

**TWENTY-FOUR CODE ACTIVITY SYSTEM****A. PAID WORK AND RELATED ACTIVITIES****1. Paid Work (WORKPAID)**

- 011.0 Work for pay at main job
- 012.0 Work for pay at other job(s)
- 021.0 Overtime work
- 023.0 Unpaid work in a family business or farm
- 030.0 Travel during work
- 040.0 Waiting/delays at work during work hours
- 070.0 Coffee/other breaks at work
- 080.1 Selling goods and services on the Internet (e.g., eBay)
- 080.2 Other income-generating activities
- 080.3 Security procedures related to paid work activities
- 080.9 Other work activities
- 832.0 Hobbies done for sale or exchange
- 842.0 Domestic home crafts done for sale or exchange

**2. Activities Related to Paid Work (OTHRPAID)**

- 022.0 Looking for work
- 060.0 Idle time before/after work hours
- 893.0 Travel to/from hobbies or for the sale of crafts

**3. Commuting (DUR0900)**

- 090.0 Travel to/from paid work

**B. HOUSEHOLD WORK AND RELATED ACTIVITIES****4. Cooking/Washing Up (COOKDOMS)**

- 101.0 Meal preparation
- 102.0 Baking, preserving food, home brewing, etc.
- 110.0 Food (or meal) cleanup

**5. Housekeeping (HSKPDOMS)**

- 120.0 Indoor cleaning
- 130.0 Outdoor cleaning (garbage, snow removal, garage)
- 140.0 Laundry, ironing, folding
- 151.0 Mending clothes, shoe care
- 152.0 Dressmaking, sewing (for self or household member)

**6. Maintenance and Repair (MAINDOMS)**

- 161.0 Interior maintenance and repair
- 162.0 Exterior maintenance and repair of home
- 163.0 Vehicle maintenance
- 164.0 Other home improvements

**7. Other Household Work (OTHRDOMS)**

- 171.1 Gardening
- 171.2 Grounds maintenance
- 172.0 Pet care (walking, grooming, feeding)
- 173.0 Care of house plants
- 181.1 Household management (organizing/planning activities, etc.)
- 181.2 Searching Internet for recipe
- 181.3 Financial administration for the household
- 182.0 Stacking and cutting firewood
- 183.0 Other domestic/household work
- 184.0 Unpacking groceries
- 185.0 Packing and unpacking luggage and/or car
- 186.0 Packing and unpacking for a move of the household
- 190.0 Travel to/from unpaid domestic work

**8. Shopping for Goods and Services (SHOPDOMS)**

- 301.0 Grocery store, market, convenience store
- 302.1 Shopping for gas
- 302.2 Reading/research for purchasing everyday goods
- 302.3 Purchasing everyday goods and services on the Internet
- 302.4 Shopping for plants/flowers for home landscaping
- 302.9 Shopping for other everyday goods
- 303.0 Take-out food
- 304.0 Renting a video
- 310.1 Shopping for durable household goods
- 310.2 Reading/research for purchasing durable household goods
- 310.3 Purchasing durable household goods on Internet
- 320.0 Personal care services (barbers, beauticians)
- 331.0 Financial services (banking, insurance, loans, taxes, financial consulting)
- 332.1 Government services (post office, police, driver's license, EI, welfare)
- 332.2 Visiting the library
- 340.1 Adult medical and dental care (outside home), including having prescriptions filled
- 340.2 Adult medical care (inside home)
- 350.1 Professional service (lawyer, veterinarian)
- 350.2 Dwelling renovation (e.g., contractors, plumbers, architect)
- 350.3 Private mail service (e.g., Fed-Ex)
- 350.9 Other professional service, n.e.c.
- 361.0 Automobile maintenance and repair services (car wash, oil change, tire rotation)
- 362.0 Other repair and cleaning services (dry cleaner, T.V. repair, furnace)
- 370.0 Waiting for purchases or services
- 380.1 Shopping at garage sale, yard sale, flea market, auction
- 380.2 Checking into and out of hotel, motel or B&B
- 380.3 Shopping for hobby equipment or supplies
- 380.4 Security procedures related to shopping activities
- 380.9 Other shopping and services
- 390.0 Travel to/from shopping or obtaining services

**9. Child Care (CHLDDOMS)**

- 200.1 Child care (infant to 4 years old)
- 200.2 Food preparation for child under 5 years of age
- 200.3 Feeding the child (infant to 4 years old)
- 211.0 Putting the children to bed
- 212.0 Getting children ready for school
- 213.0 Personal care for children of the household
- 220.0 Helping/teaching/reprimanding
- 230.1 Reading with children
- 230.2 Talking/conversation with children
- 240.0 Play with children
- 250.1 Medical care of household children
- 250.2 Emotional care of household children
- 260.0 Unpaid babysitting of household children
- 281.1 Visiting child care/school establishments
- 281.2 Associated communication related to child care/school activities
- 281.8 Other educational help for household children
- 281.9 Other non-educational help for household children
- 291.0 Travel to/from personal care activities for household children

