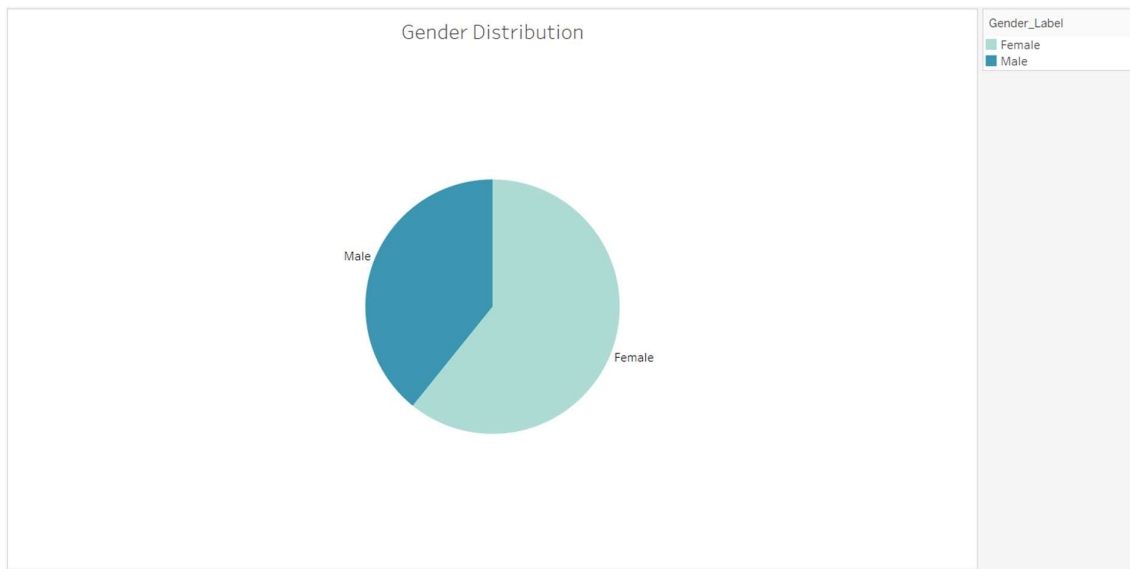


Comprehensive Analysis and Dietary Strategies with Tableau: A College Food Choices Case Study

