

BE WELL APP PRIVACY POLICY

Last Updated on January 13, 2021

You data security and privacy are fundamental to the Be Well App. In this privacy policy ("Privacy Policy") we describe the types of information we collect from and about you. We also describe how that information may be used, with whom it may be shared, and how you can reach us to get answers to questions you may have about our privacy practices.

For the purposes of this Agreement, ("App," "we," "us," and/or "our") refers to the Be Well App, which can be accessed at Google and Apple app stores. "You" refers to you, as a user of the App. By accessing the App, you accept this Privacy Policy and you consent to the App's collection, storage, use and disclosure of your Personal Information as described in this Privacy Policy.

I. INFORMATION WE COLLECT

None. Information you provide while using the app, such as Notes, Moods, Preferences etc - is stored on your device for you to retrieve and see later. It is not stored anywhere else or collected outside of the app for any purposes.

Expo and end-user data

This app is created with Expo (<https://expo.io/>) and there are a few services provided by Expo such as Over-The-Air app updates and push notifications. The data you enter within the app is not shared with Expo but they do collect the following:

- end-user's push token, which they use for push notifications and does not identify end-users using Expo apps.
- information needed when the end-user's app requests new app updates over HTTPS when the app is opened on the end-user's device. If there is a new update available, Expo will push the new update to that end-user. Errors that occur when launching an update are collected when a new update is requested. These requests do not contain identifying information such as unique device identifiers.

In all scenarios regarding end-user data, Expo is GDPR-, CCPA-, and Privacy Shield-compliant. For more information, visit Expo's privacy policy on their website.

II. USAGE AND SHARING OF INFORMATION

We do not share the information you enter within the app with any party.

If you choose to Export your data from the App, your data will be written into an encrypted file and you decide where to store it yourself e.g. SD card, email to yourself, upload to any cloud storage services, etc. The data in this file is secured with 256-bit AES encryption and cannot be decrypted without your App password. However, it is still a good idea to choose a strong password and depending on where you choose to store this exported file, please consult with the privacy policy of that service as to how that file will be handled as it is outside the scope of this privacy policy.

III. PROTECTION OF INFORMATION

We implement security measures designed to protect your information from unauthorized access. App data that is stored on your device is protected through hashing and encryption with keys derived from your password and/or PIN. We urge you to take steps to keep your personal information safe by not disclosing your password and/or PIN and by logging out of your app after each use. However, these measures do not guarantee that your information will not be accessed, disclosed, altered or destroyed by breach of secure software. By using the App, you acknowledge that you understand and agree to assume these risks.

VI. CHANGES TO PRIVACY POLICY

We reserve the right to change this policy at any time. We will notify you of significant changes to this Privacy Policy via the App interface.

V. CONTACT

If you have any questions regarding this Privacy Policy, please visit the App's website at <https://letsbewell.app>