

3 TIPS TO IMPROVE YOUR **READING SPEED** **INSTANTLY**

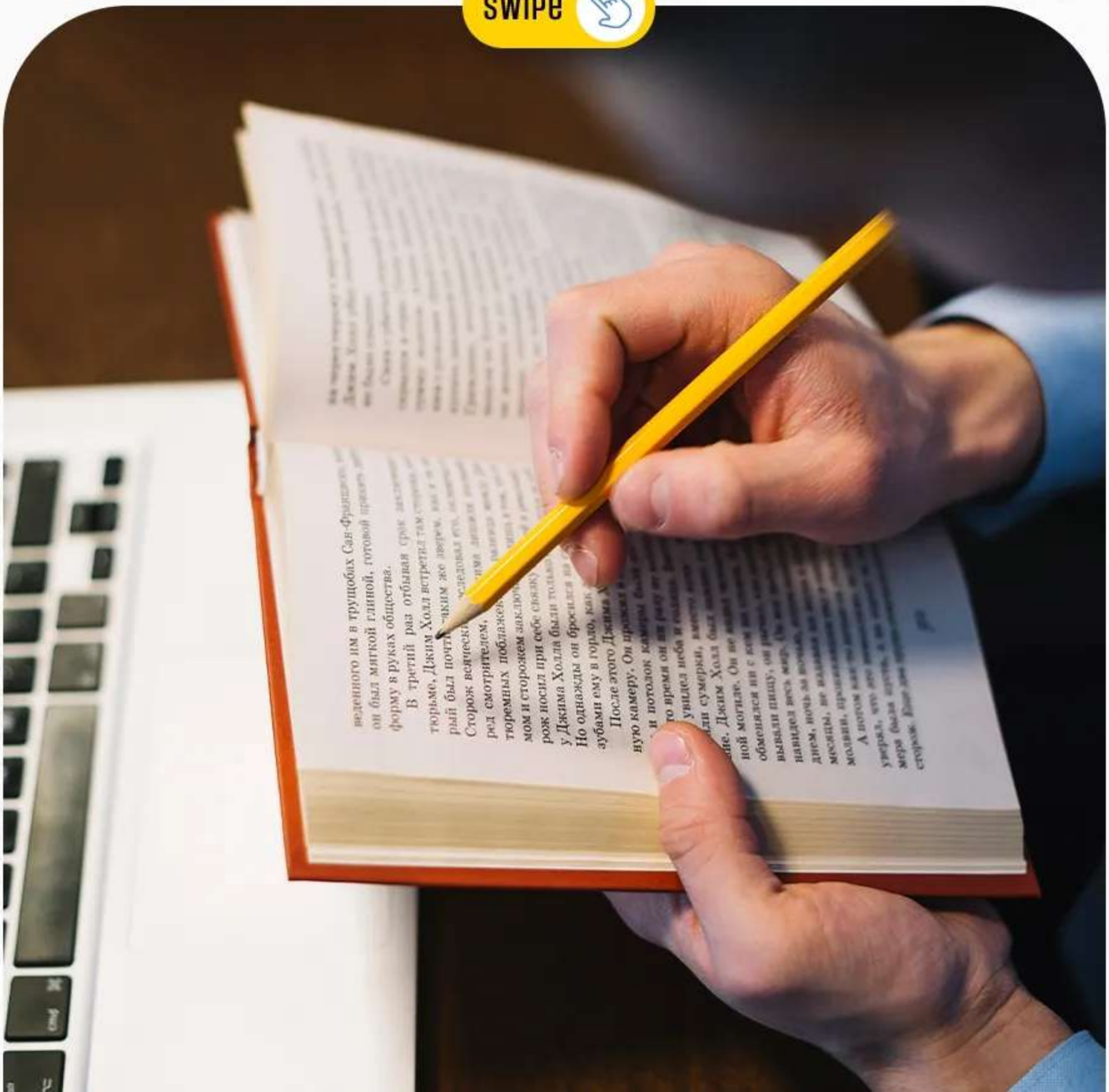
SWIPE TO KNOW MORE



1

USE METAGUIDE WHILE READING

SWIPE

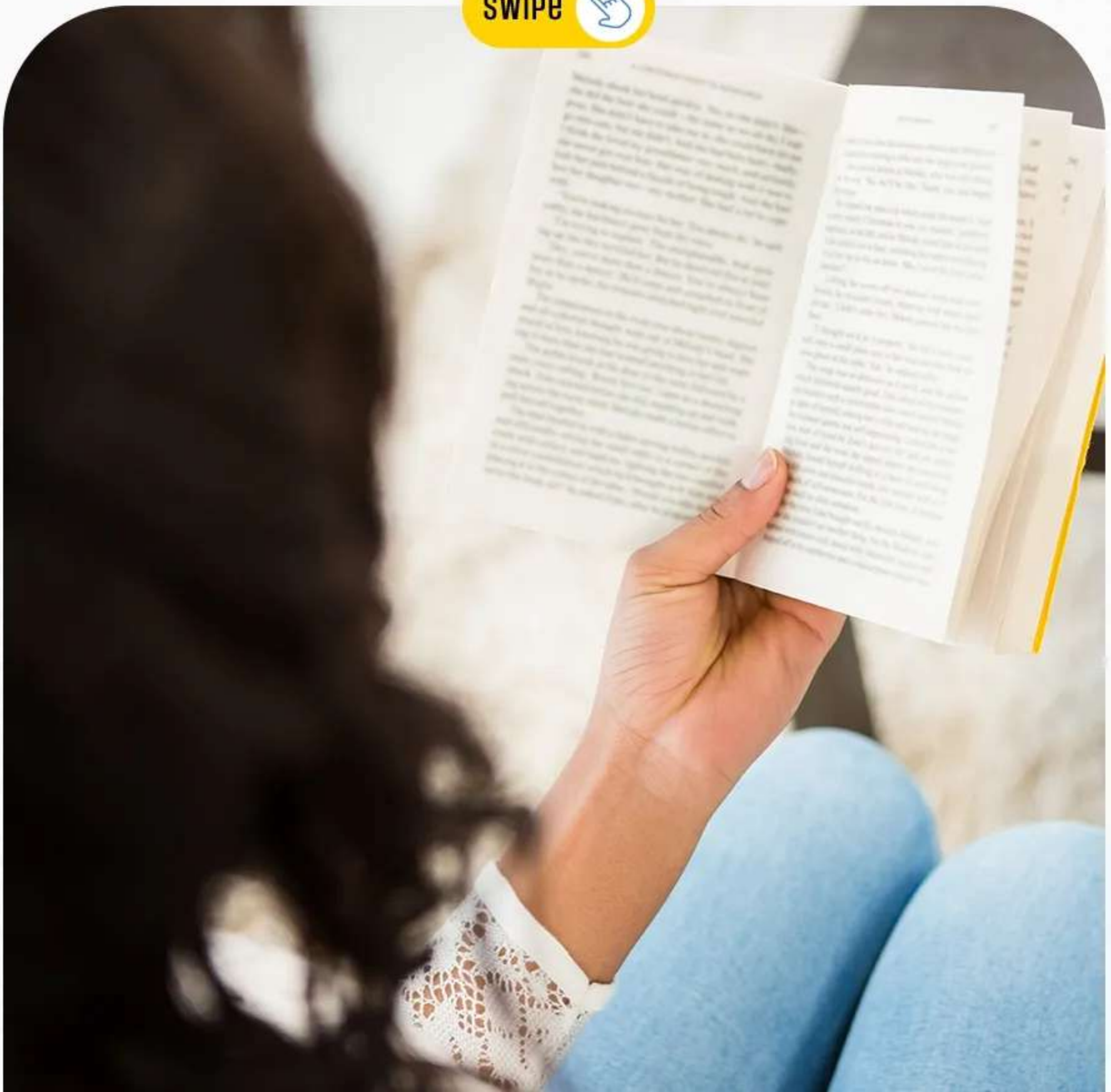


