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Posted by u/TKManifestsuccess 6 days ago



The Fastest Way To Reprogram Your Subconscious Mind to Manifest Anything

Fastest Way To Manifest basically..

Many people say this is one of the quickest ways to manifest but its the shortest Way to replace an old program and manifest quite quicker than the old way until you go to bed or get up.. Again this stuff is nothing new, just not revealed all the way which I'm hoping I can do for you right away.

After 10 years of study on this stuff and having Big and Small manifestation successes here's what I can tell you about manifesting FASTER

First of all: it only seems "faster" but really its the same time frame from 4D to 3D. According to YOUR CIRCUMSTANCES and your BELIEFS. (FAITH)

The truth is the more you do something the more you'll see results. Many people do their Visualizations or mental rehursal, feeling the feeling only a once or twice a day.

For best results you want to "be" in that vibration as long as possible to attract to you that which you want.

The more you repeat the practice the more you get it into the subconscious mind and override any old program around of what it is you want to manifest. There by bringing you that much closer for it to happen. You do this by repetition. It's nothing new or heavy. It's science and spirituality in one.

So... furthermore

It doesn't matter if you do the "Visualization" it for 5 mins or for 10 mins or for 3 hrs. What matters is the

STATE of Mind

RELAXATION of body

FEELING

REPETITION of the Practice

The Goal is to reprogram the mind. This is done with REPETITION. Of the practice (visualization and affirmations). When you do this over and over again you reprogram your subconscious mind and you tell the universe what you want through FEELING AS IF YOU ALREADY HAVE IT.

"Your mindset is your greatest ally. Having the right mindset will help you succeed in every endeavor and achieve great things in life. Without a positive and optimistic outlook, success can be hard to come by.

Having the right attitude can open many doors. You may be faced with obstacles that are hard to overcome. But, with a mindset focused on succeeding and finding a way around the issue, these



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Having a growth mindset will also benefit you in the long run. Believing that every challenge is an opportunity to learn and grow, you can ensure that your success is only a matter of time. And when you do eventually reach your goals, you will be much better equipped for the next one.

Our mindset shapes the way we perceive life and the world around us. Taking time to focus on a positive outlook will enable us to break through obstacles and succeed. Making success a priority by developing the right mindset will help you find the motivation you need to reach any goal."

-Tim

Do you ever feel like you're running on the hamster wheel of life, constantly going around and around and achieving the same results, despite your hard work especially when it comes to Manifesting? It can be extremely frustrating to put in the effort and time and to end up feeling like you haven't achieved anything at all. So you wonder, what's the fastest way to do this?!

The fastest way to break this cycle and change the results you're getting is by changing the strategies you're using. The same old way of doing things is not going to cut it; it's time to think outside the box and find a new approach that works for you.

Sometimes, it helps to start with small steps, such as committing to focusing on one task for the day or taking regular breaks to clear your head. Finding the right balance of pushing yourself and allowing yourself the opportunity to rest and recharge can help you get the most out of your efforts.

Additionally, identifying new resources to support you on your journey can also make a big difference. Look for books, podcasts, articles, or other types of content that can help guide and inform you, or reach out to other people who can provide encouragement and support. Having access to knowledge, understanding, and resources can open the door to different possibilities and strategies you may not have been aware of previously.

It's important to keep in mind that strategies, techniques, and approaches don't have to be permanent or binding. You're allowed to change your approach to things when something isn't working, or even try a new strategy entirely. Learning how to be adaptable and fluid in your process is an invaluable skill and will lead to faster results and positive changes.

Remember, the quickest way to see different results is to try something new and embrace the opportunity for growth. If you're feeling stuck in your routine, take the leap and start strategizing

What are the right strategies to make your manifestations come about faster?

In order to get what we want we must become the person that has those things.

We don't attract to us what we want, we attract to us that which we are.

Many of us find it difficult to reprogram our old, subconscious programming and develop better habits but it doesn't have to be. Fortunately, there are many strategies you can use to quickly and effectively reprogram your old programming and manifest our desired results.

One of the quickest and most effective ways to reprogram old programming is to use affirmations. Affirmations are positive statements that can help us focus on a particular idea or thought and commit to it more strongly. An example of an affirmation might be: "I am confident in my abilities to create the life I desire". Repeat these affirmations regularly, out loud if possible, to strengthen their effect.



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to achieve. As you focus on this image and see yourself living it, your mind and body begin to believe it as reality. This, in turn, helps you reprogram your old subconscious programming.

Finally, positive self-talk can be an effective tool for quickly reprogramming old programming. Talk to yourself the way you would talk to a good friend. Avoid harsh self-judgement or negativity, and instead be kind, understanding, and encouraging. Self-talk has been proven to improve self-confidence, which can be instrumental in quickly reprogramming old subconscious programming.

By using affirmations, visualization, and positive self-talk, you can quickly and effectively reprogram old programming and develop better habits. Try implementing these strategies today and experience the positive effects that come with reprogramming your subconscious

SATS (State Akin To Sleep) According to Neville Goddard

1."Every day I put myself into the drowsy state; it is a very easy thing to do. But habit is a strange thing in man's world. It is not law, but habit acts as though it were the most compelling law in the world. We are creatures of habit.