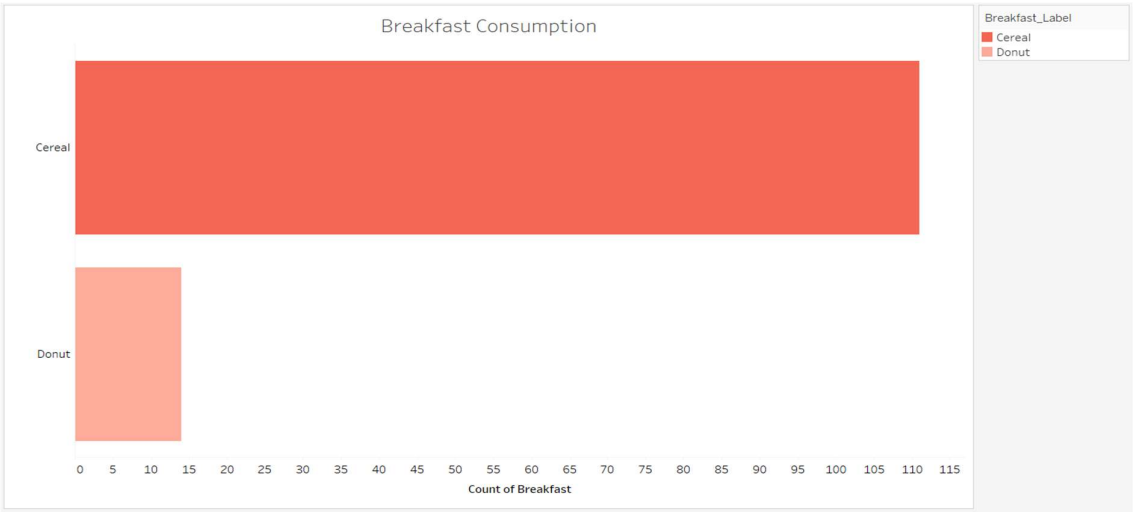
Activity 1.1: Gender Distribution



Activity 1.2: GPA Distribution



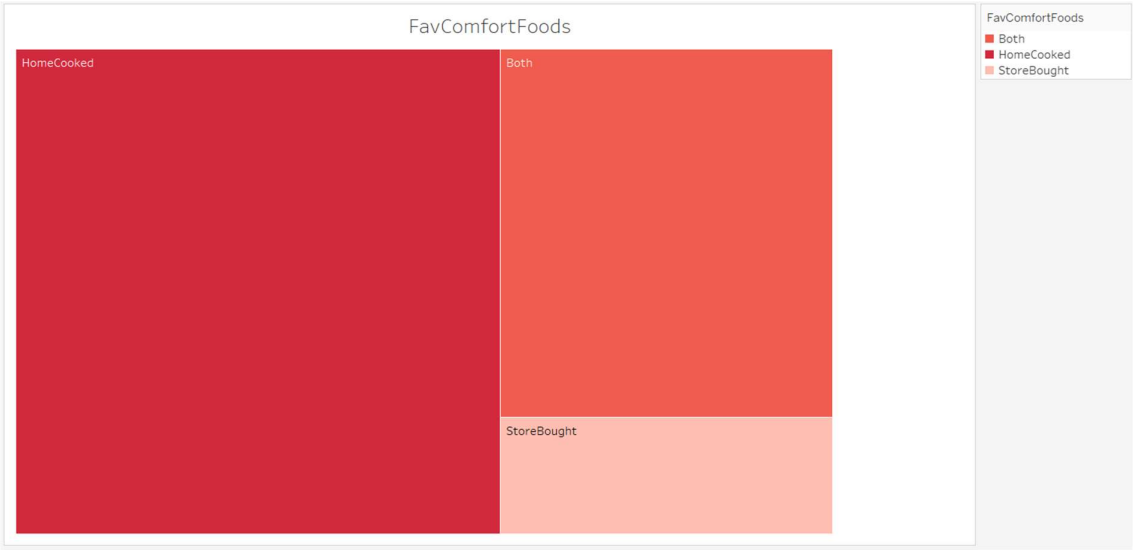
Activity 1.3: Breakfast Consumption



Activity 1.4 : Calorie Consumption per day



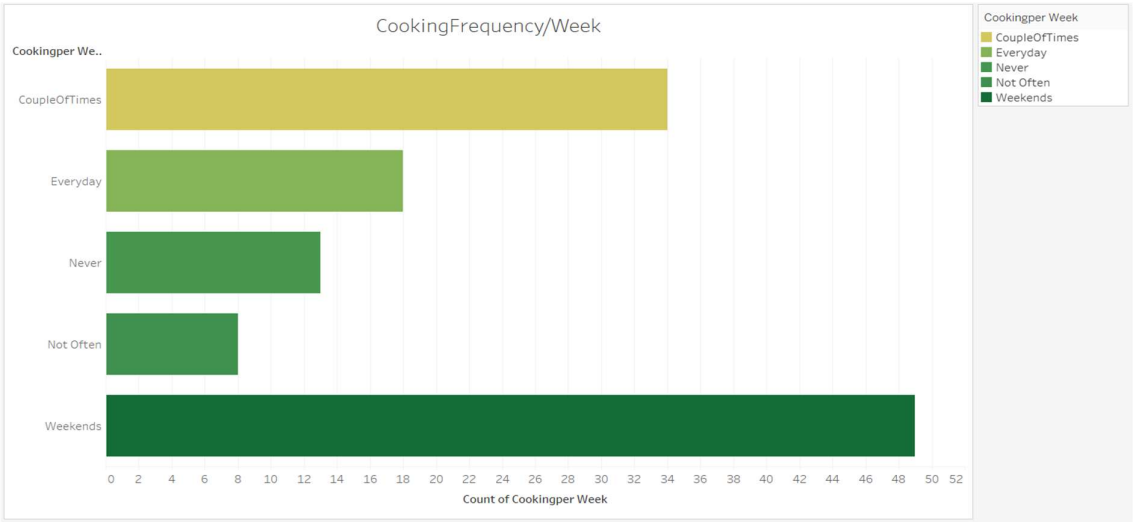
Activity 1.5 : Favorite_comfort_foods



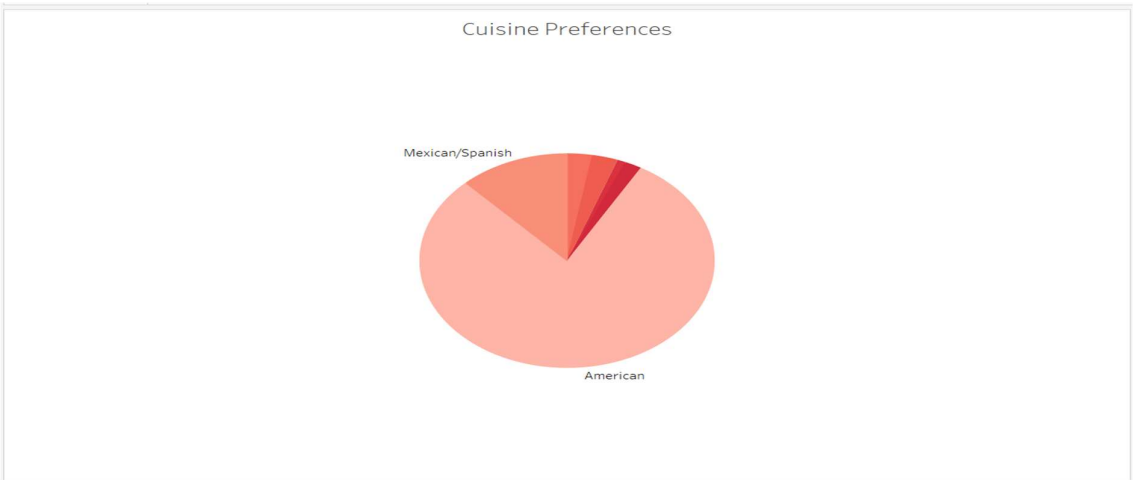
Activity 1.6 : Comfort_food_reasons



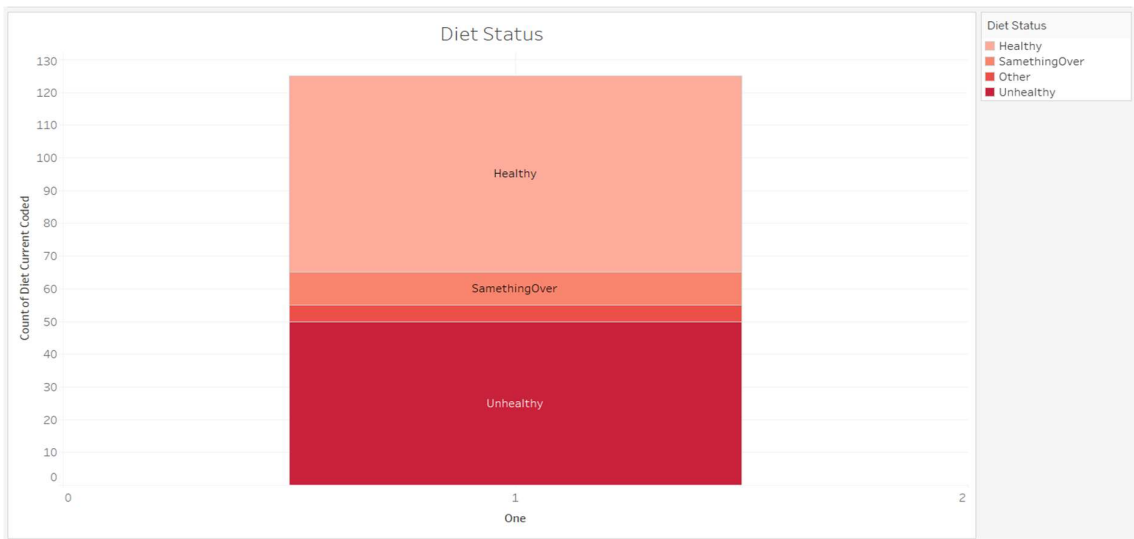
Activity 1.7 : Cooking frequency per week



