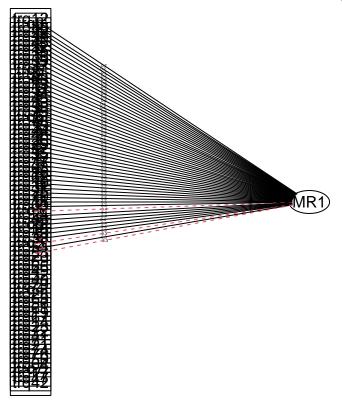
n\_factors utilise 14 méthodes pour proposer la solution factorielle la plus fréquemment proposée :

# How many factors to retain



#### 1 facteur

# **Factor Analysis**



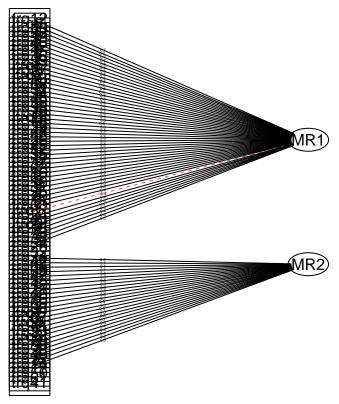
Le RMSEA est égal à 0.08, le root mean square of the residuals (RMSR) est égal à 0.12 (de préférence < .08) et le Tucker Lewis Index est égal à 0.43. Le premier facteur explique 20~%. Le premier facteur compte 51 items.

#### Facteur 1 : negative emotions

	Item	Label
trq12	12	12. I feel criticized by him/her.
trq8	8	8. I feel annoyed in sessions with him/her.
trq30	30	30. I feel anxious working with him/her.
trq22	22	22. I feel frustrated in sessions with him/her.
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.
trq46	46	46. I feel mistreated or abused by him/her.
trq15	15	15. I feel angry at him/her.
trq52	52	52. I feel hopeless working with him/her.
trq36	36	36. I feel incompetent or inadequate working with him/her.
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.
trq2	2	2. At times I dislike him/her.
trq5	5	5. I wish I had never taken him/her on as a patient.
trq13	13	13. I dread sessions with him/her.
trq27	27	27. I get enraged at him/her.
trq68	68	68. I feel less successful helping him/her than other patients.
trq34	34	34. I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explod
trq51	51	51. I feel overwhelmed by his/her needs.
trq33	33	33. I feel used or manipulated by him/her.
trq45	45	45. I have trouble relating to the feelings s/he expresses.
trq58	58	<ul><li>58. I think or fantasize about ending the treatment.</li><li>75. I watch the clock with him/her more than with my other patients.</li></ul>
trq75	75 6	6. I feel dismissed or devalued.
trq6	6	
trq78	78	78. I begin sessions late with him/her more than with my other patients.  35. S/he frightens me.
trq35	35 44	44. I feel like I'm being mean or cruel to him/her.
$\frac{\text{trq44}}{\text{trq26}}$	26	26. I feel overwhelmed by his/her strong emotions.
trq26	48	48. I lose my temper with him/her.
trq29	29	29. S/he tends to stir up strong feelings in me.
$\frac{\text{trq}29}{\text{trq}55}$	55	55. I feel pushed to set very firm limits with him/her.
trq57	57	57. I feel resentful working with him/her.
trq37	37	37. I find myself being controlling with him/her.
$\frac{\text{trq}57}{\text{trq}77}$	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
trq63	63	63. I feel unappreciated by him/her.
trq16	16	16. I feel bored in sessions with him/her.
trq62	62	62. I feel repulsed by him/her.
trq10	10	10. I feel confused in sessions with him/her.
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.
trq25	25	25. My mind often wanders to things other than what s/he is talking about.
trq11	11	11. I don't trust what s/he's telling me.
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.
trq24	24	24. I feel guilty about my feelings toward him/her.
trq43	43	43. I regret things I have said to him/her.
trq9	9	9. I don't feel fully engaged in sessions with him/her.
trq18	18	18. I feel depressed in sessions with him/her.
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.
trq38	38	38. I feel interchangeable—that I could be anyone to him/her.
trq54	54	54. I think s/he might do better with another therapist or in a different kind of therapy.
trq53	53	53. I feel pleased or satisfied after sessions with him/her.
trq3	3	3. I find it exciting working with him/her.
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.

#### 2 facteurs

# **Factor Analysis**



Le RMSEA est égal à 0.06, le root mean square of the residuals (RMSR) est égal à 0.06 (de préférence < .08) et le Tucker Lewis Index est égal à 0.65. Le premier facteur explique 20 %, le deuxième explique 11 % de la variance totale pour une variance cumulée égale à 31 %. Le premier facteur compte 51 items, le deuxième 25 items pour un total de 76 items.

### Facteur 1 : negative emotions

trq1

		egative emotions
	Item	Label
trq8	8	8. I feel annoyed in sessions with him/her.
trq12	12	12. I feel criticized by him/her.
trq22	22	22. I feel frustrated in sessions with him/her.
trq30	30	30. I feel anxious working with him/her.
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.
trq46	46	46. I feel mistreated or abused by him/her.
trq52	52	52. I feel hopeless working with him/her.
trq15	15	15. I feel angry at him/her.
trq36	36	36. I feel incompetent or inadequate working with him/her.
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.
trq2	2	2. At times I dislike him/her.
trq5	5	5. I wish I had never taken him/her on as a patient.
trq13	13	13. I dread sessions with him/her.
trq27	27	27. I get enraged at him/her.
trq68	68	68. I feel less successful helping him/her than other patients.
trq34	34	34. I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explod
trq51	51	51. I feel overwhelmed by his/her needs.
trq33	33	33. I feel used or manipulated by him/her.
trq45	45	45. I have trouble relating to the feelings s/he expresses.
trq58	58	58. I think or fantasize about ending the treatment.
trq75	75	75. I watch the clock with him/her more than with my other patients.
trq6	6	6. I feel dismissed or devalued.
trq78	78	78. I begin sessions late with him/her more than with my other patients.
trq35	35	35. S/he frightens me.
trq44	44	44. I feel like I'm being mean or cruel to him/her.
trq26	26	26. I feel overwhelmed by his/her strong emotions.
trq29	29	29. S/he tends to stir up strong feelings in me.
trq48	48	48. I lose my temper with him/her.
trq55	55	55. I feel pushed to set very firm limits with him/her.
trq57	57	57. I feel resentful working with him/her.
trq37	37	37. I find myself being controlling with him/her.
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
trq63	63	63. I feel unappreciated by him/her.
trq16	16	16. I feel bored in sessions with him/her.
trq10	10	10. I feel confused in sessions with him/her.
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.
trq62	62	62. I feel repulsed by him/her.
trq25	25	25. My mind often wanders to things other than what s/he is talking about.
trq11	11	11. I don't trust what s/he's telling me.
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.
trq24	24	24. I feel guilty about my feelings toward him/her.
trq43	43	43. I regret things I have said to him/her.
trq9	9	9. I don't feel fully engaged in sessions with him/her.
trq18	18	18. I feel depressed in sessions with him/her.
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.
trq38	38	38. I feel interchangeable—that I could be anyone to him/her.
trq54	54	54. I think s/he might do better with another therapist or in a different kind of therapy.
trq53	53	53. I feel pleased or satisfied after sessions with him/her.
trq3	3	3. I find it exciting working with him/her.

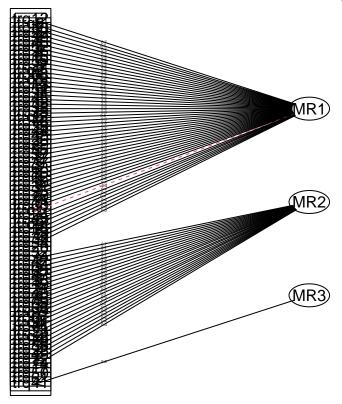
1 1. I am very hopeful about the gains s/he is making or will likely make in treatment.

### Facteur 2: clinical implication

	Item	Label
trq74	74	74. S/he is one of my favorite patients.
trq42	42	42. I feel like I want to protect him/her.
trq64	64	64. I have warm, almost parental feelings toward him/her.
trq65	65	65. I like him/her very much.
trq47	47	47. I feel nurturant toward him/her.
trq53	53	53. I feel pleased or satisfied after sessions with him/her.
trq19	19	19. I look forward to sessions with him/her.
trq21	21	21. I wish I could give him/her what others never could.
trq40	40	40. I feel like I understand him/her.
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.
trq66	66	66. I worry about him/her after sessions more than other patients.
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.
trq4	4	4. I feel compassion for him/her.
trq67	67	67. I end sessions overtime with him/her more than with my other patients.
trq71	71	71. I disclose my feelings with him/her more than with other patients.
trq23	23	23. S/he makes me feel good about myself.
trq3	3	3. I find it exciting working with him/her.
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.
trq56	56	56. I find myself being flirtatious with him/her.
trq28	28	28. I feel guilty when s/he is distressed or deteriorates, as if I must be somehow responsible.
trq49	49	49. I feel sad in sessions with him/her.
trq72	72	72. I call him/her between sessions more than my other patients.
trq14	14	14. I feel angry at people in his/her life.
trq29	29	29. S/he tends to stir up strong feelings in me.

#### 3 facteurs

# **Factor Analysis**



Le RMSEA est égal à 0.06, le root mean square of the residuals (RMSR) est égal à 0.05 (de préférence < .08) et le Tucker Lewis Index est égal à 0.69. Le premier facteur explique 20~%, le deuxième explique 11~%, le troisième 3~% de la variance totale pour une variance cumulée égale à 34~%. Le premier facteur compte 51 items, le deuxième 25 items le troisième 8 pour un total de 84 items.

#### Facteur 1 : negative emotions

trq12 12 12 12. I feel annoyed in sessions with him/her. trq12 12 12. I feel criticized by him/her. trq24 22 22. I feel frustrated in sessions with him/her. trq30 30 30. I feel anxious working with him/her. trq39 39 39. I have to stop myself from saying or doing something aggressive or critical. trq15 15 I5. I feel angry at him/her. trq36 36 36. I feel incompetent or inadequate working with him/her. trq46 46 46. I feel mistreated or abused by him/her. trq46 46 46. I feel mistreated or abused by him/her. trq47 27 27. I get enraged at him/her. trq59 59 59. I feel like my hands have been tied or that I have been put in an impossible bind. trq4 2 2 2. At times I dislike him/her. trq59 59 59. I wish I had never taken him/her on as a patient. trq4 13 13 13. I dread sessions with him/her. trq58 68 68. I feel less successful helping him/her than other patients. trq34 34 34 I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explod trq51 51. I feel overwhelmed by his/her needs. trq33 33 33. I feel used or manipulated by him/her. trq45 45 45 1 have trouble relating to the feelings s/he expresses. trq45 45 45 1 have trouble relating to the feelings s/he expresses. trq47 57 57. I watch the clock with him/her more than with my other patients. trq46 6 6. I feel dismissed or devalued. trq47 78 78 I begin sessions late with him/her more than with my other patients. trq48 48 48. I lose my temper with him/her more than with my other patients. trq48 48 48. I lose my temper with him/her. trq48 49 29. S/he tends to stir up strong feelings in me. trq49 29 29. S/he tends to stir up strong feelings in me. trq49 29 29. S/he tends to stir up strong feelings in me. trq55 55 55 15. I feel resentful working with him/her.			
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	$\operatorname{trq}1$	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.

### Facteur 2: clinical implication

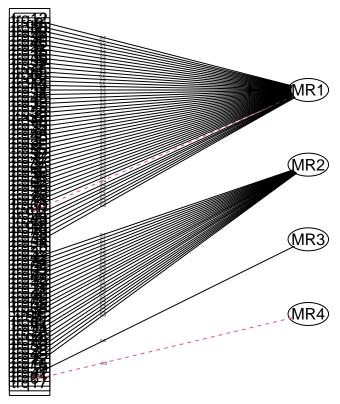
	Item	Label
trq42	42	42. I feel like I want to protect him/her.
trq74	74	74. S/he is one of my favorite patients.
trq64	64	64. I have warm, almost parental feelings toward him/her.
trq65	65	65. I like him/her very much.
trq47	47	47. I feel nurturant toward him/her.
trq53	53	53. I feel pleased or satisfied after sessions with him/her.
trq19	19	19. I look forward to sessions with him/her.
trq21	21	21. I wish I could give him/her what others never could.
trq40	40	40. I feel like I understand him/her.
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.
trq66	66	66. I worry about him/her after sessions more than other patients.
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.
trq67	67	67. I end sessions overtime with him/her more than with my other patients.
trq4	4	4. I feel compassion for him/her.
trq71	71	71. I disclose my feelings with him/her more than with other patients.
trq23	23	23. S/he makes me feel good about myself.
trq3	3	3. I find it exciting working with him/her.
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.
trq28	28	28. I feel guilty when s/he is distressed or deteriorates, as if I must be somehow responsible.
trq56	56	56. I find myself being flirtatious with him/her.
trq49	49	49. I feel sad in sessions with him/her.
trq72	72	72. I call him/her between sessions more than my other patients.
trq14	14	14. I feel angry at people in his/her life.
trq29	29	29. S/he tends to stir up strong feelings in me.

### Facteur 3 : anger

	Item	Label	Loading
trq41	41	41. I tell him/her I'm angry at him/her.	0.46
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.38
trq48	48	48. I lose my temper with him/her.	0.35
trq27	27	27. I get enraged at him/her.	0.33
trq18	18	18. I feel depressed in sessions with him/her.	-0.31
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.	-0.31
trq36	36	36. I feel incompetent or inadequate working with him/her.	-0.34
trq68	68	68. I feel less successful helping him/her than other patients.	-0.36

#### 4 facteurs

# **Factor Analysis**



Le RMSEA est égal à 0.05, le root mean square of the residuals (RMSR) est égal à 0.05 (de préférence < .08) et le Tucker Lewis Index est égal à 0.73. Le premier facteur explique 20~%, le deuxième explique 11~%, le troisième 3~% de la variance totale pour une variance cumulée égale à 36~%. Le premier facteur compte 51 items, le deuxième 25 items le troisième 8, le quatrième 4 pour un total de 88 items.

#### Facteur 1 : negative emotions

	T.	T 1 1
	Item	Label
trq8	8	8. I feel annoyed in sessions with him/her.
trq12	12	12. I feel criticized by him/her.
trq22	22	22. I feel frustrated in sessions with him/her.
trq30	30	30. I feel anxious working with him/her.
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.
trq15	15	15. I feel angry at him/her.
trq36	36	36. I feel incompetent or inadequate working with him/her.
trq46	46	46. I feel mistreated or abused by him/her.
trq52	52	52. I feel hopeless working with him/her.
trq2	2	2. At times I dislike him/her.
trq27	27	27. I get enraged at him/her.
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.
trq5	5	5. I wish I had never taken him/her on as a patient.
trq13	13	13. I dread sessions with him/her.
trq68	68	68. I feel less successful helping him/her than other patients.
trq34	34	34. I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explod
trq51	51	51. I feel overwhelmed by his/her needs.
trq33	33	33. I feel used or manipulated by him/her.
trq45	45	45. I have trouble relating to the feelings s/he expresses.
trq58	58	58. I think or fantasize about ending the treatment.
trq75	75	75. I watch the clock with him/her more than with my other patients.
trq6	6	6. I feel dismissed or devalued.
trq78	78	78. I begin sessions late with him/her more than with my other patients.
trq35	35	35. S/he frightens me.
trq44	44	44. I feel like I'm being mean or cruel to him/her.
trq48	48	48. I lose my temper with him/her.
trq26	26	26. I feel overwhelmed by his/her strong emotions.
trq29	29	29. S/he tends to stir up strong feelings in me.
trq55	55	55. I feel pushed to set very firm limits with him/her.
trq57	57	57. I feel resentful working with him/her.
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
trq37	37	37. I find myself being controlling with him/her.
trq63	63	63. I feel unappreciated by him/her.
trq16	16	16. I feel bored in sessions with him/her.
trq10	10	10. I feel confused in sessions with him/her.
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.
trq62	62	62. I feel repulsed by him/her.
trq25	25	25. My mind often wanders to things other than what s/he is talking about.
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.
trq11	11	11. I don't trust what s/he's telling me.
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.
trq24	24	24. I feel guilty about my feelings toward him/her.
trq43	43	43. I regret things I have said to him/her.
trq9	9	9. I don't feel fully engaged in sessions with him/her.
trq18	18	18. I feel depressed in sessions with him/her.
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.
trq38	38	38. I feel interchangeable—that I could be anyone to him/her.
trq54	54	54. I think s/he might do better with another therapist or in a different kind of therapy.
trq53	53	53. I feel pleased or satisfied after sessions with him/her.
trq3	3	3. I find it exciting working with him/her.
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.

### Facteur 2: clinical implication

	Item	Label
trq42	42	42. I feel like I want to protect him/her.
trq74	74	74. S/he is one of my favorite patients.
trq64	64	64. I have warm, almost parental feelings toward him/her.
trq65	65	65. I like him/her very much.
trq47	47	47. I feel nurturant toward him/her.
trq53	53	53. I feel pleased or satisfied after sessions with him/her.
trq19	19	19. I look forward to sessions with him/her.
trq21	21	21. I wish I could give him/her what others never could.
trq40	40	40. I feel like I understand him/her.
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.
trq66	66	66. I worry about him/her after sessions more than other patients.
trq4	4	4. I feel compassion for him/her.
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.
trq67	67	67. I end sessions overtime with him/her more than with my other patients.
trq71	71	71. I disclose my feelings with him/her more than with other patients.
trq23	23	23. S/he makes me feel good about myself.
trq3	3	3. I find it exciting working with him/her.
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.
trq56	56	56. I find myself being flirtatious with him/her.
trq28	28	28. I feel guilty when s/he is distressed or deteriorates, as if I must be somehow responsible.
trq49	49	49. I feel sad in sessions with him/her.
trq72	72	72. I call him/her between sessions more than my other patients.
trq14	14	14. I feel angry at people in his/her life.
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### Facteur 3: anger

	Item	Label	Loading
trq41	41	41. I tell him/her I'm angry at him/her.	0.47
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.38
trq48	48	48. I lose my temper with him/her.	0.35
trq27	27	27. I get enraged at him/her.	0.34
trq18	18	18. I feel depressed in sessions with him/her.	-0.31
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.	-0.33
trq36	36	36. I feel incompetent or inadequate working with him/her.	-0.34
trq68	68	68. I feel less successful helping him/her than other patients.	-0.35

#### Facteur 4: none

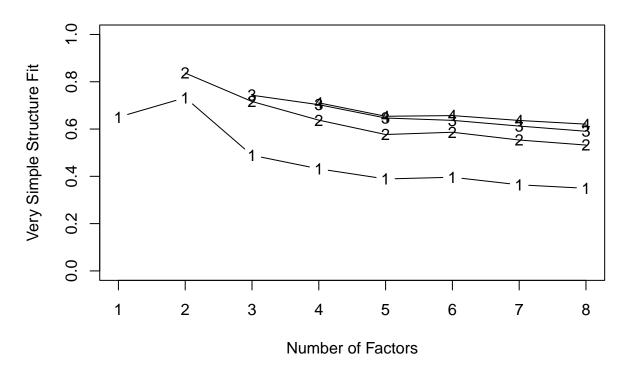
	Item	Label	Loading
trq61	61	61. I feel sexual tension in the room.	-0.30
trq56	56	56. I find myself being flirtatious with him/her.	-0.32
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.	-0.32
trq71	71	71. I disclose my feelings with him/her more than with other patients.	-0.33

# Rotation promax

N = 608

### Very Simple Structure

# **Very Simple Structure**

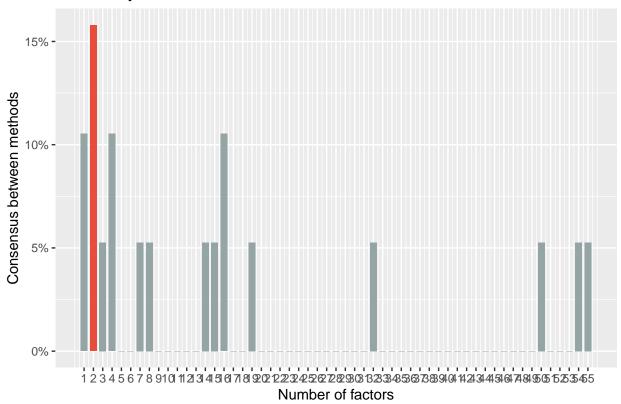


Le Very Simple Structure criterion propose une solution à 3 voire 4 facteurs.

#### Method Agreement Procedure

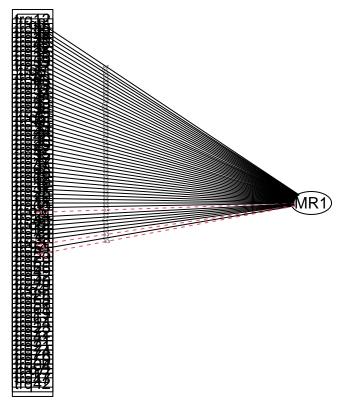
n\_factors utilise 14 méthodes pour proposer la solution factorielle la plus fréquemment proposée :

# How many factors to retain



#### 1 facteur

# **Factor Analysis**



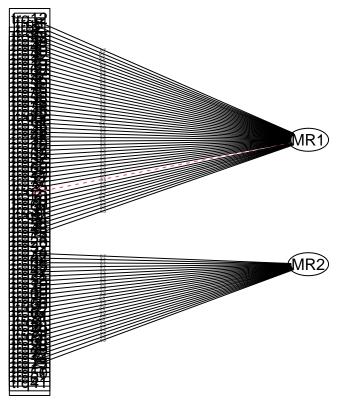
Le RMSEA est égal à 0.08, le root mean square of the residuals (RMSR) est égal à 0.12 (de préférence < .08) et le Tucker Lewis Index est égal à 0.43. Le premier facteur explique 20~%. Le premier facteur compte 51 items.

#### Facteur 1 : negative emotions

	Item	Label
trq12	12	12. I feel criticized by him/her.
trq8	8	8. I feel annoyed in sessions with him/her.
trq30	30	30. I feel anxious working with him/her.
trq22	22	22. I feel frustrated in sessions with him/her.
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.
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trq52	52	52. I feel hopeless working with him/her.
trq36	36	36. I feel incompetent or inadequate working with him/her.
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.
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trq33	33	33. I feel used or manipulated by him/her.
trq45	45	45. I have trouble relating to the feelings s/he expresses.
trq58	58	<ul><li>58. I think or fantasize about ending the treatment.</li><li>75. I watch the clock with him/her more than with my other patients.</li></ul>
trq75	75 6	6. I feel dismissed or devalued.
trq6	6	
trq78	78	78. I begin sessions late with him/her more than with my other patients.  35. S/he frightens me.
trq35	35 44	44. I feel like I'm being mean or cruel to him/her.
$\frac{\text{trq44}}{\text{trq26}}$	26	26. I feel overwhelmed by his/her strong emotions.
trq26	48	48. I lose my temper with him/her.
trq29	29	29. S/he tends to stir up strong feelings in me.
$\frac{\text{trq}29}{\text{trq}55}$	55	55. I feel pushed to set very firm limits with him/her.
trq57	57	57. I feel resentful working with him/her.
trq37	37	37. I find myself being controlling with him/her.
$\frac{\text{trq}57}{\text{trq}77}$	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
trq63	63	63. I feel unappreciated by him/her.
trq16	16	16. I feel bored in sessions with him/her.
trq62	62	62. I feel repulsed by him/her.
trq10	10	10. I feel confused in sessions with him/her.
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.
trq25	25	25. My mind often wanders to things other than what s/he is talking about.
trq11	11	11. I don't trust what s/he's telling me.
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.
trq24	24	24. I feel guilty about my feelings toward him/her.
trq43	43	43. I regret things I have said to him/her.
trq9	9	9. I don't feel fully engaged in sessions with him/her.
trq18	18	18. I feel depressed in sessions with him/her.
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.
trq38	38	38. I feel interchangeable—that I could be anyone to him/her.
trq54	54	54. I think s/he might do better with another therapist or in a different kind of therapy.
trq53	53	53. I feel pleased or satisfied after sessions with him/her.
trq3	3	3. I find it exciting working with him/her.
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.

#### 2 facteurs

# **Factor Analysis**



Le RMSEA est égal à 0.06, le root mean square of the residuals (RMSR) est égal à 0.06 (de préférence < .08) et le Tucker Lewis Index est égal à 0.65. Le premier facteur explique 20 %, le deuxième explique 11 % de la variance totale pour une variance cumulée égale à 31 %. Le premier facteur compte 52 items, le deuxième 28 items pour un total de 80 items.

#### Facteur 1 : negative emotions

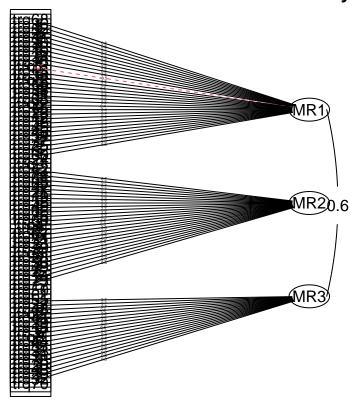
	-	
	Item	Label
trq12	12	12. I feel criticized by him/her.
trq8	8	8. I feel annoyed in sessions with him/her.
trq2	2	2. At times I dislike him/her.
trq5	5	5. I wish I had never taken him/her on as a patient.
trq22	22	22. I feel frustrated in sessions with him/her.
trq30	30	30. I feel anxious working with him/her.
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.
trq46	46	46. I feel mistreated or abused by him/her.
trq15	15	15. I feel angry at him/her.
trq52	52	52. I feel hopeless working with him/her.
trq13	13	13. I dread sessions with him/her.
trq27	27	27. I get enraged at him/her.
trq68	68	68. I feel less successful helping him/her than other patients.
trq36	36	36. I feel incompetent or inadequate working with him/her.
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.
trq75	75	75. I watch the clock with him/her more than with my other patients.
trq33	33	33. I feel used or manipulated by him/her.
trq34	34	34. I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explod
trq58	58	58. I think or fantasize about ending the treatment.
trq78	78	78. I begin sessions late with him/her more than with my other patients.
trq6	6	6. I feel dismissed or devalued.
trq45	45	45. I have trouble relating to the feelings s/he expresses.
trq51	51	51. I feel overwhelmed by his/her needs.
trq35	35	35. S/he frightens me.
trq44	44	44. I feel like I'm being mean or cruel to him/her.
trq48	48	48. I lose my temper with him/her.
trq55	55	55. I feel pushed to set very firm limits with him/her.
trq16	16	16. I feel bored in sessions with him/her.
trq57	57	57. I feel resentful working with him/her.
trq63	63	63. I feel unappreciated by him/her.
trq37	37	37. I find myself being controlling with him/her.
trq11	11	11. I don't trust what s/he's telling me.
trq26	26	26. I feel overwhelmed by his/her strong emotions.
trq29	29	29. S/he tends to stir up strong feelings in me.
trq62	62	62. I feel repulsed by him/her.
trq25	25	25. My mind often wanders to things other than what s/he is talking about.
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
trq10	10	10. I feel confused in sessions with him/her.
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.
trq9	9	9. I don't feel fully engaged in sessions with him/her.
trq24	24	24. I feel guilty about my feelings toward him/her.
trq38	38	38. I feel interchangeable—that I could be anyone to him/her.
trq43	43	43. I regret things I have said to him/her.
trq18	18	18. I feel depressed in sessions with him/her.
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.
trq65	65	65. I like him/her very much.
trq40	40	40. I feel like I understand him/her.
trq53	53	53. I feel pleased or satisfied after sessions with him/her.
trq3	3	3. I find it exciting working with him/her.
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.

### Facteur 2: clinical implication

	Item	Label
trq42	42	42. I feel like I want to protect him/her.
trq74	74	74. S/he is one of my favorite patients.
trq64	64	64. I have warm, almost parental feelings toward him/her.
trq65	65	65. I like him/her very much.
trq47	47	47. I feel nurturant toward him/her.
trq21	21	21. I wish I could give him/her what others never could.
trq53	53	53. I feel pleased or satisfied after sessions with him/her.
trq19	19	19. I look forward to sessions with him/her.
trq40	40	40. I feel like I understand him/her.
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.
trq66	66	66. I worry about him/her after sessions more than other patients.
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.
trq67	67	67. I end sessions overtime with him/her more than with my other patients.
trq71	71	71. I disclose my feelings with him/her more than with other patients.
trq4	4	4. I feel compassion for him/her.
trq23	23	23. S/he makes me feel good about myself.
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.
trq3	3	3. I find it exciting working with him/her.
trq28	28	28. I feel guilty when s/he is distressed or deteriorates, as if I must be somehow responsible.
trq56	56	56. I find myself being flirtatious with him/her.
trq49	49	49. I feel sad in sessions with him/her.
trq72	72	72. I call him/her between sessions more than my other patients.
trq14	14	14. I feel angry at people in his/her life.
trq29	29	29. S/he tends to stir up strong feelings in me.
trq26	26	26. I feel overwhelmed by his/her strong emotions.
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.

#### 3 facteurs

# **Factor Analysis**



Le RMSEA est égal à 0.06, le root mean square of the residuals (RMSR) est égal à 0.05 (de préférence < .08) et le Tucker Lewis Index est égal à 0.69. Le premier facteur explique 14~%, le deuxième explique 11~%, le troisième 9~% de la variance totale pour une variance cumulée égale à 34~%. Le premier facteur compte 37 items, le deuxième 28 items le troisième 21 pour un total de 86 items.

#### Facteur 1 : incompetence

	Item	Label
trq68	68	68. I feel less successful helping him/her than other patients.
trq36	36	36. I feel incompetent or inadequate working with him/her.
trq52	52	52. I feel hopeless working with him/her.
trq22	22	22. I feel frustrated in sessions with him/her.
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.
trq18	18	18. I feel depressed in sessions with him/her.
trq30	30	30. I feel anxious working with him/her.
trq10	10	10. I feel confused in sessions with him/her.
trq16	16	16. I feel bored in sessions with him/her.
trq34	34	34. I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explod
trq13	13	13. I dread sessions with him/her.
trq35	35	35. S/he frightens me.
trq6	6	6. I feel dismissed or devalued.
trq38	38	38. I feel interchangeable—that I could be anyone to him/her.
trq51	51	51. I feel overwhelmed by his/her needs.
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.
trq63	63	63. I feel unappreciated by him/her.
trq5	5	5. I wish I had never taken him/her on as a patient.
trq26	26	26. I feel overwhelmed by his/her strong emotions.
trq75	75	75. I watch the clock with him/her more than with my other patients.
trq12	12	12. I feel criticized by him/her.
trq49	49	49. I feel sad in sessions with him/her.
trq58	58	58. I think or fantasize about ending the treatment.
trq45	45	45. I have trouble relating to the feelings s/he expresses.
trq46	46	46. I feel mistreated or abused by him/her.
trq54	54	54. I think s/he might do better with another therapist or in a different kind of therapy.
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
trq25	25	25. My mind often wanders to things other than what s/he is talking about.
trq62	62	62. I feel repulsed by him/her.
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.
trq66	66	66. I worry about him/her after sessions more than other patients.
trq8	8	8. I feel annoyed in sessions with him/her.
trq78	78	78. I begin sessions late with him/her more than with my other patients.
trq53	53	53. I feel pleased or satisfied after sessions with him/her.
trq41	41	41. I tell him/her I'm angry at him/her.
trq3	3	3. I find it exciting working with him/her.
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.

