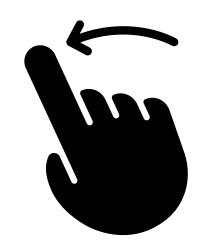


If Your Age is 20-55, You Should Know This

Take care of your body. Remember health is another form of wealth.

2

Your circle is supposed to be proud not jealous.





NO. 3

Don't waste your energy on fear. Use your energy to believe, learn, create, and grow.

10.4

If you want to be happy, always have zero expectations of others.





NO. 5

You won't be young forever, do what makes you happy every day.

NO.6

Don't try to change anyone. Change how you deal with them.





Be mature enough to control your emotions. Learn to react less.

NO. 8

Free yourself from society's advice, most of them have no idea what they're doing.





Normalize walking some paths alone because goals are personal.

MO.110

Master self-discipline + consistency and watch your life change.



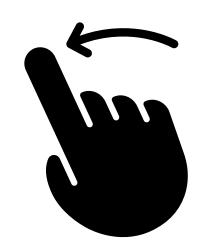


No. 11

The family you create is more important than the family you come from.

10.12

Don't go broke trying to impress people.

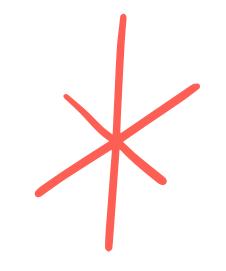












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Md Riyazuddin