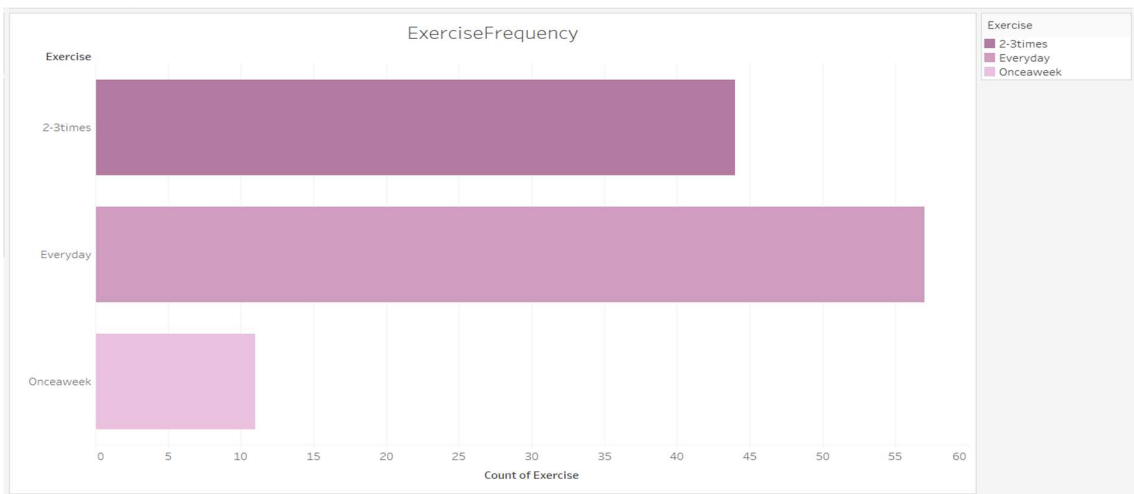
Activity 1.8 : Cuisine preferences



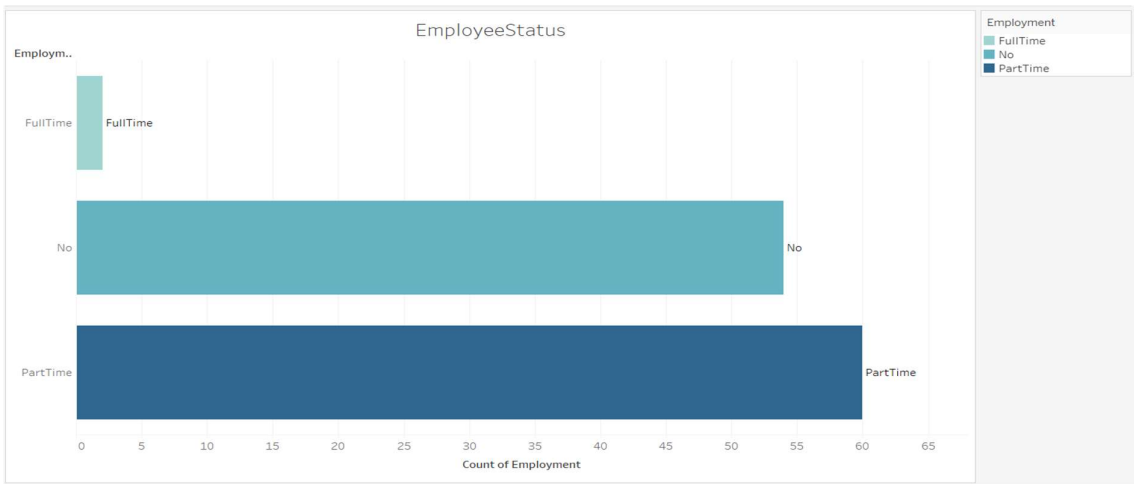
Activity 1.9 : Diet Status



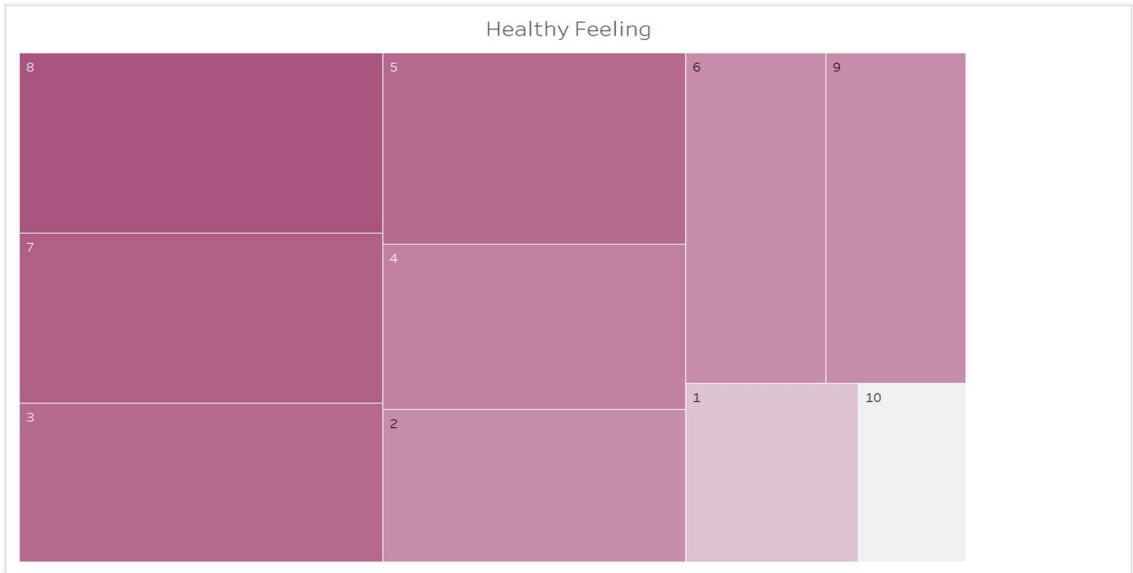
Activity 1.10 : ExerciseFrequency



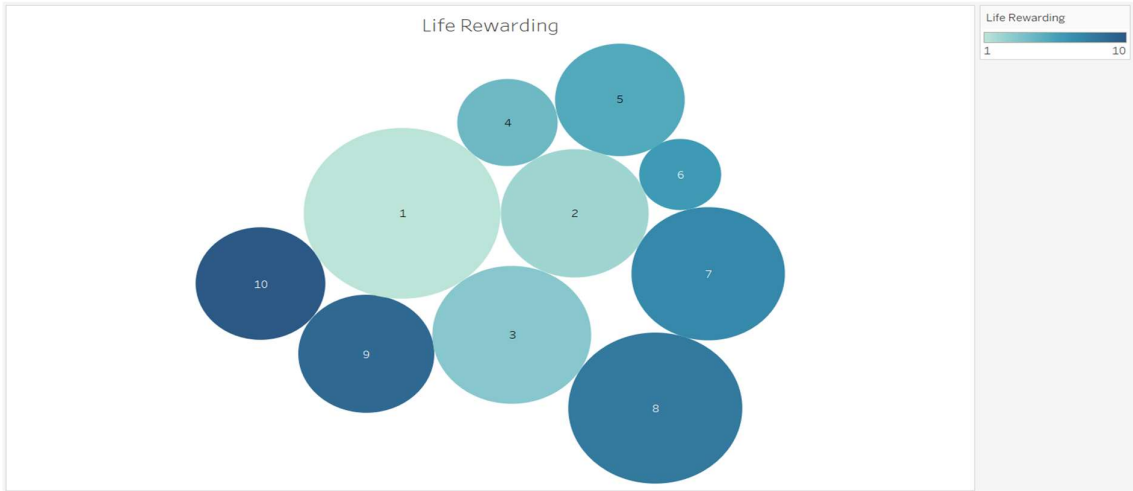