#### Facteur 2: protective

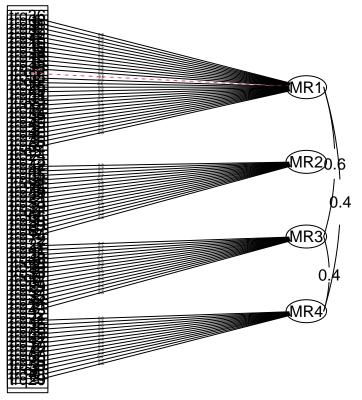
	Item	Label
trq42	42	42. I feel like I want to protect him/her.
trq74	74	74. S/he is one of my favorite patients.
trq64	64	64. I have warm, almost parental feelings toward him/her.
trq65	65	65. I like him/her very much.
trq47	47	47. I feel nurturant toward him/her.
trq21	21	21. I wish I could give him/her what others never could.
trq19	19	19. I look forward to sessions with him/her.
trq53	53	53. I feel pleased or satisfied after sessions with him/her.
trq40	40	40. I feel like I understand him/her.
trq66	66	66. I worry about him/her after sessions more than other patients.
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.
trq4	4	4. I feel compassion for him/her.
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.
trq67	67	67. I end sessions overtime with him/her more than with my other patients.
trq23	23	23. S/he makes me feel good about myself.
trq71	71	71. I disclose my feelings with him/her more than with other patients.
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.
trq3	3	3. I find it exciting working with him/her.
trq28	28	28. I feel guilty when s/he is distressed or deteriorates, as if I must be somehow responsible.
trq49	49	49. I feel sad in sessions with him/her.
trq56	56	56. I find myself being flirtatious with him/her.
trq72	72	72. I call him/her between sessions more than my other patients.
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.
trq14	14	14. I feel angry at people in his/her life.
trq26	26	26. I feel overwhelmed by his/her strong emotions.
trq29	29	29. S/he tends to stir up strong feelings in me.
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.

### Facteur 3: anger

	Item	Label	Loading
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.69
trq27	27	27. I get enraged at him/her.	0.68
trq48	48	48. I lose my temper with him/her.	0.65
trq2	2	2. At times I dislike him/her.	0.63
trq41	41	41. I tell him/her I'm angry at him/her.	0.61
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.59
trq15	15	15. I feel angry at him/her.	0.53
trq37	37	37. I find myself being controlling with him/her.	0.49
trq8	8	8. I feel annoyed in sessions with him/her.	0.48
trq44	44	44. I feel like I'm being mean or cruel to him/her.	0.46
trq57	57	57. I feel resentful working with him/her.	0.44
trq33	33	33. I feel used or manipulated by him/her.	0.43
trq11	11	11. I don't trust what s/he's telling me.	0.36
trq12	12	12. I feel criticized by him/her.	0.36
trq78	78	78. I begin sessions late with him/her more than with my other patients.	0.35
trq20	20	20. I feel envious of, or competitive with him/her.	0.34
trq46	46	46. I feel mistreated or abused by him/her.	0.34
trq43	43	43. I regret things I have said to him/her.	0.33
trq29	29	29. S/he tends to stir up strong feelings in me.	0.32
trq32	32	32. His/her sexual feelings toward me make me anxious or uncomfortable.	0.31
trq4	4	4. I feel compassion for him/her.	-0.31

# 4 facteurs

# **Factor Analysis**



Le RMSEA est égal à 0.05, le root mean square of the residuals (RMSR) est égal à 0.05 (de préférence < .08) et le Tucker Lewis Index est égal à 0.73. Le premier facteur explique 14 %, le deuxième explique 10 %, le troisième 8 %, le quatrième 5 % de la variance totale pour une variance cumulée égale à 37 %. Le premier facteur compte 36 items, le deuxième 25 items le troisième 16, le quatrième 16 pour un total de 93 items.

#### Facteur 1 : incompetence

trq68 68 I feel less successful helping him/her than other patients.  trq68 68 I feel less successful helping him/her than other patients.  trq31 31 31 I feel I am failing to help him/her or I worry that I won't be able to help him/her.  trq22 22 22 1 feel frustrated in sessions with him/her.  trq18 18 18 I feel depressed in sessions with him/her.  trq10 10 10 I of feel confused in sessions with him/her.  trq30 30 30 I feel anxious working with him/her.  trq30 34 34 I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explor  trq14 16 16 I feel bored in sessions with him/her.  trq33 35 S/he frightens me.  trq34 35 35 S/he frightens me.  trq35 36 36 S/he frightens me.  trq43 38 38 I feel interchangeable—that I could be anyone to him/her.  trq43 39 38 I feel overwhelmed by his/her strong emotions.  trq49 49 49 I feel sad in sessions with him/her.  trq49 5 5 I. I feel overwhelmed by his/her needs.  trq40 63 63 I feel unappreciated by him/her.  trq51 51 51 I feel overwhelmed by his/her needs.  trq63 63 63 I feel unappreciated by him/her.  trq54 54 54 I think s/he might do better with another therapist or in a different kind of therapy.  trq59 59 59 I feel like my hands have been tied or that I have been put in an impossible bind.  trq45 45 45 I have trouble relating to the feelings s/he expresses.  trq45 58 58 I think or fantasize about ending the treatment.  trq46 46 46 I feel mistreated or abused by him/her.  trq47 77 75 75 I watch the clock with him/her more than with my other patients.  trq68 66 66 I worry about him/her sees soins more than other patients.  trq69 29 29 S/he tends to stir up strong feelings in me.  trq69 60 66 I worry about him/her after sessions more than other patients.  trq69 61 62 I feel repulsed by him/her.  trq60 71 71 I watch the clock with him/her more than with my other patients.  trq60 72 73 I watch the clock with him/her more than with my other patients.  trq61 73 74 I watch the clock with him/her more than other patients.  trq62 75 75 I wa		Item	Label
trq31 31 31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.  trq32 52 52. I feel hopeless working with him/her.  trq32 12 22. I feel frustrated in sessions with him/her.  trq18 18 18. I feel depressed in sessions with him/her.  trq10 10 10. I feel confused in sessions with him/her.  trq30 30 30. I feel anxious working with him/her.  trq34 34 34. I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explore trq16 16 16. I feel bored in sessions with him/her.  trq35 35 35. S/he frightens me.  trq36 6 6. I feel dismissed or devalued.  trq38 38 38. I feel interchangeable—that I could be anyone to him/her.  trq49 49 49. I feel sad in sessions with him/her.  trq40 49 49. I feel overwhelmed by his/her needs.  trq49 49 49. I feel warpwelmed by his/her needs.  trq49 51 51 51. I feel overwhelmed by his/her needs.  trq49 52 53 63 63. I feel unappreciated by him/her.  trq51 54 54. I think s/he might do better with another therapist or in a different kind of therapy.  trq54 54 54. I think s/he might do better with another therapist or in a different kind of therapy.  trq54 55 55. I wish I had never taken him/her on that I have been put in an impossible bind.  trq45 46 46. I feel mistreated or abused by him/her.  trq57 75 75. I watch the clock with him/her more than with my other patients.  trq48 8 8. I feel annoyed in sessions with him/her.  trq49 29 29. S/he tends to stir up strong feelings in me.  trq52 52 5. My mind often wanders to things other than what s/he is talking about.  trq49 28 28. I feel guilty when s/he is distressed or deteriorates, as if I must be somehow responsible.  trq48 40 41. I tell him/her I'm angry at him/her.	trq36	36	36. I feel incompetent or inadequate working with him/her.
trq52 52 52. I feel hopeless working with him/her. trq42 22 22 22. I feel frustrated in sessions with him/her. trq18 18 18. I feel depressed in sessions with him/her. trq10 10 10. I feel confused in sessions with him/her. trq30 30 30. I feel anxious working with him/her. trq34 34 34. I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explore trq16 16 16. I feel bored in sessions with him/her. trq33 35 35. S/he frightens me. trq46 66 I. I feel dismissed or devalued. trq48 38 38. I feel interchangeable—that I could be anyone to him/her. trq49 49 49. I feel sad in sessions with him/her. trq51 51. I feel overwhelmed by his/her strong emotions. trq49 49. I feel sad in sessions with him/her. trq51 55. I wish I had never taken him/her. trq52 55. I wish I had never taken him/her. trq54 54. I think s/he might do better with another therapist or in a different kind of therapy. trq59 59. I feel like my hands have been tied or that I have been put in an impossible bind. trq45 45. I have trouble relating to the feelings s/he expresses. trq46 46 46. I feel mistreated or abused by him/her. trq46 46 46. I feel mistreated or abused by him/her. trq47 57 75. I watch the clock with him/her more than with my other patients. trq40 49 49. Sh. I feel amoyed in sessions with him/her. trq42 49 49. I feel amoyed in sessions with him/her.			
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trq3 3 3. I find it exciting working with him/her.	trq53	53	
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trq1 1 1. I am very hopeful about the gains s/he is making or will likely make in treatment.	trq3	3	3. I find it exciting working with him/her.
	trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.

### Facteur 2: protective

	Item	Label
trq42	42	42. I feel like I want to protect him/her.
trq47	47	47. I feel nurturant toward him/her.
trq65	65	65. I like him/her very much.
trq64	64	64. I have warm, almost parental feelings toward him/her.
trq4	4	4. I feel compassion for him/her.
trq74	74	74. S/he is one of my favorite patients.
trq21	21	21. I wish I could give him/her what others never could.
trq40	40	40. I feel like I understand him/her.
trq53	53	53. I feel pleased or satisfied after sessions with him/her.
trq19	19	19. I look forward to sessions with him/her.
trq3	3	3. I find it exciting working with him/her.
trq66	66	66. I worry about him/her after sessions more than other patients.
trq49	49	49. I feel sad in sessions with him/her.
trq23	23	23. S/he makes me feel good about myself.
trq28	28	28. I feel guilty when s/he is distressed or deteriorates, as if I must be somehow responsible.
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.
trq29	29	29. S/he tends to stir up strong feelings in me.
trq67	67	67. I end sessions overtime with him/her more than with my other patients.
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.
trq14	14	14. I feel angry at people in his/her life.
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.
trq26	26	26. I feel overwhelmed by his/her strong emotions.
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.
trq78	78	78. I begin sessions late with him/her more than with my other patients.

### Facteur 3: anger

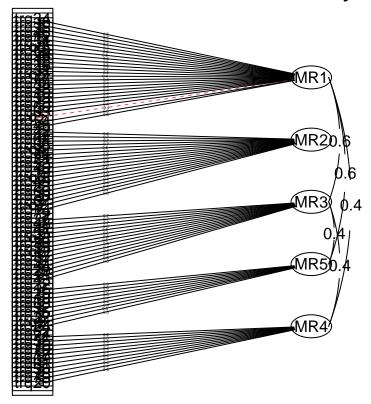
	Item	Label	Loading
trq27	27	27. I get enraged at him/her.	0.74
trq41	41	41. I tell him/her I'm angry at him/her.	0.72
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.72
trq48	48	48. I lose my temper with him/her.	0.71
trq2	2	2. At times I dislike him/her.	0.63
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.56
trq15	15	15. I feel angry at him/her.	0.55
trq8	8	8. I feel annoyed in sessions with him/her.	0.49
trq37	37	37. I find myself being controlling with him/her.	0.49
trq29	29	29. S/he tends to stir up strong feelings in me.	0.41
trq33	33	33. I feel used or manipulated by him/her.	0.40
trq57	57	57. I feel resentful working with him/her.	0.40
trq44	44	44. I feel like I'm being mean or cruel to him/her.	0.39
trq11	11	11. I don't trust what s/he's telling me.	0.35
trq12	12	12. I feel criticized by him/her.	0.32
trq43	43	43. I regret things I have said to him/her.	0.32

Facteur 4: loss of professionnal distance

	Item	Label
trq71	71	71. I disclose my feelings with him/her more than with other patients.
trq56	56	56. I find myself being flirtatious with him/her.
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.
trq17	17	17. I feel sexually attracted to him/her.
trq61	61	61. I feel sexual tension in the room.
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.
trq50	50	50. I tell him/her I love him/her.
trq78	78	78. I begin sessions late with him/her more than with my other patients.
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.
trq67	67	67. I end sessions overtime with him/her more than with my other patients.
trq20	20	20. I feel envious of, or competitive with him/her.

#### 5 facteurs

## **Factor Analysis**



Le RMSEA est égal à 0.05, le root mean square of the residuals (RMSR) est égal à 0.04 (de préférence < .08) et le Tucker Lewis Index est égal à 0.77. Le premier facteur explique 11 %, le deuxième explique 10 %, le troisième 7 %, la quatrième 6 %, le cinquième 4 % de la variance totale pour une variance cumulée égale à 38 %. Le premier facteur compte 29 items, le deuxième 23 items le troisième 15 items, le quatrième 14

items, le cinquième 14 items, pour un total de 107 items.

#### Facteur 1: overwhelmed

trq34	9.4	
uqə4	34	34. I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explod
trq30	30	30. I feel anxious working with him/her.
trq35	35	35. S/he frightens me.
trq46	46	46. I feel mistreated or abused by him/her.
trq12	12	12. I feel criticized by him/her.
trq51	51	51. I feel overwhelmed by his/her needs.
trq6	6	6. I feel dismissed or devalued.
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.
trq36	36	36. I feel incompetent or inadequate working with him/her.
trq13	13	13. I dread sessions with him/her.
trq26	26	26. I feel overwhelmed by his/her strong emotions.
trq5	5	5. I wish I had never taken him/her on as a patient.
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
trq33	33	33. I feel used or manipulated by him/her.
trq68	68	68. I feel less successful helping him/her than other patients.
trq38	38	38. I feel interchangeable—that I could be anyone to him/her.
trq10	10	10. I feel confused in sessions with him/her.
trq58	58	58. I think or fantasize about ending the treatment.
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.
trq63	63	63. I feel unappreciated by him/her.
trq66	66	66. I worry about him/her after sessions more than other patients.
trq22	22	22. I feel frustrated in sessions with him/her.
trq52	52	52. I feel hopeless working with him/her.
trq29	29	29. S/he tends to stir up strong feelings in me.
trq54	54	54. I think s/he might do better with another therapist or in a different kind of therapy.
trq45	45	45. I have trouble relating to the feelings s/he expresses.
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.

### Facteur 2: protective

	Item	Label
trq42	42	42. I feel like I want to protect him/her.
trq47	47	47. I feel nurturant toward him/her.
trq64	64	64. I have warm, almost parental feelings toward him/her.
trq65	65	65. I like him/her very much.
trq4	4	4. I feel compassion for him/her.
trq74	74	74. S/he is one of my favorite patients.
trq21	21	21. I wish I could give him/her what others never could.
trq40	40	40. I feel like I understand him/her.
trq53	53	53. I feel pleased or satisfied after sessions with him/her.
trq19	19	19. I look forward to sessions with him/her.
trq3	3	3. I find it exciting working with him/her.
trq49	49	49. I feel sad in sessions with him/her.
trq23	23	23. S/he makes me feel good about myself.
trq66	66	66. I worry about him/her after sessions more than other patients.
trq28	28	28. I feel guilty when s/he is distressed or deteriorates, as if I must be somehow responsible.
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.
trq67	67	67. I end sessions overtime with him/her more than with my other patients.
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.
trq29	29	29. S/he tends to stir up strong feelings in me.
trq14	14	14. I feel angry at people in his/her life.
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.

#### Facteur 3: anger

	Item	Label	Loading
trq27	27	27. I get enraged at him/her.	0.70
trq48	48	48. I lose my temper with him/her.	0.69
trq41	41	41. I tell him/her I'm angry at him/her.	0.67
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.64
trq2	2	2. At times I dislike him/her.	0.62
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.54
trq15	15	15. I feel angry at him/her.	0.53
trq8	8	8. I feel annoyed in sessions with him/her.	0.52
trq37	37	37. I find myself being controlling with him/her.	0.47
trq57	57	57. I feel resentful working with him/her.	0.39
trq44	44	44. I feel like I'm being mean or cruel to him/her.	0.38
trq29	29	29. S/he tends to stir up strong feelings in me.	0.37
trq33	33	33. I feel used or manipulated by him/her.	0.34
trq11	11	11. I don't trust what s/he's telling me.	0.32
trq43	43	43. I regret things I have said to him/her.	0.30

#### Facteur 4: boredom

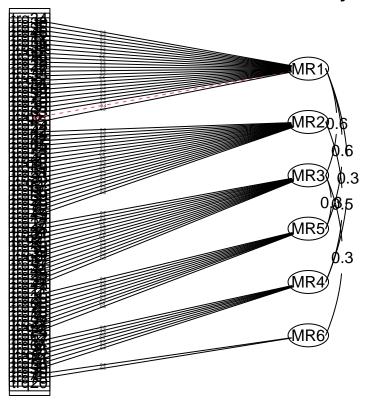
	Item	Label	Loading
trq16	16	16. I feel bored in sessions with him/her.	0.75
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	0.59
trq18	18	18. I feel depressed in sessions with him/her.	0.49
trq68	68	68. I feel less successful helping him/her than other patients.	0.46
trq52	52	52. I feel hopeless working with him/her.	0.44
trq75	75	75. I watch the clock with him/her more than with my other patients.	0.44
trq8	8	8. I feel annoyed in sessions with him/her.	0.41
trq22	22	22. I feel frustrated in sessions with him/her.	0.41
trq36	36	36. I feel incompetent or inadequate working with him/her.	0.34
trq9	9	9. I don't feel fully engaged in sessions with him/her.	0.33
trq24	24	24. I feel guilty about my feelings toward him/her.	0.32
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.	0.31
trq49	49	49. I feel sad in sessions with him/her.	0.31
trq3	3	3. I find it exciting working with him/her.	-0.44

#### Facteur 5: seduction

	Item	Label
trq71	71	71. I disclose my feelings with him/her more than with other patients.
trq56	56	56. I find myself being flirtatious with him/her.
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.
trq17	17	17. I feel sexually attracted to him/her.
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.
trq61	61	61. I feel sexual tension in the room.
trq50	50	50. I tell him/her I love him/her.
trq78	78	78. I begin sessions late with him/her more than with my other patients.
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
trq20	20	20. I feel envious of, or competitive with him/her.

# 6 facteurs

# **Factor Analysis**



Le RMSEA est égal à 0.05, le root mean square of the residuals (RMSR) est égal à 0.04 (de préférence < .08) et le Tucker Lewis Index est égal à 0.79. Le premier facteur explique 12~%, le deuxième explique 10~%, le troisième 7~%, le quatrième 6~%, le cinquième 3~%, le sixième 3~% de la variance totale pour une variance cumulée égale à 41~%. Le premier facteur compte 28 items, le deuxième 22 items le troisième 14 items, le quatrième 12 items, le cinquième 8 items, le sixième 4 items pour un total de 105 items.

#### Facteur 1: overwhelmed

	Item	Label
trq34	34	34. I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explod
trq30	30	30. I feel anxious working with him/her.
trq35	35	35. S/he frightens me.
trq46	46	46. I feel mistreated or abused by him/her.
trq12	12	12. I feel criticized by him/her.
trq51	51	51. I feel overwhelmed by his/her needs.
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.
trq6	6	6. I feel dismissed or devalued.
trq36	36	36. I feel incompetent or inadequate working with him/her.
trq13	13	13. I dread sessions with him/her.
trq26	26	26. I feel overwhelmed by his/her strong emotions.
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
trq33	33	33. I feel used or manipulated by him/her.
trq5	5	5. I wish I had never taken him/her on as a patient.
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.
trq68	68	68. I feel less successful helping him/her than other patients.
trq58	58	58. I think or fantasize about ending the treatment.
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.
trq10	10	10. I feel confused in sessions with him/her.
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.
trq38	38	38. I feel interchangeable—that I could be anyone to him/her.
trq63	63	63. I feel unappreciated by him/her.
trq66	66	66. I worry about him/her after sessions more than other patients.
trq22	22	22. I feel frustrated in sessions with him/her.
trq52	52	52. I feel hopeless working with him/her.
trq29	29	29. S/he tends to stir up strong feelings in me.
trq45	45	45. I have trouble relating to the feelings s/he expresses.
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.

# Facteur 2: protective

	Item	Label
trq42	42	42. I feel like I want to protect him/her.
trq64	64	64. I have warm, almost parental feelings toward him/her.
trq47	47	47. I feel nurturant toward him/her.
trq65	65	65. I like him/her very much.
trq74	74	74. S/he is one of my favorite patients.
trq53	53	53. I feel pleased or satisfied after sessions with him/her.
trq40	40	40. I feel like I understand him/her.
trq4	4	4. I feel compassion for him/her.
trq19	19	19. I look forward to sessions with him/her.
trq21	21	21. I wish I could give him/her what others never could.
trq23	23	23. S/he makes me feel good about myself.
trq3	3	3. I find it exciting working with him/her.
trq67	67	67. I end sessions overtime with him/her more than with my other patients.
trq66	66	66. I worry about him/her after sessions more than other patients.
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.
trq28	28	28. I feel guilty when s/he is distressed or deteriorates, as if I must be somehow responsible.
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.
trq71	71	71. I disclose my feelings with him/her more than with other patients.
trq72	72	72. I call him/her between sessions more than my other patients.
trq49	49	49. I feel sad in sessions with him/her.
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.

#### Facteur 3: anger

	Item	Label	Loading
trq27	27	27. I get enraged at him/her.	0.73
trq48	48	48. I lose my temper with him/her.	0.70
trq41	41	41. I tell him/her I'm angry at him/her.	0.64
trq2	2	2. At times I dislike him/her.	0.59
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.58
trq15	15	15. I feel angry at him/her.	0.54
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.54
trq8	8	8. I feel annoyed in sessions with him/her.	0.46
trq37	37	37. I find myself being controlling with him/her.	0.43
trq57	57	57. I feel resentful working with him/her.	0.39
trq44	44	44. I feel like I'm being mean or cruel to him/her.	0.38
trq29	29	29. S/he tends to stir up strong feelings in me.	0.37
trq32	32	32. His/her sexual feelings toward me make me anxious or uncomfortable.	0.34
trq43	43	43. I regret things I have said to him/her.	0.34

# Facteur 4: boredom

	Item	Label	Loading
trq16	16	16. I feel bored in sessions with him/her.	0.76
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	0.59
trq68	68	68. I feel less successful helping him/her than other patients.	0.47
trq18	18	18. I feel depressed in sessions with him/her.	0.46
trq75	75	75. I watch the clock with him/her more than with my other patients.	0.46
trq8	8	8. I feel annoyed in sessions with him/her.	0.44
trq52	52	52. I feel hopeless working with him/her.	0.44
trq22	22	22. I feel frustrated in sessions with him/her.	0.42
trq9	9	9. I don't feel fully engaged in sessions with him/her.	0.34
trq36	36	36. I feel incompetent or inadequate working with him/her.	0.33
trq24	24	24. I feel guilty about my feelings toward him/her.	0.31
trq3	3	3. I find it exciting working with him/her.	-0.44

#### Facteur 5: sexualized

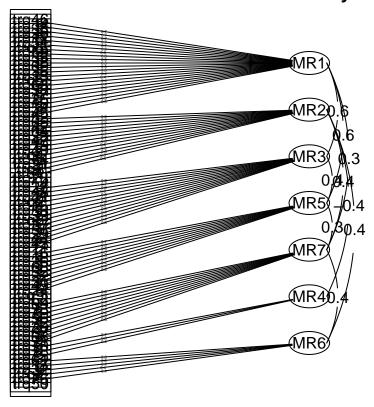
	Item	Label	Loading
trq17	17	17. I feel sexually attracted to him/her.	0.63
trq61	61	61. I feel sexual tension in the room.	0.58
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.	0.47
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.	0.39
trq71	71	71. I disclose my feelings with him/her more than with other patients.	0.38
trq50	50	50. I tell him/her I love him/her.	0.36
trq56	56	56. I find myself being flirtatious with him/her.	0.36
trq32	32	32. His/her sexual feelings toward me make me anxious or uncomfortable.	0.33

# Facteur 6: disengaged

-	Item	Label	Loa
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.	
trq78	78	78. I begin sessions late with him/her more than with my other patients.	
trq75	75	75. I watch the clock with him/her more than with my other patients.	
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.	

# 7 facteurs

# **Factor Analysis**



Le RMSEA est égal à 0.05, le root mean square of the residuals (RMSR) est égal à 0.03 (de préférence < .08) et le Tucker Lewis Index est égal à 0.81. Le premier facteur explique 10~%, le deuxième explique 8~%, le troisième 7~%, le quatrième 5~%, le cinquième 5~%, le sixième 3~%, le septième 3~% de la variance totale pour une variance cumulée égale à 41~%. Le premier facteur compte 24 items, le deuxième 14 items le troisième 14 items, le quatrième 14 items, le cinquième 11 items, le sixième 5 items, le septième 5 items pour un total de 114 items.

#### Facteur 1: mistreated

	Tt oron	Label
	Item	Label
trq46	46	46. I feel mistreated or abused by him/her.
trq34	34	34. I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explod
trq35	35	35. S/he frightens me.
trq30	30	30. I feel anxious working with him/her.
trq12	12	12. I feel criticized by him/her.
trq51	51	51. I feel overwhelmed by his/her needs.
trq6	6	6. I feel dismissed or devalued.
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.
trq33	33	33. I feel used or manipulated by him/her.
trq38	38	38. I feel interchangeable—that I could be anyone to him/her.
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.
trq13	13	13. I dread sessions with him/her.
trq36	36	36. I feel incompetent or inadequate working with him/her.
trq5	5	5. I wish I had never taken him/her on as a patient.
trq63	63	63. I feel unappreciated by him/her.
trq26	26	26. I feel overwhelmed by his/her strong emotions.
trq58	58	58. I think or fantasize about ending the treatment.
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
trq10	10	10. I feel confused in sessions with him/her.
trq68	68	68. I feel less successful helping him/her than other patients.
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.
trq54	54	54. I think s/he might do better with another therapist or in a different kind of therapy.
trq55	55	55. I feel pushed to set very firm limits with him/her.
trq45	45	45. I have trouble relating to the feelings s/he expresses.

# Facteur 2: protective

	Item	Label	Loading
trq53	53	53. I feel pleased or satisfied after sessions with him/her.	0.80
trq65	65	65. I like him/her very much.	0.78
trq42	42	42. I feel like I want to protect him/her.	0.73
trq64	64	64. I have warm, almost parental feelings toward him/her.	0.69
trq23	23	23. S/he makes me feel good about myself.	0.66
trq47	47	47. I feel nurturant toward him/her.	0.66
trq19	19	19. I look forward to sessions with him/her.	0.65
trq40	40	40. I feel like I understand him/her.	0.63
trq4	4	4. I feel compassion for him/her.	0.60
trq74	74	74. S/he is one of my favorite patients.	0.59
trq21	21	21. I wish I could give him/her what others never could.	0.55
trq3	3	3. I find it exciting working with him/her.	0.47
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.	0.31
trq67	67	67. I end sessions overtime with him/her more than with my other patients.	0.31

# Facteur 3: anger

	Item	Label	Loading
trq27	27	27. I get enraged at him/her.	0.76
trq48	48	48. I lose my temper with him/her.	0.72
trq2	2	2. At times I dislike him/her.	0.63
trq41	41	41. I tell him/her I'm angry at him/her.	0.63
trq15	15	15. I feel angry at him/her.	0.59
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.57
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.56
trq8	8	8. I feel annoyed in sessions with him/her.	0.51
trq37	37	37. I find myself being controlling with him/her.	0.46
trq29	29	29. S/he tends to stir up strong feelings in me.	0.40
trq57	57	57. I feel resentful working with him/her.	0.40
trq44	44	44. I feel like I'm being mean or cruel to him/her.	0.39
trq43	43	43. I regret things I have said to him/her.	0.35
trq32	32	32. His/her sexual feelings toward me make me anxious or uncomfortable.	0.32

# Facteur 4 : boredom

	Item	Label	Loading
trq16	16	16. I feel bored in sessions with him/her.	0.68
trq18	18	18. I feel depressed in sessions with him/her.	0.58
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	0.49
trq68	68	68. I feel less successful helping him/her than other patients.	0.49
trq52	52	52. I feel hopeless working with him/her.	0.47
trq22	22	22. I feel frustrated in sessions with him/her.	0.44
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.	0.41
trq36	36	36. I feel incompetent or inadequate working with him/her.	0.41
trq49	49	49. I feel sad in sessions with him/her.	0.41
trq75	75	75. I watch the clock with him/her more than with my other patients.	0.34
trq24	24	24. I feel guilty about my feelings toward him/her.	0.32
trq8	8	8. I feel annoyed in sessions with him/her.	0.31
trq55	55	55. I feel pushed to set very firm limits with him/her.	-0.30
trq3	3	3. I find it exciting working with him/her.	-0.40

# Facteur 5: loss of professional distance

	Item	Label
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.
trq56	56	56. I find myself being flirtatious with him/her.
trq72	72	72. I call him/her between sessions more than my other patients.
trq20	20	20. I feel envious of, or competitive with him/her.
trq67	67	67. I end sessions overtime with him/her more than with my other patients.
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
trq66	66	66. I worry about him/her after sessions more than other patients.
trq71	71	71. I disclose my feelings with him/her more than with other patients.
trq38	38	38. I feel interchangeable—that I could be anyone to him/her.

#### Facteur 6: disengaged

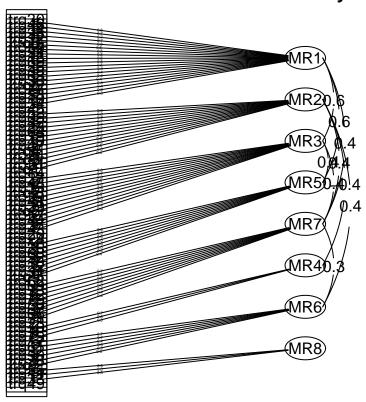
	Item	Label	Loa
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.	
trq78	78	78. I begin sessions late with him/her more than with my other patients.	
trq75	75	75. I watch the clock with him/her more than with my other patients.	
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.	
trq16	16	16. I feel bored in sessions with him/her.	

