Proofs of 
$$f: \pm \sqrt{2\pm 12}$$
.

Let  $\alpha = 2+\sqrt{2}$ ,  $\beta = 2-\sqrt{2}$ . Then

 $E = \mathbb{Q}(\alpha, \beta, -\alpha, -\beta) \Rightarrow E/\mathbb{Q}$  is Galois and  $|Gal(E/\mathbb{Q})| = 4$ . So,  $Gal(E/\mathbb{Q}) \cong C_1$  or  $C_2 \times C_2$ .

Since  $\alpha \beta = 2$ , we have  $\beta = \frac{2}{\alpha}$ . Hence

 $E = \mathbb{Q}(\mathbb{Q})$ .

Now,  $E = \mathbb{Q}(\alpha) = \mathbb{Q}(\beta)$ .

 $E = \mathbb{Q}(\sqrt{2}) = \mathbb{Q}(\sqrt{2} + \sqrt{2}) = \mathbb{Q}(2-\sqrt{2})$ 
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VB is a root of

$$f''(x) = I_{rr}(J_B, K_{,x}) = \chi^2 - \sigma(x) = \chi^2 - (2-\sqrt{2})$$
where  $\sigma \in Aut(K/Q)$ 
and  $\sigma(2+\sqrt{2}) = 2-\sqrt{2}$ .

So, there is a unique 
$$\tau \in Aut(E/\alpha)$$
  
for which  $\tau(\pi) = \sqrt{\beta}$  and  $\tau(x) = \sigma$ .  
Now,  $\tau(\pi) = \sqrt{\beta}$  and  $\tau(x) = x - \sqrt{\alpha}$ .  
 $\tau(\sqrt{\beta}) = \frac{\sqrt{2}}{\sqrt{\alpha}} = \frac{-\sqrt{2}}{\sqrt{\beta}} = -\sqrt{\alpha}$ .  
Hence  $|\tau| \notin \{1, 2\}$ . So,  $|\tau| = 4$ .  
 $\Rightarrow Gal(E/\alpha) = \langle \tau \rangle$   
 $\cong \frac{\pi}{4\pi}$ .