

Reference	Verses Snippet / Key Message
James 1:19	Quick to listen, slow to speak, slow to anger.
Psalms 37:7	Rest in the Lord and wait patiently.
Galatians 6:9	Do not be weary in well doing.
Proverbs 14:29	Great understanding comes from patience.
Proverbs 19:11	Discretion makes a man slow to anger.
Romans 12:12	Patient in tribulation, continuing in prayer.
Ecclesiastes 7:8	Better is the patient in spirit than the proud.
1 Thess. 5:14	Be patient toward all men.
Hebrews 6:12	Through faith and patience inherit promises.
Psalms 40:1	I waited patiently; He heard my cry.
Ephesians 4:26	Don't let the sun go down on your wrath.
Proverbs 15:18	He that is slow to anger appeases strife.
Psalms 37:8	Cease from anger and forsake wrath.
Proverbs 29:11	A wise man keeps his spirit in.
James 1:20	Man's wrath works not God's righteousness.
Colossians 3:8	Put off anger, wrath, and malice.
Proverbs 16:32	Better rule your spirit than take a city.
Ecclesiastes 7:9	Anger rests in the bosom of fools.
Proverbs 22:24	Make no friendship with an angry man.
Matthew 5:22	Anger without cause is subject to judgment.
John 14:27	My peace I give; let not your heart be troubled.
Isaiah 26:3	Perfect peace for those stayed on God.
Philippians 4:7	The peace of God guards your heart.
Colossians 3:15	Let the peace of God rule in your hearts.
2 Thess. 3:16	The Lord of peace give you peace always.

Psalm 4:8	I will lay down in peace and sleep.
John 16:33	In the world you have tribulation; be of cheer.
Romans 15:13	God fills you with joy and peace in believing.
Psalm 119:165	Great peace have they which love Your law.
Numbers 6:26	Lord lift up His countenance and give peace.
Isaiah 40:31	They that wait on the Lord renew strength.
Joshua 1:9	Be strong and of a good courage.
Psalm 55:22	Cast your burden on the Lord.
Proverbs 3:5	Trust in the Lord with all your heart.
Psalm 46:1	God is our refuge and strength.
Matthew 11:28	Come to Me, you who are heavy laden.
1 Peter 5:7	Casting all your care upon Him.
Psalm 34:17	The Lord hears and delivers the righteous.
Isaiah 41:10	Fear not, for I am with you.
2 Cor. 12:9	My grace is sufficient for you.
Romans 12:21	Overcome evil with good.
Luke 6:35	Love your enemies and do good.
1 Peter 3:9	Not rendering evil for evil.
Romans 12:14	Bless them which persecute you.
Matthew 5:44	Pray for them which despitefully use you.
Proverbs 25:21	If your enemy is hungry, give him bread.
Colossians 3:13	Forbearing one another and forgiving.
Romans 12:18	Live peaceably with all men.
Galatians 5:26	Let us not be desirous of vain glory.
1 Cor. 13:5	Love is not easily provoked.
2 Timothy 1:7	Spirit of power, love, and a sound mind.

Proverbs 25:28	A man without self-control is like broken walls.
Titus 2:12	Live soberly, righteously, and godly.
1 Peter 4:7	Be sober and watch unto prayer.
James 3:17	Heavenly wisdom is peaceable and gentle.
Proverbs 12:16	A prudent man covers shame.
Galatians 5:23	Gentleness and temperance.
2 Peter 1:6	Add to knowledge temperance and patience.
Psalms 141:3	Keep the door of my lips.
Proverbs 10:19	He that refrains his lips is wise.
Lam. 3:26	Quietly wait for the salvation of the Lord.
Proverbs 17:14	Leave off contention before it be meddled with.