**C. SOCIAL SUPPORT, CIVIC AND VOLUNTARY ACTIVITY****10. Civic and Voluntary Activity (VLNTORGN)**

- 271.1 Personal care of household adults
- 271.2 Education related help for household adult
- 271.3 Looking after household adult as primary activity
- 272.1 Medical care of household adults
- 272.2 Emotional care of household adults
- 282.1 Visiting school establishments for household adults
- 282.2 Associated communication related to school activities
- 282.9 Other help for household adults
- 600.0 Professional, union, general meetings
- 610.0 Political, civic activity (e.g. voting, jury duty, city council, donating blood)
- 620.0 Child, youth, family organizations (e.g. scout leader, school volunteer)
- 630.0 Religious meetings, organizations (e.g. choir practice, church socials)
- 651.0 Fraternal and social organizations (e.g. Lions' Club)
- 652.0 Support groups (e.g. Al-Alon, AA, Weight Watchers)
- 660.1 Volunteer work (organizations) - organizing and planning
- 660.2 Volunteer work (organizations) - fundraising
- 660.3 Volunteer work (organizations) - collecting and delivery of goods
- 660.4 Volunteer work (organizations) - building structures, indoor/outdoor maintenance and repair
- 660.5 Volunteer work (organizations) - food presentation, preparation and clean-up
- 660.9 Volunteer work (organizations) - other volunteer work
- 671.1 Housework and cooking assistance
- 671.2 Animal and pet care for non-household pets
- 672.0 House maintenance or repair assistance
- 673.1 Personal care provided to non-household children
- 673.2 Medical care provided to non-household children
- 673.3 Education related help to non-household children
- 673.4 Looking after non-household children as primary activity
- 673.5 Reading/talking with non-household children
- 673.9 Other unpaid help provided to non-household children
- 674.0 Transporting assistance to someone other than a household member
- 675.1 Personal care provided to non-household adult
- 675.2 Medical care provided to non-household adult
- 675.3 Education related help to non-household adult
- 675.4 Looking after non-household adult as primary activity
- 675.9 Other unpaid help provided to non-household adult
- 676.0 Correspondence assistance (letters, bills, forms)
- 677.0 Unpaid help for a family business or farm
- 678.0 Other unpaid work/help
- 680.1 Other organizational and voluntary activity
- 680.2 Other religious activity
- 800.0 Coaching sports competitively or leisurely (unpaid)
- 691.0 Travel to/from civic or voluntary activity
- 892.0 Travel to/from coaching activities
- 292.0 Travel to/from personal care activities for household adults

**D. EDUCATION AND RELATED ACTIVITIES****11. Education and Related Activities (SCHLEDUC)**

- 500.0 Full-time classes
- 511.0 Other classes (part-time)
- 512.0 Credit courses on television
- 520.0 Special lectures (occasional outside regular work or school)
- 530.1 Homework (course, career, self-development)
- 530.2 Using the Internet for research/homework
- 550.0 Breaks/waiting for class
- 560.1 Leisure and special interest classes
- 560.2 Self-development (e.g. parenting, Lamaze, self-defence)
- 580.1 Security procedures related to educational activities
- 580.9 Other education related activities (e.g. school assembly)
- 590.0 Travel to/from school education activities

**E. SLEEP, MEALS AND OTHER RELATED ACTIVITIES****12. Night Sleep (DUR4500)**

- 450.0 Night sleep/essential sleep

**13. Meals (excl. Restaurant Meals) (MEALPERS)**

- 050.0 Meals/snacks at work
- 430.0 Meals/snacks/coffee at home (include take-out eaten at home)
- 431.0 Other meals/snacks/coffee (e.g. at cottage, park, picnic, hotel)
- 540.0 Meals/snacks/coffee at school
- 642.0 Meals/snacks/coffee at religious services
- 661.0 Meals/snacks/coffee at place of volunteer work

**14. Other Personal Activities (OTHRPERS)**

- 400.0 Washing, dressing
- 410.1 Personal medical care (at home) - by self
- 410.2 Personal medical care (at home) - administered by household member
- 410.3 Personal medical care (at home) - administered by non-household member (unpaid)
- 411.0 Private prayer, meditation and other informal spiritual activities
- 460.0 Naps/laying down
- 470.0 Relaxing, thinking, resting, smoking
- 480.0 Other personal care or private activities (e.g. washroom activities, sex)
- 492.0 Travel to/from other personal care activities
- 640.0 Religious services/prayer/Bible reading
- 692.0 Travel to/from religious services

