```
dico = {"A":1, "B":2, "C":3, "D":4, "E":5, "F":6, "G":7, \
    "H":8, "I":9, "J":10, "K":11, "L":12, "M":13, \
    "N":14, "O":15, "P":16, "Q":17, "R":18, "S":19, \
    "T":20, "U":21, "V":22, "W":23, "X":24, "Y":25, "Z":26}
def est_parfait(mot) :
     #mot est une chaîne de caractères (en lettres majuscules)
     code_c = ""
     code_a = 0
     for c in mot:
          code_c = code_c + str(dico[c])
          code_a = code_a + dico[c]
     code_c = int(code_c)
     if code_c % code_a == 0 :
          mot_est_parfait = True
     else :
         mot_est_parfait = False
     return [code_a, code_c, mot_est_parfait]
assert est_parfait("PAUL") == [50, 1612112, False]
assert est_parfait("ALAIN") == [37, 1121914, True]
from random import randint, choice
prenom = ''.join([choice(['B', 'D', 'F', 'H']), choice(['B', 'D', 'F', 'H']), choice
(['B', 'D', 'F', 'H'])])
print (est_parfait (prenom))
```