Activity 1.11 : Employeestatus



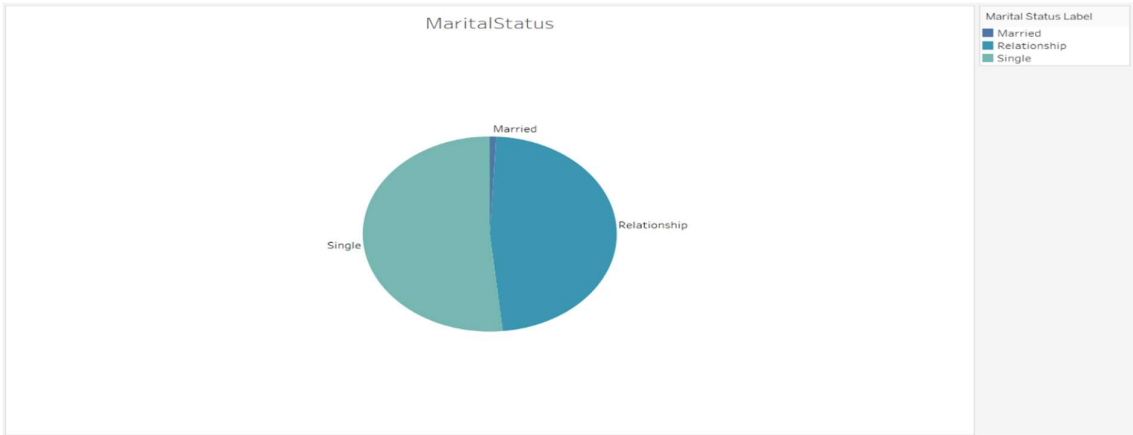
Activity 1.12 : Healthy Feeling



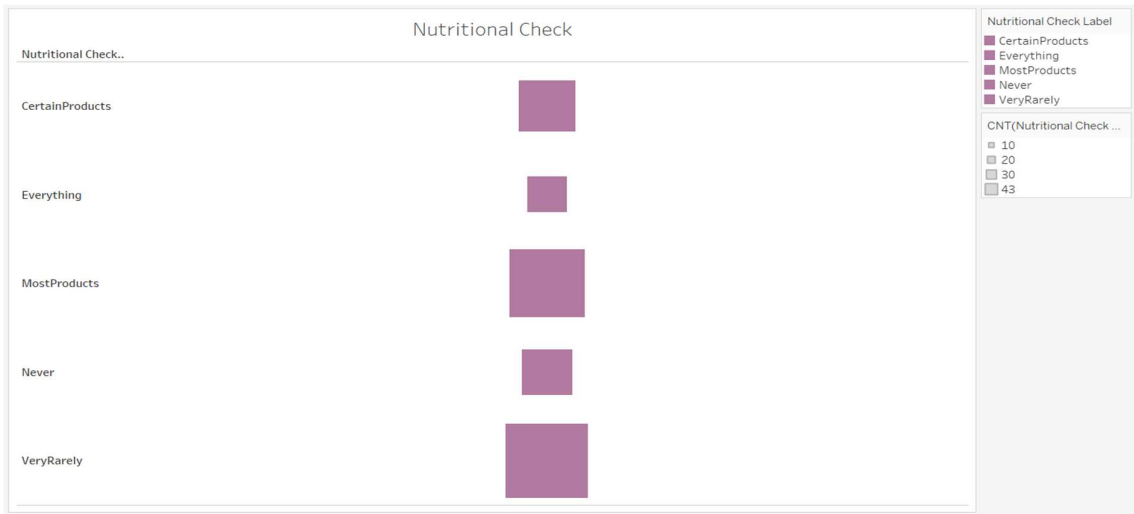
Activity 1.13 : LifeRewarding rating



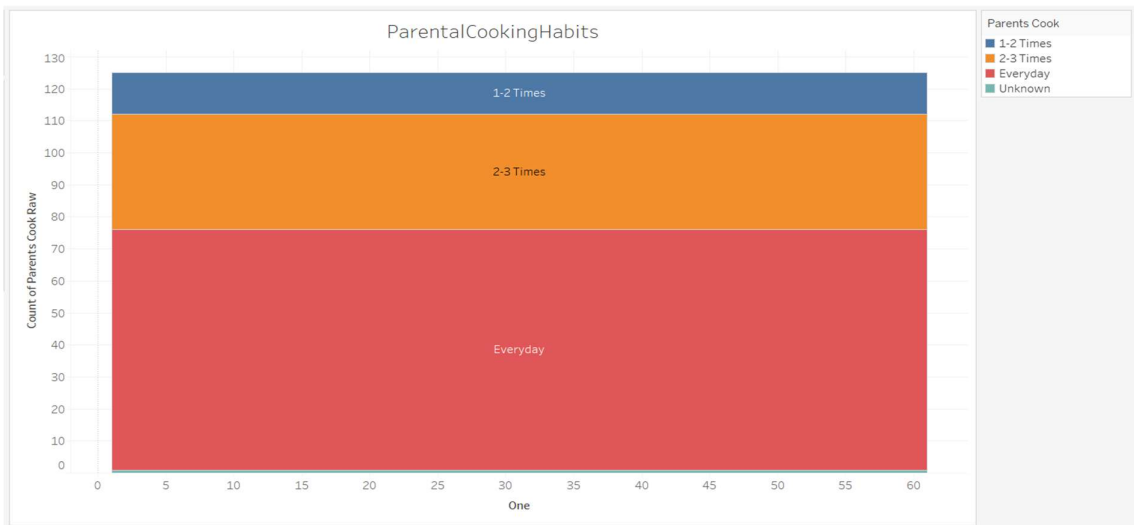
