## JAMA Oncology | Original Investigation

# Examining Bias in Studies of Statin Treatment and Survival in Patients With Cancer

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**IMPORTANCE** Patients with cancer who use statins appear to have a substantially better survival than nonusers in observational studies. However, this inverse association between statin use and mortality may be due to selection bias and immortal-time bias.

**OBJECTIVE** To emulate a randomized trial of statin therapy initiation that is free of selection bias and immortal-time bias.

**DESIGN, SETTING, AND PARTICIPANTS** We used observational data on 17 372 patients with cancer from the Surveillance, Epidemiology, and End Results (SEER)-Medicare database (2007-2009) with complete follow-up until 2011. The SEER-Medicare database links 17 US cancer registries and claims files from Medicare and Medicaid in 12 US states. We included individuals with a new diagnosis of colorectal, breast, prostate, or bladder cancer who had not been prescribed statins for at least 6 months before the cancer diagnosis. Individuals were duplicated, and each replicate was assigned to either the strategy "statin therapy initiation within 6 months after diagnosis" or "no statin therapy initiation." Replicates were censored when they stopped following their assigned strategy, and the potential selection bias was adjusted for via inverse-probability weighting. Hazard ratios (HRs), cumulative incidences, and risk differences were calculated for all-cause mortality and cancer-specific mortality. We then compared our estimates with those obtained using the same analytic approaches used in previous observational studies.

**EXPOSURES** Statin therapy initiation within 6 months after cancer diagnosis.

MAIN OUTCOMES AND MEASURES Cancer-specific and all-cause mortality using SEER-Medicare data and data from previous studies.

**RESULTS** Of the 17 372 patients whose data were analyzed, 8440 (49%) were men, and 8932 (51%) were women (mean [SD] age, 76.4 [7.4] years; range, 66-115 years). The adjusted HR (95% CI) comparing statin therapy initiation vs no initiation was 1.00 (0.88-1.15) for cancer-specific mortality and 1.07 (0.93-1.21) for overall mortality. Cumulative incidence curves for both groups were almost overlapping (the risk difference never exceeded 0.8%). In contrast, the methods used by prior studies resulted in an inverse association between statin use and mortality (pooled hazard ratio 0.69).

**CONCLUSION AND RELEVANCE** After using methods that are not susceptible to selection bias from prevalent users and to immortal time bias, we found that initiation of therapy with statins within 6 months after cancer diagnosis did not appear to improve 3-year cancer-specific or overall survival.

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Corresponding Author: Louise Emilsson, MD, PhD, Department of Epidemiology, Harvard T.H. Chan School of Public Health, 677 Huntington Ave, Boston, MA 02115 (emilsson@hsph.harvard.edu). atients with cancer who use statins seem to have a better survival within several months of diagnosis than nonusers. In 3 recent meta-analyses of observational studies of prostate, breast, and colorectal cancer, the cancer survival was 18% to 44% greater among statin users than among nonusers. The magnitude of this inverse association is stronger than the beneficial effect of statins on all-cause mortality (14%) in randomized trials of individuals without cancer, which has led to calls for further research.

It is conceivable that the strong association between statin use and early survival in patients with cancer might be the result of a biologically beneficial effect of statins. For example, it has been hypothesized that statins may inhibit the proliferation of cancer cells.<sup>6</sup> On the other hand, this association might also be explained by bias in the observational studies. At least 3 types of biases could explain the inverse association: (1) confounding due to incomplete adjustment by prognostic factors associated with statin therapy initiation and discontinuation after initiation, ie, healthy-user bias; (2) selection bias due to the inclusion of prevalent statin users at the start of follow-up, ie, at the time of cancer diagnosis; and (3) immortal-time bias due to defining statin users as those who survive during part of the follow-up. The possibility of the first type of bias (confounding) is inherent to observational studies. However, the other 2 biases (selection bias due to prevalent users<sup>8</sup> and immortal-time bias) are the consequence of flaws in study design and analysis.

