STEP 1 - Make sure you registered your test BEFORE you start your collection.

DO NOT CONTINUE UNTIL YOU REGISTER YOUR TEST

STEP 2 - Sanitize hands

Clean hands using sanitizer or soap and water.



STEP 4 - Think about your favorite foods

While preparing collection materials, begin pooling saliva in your mouth. Saliva production can be stimulated by thinking about food (favorite foods, upcoming meals, etc.) or about the saliva collection itself.

Thinking about this while preparing to collect the sample can help ensure enough can be pooled in the mouth quickly and easily.

STEP 5 - Open tube by twisting cap off

Place cap in bag to prevent it from rolling away.

STEP 6 - Place funnel into top of tube



STEP 7 - Saliva collection

Slowly spit into the funnel. You will find that spit is thick and has bubbles. You may have to gently rotate the funnel in the tube to move the liquid into the tube. Fill the tube until it is approximately half way full.

STEP 8 - Remove funnel and dispose of in trash

Replace cap onto the tube and securely tighten the cap by twisting.

STEP 9 - Sanitize hands

Following collection, clean hands using sanitizer or soap and water, wipe down the collection tube.



STEP 10 - Place filled tube into empty slot in collection rack