**F. SOCIALIZING****15. Restaurant Meals (RESTSOCL)**

- 440.0 Meals at restaurant
- 491.0 Travel to/from restaurant meals

**16. Socializing (In Homes) (HOMESOCL)**

- 751.0 Socializing at a private residence (no meal)
- 752.0 Socializing at a private residence (with meal)
- 950.0 Talking, conversation with household member only (face to face)
- 951.1 Talking on the phone (excluding work)
- 951.2 Text messaging using a cell-phone – sending a text message
- 951.3 Text messaging using a cell-phone – receiving a text message
- 792.0 Travel to/from socializing at private residences

**17. Other Socializing (OTHRSOCL)**

- 753.0 Other socializing (e.g. at malls)
- 754.0 Meals/snacks/coffee at an institutional residence (excluding restaurants)
- 760.0 Socializing at bars, clubs
- 770.0 Casino, bingo, arcade
- 780.1 Sporting and entertainment events, n.e.c.
- 780.2 Other non-sporting and non-entertainment events, n.e.c.
- 793.0 Travel to/from other socializing (to bars, hospitals, weddings)

**G. TELEVISION, READING AND OTHER PASSIVE LEISURE****18. Watching Television (TELEMDIA)**

- 911.0 Watching scheduled T.V. programming
- 912.0 Watching T.V. recorded programming/time-shifted viewing
- 913.0 Watching rented, purchased or downloaded movies
- 914.1 Watching television on-line (including podcasts)
- 914.9 Other television viewing (video recorded home movies)

**19. Reading Books, Magazines, Newspapers (READMDIA)**

- 931.0 Reading books
- 932.1 Reading magazines, pamphlets, bulletins, newsletters
- 932.2 Reading on-line: magazines, pamphlets, bulletins, newsletters
- 940.1 Reading newspapers (actual paper copy)
- 940.2 Reading newspapers (on-line)

**20. Other Passive Leisure (OTHRMDIA)**

- 900.1 Listening to radio on-line
- 900.2 Other radio listening
- 920.0 Listening to CD's, tapes, records
- 961.0 Reading personal mail (including flyers and advertisements)
- 962.0 Writing/typing letters, sending greeting cards (not including use of e-mail)
- 980.1 Downloading and/or ripping music and/or movies to computer for media use
- 980.9 Other media or communication
- 990.0 Travel to/from media and communication activities

**H. SPORTS, MOVIES AND OTHER ENTERTAINMENT EVENTS****21. Sports, Movies and Other Entertainment Events (ENTREVNT)**

- 701.0 Professional sports events
- 702.0 Amateur sports events
- 711.0 Pop music concerts
- 712.0 Fairs, circuses, parades, amusement park, ice follies
- 713.0 Zoos, botanical gardens, planetarium, observatory
- 720.0 Movies/films at a theatre/cinema, art films, drive-in movies
- 730.0 Classical music concerts, opera, ballet, theatre
- 741.0 Museums (excluding art museums)
- 742.0 Art galleries (art exhibition)
- 743.0 Heritage sites (archaeological sites)
- 791.0 Travel to/from attending sports, movies or other entertainment events or visit sites

**I. ACTIVE LEISURE****22. Active Sports (SPRTACTV)**

- 801.1 Football
- 801.2 Field hockey
- 801.3 Baseball or softball
- 801.4 Soccer
- 801.5 Volleyball
- 801.6 Hockey
- 801.7 Basketball
- 802.1 Tennis
- 802.2 Squash, racquetball, paddleball
- 803.1 Golf
- 803.2 Miniature golf
- 804.1 Swimming
- 804.2 Waterskiing
- 805.1 Ice skating
- 805.2 Downhill skiing or snowboarding
- 805.3 Other skiing, sledding, curling
- 806.1 Bowling
- 806.2 Pool, ping-pong, pinball
- 807.1 Home exercises
- 807.2 Weight-training
- 807.3 Exercise class or aerobics
- 807.4 Yoga
- 808.0 Judo, boxing, wrestling, fencing
- 809.0 Rowing, canoeing, kayaking, wind surfing, sailing
- 810.1 In-line skating or rollerblading
- 810.9 Other sports (frisbee, catch, track & field, skateboarding)
- 811.0 Hunting (as a sport)
- 812.0 Fishing (as a sport)
- 813.0 Boating (motorboats or rowboats)
- 814.0 Camping
- 815.0 Horseback riding, rodeo, jumping, dressage
- 816.0 Other outdoor activities/excursions (picnic, car rally, bird watching)
- 821.1 Walking
- 821.2 Jogging, running
- 821.3 Hiking
- 822.0 Bicycling
- 891.0 Travel to/from participating in active sport/outdoor activities