We explored whether the association between statin use and survival in patients with cancer may be explained by selection bias and immortal-time bias rather than by an unexpected beneficial effect of statins. We present estimates of the effect of statin therapy initiation on the survival of patients with cancer that are unaffected by these biases and compare our estimates with those obtained by naïve analyses likely affected by prevalent user bias and immortal-time bias.

## Methods

## **Study Population**

The Surveillance, Epidemiology, and End Results (SEER)-Medicare database is a linkage of patient demographic and tumor-specific variables collected by 17 SEER cancer registries across 12 states of the United States with claim files from the Centers for Medicare & Medicaid Services. For our analyses, cancer data were retrieved from the Patient Entitlement and Diagnosis Summary File (PEDSF) and linked to claims from the Outpatient (OUTSAF), Durable Medical Equipment (DME), Inpatient (ie, Medical Provider Analysis and Review [MEDPAR]), and National Claims History (NCH) files. All patient demographics, tumor features, and census tract features were retrieved from the PEDSF file. 9 Diagnostic codes of comorbidities (hypertension, 10 hyperlipidemia, 10 anemia, 11,12 depression,13 tobacco use,14 obesity,15 and a composite cardiovascular event of myocardial infarction, stroke, congestive heart failure, or peripheral vascular disease) as well as the number of preventive visits within the 2 years preceding cancer diagnosis were extracted from inpatient and outpatient

## **Key Points**

Question Does selection and immortal-time bias influence the findings in studies of use of statin therapy that report reduced early cancer-specific and all-cause mortality in patients with recently diagnosed prostate, breast, colorectal, or bladder cancer?

**Findings** In patients with cancer identified through the SEER-Medicare database, the hazard ratios of mortality were 1 in comparisons between those who began statin therapy and those who did not. Strong, apparently beneficial effects of statin therapy use estimated by previous observational studies are likely owing to selection bias and immortal-time bias, biases that can be prevented with an appropriate study design.

**Meaning** An explicit target trial emulation helps avoid misleading estimates and found no evidence that initiation of statin therapy improves 3-year survival in patients with cancer.

claims. We calculated the Charlson-Klabunde index, <sup>16</sup> not including cancer diagnoses, to quantify the comorbidity burden. Cancer-specific therapies were extracted from the NCH, OUTSAF, MEDPAR, and DME files. Data on statin medication was retrieved from the Prescription Drug Event file (PDE). All definitions and codes used are available in eTable 1 in the Supplement. The institutional review board of the Harvard T.H. Chan School of Public Health determined that the study met the criteria for exemption.

## **Eligibility Criteria**

Our analyses include all microscopically confirmed cases of stages I to III colorectal, breast, prostate, and bladder cancer in individuals diagnosed with their first cancer at age 66 years or older who had complete information on stage in the SEER-Medicare database from 2007 to 2009. All individuals had been enrolled in Medicare, parts A and B, but not in a health maintenance organization (HMO), during at least 1 year and in part Dat least 6 months before cancer diagnosis, and had not been prescribed statins for at least 6 months before diagnosis (since data on prescription were available from January 2007, the earliest date of cancer diagnosis in our study was July 1, 2007). We excluded individuals with cancer diagnoses from nursing homes, hospices, autopsy or death certificates, those who died within the same calendar month as the cancer diagnosis, and those with missing Charlson-Klabunde index at cancer diagnosis.

#### **End Points and Follow-up**

We considered 2 outcomes: cancer-specific mortality and all-cause mortality. (For exact definitions, see eTable 1 in the Supplement.) All patient records were followed from date of cancer diagnosis (baseline) until whichever of the following events occurred first: (1) death, (2) loss to follow-up (due to enrollment with an HMO or discontinuation of enrollment in Medicare, part A, B, or D), or (3) the administrative end of follow-up (December 31, 2011, for all-cause mortality and December 31, 2010, for cancer-specific mortality because cause-specific mortality was available only through 2010).