#### Facteur 7: sexualized

	Item	Label	Loading
trq61	61	61. I feel sexual tension in the room.	0.62
trq17	17	17. I feel sexually attracted to him/her.	0.61
trq32	32	32. His/her sexual feelings toward me make me anxious or uncomfortable.	0.42
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.	0.36
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.	0.36

#### 8 facteurs

# **Factor Analysis**



Le RMSEA est égal à 0.04, le root mean square of the residuals (RMSR) est égal à 0.03 (de préférence < .08) et le Tucker Lewis Index est égal à 0.83. Le premier facteur explique 10~%, le deuxième explique 8~%, le troisième 7~%, le quatrième 6~%, le cinquième 5~%, le sixième 3~%, le septième 2~%, le huitième 2~% de la variance totale pour une variance cumulée égale à 43~%. Le premier facteur compte 21 items, le deuxième 13 items, le quatrième 12 items, le cinquième 9 items, le sixième 4 items, le septième 7 items, le huitième 4 items pour un total de 117 items.

#### Facteur 1: mistreated

trq46		Item	Label
trq46	trq30	30	30. I feel anxious working with him/her.
trq35 35 35. S/he frightens me.  trq12 12 12. I feel criticized by him/her.  trq6 6 6. I feel dismissed or devalued.  trq59 59 59. I feel like my hands have been tied or that I have been put in an impossible bind.  trq51 51 51. I feel overwhelmed by his/her needs.  trq13 13 13. I dread sessions with him/her.  trq60 60 60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.  trq26 26 26. I feel overwhelmed by his/her strong emotions.  trq38 38 38. I feel interchangeable—that I could be anyone to him/her.  trq63 63 63. I feel unappreciated by him/her.  trq5 5 5. I wish I had never taken him/her on as a patient.  trq36 36 36. I feel incompetent or inadequate working with him/her.  trq77 77 77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the trq33 33 33. I feel used or manipulated by him/her.  trq58 58 58. I think or fantasize about ending the treatment.  trq10 10 10. I feel confused in sessions with him/her.  trq68 68 68. I feel less successful helping him/her than other patients.	trq34	34	34. I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explod
trq12 12 12. I feel criticized by him/her.  trq6 6 6. I feel dismissed or devalued.  trq59 59 59. I feel like my hands have been tied or that I have been put in an impossible bind.  trq51 51 51. I feel overwhelmed by his/her needs.  trq13 13 13. I dread sessions with him/her.  trq60 60 60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.  trq26 26 26. I feel overwhelmed by his/her strong emotions.  trq38 38 38. I feel interchangeable—that I could be anyone to him/her.  trq63 63 63. I feel unappreciated by him/her.  trq5 5 5. I wish I had never taken him/her on as a patient.  trq36 36 36. I feel incompetent or inadequate working with him/her.  trq77 77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the trq33 33 33. I feel used or manipulated by him/her.  trq58 58 58. I think or fantasize about ending the treatment.  trq10 10 10. I feel confused in sessions with him/her.	trq46	46	46. I feel mistreated or abused by him/her.
trq6 6 6. I feel dismissed or devalued.  trq59 59 59. I feel like my hands have been tied or that I have been put in an impossible bind.  trq51 51 51. I feel overwhelmed by his/her needs.  trq13 13 13. I dread sessions with him/her.  trq60 60 60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.  trq26 26 26. I feel overwhelmed by his/her strong emotions.  trq38 38 38. I feel interchangeable—that I could be anyone to him/her.  trq63 63 63. I feel unappreciated by him/her.  trq5 5 5. I wish I had never taken him/her on as a patient.  trq36 36 36. I feel incompetent or inadequate working with him/her.  trq77 77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the trq33 33 33. I feel used or manipulated by him/her.  trq58 58 58. I think or fantasize about ending the treatment.  trq10 10 10. I feel confused in sessions with him/her.  trq68 68 68. I feel less successful helping him/her than other patients.	trq35	35	35. S/he frightens me.
trq59 59 59. I feel like my hands have been tied or that I have been put in an impossible bind.  trq51 51 51. I feel overwhelmed by his/her needs.  trq13 13 13. I dread sessions with him/her.  trq60 60 60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.  trq26 26 26. I feel overwhelmed by his/her strong emotions.  trq38 38 38. I feel interchangeable—that I could be anyone to him/her.  trq63 63 63. I feel unappreciated by him/her.  trq5 5 5. I wish I had never taken him/her on as a patient.  trq36 36 36. I feel incompetent or inadequate working with him/her.  trq77 77 77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the trq33 33 33. I feel used or manipulated by him/her.  trq58 58 58. I think or fantasize about ending the treatment.  trq10 10 10. I feel confused in sessions with him/her.  trq68 68 68. I feel less successful helping him/her than other patients.	trq12	12	
trq51 51 51. I feel overwhelmed by his/her needs.  trq13 13 13. I dread sessions with him/her.  trq60 60 60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.  trq26 26 26. I feel overwhelmed by his/her strong emotions.  trq38 38 38. I feel interchangeable—that I could be anyone to him/her.  trq63 63 63. I feel unappreciated by him/her.  trq5 5 5. I wish I had never taken him/her on as a patient.  trq36 36 36. I feel incompetent or inadequate working with him/her.  trq77 77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the trq33 33 33. I feel used or manipulated by him/her.  trq58 58 58. I think or fantasize about ending the treatment.  trq10 10 10. I feel confused in sessions with him/her.  trq68 68 68. I feel less successful helping him/her than other patients.	trq6	6	6. I feel dismissed or devalued.
trq13 13 13. I dread sessions with him/her.  trq60 60 60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.  trq26 26 26. I feel overwhelmed by his/her strong emotions.  trq38 38 38. I feel interchangeable—that I could be anyone to him/her.  trq63 63 63. I feel unappreciated by him/her.  trq5 5 5. I wish I had never taken him/her on as a patient.  trq36 36 36. I feel incompetent or inadequate working with him/her.  trq77 77 77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the trq33 33 33. I feel used or manipulated by him/her.  trq58 58 58. I think or fantasize about ending the treatment.  trq10 10 10. I feel confused in sessions with him/her.  trq68 68 68. I feel less successful helping him/her than other patients.	trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.
trq60 60 60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.  trq26 26 26. I feel overwhelmed by his/her strong emotions.  trq38 38 38. I feel interchangeable—that I could be anyone to him/her.  trq63 63 63. I feel unappreciated by him/her.  trq5 5 5. I wish I had never taken him/her on as a patient.  trq36 36 36. I feel incompetent or inadequate working with him/her.  trq77 77 77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the trq33 33 33. I feel used or manipulated by him/her.  trq58 58 58. I think or fantasize about ending the treatment.  trq10 10 10. I feel confused in sessions with him/her.  trq68 68 68. I feel less successful helping him/her than other patients.	trq51	51	51. I feel overwhelmed by his/her needs.
trq26 26 26. I feel overwhelmed by his/her strong emotions.  trq38 38 38. I feel interchangeable—that I could be anyone to him/her.  trq63 63 63. I feel unappreciated by him/her.  trq5 5 5. I wish I had never taken him/her on as a patient.  trq36 36 36. I feel incompetent or inadequate working with him/her.  trq77 77 77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the trq33 33 33. I feel used or manipulated by him/her.  trq58 58 58. I think or fantasize about ending the treatment.  trq10 10 10. I feel confused in sessions with him/her.  trq68 68 68. I feel less successful helping him/her than other patients.	trq13	13	13. I dread sessions with him/her.
trq38 38 38. I feel interchangeable—that I could be anyone to him/her.  trq63 63 63. I feel unappreciated by him/her.  trq5 5 5. I wish I had never taken him/her on as a patient.  trq36 36 36. I feel incompetent or inadequate working with him/her.  trq77 77 77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the trq33 33 33. I feel used or manipulated by him/her.  trq58 58 58. I think or fantasize about ending the treatment.  trq10 10 10. I feel confused in sessions with him/her.  trq68 68 68. I feel less successful helping him/her than other patients.	trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.
trq63 63 63. I feel unappreciated by him/her.  trq5 5 5. I wish I had never taken him/her on as a patient.  trq36 36 36. I feel incompetent or inadequate working with him/her.  trq77 77 77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the trq33 33 33. I feel used or manipulated by him/her.  trq58 58 58. I think or fantasize about ending the treatment.  trq10 10 10. I feel confused in sessions with him/her.  trq68 68 68. I feel less successful helping him/her than other patients.	trq26	26	, , , , , , , , , , , , , , , , , , ,
trq5 5 5. I wish I had never taken him/her on as a patient.  trq36 36 36. I feel incompetent or inadequate working with him/her.  trq77 77 77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the trq33 33 33. I feel used or manipulated by him/her.  trq58 58 58. I think or fantasize about ending the treatment.  trq10 10 10. I feel confused in sessions with him/her.  trq68 68 68. I feel less successful helping him/her than other patients.	trq38	38	· · ·
trq36 36 36. I feel incompetent or inadequate working with him/her.  trq77 77 77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the trq33 33 33. I feel used or manipulated by him/her.  trq58 58 58. I think or fantasize about ending the treatment.  trq10 10 10. I feel confused in sessions with him/her.  trq68 68 68. I feel less successful helping him/her than other patients.	trq63	63	63. I feel unappreciated by him/her.
trq77 77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the trq33 33 33. I feel used or manipulated by him/her.  trq58 58 58. I think or fantasize about ending the treatment.  trq10 10 10. I feel confused in sessions with him/her.  trq68 68 68. I feel less successful helping him/her than other patients.	trq5	5	5. I wish I had never taken him/her on as a patient.
trq33 33 33. I feel used or manipulated by him/her.  trq58 58 58. I think or fantasize about ending the treatment.  trq10 10 10. I feel confused in sessions with him/her.  trq68 68 68. I feel less successful helping him/her than other patients.	trq36	36	36. I feel incompetent or inadequate working with him/her.
trq58 58 58. I think or fantasize about ending the treatment.  trq10 10 10. I feel confused in sessions with him/her.  trq68 68 68. I feel less successful helping him/her than other patients.	trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
trq10 10 10. I feel confused in sessions with him/her. trq68 68 68. I feel less successful helping him/her than other patients.	trq33	33	33. I feel used or manipulated by him/her.
trq68 68 68. I feel less successful helping him/her than other patients.	trq58	58	58. I think or fantasize about ending the treatment.
	trq10	10	10. I feel confused in sessions with him/her.
trq54   54   54. I think s/he might do better with another therapist or in a different kind of therapy.	trq68	68	68. I feel less successful helping him/her than other patients.
	trq54	54	54. I think s/he might do better with another therapist or in a different kind of therapy.

# Facteur 2: protective

	Item	Label	Loading
trq53	53	53. I feel pleased or satisfied after sessions with him/her.	0.85
trq65	65	65. I like him/her very much.	0.81
trq23	23	23. S/he makes me feel good about myself.	0.72
trq42	42	42. I feel like I want to protect him/her.	0.72
trq64	64	64. I have warm, almost parental feelings toward him/her.	0.71
trq19	19	19. I look forward to sessions with him/her.	0.69
trq40	40	40. I feel like I understand him/her.	0.66
trq47	47	47. I feel nurturant toward him/her.	0.65
trq4	4	4. I feel compassion for him/her.	0.61
trq74	74	74. S/he is one of my favorite patients.	0.60
trq3	3	3. I find it exciting working with him/her.	0.53
trq21	21	21. I wish I could give him/her what others never could.	0.51
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.	0.38

# Facteur 3: anger

	Item	Label	Loading
trq27	27	27. I get enraged at him/her.	0.78
trq48	48	48. I lose my temper with him/her.	0.72
trq15	15	15. I feel angry at him/her.	0.64
trq2	2	2. At times I dislike him/her.	0.59
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.58
trq41	41	41. I tell him/her I'm angry at him/her.	0.49
trq8	8	8. I feel annoyed in sessions with him/her.	0.47
trq29	29	29. S/he tends to stir up strong feelings in me.	0.47
trq57	57	57. I feel resentful working with him/her.	0.45
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.40
trq44	44	44. I feel like I'm being mean or cruel to him/her.	0.39
trq37	37	37. I find myself being controlling with him/her.	0.38
trq43	43	43. I regret things I have said to him/her.	0.38

#### Facteur 4 : boredom

	Item	Label	Loading
trq16	16	16. I feel bored in sessions with him/her.	0.80
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	0.54
trq68	68	68. I feel less successful helping him/her than other patients.	0.53
trq52	52	52. I feel hopeless working with him/her.	0.52
trq18	18	18. I feel depressed in sessions with him/her.	0.47
trq22	22	22. I feel frustrated in sessions with him/her.	0.47
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.	0.42
trq8	8	8. I feel annoyed in sessions with him/her.	0.40
trq36	36	36. I feel incompetent or inadequate working with him/her.	0.39
trq9	9	9. I don't feel fully engaged in sessions with him/her.	0.38
trq75	75	75. I watch the clock with him/her more than with my other patients.	0.38
trq3	3	3. I find it exciting working with him/her.	-0.46

### Facteur 5: loss of professional distance

	Item	Label
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.
trq72	72	, ,
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.
trq56	56	56. I find myself being flirtatious with him/her.
trq67	67	67. I end sessions overtime with him/her more than with my other patients.
trq66	66	66. I worry about him/her after sessions more than other patients.
trq71	71	71. I disclose my feelings with him/her more than with other patients.
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the

# Facteur 6: disengaged

	Item	Label	Loa
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.	
trq78		78. I begin sessions late with him/her more than with my other patients.	
trq75	75	75. I watch the clock with him/her more than with my other patients.	
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.	

#### Facteur 7: sexualized

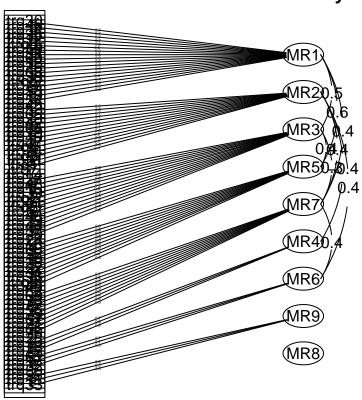
	Item	Label	Loading
trq17	17	17. I feel sexually attracted to him/her.	0.69
trq61	61	61. I feel sexual tension in the room.	0.68
trq32	32	32. His/her sexual feelings toward me make me anxious or uncomfortable.	0.44
trq50	50	50. I tell him/her I love him/her.	0.33
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.	0.33
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.	0.32
trq71	71	71. I disclose my feelings with him/her more than with other patients.	0.31

#### Facteur 8 : distrust

	Item	Label	Loading
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.55
trq11	11	11. I don't trust what s/he's telling me.	0.50
trq33	33	33. I feel used or manipulated by him/her.	0.47
trq41	41	41. I tell him/her I'm angry at him/her.	0.44

#### 9 facteurs

# **Factor Analysis**



Le RMSEA est égal à 0.04, le root mean square of the residuals (RMSR) est égal à 0.03 (de préférence < .08) et le Tucker Lewis Index est égal à 0.84. Le premier facteur explique 9 %, le deuxième explique 8 %, le troisième 7 %, le quatrième 6 %, le cinquième 5 % , le sixième 3 %, le septième 2 %, le huitième 2 %, le neuvième 2 % de la variance totale pour une variance cumulée égale à 44 %. Le premier facteur compte 20 items, le deuxième 13 items le troisième 14 items, le quatrième 14 items, le cinquième 11 items, le sixième 4 items, le septième 3 items, le huitième 4 items, le neuvième 3 items pour un total de 118 items.

# Facteur 1: mistreated

Item	Label
30	30. I feel anxious working with him/her.
46	46. I feel mistreated or abused by him/her.
34	34. I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explod
35	35. S/he frightens me.
12	12. I feel criticized by him/her.
6	6. I feel dismissed or devalued.
59	59. I feel like my hands have been tied or that I have been put in an impossible bind.
51	51. I feel overwhelmed by his/her needs.
13	13. I dread sessions with him/her.
60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.
26	26. I feel overwhelmed by his/her strong emotions.
	38. I feel interchangeable—that I could be anyone to him/her.
63	63. I feel unappreciated by him/her.
5	5. I wish I had never taken him/her on as a patient.
36	36. I feel incompetent or inadequate working with him/her.
77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
33	33. I feel used or manipulated by him/her.
58	58. I think or fantasize about ending the treatment.
10	10. I feel confused in sessions with him/her.
54	54. I think s/he might do better with another therapist or in a different kind of therapy.
	30 46 34 35 12 6 59 51 13 60 26 38 63 5 36 77 33 58 10

### Facteur 2: protective

	Item	Label	Loading
trq53	53	53. I feel pleased or satisfied after sessions with him/her.	0.86
trq65	65	65. I like him/her very much.	0.81
trq23	23	23. S/he makes me feel good about myself.	0.72
trq42	42	42. I feel like I want to protect him/her.	0.70
trq64	64	64. I have warm, almost parental feelings toward him/her.	0.70
trq19	19	19. I look forward to sessions with him/her.	0.69
trq40	40	40. I feel like I understand him/her.	0.65
trq47	47	47. I feel nurturant toward him/her.	0.63
trq4	4	4. I feel compassion for him/her.	0.60
trq74	74	74. S/he is one of my favorite patients.	0.58
trq3	3	3. I find it exciting working with him/her.	0.53
trq21	21	21. I wish I could give him/her what others never could.	0.50
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.	0.39

# Facteur 3: anger

	Item	Label	Loading
trq27	27	27. I get enraged at him/her.	0.77
trq48	48	48. I lose my temper with him/her.	0.72
trq15	15	15. I feel angry at him/her.	0.61
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.60
trq2	2	2. At times I dislike him/her.	0.56
trq41	41	41. I tell him/her I'm angry at him/her.	0.51
trq8	8	8. I feel annoyed in sessions with him/her.	0.46
trq57	57	57. I feel resentful working with him/her.	0.46
trq43	43	43. I regret things I have said to him/her.	0.45
trq29	29	29. S/he tends to stir up strong feelings in me.	0.42
trq44	44	44. I feel like I'm being mean or cruel to him/her.	0.40
trq37	37	37. I find myself being controlling with him/her.	0.38
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.36
trq20	20	20. I feel envious of, or competitive with him/her.	0.34

# Facteur 4 : boredom

	Item	Label	Loading
trq16	16	16. I feel bored in sessions with him/her.	0.78
trq68	68	68. I feel less successful helping him/her than other patients.	0.56
trq52	52	52. I feel hopeless working with him/her.	0.54
trq18	18	18. I feel depressed in sessions with him/her.	0.51
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	0.51
trq22	22	22. I feel frustrated in sessions with him/her.	0.50
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.	0.48
trq36	36	36. I feel incompetent or inadequate working with him/her.	0.44
trq8	8	8. I feel annoyed in sessions with him/her.	0.37
trq9	9	9. I don't feel fully engaged in sessions with him/her.	0.36
trq75	75	75. I watch the clock with him/her more than with my other patients.	0.34
trq10	10	10. I feel confused in sessions with him/her.	0.30
trq49	49	49. I feel sad in sessions with him/her.	0.30
trq3	3	3. I find it exciting working with him/her.	-0.46

# Facteur 5: loss of professional distance

	Item	Label
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.
trq72	72	72. I call him/her between sessions more than my other patients.
trq56	56	56. I find myself being flirtatious with him/her.
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.
trq67	67	67. I end sessions overtime with him/her more than with my other patients.
trq71	71	71. I disclose my feelings with him/her more than with other patients.
trq66	66	66. I worry about him/her after sessions more than other patients.
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.
trq20	20	20. I feel envious of, or competitive with him/her.
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the

# Facteur 6: disengaged

	Item	Label	Loa
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.	
trq78	78	78. I begin sessions late with him/her more than with my other patients.	
trq75	75	75. I watch the clock with him/her more than with my other patients.	
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.	

# Facteur 7: sexualized

	Item	Label	Loading
trq61	61	61. I feel sexual tension in the room.	0.75
trq17	17	17. I feel sexually attracted to him/her.	0.66
trq32	32	32. His/her sexual feelings toward me make me anxious or uncomfortable.	0.48

# Facteur 8 : distrust

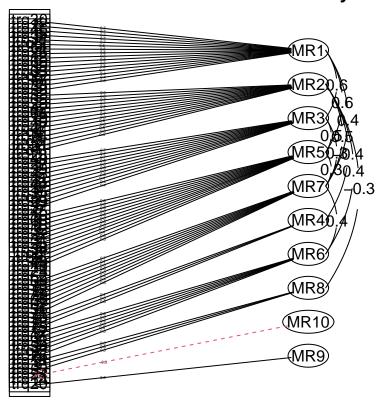
	Item	Label	Loading
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.57
trq11	11	11. I don't trust what s/he's telling me.	0.50
trq33	33	33. I feel used or manipulated by him/her.	0.48
trq41	41	41. I tell him/her I'm angry at him/her.	0.42

#### Facteur 9: overwhelmed

	Item	Label	Loading
trq26	26	26. I feel overwhelmed by his/her strong emotions.	0.44
trq51	51	51. I feel overwhelmed by his/her needs.	0.32
trq29	29	29. S/he tends to stir up strong feelings in me.	0.30

#### 10 facteurs

# **Factor Analysis**



Le RMSEA est égal à 0.04, le root mean square of the residuals (RMSR) est égal à 0.03 (de préférence < .08) et le Tucker Lewis Index est égal à 0.85. Le premier facteur explique 9~%, le deuxième explique 8~%, le troisième 6~%, le quatrième 6~%, le cinquième 5~%, le sixième 3~%, le septième 2~%, le huitième 2~%, le neuvième 1~% de la variance totale pour une variance cumulée égale à 43~%. Le premier facteur compte 20~% items, le deuxième 13~% items le troisième 14~% items, le quatrième 14~% items, le septième 3~% items, le huitième 4~% items, le neuvième 3~% items pour un total de 118~% items.

# Facteur 1: mistreated

	Item	Label
trq30	30	30. I feel anxious working with him/her.
trq12	12	12. I feel criticized by him/her.
trq35	35	35. S/he frightens me.
trq46	46	46. I feel mistreated or abused by him/her.
trq34	34	34. I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explod
trq6	6	6. I feel dismissed or devalued.
trq51	51	51. I feel overwhelmed by his/her needs.
trq13	13	13. I dread sessions with him/her.
trq26	26	26. I feel overwhelmed by his/her strong emotions.
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.
trq63	63	63. I feel unappreciated by him/her.
trq33	33	33. I feel used or manipulated by him/her.
trq5	5	5. I wish I had never taken him/her on as a patient.
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
trq38	38	38. I feel interchangeable—that I could be anyone to him/her.
trq58	58	58. I think or fantasize about ending the treatment.
trq10	10	10. I feel confused in sessions with him/her.
trq36	36	36. I feel incompetent or inadequate working with him/her.

# Facteur 2: protective

	Item	Label	Loading
trq53	53	53. I feel pleased or satisfied after sessions with him/her.	0.85
trq65	65	65. I like him/her very much.	0.80
trq23	23	23. S/he makes me feel good about myself.	0.73
trq42	42	42. I feel like I want to protect him/her.	0.71
trq64	64	64. I have warm, almost parental feelings toward him/her.	0.71
trq19	19	19. I look forward to sessions with him/her.	0.68
trq40	40	40. I feel like I understand him/her.	0.67
trq47	47	47. I feel nurturant toward him/her.	0.64
trq4	4	4. I feel compassion for him/her.	0.61
trq74	74	74. S/he is one of my favorite patients.	0.56
trq3	3	3. I find it exciting working with him/her.	0.53
trq21	21	21. I wish I could give him/her what others never could.	0.53
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.	0.38
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.	0.32

# Facteur 3: anger

	Item	Label	Loading
trq48	48	48. I lose my temper with him/her.	0.74
trq27	27	27. I get enraged at him/her.	0.72
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.69
trq43	43	43. I regret things I have said to him/her.	0.52
trq41	41	41. I tell him/her I'm angry at him/her.	0.51
trq44	44	44. I feel like I'm being mean or cruel to him/her.	0.50
trq57	57	57. I feel resentful working with him/her.	0.49
trq15	15	15. I feel angry at him/her.	0.47
trq2	2	2. At times I dislike him/her.	0.45
trq29	29	29. S/he tends to stir up strong feelings in me.	0.39
trq37	37	37. I find myself being controlling with him/her.	0.36
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.36
trq32	32	32. His/her sexual feelings toward me make me anxious or uncomfortable.	0.35
trq8	8	8. I feel annoyed in sessions with him/her.	0.34

# Facteur 4 : boredom

	Item	Label	Loading
trq16	16	16. I feel bored in sessions with him/her.	0.78
trq18	18	18. I feel depressed in sessions with him/her.	0.57
trq68	68	68. I feel less successful helping him/her than other patients.	0.57
trq52	52	52. I feel hopeless working with him/her.	0.55
trq22	22	22. I feel frustrated in sessions with him/her.	0.54
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.	0.51
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	0.49
trq36	36	36. I feel incompetent or inadequate working with him/her.	0.47
trq8	8	8. I feel annoyed in sessions with him/her.	0.39
trq9	9	9. I don't feel fully engaged in sessions with him/her.	0.36
trq49	49	49. I feel sad in sessions with him/her.	0.34
trq10	10	10. I feel confused in sessions with him/her.	0.32
trq75	75	75. I watch the clock with him/her more than with my other patients.	0.32
trq3	3	3. I find it exciting working with him/her.	-0.46

# Facteur 5: loss of professional distance

Item	Label
69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.
73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.
72	72. I call him/her between sessions more than my other patients.
79	79. I talk about him/her with my spouse or significant other more than my other patients.
66	66. I worry about him/her after sessions more than other patients.
67	67. I end sessions overtime with him/her more than with my other patients.
56	56. I find myself being flirtatious with him/her.
77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
71	71. I disclose my feelings with him/her more than with other patients.
74	74. S/he is one of my favorite patients.
	69 73 72 79 66 67 56 77 71

# Facteur 6: disengaged

	Item	Label	Loa
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.	
trq78	78	78. I begin sessions late with him/her more than with my other patients.	
trq75	75	75. I watch the clock with him/her more than with my other patients.	
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.	
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	

# Facteur 7: sexualized

	Item	Label	Loading
trq17	17	17. I feel sexually attracted to him/her.	0.81
trq61	61	61. I feel sexual tension in the room.	0.78
trq32	32	32. His/her sexual feelings toward me make me anxious or uncomfortable.	0.42
trq50	50	50. I tell him/her I love him/her.	0.33
trq7		7. If s/he were not my patient, I could imagine being friends with him/her.	0.32
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.	0.30

#### Facteur 8: distrust

	Item	Label	Loading
trq11	11	11. I don't trust what s/he's telling me.	0.57
trq33	33	33. I feel used or manipulated by him/her.	0.56
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.52
trq41	41	41. I tell him/her I'm angry at him/her.	0.38

# Facteur 9: personal conflict

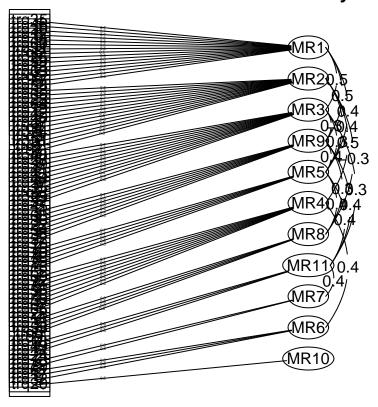
	Item	Label	Loading
trq15	15	15. I feel angry at him/her.	0.34
trq26	26	26. I feel overwhelmed by his/her strong emotions.	0.30
trq54	54	54. I think s/he might do better with another therapist or in a different kind of therapy.	-0.31
trq38	38	38. I feel interchangeable—that I could be anyone to him/her.	-0.33

# Facteur 10 : jalousy

	Item	Label	Loading
trq20	20	20. I feel envious of, or competitive with him/her.	0.46
trq6	6	6. I feel dismissed or devalued.	0.31

#### 11 facteurs

# **Factor Analysis**



Le RMSEA est égal à 0.04, le root mean square of the residuals (RMSR) est égal à 0.03 (de préférence < .08) et le Tucker Lewis Index est égal à 0.86. Le premier facteur explique 8 %, le deuxième explique 8 %, le troisième 6 %, le quatrième 4 %, le cinquième 4 %, le septième 3 %, le huitième 3 %, le neuvième 2 % de la variance totale pour une variance cumulée égale à 46 %. Le premier facteur compte 20 items, le deuxième 13 items le troisième 14 items, le quatrième 14 items, le cinquième 11 items, le sixième 4 items, le septième 3 items, le huitième 4 items, le neuvième 3 items pour un total de 118 items.

# Facteur 1: mistreated

	Item	Label
trq35	35	35. S/he frightens me.
trq46	46	46. I feel mistreated or abused by him/her.
trq30	30	30. I feel anxious working with him/her.
trq12	12	12. I feel criticized by him/her.
trq34	34	34. I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explod
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.
trq51	51	51. I feel overwhelmed by his/her needs.
trq6	6	6. I feel dismissed or devalued.
trq26	26	26. I feel overwhelmed by his/her strong emotions.
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.
trq13	13	13. I dread sessions with him/her.
trq33	33	33. I feel used or manipulated by him/her.
trq63	63	63. I feel unappreciated by him/her.
trq5	5	5. I wish I had never taken him/her on as a patient.
trq58	58	58. I think or fantasize about ending the treatment.
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.
trq78	78	78. I begin sessions late with him/her more than with my other patients.

# Facteur 2 : protective

	Item	Label	Loading
trq53	53	53. I feel pleased or satisfied after sessions with him/her.	0.85
trq65	65	65. I like him/her very much.	0.80
trq23	23	23. S/he makes me feel good about myself.	0.72
trq64	64	64. I have warm, almost parental feelings toward him/her.	0.68
trq19	19	19. I look forward to sessions with him/her.	0.67
trq42	42	42. I feel like I want to protect him/her.	0.67
trq40	40	40. I feel like I understand him/her.	0.65
trq47	47	47. I feel nurturant toward him/her.	0.60
trq4	4	4. I feel compassion for him/her.	0.58
trq74	74	74. S/he is one of my favorite patients.	0.56
trq3	3	3. I find it exciting working with him/her.	0.53
trq21	21	21. I wish I could give him/her what others never could.	0.46
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.	0.34
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.	0.31

# Facteur 3: anger

	Item	Label	Loading
trq48	48	48. I lose my temper with him/her.	0.69
trq27	27	27. I get enraged at him/her.	0.66
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.64
trq41	41	41. I tell him/her I'm angry at him/her.	0.50
trq43	43	43. I regret things I have said to him/her.	0.49
trq44	44	44. I feel like I'm being mean or cruel to him/her.	0.47
trq57	57	57. I feel resentful working with him/her.	0.45
trq15	15	15. I feel angry at him/her.	0.42
trq2	2	2. At times I dislike him/her.	0.41
trq29	29	29. S/he tends to stir up strong feelings in me.	0.36
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.36
trq32	32	32. His/her sexual feelings toward me make me anxious or uncomfortable.	0.35
trq37	37	37. I find myself being controlling with him/her.	0.34
trq8	8	8. I feel annoyed in sessions with him/her.	0.31

# Facteur 4: incompetence

	Item	Label	Loading
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.	0.67
trq68	68	68. I feel less successful helping him/her than other patients.	0.58
trq36	36	36. I feel incompetent or inadequate working with him/her.	0.55
trq22	22	22. I feel frustrated in sessions with him/her.	0.47
trq54	54	54. I think s/he might do better with another therapist or in a different kind of therapy.	0.41
trq38	38	38. I feel interchangeable—that I could be anyone to him/her.	0.38
trq52	52	52. I feel hopeless working with him/her.	0.34
trq16	16	16. I feel bored in sessions with him/her.	0.32

# Facteur 5: disengaged

	Item	Label	Loa
trq75	75	75. I watch the clock with him/her more than with my other patients.	
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.	
trq78	78	78. I begin sessions late with him/her more than with my other patients.	
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	
trq16	16	16. I feel bored in sessions with him/her.	
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.	