If you create an interval every day into which you put yourself into the drowsy state, say at 3 o'clock in the afternoon do you know at that moment every day you will feel drowsy. You try it for one week and see if I am not right.

You sit down for the purpose of creating a state akin to sleep, as though you were sleepy, but do not push the drowsiness too far, just far enough to relax and leave you in control of the direction of your thoughts. You try it for one week, and every day at that hour, no matter what you are doing, you will hardly be able to keep your eyes open. If you know the hour when you will be free you can create it. I would not suggest that you do it lightly, because you will feel very, very sleepy and you may not want to.

2. I have another way of praying. In this case I always sit down and I find the most comfortable arm chair imaginable, or I lie flat on my back and relax completely. Make yourself comfortable. You must not be in any position where the body is distressed. Always put yourself into a position where you have the greatest ease. That is the first stage.

To know what you want is the start of prayer. Secondly you construct in your mind's eye one single little event which implies that you have realized your desire. I always let my mind roam on many things that could follow the answered prayer and I single out one that is most likely to follow the fulfillment of my desire. One simple little thing like the shaking of a hand, embracing a person, the receiving of a letter, the writing of a check, or whatever would imply the fulfillment of your desire.

After you have decided on the action which implies that your desire has been realized, then sit in your nice comfortable chair or lie flat on your back, close your eyes for the simple reason it helps to induce this state that borders on sleep.

The minute you feel this lovely drowsy state, or the feeling of gathered togetherness, wherein you feel- I could move if I wanted to, but I do not want to, I could open my eyes if I wanted to, but I do not want to. When you get that feeling you can be quite sure that you are in the perfect state to pray successfully.



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the action as though you were an actor in the part. You do not sit back and visualize yourself doing it. You do it.

With the body immobilized you imagine that the greater you inside the physical body is coming out of it and that you are actually performing the proposed action. If you are going to walk, you imagine that you are walking. Do not see yourself walk, FEEL that you are walking.

If you are going to climb stairs, FEEL that you are climbing the stairs. Do not visualize yourself doing it, feel yourself doing it. If you are going to shake a man's hand, do not visualize yourself shaking his hand, imagine your friend is standing before you and shake his hand. But leave your physical hands immobilized and imagine that your greater hand, which is your imaginary hand, is actually shaking his hand.

All you need do is to imagine that you are doing it. You are stretched out in time, and what you are doing, which seems to be a controlled day dream, is an actual act in the greater dimension of your being. You are actually encountering an event fourth-dimensionally before you encounter it here in the three-dimensions of space, and you do not have to raise a finger to bring that state to pass.

3- My third way of praying is simply to feel thankful. If I want something, either for myself or another, I immobilize the physical body, then I produce the state akin to sleep and in that state just feel happy, feel thankful, which thankfulness implies realization of what I want. I assume the feeling of the wish fulfilled and with my mind dominated by this single sensation I go to sleep. I need do nothing to make it so, because it is so. My feeling of the wish fulfilled implies it is done.

All these techniques you can use and change them to fit your temperament. But I must emphasize the necessity of inducing the drowsy state where you can become attentive without effort.

A single sensation dominates the mind, if you pray successfully.

What would I feel like, now, were I what I want to be? When I know what the feeling would be like I then close my eyes and lose myself in that single sensation and my dimensionally greater Self then builds a bridge of incident to lead me from this present moment to the fulfillment of my mood. That is all you need do. But people have a habit of slighting the importance of simple things.

Neville Goddard

TDK

The #1 secret nobody will tell you about manifestation and the law of attraction is that it requires active effort to achieve success.

Many people think that manifestation is a 'set it and forget it' approach to achieving their dreams and goals, but this is not true. The law of attraction requires consistent, focused effort and intention to create positive change in your life- REPETITION.

To begin, create a vision board with images of your goals and aspirations, then take steps each day to move closer to that goal. Take small steps such as reading, learning, meditating and doing positive affirmations each day. A commitment to taking positive actions on a daily basis will result in greater manifestation of your desires. It is also important to trust that your manifestations will come



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maintain an open mind for all of the possibilities. Most importantly, never give up. With consistency, dedication, and faith, you can create a life you have always wanted.

Manifesting and using the law of attraction is a powerful tool to create the life of your dreams. But, like any tool, it's not something that is perfect for every situation and there are some secrets about manifestation and the law of attraction that nobody will tell you about. Here are 5 secrets that are rarely discussed about manifestation and the law of attraction:

1. It is Not Magic – Manifestation and using the law of attraction requires practice and patience. This is not a tool that will give you results overnight. You need to put in the work and really hone your ability to focus your intention on the life you want.
2. Resistance is Normal – It's important to recognize that having negative thoughts or resistance towards manifesting is normal and to be expected. This is something you will have to work through and overcome, but it doesn't mean that manifestation and the law of attraction isn't working. You just have to do the practice with REPETITION until you get your desired results. It's the LAW for it to come about.
3. Focus on Your Intention – Your intention is what matters most in manifesting. Focus on your intention and visualize your goal clearly to ensure that you're manifesting what you truly desire.
4. Actions Speak Louder than Words – Thinking positively and manifesting your dreams is great, but in order for your manifestation to come to fruition, you also need to take the necessary action to make it happen. Taking consistent and deliberate action is the only way you can truly manifest your goals.
5. Release Attachment to the Outcome – Manifesting doesn't always come to fruition the way you expect it to and that's ok. If you can release attachment to the outcome and just enjoy the journey, you will open yourself up to even better outcomes and possibilities.