Activity 1.14 : Marital status



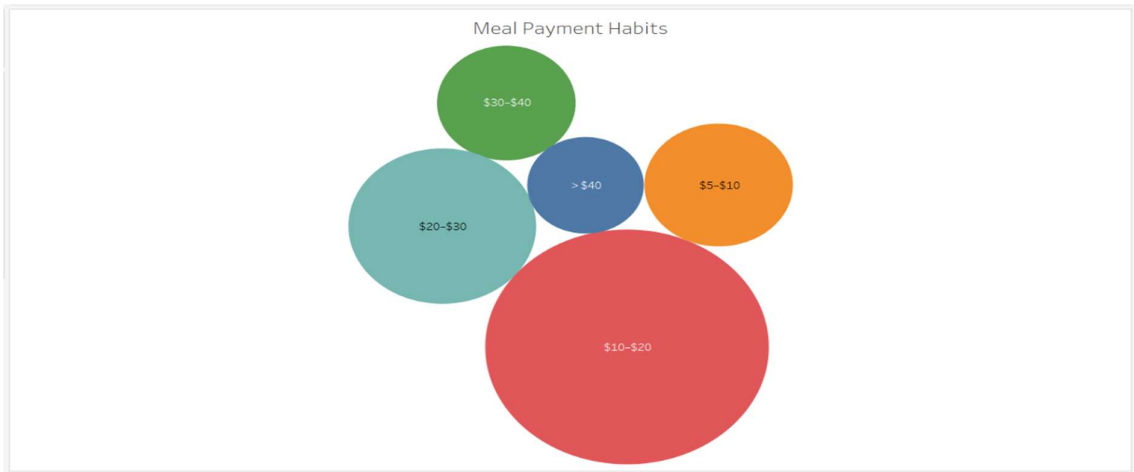
Activity 1.15 : Nutritional Check



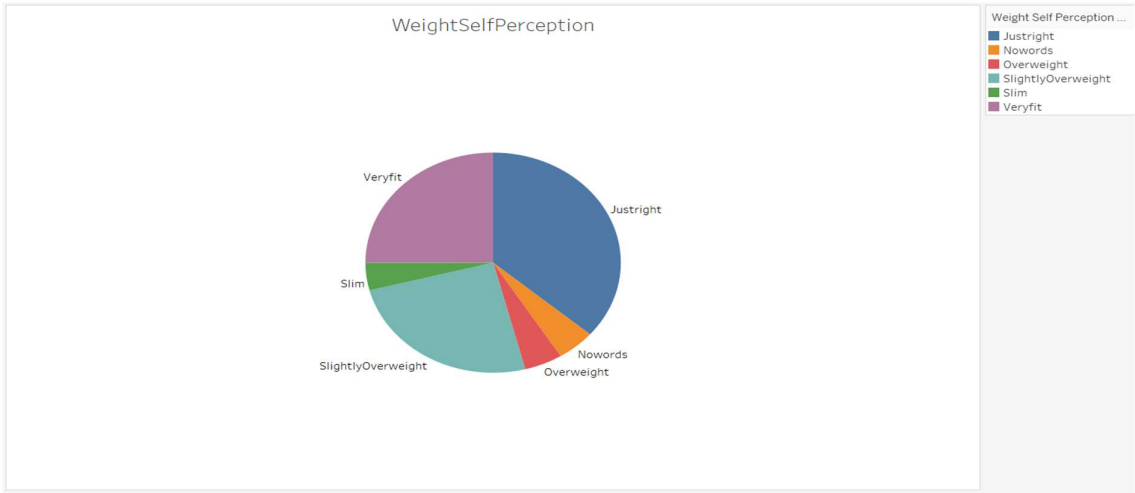
Activity 1.16 : ParentalCookingHabits



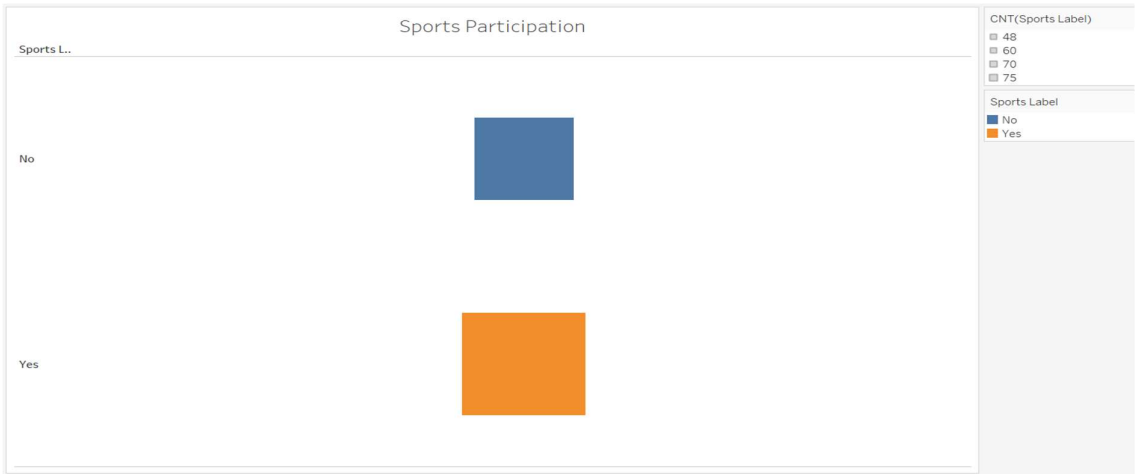
Activity 1.17 : MealPaymentHabits



