

# MEDICAL REPORT



Berna NEMO



29

Sex Female



## DOCTOR'S NOTES

The patient presented with persistent headaches and fatigue. Clinical examination and discussions reveal no immediate concerns but noted mild hypertension.



## DIAGNOSIS

Mild hypertension, recommended lifestyle adjustments



## PRESCRIPTIONS

Lisinopril 10mg, orally once daily



## FOLLOW-UP

Review in 3 months to monitor blood pressure and assess the effectiveness of prescribed medication.

*Dr. Jessica White*