# Facteur 6: loss of professional distance

	Item	Label
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.
trq72	72	72. I call him/her between sessions more than my other patients.
trq71	71	71. I disclose my feelings with him/her more than with other patients.
trq56	56	56. I find myself being flirtatious with him/her.
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.
trq50	50	50. I tell him/her I love him/her.
trq67	67	67. I end sessions overtime with him/her more than with my other patients.
trq66	66	66. I worry about him/her after sessions more than other patients.
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.

#### Facteur 7: distrust

	Item	Label	Loading
trq11	11	11. I don't trust what s/he's telling me.	0.63
trq33	33	33. I feel used or manipulated by him/her.	0.61
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.55
trq41	41	41. I tell him/her I'm angry at him/her.	0.39
trq8	8	8. I feel annoyed in sessions with him/her.	0.33
trq2	2	2. At times I dislike him/her.	0.30

#### Facteur 8 : sadeness

	Item	Label	Loading
trq18	18	18. I feel depressed in sessions with him/her.	0.63
trq49	49	49. I feel sad in sessions with him/her.	0.52
trq15	15	15. I feel angry at him/her.	0.37
trq14	14	14. I feel angry at people in his/her life.	0.32
trq26	26	26. I feel overwhelmed by his/her strong emotions.	0.30

#### Facteur 9 : need to disclose

•	Item	Label	Γ
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.	Γ
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.	
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.	

#### Facteur 10 : sexualized

	Item	Label	Loading
trq61	61	61. I feel sexual tension in the room.	0.78
trq17	17	17. I feel sexually attracted to him/her.	0.76
trq32	32	32. His/her sexual feelings toward me make me anxious or uncomfortable.	0.45

# Facteur 11 : jalousy

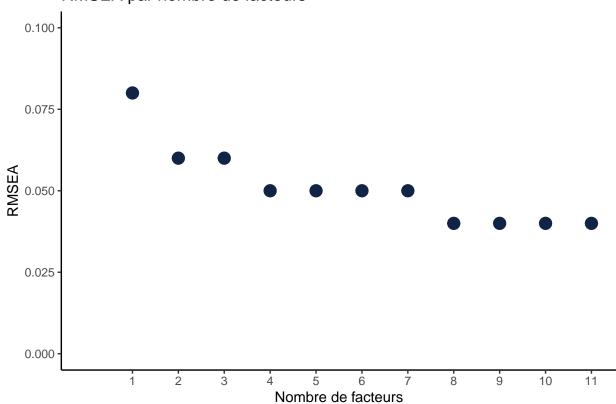
	Item	Label	Loading
trq20	20	20. I feel envious of, or competitive with him/her.	0.55

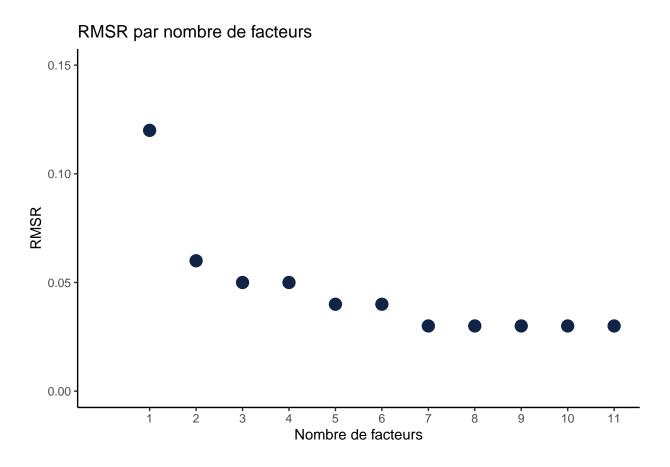
Table 1: Comparaison des fits

Facteurs	RMSEA	RMSR	TLI
1	0.08	0.12	0.43
2	0.06	0.06	0.65
3	0.06	0.05	0.69
4	0.05	0.05	0.73
5	0.05	0.04	0.77
6	0.05	0.04	0.79
7	0.05	0.03	0.81
8	0.04	0.03	0.83
9	0.04	0.03	0.84
10	0.04	0.03	0.85
11	0.04	0.03	0.86

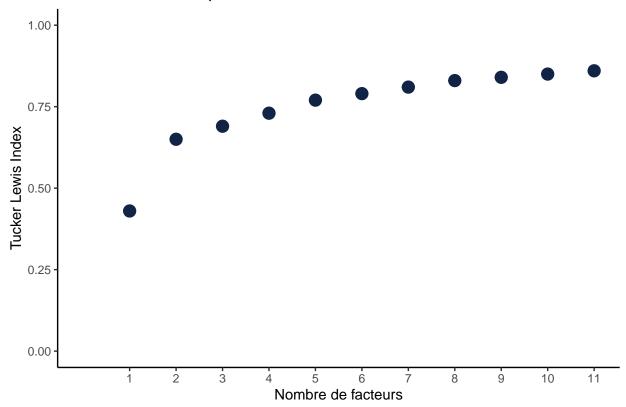
# Comparaison des onze modèles promax

RMSEA par nombre de facteurs









# Corrélations entre les scores factoriels des 11 niveaux promax

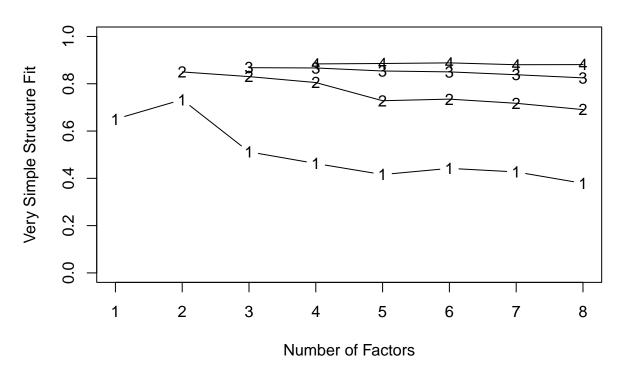
Ce fichier excel présente la matrice de corrélations de tous les scores factoriels pour les 11 niveaux.

# **Rotation varimax**

N = 608

# Very Simple Structure

# **Very Simple Structure**

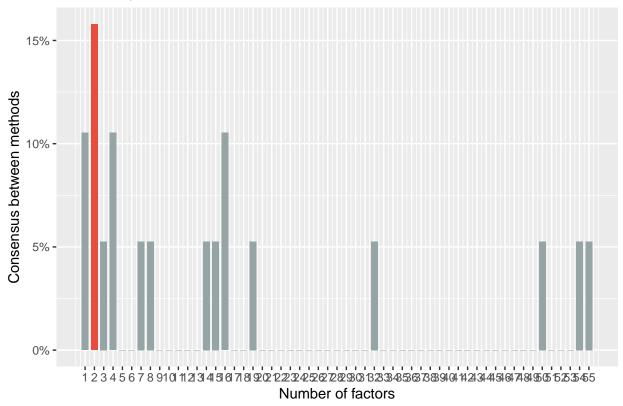


Le Very Simple Structure criterion propose une solution à 3 voire 4 facteurs.

# Method Agreement Procedure

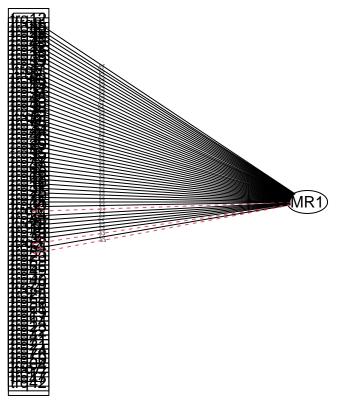
n\_factors utilise 14 méthodes pour proposer la solution factorielle la plus fréquemment proposée :

# How many factors to retain



# 1 facteur

# **Factor Analysis**



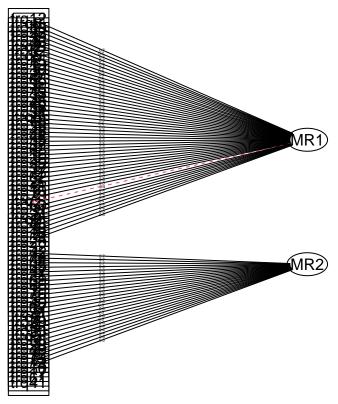
Le RMSEA est égal à 0.08, le root mean square of the residuals (RMSR) est égal à 0.12 (de préférence < .08) et le Tucker Lewis Index est égal à 0.43. Le premier facteur explique 20~%. Le premier facteur compte 51 items.

# Facteur 1 : negative emotions

	т,	T 1 1
1.0	Item	Label
trq12	12	12. I feel criticized by him/her.
trq8	8	8. I feel annoyed in sessions with him/her.
trq30	30	30. I feel anxious working with him/her.
trq22	22	22. I feel frustrated in sessions with him/her.
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.
trq46	46	46. I feel mistreated or abused by him/her.
trq15	15	15. I feel angry at him/her.
trq52	52	52. I feel hopeless working with him/her.
trq36	36	36. I feel incompetent or inadequate working with him/her.
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.
trq2	2	2. At times I dislike him/her.
trq5	5	5. I wish I had never taken him/her on as a patient.
trq13	13	13. I dread sessions with him/her.
trq27	27	27. I get enraged at him/her.
trq68	68	68. I feel less successful helping him/her than other patients.
trq34	34	34. I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explod
trq51	51	51. I feel overwhelmed by his/her needs.
trq33	33	33. I feel used or manipulated by him/her.
trq45	45	45. I have trouble relating to the feelings s/he expresses.
trq58	58	58. I think or fantasize about ending the treatment.
trq75	75	75. I watch the clock with him/her more than with my other patients.
trq6	6	6. I feel dismissed or devalued.
trq78	78	78. I begin sessions late with him/her more than with my other patients.
trq35	35	35. S/he frightens me.
trq44	44	44. I feel like I'm being mean or cruel to him/her.
trq26	26	26. I feel overwhelmed by his/her strong emotions.
trq48	48	48. I lose my temper with him/her.
trq29	29	29. S/he tends to stir up strong feelings in me.
trq55	55	55. I feel pushed to set very firm limits with him/her.
trq57	57	57. I feel resentful working with him/her.
trq37	37	37. I find myself being controlling with him/her.
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
trq63	63	63. I feel unappreciated by him/her.
trq16	16	16. I feel bored in sessions with him/her.
trq62	62	62. I feel repulsed by him/her.
trq10	10	10. I feel confused in sessions with him/her.
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.
trq25	25	25. My mind often wanders to things other than what s/he is talking about.
trq11	11	11. I don't trust what s/he's telling me.
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.
trq24	24	24. I feel guilty about my feelings toward him/her.
trq43	43	43. I regret things I have said to him/her.
trq9	9	9. I don't feel fully engaged in sessions with him/her.
trq18	18	18. I feel depressed in sessions with him/her.
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.
trq38	38	38. I feel interchangeable—that I could be anyone to him/her.
trq54	54	54. I think s/he might do better with another therapist or in a different kind of therapy.
trq53	53	53. I feel pleased or satisfied after sessions with him/her.
trq3	3	3. I find it exciting working with him/her.
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.

# 2 facteurs

# **Factor Analysis**



Le RMSEA est égal à 0.06, le root mean square of the residuals (RMSR) est égal à 0.06 (de préférence < .08) et le Tucker Lewis Index est égal à 0.65. Le premier facteur explique 20 %, le deuxième explique 11 % de la variance totale pour une variance cumulée égale à 31 %. Le premier facteur compte 51 items, le deuxième 28 items pour un total de 79 items.

# Facteur 1 : negative emotions

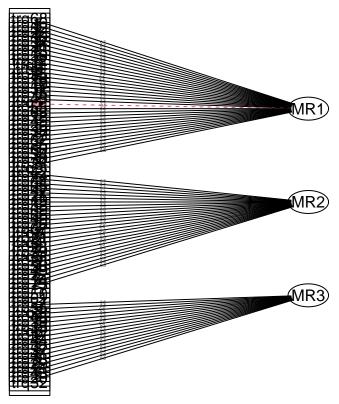
	Item	Label
trq8	8	8. I feel annoyed in sessions with him/her.
trq12	12	12. I feel criticized by him/her.
trq22	22	22. I feel frustrated in sessions with him/her.
trq30	30	30. I feel anxious working with him/her.
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.
trq46	46	46. I feel mistreated or abused by him/her.
trq2	2	2. At times I dislike him/her.
trq5	5	5. I wish I had never taken him/her on as a patient.
trq15	15	15. I feel angry at him/her.
trq52	52	52. I feel hopeless working with him/her.
trq13	13	13. I dread sessions with him/her.
trq27	27	27. I get enraged at him/her.
trq36	36	36. I feel incompetent or inadequate working with him/her.
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.
trq68	68	68. I feel less successful helping him/her than other patients.
trq33	33	33. I feel used or manipulated by him/her.
trq34	34	34. I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explod
trq45	45	45. I have trouble relating to the feelings s/he expresses.
trq75	75	75. I watch the clock with him/her more than with my other patients.
trq6	6	6. I feel dismissed or devalued.
trq51	51	51. I feel overwhelmed by his/her needs.
trq58	58	58. I think or fantasize about ending the treatment.
trq78	78	78. I begin sessions late with him/her more than with my other patients.
trq35	35	35. S/he frightens me.
trq44	44	44. I feel like I'm being mean or cruel to him/her.
trq48	48	48. I lose my temper with him/her.
trq55	55	55. I feel pushed to set very firm limits with him/her.
trq57	57	57. I feel resentful working with him/her.
trq16	16	16. I feel bored in sessions with him/her.
trq26	26	26. I feel overwhelmed by his/her strong emotions.
trq63	63	63. I feel unappreciated by him/her.
trq29	29	29. S/he tends to stir up strong feelings in me.
trq37	37	37. I find myself being controlling with him/her.
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
trq62	62	62. I feel repulsed by him/her.
trq25	25	25. My mind often wanders to things other than what s/he is talking about.
trq10	10	10. I feel confused in sessions with him/her.
trq11	11	11. I don't trust what s/he's telling me.
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.
trq9	9	9. I don't feel fully engaged in sessions with him/her.
trq24	24	24. I feel guilty about my feelings toward him/her.
trq43	43	43. I regret things I have said to him/her.
trq38	38	38. I feel interchangeable—that I could be anyone to him/her.
trq18	18	18. I feel depressed in sessions with him/her.
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.
trq54	54	54. I think s/he might do better with another therapist or in a different kind of therapy.
trq53	53	53. I feel pleased or satisfied after sessions with him/her.
trq3	3	3. I find it exciting working with him/her.
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.

# Facteur 2: clinical implication

	Item	Label
trq42	42	42. I feel like I want to protect him/her.
trq74	74	74. S/he is one of my favorite patients.
trq64	64	64. I have warm, almost parental feelings toward him/her.
trq65	65	65. I like him/her very much.
trq47	47	47. I feel nurturant toward him/her.
trq21	21	21. I wish I could give him/her what others never could.
trq66	66	66. I worry about him/her after sessions more than other patients.
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.
trq19	19	19. I look forward to sessions with him/her.
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.
trq53	53	53. I feel pleased or satisfied after sessions with him/her.
trq40	40	40. I feel like I understand him/her.
trq67	67	67. I end sessions overtime with him/her more than with my other patients.
trq71	71	71. I disclose my feelings with him/her more than with other patients.
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.
trq4	4	4. I feel compassion for him/her.
trq23	23	23. S/he makes me feel good about myself.
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.
trq3	3	3. I find it exciting working with him/her.
trq28	28	28. I feel guilty when s/he is distressed or deteriorates, as if I must be somehow responsible.
trq56	56	56. I find myself being flirtatious with him/her.
trq49	49	49. I feel sad in sessions with him/her.
trq72	72	72. I call him/her between sessions more than my other patients.
trq29	29	29. S/he tends to stir up strong feelings in me.
trq26	26	26. I feel overwhelmed by his/her strong emotions.
trq14	14	14. I feel angry at people in his/her life.
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.

# 3 facteurs

# **Factor Analysis**



Le RMSEA est égal à 0.06, le root mean square of the residuals (RMSR) est égal à 0.05 (de préférence < .08) et le Tucker Lewis Index est égal à 0.69. Le premier facteur explique 13%, le deuxième explique 11%, le troisième 9% de la variance totale pour une variance cumulée égale à 33%. Le premier facteur compte 44 items, le deuxième 28 items le troisième 29 pour un total de 101 items.

# Facteur 1 : incompetence

	Item	Label
trq36	36	36. I feel incompetent or inadequate working with him/her.
trq68	68	68. I feel less successful helping him/her than other patients.
trq52	52	52. I feel hopeless working with him/her.
trq22	22	22. I feel frustrated in sessions with him/her.
trq30	30	30. I feel anxious working with him/her.
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.
trq34	34	34. I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explod
trq13	13	13. I dread sessions with him/her.
trq6	6	6. I feel dismissed or devalued.
trq12	12	12. I feel criticized by him/her.
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.
trq5	5	5. I wish I had never taken him/her on as a patient.
trq10	10	10. I feel confused in sessions with him/her.
trq16	16	16. I feel bored in sessions with him/her.
trq35	35	35. S/he frightens me.
trq51	51	51. I feel overwhelmed by his/her needs.
trq46	46	46. I feel mistreated or abused by him/her.
trq75	75	75. I watch the clock with him/her more than with my other patients.
trq58	58	58. I think or fantasize about ending the treatment.
trq63	63	63. I feel unappreciated by him/her.
trq18	18	18. I feel depressed in sessions with him/her.
trq45	45	45. I have trouble relating to the feelings s/he expresses.
trq8	8	8. I feel annoyed in sessions with him/her.
trq26	26	26. I feel overwhelmed by his/her strong emotions.
trq78	78	78. I begin sessions late with him/her more than with my other patients.
trq38	38	38. I feel interchangeable—that I could be anyone to him/her.
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
trq15	15	15. I feel angry at him/her.
trq25	25	25. My mind often wanders to things other than what s/he is talking about.
trq33	33	33. I feel used or manipulated by him/her.
trq62	62	62. I feel repulsed by him/her.
trq29	29	29. S/he tends to stir up strong feelings in me.
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.
trq2	2	2. At times I dislike him/her.
trq49	49	49. I feel sad in sessions with him/her.
trq54	54	54. I think s/he might do better with another therapist or in a different kind of therapy.
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.
trq24	24	24. I feel guilty about my feelings toward him/her.
trq44	44	44. I feel like I'm being mean or cruel to him/her.
trq57	57	57. I feel resentful working with him/her.
trq53	53	53. I feel pleased or satisfied after sessions with him/her.
trq3	3	3. I find it exciting working with him/her.
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.
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# Facteur 2: protective

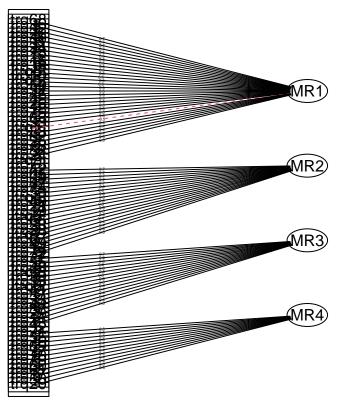
	Item	Label
trq42	42	42. I feel like I want to protect him/her.
trq74	74	74. S/he is one of my favorite patients.
trq64	64	64. I have warm, almost parental feelings toward him/her.
trq65	65	65. I like him/her very much.
trq47	47	47. I feel nurturant toward him/her.
trq21	21	21. I wish I could give him/her what others never could.
trq19	19	19. I look forward to sessions with him/her.
trq53	53	53. I feel pleased or satisfied after sessions with him/her.
trq66	66	66. I worry about him/her after sessions more than other patients.
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.
trq40	40	40. I feel like I understand him/her.
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.
trq67	67	67. I end sessions overtime with him/her more than with my other patients.
trq71	71	71. I disclose my feelings with him/her more than with other patients.
trq4	4	4. I feel compassion for him/her.
trq23	23	23. S/he makes me feel good about myself.
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.
trq3	3	3. I find it exciting working with him/her.
trq28	28	28. I feel guilty when s/he is distressed or deteriorates, as if I must be somehow responsible.
trq56	56	56. I find myself being flirtatious with him/her.
trq49	49	49. I feel sad in sessions with him/her.
trq72	72	72. I call him/her between sessions more than my other patients.
trq29	29	29. S/he tends to stir up strong feelings in me.
trq26	26	26. I feel overwhelmed by his/her strong emotions.
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.
trq14	14	14. I feel angry at people in his/her life.
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.

# Facteur 3: anger

_	Item	Label
trq27	27	27. I get enraged at him/her.
trq55	55	55. I feel pushed to set very firm limits with him/her.
trq2	2	2. At times I dislike him/her.
trq48	48	48. I lose my temper with him/her.
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.
trq15	15	15. I feel angry at him/her.
trq8	8	8. I feel annoyed in sessions with him/her.
trq37	37	37. I find myself being controlling with him/her.
trq44	44	44. I feel like I'm being mean or cruel to him/her.
trq33	33	33. I feel used or manipulated by him/her.
trq12	12	12. I feel criticized by him/her.
trq57	57	57. I feel resentful working with him/her.
trq41	41	41. I tell him/her I'm angry at him/her.
trq46	46	46. I feel mistreated or abused by him/her.
trq78	78	78. I begin sessions late with him/her more than with my other patients.
trq11	11	11. I don't trust what s/he's telling me.
trq29	29	29. S/he tends to stir up strong feelings in me.
trq5	5	5. I wish I had never taken him/her on as a patient.
trq45	45	45. I have trouble relating to the feelings s/he expresses.
trq43	43	43. I regret things I have said to him/her.
trq58	58	58. I think or fantasize about ending the treatment.
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.
trq75	75	75. I watch the clock with him/her more than with my other patients.
trq13	13	13. I dread sessions with him/her.
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.
trq20	20	20. I feel envious of, or competitive with him/her.
trq30	30	30. I feel anxious working with him/her.
trq51	51	51. I feel overwhelmed by his/her needs.
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the

## 4 facteurs

# **Factor Analysis**



Le RMSEA est égal à 0.05, le root mean square of the residuals (RMSR) est égal à 0.05 (de préférence < .08) et le Tucker Lewis Index est égal à 0.73. Le premier facteur explique 14~%, le deuxième explique 10~%, le troisième 8~% de la variance totale pour une variance cumulée égale à 37~%. Le premier facteur compte 44 items, le deuxième 26 items le troisième 19, le quatrième 19 pour un total de 105 items.

# Facteur 1: incompetence

	_	
	Item	Label
trq36	36	36. I feel incompetent or inadequate working with him/her.
trq68	68	68. I feel less successful helping him/her than other patients.
trq52	52	52. I feel hopeless working with him/her.
trq22	22	22. I feel frustrated in sessions with him/her.
trq30	30	30. I feel anxious working with him/her.
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.
trq34	34	34. I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explod
trq13	13	13. I dread sessions with him/her.
trq12	12	12. I feel criticized by him/her.
trq6	6	6. I feel dismissed or devalued.
trq10	10	10. I feel confused in sessions with him/her.
trq16	16	16. I feel bored in sessions with him/her.
trq35	35	35. S/he frightens me.
trq5	5	5. I wish I had never taken him/her on as a patient.
trq51	51	51. I feel overwhelmed by his/her needs.
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.
trq46	46	46. I feel mistreated or abused by him/her.
trq8	8	8. I feel annoyed in sessions with him/her.
trq26	26	26. I feel overwhelmed by his/her strong emotions.
trq45	45	45. I have trouble relating to the feelings s/he expresses.
trq18	18	18. I feel depressed in sessions with him/her.
trq58	58	58. I think or fantasize about ending the treatment.
trq63	63	63. I feel unappreciated by him/her.
trq75	75	75. I watch the clock with him/her more than with my other patients.
trq38	38	38. I feel interchangeable—that I could be anyone to him/her.
trq15	15	15. I feel angry at him/her.
trq29	29	29. S/he tends to stir up strong feelings in me.
trq33	33	33. I feel used or manipulated by him/her.
trq25	25	25. My mind often wanders to things other than what s/he is talking about.
trq62	62	62. I feel repulsed by him/her.
trq78	78	78. I begin sessions late with him/her more than with my other patients.
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
trq2	2	2. At times I dislike him/her.
trq54	54	54. I think s/he might do better with another therapist or in a different kind of therapy.
trq49	49	49. I feel sad in sessions with him/her.
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.
trq27	27	27. I get enraged at him/her.
trq44	44	44. I feel like I'm being mean or cruel to him/her.
trq57	57	57. I feel resentful working with him/her.
trq24	24	24. I feel guilty about my feelings toward him/her.
trq53	53	53. I feel pleased or satisfied after sessions with him/her.
trq3	3	3. I find it exciting working with him/her.
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.

## Facteur 2: protective

	Item	Label
trq42	42	42. I feel like I want to protect him/her.
trq65	65	65. I like him/her very much.
trq47	47	47. I feel nurturant toward him/her.
trq64	64	64. I have warm, almost parental feelings toward him/her.
trq74	74	74. S/he is one of my favorite patients.
trq53	53	53. I feel pleased or satisfied after sessions with him/her.
trq4	4	4. I feel compassion for him/her.
trq40	40	40. I feel like I understand him/her.
trq21	21	21. I wish I could give him/her what others never could.
trq19	19	19. I look forward to sessions with him/her.
trq3	3	3. I find it exciting working with him/her.
trq66	66	66. I worry about him/her after sessions more than other patients.
trq23	23	23. S/he makes me feel good about myself.
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.
trq28	28	28. I feel guilty when s/he is distressed or deteriorates, as if I must be somehow responsible.
trq49	49	49. I feel sad in sessions with him/her.
trq67	67	67. I end sessions overtime with him/her more than with my other patients.
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.
trq71	71	71. I disclose my feelings with him/her more than with other patients.
trq14	14	14. I feel angry at people in his/her life.
trq29	29	29. S/he tends to stir up strong feelings in me.
trq72	72	72. I call him/her between sessions more than my other patients.
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.

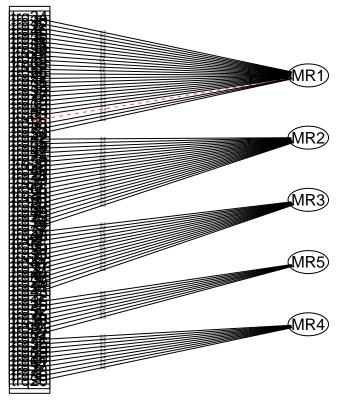
	Item	Label	Loading
trq27	27	27. I get enraged at him/her.	0.68
trq48	48	48. I lose my temper with him/her.	0.64
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.64
trq2	2	2. At times I dislike him/her.	0.61
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.58
trq15	15	15. I feel angry at him/her.	0.56
trq8	8	8. I feel annoyed in sessions with him/her.	0.53
trq41	41	41. I tell him/her I'm angry at him/her.	0.51
trq37	37	37. I find myself being controlling with him/her.	0.48
trq33	33	33. I feel used or manipulated by him/her.	0.45
trq44	44	44. I feel like I'm being mean or cruel to him/her.	0.44
trq12	12	12. I feel criticized by him/her.	0.43
trq57	57	57. I feel resentful working with him/her.	0.43
trq29	29	29. S/he tends to stir up strong feelings in me.	0.42
trq46	46	46. I feel mistreated or abused by him/her.	0.38
trq11	11	11. I don't trust what s/he's telling me.	0.37
trq45	45	45. I have trouble relating to the feelings s/he expresses.	0.36
trq43	43	43. I regret things I have said to him/her.	0.33
trq5	5	5. I wish I had never taken him/her on as a patient.	0.31

Facteur 4: loss of professionnal distance

	Item	Label
trq71	71	71. I disclose my feelings with him/her more than with other patients.
trq56	56	56. I find myself being flirtatious with him/her.
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.
trq61	61	61. I feel sexual tension in the room.
trq17	17	17. I feel sexually attracted to him/her.
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.
trq78	78	78. I begin sessions late with him/her more than with my other patients.
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.
trq50	50	50. I tell him/her I love him/her.
trq67	67	67. I end sessions overtime with him/her more than with my other patients.
trq20	20	20. I feel envious of, or competitive with him/her.

#### 5 facteurs

# **Factor Analysis**



Le RMSEA est égal à 0.05, le root mean square of the residuals (RMSR) est égal à 0.04 (de préférence < .08) et le Tucker Lewis Index est égal à 0.77. Le premier facteur explique 11 %, le deuxième explique 10 %, le troisième 8 %, la quatrième 5 %, le cinquième 4 % de la variance totale pour une variance cumulée égale à 38 %. Le premier facteur compte 32 items, le deuxième 25 items le troisième 18 items, le quatrième 14

items, le cinquième 16 items, pour un total de 121 items.

#### Facteur 1 : overwhelmed

	Item	Label
trq30	30	30. I feel anxious working with him/her.
trq34	34	34. I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explod
trq12	12	12. I feel criticized by him/her.
trq46	46	46. I feel mistreated or abused by him/her.
trq35	35	35. S/he frightens me.
trq36	36	36. I feel incompetent or inadequate working with him/her.
trq51	51	51. I feel overwhelmed by his/her needs.
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.
trq6	6	6. I feel dismissed or devalued.
trq13	13	13. I dread sessions with him/her.
trq68	68	68. I feel less successful helping him/her than other patients.
trq5	5	5. I wish I had never taken him/her on as a patient.
trq22	22	22. I feel frustrated in sessions with him/her.
trq26	26	26. I feel overwhelmed by his/her strong emotions.
trq52	52	52. I feel hopeless working with him/her.
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.
trq33	33	33. I feel used or manipulated by him/her.
trq58	58	58. I think or fantasize about ending the treatment.
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
trq10	10	10. I feel confused in sessions with him/her.
trq63	63	63. I feel unappreciated by him/her.
trq45	45	45. I have trouble relating to the feelings s/he expresses.
trq29	29	29. S/he tends to stir up strong feelings in me.
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.
trq38	38	38. I feel interchangeable—that I could be anyone to him/her.
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.
trq15	15	15. I feel angry at him/her.
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.
trq55	55	55. I feel pushed to set very firm limits with him/her.
trq66	66	66. I worry about him/her after sessions more than other patients.
trq54	54	54. I think s/he might do better with another therapist or in a different kind of therapy.
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.

