

# PRESENT CONTINUOUS

## How to conjugate:

### Regular verbs

These type of verbs do not change dramatically and are constant.

### Irregular verbs

These type of verbs change depending on the tense and are not always constant.

### Present Continuous

Present continuous is a tense used to express actions happening at the moment of speaking.

For example:

I **am studying** English at this moment.

To describe the action(s) simultaneous to your reality, you use present continuous.



The conjugation of verbs in Present Continuous is easy to remember! Every time you see the word “continuous” it is equivalent to verbs ending in “-ing”.

But Present Continuous also uses an auxiliary - the verb “to be”. It has to *always* be included.

**am / is + verb(-ing)**

So, to construct a sentence in present continuous follow the next steps:

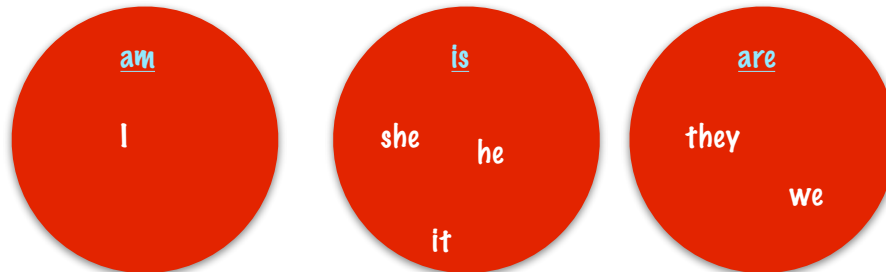
**1** First establish your subject pronouns:

I	You	He	She	It	We	They
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**2** Then determine the corresponding form of the verb “to be” :

**am, is or are.**

\*It depends on the **subject!**



**3** Finally, you adapt the verb form by adding **-ing** at the end of the word.

**cleaning**

**feeling**

**looking**

**buying**

**cooking**

**doing**

**4** In the end, your conjugated verbs will look like this:

- I **am cleaning**
- She **is feeling**
- They **are looking**

**etc.**

So there it is, the conjugation of verbs in Present Continuous. The inclusion of the verb “**to be**” and **-ing** is vital for the correct conjugation, let’s practice...

