touch command touches (creates) a file. It is also can be used to update the access/modification dates. -c flag is for warning the touch command to not create any files in some circumstances such as if it already exists. It also can be used with -d to update the Access time. I picked this command and option because I enjoy being creative and creating new stuff. I also mostly would rather to be organized and cautious. When it is used with "-c" flag, we can avoid creating a file again and again, and helps the environment to be more organized and clean.