



READ FOR SUCCESS - DAY 1 Assignments

How to Find the Target Number of Pages

- STEP 1: Refer to the total number of pages in your book.
- Target Number of Pages per Day = Total Number of Pages / 6

Example: If your book has 180 pages, divide the book into 6 equal parts because you have 6 days.

$$180 \text{ pages} / 6 = 30 \text{ pages}$$

You need to read 30 pages every day to complete your book in 6 days.

POWER READING

Today's Reading Goal : Pick up a simple book (max 220 pages) and Read for 15 mins.

- Define Your Reading Goal ;Eg: if you are reading at 150 WPM, then you need read 300 WPM
- Follow below tips while reading

TIP # 1: What's Skimming and Scanning : Here are the basics.

Skimming & scanning are reading strategies that use rapid eye movement, reading quickly to gain an overall understanding of the material.

You will not read every word; you will focus on only the most important elements. Skimming and scanning help you to increase rapid eye movement. even if you understand 5 to 10% it should be fine

Basically you need to improve the speed. Once you achieve the speed, you'll be learning how to understand the content.

TIP #2 : Create Urgency while reading

TIP #3 : Sense of Rewards and Recognition

FAQ DAY1 - [CLICK HERE](#)