Number of Files Uploaded: 9 Average Heart Rate: 80.24 Standard Deviation: 19.45

Maximum Heart Rate: 128.00 Minimum Heart Rate: 0.00 Median Heart Rate: 81.00

1st Quartile (Q1): 72.00 3rd Quartile (Q3): 89.00

Range: 128.00

Interquartile Range (IQR): 17.00 Total Duration (records): 4812 Count of Records: 4812

> Variance: 378.30 Skewness: -1.66 Kurtosis: 6.93

Mode: 89.00 95% Confidence Interval: (79.69, 80.79)

## Heart Rate Over Time