# Facteur 2 : protective

	Item	Label
trq42	42	42. I feel like I want to protect him/her.
trq64	64	64. I have warm, almost parental feelings toward him/her.
trq65	65	65. I like him/her very much.
trq47	47	47. I feel nurturant toward him/her.
trq74	74	74. S/he is one of my favorite patients.
trq4	4	4. I feel compassion for him/her.
trq40	40	40. I feel like I understand him/her.
trq53	53	53. I feel pleased or satisfied after sessions with him/her.
trq21	21	21. I wish I could give him/her what others never could.
trq19	19	19. I look forward to sessions with him/her.
trq3	3	3. I find it exciting working with him/her.
trq66	66	66. I worry about him/her after sessions more than other patients.
trq23	23	23. S/he makes me feel good about myself.
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.
trq28	28	28. I feel guilty when s/he is distressed or deteriorates, as if I must be somehow responsible.
trq49	49	49. I feel sad in sessions with him/her.
trq67	67	67. I end sessions overtime with him/her more than with my other patients.
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.
trq71	71	71. I disclose my feelings with him/her more than with other patients.
trq14	14	14. I feel angry at people in his/her life.
trq29	29	29. S/he tends to stir up strong feelings in me.
trq72	72	72. I call him/her between sessions more than my other patients.

	Item	Label	Loading
trq27	27	27. I get enraged at him/her.	0.68
trq48	48	48. I lose my temper with him/her.	0.64
trq2	2	2. At times I dislike him/her.	0.62
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.62
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.57
trq8	8	8. I feel annoyed in sessions with him/her.	0.56
trq15	15	15. I feel angry at him/her.	0.56
trq41	41	41. I tell him/her I'm angry at him/her.	0.51
trq37	37	37. I find myself being controlling with him/her.	0.48
trq44	44	44. I feel like I'm being mean or cruel to him/her.	0.44
trq57	57	57. I feel resentful working with him/her.	0.43
trq33	33	33. I feel used or manipulated by him/her.	0.42
trq29	29	29. S/he tends to stir up strong feelings in me.	0.41
trq12	12	12. I feel criticized by him/her.	0.39
trq11	11	11. I don't trust what s/he's telling me.	0.36
trq45	45	45. I have trouble relating to the feelings s/he expresses.	0.35
trq46	46	46. I feel mistreated or abused by him/her.	0.34
trq43	43	43. I regret things I have said to him/her.	0.33

## Facteur 4: boredom

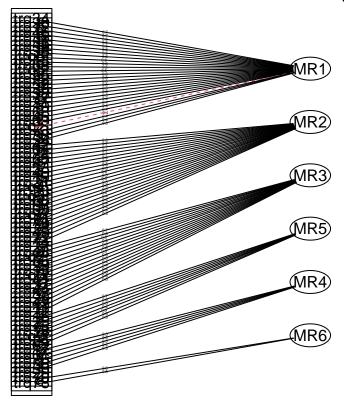
	Item	Label	Loading
trq16	16	16. I feel bored in sessions with him/her.	0.67
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	0.52
trq68	68	68. I feel less successful helping him/her than other patients.	0.50
trq52	52	52. I feel hopeless working with him/her.	0.48
trq22	22	22. I feel frustrated in sessions with him/her.	0.46
trq18	18	18. I feel depressed in sessions with him/her.	0.45
trq75	75	75. I watch the clock with him/her more than with my other patients.	0.45
trq8	8	8. I feel annoyed in sessions with him/her.	0.43
trq36	36	36. I feel incompetent or inadequate working with him/her.	0.41
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.	0.34
trq9	9	9. I don't feel fully engaged in sessions with him/her.	0.32
trq24	24	24. I feel guilty about my feelings toward him/her.	0.31
trq62	62	62. I feel repulsed by him/her.	0.31
trq3	3	3. I find it exciting working with him/her.	-0.43

#### Facteur 5: seduction

	Item	Label
trq71	71	71. I disclose my feelings with him/her more than with other patients.
trq56	56	56. I find myself being flirtatious with him/her.
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
trq61	61	61. I feel sexual tension in the room.
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.
trq17	17	17. I feel sexually attracted to him/her.
trq78	78	78. I begin sessions late with him/her more than with my other patients.
trq50	50	50. I tell him/her I love him/her.
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.
trq67	67	67. I end sessions overtime with him/her more than with my other patients.
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.
trq20	20	20. I feel envious of, or competitive with him/her.

## 6 facteurs

# **Factor Analysis**



Le RMSEA est égal à 0.05, le root mean square of the residuals (RMSR) est égal à 0.04 (de préférence < .08) et le Tucker Lewis Index est égal à 0.79. Le premier facteur explique 12~%, le deuxième explique 10~%, le troisième 7~%, le quatrième 5~%, le cinquième 3~%, le sixième 3~% de la variance totale pour une variance cumulée égale à 40~%. Le premier facteur compte 34 items, le deuxième 26 items le troisième 19 items, le quatrième 14 items, le cinquième 8 items, le sixième 4 items pour un total de 117 items.

## Facteur 1: overwhelmed

trq30 30 30 .1 feel anxious working with him/her. trq34 34 .1 feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explod trq12 12 12 .1 feel criticized by him/her. trq36 46 46 .1 feel mistreated or abused by him/her. trq35 35 .35 .She frightens me. trq51 51 .51 .1 feel overwhelmed by his/her needs. trq59 59 59 .1 feel like my hands have been tied or that I have been put in an impossible bind. trq36 36 36 .1 feel incompetent or inadequate working with him/her. trq46 46 6. I feel dismissed or devalued. trq31 13 13 .1 dread sessions with him/her. trq58 68 68 .1 feel less successful helping him/her than other patients. trq5 5 5 .1 wish I had never taken him/her on as a patient. trq22 22 22 .1 feel frustrated in sessions with him/her. trq46 46 .6 .1 feel used or amipulated by him/her. trq50 55 .5 .1 wish I had never taken him/her on as a patient. trq40 46 .6 .1 feel overwhelmed by his/her strong emotions. trq33 33 .3 .1 feel used or manipulated by him/her. trq52 52 .52 .1 feel hopeless working with him/her. trq52 55 .55 .1 feel word ramipulated by him/her. trq54 56 .56 .57 .1 feel overwhelmed by him/her. trq55 57 .58 .58 .1 think or fantasize about ending the treatment. trq77 77 .77 .77 .77 .77 .77 .77 .77 .77 .		Item	Label
trq12 12 12 If feel criticized by him/her. trq46 46 46 If feel mistreated or abused by him/her. trq35 35 35 S/he frightens me. trq51 51 51. If feel overwhelmed by his/her needs. trq59 59 59 If feel like my hands have been tied or that I have been put in an impossible bind. trq36 36 36 If feel incompetent or inadequate working with him/her. trq36 36 36 If feel dismissed or devalued. trq13 13 13. I dread sessions with him/her. trq68 68 68. If feel less successful helping him/her than other patients. trq50 5 I wish I had never taken him/her on as a patient. trq22 22 22. I feel frustrated in sessions with him/her. trq40 26 16 I feel overwhelmed by his/her strong emotions. trq33 33 33 I feel used or manipulated by him/her. trq52 55 52. I feel hopeless working with him/her. trq55 58 58 I think or fantasize about ending the treatment. trq77 77 77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the trq31 31 31. I feel I am failing to help him/her or I worry that I won't be able to help him/her. trq40 10 10. I feel confused in sessions with him/her. trq45 45 45. I have trouble relating to the feelings s/he expresses. trq60 60 60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her. trq73 73 73. I find myself discussing him/her more with colleagues or supervisors than my other patients. trq35 38 38. I feel interchangeable—that I could be anyone to him/her. trq45 15 15. I feel angry at him/her. trq46 66 66. I worry about him/her. trq57 78 78. I begin sessions late with him/her more than other patients. trq66 66 66. I worry about him/her after sessions more than other patients. trq67 54 54. I think s/he might do better with another therapist or in a different kind of therapy.	trq30	30	
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		54	54. I think s/he might do better with another therapist or in a different kind of therapy.
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## Facteur 2: protective

	Item	Label
trq42	42	42. I feel like I want to protect him/her.
trq64	64	64. I have warm, almost parental feelings toward him/her.
trq74	74	74. S/he is one of my favorite patients.
trq65	65	65. I like him/her very much.
trq47	47	47. I feel nurturant toward him/her.
trq53	53	53. I feel pleased or satisfied after sessions with him/her.
trq40	40	40. I feel like I understand him/her.
trq19	19	19. I look forward to sessions with him/her.
trq21	21	21. I wish I could give him/her what others never could.
trq4	4	4. I feel compassion for him/her.
trq23	23	23. S/he makes me feel good about myself.
trq3	3	3. I find it exciting working with him/her.
trq66	66	66. I worry about him/her after sessions more than other patients.
trq67	67	67. I end sessions overtime with him/her more than with my other patients.
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.
trq71	71	71. I disclose my feelings with him/her more than with other patients.
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.
trq28	28	28. I feel guilty when s/he is distressed or deteriorates, as if I must be somehow responsible.
trq49	49	49. I feel sad in sessions with him/her.
trq72	72	72. I call him/her between sessions more than my other patients.
trq56	56	56. I find myself being flirtatious with him/her.
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.
trq14	14	14. I feel angry at people in his/her life.
trq29	29	29. S/he tends to stir up strong feelings in me.

	Item	Label	Loading
trq27	27	27. I get enraged at him/her.	0.69
trq48	48	48. I lose my temper with him/her.	0.65
trq2	2	2. At times I dislike him/her.	0.60
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.58
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.57
trq15	15	15. I feel angry at him/her.	0.56
trq8	8	8. I feel annoyed in sessions with him/her.	0.52
trq41	41	41. I tell him/her I'm angry at him/her.	0.50
trq37	37	37. I find myself being controlling with him/her.	0.46
trq44	44	44. I feel like I'm being mean or cruel to him/her.	0.44
trq57	57	57. I feel resentful working with him/her.	0.43
trq29	29	29. S/he tends to stir up strong feelings in me.	0.41
trq33	33	33. I feel used or manipulated by him/her.	0.37
trq12	12	12. I feel criticized by him/her.	0.36
trq43	43	43. I regret things I have said to him/her.	0.35
trq45	45	45. I have trouble relating to the feelings s/he expresses.	0.34
trq11	11	11. I don't trust what s/he's telling me.	0.32
trq32	32	32. His/her sexual feelings toward me make me anxious or uncomfortable.	0.31
trq46	46	46. I feel mistreated or abused by him/her.	0.31

## Facteur 4: boredom

	Item	Label	Loading
trq16	16	16. I feel bored in sessions with him/her.	0.67
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	0.52
trq68	68	68. I feel less successful helping him/her than other patients.	0.50
trq52	52	52. I feel hopeless working with him/her.	0.48
trq22	22	22. I feel frustrated in sessions with him/her.	0.46
trq18	18	18. I feel depressed in sessions with him/her.	0.45
trq75	75	75. I watch the clock with him/her more than with my other patients.	0.45
trq8	8	8. I feel annoyed in sessions with him/her.	0.44
trq36	36	36. I feel incompetent or inadequate working with him/her.	0.41
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.	0.34
trq9	9	9. I don't feel fully engaged in sessions with him/her.	0.32
trq24	24	24. I feel guilty about my feelings toward him/her.	0.31
trq62	62	62. I feel repulsed by him/her.	0.30
trq3	3	3. I find it exciting working with him/her.	-0.42

#### Facteur 5: sexualized

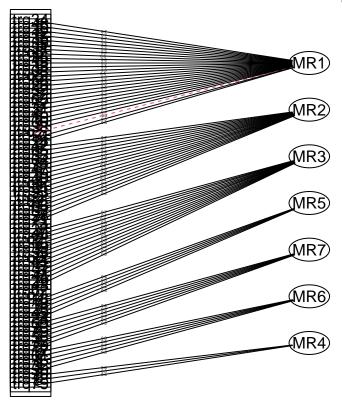
	Item	Label
trq17	17	17. I feel sexually attracted to him/her.
trq61	61	61. I feel sexual tension in the room.
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.
trq71	71	71. I disclose my feelings with him/her more than with other patients.
trq56	56	56. I find myself being flirtatious with him/her.
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.
trq50	50	50. I tell him/her I love him/her.
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.

## Facteur 6: disengaged

	Item	Label	Loa
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.	
trq78	78	78. I begin sessions late with him/her more than with my other patients.	
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.	
trq75	75	75. I watch the clock with him/her more than with my other patients.	

## 7 facteurs

# **Factor Analysis**



Le RMSEA est égal à 0.05, le root mean square of the residuals (RMSR) est égal à 0.03 (de préférence < .08) et le Tucker Lewis Index est égal à 0.81. Le premier facteur explique 12~%, le deuxième explique 9~%, le troisième 7~%, le quatrième 4~%, le cinquième 4~%, le sixième 3~%, le septième 3~% de la variance totale pour une variance cumulée égale à 42~%. Le premier facteur compte 35 items, le deuxième 22 items le troisième 18 items, le quatrième 13 items, le cinquième 11 items, le sixième 7 items, le septième 5 items pour un total de 128 items.

#### Facteur 1: mistreated

	Item	Label
trq30	30	30. I feel anxious working with him/her.
trq34	34	34. I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explod
trq46	46	46. I feel mistreated or abused by him/her.
trq12	12	12. I feel criticized by him/her.
trq35	35	35. S/he frightens me.
trq51	51	51. I feel overwhelmed by his/her needs.
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.
trq6	6	6. I feel dismissed or devalued.
trq36	36	36. I feel incompetent or inadequate working with him/her.
trq13	13	13. I dread sessions with him/her.
trq33	33	33. I feel used or manipulated by him/her.
trq68	68	68. I feel less successful helping him/her than other patients.
trq5	5	5. I wish I had never taken him/her on as a patient.
trq26	26	26. I feel overwhelmed by his/her strong emotions.
trq58	58	58. I think or fantasize about ending the treatment.
trq22	22	22. I feel frustrated in sessions with him/her.
trq52	52	52. I feel hopeless working with him/her.
trq63	63	63. I feel unappreciated by him/her.
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.
trq10	10	10. I feel confused in sessions with him/her.
trq45	45	45. I have trouble relating to the feelings s/he expresses.
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.
trq38	38	38. I feel interchangeable—that I could be anyone to him/her.
trq55	55	55. I feel pushed to set very firm limits with him/her.
trq78	78	78. I begin sessions late with him/her more than with my other patients.
trq29	29	29. S/he tends to stir up strong feelings in me.
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.
trq54	54	54. I think s/he might do better with another therapist or in a different kind of therapy.
trq11	11	11. I don't trust what s/he's telling me.
trq75	75	75. I watch the clock with him/her more than with my other patients.
trq15	15	15. I feel angry at him/her.
trq44	44	44. I feel like I'm being mean or cruel to him/her.
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.

## Facteur 2: protective

	Item	Label
trq42	42	42. I feel like I want to protect him/her.
trq65	65	65. I like him/her very much.
trq53	53	53. I feel pleased or satisfied after sessions with him/her.
trq64	64	64. I have warm, almost parental feelings toward him/her.
trq47	47	47. I feel nurturant toward him/her.
trq74	74	74. S/he is one of my favorite patients.
trq19	19	19. I look forward to sessions with him/her.
trq40	40	40. I feel like I understand him/her.
trq4	4	4. I feel compassion for him/her.
trq21	21	21. I wish I could give him/her what others never could.
trq23	23	23. S/he makes me feel good about myself.
trq3	3	3. I find it exciting working with him/her.
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.
trq66	66	66. I worry about him/her after sessions more than other patients.
trq67	67	67. I end sessions overtime with him/her more than with my other patients.
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.
trq28	28	28. I feel guilty when s/he is distressed or deteriorates, as if I must be somehow responsible.
trq71	71	71. I disclose my feelings with him/her more than with other patients.
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.
trq49	49	49. I feel sad in sessions with him/her.
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.

	Item	Label	Loading
trq27	27	27. I get enraged at him/her.	0.70
trq48	48	48. I lose my temper with him/her.	0.66
trq2	2	2. At times I dislike him/her.	0.62
trq15	15	15. I feel angry at him/her.	0.58
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.58
trq8	8	8. I feel annoyed in sessions with him/her.	0.56
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.56
trq41	41	41. I tell him/her I'm angry at him/her.	0.48
trq37	37	37. I find myself being controlling with him/her.	0.47
trq44	44	44. I feel like I'm being mean or cruel to him/her.	0.44
trq57	57	57. I feel resentful working with him/her.	0.44
trq29	29	29. S/he tends to stir up strong feelings in me.	0.42
trq33	33	33. I feel used or manipulated by him/her.	0.36
trq12	12	12. I feel criticized by him/her.	0.35
trq43	43	43. I regret things I have said to him/her.	0.35
trq45	45	45. I have trouble relating to the feelings s/he expresses.	0.35
trq11	11	11. I don't trust what s/he's telling me.	0.32
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	0.32

## Facteur 4: boredom

	Item	Label	Loading
trq16	16	16. I feel bored in sessions with him/her.	0.58
trq18	18	18. I feel depressed in sessions with him/her.	0.52
trq68	68	68. I feel less successful helping him/her than other patients.	0.48
trq52	52	52. I feel hopeless working with him/her.	0.46
trq22	22	22. I feel frustrated in sessions with him/her.	0.45
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	0.43
trq36	36	36. I feel incompetent or inadequate working with him/her.	0.43
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.	0.40
trq49	49	49. I feel sad in sessions with him/her.	0.36
trq8	8	8. I feel annoyed in sessions with him/her.	0.34
trq75	75	75. I watch the clock with him/her more than with my other patients.	0.34
trq24	24	24. I feel guilty about my feelings toward him/her.	0.32
trq3	3	3. I find it exciting working with him/her.	-0.37

## Facteur 5: loss of professional distance

	Item	Label
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.
trq56	56	56. I find myself being flirtatious with him/her.
trq67	67	67. I end sessions overtime with him/her more than with my other patients.
trq66	66	66. I worry about him/her after sessions more than other patients.
trq72	72	72. I call him/her between sessions more than my other patients.
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
trq20	20	20. I feel envious of, or competitive with him/her.
trq71	71	71. I disclose my feelings with him/her more than with other patients.
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.

## Facteur 6: disengaged

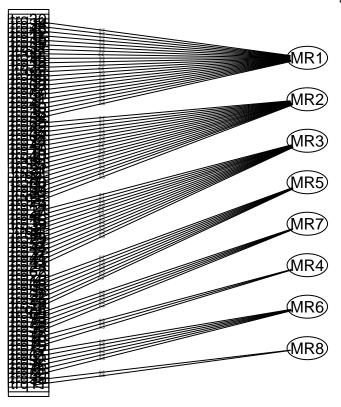
	Item	Label	Loading
trq17	17	17. I feel sexually attracted to him/her.	0.57
trq61	61	61. I feel sexual tension in the room.	0.57
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.	0.41
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.	0.38
trq32	32	32. His/her sexual feelings toward me make me anxious or uncomfortable.	0.38
trq71	71	71. I disclose my feelings with him/her more than with other patients.	0.34
trq50	50	50. I tell him/her I love him/her.	0.31

## Facteur 7: sexualized

	Item	Label	Loa
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.	
trq78	78	78. I begin sessions late with him/her more than with my other patients.	
trq75	75	75. I watch the clock with him/her more than with my other patients.	
trq16	16	16. I feel bored in sessions with him/her.	
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.	

#### 8 facteurs

# **Factor Analysis**



Le RMSEA est égal à 0.04, le root mean square of the residuals (RMSR) est égal à 0.03 (de préférence < .08) et le Tucker Lewis Index est égal à 0.83. Le premier facteur explique 11~%, le deuxième explique 9~%, le troisième 7~%, le quatrième 5~%, le cinquième 4~%, le sixième 3~%, le septième 3~%, le huitième 2~% de la variance totale pour une variance cumulée égale à 44~%. Le premier facteur compte 33 items, le deuxième 22 items le troisième 17 items, le quatrième 14 items, le cinquième 10 items, le sixième 4 items, le septième 8 items, le huitième 4 items pour un total de 131 items.

#### Facteur 1: mistreated

trq30 30 30. I feel auxious working with him/her. trq34 34 34. I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explor trq46 46. I feel mistreated or abused by him/her. trq12 12 12. I feel criticized by him/her. trq35 35 35. S/he frightens me. trq59 55 59. I feel like my hands have been tied or that I have been put in an impossible bind. trq6 6 6. I feel dismissed or devalued. trq61 51 51. I feel overwhelmed by his/her needs. trq36 36. I feel incompetent or inadequate working with him/her. trq31 31 31. I dread sessions with him/her. trq32 13 31. I dread sessions with him/her on as a patient. trq46 6 6. I feel overwhelmed by his/her strong emotions. trq46 26 26. I feel overwhelmed by his/her strong emotions. trq48 68 68. I feel less successful helping him/her than other patients. trq33 33 33. I feel used or manipulated by him/her. trq58 55 85. I think or fantasize about ending the treatment. trq46 36 36. I feel unappreciated by him/her. trq52 22 22. I feel frustrated in sessions with him/her. trq47 77. 77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after th trq60 60 60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her. trq45 45 1 have trouble relating to the feelings s/he expresses. trq40 10 10. I feel confused in sessions with him/her. trq47 78 78. I begin sessions late with him/her more than with my other patients. trq49 78 78 1 begin sessions late with him/her more than with my other patients. trq49 44 44 44 I feel like I'm being mean or cruel to him/her. trq44 44 44 I feel like I'm being mean or cruel to him/her. trq45 75 75. I watch the clock with him/her more than with my other patients.		Item	Label
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trq75 75. I watch the clock with him/her more than with my other patients.			
		44	
trq1   1   1. I am very hopeful about the gains s/he is making or will likely make in treatment.		75	,
	trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.

# Facteur 2 : protective

	Item	Label
trq42	42	42. I feel like I want to protect him/her.
trq65	65	65. I like him/her very much.
trq53	53	53. I feel pleased or satisfied after sessions with him/her.
trq64	64	64. I have warm, almost parental feelings toward him/her.
trq74	74	74. S/he is one of my favorite patients.
trq47	47	47. I feel nurturant toward him/her.
trq19	19	19. I look forward to sessions with him/her.
trq40	40	40. I feel like I understand him/her.
trq4	4	4. I feel compassion for him/her.
trq23	23	23. S/he makes me feel good about myself.
trq21	21	21. I wish I could give him/her what others never could.
trq3	3	3. I find it exciting working with him/her.
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.
trq66	66	66. I worry about him/her after sessions more than other patients.
trq67	67	67. I end sessions overtime with him/her more than with my other patients.
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.
trq28	28	28. I feel guilty when s/he is distressed or deteriorates, as if I must be somehow responsible.
trq49	49	49. I feel sad in sessions with him/her.
trq71	71	71. I disclose my feelings with him/her more than with other patients.
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.

	Item	Label	Loading
trq27	27	27. I get enraged at him/her.	0.71
trq48	48	48. I lose my temper with him/her.	0.65
trq15	15	15. I feel angry at him/her.	0.62
trq2	2	2. At times I dislike him/her.	0.59
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.59
trq8	8	8. I feel annoyed in sessions with him/her.	0.52
trq29	29	29. S/he tends to stir up strong feelings in me.	0.47
trq57	57	57. I feel resentful working with him/her.	0.47
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.45
trq44	44	44. I feel like I'm being mean or cruel to him/her.	0.44
trq37	37	37. I find myself being controlling with him/her.	0.43
trq41	41	41. I tell him/her I'm angry at him/her.	0.40
trq43	43	43. I regret things I have said to him/her.	0.38
trq45	45	45. I have trouble relating to the feelings s/he expresses.	0.33
trq12	12	12. I feel criticized by him/her.	0.32
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	0.32
trq24	24	24. I feel guilty about my feelings toward him/her.	0.30

## Facteur 4: boredom

	Item	Label	Loading
trq16	16	16. I feel bored in sessions with him/her.	0.66
trq68	68	68. I feel less successful helping him/her than other patients.	0.52
trq52	52	52. I feel hopeless working with him/her.	0.51
trq22	22	22. I feel frustrated in sessions with him/her.	0.49
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	0.45
trq18	18	18. I feel depressed in sessions with him/her.	0.44
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.	0.42
trq36	36	36. I feel incompetent or inadequate working with him/her.	0.42
trq8	8	8. I feel annoyed in sessions with him/her.	0.40
trq75	75	75. I watch the clock with him/her more than with my other patients.	0.36
trq9	9	9. I don't feel fully engaged in sessions with him/her.	0.33
trq10	10	10. I feel confused in sessions with him/her.	0.30
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.	-0.30
trq3	3	3. I find it exciting working with him/her.	-0.42

# Facteur 5: loss of professional distance

	Item	Label
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.
trq56	56	56. I find myself being flirtatious with him/her.
trq72	72	72. I call him/her between sessions more than my other patients.
trq66	66	66. I worry about him/her after sessions more than other patients.
trq67	67	67. I end sessions overtime with him/her more than with my other patients.
trq71	71	71. I disclose my feelings with him/her more than with other patients.
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.

# Facteur 6: disengaged

	Item	Label	Loa
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.	
trq78	78	78. I begin sessions late with him/her more than with my other patients.	
trq75	75	75. I watch the clock with him/her more than with my other patients.	
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.	

## Facteur 7: sexualized

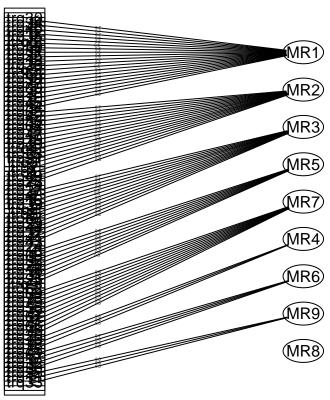
	Item	Label	Loading
trq17	17	17. I feel sexually attracted to him/her.	0.63
trq61	61	61. I feel sexual tension in the room.	0.62
trq32	32	32. His/her sexual feelings toward me make me anxious or uncomfortable.	0.40
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.	0.40
trq71	71	71. I disclose my feelings with him/her more than with other patients.	0.37
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.	0.36
trq50	50	50. I tell him/her I love him/her.	0.34
trq56	56	56. I find myself being flirtatious with him/her.	0.31

Facteur 8: distrust

	Item	Label	Loading
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.50
trq11	11	11. I don't trust what s/he's telling me.	0.48
trq33	33	33. I feel used or manipulated by him/her.	0.45
trq41	41	41. I tell him/her I'm angry at him/her.	0.38

#### 9 facteurs





Le RMSEA est égal à 0.04, le root mean square of the residuals (RMSR) est égal à 0.03 (de préférence < .08) et le Tucker Lewis Index est égal à 0.84. Le premier facteur explique 11 %, le deuxième explique 9 %, le troisième 7 %, le quatrième 5 %, le cinquième 4 % , le sixième 3 %, le septième 2 %, le huitième 2 %, le neuvième 1 % de la variance totale pour une variance cumulée égale à 44 %. Le premier facteur compte 31 items, le deuxième 20 items le troisième 16 items, le quatrième 14 items, le cinquième 12 items, le sixième 5 items, le septième 7 items, le huitième 4 items, le neuvième 1 items pour un total de 134 items.

#### Facteur 1: mistreated

	Item	Label
trq30	30	30. I feel anxious working with him/her.
trq34	34	34. I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explod
trq46	46	46. I feel mistreated or abused by him/her.
trq12	12	12. I feel criticized by him/her.
trq35	35	35. S/he frightens me.
trq6	6	6. I feel dismissed or devalued.
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.
trq51	51	51. I feel overwhelmed by his/her needs.
trq13	13	13. I dread sessions with him/her.
trq36	36	36. I feel incompetent or inadequate working with him/her.
trq5	5	5. I wish I had never taken him/her on as a patient.
trq26	26	26. I feel overwhelmed by his/her strong emotions.
trq33	33	33. I feel used or manipulated by him/her.
trq68	68	68. I feel less successful helping him/her than other patients.
trq58	58	58. I think or fantasize about ending the treatment.
trq63	63	63. I feel unappreciated by him/her.
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.
trq22	22	22. I feel frustrated in sessions with him/her.
trq52	52	52. I feel hopeless working with him/her.
trq10	10	10. I feel confused in sessions with him/her.
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.
trq38	38	38. I feel interchangeable—that I could be anyone to him/her.
trq45	45	45. I have trouble relating to the feelings s/he expresses.
trq29	29	29. S/he tends to stir up strong feelings in me.
trq78	78	78. I begin sessions late with him/her more than with my other patients.
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.
trq55	55	55. I feel pushed to set very firm limits with him/her.
trq54	54	54. I think s/he might do better with another therapist or in a different kind of therapy.
trq15	15	15. I feel angry at him/her.
trq44	44	44. I feel like I'm being mean or cruel to him/her.

# Facteur 2: protective

	Item	Label	Loading
trq65	65	65. I like him/her very much.	0.72
trq42	42	42. I feel like I want to protect him/her.	0.71
trq53	53	53. I feel pleased or satisfied after sessions with him/her.	0.71
trq64	64	64. I have warm, almost parental feelings toward him/her.	0.67
trq74	74	74. S/he is one of my favorite patients.	0.64
trq19	19	19. I look forward to sessions with him/her.	0.63
trq47	47	47. I feel nurturant toward him/her.	0.63
trq40	40	40. I feel like I understand him/her.	0.61
trq4	4	4. I feel compassion for him/her.	0.58
trq23	23	23. S/he makes me feel good about myself.	0.58
trq3	3	3. I find it exciting working with him/her.	0.54
trq21	21	21. I wish I could give him/her what others never could.	0.54
$\mathrm{trq}7$	7	7. If s/he were not my patient, I could imagine being friends with him/her.	0.42
trq66	66	66. I worry about him/her after sessions more than other patients.	0.38
trq67	67	67. I end sessions overtime with him/her more than with my other patients.	0.38
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.	0.37
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.	0.36
trq28	28	28. I feel guilty when s/he is distressed or deteriorates, as if I must be somehow responsible.	0.34
trq49	49	49. I feel sad in sessions with him/her.	0.34
trq71	71	71. I disclose my feelings with him/her more than with other patients.	0.34

	Item	Label	Loading
trq27	27	27. I get enraged at him/her.	0.71
trq48	48	48. I lose my temper with him/her.	0.66
trq15	15	15. I feel angry at him/her.	0.61
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.60
trq2	2	2. At times I dislike him/her.	0.58
trq8	8	8. I feel annoyed in sessions with him/her.	0.53
trq57	57	57. I feel resentful working with him/her.	0.48
trq29	29	29. S/he tends to stir up strong feelings in me.	0.45
trq44	44	44. I feel like I'm being mean or cruel to him/her.	0.45
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.45
trq37	37	37. I find myself being controlling with him/her.	0.43
trq41	41	41. I tell him/her I'm angry at him/her.	0.41
trq43	43	43. I regret things I have said to him/her.	0.41
trq12	12	12. I feel criticized by him/her.	0.35
trq45	45	45. I have trouble relating to the feelings s/he expresses.	0.33
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	0.32

## Facteur 4: boredom

	Item	Label	Loading
trq16	16	16. I feel bored in sessions with him/her.	0.64
trq52	52	52. I feel hopeless working with him/her.	0.53
trq68	68	68. I feel less successful helping him/her than other patients.	0.53
trq22	22	22. I feel frustrated in sessions with him/her.	0.50
trq18	18	18. I feel depressed in sessions with him/her.	0.47
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.	0.46
trq36	36	36. I feel incompetent or inadequate working with him/her.	0.46
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	0.44
trq8	8	8. I feel annoyed in sessions with him/her.	0.39
trq75	75	75. I watch the clock with him/her more than with my other patients.	0.34
trq9	9	9. I don't feel fully engaged in sessions with him/her.	0.32
trq10	10	10. I feel confused in sessions with him/her.	0.32
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.	-0.30
trq3	3	3. I find it exciting working with him/her.	-0.41

# Facteur 5: loss of professional distance

	Item	Label
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.
trq56	56	56. I find myself being flirtatious with him/her.
trq72	72	72. I call him/her between sessions more than my other patients.
trq66	66	66. I worry about him/her after sessions more than other patients.
trq67	67	67. I end sessions overtime with him/her more than with my other patients.
trq71	71	71. I disclose my feelings with him/her more than with other patients.
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
trq20	20	20. I feel envious of, or competitive with him/her.
trq74	74	74. S/he is one of my favorite patients.