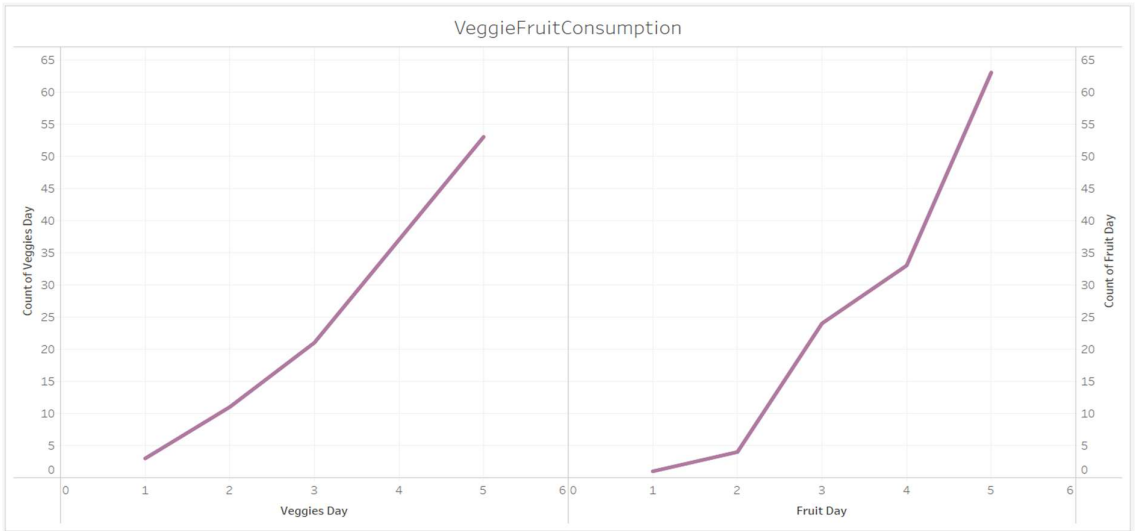
Activity 1.18 : WeightSelfPerception



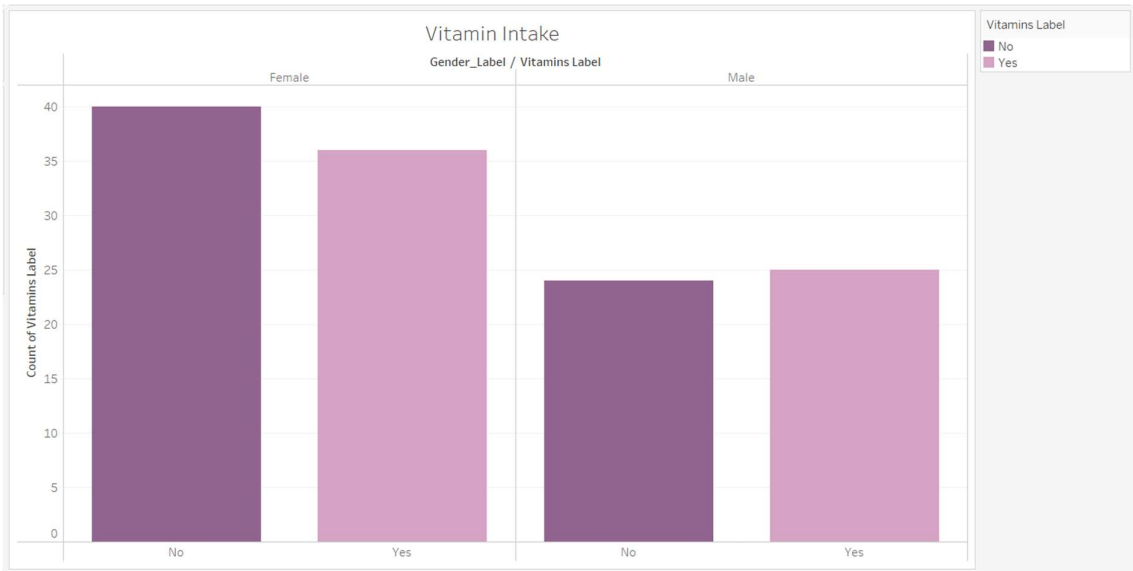
Activity 1.19 : Sports participation



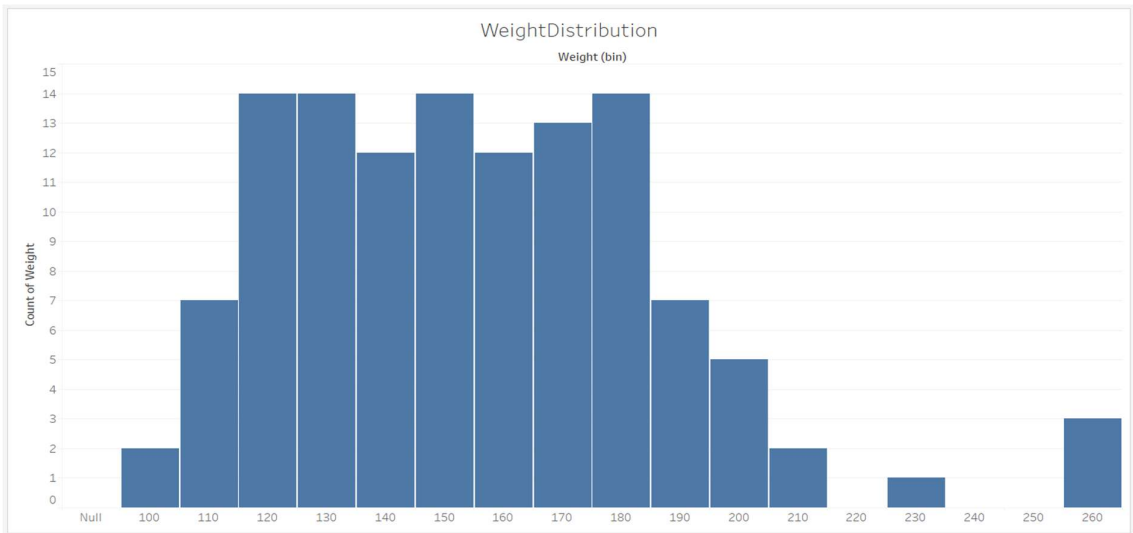
Activity 1.20 : Veggieandfruit_Consumption



