# Link to Gdoc

The App Should:

- Automate the manual aspects of the Pomo technique
- Simplify meta-analysis
- Have a clean UI with the timer in focus

The App Should Not:

- Be overloaded with features / cluttered UI
- Take effort to learn / understand

\*\*v1 mvp is a desktop web app\*\*

\*\*mobile supported v2\*\*

The reason for this is because work is primarily completed on computers not phone.

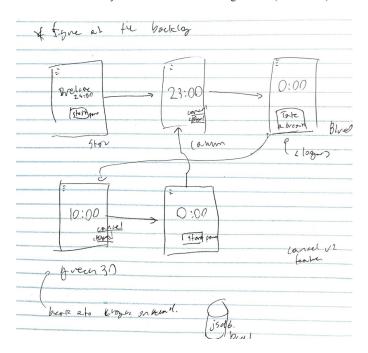
# //padraig

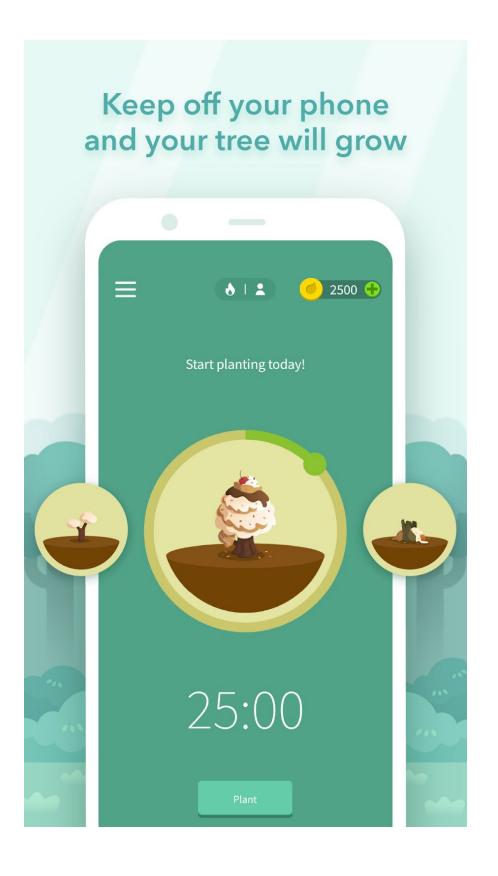
- Process map to define process to automate (RPA style)
- Identify pain points in manual process to determine minimum viable feature set
  - 5 phases related to process map?
  - \There are a five key stages to getting the most utility out
  - of the Pomodoro technique that you can:
  - 1. Planning
  - 2. Tracking
  - 3. Recording
  - 4. Processing
  - 5. Visualizing

Use forest as ground truth.

What does it mean to be in the background.

Website. And we notify users of action events using sounds. (davids idea).





# Slides

- 1. Other apps out there
- 2. Process map
- 3. Defining a v1 mvp



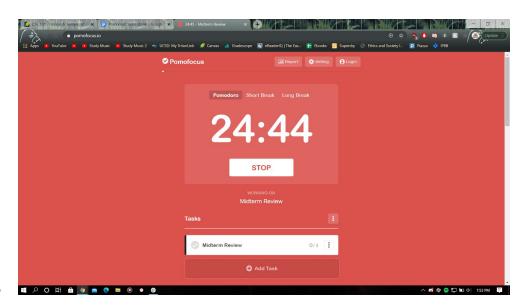
//stephen

Example pomo timers:

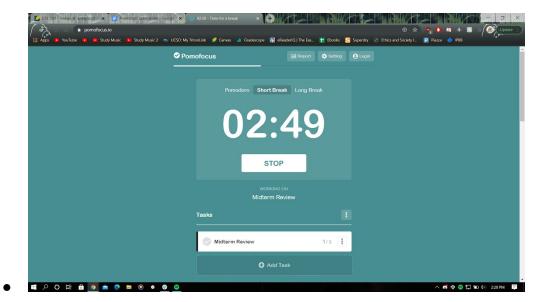
http://www.tomatotimers.com/

https://pomofocus.io/

• I set a task for 3 pomos and started the pomo timer



- After 1 pomo is done, there is a ringing sound to notify the user
- Defaults to manually start the break (there is an option to automatically start the next break/pomo)