# Facteur 6: disengaged

	Item	Label	Loa
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.	
trq78	78	78. I begin sessions late with him/her more than with my other patients.	
trq75	75	75. I watch the clock with him/her more than with my other patients.	
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.	
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	

## Facteur 7: sexualized

	Item	Label	Loading
trq61	61	61. I feel sexual tension in the room.	0.67
trq17	17	17. I feel sexually attracted to him/her.	0.61
trq32	32	32. His/her sexual feelings toward me make me anxious or uncomfortable.	0.43
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.	0.34
trq71	71	71. I disclose my feelings with him/her more than with other patients.	0.32
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.	0.31
trq50	50	50. I tell him/her I love him/her.	0.31

#### Facteur 8: distrust

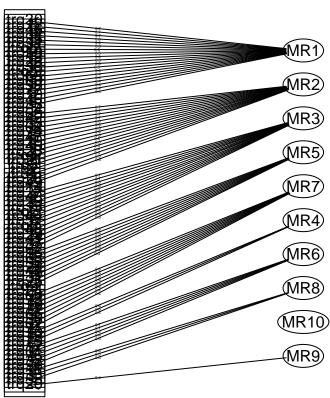
	Item	Label	Loading
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.53
trq11	11	11. I don't trust what s/he's telling me.	0.47
trq33	33	33. I feel used or manipulated by him/her.	0.46
trq41	41	41. I tell him/her I'm angry at him/her.	0.36

#### Facteur 9: none

	Item	Label	Loading
trq26	26	26. I feel overwhelmed by his/her strong emotions.	0.38

#### 10 facteurs

# **Factor Analysis**



Le RMSEA est égal à 0.04, le root mean square of the residuals (RMSR) est égal à 0.03 (de préférence < .08) et le Tucker Lewis Index est égal à 0.85. Le premier facteur explique 10~%, le deuxième explique 9~%, le troisième 7~%, le quatrième 5~%, le cinquième 4~%, le sixième 3~%, le septième 3~%, le huitième 2~%, le neuvième 1~% de la variance totale pour une variance cumulée égale à 45~%. Le premier facteur compte 31 items, le deuxième 20 items le troisième 16 items, le quatrième 14 items, le cinquième 12 items, le sixième 5 items, le septième 7 items, le huitième 4 items, le neuvième 1 items pour un total de 134 items.

## Facteur 1: mistreated

	Item	Label
trq30	30	30. I feel anxious working with him/her.
trq12	12	12. I feel criticized by him/her.
trq34	34	34. I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explod
trq46	46	46. I feel mistreated or abused by him/her.
trq35	35	35. S/he frightens me.
trq6	6	6. I feel dismissed or devalued.
trq51	51	51. I feel overwhelmed by his/her needs.
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.
trq13	13	13. I dread sessions with him/her.
trq26	26	26. I feel overwhelmed by his/her strong emotions.
trq36	36	36. I feel incompetent or inadequate working with him/her.
trq5	5	5. I wish I had never taken him/her on as a patient.
trq33	33	33. I feel used or manipulated by him/her.
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.
trq63	63	63. I feel unappreciated by him/her.
trq58	58	58. I think or fantasize about ending the treatment.
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
trq68	68	68. I feel less successful helping him/her than other patients.
trq22	22	22. I feel frustrated in sessions with him/her.
trq10	10	10. I feel confused in sessions with him/her.
trq29	29	29. S/he tends to stir up strong feelings in me.
trq52	52	52. I feel hopeless working with him/her.
trq45	45	45. I have trouble relating to the feelings s/he expresses.
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.
trq38	38	38. I feel interchangeable—that I could be anyone to him/her.
trq78	78	78. I begin sessions late with him/her more than with my other patients.
trq15	15	15. I feel angry at him/her.
trq55	55	55. I feel pushed to set very firm limits with him/her.

# Facteur 2: protective

	Item	Label	Loading
trq65	65	65. I like him/her very much.	0.72
trq42	42	42. I feel like I want to protect him/her.	0.71
trq53	53	53. I feel pleased or satisfied after sessions with him/her.	0.71
trq64	64	64. I have warm, almost parental feelings toward him/her.	0.68
trq47	47	47. I feel nurturant toward him/her.	0.63
trq74	74	74. S/he is one of my favorite patients.	0.63
trq19	19	19. I look forward to sessions with him/her.	0.62
trq40	40	40. I feel like I understand him/her.	0.62
trq4	4	4. I feel compassion for him/her.	0.58
trq23	23	23. S/he makes me feel good about myself.	0.58
trq21	21	21. I wish I could give him/her what others never could.	0.55
trq3	3	3. I find it exciting working with him/her.	0.54
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.	0.43
trq67	67	67. I end sessions overtime with him/her more than with my other patients.	0.38
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.	0.38
trq66	66	66. I worry about him/her after sessions more than other patients.	0.37
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.	0.36
trq71	71	71. I disclose my feelings with him/her more than with other patients.	0.35
trq28	28	28. I feel guilty when s/he is distressed or deteriorates, as if I must be somehow responsible.	0.34
trq49	49	49. I feel sad in sessions with him/her.	0.34

	Item	Label	Loading
trq27	27	27. I get enraged at him/her.	0.68
trq48	48	48. I lose my temper with him/her.	0.66
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.63
trq15	15	15. I feel angry at him/her.	0.53
trq2	2	2. At times I dislike him/her.	0.52
trq44	44	44. I feel like I'm being mean or cruel to him/her.	0.49
trq57	57	57. I feel resentful working with him/her.	0.48
trq8	8	8. I feel annoyed in sessions with him/her.	0.45
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.45
trq43	43	43. I regret things I have said to him/her.	0.44
trq29	29	29. S/he tends to stir up strong feelings in me.	0.43
trq41	41	41. I tell him/her I'm angry at him/her.	0.42
trq37	37	37. I find myself being controlling with him/her.	0.41
trq45	45	45. I have trouble relating to the feelings s/he expresses.	0.36
trq32	32	32. His/her sexual feelings toward me make me anxious or uncomfortable.	0.33
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	0.32
trq62	62	62. I feel repulsed by him/her.	0.30

## Facteur 4: boredom

	Item	Label	Loading
trq16	16	16. I feel bored in sessions with him/her.	0.64
trq52	52	52. I feel hopeless working with him/her.	0.54
trq68	68	68. I feel less successful helping him/her than other patients.	0.54
trq22	22	22. I feel frustrated in sessions with him/her.	0.53
trq18	18	18. I feel depressed in sessions with him/her.	0.50
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.	0.48
trq36	36	36. I feel incompetent or inadequate working with him/her.	0.48
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	0.43
trq8	8	8. I feel annoyed in sessions with him/her.	0.40
trq10	10	10. I feel confused in sessions with him/her.	0.33
trq75	75	75. I watch the clock with him/her more than with my other patients.	0.33
trq49	49	49. I feel sad in sessions with him/her.	0.32
trq9	9	9. I don't feel fully engaged in sessions with him/her.	0.31
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.	-0.31
trq3	3	3. I find it exciting working with him/her.	-0.40

# Facteur 5: loss of professional distance

	Item	Label
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.
trq66	66	66. I worry about him/her after sessions more than other patients.
trq72	72	72. I call him/her between sessions more than my other patients.
trq56	56	56. I find myself being flirtatious with him/her.
trq67	67	67. I end sessions overtime with him/her more than with my other patients.
trq71	71	71. I disclose my feelings with him/her more than with other patients.
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
trq74	74	74. S/he is one of my favorite patients.
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.

# Facteur 6: disengaged

	Item	Label	Loa
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.	
trq78	78	78. I begin sessions late with him/her more than with my other patients.	
trq75	75	75. I watch the clock with him/her more than with my other patients.	
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.	
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	

## Facteur 7: seduction

	Item	Label	Loading
trq17	17	17. I feel sexually attracted to him/her.	0.68
trq61	61	61. I feel sexual tension in the room.	0.66
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.	0.38
trq32	32	32. His/her sexual feelings toward me make me anxious or uncomfortable.	0.37
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.	0.36
trq71	71	71. I disclose my feelings with him/her more than with other patients.	0.36
trq50	50	50. I tell him/her I love him/her.	0.34
trq56	56	56. I find myself being flirtatious with him/her.	0.31

#### Facteur 8: distrust

	Item	Label	Loading
trq11	11	11. I don't trust what s/he's telling me.	0.53
trq33	33	33. I feel used or manipulated by him/her.	0.53
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.49
trq41	41	41. I tell him/her I'm angry at him/her.	0.35
trq8	8	8. I feel annoyed in sessions with him/her.	0.30

#### Facteur 9: overwhelmed

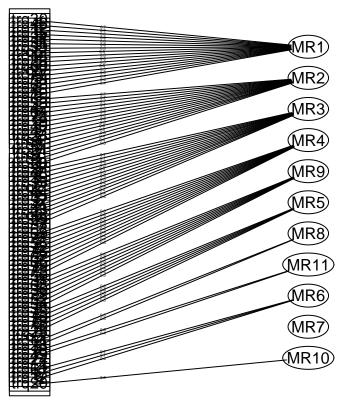
	Item	Label	Loading
trq15	15	15. I feel angry at him/her.	0.32
trq26	26	26. I feel overwhelmed by his/her strong emotions.	0.32

#### Facteur 10: jalousy

	Item	Label	Loading
trq20	20	20. I feel envious of, or competitive with him/her.	0.37

#### 11 facteurs

# **Factor Analysis**



Le RMSEA est égal à 0.04, le root mean square of the residuals (RMSR) est égal à 0.03 (de préférence < .08) et le Tucker Lewis Index est égal à 0.86. Le premier facteur explique 10~%, le deuxième explique 9~%, le troisième 6~%, le quatrième 4~%, le cinquième 4~%, le septième 2~%, le huitième 2~%, le neuvième 2~% de la variance totale pour une variance cumulée égale à 45~%. Le premier facteur compte 31 items, le deuxième 20 items le troisième 16 items, le quatrième 14 items, le cinquième 12 items, le sixième 5 items, le septième 7 items, le huitième 4 items, le neuvième 1 items pour un total de 134 items.

#### Facteur 1: mistreated

	Item	Label
trq30	30	30. I feel anxious working with him/her.
trq46	46	46. I feel mistreated or abused by him/her.
trq12	12	12. I feel criticized by him/her.
trq35	35	35. S/he frightens me.
trq34	34	34. I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explod
trq51	51	51. I feel overwhelmed by his/her needs.
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.
trq6	6	6. I feel dismissed or devalued.
trq13	13	13. I dread sessions with him/her.
trq26	26	26. I feel overwhelmed by his/her strong emotions.
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.
trq5	5	5. I wish I had never taken him/her on as a patient.
trq33	33	33. I feel used or manipulated by him/her.
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
trq58	58	58. I think or fantasize about ending the treatment.
trq36	36	36. I feel incompetent or inadequate working with him/her.
trq63	63	63. I feel unappreciated by him/her.
trq78	78	78. I begin sessions late with him/her more than with my other patients.
trq29	29	29. S/he tends to stir up strong feelings in me.
trq68	68	68. I feel less successful helping him/her than other patients.
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.
trq10	10	10. I feel confused in sessions with him/her.
trq45	45	45. I have trouble relating to the feelings s/he expresses.
trq52	52	52. I feel hopeless working with him/her.
trq55	55	55. I feel pushed to set very firm limits with him/her.
trq15	15	15. I feel angry at him/her.
trq22	22	22. I feel frustrated in sessions with him/her.
trq38	38	38. I feel interchangeable—that I could be anyone to him/her.
trq75	75	75. I watch the clock with him/her more than with my other patients.

# Facteur 2: protective

	Item	Label	Loading
trq53	53	53. I feel pleased or satisfied after sessions with him/her.	0.72
trq65	65	65. I like him/her very much.	0.72
trq42	42	42. I feel like I want to protect him/her.	0.69
trq64	64	64. I have warm, almost parental feelings toward him/her.	0.67
trq74	74	74. S/he is one of my favorite patients.	0.63
trq19	19	19. I look forward to sessions with him/her.	0.62
trq40	40	40. I feel like I understand him/her.	0.62
trq47	47	47. I feel nurturant toward him/her.	0.61
trq23	23	23. S/he makes me feel good about myself.	0.59
trq4	4	4. I feel compassion for him/her.	0.58
trq3	3	3. I find it exciting working with him/her.	0.56
trq21	21	21. I wish I could give him/her what others never could.	0.52
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.	0.42
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.	0.36
trq67	67	67. I end sessions overtime with him/her more than with my other patients.	0.36
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.	0.34
trq66	66	66. I worry about him/her after sessions more than other patients.	0.33
trq71	71	71. I disclose my feelings with him/her more than with other patients.	0.32
trq28	28	28. I feel guilty when s/he is distressed or deteriorates, as if I must be somehow responsible.	0.30

-	Item	Label	Loading
trq27	27	27. I get enraged at him/her.	0.67
trq48	48	48. I lose my temper with him/her.	0.66
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.63
trq15	15	15. I feel angry at him/her.	0.51
trq2	2	2. At times I dislike him/her.	0.50
trq44	44	44. I feel like I'm being mean or cruel to him/her.	0.48
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.47
trq57	57	57. I feel resentful working with him/her.	0.47
trq41	41	41. I tell him/her I'm angry at him/her.	0.44
trq43	43	43. I regret things I have said to him/her.	0.44
trq8	8	8. I feel annoyed in sessions with him/her.	0.43
trq29	29	29. S/he tends to stir up strong feelings in me.	0.43
trq37	37	37. I find myself being controlling with him/her.	0.41
trq45	45	45. I have trouble relating to the feelings s/he expresses.	0.36
trq32	32	32. His/her sexual feelings toward me make me anxious or uncomfortable.	0.35

Facteur 4: loss of professional distance

	Item	Label
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.
trq71	71	71. I disclose my feelings with him/her more than with other patients.
trq56	56	56. I find myself being flirtatious with him/her.
trq72	72	72. I call him/her between sessions more than my other patients.
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.
trq66	66	66. I worry about him/her after sessions more than other patients.
trq67	67	67. I end sessions overtime with him/her more than with my other patients.
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.
trq50	50	50. I tell him/her I love him/her.
trq74	74	74. S/he is one of my favorite patients.
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the

## Facteur 5: incompetence

-	Item	Label	Loading
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.	0.61
trq68	68	68. I feel less successful helping him/her than other patients.	0.55
trq36	36	36. I feel incompetent or inadequate working with him/her.	0.54
trq22	22	22. I feel frustrated in sessions with him/her.	0.50
trq52	52	52. I feel hopeless working with him/her.	0.42
trq16	16	16. I feel bored in sessions with him/her.	0.38
trq54	54	54. I think s/he might do better with another therapist or in a different kind of therapy.	0.36
trq38	38	38. I feel interchangeable—that I could be anyone to him/her.	0.34
trq18	18	18. I feel depressed in sessions with him/her.	0.32
trq10	10	10. I feel confused in sessions with him/her.	0.31

## Facteur 6: disengaged

	Item	Label	Loading
trq75	75	75. I watch the clock with him/her more than with my other patients.	0.60
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.	0.56
trq78	78	78. I begin sessions late with him/her more than with my other patients.	0.56
trq16	16	16. I feel bored in sessions with him/her.	0.52
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	0.51
trq8	8	8. I feel annoyed in sessions with him/her.	0.36
trq68	68	68. I feel less successful helping him/her than other patients.	0.33
trq3	3	3. I find it exciting working with him/her.	-0.32

## Facteur 7 : distrust

	Item	Label	Loading
trq11	11	11. I don't trust what s/he's telling me.	0.53
trq33	33	33. I feel used or manipulated by him/her.	0.51
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.46
trq8	8	8. I feel annoyed in sessions with him/her.	0.37
trq2	2	2. At times I dislike him/her.	0.33
trq41	41	41. I tell him/her I'm angry at him/her.	0.30

Table 2: Comparaison des fits

Facteurs	RMSEA	RMSR	TLI
1	0.08	0.12	0.43
2	0.06	0.06	0.65
3	0.06	0.05	0.69
4	0.05	0.05	0.73
5	0.05	0.04	0.77
6	0.05	0.04	0.79
7	0.05	0.03	0.81
8	0.04	0.03	0.83
9	0.04	0.03	0.84
10	0.04	0.03	0.85
11	0.04	0.03	0.86

#### Facteur 8: overwhelmed

	Item	Label	Loading
trq18	18	18. I feel depressed in sessions with him/her.	0.52
trq49	49	49. I feel sad in sessions with him/her.	0.43
trq15	15	15. I feel angry at him/her.	0.36
trq26	26	26. I feel overwhelmed by his/her strong emotions.	0.32

#### Facteur 9: sexualized

	Item	Label	Loading
trq61	61	61. I feel sexual tension in the room.	0.72
trq17	17	17. I feel sexually attracted to him/her.	0.71
trq32	32	32. His/her sexual feelings toward me make me anxious or uncomfortable.	0.44

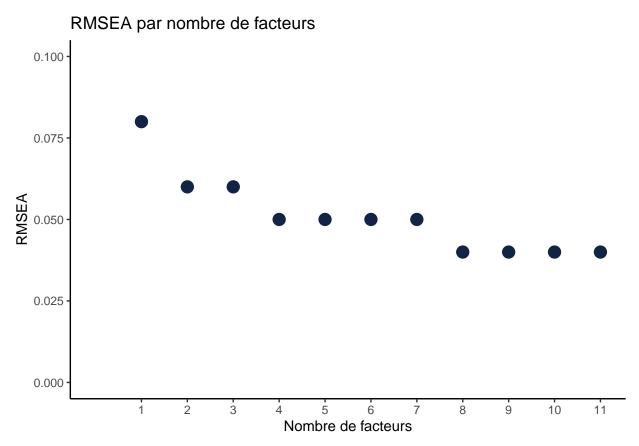
#### Facteur 10 : need to disclose

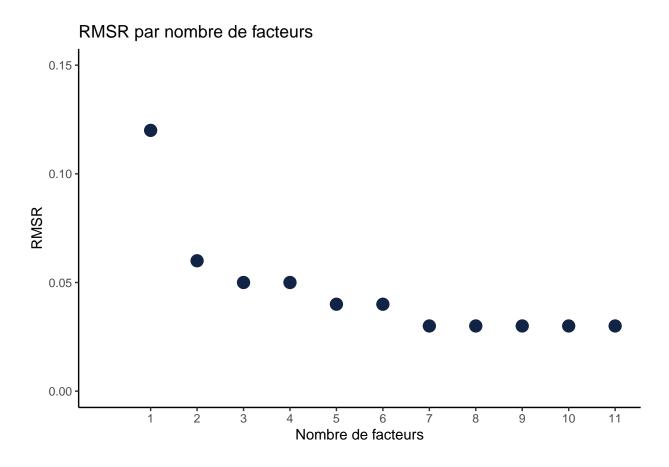
	Item	Label	Loading
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.	0.39

#### Facteur 11: jalousy

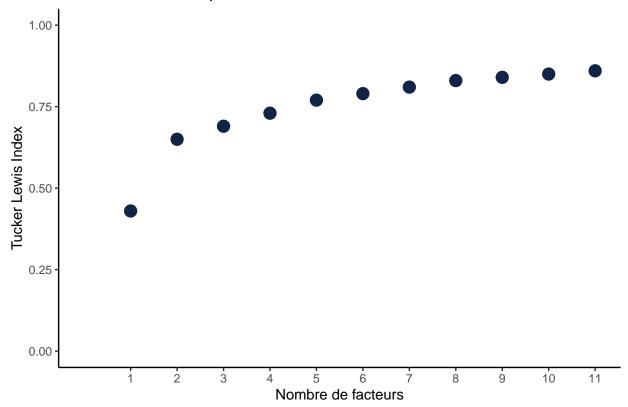
	Item	Label	Loading
trq20	20	20. I feel envious of, or competitive with him/her.	0.48

# Comparaison des onze modèles varimax









## Corrélations entre les facteurs avec variation varimax pour 11 niveaux

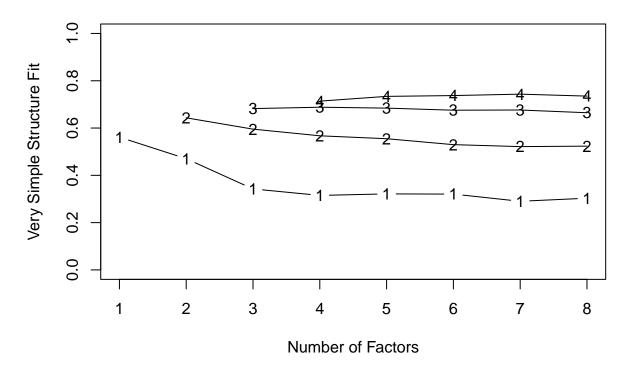
Ce fichier excel présente la matrice de corrélations de tous les scores factoriels pour les 11 niveaux.

# Rotation varimax avec items ipsérisés

N = 608

# Very Simple Structure

# **Very Simple Structure**

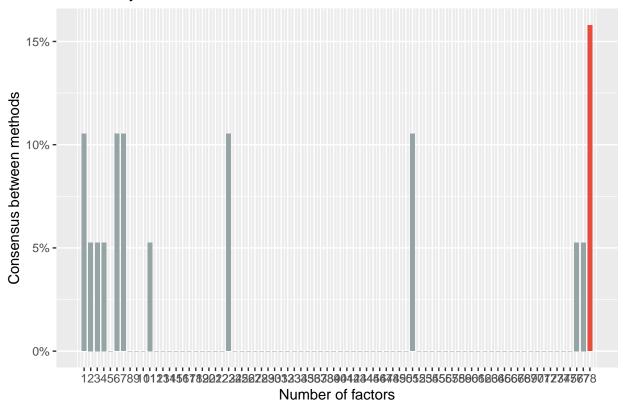


Le Very Simple Structure criterion propose une solution à 3 voire 4 facteurs.

## Method Agreement Procedure

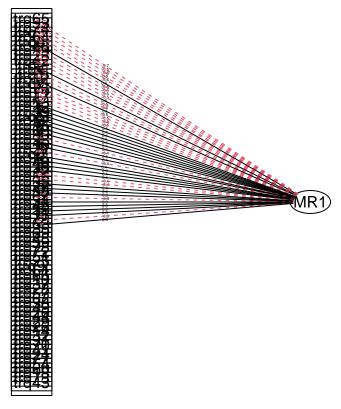
n\_factors utilise 14 méthodes pour proposer la solution factorielle la plus fréquemment proposée :

# How many factors to retain



## 1 facteur

# **Factor Analysis**



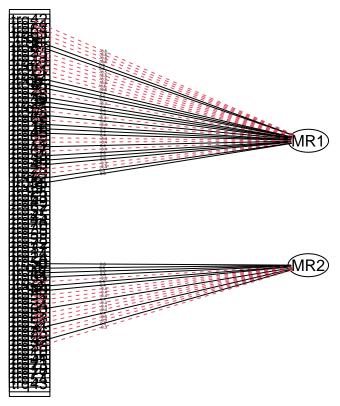
Le RMSEA est égal à 0.06, le root mean square of the residuals (RMSR) est égal à 0.08 (de préférence < .08) et le Tucker Lewis Index est égal à 0.41. Le premier facteur explique 13~%. Le premier facteur compte 45 items.

Facteur 1 : negative emotions

	Item	Label
40		
trq8	8	8. I feel annoyed in sessions with him/her.
$\frac{\text{trq2}}{}$	2	2. At times I dislike him/her.
trq12	12	12. I feel criticized by him/her.
trq13	13	13. I dread sessions with him/her.
trq22	22	22. I feel frustrated in sessions with him/her.
trq5	5	5. I wish I had never taken him/her on as a patient.
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.
trq52	52	52. I feel hopeless working with him/her.
trq15	15	15. I feel angry at him/her.
trq68	68	68. I feel less successful helping him/her than other patients.
trq16	16	16. I feel bored in sessions with him/her.
trq33	33	33. I feel used or manipulated by him/her.
trq6	6	6. I feel dismissed or devalued.
trq30	30	30. I feel anxious working with him/her.
trq46	46	46. I feel mistreated or abused by him/her.
trq75	75	75. I watch the clock with him/her more than with my other patients.
trq27	27	27. I get enraged at him/her.
trq36	36	36. I feel incompetent or inadequate working with him/her.
trq58	58	58. I think or fantasize about ending the treatment.
trq34	34	34. I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explod
trq11	11	11. I don't trust what s/he's telling me.
trq45	45	45. I have trouble relating to the feelings s/he expresses.
trq55	55	55. I feel pushed to set very firm limits with him/her.
trq63	63	63. I feel unappreciated by him/her.
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.
trq56	56	56. I find myself being flirtatious with him/her.
trq67	67	67. I end sessions overtime with him/her more than with my other patients.
trq17	17	17. I feel sexually attracted to him/her.
trq21	21	21. I wish I could give him/her what others never could.
trq50	50	50. I tell him/her I love him/her.
trq47	47	47. I feel nurturant toward him/her.
trq71	71	71. I disclose my feelings with him/her more than with other patients.
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.
$\frac{1}{\text{trq7}}$	7	7. If s/he were not my patient, I could imagine being friends with him/her.
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.
trq4	4	4. I feel compassion for him/her.
trq42	42	42. I feel like I want to protect him/her.
trq23	23	23. S/he makes me feel good about myself.
trq19	19	19. I look forward to sessions with him/her.
trq40	40	40. I feel like I understand him/her.
$\frac{\text{trq}64}{\text{trq}64}$	64	64. I have warm, almost parental feelings toward him/her.
trq3	3	3. I find it exciting working with him/her.
$\frac{\text{trq74}}{\text{trq74}}$	74	74. S/he is one of my favorite patients.
$\frac{\text{trq}53}{\text{trq}53}$	53	53. I feel pleased or satisfied after sessions with him/her.
$\frac{\text{trq65}}{\text{trq65}}$	65	65. I like him/her very much.
1		/ · · · · · · · · · · · · · · · · · · ·

## 2 facteurs

# **Factor Analysis**



Le RMSEA est égal à 0.06, le root mean square of the residuals (RMSR) est égal à 0.06 (de préférence < .08) et le Tucker Lewis Index est égal à 0.51. Le premier facteur explique 11 %, le deuxième explique 7 % de la variance totale pour une variance cumulée égale à 18 %. Le premier facteur compte 38 items, le deuxième 24 items pour un total de 62 items.

Facteur 1 : negative emotions

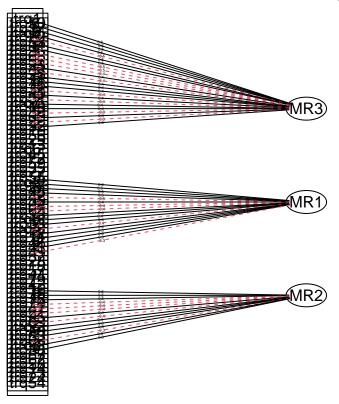
trq2 2 2. At times I dislike him/her.  trq8 8 8. I feel annoyed in sessions with him/her.  trq12 12 12. I feel criticized by him/her.  trq12 7 75 75. I watch the clock with him/her more than with my other patients.  trq78 78 78. I begin sessions late with him/her more than with my other patients.  trq78 78 77. I yet enraged at him/her.  trq39 39 39. I have to stop myself from saying or doing something aggressive or critical.  trq13 13 13. I dread sessions with him/her.  trq15 15 15. I feel angry at him/her.  trq16 16 16 1 feel bored in sessions with him/her.  trq17 11 11. I don't trust what s/he's telling me.  trq33 33 33. I feel used or manipulated by him/her.  trq48 48 48. I lose my temper with him/her.  trq48 48 48. I lose my temper with him/her.  trq55 55 55. I feel pushed to set very firm limits with him/her.  trq79 79 79. I talk about him/her with my spouse or significant other more than my other patients.  trq28 28. I feel guilty when s/he is distressed or deteriorates, as if I must be somehow responsible.  trq71 71. I disclose my feelings with him/her more than with my other patients.  trq66 66 6. I feel disclose more about him/her more than with other patients.  trq67 67 67. I end sessions overtime with him/her more than with my other patients.  trq69 69 60. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.  trq69 77. If s/he were not my patient, I could imagine being friends with him/her.  trq33 33. I find it exciting working with him/her.  trq40 40. I feel like I understand him/her.  trq41 41. I feel compassion for him/her,  trq42 42. I feel compassion for him/her.  trq44 44. I feel compassion for him/her.  trq45 65 65. Ilke him/her worked after sessions with him/her.  trq47 47. If she were not my patient, I could imagine being friends with him/her.  trq40 40. I feel like I understand him/her.  trq41 47. I feel have a patient of thim/her.  trq44 47. I feel have of my favorite patients.  trq64 64 64. I have warm, almost parental feelings toward him/		Item	Label
trq12	trq2	2	
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trq42 42. I feel like I want to protect him/her.		1	
	trq42	42	42. I feel like I want to protect him/her.

#### Facteur 2: excitement

	Item	Label
trq50	50	50. I tell him/her I love him/her.
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.
trq17	17	17. I feel sexually attracted to him/her.
trq61	61	61. I feel sexual tension in the room.
trq3	3	3. I find it exciting working with him/her.
trq20	20	20. I feel envious of, or competitive with him/her.
trq53	53	53. I feel pleased or satisfied after sessions with him/her.
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.
trq23	23	23. S/he makes me feel good about myself.
trq71	71	71. I disclose my feelings with him/her more than with other patients.
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.
trq32	32	32. His/her sexual feelings toward me make me anxious or uncomfortable.
trq40	40	40. I feel like I understand him/her.
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.
trq30	30	30. I feel anxious working with him/her.
trq29	29	29. S/he tends to stir up strong feelings in me.
trq26	26	26. I feel overwhelmed by his/her strong emotions.
trq51	51	51. I feel overwhelmed by his/her needs.
trq68	68	68. I feel less successful helping him/her than other patients.
trq52	52	52. I feel hopeless working with him/her.
trq34	34	34. I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explod
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.
trq36	36	36. I feel incompetent or inadequate working with him/her.
trq22	22	22. I feel frustrated in sessions with him/her.