Table 1. Observational Studies of Statins and Mortality Among Patients With Cancer Included in Recent Meta-analyses  $^{1-3,20}$ 

|  |                     |                                     | HR (95% CI)                  |                        |  |  |  |
|--|---------------------|-------------------------------------|------------------------------|------------------------|--|--|--|
| Source   | Publication<br>Year | Cancer<br>Location                  | Cancer-Specific<br>Mortality | All-Cause<br>Mortality |  |  |  |
| Category 1, Statin Users vs Nonusers During Follow-up (Risk of Immortal-Time Bias)                         |                     |                                     |                              |                        |  |  |  |
| Murtola et al <sup>22</sup>  | 2014                | Breast                              | 0.35 (0.28-0.45)             | 0.39 (0.33-0.46)       |  |  |  |
| Katz et al <sup>23</sup>   | 2010                | Prostate<br>(radical prostatectomy) | NA                           | 0.35 (0.21-0.58)       |  |  |  |
| Katz et al <sup>23</sup>   | 2010                | Prostate<br>(radiation therapy)     | NA                           | 0.59 (0.37-0.94)       |  |  |  |
| Lakha et al <sup>24</sup>  | 2012                | Colorectal                          | 0.54 (0.19-1.50)             | 0.61 (0.26-1.41)       |  |  |  |
| Pooled estimate  | NA                  | NA                                  | 0.35 (0.27-0.44)             | 0.39 (0.33-0.45)       |  |  |  |
| Category 2, Prevalent Statin Users vs Nonusers at Cancer Diagnosis (Risk of Prevalent-User/Selection Bias) |                     |                                     |                              |                        |  |  |  |
| Geybels et al <sup>25</sup>  | 2013                | Prostate                            | 0.19 (0.06-0.56)             | NA                     |  |  |  |
| Desai et al <sup>26</sup>  | 2015                | Breast                              | 0.91 (0.60-1.37)             | NA                     |  |  |  |
| Brewer et al <sup>27</sup>   | 2013                | Breast                              | 0.95 (0.58-1.56)             | 1.00 (0.63-1.60)       |  |  |  |
| Caon et al <sup>28</sup>   | 2014                | Prostate                            | 0.77 (0.55-1.08)             | NA                     |  |  |  |
| Lakha et al <sup>24</sup>  | 2012                | Colorectal                          | 0.60 (0.33-1.32)             | 0.59 (0.28-1.24)       |  |  |  |
| Nielsen et al <sup>29</sup>  | 2012                | All cancer forms                    | 0.85 (0.82-0.87)             | 0.85 (0.83-0.87)       |  |  |  |
| Siddiqui et al <sup>30</sup>   | 2009                | Colorectal                          | NA                           | 0.70 (0.60-0.90)       |  |  |  |
| Shao et al <sup>31</sup>   | 2015                | Colorectal                          | 0.77 (0.68-0.88)             | 0.82 (0.74-0.92)       |  |  |  |
| Murtola et al <sup>22</sup>  | 2014                | Breast                              | 0.60 (0.46-0.77)             | 0.58 (0.49-0.70)       |  |  |  |
| da Silva et al <sup>32</sup>   | 2013                | Bladder                             | 1.04 (0.84-1.28)             | NA                     |  |  |  |
| Hoffmeister et al <sup>33</sup>  | 2015                | Colorectal                          | 1.11 (0.82-1.50)             | 1.10 (0.85-1.41)       |  |  |  |
| Pooled estimate  | NA                  | NA                                  | 0.77 (0.64-0.89)             | 0.78 (0.67-0.90)       |  |  |  |
| Category 3, Mixed Prevalent and Incident Statin Users vs Nonusers (Risk of Prevalent-User/Selection Bias)  |                     |                                     |                              |                        |  |  |  |
| Desai et al <sup>26</sup>  | 2015                | Breast                              | 0.59 (0.32-1.06)             | NA                     |  |  |  |
| Chan et al <sup>34</sup>   | 2015                | Prostate                            | NA                           | 0.84 (0.71-0.99)       |  |  |  |
| Pooled estimate  | NA                  | NA                                  | 0.59 (0.32-1.06)             | 0.84 (0.71-0.99)       |  |  |  |
| Overall pooled estimate  | NA                  | NA                                  | 0.73 (0.58-0.88)             | 0.69 (0.55-0.84)       |  |  |  |

Abbreviations: HR, hazard ratio; NA. not applicable.