Since I like to write...Let's get some more, shall we...

Manifesting and using the law of attraction is an amazing way to create a life of your dreams. It's important to understand the secrets of manifesting and the law of attraction to ensure that you're taking the right steps to get the life you want.

Manifesting and the Law of Attraction are two powerful tools that can help us transform our lives and make our wildest dreams come true.

Unfortunately, there are a few "secrets" nobody tells you about these powerful forces that can make the difference between success and failure in your manifestations.

Here are five 5 More secrets nobody will tell you about manifesting and the Law of Attraction:

1. Your Thoughts Matter – Many people believe that manifesting works because the Law of Attraction draws things to you like a magnet. While this is partially true, the truth is that what really matters is what you're thinking. When you focus your thoughts on a positive outcome, you'll be able to create a powerful vibration that will attract what you want. Especially if you do it constantly and consistently.
2. Visualization Works Wonders – While it's important to keep your thoughts positive, it's equally important to put those positive thoughts into visual images. When you imagine a positive outcome, you're more likely to attract it because your subconscious will believe that what you're seeing is actually happening.



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but trying to force the process or rush it can prevent you from getting the desired results. Repetition is a persistent focus when it comes to this work.

4. Take Inspired Action – While positive thoughts and visualizations can help manifest your desires, they're not enough to bring your desires into reality. To truly manifest your desires, you need to take inspired action and trust that things will unfold as they should.
5. Celebrate the Small Victories – When manifesting, it's important to appreciate the small steps that are part of the journey. Whether it's receiving an unexpected gift or feeling the inner peace of a job well done, celebrate the little moments and enjoy the process. You've done it. Keep going until you fully get it.

If you use the power of manifestation and the Law of Attraction to create a life you love, it's important to keep these secrets in mind. Doing so will help ensure your success and bring you one step closer to manifesting your dreams.

The quickest surefire way to manifest Anything "FASTER" is REPETITION.

It's not what you do it's HOW you do it.

It doesn't matter how long you do it for, it's repetition that's key !

SATS- STATE AKIN TO SLEEP

Fully Relaxed state (body immobilized)

It doesn't have to be before bed or after you wake up (these are just natural states your mind is open to suggestions without conscious judgment)

The ONLY thing you Need to do to Manifest :

Figure out what you want

Get descriptions of it, as detailed as possible as if it's happening or you have it now in the present moment.

Go into SATS - relaxation

Bring up your Visualization (it doesn't matter how long it is.. just a scene or an act that confirms your ideal manifestation or mental rehearsal when performing)

Affirmations

REPEAT over and over again until you get the results.

Sigh of relief/ release tension

Im pretty sure I've mentioned this on all my posts, but if not, do it in repetition/

The one thing they won't tell you is

**** repetition is

With all of this in mind you'll be well equipped with how to manifest anything FASTER.

-Tim



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sqntino18 · 5 days ago

Thanks four sharing, a ton of value in this post. I have a problem when I enter in SATS, I can be in that state for around 5-10 minutes, but I fall asleep very quickly or I lose consciousness and my mind divulges into other thoughts that have nothing to do with my visualization. How many time should it take to visualize, and what can I do about those problems?

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TDKManifestsuccess **OP** · 5 days ago


Ok, this is one thing I get a lot too. You can try open eye visualization or also stopping and then restarting again or try these






1. Sit in a chair instead of laying down, don't lean back in the chair just sit upright and breathe. It should keep you awake.
2. Take Regular Breaks: Our brains naturally relax during long, extended visualization or rehearsal sessions. Take regular breaks of 10 to 20 minutes and go for a walk, grab a snack, or talk to someone for a bit to give your brain the energy and stimulation it needs to stay awake and alert.
3. Involve Movement: Instead of sitting still during your visualization or mental rehearsal session, get your body moving by standing up or doing a few light stretches. Not only will the movement wake up your body, but it will also provide an extra stimulus for your mind.
4. Put on Some Music: Create an upbeat playlist and keep it on low volume as you visualize or mentally rehearse. The music will act as a background reminder to keep you energized and focused.
5. Focus on the Feeling: Concentrate on the feeling you want to achieve rather than the visuals. The emotions associated with success are a great motivator and will keep you awake and excited. The feeling of it already accomplished.

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sqntino18 · 5 days ago









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TDKManifestsuccess OP · 5 days ago

It really is up to you but some say it's easier to do short 3-5 min sessions. Over and over again while taking breaks in between. Hope this helps you

 2   Reply  Share ...





Barnboo28 · 6 days ago

Love this thank you for sharing

 2   Reply  Share ...

TDKManifestsuccess OP · 6 days ago

You're welcome, thank you for reading.

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