

Consensual Non-Consent (CNC) Play Agreement and Limits Checklist

Participant 1: _____ ('Dominant')

Participant 2: _____ ('Submissive')

Date: _____

Scene Date: _____

Location: _____

Section 1: Consent Confirmation

- We are both legal adults (18+) and participating voluntarily and soberly.
- We understand this is fantasy roleplay involving consensual non-consent (CNC) dynamics.
- We understand no real lack of consent exists; this is a pre-negotiated scene.
- We each retain the right to withdraw consent at any time, immediately ending the scene.
- We have agreed upon limits, safe signals, and aftercare expectations.

Section 2: Scene Nature

- This scene may involve forced-style play, including verbal degradation, rough handling, and simulated resistance.
- A non-verbal safeword or clear gesture will be honored immediately if used.

Safeword / Gesture: _____

Section 3: Hard Limits (NO-GO List)

Participants must mark each item:

- ☐ NO Face Slapping
- ☐ NO Choking / Breath Play
- ☐ NO Bruising (visible marks)
- ☐ NO Anal Play
- ☐ NO Forced Gagging / Deepthroat
- ☐ NO Cum on Face
- ☐ NO Spitting
- ☐ NO Verbal Degradation (e.g., slurs, extreme humiliation)
- ☐ NO Recording/Filming

☐ NO Restraints (handcuffs, ropes, etc.)

☐ NO Hair Pulling

☐ NO Forced Orgasm (toys, fingers)

☐ NO Forced Pissing / Watersports

☐ NO Pain Play (hitting, spanking, slapping body)

☐ NO Knife Play / Blood Play

☐ Other hard limits: _____

(Initials of both participants acknowledging limits: _____ / _____)

Section 4: Acts Permitted in Scene (mark YES or NO)

Light Roughness (grabbing, pushing) _____

Verbal Humiliation _____

Forced Oral (Receiving) _____

Forced Oral (Giving) _____

Vaginal Penetration _____

Restraint with Hands _____

Restraint with Rope/Cuffs _____

Forced Positioning _____

Hair Pulling _____

Slapping Body (non-face) _____

Orgasm Control (forced/denied) _____

Aftercare Required (Yes/No) _____

Section 5: Aftercare

Aftercare Plan: _____

Section 6: Declaration

By signing below, we affirm that:

- We have read and understood this agreement.
- We are entering into the CNC scene freely and voluntarily.
- We agree to abide by the scene limits, signals, and end the scene immediately if withdrawal of consent is communicated.

Participant 1 Signature (Dominant): _____ Date: _____

Participant 2 Signature (Submissive): _____ Date: _____

Optional Video Consent (Recommended):

Record a short video clip of both participants affirming:

"I, [name], freely and soberly consent to the CNC scene with [partner's name] today. I understand the limits, the safe gesture, and that this is fantasy roleplay."