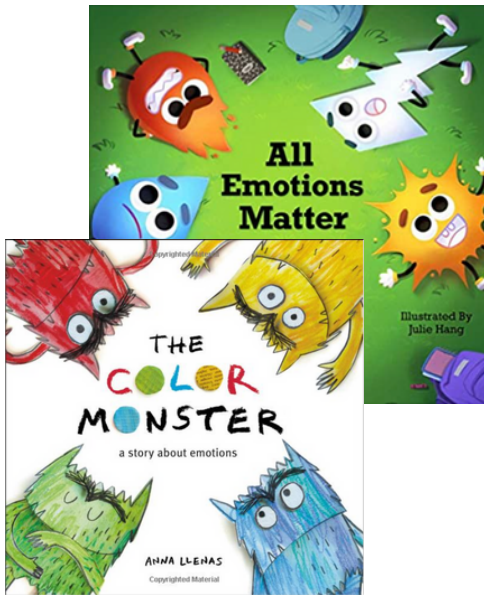


ACTIVITY 1: STORY TIME



click on the images to view book reading video

Activity Objectives

- Recognize that our experiences affect the way we feel and elicit emotions and that not everyone may feel the same way
- Learn all emotions are important part of being who we are

Tips on Interactive Reading

- While reading aloud, the reader must speak in an animated tone (i.e. using intonations, different voices, gasps, etc.)
- Take it slow and ensure that you are showing each page to everyone
- Ask follow up questions such as, "Can you show me what [emotion] looks like on your face?" and/or make pensive statements such as, "I wonder what [character] will do next."
- Demonstrate emotions using facial expressions whenever appropriate
- [Find out more tips on interactive reading here.](#)

Lesson

- Begin with an attention-getter such as "1, 2, 3, eyes on me!" to grab students' attention, and students respond with "1, 2, 3, eyes on you!" [Find out other options for attention getters here or communicate](#) with the teacher to learn about an attention getter that they use in the classroom.
- Start off by stating how you are feeling that day, then ask students "How is everyone else feeling today?"
 - Go around the room and take a few responses
- Say, "Today, we'll be reading a book about our feelings and how we can use colors to help label and learn more about the way we feel. This book is called The Color Monster and we will read about his various feelings."
- While reading aloud, the reader must speak in an animated tone mirroring the emotion being described in the story
 - Take advantage of the interactive features of the book (e.g, opening flaps, pulling tabs, etc.) to help the visual learners
 - Take it slow to show each page to everyone
- For each page, ask questions such as:
 - "Can you show me what [emotion] looks like?", "Do you think we can also feel other emotions?"
 - "What colors do you think of when you're feeling [emotion]?", "Have you ever felt the same way?"
- Be sure to integrate BAM! especially about how people may think of different colors for each emotions (e.g., not everyone may sees anger as red or happiness as yellow)
- When the story is finished, ask the following question:
 - What did you learn from the story? If students do not answer, you can state a couple of things that you learned.

Transition

- Say, "Remember how the color monster was sad and blue like a rainy day? Let's keep that in mind while we go through our mystery mail!"

