

CONTENTS

How This Book Came About	vi	Kampot	52
Map of Cambodia	viii	City Map	52
Images of Cambodia	x	Introduction & Itinerary Highlights	53
Introduction to Responsible Travel	1	Where to Stay	53
		Restaurants	54
		Massage	55
Directory of Services, Activities & Volunteer Opportunities	9	Outlying Provinces	56
Phnom Penh	10	Battambang	56
Introduction & Itinerary Highlights	11	Kampong Thom	56
City Map	12	Kampong Speu	56
Where to Stay	15	Koh Kong	56
Restaurants	18	Responsible Volunteering in Cambodia	57
Shopping	21	Volunteer Opportunities	58
Craft Shops	22	Understanding Cambodia	66
Arts & Culture	27	Brief History of Cambodia	67
Massage & Services	28	Lieng, a Genocide Survivor's Story	71
Child Protection	29	Cambodian Holidays and Culture	80
Transportation	29	Cambodian Food	83
Siem Reap	30	How to Stop Sex Tourism	86
City Map	30	Aid Organizations: Helpful or Corrupt? ...	88
Introduction & Itinerary Highlights	31	Friendship with Cambodia	89
Where to Stay	33	Tips for Traveling in Cambodia	91
Restaurants	37	Travel Companies	93
Craft Shops	39	Chronology of Cambodian History	95
Arts & Culture	41	Further Reading	99
Massage	42	Contributing Writers &	
Meditation	43	Photo Credits	104
Eco-tours	43		
Sihanoukville	45		
Introduction & Itinerary Highlights	45		
City Map	46		
Where to Stay	48		
Restaurants	49		
Craft Shops	49		
Internet	50		
Eco-tours	50		
Massage	51		

Directory of Services, Activities, & Volunteer Opportunities

Your interactions in Cambodia will be greatly enriched by making responsible choices regarding places to stay, where you eat, shop, visit, or volunteer. The following chapters on Phnom Penh, Siem Reap, Sihanoukville and Kampot give a brief description of each city, feature itinerary highlights and list responsible businesses that we recommend. We were very selective in our process and have visited most of these businesses.

Criteria used to evaluate responsible business practices:

- 1. The business/organization supports environmental, cultural, social and historical programs.
- 2. The business/organization treats its staff with respect and pays fair wages.
- 3. Policies against child-trafficking and sex tourism are enforced.
- 4. The business is Khmer or locally-owned with profits staying in Cambodia.
- 5. The business/organization's products and practices help sustain the local people, environment and economy.

Most of these businesses are run by NGOs, hire staff trained by an NGO program, or donate profits to NGO projects. An NGO is a non-governmental organization, similar to a non-profit. Many are focused on humanitarian and environmental causes and projects.

Accommodation price guide in US Dollars:

\$	under \$20
\$\$	\$20 - \$50
\$\$\$	\$50 - \$100
\$\$\$\$	\$100 and up

We did not include pricing for restaurants as they are all in the under \$20 range. The average price at most restaurants is \$7 and under.

At the time of printing, the information in the listings was accurate. Tourism in Cambodia is growing very quickly. On that note, we anticipate that some of the businesses may move, raise their prices, or change hours. For current updates, additions and corrections to these listings, see our website at www.friendshipwithcambodia.org.

You can also help us keep this book updated by sending your suggestions and corrections to info@friendshipwithcambodia.com.

Tip: Before you start out, ask your taxi driver to call the business for directions (we have listed local phone numbers for each business). It can save you time, assure that you reach your destination and that the business is open.





Where to Stay

Anise Hotel and Restaurant

#2 Street 278 off Street 57
Near Independence Monument
phone: 023 222 522
www.anisehotel.com.kh

\$\$ - \$\$\$

Providing personalized accommodation and restaurant services to business and leisure travelers. All rooms include AC, mini-bar, TV and DVD player, in-room safe, hair dryer and internet connection. Anise is a ChildSafe member.

Blue Lime

#42 Street 19z
Street 19z is off Street 19, across from the Royal Institute of Fine Arts, at the back of the National Museum
phone: 023 222 260
www.bluelime.asia

\$\$ - \$\$\$



A 14-room urban accommodation set in a lush exotic garden with a swimming pool. Centrally located between the National Museum and Royal Palace. The rooms, garden and pool are modern minimalist, with

concrete furniture and free wireless internet. The bar/restaurant serves food in the garden lounge and you can enjoy cocktails in the pool. All guests should be over 16 years old. Blue Lime supports ChildSafe, has zero tolerance for sex tourism and uses innovative solar water heating.

Boddhi Tree Aram

#70 Street 244
Off of Street 240
phone: 023 211 397
www.boddhitree.com

\$\$\$

A boutique hotel located close to the Royal Palace and Parliament. Built in the 1950's and recently renovated, the hotel has solid walls, high ceilings, wide open windows and large rooms with hot showers. Rooms include a mosquito net, king size European mattresses, cable TV, free wireless internet and a continental or Asian breakfast. A ChildSafe member and supporter of local NGOs.

Boddhi Tree Del Gusto

#43 Street 95
phone: 023 211 397
A few blocks east from Toul Sleng Museum
www.boddhitree.com

\$ - \$\$

A charming, sensitively restored 1930's colonial house offering eight comfortable rooms and a shady café. Rooms include a fan and mosquito net, some with AC and free wireless internet. A ChildSafe member and supporter of local NGOs.

