

Motivation: Service to the Student Community

Motivation is an app that seeks to help students who want to cultivate better academic habits. By providing a custom habit maker, calendar, and goal setter, Motivation gives students the tools to increase their productivity and quality of work. Our project's goal is to enable society's collective student body to develop and maintain healthy routines that will increase their happiness, stress relief, and productivity.

With the major educational disruption that came with the outbreak of the COVID-19 virus, many students fell behind and/or found it more difficult to learn. The Student Experience in the Research University Consortium survey results stated that 96% of undergraduates and 88% of graduate students reported facing at least one obstacle in the transition from in-school to online learning. Two of the most commonly reported obstacles that students faced were a lack of motivation and an inability to learn effectively in a remote environment. These obstacles reveal a problem: a lack of structure. As we are transitioning back to in-person learning, students need a way to stay academically motivated and disciplined. Motivation makes building and maintaining routines and habits easier, providing students with structure at their fingertips.

One of the ways Motivation does this is by enabling students to communicate. As a student, it is very difficult to meet people in online classes. For students who prefer to study in groups, it is especially challenging to find people to study with. Motivation's group chat tool is intended to be used for class or project groups, as a way to connect with classmates, ask questions, and study together, solving the lack of communication between students in online classes. Another way Motivation structures students days is through app-led focus sessions. Students will find it easier to concentrate on necessary school work and studying with an app that structures your work session.

The developers on the team are creating a calendar, which provides a way to plan on a long term basis, achievement badges, which will add a motivating way to keep students interested, and a messaging functionality in which users can discuss homeworks, projects, and ideas with colleagues or friends. By creating these elements, we can contribute positively to the academic and mental success of students everywhere with the ability to download Motivation.