

Start here by searching for a meal

Category: All

am

Search results for "am"

Your selected meals

- ☐

Lamb

Shoulder (arm and blade)
- ☒

Lamb

Foreshank, braised

90 g

i

+
- ☒

Lamb

Leg (shank and sirloin), roasted

70 g

i

+
- ☒

Lamb

Leg, shank half, roasted

120 g

i

+
- ☐

Pork

Ham, fresh, roasted
- ☒

Pork

Ham, canned

200 g

i

+

Approx weights:
1 small serve = 90 g
1 medium serve = 205 g
1 large serve = 320 g

- ✓

90 g of Foreshank, braised

i
- ✓

70 g of Leg (shank and sirloin), roasted

i
- 120 g of Leg, shank half, roasted

i
- ✓

200 g of Ham, canned

i