* Alzheimer’s disease is caused by what?
* What is cognitive reserve?
* What is brain plasticity?
* Do adult brains grow new brain cells?
* Can brain pathways re-organize?
* What is the term for the brain’s ability to change throughout life?
* How will we be working to maximize contributions to our cognitive reserve?
* Does a good memory depend on good attention?
* How can you improve your attention?
* Is multi-tasking more efficient than doing one thing at a time?
* What are your goals for this week?