**23. Other Active Leisure (OTHRACTV)**

- 831.0 Hobbies done mainly for pleasure (painting, sketching, photography)
- 841.0 Home crafts done mainly for pleasure (sewing, needlework)
- 850.1 Singing or playing music, theatre
- 850.2 Popular or social dance
- 861.0 Games, cards, puzzles, board games
- 862.1 Playing video games/computer games
- 862.2 Video games/exercise based games (e.g. Wii, Exertris, Dance Dance Revolution)
- 863.0 General computer use (excluding games and surfing the Net)
- 864.0 Surfing the net (as a leisure activity)
  - 865.0 Using e-mail (writing and reading e-mail)
  - 866.0 Participating in chat groups
  - 867.1 Participating in social network sites (Facebook, MySpace)
  - 867.9 Participating in other Internet communication
- 871.0 Pleasure drives (as the driver)
- 872.0 Pleasure drives (as a passenger in the car)
- 873.0 Other pleasure drives (e.g. on a tour bus)
- 880.0 Other leisure activity
- 894.0 Travel to/from other leisure activities

**J. RESIDUAL****24. Residual Time (DVRESID)**

- 001.0 Missing gap in time
- 002.0 Refused information



## Appendix K

### Comparison of Cycle 24 with previous time use cycles

GSS 24			GSS 19		GSS 12	
Section	Question	Topic	Comparison	Question	Comparison	Question
<b>General Time Use</b>						
	GTU_Q110	How often do you feel rushed?	same	GTU_Q110	same	A2
	GTU_Q130	How often do you feel you have time on your hands that you don't know what to do with?	same	GTU_Q130	same	A4
<b>Time Use Diary</b>						
	EPI_Q100	On ^ piDiaryDay, at 4:00 AM, what were you doing? And then, what did you do?	same	EPI_Q100	same	B3a
	EPI_Q339	How long did you spend on this activity?	same	EPI_Q339		
	EPI_Q340E	When did this end?	same	EPI_Q340E		B3c
	EPI_Q340H	How long did you spend on this activity?	same	EPI_Q340H		
	EPI_Q340M	How long did you spend on this activity?	same	EPI_Q340M		
	EPI_E340	So, this activity ended at ^EPI_D340?	same	EPI_E340		B3cx
	EPI_Q350	Were you doing anything else at the same time? (For example looking after or supervising children, texting, emailing or having coffee. Include all activities regardless of duration.)				
	EPI_Q351	What were you doing (at the same time)?				
	EPI_Q352	How long did this activity last (i.e., ^EPI_D352)?				
	EPI_Q353	How long did this activity last (i.e., ^EPI_D353)?				
	EPI_Q354	How long did this activity last (i.e., ^EPI_D354)?				
	EPI_Q370L	Where were you? / Were you still:				
	EPI_Q370T	Where were you? / Were you still:				
	EPI_Q400	Who was with you? / Were you still:				
	TUT_Q970	Was the %DiaryDay% you described very different from most %DiaryDay%'s? (for example illness, holiday or religious festival)				
	DAS_Q110	You stated that on ^piDiaryDay at 4:00 AM you were sleeping. What time did you fall asleep ^ ( piDiaryDay – 1) night?	same	DAS_Q110	same	D2a
<b>Perceptions of Time</b>						
	TCS_Q110	Do you plan to slow down in the coming year?	same	TCS_Q110	same	D2g
	TCS_Q120	Do you consider yourself a workaholic?	same	TCS_Q120	same	D2g
	TCS_Q130	When you need more time, do you tend to cut back on your sleep?	same	TCS_Q130	same	D2h
	TCS_Q140	At the end of the day, do you often feel that you have not accomplished what you had set out to do?	same	TCS_Q140	same	D2i
	TCS_Q150	Do you worry that you don't spend enough time with your family and friends?	same	TCS_Q150	same	D2j
	TCS_Q160	Do you feel that you're constantly under stress trying to accomplish more than you can handle?	same	TCS_Q160		
	TCS_Q170	Do you feel trapped in a daily routine?	same	TCS_Q170		
	TCS_Q180	Do you feel that you just don't have time for fun anymore?	same	TCS_Q180		
	TCS_Q190	Do you often feel under stress when you don't have enough time?	same	TCS_Q190		
	TCS_Q200	Would you like to spend more time alone?	same	TCS_Q200		