







Meta, Description & Headline Comparison Report

Generated: 25-11-2025-06-55AM

Summary Overview

Metric	Passed	Failed	Total
Title Match	4	0	4
Description Match	4	0	4
H1 Match	4	0	4
H1 Count (exactly 1)	4	0	4

URL	Local e	inLanguage	Actual Title	Schema Name	Title Match	Actual Description	Schema Description	Description Match	Schema Headline	Actual H1 Text	H1 Match	H1 Count
https://www.orangetheory.com/en-ca	en-ca	en-CA	Group Fitness Class & Heart Rate-Based Interval Training	Group Fitness Class & Heart Rate-Based Interval Training	 Match	Join the Best Group Fitness Classes with Orangetheory Canada — Workout Classes Designed to Give a Full Body Workout in a Supportive Environment. Try Us for Free Today!	Join the Best Group Fitness Classes with Orangetheory Canada — Workout Classes Designed to Give a Full Body Workout in a Supportive Environment. Try Us for Free Today!	 Match	Burn Fat.Build Muscle.	• Burn Fat.Build Muscle.	 Match	1
https://www.orangetheory.com/en-ca/locations	en-ca	en-CA	Find Fitness Classes Near You Orangetheory Fitness Canada	Find Fitness Classes Near You Orangetheory Fitness Canada	 Match	Find an Orangetheory Fitness studio near you in Canada and find out how you can try our high intensity workout for free!	Find an Orangetheory Fitness studio near you in Canada and find out how you can try our high intensity workout for free!	 Match	Find an Orangetheory Fitness Studio Near You.	• Find an Orangetheory Fitness Studio Near You.	 Match	1

URL	Local e	inLanguage	Actual Title	Schema Name	Title Match	Actual Description	Schema Description	Description Match	Schema Headline	Actual H1 Text	H1 Match	H1 Count
https://www.orangetheory.com/en-ca/memberships	en-ca	en-CA	Gym Membership Orangetheory Fitness Canada	Gym Membership Orangetheory Fitness Canada	✔ Match	Choose From 3 Different Gym Membership Packages at Orangetheory Fitness Canada, or Purchase Class Packs - 10, 20, or 30. See Which Is Right for You!	Choose From 3 Different Gym Membership Packages at Orangetheory Fitness Canada, or Purchase Class Packs - 10, 20, or 30. See Which Is Right for You!	✔ Match	Flexible Memberships for All.	• Flexible Memberships for All.	✔ Match	1
https://www.orangetheory.com/en-ca/workout	en-ca	en-CA	Heart-Rate Based HIIT Workout Orangetheory Fitness Canada	Heart-Rate Based HIIT Workout Orangetheory Fitness Canada	✔ Match	Unlike HIIT, at an Orangetheory Fitness class you adjust your level of effort based on data from our OTBeat heart rate monitor. Try Us for Free Today!	Unlike HIIT, at an Orangetheory Fitness class you adjust your level of effort based on data from our OTBeat heart rate monitor. Try Us for Free Today!	✔ Match	Experience a total body, strength and cardio program.	• Experience a total body, strength and cardio program.	✔ Match	1