

UNDERSTANDING THE LEARNING PROCESSES	Research Phase	Methods	Participants and activities	Length Demographics
	Phase 1	Semi-structured interview	<p><b>Participants:</b> 5 counselling students</p> <p><b>Activities:</b></p> <ul style="list-style-type: none"> <li>Discussed the main issues students encounter as part of learning</li> <li>Identified areas to explore in next stages -- practice counselling sessions, and facilitating feedback</li> </ul> <p><b>Aims:</b> Design inspiration; understand the basics of the learning process and the key challenges</p>	<p>4 females 1 male</p> <p>Length 45 min</p>
	Phase 2	Observation	<p><b>Participants:</b> 4 expert counsellors, 8 counselling students</p> <p><b>Activities:</b></p> <ul style="list-style-type: none"> <li>Observed practice counselling sessions led by expert counsellor</li> <li>Observed (and recorded) reflection practices of both student client and expert therapist after the session</li> </ul> <p><b>Aims:</b> Design inspiration; understand the practice counselling sessions, and students' reflective abilities</p>	<p>10 females 2 males</p> <p>Length 60 min</p>
	Phase 3	<p>Semi-structured interview</p> <p>Design prompts</p>	<p><b>Participants:</b> 3 members of staff, 3 counselling students</p> <p><b>Activities:</b></p> <ul style="list-style-type: none"> <li>Discussed how learning is scaffolded in class, particularly around practice counselling sessions</li> <li>Followed by design prompts to envision potential of novel sensing and feedback support technologies</li> </ul> <p><b>Aims:</b> Refine design considerations.</p>	<p>5 females 1 male</p> <p>Length 60 min</p>

		Development of the design prompt for Phase 4		
DESIGN EXPLORATION	Phase 4 part 1	Practice counselling session  Semi-structured interview	<p><b>Participants:</b> 6 students (3 pairs), each participating in both parts</p> <p><b>Activities:</b></p> <ul style="list-style-type: none"> <li>Practice counselling sessions -- each student took part once as the client and once as the counsellor.</li> <li>Observe and explore students' reflection practices on recorded counselling session.</li> <li>Review and critique of the design concept presented through WoZ</li> </ul>	<p>5 females 1 male</p> <p>Length 90 + 90 min</p>
	Phase 4 part 2	Wizard of Oz  Semi-structured interview	<p><b>Aims:</b> Confirm identified challenges and design considerations</p>	