Friends the Restaurant

#215 Street 13
Near National Museum,
cross street Street 178
phone: 012 802 072
www.friends-international.org
11am to 9pm, daily

A friendly and popular gathering place serving western and Asian tapas. A training restaurant run by former street youth and their teachers. All proceeds from the restaurant go to Friends-International projects for street children.

Eating at Friends Restaurant

I was wondering just what to expect at the restaurant staffed by former street kids. Is this going to be fun or work? The answer is... fun! Excellent food, prepared and served by young people happy to be learning the restaurant business, in a very cheerful environment. The whole experience is uplifting and positive.

The food is varied and tasty, getting votes from some in our group for best food in Cambodia. There are two enticing cookbooks for sale. On the walls, original art adds to the attractiveness of the space.

Friends Restaurant and the art on its walls are some of the successes of Mith Samlanh, an organization that works with former street children and youth to provide vocational training and employment. It is a joy to see this project doing well and to be well fed as a bonus.

Lowell Hill

Jars of Clay

#39 Street 155
Next to Peace Handicrafts,
by the Russian Market
phone: 023 300 281
9am to 5:30pm, Tuesday - Saturday

Speciality teas and coffee, deluxe iced drinks, cakes, pastries, scones, breakfast, baked potatoes, toasted sandwiches and more. Run entirely by eight young Cambodian women. 10% of profits provide school fees for children, as well as help for widows and sick people in the community.

Java Café and Gallery

#56 E1 Sihanouk Boulevard (Street 274)
Near Independence Monument
phone: 023 987 420
www.javaarts.org
7am to 10pm, daily

A unique combination of a restaurant and non-profit gallery promoting the development of contemporary art in Cambodia. Located overlooking Hun Sen park. Enjoy delicious homemade food, desserts, great coffee, a refreshing drink or cocktail.





National Center of Disabled Persons (NCDP)

#3 Norodom Boulevard
Corner of Street 110, near Wat Phnom
phone: 023 210 140
www.ncdpcam.org

An NGO retail shop carrying unique silk, wood and paper gifts. NCDP's focus is on improving the standard of living of disabled people, especially land mine victims and women with disabilities. The organization provides support in design, manufacturing, marketing and quality control.

Nyemo (Russian Market)

#14 Street 155, corner of Street 450
Next to SE corner of the Russian Market
phone: 012 373 936
www.business.nyemo.com

A small attractive craft shop that sells quality products, including silk fashion accessories, homewares, Christmas decorations and children's gifts. The shop is run by Nyemo, an NGO that empowers vulnerable women

and their families by providing medical counseling, social counseling, literacy support and child care support, as well as vocational training in cooking, cleaning, sewing, weaving and jewelry making.

Peace Handicrafts and Silks

#39 Street 155
By the SE corner of the Russian Market
phone: 023 993 331
www.aac.org.kh

High quality hand-woven silk products carefully handcrafted by highly skilled artisans using traditional processes. Providing training and employment opportunities for landmine victims, polio-disabled persons and the underprivileged. Many trainees have become self-supporting, confident artisans.

Rajana Phnom Penh

#170 Street 450
Across from the SE corner of the Russian Market
phone: 023 993 642
www.rajanacrafts.org
7am to 5pm, Monday - Saturday,
10:30am to 5pm, Sunday

NGO made, fair trade products are created by combining traditional Cambodian skills with contemporary designs. Young rural and urban poor Cambodians are trained in the production and marketing of handicrafts, helping them provide an income for themselves and their families.



Friendship with Cambodia

Friendship with Cambodia, the non-profit organization sponsoring this book, provides humanitarian aid to Cambodia, focusing on rural poverty and people in crisis.

Eighty percent of the people in Cambodia are rural subsistence rice farmers who just barely survive. Our programs help the poorest people. Often, these families experienced a crisis that sent them into debt and extreme poverty, caused by a crop failure or a serious illness of a family member. They often feel hopeless and resigned to poverty.

Empowering people through credit or education, with a social worker to provide guidance and encouragement, is a very effective approach to help people overcome poverty. Through our partner organizations in Cambodia, we have micro-credit programs for women and we help start rice banks, cow banks and village loan funds. We provide matching grants to families and communities to build houses, schools, community halls and wells.

For education, we sponsor poor children to attend school and provide vocational training programs to landmine and trafficking survivors. We support an anti-trafficking program, a shelter for street children and provide assistance to families with AIDS who live in the slums. We give grants to community forestry and fishery associations to protect natural resources from illegal destruction.

Friendship with Cambodia is primarily funded by individuals who make tax-deductible donations. For \$360 you can sponsor a child in school for a year and you will receive a photo and letter from your student. For \$250 you can help start a small loan fund for women. A matching grant of \$160 will allow a poor family to build a house or buy a cow. A donation of \$50 will provide two nights of shelter to 25 children living on the street. Every donation is appreciated and used effectively.

We welcome your support and involvement. Sign up for our free newsletter. Consider joining our one of our Socially Responsible Trips to Cambodia to visit our humanitarian projects. See our website for more information. After returning home, you can give back to Cambodia through a donation to Friendship with Cambodia.

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