## **Treatment Strategies**

We compared the following 2 strategies:

- 1. Initiation of therapy with any statin (simvastatin, atorvastatin, fluvastatin, rosuvastatin, lovastatin, pitavastatin, pravastatin, or combination therapy including any of these) at any dose within 6 months after cancer diagnosis. Individuals assigned to this strategy might discontinue statin therapy at any time when clinically indicated.
- 2. No initiation of statin therapy during the follow-up.

## **Statistical Analysis**

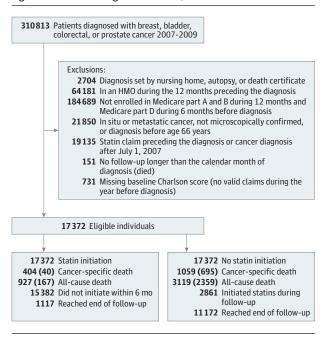
We explicitly emulated a target trial of statin therapy initiation among patients with cancer using observational data from the SEER-Medicare database. To do so, we created a data set with 2 copies of each eligible individual at baseline and assigned each of the replicates to 1 of the treatment strategies. Peplicates assigned to the statin strategy were artificially censored at 6 months if they had not initiated statin therapy by then. Replicates assigned to the no-statin strategy were censored if and when they initiated statin therapy at any time during the follow-up period. This approach avoided both selection bias due to the inclusion of prevalent statin users and immortal-time bias due to defining statin therapy initiation among survivors. Period of the statin therapy initiation among survivors.

We fit pooled logistic models for each outcome (cancerspecific and all-cause mortality) including an indicator for the statin strategy (initiation vs no initiation), month of follow-up (linear and quadratic term), and the following baseline covariates: sex, cancer stage, cancer site, race, year of diagnosis, marriage status, Charlson-Klabunde index, a composite measure of previous cardiovascular disease, tobacco use, obesity, depression, hyperlipidemia, hypertension, and anemia based on claims during the year before diagnosis. These variables were selected because they are potential confounders for the effect of statin initiation on survival. Additional adjustment for census tract features did not materially alter the results. Because the outcome of the models is rare at all times, the odds ratio from this model approximates the hazard ratio (HR).<sup>18</sup>

For the 2 outcomes, we also estimated absolute risks by fitting the pooled logistic models with product ("interaction") terms between the strategy indicator and the month of follow-up variables. The models' predicted values were then used to estimate the cumulative incidence of cancer-specific and all-cause death from baseline. The cumulative incidence curves were standardized to the baseline variables.<sup>19</sup>

Because the censoring required by our analytic approach has the potential to introduce selection bias due to postbaseline variables, we estimated inverse probability weights for the outcome models. We estimated the denominator of the weights in the original study population via 2 pooled logistic models

Figure 1. Flowchart of Eligible Individuals, SEER-Medicare 2007-2009



Numbers in parentheses represent unique deaths. HMO indicates health maintenance organization; SEER, Surveillance, Epidemiology, and End Results database.

