

## **Early Childhood Development (ECD) Training**











## **Contents**

Foreword					
Approval statement					
Acknowledgement					
List of Acronyms					
Introduction to the training manual	5				
CHAPTER ONE Concept of Early childhood development (ECD) and nurturing care					
1.1 Early Childhood Development					
1.2 The Nurturing Care Framework and its component.	10				
CHAPTER TWO Brain Development	17				
2.1 Children brain development	18				
2.2 Identify the common risk factors for child development.					
2.3 Early childhood development intervention landscape in Ethiopia					
2.4 Prepare safe, attractive, and age-appropriate play materials.					
2.5 chapter summary	32				
CHAPTER THREE Developmental monitoring in the newborn and older children					
3.1 Introduction to developmental Monitoring					
3.2 Newborn's development assessment					
3.3 Introduction to developmental monitoring in older children					
3.3.1 Milestones per age category					
3.4 Developmental assessment and classification in children:					
3.4.1 Classifying children based on developmental milestone assessments and problem solving.	40				
3.4.2 Recording, referral and follow up for children with developmental problems.	41				
3.5 Summary	44				
CHAPTER FOUR Promoting Child Development in Different Touch Points and Providing Counseling:					
4.1.1 What touching points are being targeted at health facilities?					
4.1.1.1 Promoting child development in ANC	46				

4.1.1.2 Promoting child development in maternity ward and PNC					
4.1.1.3 Promoting child development during GM, EPI and UNDER 5 Clinics					
4.1.1.4 RESPONSIVE CARE, PLAY AND COMMUNICATION WITH SICK CHILDREN					
4.2.1 Steps of Counseling					
4.3.1 Concepts of responsive care giving and responsive care givers					
4.3.2 Responsive Interaction <b>s</b>					
4.3.3 Effective way of teaching caregiver to become more responsive					
Summary	60				
CHAPTER FIVE Promoting child development through play box sessions	61				
5.1 Play box Session	62				
5.2 Preparing play materials for the play box session	63				
5.3 Conducting play box session					
5.4 Recording the playbox activity and keeping inventory					
5.5 Problem Solving around play box					
5.6 Practical Session in Selected health facilities	67				
5.7 Summary;	68				
CHAPTER SIX Recording, reporting and analyzing of child development	69				
6.1 Recording and reporting of child development	70				
6.2 Analyze trends in child development data					
6.3 Process of recording and reporting of child development data					
6.4 Post mentoring and supervision tool	73				
6.5 Summary;	74				
ANNEX: GUIDE FOR PLAYBOX SESSION IN WAITING ROOM & PEDIATRIC WARD	75				
ANNEX: RECOMMENDED PLAYBOX KIT	76				
ANNEX HOW CAREGIVERS CAN USE PLAYBOX MATERIALS					
ANNEX: Integrating Play Into a child's daily routine	80				
ANNEX: SELECT AT LEAST 2 OR 3 OF THESE CAREGIVERS FOR COUNSELLING AT EVERY PLAYBOX					
ANNEX 1 RECOMMENDED PLAYBOX KIT					

## **Foreword**

Ethiopia has made impressive progress in achieving many of the national and global health indicators as a result of strong leadership of the Ministry of Health (MOH), the coordination efforts and intensive investment in the health system by the government, partners and the community at large. Despite these achievements, the government of Ethiopia recognizes that the risk of poor developmental outcomes remains extremely high, affecting more than half of children under five years.

Care and support activities during early childhood have more positive impact than those during other stages of development. Especially, different programs which targeted from the perinatal period to the first three year after births are more effective and efficient than those implemented in later years.

Investing on early childhood development targeted programs help to timely identify and quickly support children with special needs who are prone to risks for development, will improve participation in primary education, by availing access to pre-school education, has great economic importance through ensuring access to quality programs for earlychildhood, will improve in their education and productive in their professional pursuit, help to reduce expenses at family and national levels, reduced dropout and repetitionrates, will present better job opportunity and improved standard of living, reduces poverty and helps to ethically shape the children who will ultimately strengthen their capacity as well as the capacity of their family and society at large.

The purpose of this participant manual is to increase the knowledge, skill and attitude of trainees on early child development through providing a framework that serves as guidance for strengthening stakeholders' participation, designing, implementing, monitoring, and evaluating early child development initiatives.

Thus, this participant manual is prepared to guide all program implementers and other stakeholders who are taking part in early child development programs and initiatives.

## HE Dr. Dereje Duguma

State Minister, Services and ProgramsMinistry of Health