



HOW TO APPLY THE SECRET LAW OF ATTRACTION

LAW OF ATTRACTION

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INTRODUCTION

Law of Attraction is the Secret used by the most successful people around the world, either consciously or unconsciously. You can be anyone or get anything you want through the power of your mind. As long it is possible and reasonable. Your thoughts determines your life's destiny.

Dr Joseph Murphy have said, "The **Law of Attraction** attracts to you everything you need, according to the nature of your thoughts. Your environment and financial condition are the perfect reflection of your habitual thinking."

All that we are, is the result of what we have thought.

- Buddha

The Law of Attraction concept have become popular these days, especially after the introduction of "The Secret" and "What The Bleep Do We Know."

With our thoughts we make our world.

- Buddha

This ebook contains the method to apply **The Secret Law of Attraction**. It is written to be manual for those who wants to utilize the Law of Attraction.

THE SECRET LAW OF ATTRACTION STEP 1

DECIDE WHAT YOU WANT

To get what you want, you must first decide what you want. It's the first step towards using the Law of Attraction consciously. You must be clear and specific about it, then only your mind will know what exactly you want.

When you are deciding what you want, make sure it is something that you really want. Something that would make your life meaningful and much better.

Do not make huge changes on the plan until you have manifested what you wanted in the first place. Only then you can track your manifestation process. You will find the right Law of Attraction method that works for you.

Everything is in the mind. That's where it all starts.
Knowing what you want is the first step toward getting it.

- Mae West

THE SECRET LAW OF ATTRACTION STEP 2

ASK TO THE UNIVERSE

Now ask the Universe for what you want. You can do this by thinking about it. However, almost all the Law of Attraction teachers have taught it's important to approach this step by writing your goal on paper. In *The Secret*, Bob Proctor (modern Law of Attraction teacher) asked us to get started with, "I am so happy and grateful now that..." and then continue explaining it in every detail.

When you're writing, remember to focus on what you want and not on what you do not want. Law of Attraction clearly says you get what you focus on. Keep your sentences in positive and write it in present tense. Look at the starting example in the paragraph above, you must write like you've already received what you wanted.

When you ask, your request will be sent to the Universe. Remember, once you asked, you must believe it's already coming to you. You must trust your subconscious mind and the Universe. The more you trust them, the more they will work for you. Know that you have placed an order and it will get delivered to you.

Make sure you read the goal daily. Then only your mind will be set towards achieving it. Having proper mindset is important to be success with the Law of Attraction.

Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you. For every one who asks receives, and he who seeks finds, and to him who knocks, it will be opened.
- The Bible (Matthew 7:7-8 / Luke 11:9-10)

THE SECRET LAW OF ATTRACTION STEP 3

CLEAR YOUR MIND

Your mind must be cleared from random thoughts. You can do this easily if you been practicing meditation. If you have not, it's good idea to get started now. It's simple, just sit in comfortable position, close your eyes and silent your mind for about five to ten minutes everyday.

In this step, we're not asking you to do meditation, we only want you to relax and clear your mind. We want you to enter into meditative state. In meditative state, you will get in touch with your subconscious mind, or the inner self. This inner self is the world within. It's connected to the Source and the Universe.

Law of Attraction says the world within makes the world without. The vision that you generate in the world within will be played out to you in your world without. World without means the physical world.

So clear your mind. Only clear mind can create clear vision.

Learn to get in touch with silence within yourself.

- Elizabeth Kubler-Ross

THE SECRET LAW OF ATTRACTION STEP 4

VISUALIZE HAVING WHAT YOU WANT

Now, it's time to visualize having what you want to have. When you visualize, you must use all your senses including your feelings. You must put yourself in position that you have received what you wanted. Your vibration must match with the frequency of having what you want. If you want wealth, see yourself completely being wealthy. The visualization must be vivid and precise.

You must feel the imagination that runs in your mind. It's like sending the life picture that you want to see happening in your own life. See it exactly the way you want it to be. Then only your vibration will be strong and the more strong it is, the more faster the Universe will make it happen.

Albert Einstein knew about the Law of Attraction. He applied the Law of Attraction and he even taught about the Secret. He said, the imaginations in our mind are the life's upcoming attraction.

When you feel it in your mind, the Law of Attraction gives you what you want because it's the way you feel. It's not only thoughts influences the Law of Attraction, it's your feelings and emotions are involved too. The Law of Attraction does not understand words you speak or sentences you wrote, it understands the vibration of the energy you send to the Universe.

The way to 'get there' is to 'be there'.
Just be where you choose to get!' It's that simple.

- Neale Donald Walsch

Always start with the end in mind.

- Dr. Stephen Covey

THE SECRET LAW OF ATTRACTION STEP 5

EXPRESS YOUR GRATITUDE TO THE UNIVERSE

Gratitude. If you been studying Law of Attraction, for sure you would have read about it on almost every Law of Attraction guide you can find. It's the most powerful Law of Attraction method ever known to us.

Quantum Physics proved everything in this Universe is made of pure energy. In quantum level, everything that you want is already yours. It's waiting for you to apply the right Law of Attraction method to manifest it in your real life. When you're grateful for things you do not have, the Universe will send them to you; because you're behaving like you're having. Those that mastered the Law of Attraction knows you must be before you can have.