- Features
  - Simple/minimalistic display
  - Customizable
    - Can change length of pomo/break
    - Can change the number of pomos until a long break
    - Sound notification volume; auto start next round
  - Task list for showing what you need to do and how many estimated pomos
  - Analytics based on login system
    - Shows hours focused, days accessed, streaks, and a graph showing hours focused each day
    - Shows weekly rankings based on hours focused
  - Explanation of pomo technique and how to use
  - Timer shows in the tab

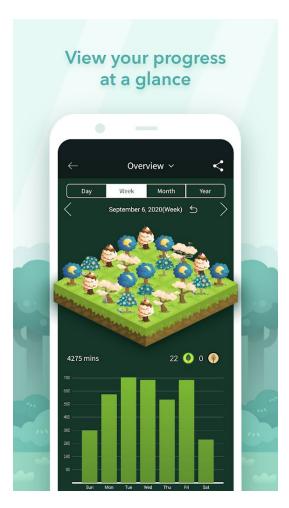
Shouldn't have a pause feature

Shouldn't restart the timer if you select a different option

# //Josh Android app: Forest

# https://play.google.com/store/apps/details?id=cc.forestapp&hl=en\_US&gl=US

- Features record tracking and statistics
- Minimize UI
- Contextualize timer usage
  - Effective time use
  - Focus
  - Reducing anxiety (tie to task list)



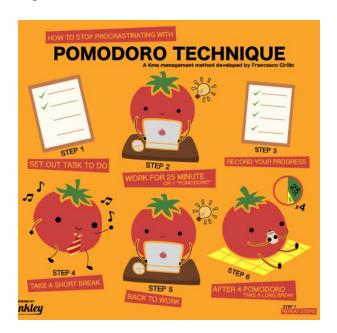


### // david

- Simple UI
- One large, central button?
  - When stopped, "start"
  - When running, "cancel"
- Plays a sound when transitioning from work to rest
- Counter of number of consecutive pomodoros
  - After 4, take a longer break
  - Counter resets if app is closed
- During "longer break" mode, set a timer for 30 minutes
  - Offer a skip button after 15 minutes, so user has to take a minimum of 15 minutes,
     max of 30
- "What do you want to work on?" -> Text input
  - Show this input at the top of the timer view
  - Have a "Done" button in timer view
  - When clicking Done, say "Congrats you finished <Task>, you worked for a total
    of <x> pomos, for <y> minutes, and took <z> minutes of break."

# //Dexter

http://www.tomatotimers.com/



Should be able to start timer with minimal steps, low barrier to entry

Should be clear what stage timer is in (upcoming break length long/short, time remaining, etc) at glance

Task tracking/pomo number counting (eventually?)

### //christine







Best Pomodoro Apps to Try

https://pomofocus.io

https://www.forestapp.cc

https://pomodoro-tracker.com

### Basic Features:

- Be able to repeating timer intervals (25 minutes study 5 minutes break and repeat 4 times then 30 minute break)
- Should show what time interval you're in
- Start/Begin
- Stop/End
- Should be able to name the task you're working on and keep track of how many pomos
  used for each task
- Easy to maneuver around, Not distracting

# Features We Shouldn't Have:

- Pause
- Skip

# Screens:

- Task planner
- Timer (25min study, 5 min break, 30 min break)

### • basic concept

- o work interval, typically of 25 minutes (as long as it's consistent)
  - the idea is to designate a specific task for this time
- o short break immediately after, typically of five minutes
- repeat until four cycles; on the fourth cycle, long break (typically of 15 minutes)
   instead of short break

#### • features we want

- o customization of time interval length
- o customization of number of short breaks before a long break is triggered
- o ability to stop timer
- o name tasks for organization; keeping track of what was done
- o ability to mark tasks as completed
- o ability to use old task for new work interval

### features we don't want

o ability to pause timer (but replay later)

# //Nick

### \* Features:

Counter: 25 minutes countdown

Color: change base on user favorite and Start/Stop

Stats: to keep track how often we use the app

Improve: how much we change after we use the app

Share: we could share on social medias

Goal: set some goals

# \* Shouldn't have:

Button to pause the time