for statin therapy initiation that included the baseline covariates, month of follow-up (linear and quadratic term), and the following postbaseline (time-varying) covariates: Charlson-Klabunde index  $(0, 1, 2, 3, 4, \ge 5, \text{ or missing})$ , tobacco use, obesity, depression, hypertension, anemia, surgery, radiotherapy, chemotherapy, and a composite measure of cardiovascular disease. The first model was restricted to the first 6 months of follow-up (eTable 2 in the Supplement), and the second model to subsequent months (eTable 2 in the Supplement). For the statin arm, we used the first model to estimate the probability of initiating therapy with statins at 6 months if it had not been initiated previously (ie, the probability of remaining uncensored at the last month); during the first 5 months, the probabilities were set to 1, and after month 6, the weights remained constant (ie, were multiplied by 1). See eTable 3 in the Supplement for month-specific construction of the weights. For the no statin arm, we used the first model to estimate the probability of not having initiated statin therapy during each of the first 6 months, and the second model for the remaining months. Weights were truncated at the 99.5th percentile. We used a nonparametric bootstrap with 500 samples to appropriately compute the 95% confidence intervals (CIs) for the HR and cumulative incidence estimates from the expanded data set. All analyses were conducted using SAS software, version 9.4 (SAS Institute Inc).

#### **Comparison With Previous Observational Studies**

We identified observational studies included in the most recently published meta-analyses of statin use in patients with prostate, <sup>1</sup> breast, <sup>2</sup> colorectal, <sup>3</sup> or urological cancer. <sup>20</sup> Eligible studies for our analysis reported HRs, or other measures of rela-

tive risk, of cancer-specific mortality or all-cause mortality for statin vs no statin use among patients with stages I to III cancer followed up from time of cancer diagnosis. Because of substantial heterogeneity across studies, these relative risk estimates cannot be pooled using a fixed-effect approach. We therefore pooled the study-specific estimates using a standard random-effects approach<sup>21</sup> that estimates the average of the distribution of the estimates without imposing the assumption that they are all equal. These analyses were conducted using Stata 14 software (StataCorp LP). We classified these observational studies into 3 categories, as listed in Table 1.<sup>22-34</sup>

The first category included studies that classified individuals with a cancer diagnosis into 2 groups: those who used statin therapy at some point during the follow-up and those who did not (category 1 in Table 1). The comparison of these 2 groups may introduce immortal-time bias. 17,35,36 We conducted similar analyses in our data by classifying eligible individuals as initiators if they initiated statin therapy anytime during the first 6 months of follow-up and as noninitiators otherwise. In separate analyses, we varied the definition of initiators as those who initiated statin therapy during the first 12, 18, or 24 months, or at any time during the followup. That is, we did not duplicate individuals and assign each replicate to one of the strategies, but rather classified individuals as initiators or not at baseline based on postbaseline statin therapy initiation within different time frames. We then fitted unweighted pooled logistic models identical to the ones described above to estimate the HRs.

The second category of studies (Table 1) compared current (ie, prevalent) statin users vs nonusers at cancer diagnosis. The comparison of these 2 groups may introduce selection bias.<sup>37</sup> To replicate this analysis in our data, we eliminated the exclusion criterion "no previous claim of statin use" and classified individuals at baseline as "current users" or "nonusers." Then, we fitted unweighted pooled logistic models to estimate the HRs.

Finally, the third category of observational studies compared a mixture of prevalent users at cancer diagnosis plus new users during the follow-up vs nonusers.

## Results

#### Patients From the SEER-Medicare Database

There were 17 372 eligible individuals (**Figure 1**) with a median (interquartile range) of 33 (25-42) months of follow-up for all-cause mortality (maximum follow-up, 52 months) and 23 (15-31) months for cancer-specific mortality (maximum follow-up, 39 months). Of these, 1825 (10.5%) were censored owing to loss of follow-up. **Table 2** summarizes the distribution of baseline variables.