#### 3 facteurs

# **Factor Analysis**



Le RMSEA est égal à 0.05, le root mean square of the residuals (RMSR) est égal à 0.06 (de préférence < .08) et le Tucker Lewis Index est égal à 0.57. Le premier facteur explique 8%, le deuxième explique 6%, le troisième 6% de la variance totale pour une variance cumulée égale à 20%. Le premier facteur compte 26 items, le deuxième 22 items le troisième 23 pour un total de 71 items.

#### Facteur 1 : excitement

	Item	Label
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.
trq50	50	50. I tell him/her I love him/her.
trq17	17	17. I feel sexually attracted to him/her.
trq3	3	3. I find it exciting working with him/her.
trq53	53	53. I feel pleased or satisfied after sessions with him/her.
trq61	61	61. I feel sexual tension in the room.
trq23	23	23. S/he makes me feel good about myself.
trq20	20	20. I feel envious of, or competitive with him/her.
trq71	71	71. I disclose my feelings with him/her more than with other patients.
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.
trq40	40	40. I feel like I understand him/her.
trq65	65	65. I like him/her very much.
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.
trq19	19	19. I look forward to sessions with him/her.
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.
trq32	32	32. His/her sexual feelings toward me make me anxious or uncomfortable.
trq12	12	12. I feel criticized by him/her.
trq26	26	26. I feel overwhelmed by his/her strong emotions.
trq30	30	30. I feel anxious working with him/her.
trq51	51	51. I feel overwhelmed by his/her needs.
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.
trq34	34	34. I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explod
trq52	52	52. I feel hopeless working with him/her.
trq68	68	68. I feel less successful helping him/her than other patients.
trq36	36	36. I feel incompetent or inadequate working with him/her.
trq22	22	22. I feel frustrated in sessions with him/her.

## Facteur 2: anger

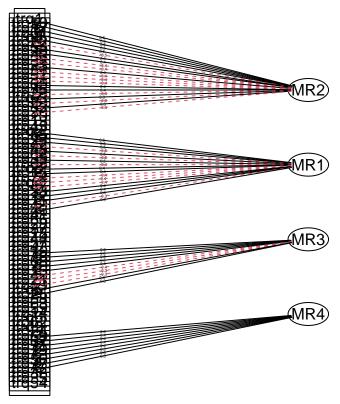
	Item	Label	Loading
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.55
trq2	2	2. At times I dislike him/her.	0.54
trq27	27	27. I get enraged at him/her.	0.51
trq48	48	48. I lose my temper with him/her.	0.47
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.45
trq15	15	15. I feel angry at him/her.	0.42
trq8	8	8. I feel annoyed in sessions with him/her.	0.41
trq33	33	33. I feel used or manipulated by him/her.	0.39
trq12	12	12. I feel criticized by him/her.	0.36
trq11	11	11. I don't trust what s/he's telling me.	0.33
trq46	46	46. I feel mistreated or abused by him/her.	0.31
trq41	41	41. I tell him/her I'm angry at him/her.	0.30
trq49	49	49. I feel sad in sessions with him/her.	-0.30
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.	-0.30
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.	-0.31
trq19	19	19. I look forward to sessions with him/her.	-0.32
trq47	47	47. I feel nurturant toward him/her.	-0.37
trq4	4	4. I feel compassion for him/her.	-0.38
trq74	74	74. S/he is one of my favorite patients.	-0.40
trq65	65	65. I like him/her very much.	-0.42
trq64	64	64. I have warm, almost parental feelings toward him/her.	-0.44
trq42	42	42. I feel like I want to protect him/her.	-0.46

## Facteur 3 : boredom

	Item	Label
trq16	16	16. I feel bored in sessions with him/her.
trq75	75	75. I watch the clock with him/her more than with my other patients.
trq78	78	78. I begin sessions late with him/her more than with my other patients.
trq68	68	68. I feel less successful helping him/her than other patients.
trq25	25	25. My mind often wanders to things other than what s/he is talking about.
trq5	5	5. I wish I had never taken him/her on as a patient.
trq8	8	8. I feel annoyed in sessions with him/her.
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.
trq63	63	63. I feel unappreciated by him/her.
trq9	9	9. I don't feel fully engaged in sessions with him/her.
trq38	38	38. I feel interchangeable—that I could be anyone to him/her.
trq3	3	3. I find it exciting working with him/her.
trq65	65	65. I like him/her very much.
trq66	66	66. I worry about him/her after sessions more than other patients.
trq19	19	19. I look forward to sessions with him/her.
trq53	53	53. I feel pleased or satisfied after sessions with him/her.
trq40	40	40. I feel like I understand him/her.
trq21	21	21. I wish I could give him/her what others never could.
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.
trq47	47	47. I feel nurturant toward him/her.
trq64	64	64. I have warm, almost parental feelings toward him/her.
trq74	74	74. S/he is one of my favorite patients.
trq42	42	42. I feel like I want to protect him/her.

#### 4 facteurs

# **Factor Analysis**



Le RMSEA est égal à 0.05, le root mean square of the residuals (RMSR) est égal à 0.05 (de préférence < .08) et le Tucker Lewis Index est égal à 0.61. Le premier facteur explique 7 %, le deuxième explique 7 %, le troisième 6 % de la variance totale pour une variance cumulée égale à 24 %. Le premier facteur compte 26 items, le deuxième 22 items le troisième 18 , le quatrième 11 pour un total de 77 items.

#### Facteur 1 : excitement

	Item	Label
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.
trq50	50	50. I tell him/her I love him/her.
trq17	17	17. I feel sexually attracted to him/her.
trq61	61	61. I feel sexual tension in the room.
trq3	3	3. I find it exciting working with him/her.
trq53	53	53. I feel pleased or satisfied after sessions with him/her.
trq20	20	20. I feel envious of, or competitive with him/her.
trq23	23	23. S/he makes me feel good about myself.
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.
trq40	40	40. I feel like I understand him/her.
trq71	71	71. I disclose my feelings with him/her more than with other patients.
trq65	65	65. I like him/her very much.
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.
trq32	32	32. His/her sexual feelings toward me make me anxious or uncomfortable.
trq19	19	19. I look forward to sessions with him/her.
trq30	30	30. I feel anxious working with him/her.
trq29	29	29. S/he tends to stir up strong feelings in me.
trq26	26	26. I feel overwhelmed by his/her strong emotions.
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.
trq52	52	52. I feel hopeless working with him/her.
trq68	68	68. I feel less successful helping him/her than other patients.
trq51	51	51. I feel overwhelmed by his/her needs.
trq34	34	34. I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explod
trq36	36	36. I feel incompetent or inadequate working with him/her.
trq22	22	22. I feel frustrated in sessions with him/her.

## Facteur 2: anger

	Item	Label	Loading
trq2	2	2. At times I dislike him/her.	0.55
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.54
trq27	27	27. I get enraged at him/her.	0.50
trq48	48	48. I lose my temper with him/her.	0.46
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.45
trq8	8	8. I feel annoyed in sessions with him/her.	0.42
trq15	15	15. I feel angry at him/her.	0.42
trq33	33	33. I feel used or manipulated by him/her.	0.39
trq12	12	12. I feel criticized by him/her.	0.36
trq11	11	11. I don't trust what s/he's telling me.	0.34
trq46	46	46. I feel mistreated or abused by him/her.	0.32
trq21	21	21. I wish I could give him/her what others never could.	-0.30
$\operatorname{trq7}$	7	7. If s/he were not my patient, I could imagine being friends with him/her.	-0.31
trq53	53	53. I feel pleased or satisfied after sessions with him/her.	-0.31
trq49	49	49. I feel sad in sessions with him/her.	-0.32
trq19	19	19. I look forward to sessions with him/her.	-0.33
trq47	47	47. I feel nurturant toward him/her.	-0.39
trq4	4	4. I feel compassion for him/her.	-0.40
trq74	74	74. S/he is one of my favorite patients.	-0.41
trq65	65	65. I like him/her very much.	-0.43
trq64	64	64. I have warm, almost parental feelings toward him/her.	-0.46
trq42	42	42. I feel like I want to protect him/her.	-0.49

## Facteur 3: boredom

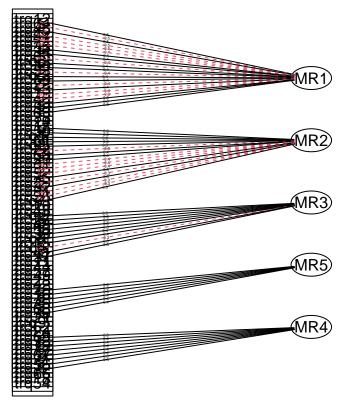
	Item	Label	Loading
trq75	75	75. I watch the clock with him/her more than with my other patients.	0.59
trq78	78	78. I begin sessions late with him/her more than with my other patients.	0.54
trq68	68	68. I feel less successful helping him/her than other patients.	0.46
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.	0.46
trq16	16	16. I feel bored in sessions with him/her.	0.45
trq8	8	8. I feel annoyed in sessions with him/her.	0.34
trq5	5	5. I wish I had never taken him/her on as a patient.	0.33
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	0.31
trq74	74	74. S/he is one of my favorite patients.	-0.30
trq64	64	64. I have warm, almost parental feelings toward him/her.	-0.31
trq65	65	65. I like him/her very much.	-0.31
trq19	19	19. I look forward to sessions with him/her.	-0.34
trq47	47	47. I feel nurturant toward him/her.	-0.34
trq21	21	21. I wish I could give him/her what others never could.	-0.35
trq40	40	40. I feel like I understand him/her.	-0.36
trq53	53	53. I feel pleased or satisfied after sessions with him/her.	-0.37
trq3	3	3. I find it exciting working with him/her.	-0.39
trq42	42	42. I feel like I want to protect him/her.	-0.39

Facteur 4: loss of professionnal distance

	Item	Label
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.
trq67	67	67. I end sessions overtime with him/her more than with my other patients.
trq71	71	71. I disclose my feelings with him/her more than with other patients.
trq74	74	74. S/he is one of my favorite patients.
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.
trq56	56	56. I find myself being flirtatious with him/her.
trq72	72	72. I call him/her between sessions more than my other patients.
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.
trq16	16	16. I feel bored in sessions with him/her.

#### 5 facteurs

# **Factor Analysis**



Le RMSEA est égal à 0.05, le root mean square of the residuals (RMSR) est égal à 0.05 (de préférence < .08) et le Tucker Lewis Index est égal à 0.67. Le premier facteur explique 7 %, le deuxième explique 6 %, le troisième 5 %, la quatrième 5 %, le cinquième 3 % de la variance totale pour une variance cumulée égale à 26 %. Le premier facteur compte 22 items, le deuxième 23 items le troisième 13 items, le quatrième 8 items, le cinquième 10 items, pour un total de 87 items.

#### Facteur 1: mistreated

	Item	Label
trq12	12	12. I feel criticized by him/her.
trq46	46	46. I feel mistreated or abused by him/her.
trq35	35	35. S/he frightens me.
trq6	6	6. I feel dismissed or devalued.
trq34	34	34. I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explod
trq5	5	5. I wish I had never taken him/her on as a patient.
trq30	30	30. I feel anxious working with him/her.
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.
trq13	13	13. I dread sessions with him/her.
trq33	33	33. I feel used or manipulated by him/her.
trq58	58	58. I think or fantasize about ending the treatment.
trq63	63	63. I feel unappreciated by him/her.
trq71	71	71. I disclose my feelings with him/her more than with other patients.
trq40	40	40. I feel like I understand him/her.
trq19	19	19. I look forward to sessions with him/her.
trq23	23	23. S/he makes me feel good about myself.
trq53	53	53. I feel pleased or satisfied after sessions with him/her.
trq65	65	65. I like him/her very much.
trq74	74	74. S/he is one of my favorite patients.
trq47	47	47. I feel nurturant toward him/her.
trq42	42	42. I feel like I want to protect him/her.
trq64	64	64. I have warm, almost parental feelings toward him/her.

#### Facteur 2: excitement

racteur	racteur 2 : excitement			
	Item	Label		
trq17	17	17. I feel sexually attracted to him/her.		
trq50	50	50. I tell him/her I love him/her.		
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.		
trq61	61	61. I feel sexual tension in the room.		
trq3	3	3. I find it exciting working with him/her.		
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.		
trq20	20	20. I feel envious of, or competitive with him/her.		
trq53	53	53. I feel pleased or satisfied after sessions with him/her.		
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.		
trq23	23	23. S/he makes me feel good about myself.		
trq32	32	32. His/her sexual feelings toward me make me anxious or uncomfortable.		
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.		
trq71	71	71. I disclose my feelings with him/her more than with other patients.		
trq40	40	40. I feel like I understand him/her.		
trq34	34	34. I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explod		
trq26	26	26. I feel overwhelmed by his/her strong emotions.		
trq51	51	51. I feel overwhelmed by his/her needs.		
trq29	29	29. S/he tends to stir up strong feelings in me.		
trq68	68	68. I feel less successful helping him/her than other patients.		
trq52	52	52. I feel hopeless working with him/her.		
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.		
trq36	36	36. I feel incompetent or inadequate working with him/her.		
trq22	22	22. I feel frustrated in sessions with him/her.		

## Facteur 3: anger

	Item	Label	Loading
trq2	2	2. At times I dislike him/her.	0.55
trq27	27	27. I get enraged at him/her.	0.52
trq48	48	48. I lose my temper with him/her.	0.51
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.49
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.46
trq8	8	8. I feel annoyed in sessions with him/her.	0.44
trq15	15	15. I feel angry at him/her.	0.43
trq41	41	41. I tell him/her I'm angry at him/her.	0.35
trq37	37	37. I find myself being controlling with him/her.	0.33
trq64	64	64. I have warm, almost parental feelings toward him/her.	-0.31
trq65	65	65. I like him/her very much.	-0.32
trq42	42	42. I feel like I want to protect him/her.	-0.34
trq4	4	4. I feel compassion for him/her.	-0.35

#### Facteur 4 : boredom

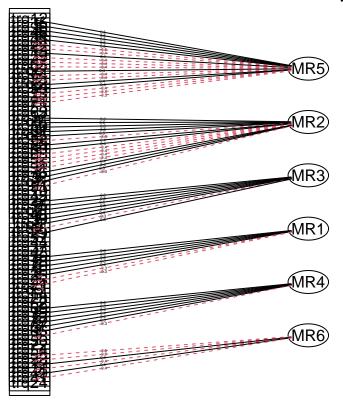
	Item	Label	Loading
trq75	75	75. I watch the clock with him/her more than with my other patients.	0.60
trq16	16	16. I feel bored in sessions with him/her.	0.59
trq78	78	78. I begin sessions late with him/her more than with my other patients.	0.48
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	0.45
trq8	8	8. I feel annoyed in sessions with him/her.	0.41
trq68	68	68. I feel less successful helping him/her than other patients.	0.41
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.	0.41
trq3	3	3. I find it exciting working with him/her.	-0.39

## Facteur 5: loss of professional distance

trq73 73. I find myself discussing him/her more with colleagues or supervisors than my other patients.  trq77 77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after trq79 79. I talk about him/her with my spouse or significant other more than my other patients.  trq67 67. I end sessions overtime with him/her more than with my other patients.  trq71 71. I disclose my feelings with him/her more than with other patients.  trq56 56. I find myself being flirtatious with him/her.		Item	Label
trq77 77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after trq79 79 79. I talk about him/her with my spouse or significant other more than my other patients.  trq67 67 67. I end sessions overtime with him/her more than with my other patients.  trq71 71 71. I disclose my feelings with him/her more than with other patients.  trq56 56 I find myself being flirtatious with him/her.	trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.
trq79 79 79. I talk about him/her with my spouse or significant other more than my other patients.  trq67 67 67. I end sessions overtime with him/her more than with my other patients.  trq71 71 71. I disclose my feelings with him/her more than with other patients.  trq56 56 56. I find myself being flirtatious with him/her.	_		v v i
trq67 67 67. I end sessions overtime with him/her more than with my other patients.  trq71 71 71. I disclose my feelings with him/her more than with other patients.  trq56 56 56. I find myself being flirtatious with him/her.	trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
trq71 71 71. I disclose my feelings with him/her more than with other patients. trq56 56 56. I find myself being flirtatious with him/her.			79. I talk about him/her with my spouse or significant other more than my other patients.
trq56 56 56. I find myself being flirtatious with him/her.	trq67	67	67. I end sessions overtime with him/her more than with my other patients.
	trq71	71	71. I disclose my feelings with him/her more than with other patients.
trq74 74 74. S/he is one of my favorite patients.			56. I find myself being flirtatious with him/her.
	trq74		,,, J
trq72 72 72. I call him/her between sessions more than my other patients.	trq72	72	, -
trq16   16   16. I feel bored in sessions with him/her.	trq16	16	16. I feel bored in sessions with him/her.

## 6 facteurs

# **Factor Analysis**



Le RMSEA est égal à 0.04, le root mean square of the residuals (RMSR) est égal à 0.04 (de préférence < .08) et le Tucker Lewis Index est égal à 0.7. Le premier facteur explique 6%, le deuxième explique 6%, le troisième 5%, le quatrième 4%, le cinquième 3%, le sixième 3% de la variance totale pour une variance cumulée égale à 27%. Le premier facteur compte 19 items, le deuxième 20 items le troisième 10 items, le quatrième 11 items, le cinquième 10 items, le sixième 6 items pour un total de 93 items.

#### Facteur 1: mistreated

	Item	Label
trq12	12	12. I feel criticized by him/her.
trq35	35	35. S/he frightens me.
trq30	30	30. I feel anxious working with him/her.
trq46	46	46. I feel mistreated or abused by him/her.
trq34	34	34. I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explod
trq13	13	13. I dread sessions with him/her.
trq6	6	6. I feel dismissed or devalued.
trq5	5	5. I wish I had never taken him/her on as a patient.
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.
trq71	71	71. I disclose my feelings with him/her more than with other patients.
trq40	40	40. I feel like I understand him/her.
trq19	19	19. I look forward to sessions with him/her.
trq23	23	23. S/he makes me feel good about myself.
trq74	74	74. S/he is one of my favorite patients.
trq65	65	65. I like him/her very much.
trq47	47	47. I feel nurturant toward him/her.
trq53	53	53. I feel pleased or satisfied after sessions with him/her.
trq42	42	42. I feel like I want to protect him/her.
trq64	64	64. I have warm, almost parental feelings toward him/her.

#### Facteur 2 : excitement

	Item	Label	Loa
trq17	17	17. I feel sexually attracted to him/her.	
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.	
trq50	50	50. I tell him/her I love him/her.	
trq61	61	61. I feel sexual tension in the room.	
trq3	3	3. I find it exciting working with him/her.	
trq20	20	20. I feel envious of, or competitive with him/her.	
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.	
trq53	53	53. I feel pleased or satisfied after sessions with him/her.	
trq32	32	32. His/her sexual feelings toward me make me anxious or uncomfortable.	
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.	
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.	
trq23	23	23. S/he makes me feel good about myself.	
trq40	40	40. I feel like I understand him/her.	
trq8	8	8. I feel annoyed in sessions with him/her.	-
trq51	51	51. I feel overwhelmed by his/her needs.	-
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.	-
trq36	36	36. I feel incompetent or inadequate working with him/her.	-
trq52	52	52. I feel hopeless working with him/her.	-
trq68	68	68. I feel less successful helping him/her than other patients.	_
trq22	22	22. I feel frustrated in sessions with him/her.	_

## Facteur 3: anger

	Item	Label	Loading
trq27	27	27. I get enraged at him/her.	0.59
trq2	2	2. At times I dislike him/her.	0.54
trq15	15	15. I feel angry at him/her.	0.54
trq48	48	48. I lose my temper with him/her.	0.52
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.45
trq8	8	8. I feel annoyed in sessions with him/her.	0.44
trq29	29	29. S/he tends to stir up strong feelings in me.	0.30
trq42	42	42. I feel like I want to protect him/her.	-0.31
trq65	65	65. I like him/her very much.	-0.32
trq4	4	4. I feel compassion for him/her.	-0.34

#### Facteur 4: boredom

,	Item	Label	Loading
trq75	75	75. I watch the clock with him/her more than with my other patients.	0.58
trq78	78	78. I begin sessions late with him/her more than with my other patients.	0.55
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.	0.50
trq16	16	16. I feel bored in sessions with him/her.	0.48
trq8	8	8. I feel annoyed in sessions with him/her.	0.36
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	0.36
trq68	68	68. I feel less successful helping him/her than other patients.	0.34
trq3	3	3. I find it exciting working with him/her.	-0.31
trq21	21	21. I wish I could give him/her what others never could.	-0.31
trq26	26	26. I feel overwhelmed by his/her strong emotions.	-0.32
trq42	42	42. I feel like I want to protect him/her.	-0.33

## Facteur 5: loss of professional distance

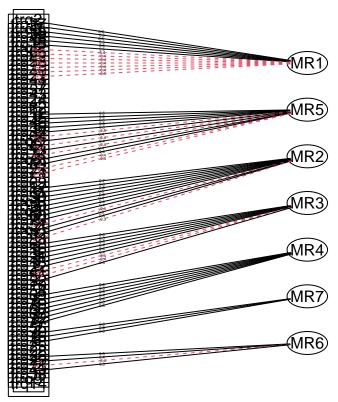
	Item	Label
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.
trq67	67	67. I end sessions overtime with him/her more than with my other patients.
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
trq74	74	74. S/he is one of my favorite patients.
trq66	66	66. I worry about him/her after sessions more than other patients.
trq71	71	71. I disclose my feelings with him/her more than with other patients.
trq38	38	38. I feel interchangeable—that I could be anyone to him/her.
trq16	16	16. I feel bored in sessions with him/her.

## Facteur 6: laxity

	Item	Label	Loading
trq18	18	18. I feel depressed in sessions with him/her.	0.39
trq49	49	49. I feel sad in sessions with him/her.	0.38
trq41	41	41. I tell him/her I'm angry at him/her.	-0.38
trq11	11	11. I don't trust what s/he's telling me.	-0.39
trq33	33	33. I feel used or manipulated by him/her.	-0.47
trq55	55	55. I feel pushed to set very firm limits with him/her.	-0.55

## 7 facteurs

# **Factor Analysis**



Le RMSEA est égal à 0.04, le root mean square of the residuals (RMSR) est égal à 0.04 (de préférence < .08) et le Tucker Lewis Index est égal à 0.72. Le premier facteur explique 6%, le deuxième explique 6%, le troisième 5%, le quatrième 4%, le cinquième 3%, le sixième 3%, le septième 2% de la variance totale pour une variance cumulée égale à 29%. Le premier facteur compte 19 items, le deuxième 20 items le troisième 14 items, le quatrième 11 items, le cinquième 10 items, le sixième 3 items, le septième 5 items pour un total de 95 items.

## Facteur 1: anger

	Item	Label	Loading
trq2	2	2. At times I dislike him/her.	0.59
trq27	27	27. I get enraged at him/her.	0.57
trq8	8	8. I feel annoyed in sessions with him/her.	0.52
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.51
trq48	48	48. I lose my temper with him/her.	0.51
trq15	15	15. I feel angry at him/her.	0.49
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.30
trq3	3	3. I find it exciting working with him/her.	-0.32
trq47	47	47. I feel nurturant toward him/her.	-0.33
trq21	21	21. I wish I could give him/her what others never could.	-0.34
trq23	23	23. S/he makes me feel good about myself.	-0.35
trq74	74	74. S/he is one of my favorite patients.	-0.36
trq40	40	40. I feel like I understand him/her.	-0.39
trq19	19	19. I look forward to sessions with him/her.	-0.40
trq53	53	53. I feel pleased or satisfied after sessions with him/her.	-0.42
trq64	64	64. I have warm, almost parental feelings toward him/her.	-0.42
trq4	4	4. I feel compassion for him/her.	-0.44
trq42	42	42. I feel like I want to protect him/her.	-0.44
trq65	65	65. I like him/her very much.	-0.44

#### Facteur 2: mistreated

	Item	Label
trq12	12	12. I feel criticized by him/her.
trq35	35	35. S/he frightens me.
trq46	46	46. I feel mistreated or abused by him/her.
trq30	30	30. I feel anxious working with him/her.
trq34	34	34. I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explod
trq6	6	6. I feel dismissed or devalued.
trq13	13	13. I dread sessions with him/her.
trq5	5	5. I wish I had never taken him/her on as a patient.
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.
trq51	51	51. I feel overwhelmed by his/her needs.
trq40	40	40. I feel like I understand him/her.
trq19	19	19. I look forward to sessions with him/her.
trq71	71	71. I disclose my feelings with him/her more than with other patients.
trq23	23	23. S/he makes me feel good about myself.
trq53	53	53. I feel pleased or satisfied after sessions with him/her.
trq65	65	65. I like him/her very much.
trq74	74	74. S/he is one of my favorite patients.
trq42	42	42. I feel like I want to protect him/her.
trq47	47	47. I feel nurturant toward him/her.
trq64	64	64. I have warm, almost parental feelings toward him/her.

#### Facteur 3: sexual tension

	Item	Label	Loa
trq17	17	17. I feel sexually attracted to him/her.	
trq61	61	61. I feel sexual tension in the room.	
trq50	50	50. I tell him/her I love him/her.	
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.	
trq20	20	20. I feel envious of, or competitive with him/her.	
trq3	3	3. I find it exciting working with him/her.	
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.	
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.	
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.	
trq32	32	32. His/her sexual feelings toward me make me anxious or uncomfortable.	
trq33	33	33. I feel used or manipulated by him/her.	-
trq55	55	55. I feel pushed to set very firm limits with him/her.	-
trq51	51	51. I feel overwhelmed by his/her needs.	-
trq22	22	22. I feel frustrated in sessions with him/her.	

## Facteur 4: incompetence

	Item	Label	Loading
trq68	68	68. I feel less successful helping him/her than other patients.	0.50
trq16	16	16. I feel bored in sessions with him/her.	0.47
trq36	36	36. I feel incompetent or inadequate working with him/her.	0.46
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.	0.41
trq18	18	18. I feel depressed in sessions with him/her.	0.40
trq22	22	22. I feel frustrated in sessions with him/her.	0.39
trq52	52	52. I feel hopeless working with him/her.	0.34
trq53	53	53. I feel pleased or satisfied after sessions with him/her.	-0.31
trq55	55	55. I feel pushed to set very firm limits with him/her.	-0.36
trq3	3	3. I find it exciting working with him/her.	-0.37
trq41	41	41. I tell him/her I'm angry at him/her.	-0.37

## Facteur 5: loss of professional distance

	Item	Label
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.
trq66	66	66. I worry about him/her after sessions more than other patients.
trq67	67	67. I end sessions overtime with him/her more than with my other patients.
trq72	72	72. I call him/her between sessions more than my other patients.
trq74	74	74. S/he is one of my favorite patients.
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.
trq16	16	16. I feel bored in sessions with him/her.

## Facteur 6 : disengaged

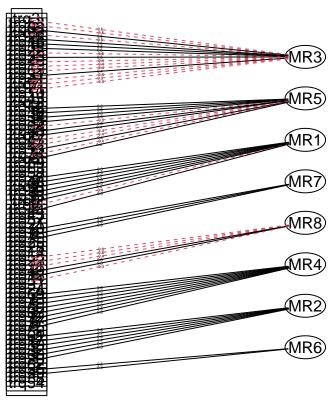
	Item	Label	Loading
trq70		70. I return his/her phone calls less promptly than I do with my other patients.	0.6
trq75	75	75. I watch the clock with him/her more than with my other patients.	0.6
trq78	78	78. I begin sessions late with him/her more than with my other patients.	0.6

Facteur 7: overwhelmed

	Item	Label	Loading
trq26	26	26. I feel overwhelmed by his/her strong emotions.	0.48
trq29	29	29. S/he tends to stir up strong feelings in me.	0.45
trq49	49	49. I feel sad in sessions with him/her.	0.30
trq33	33	33. I feel used or manipulated by him/her.	-0.31
trq11	11	11. I don't trust what s/he's telling me.	-0.38

#### 8 facteurs

## **Factor Analysis**



Le RMSEA est égal à 0.04, le root mean square of the residuals (RMSR) est égal à 0.04 (de préférence < .08) et le Tucker Lewis Index est égal à 0.75. Le premier facteur explique 7 %, le deuxième explique 5 %, le troisième 5 %, le quatrième 3 %, le cinquième 3 %, le sixième 3 %, le septième 3 %, le huitième 2 % de la variance totale pour une variance cumulée égale à 31 %. Le premier facteur compte 19 items, le deuxième 14 items le troisième 14 items, le quatrième 3 items, le cinquième 6 items, le sixième 10 items, le septième 6 items, le huitième 3 items pour un total de 102 items.

## Facteur 1 : incompetence

	Item	Label	Loading
trq68	68	68. I feel less successful helping him/her than other patients.	0.54
trq22	22	22. I feel frustrated in sessions with him/her.	0.51
trq16	16	16. I feel bored in sessions with him/her.	0.49
trq52	52	52. I feel hopeless working with him/her.	0.49
trq36	36	36. I feel incompetent or inadequate working with him/her.	0.46
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.	0.38
trq8	8	8. I feel annoyed in sessions with him/her.	0.37
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.	-0.31
trq50	50	50. I tell him/her I love him/her.	-0.31
trq71	71	71. I disclose my feelings with him/her more than with other patients.	-0.31
trq74	74	74. S/he is one of my favorite patients.	-0.31
trq41	41	41. I tell him/her I'm angry at him/her.	-0.33
trq65	65	65. I like him/her very much.	-0.40
trq19	19	19. I look forward to sessions with him/her.	-0.44
trq40	40	40. I feel like I understand him/her.	-0.44
trq23	23	23. S/he makes me feel good about myself.	-0.47
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.	-0.52
trq53	53	53. I feel pleased or satisfied after sessions with him/her.	-0.55
trq3	3	3. I find it exciting working with him/her.	-0.61

#### Facteur 2: mistreated

	Item	Label
trq12	12	12. I feel criticized by him/her.
trq30	30	30. I feel anxious working with him/her.
trq34	34	34. I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explod
trq35	35	35. S/he frightens me.
trq46	46	46. I feel mistreated or abused by him/her.
trq6	6	6. I feel dismissed or devalued.
trq13	13	13. I dread sessions with him/her.
trq5	5	5. I wish I had never taken him/her on as a patient.
trq53	53	53. I feel pleased or satisfied after sessions with him/her.
trq65	65	65. I like him/her very much.
trq74	74	74. S/he is one of my favorite patients.
trq42	42	42. I feel like I want to protect him/her.
trq47	47	47. I feel nurturant toward him/her.
trq64	64	64. I have warm, almost parental feelings toward him/her.