Look around you, you have plenty of reason to be grateful about. For an example, you found this Law of Attraction ebook and best of all, it's free! Look at the bright side of life, find the good things that generates positive energy within you when you're grateful for them.

Law of Attraction Tip: Start your daily life by expressing gratitude.

Be grateful when you're feeling good and graceful when you're feeling bad.

- Richard Carlson

If the only prayer you ever say in your life is thank you, that would suffice.

- Meister Eckhart

THE SECRET LAW OF ATTRACTION STEP 6

BE DETACHED TO THE OUTCOME

What it means to be attached? Being attached is being too obsessed with the outcome and if it does not get manifested, you get sad. It seems you cannot be happy unless you get your desires manifested the exact way you wanted.

What it means to be detached? Being detach is having faith on the Universe and God. Having faith does not mean you will get what you want but it's the belief that you will get what's right for you and you accept it with an open heart. Even if things does not go the way you expected, you do not let it affect your happiness.

The trick in using the Law of Attraction consciously is that we must be detached from the outcome and at the same time, maintain our focus on the desire. Keep learning and practicing, eventually you will understand and get it right.

Never question how your request will manifest. The how is not yours to deal with. It will be handled by the Universe. Everything's connected to the Universe and it will cause the way to give you what you asked for. Law of Attraction is one of the Universal Laws and it's programmed to work perfectly.

It's best not to get too excited or too depressed
by the ups and downs of life.

- Dalai Lama

The bird of paradise alights only on the hand that does not grasp.

- John Berry

THE SECRET LAW OF ATTRACTION STEP 7

ALWAYS FEEL GOOD TO BE POSITIVE

You know thought plays an important role for the Law of Attraction. From thoughts comes visualizations and emotions, which then you will send to the Universe in form of energy vibrating at certain frequency. So the base of everything is the thought and thoughts are product of the mind. If you want success with the Law of Attraction, you must control your mind and your thought.

You must make sure your mind always generate positive thoughts. Monitoring them are not an easy thing to do. However, you can make sure your mind and thoughts are positive by controlling your feelings and emotions. When you're feeling good, it means you're thinking positive and you're on the flow for the Law of Attraction to fulfill your request.

If doubt ever appears, destroy it by replacing it with grateful thoughts. Be grateful for your goal that's about to manifest. You can use the same method to eliminate any negative thoughts too.

Learn to be happy with what you've got,
while in pursuit of what you want.

- Jim Rohn

Sometimes your joy is the source of your smile,
but sometimes your smile can be the source of your joy.

- Thich Nhat Hanh

THE SECRET LAW OF ATTRACTION STEP 8

HAVE PATIENCE AND FAITH

Just like you should not ask how you're going to manifest, the same goes to asking when the Law of Attraction will deliver your request. In The Secret, we are taught there's no rules on time for the Law of Attraction. It's our mindset which adds certain rules to each goals we want to achieve.

However, you can change the mindset by convincing your mind that Law of Attraction works fast, easily and smoothly for you. There's another method, put yourself in position of having or being. In such way, you will increase your vibration and the stronger it is, the faster Law of Attraction completes your manifestation by delivering.

Always remember the Universe knows the best way to deliver your request to you. The Universe can make anything to happen at anytime and anywhere it wants. Everything has it's own place in time. Just keep working on your attraction until the Universe delivers.

Whatsoever ye shall ask in prayer, believing, ye shall receive.

- The Bible (Matthew 21:22)

What things soever ye desire, when ye pray,
believe that ye receive them, and ye shall have them.

- The Bible (Mark 11:24)

THE SECRET LAW OF ATTRACTION STEP 9

BE OPEN TO RECEIVE

You must allow yourself to receive what you want. Law of Attraction delivers when you're welcoming it. If you do not, it will have hard time to come to you and things that causes this to happen are thoughts or actions that takes you further from receiving. You must open the possibility for your request to come to you.

Sometimes, you might get an inspired thought out of nowhere or from your intuition. It might suggest you to do certain thing or take an action. This action is called an inspired action.

There's the Law of Cause and Effect. You must do the right action to get the right result. Though you're advised to go with the flow, it's necessary to take necessary actions. Just remember to think wise before doing anything. There's additional purpose for thinking besides creating.

The time is always right to do what is right.

- Martin Luther King

Intuition will tell the thinking mind where to look next.

- Jonas Salk

Follow your instincts. That's where true wisdom manifests itself.

- Oprah Winfrey

THE SECRET LAW OF ATTRACTION STEP 10

RECEIVE

Here comes the final step. You will be on this stage when you're receiving from the Universe. Your request have been fulfilled and delivered to you. You have successfully manifested using the Law of Attraction. You must now enjoy it and express your gratitude to the Universe. The better you do that, the more powerful your next attraction and manifestation will be.

Celebrate what you want to see more of.

- Tom Peters

CONCLUSION AND RESOURCE GUIDE

Picture in your mind a sense of personal destiny. - Wayne Oates

Congratulations! You now know the methods to apply **The Secret Law of Attraction**.

Remember to visit [Mystical Law Of Attraction \(http://www.mysticallawofattraction.com\)](http://www.mysticallawofattraction.com) for additional guidance on [Law of Attraction](#). Our blog meant to help you manifest the life of your dreams. There are more secrets available at our blog. So, I highly recommend you to visit now and often.

Thank you. May God bless you!

Sincerely,

Avatar

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