Of 932 individuals who initiated statin therapy within 6 months after cancer diagnosis, 447 (48%) had at least 1 statin prescription during their last year of follow-up. Of the 16 440 individuals who did not initiate statin therapy within 6 months after diagnosis, 14 511 (88%) did not initiate statin therapy later during the follow-up. Statin therapy initiation

Table 2. Characteristics of the 17 372 Eligible Individuals, SEER-Medicare 2007-2009a

| Characteristic                | All Eligible Individuals<br>Month O | Statin Initiators<br>Month 5 | Statin Noninitiators<br>Month 5 |
|-------------------------------|-------------------------------------|------------------------------|---------------------------------|
| Total No.                     | 17 372                              | 897                          | 15 328                          |
| Cancer location               |                                     |                              |                                 |
| Colon                         | 4201 (24)                           | 192 (21)                     | 3491 (23)                       |
| Breast                        | 6053 (35)                           | 289 (32)                     | 5547 (36)                       |
| Prostate                      | 6071 (35)                           | 367 (41)                     | 5471 (36)                       |
| Bladder                       | 1047 (6)                            | 49 (5)                       | 819 (5)                         |
| Stage                         |                                     |                              |                                 |
| 1                             | 5196 (30)                           | 252 (28)                     | 4656 (30)                       |
| 2                             | 9618 (55)                           | 534 (60)                     | 8501 (55)                       |
| 3                             | 2558 (15)                           | 111 (12)                     | 2171 (14)                       |
| Sex                           |                                     |                              |                                 |
| Male                          | 8440 (49)                           | 481 (54)                     | 7419 (48)                       |
| Female                        | 8932 (51)                           | 416 (46)                     | 7909 (52)                       |
| Race                          |                                     |                              |                                 |
| White                         | 14 799 (85)                         | 750 (84)                     | 13 055 (85)                     |
| Black                         | 1582 (9)                            | 76 (8)                       | 1345 (9)                        |
| Other                         | 1057 (6)                            | 71 (8)                       | 928 (6)                         |
| Marriage status               |                                     |                              |                                 |
| Single                        | 1635 (10)                           | 93 (10)                      | 1404 (9)                        |
| Married                       | 8318 (48)                           | 449 (50)                     | 7458 (49)                       |
| Divorced                      | 103 (1)                             | Masked <sup>b</sup>          | 97 (1)                          |
| Widowed                       | 1383 (8)                            | 66 (7)                       | 1206 (8)                        |
| Unmarried or domestic partner | 4582 (26)                           | 225 (25)                     | 3948 (26)                       |
| Unknown                       | 1351 (8)                            | Masked <sup>b</sup>          | 1215 (8)                        |
| Year of diagnosis             |                                     |                              |                                 |
| 2007                          | 2752 (16)                           | 185 (21)                     | 2342 (15)                       |
| 2008                          | 7823 (45)                           | 403 (45)                     | 6948 (45)                       |
| 2009                          | 6797 (39)                           | 309 (34)                     | 6038 (39)                       |
| Charlson-Klabunde index       |                                     |                              |                                 |
| 0                             | 11 352 (65)                         | 525 (59)                     | 10 245 (67)                     |
| 1                             | 3712 (21)                           | 212 (23)                     | 3219 (21)                       |
| 2                             | 1345 (7)                            | 87 (9)                       | 1121 (7)                        |
| 3                             | 494 (3)                             | 36 (4)                       | 398 (3)                         |
| 4                             | 274 (2)                             | 20 (2)                       | 207 (1)                         |
| ≥5                            | 195 (1)                             | 17 (2)                       | 138 (1)                         |
| Comorbidities                 |                                     |                              |                                 |
| Tobacco use                   | 307 (2)                             | 19 (2)                       | 266 (2)                         |
| Obesity                       | 308 (2)                             | 22 (2)                       | 262 (2)                         |
| Depression                    | 838 (5)                             | 53 (6)                       | 698 (4)                         |
| Hyperlipidemia                | 4238 (24)                           | 373 (42)                     | 3648 (24)                       |
| Hypertension                  | 9016 (52)                           | 530 (59)                     | 7812 (51)                       |
| Anemia                        | 2458 (14)                           | 138 (15)                     | 2025 (13)                       |
| Cardiovascular disease        | 2127 (12)                           | 133 (15)                     | 1720 (11)                       |

Abbreviation: SEER, Surveillance, Epidemiology, and End Results database.

was more likely in those with hyperlipidemia, hypertension, prior cardiovascular events, and prostate cancer diagnosis (eTable 2 in the Supplement).

