

# **Symptom & Medication Journal– Project Report**

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**Course:** - FUNDAMENTAL AI and ML

**Platform:** - VITyarthi - Build Your Own Project

## **1. Introduction**

This project creates a simple Symptom & Medication Journal for Introduction to Programming.

It stores Symptoms & Medications, allows marking their occurrence, and displays summary.

## **2. Problem Definition**

Manual health tracking is unreliable and messy. This project solves that by providing a simple, digital tool to log medications and symptoms instantly, ensuring you have an accurate record of your health history without the hassle of paper notes. A simple console tool helps record and track of Symptoms & Medications.

## **3. Objectives**

- Input and store Symptom & Medication
- Mark log occurrences (done count)
- View Symptom & Medication list and Occurrences
- Practice basic programming concepts

## **4. Requirements**

Functional:

- Add Symptom & Medication Journal
- log occurrences
- View summary
- Exit

Non-Functional:

- Easy to use
- Reliable incrementing of occurrence

## **5. Design**

**Modules:**

- add\_item()
- log\_occurrence ()
- view\_summary()
- menu ()

## **6. Algorithm**

1. Start
2. Display menu
3. Perform selected action
4. Repeat until Exit
5. End

## **7. Implementation**

Implemented in Python using lists and dictionaries. Console-based I/O used.

## **8. Testing**

Tested by adding multiple Symptom & Medication, tracking occurrences, viewing list of summaries of the Symptom & Medication Journal.

## **9. Conclusion**

The project demonstrates loops, conditionals, functions, and simple data handling in a practical application.