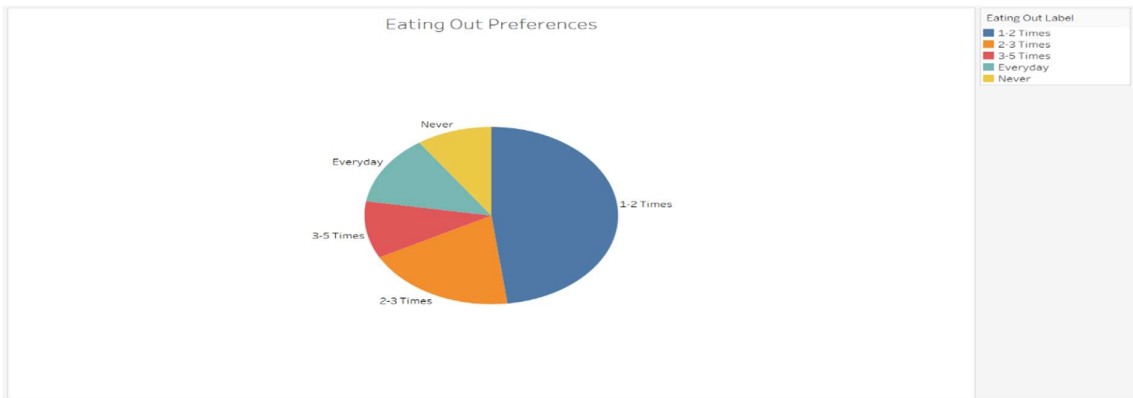
Activity 1.21 : Vitamin Intake



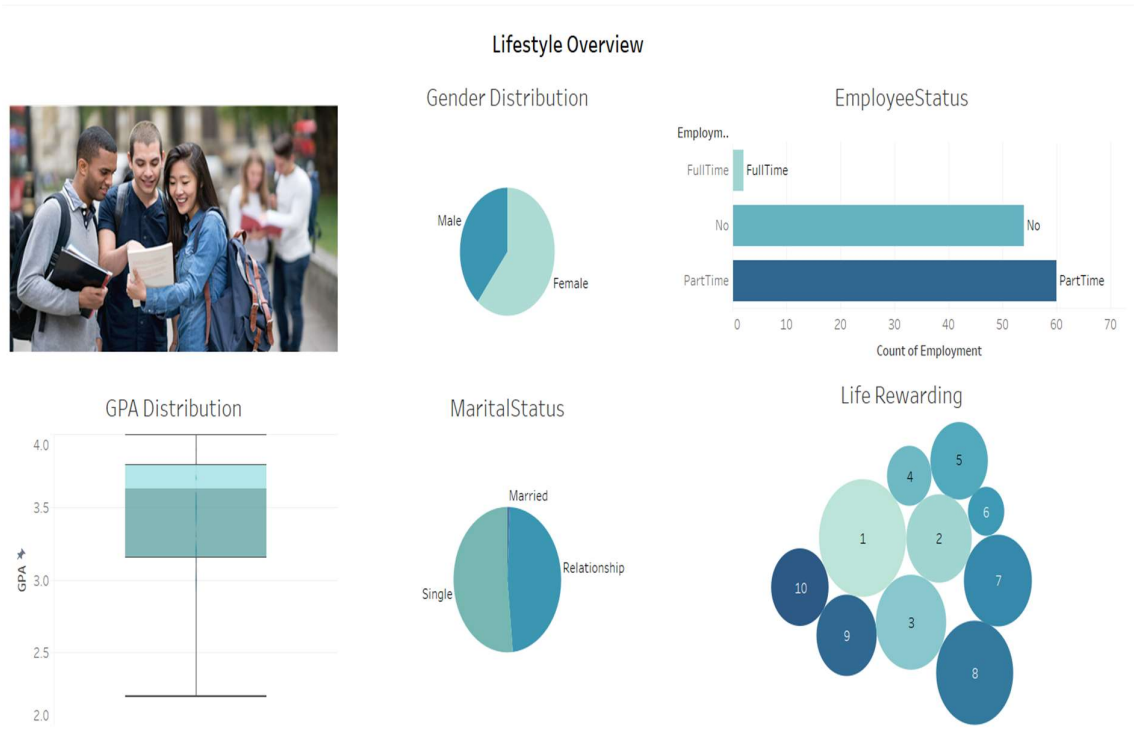
Activity 1.22 : Weight



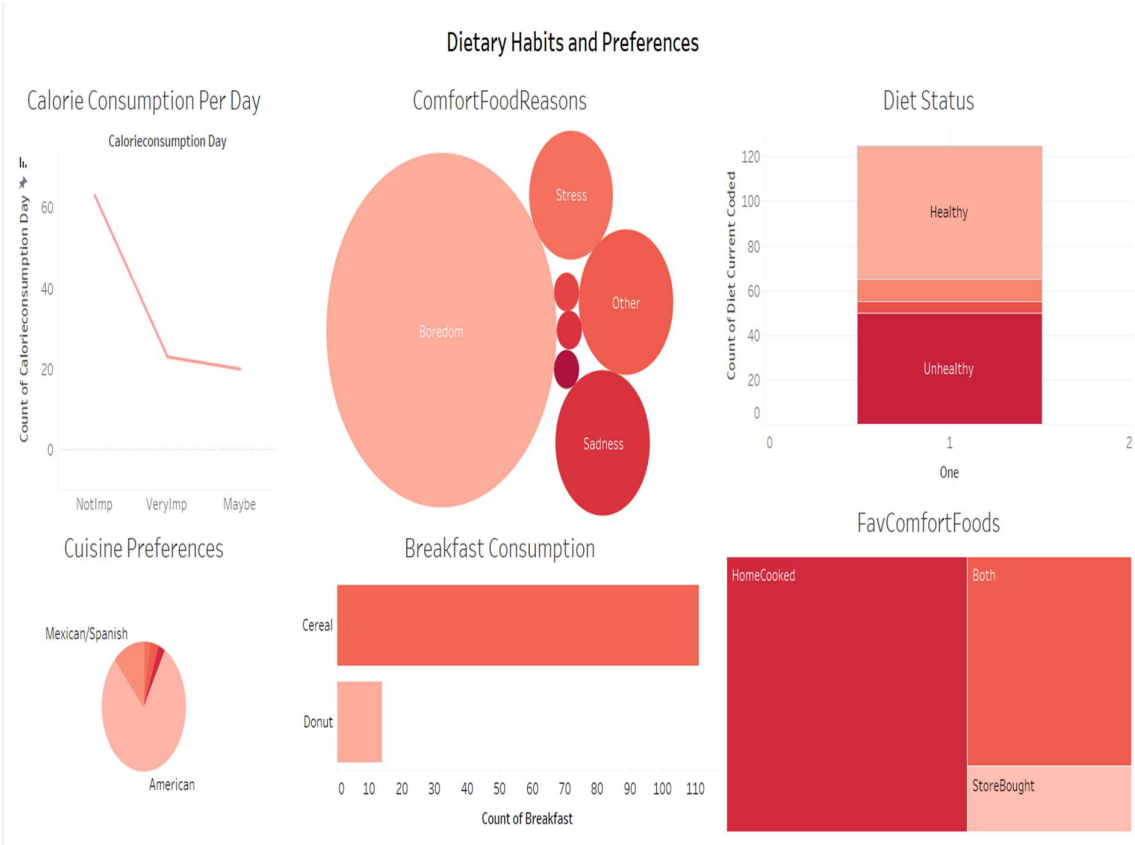
Activity 1.23 : Eating Out



Dashboard 1: Lifestyle Overview



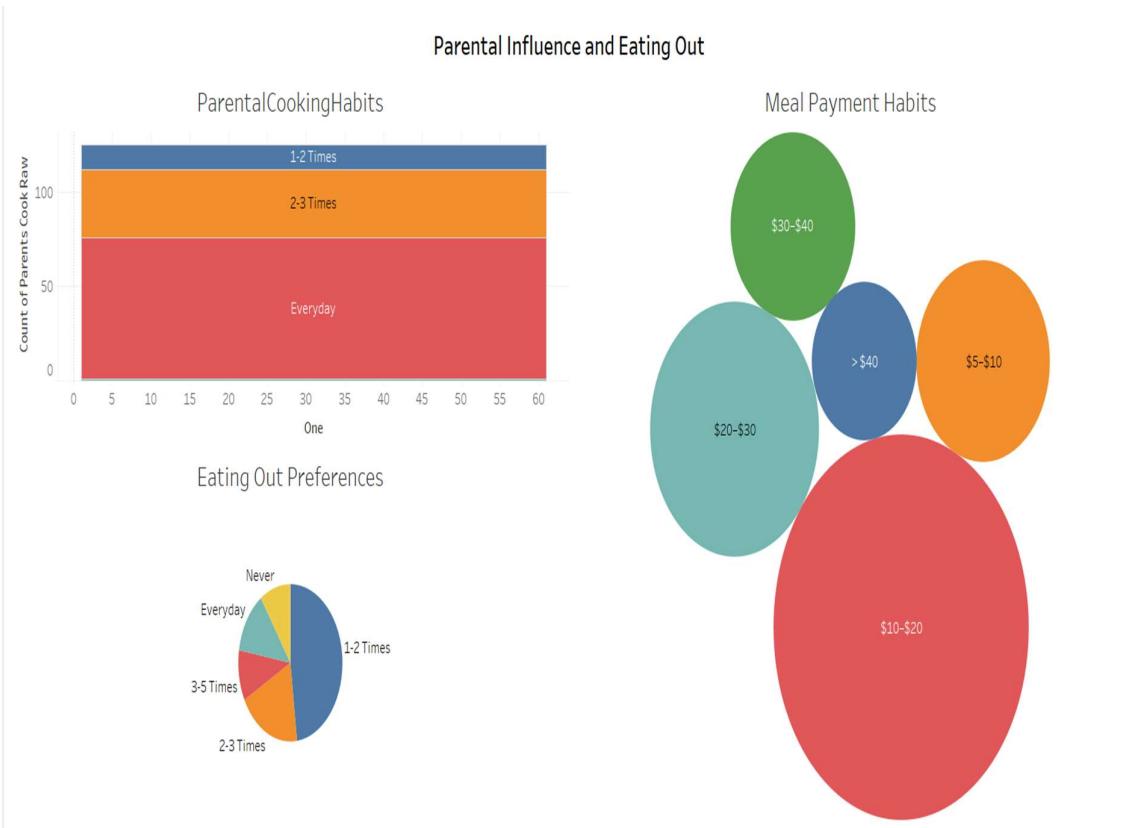
Dashboard 2: Dietary Habits and Preferences