A total of 1099 individuals died of cancer during followup. The HR (95% CI) of cancer-specific mortality for statin therapy initiation vs no initiation was 0.94 (0.89-1.00) in the absence of any adjustment, 0.96 (0.90-1.02) after adjustment for baseline covariates, and 1.00 (0.88-1.15) after adjustment for baseline and postbaseline covariates. The fully adjusted 3-year risk of cancer death was 10.2% in noninitiators and 9.4% in initiators; the risk difference was -0.8% (-3.7% to 2.7%).

Altogether, 3286 individuals died over the follow-up period. The HR (95% CI) of all-cause mortality for initiation vs no initiation of statin therapy was 1.00 (0.96-1.05) in the absence of any adjustment, 1.02 (0.97-1.07) after adjustment

<sup>&</sup>lt;sup>a</sup> Unless otherwise indicated, data are reported as number (percentage) of study patients.

<sup>&</sup>lt;sup>b</sup> Masked because counts fewer than 11 cannot be specified according to the data user agreement.

A Cancer-specific death B All-cause death 0.4 No statins **Cumulative Incidence** Statins Cumulative Incidence 0.3 0.3 0.2 0.2 0.1 0.1 0 12 18 24 30 36 12 18 24 30 36 Months Months 0.2 0.2 Risk difference Lower 95% CI 0.1 0.1 Upper 95% CI Risk Difference Risk Difference 0 -0.1 -0.1 -0.2 -0.2 12 36 6 12 36 6 18 30 n 18 30

Figure 2. Three-Year Cumulative Incidence and Risk Differences, SEER-Medicare 2007-2009

SEER indicates Surveillance, Epidemiology, and End Results database.

Table 3. Mortality HRs for Statin Initiators vs Noninitiators When Statin Initiation Is Defined Within Increasingly Longer Periods Since Baseline, SEER-Medicare 2007-2009<sup>a</sup>

Months

| Time From Baseline of<br>Statin Initiation, mo | Cancer-Specific Death |                       | All-Cause Death  |                       |
|--|-----------------------|-----------------------|------------------|-----------------------|
|  | Unadjusted            | Adjusted <sup>b</sup> | Unadjusted       | Adjusted <sup>b</sup> |
| 0-6  | 0.62 (0.45-0.85)      | 0.67 (0.49-0.93)      | 0.83 (0.71-0.97) | 0.86 (0.74-1.01)      |
| 0-12   | 0.49 (0.38-0.65)      | 0.56 (0.42-0.73)      | 0.71 (0.63-0.81) | 0.75 (0.66-0.86)      |
| 0-18   | 0.37 (0.28-0.48)      | 0.43 (0.33-0.56)      | 0.62 (0.55-0.69) | 0.67 (0.60-0.76)      |
| 0-24   | 0.30 (0.23-0.39)      | 0.36 (0.28-0.47)      | 0.56 (0.50-0.63) | 0.62 (0.55-0.69)      |
| Ever during follow-up                          | 0.25 (0.20-0.33)      | 0.31 (0.24-0.40)      | 0.51 (0.46-0.57) | 0.57 (0.51-0.63)      |

Abbreviations: HR, hazard ratio; SEER, Surveillance, Epidemiology, and End Results database.

for baseline covariates, and 1.07 (0.93-1.21) after adjustment for baseline and postbaseline covariates. The fully adjusted 3-year risk of death was 22.3% in noninitiators and 23.0% in initiators; the risk difference was 0.7% (-4.0 to 4.1).

In 2734 individuals who died before 2011 (when specific cause of death was available), the recorded primary cause of death was colorectal cancer in 22%, breast cancer in 10%, prostate cancer in 4%, bladder cancer in 9%, other cancers in 8%, cardiovascular disease in 21%, and chronic obstructive pulmonary disease or pneumonia in 12%. The cumulative incidence curves for cancer-specific and all-cause death are presented in **Figure 2**.