## Facteur 3: anger

	Item	Label	Loading
trq27	27	27. I get enraged at him/her.	0.57
trq48	48	48. I lose my temper with him/her.	0.53
trq2	2	2. At times I dislike him/her.	0.52
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.50
trq15	15	15. I feel angry at him/her.	0.48
trq8	8	8. I feel annoyed in sessions with him/her.	0.43
trq44	44	44. I feel like I'm being mean or cruel to him/her.	0.30
trq40	40	40. I feel like I understand him/her.	-0.30
trq53	53	53. I feel pleased or satisfied after sessions with him/her.	-0.30
trq47	47	47. I feel nurturant toward him/her.	-0.32
trq65	65	65. I like him/her very much.	-0.35
trq4	4	4. I feel compassion for him/her.	-0.38
trq64	64	64. I have warm, almost parental feelings toward him/her.	-0.38
trq42	42	42. I feel like I want to protect him/her.	-0.39

## Facteur 4: disengaged

	Item	Label	Loading
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.	0.63
trq78	78	78. I begin sessions late with him/her more than with my other patients.	0.63
trq75	75	75. I watch the clock with him/her more than with my other patients.	0.59

#### Facteur 5: distrust

	Item	Label	Loading
trq49	49	49. I feel sad in sessions with him/her.	0.34
trq18	18	18. I feel depressed in sessions with him/her.	0.32
trq51	51	51. I feel overwhelmed by his/her needs.	-0.31
trq11	11	11. I don't trust what s/he's telling me.	-0.43
trq33	33	33. I feel used or manipulated by him/her.	-0.57
trq55	55	55. I feel pushed to set very firm limits with him/her.	-0.60

## Facteur 6: loss of professional distance

Item	Label
69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.
73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.
79	79. I talk about him/her with my spouse or significant other more than my other patients.
66	66. I worry about him/her after sessions more than other patients.
67	67. I end sessions overtime with him/her more than with my other patients.
72	72. I call him/her between sessions more than my other patients.
77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
74	74. S/he is one of my favorite patients.
76	76. I self-disclose more about my personal life with him/her than with my other patients.
16	16. I feel bored in sessions with him/her.
	69 73 79 66 67 72 77 74 76

#### Facteur 7: seduction

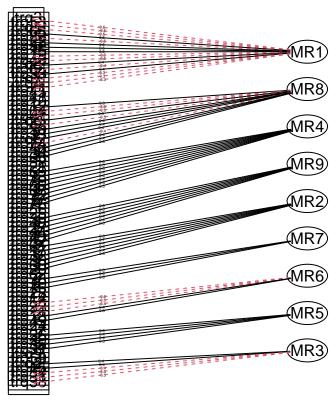
	Item	Label	Loa
trq61	61	61. I feel sexual tension in the room.	
trq17	17	17. I feel sexually attracted to him/her.	
trq50	50	50. I tell him/her I love him/her.	
trq32	32	32. His/her sexual feelings toward me make me anxious or uncomfortable.	
trq60	60	7 · · · · · · · · · · · · · · · · · · ·	
trq20	20	20. I feel envious of, or competitive with him/her.	

#### Facteur 8: overwhelmed

	Item	Label	Loading
trq26	26	26. I feel overwhelmed by his/her strong emotions.	0.53
trq29	29	29. S/he tends to stir up strong feelings in me.	0.44
trq51	51	51. I feel overwhelmed by his/her needs.	0.30

#### 9 facteurs

## **Factor Analysis**



Le RMSEA est égal à 0.04, le root mean square of the residuals (RMSR) est égal à 0.03 (de préférence < .08) et le Tucker Lewis Index est égal à 0.76. Le premier facteur explique 7 %, le deuxième explique 6 %, le troisième 3 %, le quatrième 3 %, le cinquième 3 %, le sixième 3 %, le septième 3 %, le huitième 3 %, le neuvième 2 % de la variance totale pour une variance cumulée égale à 33 %. Le premier facteur compte 21 items, le deuxième 18 items le troisième 10 items, le quatrième 7 items, le cinquième 6 items, le sixième 3 items, le septième 5 items, le huitième 6 items, le neuvième 7 items pour un total de 104 items.

## Facteur 1 : incompetence

	Item	Label	Loading
trq68	68	68. I feel less successful helping him/her than other patients.	0.49
trq16	16	16. I feel bored in sessions with him/her.	0.48
trq22	22	22. I feel frustrated in sessions with him/her.	0.48
trq52	52	52. I feel hopeless working with him/her.	0.48
trq8	8	8. I feel annoyed in sessions with him/her.	0.44
trq36	36	36. I feel incompetent or inadequate working with him/her.	0.40
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.	0.31
trq2	2	2. At times I dislike him/her.	0.30
trq71	71	71. I disclose my feelings with him/her more than with other patients.	-0.30
trq50	50	50. I tell him/her I love him/her.	-0.32
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.	-0.32
trq74	74	74. S/he is one of my favorite patients.	-0.33
trq4	4	4. I feel compassion for him/her.	-0.34
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.	-0.35
trq65	65	65. I like him/her very much.	-0.44
trq40	40	40. I feel like I understand him/her.	-0.46
trq19	19	19. I look forward to sessions with him/her.	-0.47
trq23	23	23. S/he makes me feel good about myself.	-0.49
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.	-0.53
trq53	53	53. I feel pleased or satisfied after sessions with him/her.	-0.57
trq3	3	3. I find it exciting working with him/her.	-0.63

#### Facteur 2: mistreated

	Item	Label
trq12	12	12. I feel criticized by him/her.
trq6	6	6. I feel dismissed or devalued.
trq30	30	30. I feel anxious working with him/her.
trq13	13	13. I dread sessions with him/her.
trq5	5	5. I wish I had never taken him/her on as a patient.
trq46	46	46. I feel mistreated or abused by him/her.
trq34	34	34. I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explod
trq35	35	35. S/he frightens me.
trq63	63	63. I feel unappreciated by him/her.
trq19	19	19. I look forward to sessions with him/her.
trq40	40	40. I feel like I understand him/her.
trq23	23	23. S/he makes me feel good about myself.
trq53	53	53. I feel pleased or satisfied after sessions with him/her.
trq65	65	65. I like him/her very much.
trq74	74	74. S/he is one of my favorite patients.
trq42	42	42. I feel like I want to protect him/her.
trq47	47	47. I feel nurturant toward him/her.
trq64	64	64. I have warm, almost parental feelings toward him/her.

## Facteur 3: loss of professional distance

	Item	Label
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.
trq66	66	66. I worry about him/her after sessions more than other patients.
trq67	67	67. I end sessions overtime with him/her more than with my other patients.
trq72	72	72. I call him/her between sessions more than my other patients.
trq74	74	74. S/he is one of my favorite patients.
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
trq16	16	16. I feel bored in sessions with him/her.

## Facteur 4 : anger

	Item	Label	Loading
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.54
trq48	48	48. I lose my temper with him/her.	0.52
trq27	27	27. I get enraged at him/her.	0.50
trq44	44	44. I feel like I'm being mean or cruel to him/her.	0.38
trq43	43	43. I regret things I have said to him/her.	0.36
trq15	15	15. I feel angry at him/her.	0.31
trq57	57	57. I feel resentful working with him/her.	0.31

#### Facteur 5: seduction

	Item	Label	Loa
trq61	61	61. I feel sexual tension in the room.	
trq17	17	17. I feel sexually attracted to him/her.	
trq32	32	32. His/her sexual feelings toward me make me anxious or uncomfortable.	
trq50	50	50. I tell him/her I love him/her.	
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.	
trq20	20	20. I feel envious of, or competitive with him/her.	

## Facteur 6: disengaged

	Item	Label	Loading
trq78	78	78. I begin sessions late with him/her more than with my other patients.	0.64
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.	0.61
trq75	75	75. I watch the clock with him/her more than with my other patients.	0.59

#### Facteur 7: sadeness

	Item	Label	Loading
trq18	18	18. I feel depressed in sessions with him/her.	0.37
trq49	49	49. I feel sad in sessions with him/her.	0.34
trq11	11	11. I don't trust what s/he's telling me.	-0.38
trq33	33	33. I feel used or manipulated by him/her.	-0.54
trq55	55	55. I feel pushed to set very firm limits with him/her.	-0.60

#### Facteur 8: overwhelmed

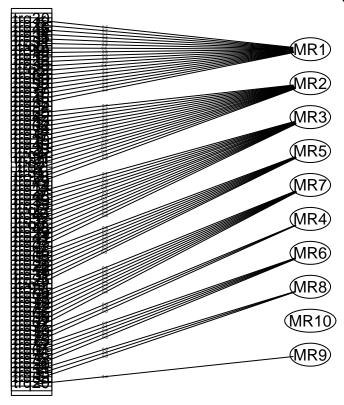
	Item	Label
trq26	26	26. I feel overwhelmed by his/her strong emotions.
trq29	29	29. S/he tends to stir up strong feelings in me.
trq35	35	35. S/he frightens me.
trq30	30	30. I feel anxious working with him/her.
trq34	34	34. I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explod
trq51	51	51. I feel overwhelmed by his/her needs.

#### Facteur 9: dislike

	Item	Label	Loading
trq2	2	2. At times I dislike him/her.	0.41
trq15	15	15. I feel angry at him/her.	0.38
trq8	8	8. I feel annoyed in sessions with him/her.	0.34
trq36	36	36. I feel incompetent or inadequate working with him/her.	-0.32
trq38	38	38. I feel interchangeable—that I could be anyone to him/her.	-0.32
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.	-0.34
trq54	54	54. I think s/he might do better with another therapist or in a different kind of therapy.	-0.37

#### 10 facteurs

# **Factor Analysis**



Le RMSEA est égal à 0.04, le root mean square of the residuals (RMSR) est égal à 0.03 (de préférence < .08) et le Tucker Lewis Index est égal à 0.85. Le premier facteur explique 10~%, le deuxième explique 9~%, le troisième 7~%, le quatrième 5~%, le cinquième 4~%, le sixième 3~%, le septième 3~%, le huitième 2~%, le neuvième 1~% de la variance totale pour une variance cumulée égale à 45~%. Le premier facteur compte 21~%

items, le deuxième 18 items le troisième 10 items, le quatrième 7 items, le cinquième 6 items, le sixième 3 items, le septième 5 items, le huitième 6 items, le neuvième 7 items pour un total de 104 items.

#### Facteur 1: mistreated

	Item	Label
trq30	30	30. I feel anxious working with him/her.
trq12	12	12. I feel criticized by him/her.
trq34	34	34. I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explod
trq46	46	46. I feel mistreated or abused by him/her.
trq35	35	35. S/he frightens me.
trq6	6	6. I feel dismissed or devalued.
trq51	51	51. I feel overwhelmed by his/her needs.
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.
trq13	13	13. I dread sessions with him/her.
trq26	26	26. I feel overwhelmed by his/her strong emotions.
trq36	36	36. I feel incompetent or inadequate working with him/her.
trq5	5	5. I wish I had never taken him/her on as a patient.
trq33	33	33. I feel used or manipulated by him/her.
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.
trq63	63	63. I feel unappreciated by him/her.
trq58	58	58. I think or fantasize about ending the treatment.
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
trq68	68	68. I feel less successful helping him/her than other patients.
trq22	22	22. I feel frustrated in sessions with him/her.
trq10	10	10. I feel confused in sessions with him/her.
trq29	29	29. S/he tends to stir up strong feelings in me.
trq52	52	52. I feel hopeless working with him/her.
trq45	45	45. I have trouble relating to the feelings s/he expresses.
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.
trq38	38	38. I feel interchangeable—that I could be anyone to him/her.
trq78	78	78. I begin sessions late with him/her more than with my other patients.
trq15	15	15. I feel angry at him/her.
trq55	55	55. I feel pushed to set very firm limits with him/her.

## Facteur 2 : protective

	Item	Label	Loading
trq65	65	65. I like him/her very much.	0.72
trq42	42	42. I feel like I want to protect him/her.	0.71
trq53	53	53. I feel pleased or satisfied after sessions with him/her.	0.71
trq64	64	64. I have warm, almost parental feelings toward him/her.	0.68
trq47	47	47. I feel nurturant toward him/her.	0.63
trq74	74	74. S/he is one of my favorite patients.	0.63
trq19	19	19. I look forward to sessions with him/her.	0.62
trq40	40	40. I feel like I understand him/her.	0.62
trq4	4	4. I feel compassion for him/her.	0.58
trq23	23	23. S/he makes me feel good about myself.	0.58
trq21	21	21. I wish I could give him/her what others never could.	0.55
trq3	3	3. I find it exciting working with him/her.	0.54
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.	0.43
trq67	67	67. I end sessions overtime with him/her more than with my other patients.	0.38
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.	0.38
trq66	66	66. I worry about him/her after sessions more than other patients.	0.37
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.	0.36
trq71	71	71. I disclose my feelings with him/her more than with other patients.	0.35
trq28	28	28. I feel guilty when s/he is distressed or deteriorates, as if I must be somehow responsible.	0.34
trq49	49	49. I feel sad in sessions with him/her.	0.34

## Facteur 3: anger

	Item	Label	Loading
trq27	27	27. I get enraged at him/her.	0.68
trq48	48	48. I lose my temper with him/her.	0.66
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.63
trq15	15	15. I feel angry at him/her.	0.53
trq2	2	2. At times I dislike him/her.	0.52
trq44	44	44. I feel like I'm being mean or cruel to him/her.	0.49
trq57	57	57. I feel resentful working with him/her.	0.48
trq8	8	8. I feel annoyed in sessions with him/her.	0.45
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.45
trq43	43	43. I regret things I have said to him/her.	0.44
trq29	29	29. S/he tends to stir up strong feelings in me.	0.43
trq41	41	41. I tell him/her I'm angry at him/her.	0.42
trq37	37	37. I find myself being controlling with him/her.	0.41
trq45	45	45. I have trouble relating to the feelings s/he expresses.	0.36
trq32	32	32. His/her sexual feelings toward me make me anxious or uncomfortable.	0.33
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	0.32
trq62	62	62. I feel repulsed by him/her.	0.30

## Facteur 4: boredom

	Item	Label	Loading
trq16	16	16. I feel bored in sessions with him/her.	0.64
trq52	52	52. I feel hopeless working with him/her.	0.54
trq68	68	68. I feel less successful helping him/her than other patients.	0.54
trq22	22	22. I feel frustrated in sessions with him/her.	0.53
trq18	18	18. I feel depressed in sessions with him/her.	0.50
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.	0.48
trq36	36	36. I feel incompetent or inadequate working with him/her.	0.48
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	0.43
trq8	8	8. I feel annoyed in sessions with him/her.	0.40
trq10	10	10. I feel confused in sessions with him/her.	0.33
trq75	75	75. I watch the clock with him/her more than with my other patients.	0.33
trq49	49	49. I feel sad in sessions with him/her.	0.32
trq9	9	9. I don't feel fully engaged in sessions with him/her.	0.31
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.	-0.31
trq3	3	3. I find it exciting working with him/her.	-0.40

## Facteur 5: loss of professional distance

_	Item	Label
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.
trq66	66	66. I worry about him/her after sessions more than other patients.
trq72	72	72. I call him/her between sessions more than my other patients.
trq56	56	56. I find myself being flirtatious with him/her.
trq67	67	67. I end sessions overtime with him/her more than with my other patients.
trq71	71	71. I disclose my feelings with him/her more than with other patients.
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
trq74	74	74. S/he is one of my favorite patients.
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.

## Facteur 6: disengaged

	Item	Label	Loa
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.	
trq78	78	78. I begin sessions late with him/her more than with my other patients.	
trq75	75	75. I watch the clock with him/her more than with my other patients.	
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.	
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	

## Facteur 7: seduction

	Item	Label	Loading
trq17	17	17. I feel sexually attracted to him/her.	0.68
trq61	61	61. I feel sexual tension in the room.	0.66
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.	0.38
trq32	32	32. His/her sexual feelings toward me make me anxious or uncomfortable.	0.37
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.	0.36
trq71	71	71. I disclose my feelings with him/her more than with other patients.	0.36
trq50	50	50. I tell him/her I love him/her.	0.34
trq56	56	56. I find myself being flirtatious with him/her.	0.31

#### Facteur 8: distrust

	Item	Label	Loading
trq11	11	11. I don't trust what s/he's telling me.	0.53
trq33	33	33. I feel used or manipulated by him/her.	0.53
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.49
trq41	41	41. I tell him/her I'm angry at him/her.	0.35
trq8	8	8. I feel annoyed in sessions with him/her.	0.30

#### Facteur 9: overwhelmed

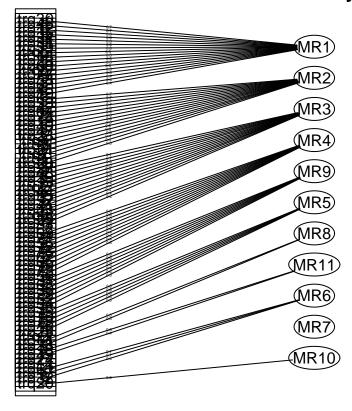
	Item	Label	Loading
trq15	15	15. I feel angry at him/her.	0.32
trq26	26	26. I feel overwhelmed by his/her strong emotions.	0.32

#### Facteur 10: jalousy

	Item	Label	Loading
trq20	20	20. I feel envious of, or competitive with him/her.	0.37

#### 11 facteurs

## **Factor Analysis**



Le RMSEA est égal à 0.04, le root mean square of the residuals (RMSR) est égal à 0.03 (de préférence < .08) et le Tucker Lewis Index est égal à 0.86. Le premier facteur explique 10 %, le deuxième explique 9 %, le troisième 6 %, le quatrième 4 %, le cinquième 4 %, le septième 2 %, le huitième 2 %, le neuvième 2 % de la variance totale pour une variance cumulée égale à 45 %. Le premier facteur compte 21 items, le deuxième 18 items le troisième 10 items, le quatrième 7 items, le cinquième 6 items, le sixième 3 items, le septième 5 items, le huitième 6 items, le neuvième 7 items pour un total de 104 items.

#### Facteur 1: mistreated

	Item	Label
trq30	30	30. I feel anxious working with him/her.
trq46	46	46. I feel mistreated or abused by him/her.
trq12	12	12. I feel criticized by him/her.
trq35	35	35. S/he frightens me.
trq34	34	34. I feel I am "walking on eggshells" around him/her, afraid that if I say the wrong thing s/he will explod
trq51	51	51. I feel overwhelmed by his/her needs.
trq59	59	59. I feel like my hands have been tied or that I have been put in an impossible bind.
trq6	6	6. I feel dismissed or devalued.
trq13	13	13. I dread sessions with him/her.
trq26	26	26. I feel overwhelmed by his/her strong emotions.
trq60	60	60. When checking my phone messages, I feel anxiety or dread that there will be one from him/her.
trq5	5	5. I wish I had never taken him/her on as a patient.
trq33	33	33. I feel used or manipulated by him/her.
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the
trq58	58	58. I think or fantasize about ending the treatment.
trq36	36	36. I feel incompetent or inadequate working with him/her.
trq63	63	63. I feel unappreciated by him/her.
trq78	78	78. I begin sessions late with him/her more than with my other patients.
trq29	29	29. S/he tends to stir up strong feelings in me.
trq68	68	68. I feel less successful helping him/her than other patients.
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.
trq10	10	10. I feel confused in sessions with him/her.
trq45	45	45. I have trouble relating to the feelings s/he expresses.
trq52	52	52. I feel hopeless working with him/her.
trq55	55	55. I feel pushed to set very firm limits with him/her.
trq15	15	15. I feel angry at him/her.
trq22	22	22. I feel frustrated in sessions with him/her.
trq38	38	38. I feel interchangeable—that I could be anyone to him/her.
trq75	75	75. I watch the clock with him/her more than with my other patients.

## Facteur 2: protective

	Item	Label	Loading
trq53	53	53. I feel pleased or satisfied after sessions with him/her.	0.72
trq65	65	65. I like him/her very much.	0.72
trq42	42	42. I feel like I want to protect him/her.	0.69
trq64	64	64. I have warm, almost parental feelings toward him/her.	0.67
trq74	74	74. S/he is one of my favorite patients.	0.63
trq19	19	19. I look forward to sessions with him/her.	0.62
trq40	40	40. I feel like I understand him/her.	0.62
trq47	47	47. I feel nurturant toward him/her.	0.61
trq23	23	23. S/he makes me feel good about myself.	0.59
trq4	4	4. I feel compassion for him/her.	0.58
trq3	3	3. I find it exciting working with him/her.	0.56
trq21	21	21. I wish I could give him/her what others never could.	0.52
trq7	7	7. If s/he were not my patient, I could imagine being friends with him/her.	0.42
trq1	1	1. I am very hopeful about the gains s/he is making or will likely make in treatment.	0.36
trq67	67	67. I end sessions overtime with him/her more than with my other patients.	0.36
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.	0.34
trq66	66	66. I worry about him/her after sessions more than other patients.	0.33
trq71	71	71. I disclose my feelings with him/her more than with other patients.	0.32
trq28	28	28. I feel guilty when s/he is distressed or deteriorates, as if I must be somehow responsible.	0.30

## Facteur 3: anger

-	Item	Label	Loading
trq27	27	27. I get enraged at him/her.	0.67
trq48	48	48. I lose my temper with him/her.	0.66
trq39	39	39. I have to stop myself from saying or doing something aggressive or critical.	0.63
trq15	15	15. I feel angry at him/her.	0.51
trq2	2	2. At times I dislike him/her.	0.50
trq44	44	44. I feel like I'm being mean or cruel to him/her.	0.48
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.47
trq57	57	57. I feel resentful working with him/her.	0.47
trq41	41	41. I tell him/her I'm angry at him/her.	0.44
trq43	43	43. I regret things I have said to him/her.	0.44
trq8	8	8. I feel annoyed in sessions with him/her.	0.43
trq29	29	29. S/he tends to stir up strong feelings in me.	0.43
trq37	37	37. I find myself being controlling with him/her.	0.41
trq45	45	45. I have trouble relating to the feelings s/he expresses.	0.36
trq32	32	32. His/her sexual feelings toward me make me anxious or uncomfortable.	0.35

## Facteur 4: loss of professional distance

	Item	Label
trq69	69	69. I do things for him/her, or go the extra mile for him/her, in ways that I don't do for other patients.
trq71	71	71. I disclose my feelings with him/her more than with other patients.
trq56	56	56. I find myself being flirtatious with him/her.
trq72	72	72. I call him/her between sessions more than my other patients.
trq76	76	76. I self-disclose more about my personal life with him/her than with my other patients.
trq66	66	66. I worry about him/her after sessions more than other patients.
trq67	67	67. I end sessions overtime with him/her more than with my other patients.
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.
trq79	79	79. I talk about him/her with my spouse or significant other more than my other patients.
trq50	50	50. I tell him/her I love him/her.
trq74	74	74. S/he is one of my favorite patients.
trq77	77	77. More than with most patients, I feel like I've been pulled into things that I didn't realize until after the

## Facteur 5: incompetencee

	Item	Label	Loading
trq31	31	31. I feel I am failing to help him/her or I worry that I won't be able to help him/her.	0.61
trq68	68	68. I feel less successful helping him/her than other patients.	0.55
trq36	36	36. I feel incompetent or inadequate working with him/her.	0.54
trq22	22	22. I feel frustrated in sessions with him/her.	0.50
trq52	52	52. I feel hopeless working with him/her.	0.42
trq16	16	16. I feel bored in sessions with him/her.	0.38
trq54	54	54. I think s/he might do better with another therapist or in a different kind of therapy.	0.36
trq38	38	38. I feel interchangeable—that I could be anyone to him/her.	0.34
trq18	18	18. I feel depressed in sessions with him/her.	0.32
trq10	10	10. I feel confused in sessions with him/her.	0.31

## Facteur 6: disengaged

	Item	Label	Loading
trq75	75	75. I watch the clock with him/her more than with my other patients.	0.60
trq70	70	70. I return his/her phone calls less promptly than I do with my other patients.	0.56
trq78	78	78. I begin sessions late with him/her more than with my other patients.	0.56
trq16	16	16. I feel bored in sessions with him/her.	0.52
trq25	25	25. My mind often wanders to things other than what s/he is talking about.	0.51
trq8	8	8. I feel annoyed in sessions with him/her.	0.36
trq68	68	68. I feel less successful helping him/her than other patients.	0.33
trq3	3	3. I find it exciting working with him/her.	-0.32

## Facteur 7 : distrust

	Item	Label	Loading
trq11	11	11. I don't trust what s/he's telling me.	0.53
trq33	33	33. I feel used or manipulated by him/her.	0.51
trq55	55	55. I feel pushed to set very firm limits with him/her.	0.46
trq8	8	8. I feel annoyed in sessions with him/her.	0.37
trq2	2	2. At times I dislike him/her.	0.33
trq41	41	41. I tell him/her I'm angry at him/her.	0.30

Table 3: Comparaison des fits

Facteurs	RMSEA	RMSR	TLI
1	0.06	0.08	0.41
2	0.06	0.06	0.51
3	0.05	0.06	0.57
4	0.05	0.05	0.61
5	0.05	0.05	0.67
6	0.04	0.04	0.70
7	0.04	0.04	0.72
8	0.04	0.04	0.75
9	0.04	0.03	0.76
10	0.04	0.03	0.85
11	0.04	0.03	0.86

#### Facteur 8: overwhelmed

	Item	Label	Loading
trq18	18	18. I feel depressed in sessions with him/her.	0.52
trq49	49	49. I feel sad in sessions with him/her.	0.43
trq15	15	15. I feel angry at him/her.	0.36
trq26	26	26. I feel overwhelmed by his/her strong emotions.	0.32

#### Facteur 9: sexualized

	Item	Label	Loading
trq61	61	61. I feel sexual tension in the room.	0.72
trq17	17	17. I feel sexually attracted to him/her.	0.71
trq32	32	32. His/her sexual feelings toward me make me anxious or uncomfortable.	0.44

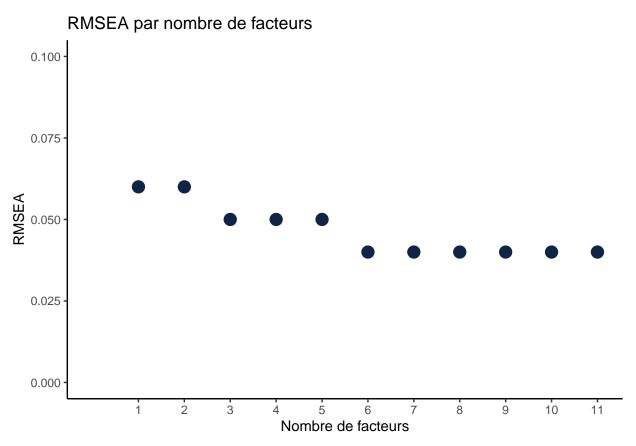
#### Facteur 10: need to disclose

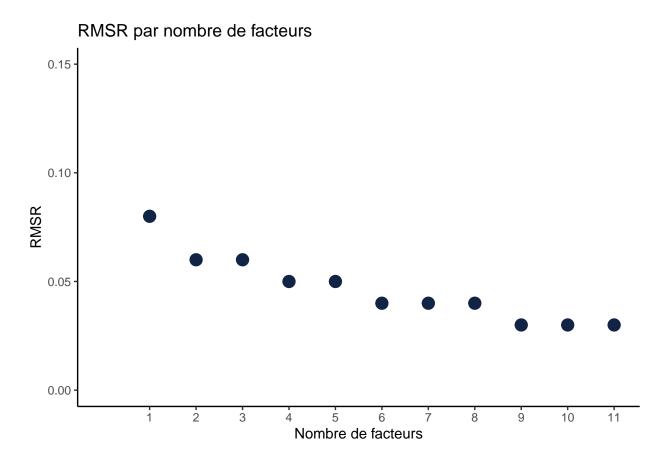
	Item	Label	Loading
trq73	73	73. I find myself discussing him/her more with colleagues or supervisors than my other patients.	0.39

## Facteur 11: jalousy

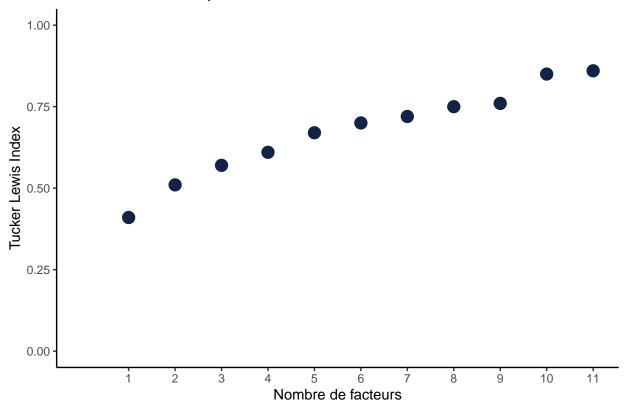
	Item	Label	Loading
trq20	20	20. I feel envious of, or competitive with him/her.	0.48

# $Comparaison \ des \ onze \ mod\`eles \ vari\_ipse$









# Corrélations entre les facteurs avec variation vari\_ipse pour les 11 niveaux. Ce fichier excel présente la matrice de corrélations de tous les scores factoriels pour les 11 niveaux.

# Congruence entre la modèle 11 varimax et le modèle 11 varimax ipsérisé

	MR1	MR2	MR3	MR4	MR9	MR5	MR8	MR11	MR6	MR7	MR10
MR1	1.00	-0.17	0.69	0.34	0.65	0.57	0.47	0.40	0.15	0.27	0.27
MR2	-0.17	1.00	-0.11	0.51	-0.06	-0.28	-0.22	0.13	0.20	0.15	-0.07
MR3	0.69	-0.11	1.00	0.28	0.49	0.52	0.53	0.39	0.12	0.23	0.27
MR4	0.34	0.51	0.28	1.00	0.24	0.18	0.06	0.27	0.37	0.31	0.24
MR9	0.65	-0.06	0.49	0.24	1.00	0.48	0.33	0.53	0.08	0.22	0.14
MR5	0.57	-0.28	0.52	0.18	0.48	1.00	0.38	0.31	0.10	0.11	0.28
MR8	0.47	-0.22	0.53	0.06	0.33	0.38	1.00	0.13	-0.06	0.14	0.11
MR11	0.40	0.13	0.39	0.27	0.53	0.31	0.13	1.00	0.14	0.25	0.14
MR6	0.15	0.20	0.12	0.37	0.08	0.10	-0.06	0.14	1.00	-0.02	0.04
MR7	0.27	0.15	0.23	0.31	0.22	0.11	0.14	0.25	-0.02	1.00	0.11
MR10	0.27	-0.07	0.27	0.24	0.14	0.28	0.11	0.14	0.04	0.11	1.00