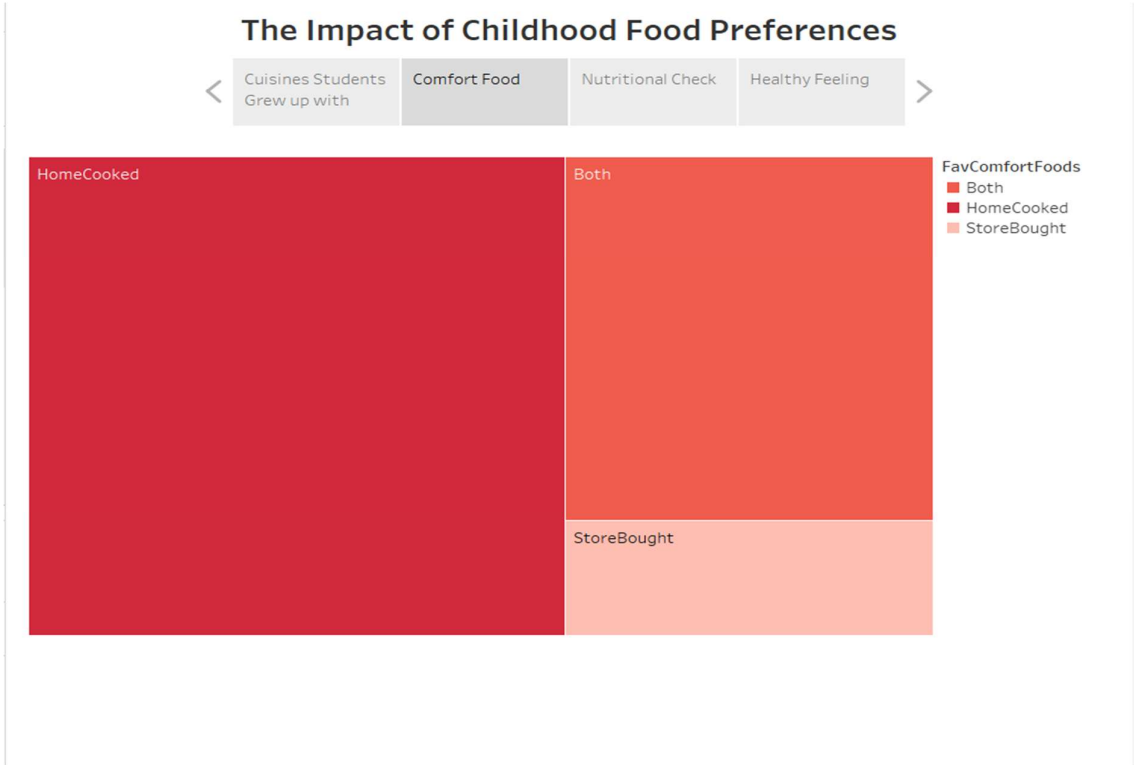
Dashboard 3: Health and Nutrition



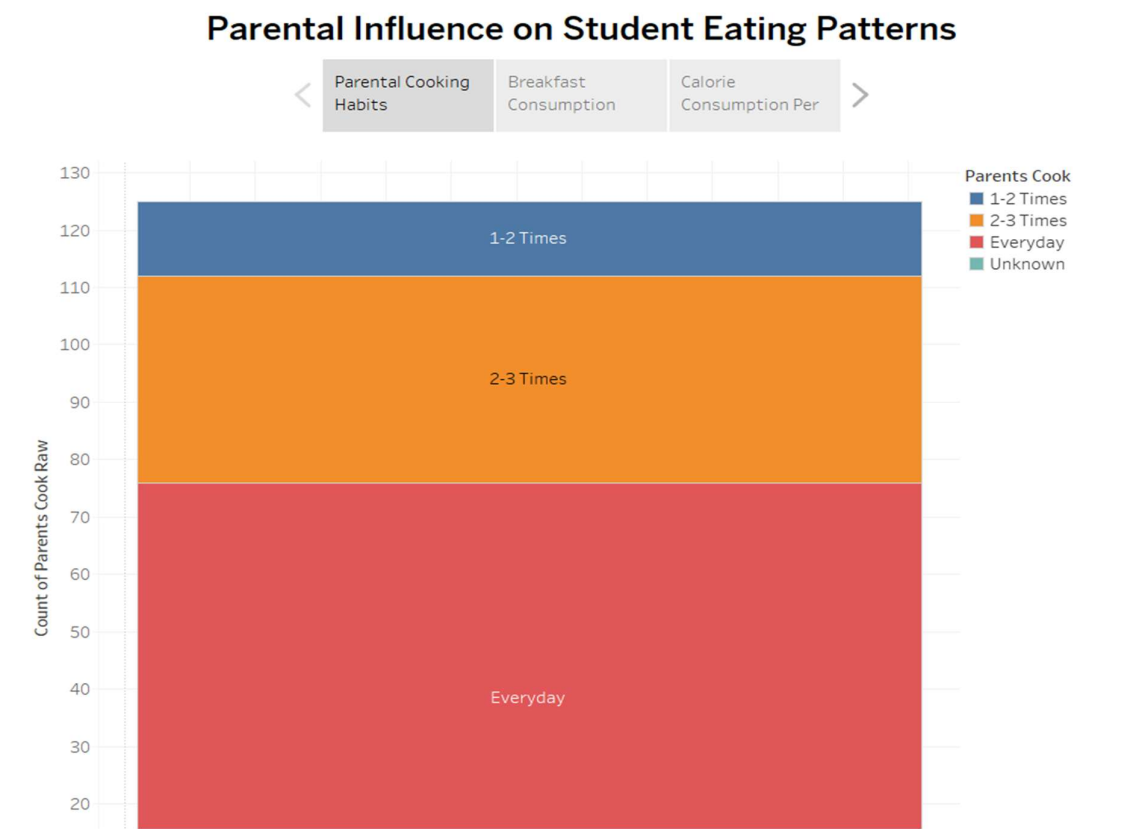
Dashboard 4: Parental Influence and Eating Out



Story 1:



Story 2:



Story 3:

Health Consciousness Among Students