2

Manjunath MS
MIND PERFORMANCE COACH

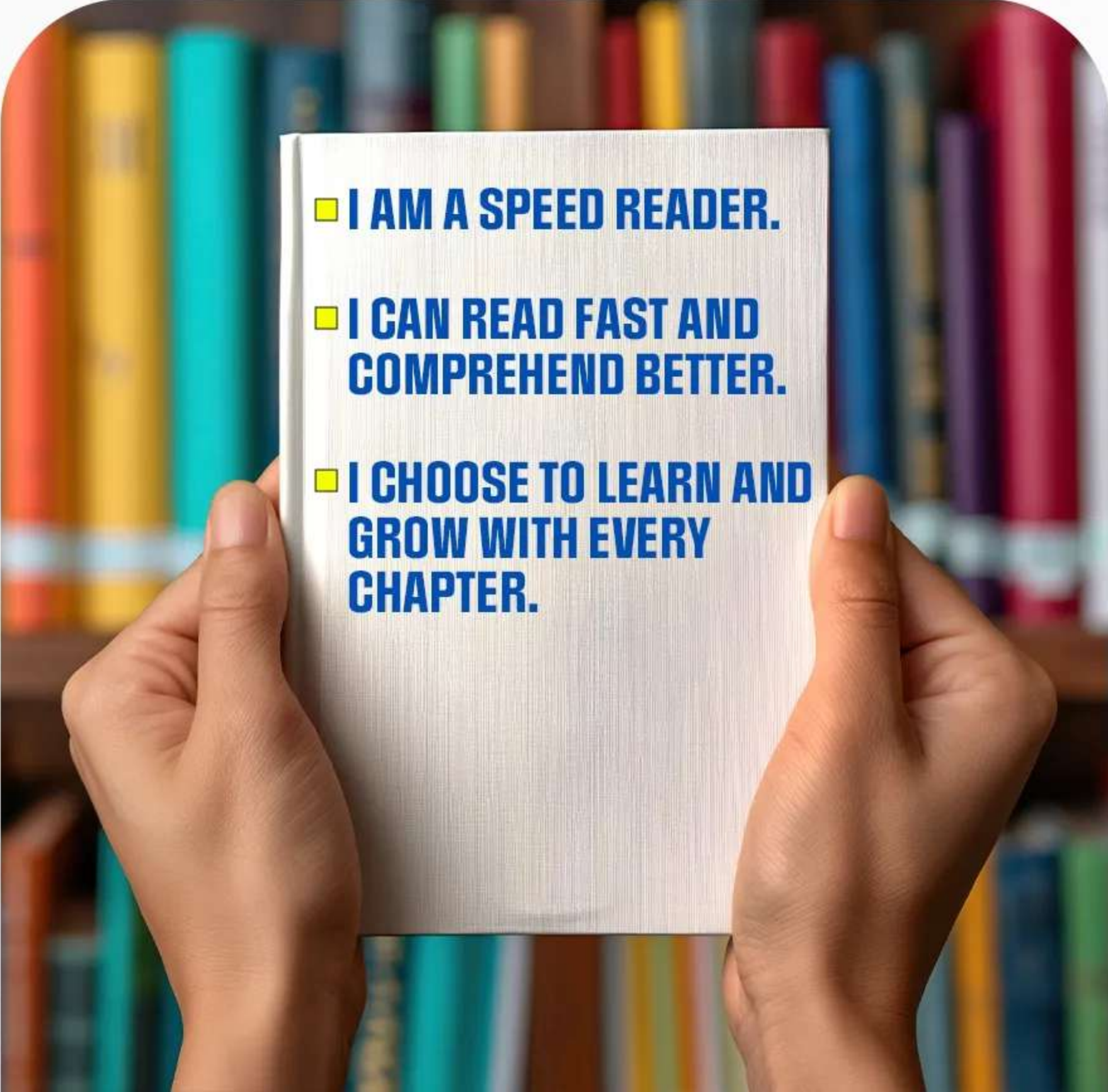
READ IN A GROUP OF WORDS INSTEAD OF READING WORD BY WORD

SWIPE



3

PRACTICE READING AFFIRMATIONS

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- **I AM A SPEED READER.**
 - **I CAN READ FAST AND COMPREHEND BETTER.**
 - **I CHOOSE TO LEARN AND GROW WITH EVERY CHAPTER.**