

## Appendix A - List of primary activity codes

	Main Activities
	<b>Sleeping</b>
1	Sleeping, napping, resting, relaxing, sick in bed
	<b>Own personal care</b>
2	Personal care > Personal hygiene; praying, spiritual activities, meditating; sexual activities
3	Health professional visit, consultation
4	Self-administered medical care > Taking blood pressure, sugar level, medication, treatment
	<b>Eating or drinking</b>
5	Meal, lunch or snack preparation
6	Eating or drinking > Meals, snacks, drinks
	<b>Travel and going from place to place</b>
7	Transport to or from activity
	<b>Paid work activities</b>
8	Paid work
9	Looking for work
10	Other income-generating activities
11	Paid training
12	Break or lunch
	<b>Studying or learning</b>
13	Schooling full time/part time - on site
14	Schooling full time/part time - online
15	Homework or studying
16	Self development or leisure and special interest classes
12	Break or lunch
	<b>Household chores or maintenance</b>
5	Meal, lunch or snack preparation
17	Preserving foods > Baking, freezing, sealing, packing foods
18	Indoor house cleaning, dish washing, tidying
19	Taking out garbage, recycling, compost, unpacking goods
20	Laundry, ironing, folding, sewing, shoe care
21	Repair, painting or renovation
22	Organizing, planning, paying bills
23	Unpacking groceries, packing and unpacking luggage for travel and/or boxes for a move
24	Outdoor maintenance > Car repair, ground maintenance, snow removal, cutting grass
25	Planting (picking), maintaining, cleaning garden, caring for house plants
26	Pet care> Feeding, walking, grooming, playing
	<b>Caring for a child from your household (less than 15)</b>
27	Personal care, getting ready for school, supervising homework, reading, playing, reprimanding, educational, emotional help
28	Accompanying to or from school, bus stop, sports, activities, parent school meetings or appointments
	<b>Caring for a teenager from your household (15 to 17)</b>
29	Helping with homework, playing, reprimanding, educational, personal care, getting ready for school, emotional help
30	Accompanying to or from school, bus stop, sports, activities, parent school meetings or appointments
	<b>Caring for an adult from your household</b>
31	Washing, dressing, care giving, financial management
32	Accompanying to or from appointments, shopping
	<b>Caring for a child from another household</b>
33	Supervision, feeding, talking, accompanying

	<b>Caring for an adult from another household</b>
34	Preparing meals, cleaning, care giving, financial and household management, indoor or outdoor maintenance
35	Accompanying to or from appointments, shopping
36	Helping relatives, friends, neighbours, acquaintances > Exclude: caregiving
	<b>Shopping for goods or services</b>
37	Shopping for or buying goods > Gasoline, groceries, clothing, car
38	Shopping for services > Legal services, financial services, vehicle maintenance
39	Researching for goods or services
40	Selling of goods or services
	<b>Socializing or communicating</b>
41	Socializing or communicating - in person
42	Socializing or communicating - using any type of technology > Phone, email, social media, Skype
	<b>Civic, religious or organizational activities</b>
43	Organizational activities
44	Voluntary work
45	Religious activities
46	Civic participation > Voting, jury duty
	<b>Sports, exercise or outdoor activities</b>
47	Exercising
48	Organized recreational sports
49	Competitive sports (indoor or outdoor)
50	Outdoor sports (non-competitive) > Skiing, skating, swimming, tennis, football, baseball
51	Outdoor activities > Fishing, hunting
52	Coaching or administering sports
	<b>Other activities such as leisure, hobbies or downtime</b>
53	Attending cinema, exhibitions, library, concerts, theatre, entertainment events
54	Attending sporting events
55	Visiting museums, art galleries, heritage sites, zoos, observatories
56	Arts and hobbies > Drawing, painting, crafting, playing an instrument, dancing, collecting, knitting, photography, board and card games, gambling
57	Leisure Activity > Walking, pleasure driving, birdwatching
58	Reading > Online or paper version books, periodicals, newspaper, letters
59	Writing > Letters, cards, books, poems
60	Watching television or videos
61	Listening to music or radio
62	Use of technology > General computer use, video games, Internet, art or music production
63	Other activity > Waiting time, free time, insomnia, thinking, smoking
	<b>Other</b>
95	Uncodable / Unknown activity

<b>CODE</b>	<b>Simultaneous activities</b>
100	Preparing meals
101	Eating or drinking
102	Housework
103	Parenting, care or assistance to others
104	Organizing, planning or paying bills
105	Pet care
106	Social interaction such as talking or conversation
107	Social networking, texting, emailing
108	Reading
109	Watching TV or videos
110	Listening to music or radio
111	General computer use
112	Hobbies
113	Other

<b>Code</b>	<b>Who you were with</b>
200	On my own
201	Spouse, partner
202	Household child(ren) - less than 15 years old
203	Household child(ren) - 15 years or older
204	Parents or parents-in-law
205	Other household adult(s)
206	Other family member(s) from other households
207	Friend(s)
208	Colleague(s) or classmate(s)
209	Other people

<b>CODE</b>	<b>Where were you</b>
300	At home or on property
301	At place of work or school
302	Away on business
303	At someone else's home or property
304	In the neighbourhood
305	Outdoors
306	Grocery store, other stores or mall
307	Library, museum or theatre
308	Sports centre, field or arena
309	Restaurant, bar or club
310	Place of worship
311	Medical, dental or other health clinic
312	Elsewhere
313	Travel - Car (Driver)
314	Travel - Car (Passenger)
315	Travel - Walk
316	Travel - Bus (includes street cars, metro)
317	Travel - Airplane
318	Travel - Bicycle
319	Travel - Taxi, Limousine Service
320	Travel - Boat, ferry
321	Travel - Other