## Comparison With Previous Observational Studies

In contrast with our null estimates, the pooled estimates from previous studies showed an association between statin use and survival (Table 1). Similarly, we also found an association when we replicated the analytic approach of previous studies.

When the eligible individuals were classified in the statin therapy initiation group if they ever initiated statin in the first 6 months of follow-up (similar to the analyses used in category 1 studies of Table 1), the HRs (95% CIs) of cancer-specific mortality for initiation vs no initiation were 0.62 (0.45-0.85) in the absence of any adjustment, and 0.67 (0.49-0.93) after adjustment for baseline covariates. The HRs (95% CIs) of all-cause mortality were 0.83 (0.71-0.97) in the absence of any adjustment and 0.86 (0.74-1.01) after adjustment for baseline covariates. The HR estimates became stronger (ie, further from 1) as the postbaseline period used to define statin therapy initiation increased (Table 3), which supports the existence of immortal-time bias.

When we compared the 17 458 prevalent statin users with the 17 372 nonusers at baseline (similar to the analyses used in category 2 of Table 1), the HRs (95% CIs) of cancer-specific mortality for prevalent users vs nonusers were 0.76 (0.69-0.83) in the absence of any adjustment and 0.83 (0.76-0.91) after adjustment for baseline covariates. The corresponding HRs (95% CIs) of all-cause mortality were 0.86 (0.82-0.90) and 0.83 (0.79-0.87).

Months

<sup>&</sup>lt;sup>a</sup> All data reported as HR (95% CI).

<sup>&</sup>lt;sup>b</sup> Adjusted for; sex, cancer stage, cancer site, race, year of diagnosis, marriage status, Charlson-Klabunde index and a composite measure of previous cardiovascular disease.

#### Discussion

Our findings suggest that statin therapy initiation after cancer diagnosis does not improve the early survival of patients with cancer. In an analysis that was susceptible to neither selection bias nor immortal-time bias, the HRs were essentially null. This finding is consistent with the results from previous meta-analyses of randomized trials, which did not find an effect of statins on cancer incidence or survival. <sup>38,39</sup>

In contrast, analyses of our data inspired by previously published studies resulted in surprisingly strong HR estimates. A causal interpretation of these estimates as showing the existence of a large benefit of statins is unwarranted because these analyses are likely affected by selection bias and immortal-time bias. In particular, we found a clear trend toward an apparently more beneficial effect of statins (up to a 69% reduction in cancer-specific mortality) as the period used to define statin therapy initiation, and therefore the potential for immortal-time bias, increased.

Our analysis of the observational data explicitly emulated a (hypothetical) target trial of statin therapy initiation in patients with cancer. To do so, we set time zero of our analysis to correspond with time zero in the target trial, that is, the time when both (1) eligibility criteria are met and (2) treatment strategies are assigned. In contrast, previous observational studies used a time zero that violated condition 2. Some studies classified individuals as statin users based on statin use that took place before time zero (prevalent users), which may

result in selection bias. Other studies assigned the treatment strategies based on information that was not available at time zero. This approach effectively ensures (1) that those defined as statin therapy initiators have a guaranteed period of survival (ie, an immortal time) between baseline and initiation and (2) that early deaths occurring before statin therapy initiation has been considered will be assigned to the noninitiators group.

## Limitations

Limitations of our study include a relatively short follow-up period, which prevents studying the effect of statin therapy initiation beyond 3 years after cancer diagnosis. The study was also limited by the use of data based on diagnostic codes, which may introduce measurement error in the definition of initiation and discontinuation of statin therapy and in clinical diagnoses, and the possibility of residual confounding. However, none of these limitations affect the main conclusion of our analysis.

# Conclusions

In summary, when applying a methodological approach that minimizes immortal-time and selection bias, we found no suggestion that initiation of statin therapy after cancer diagnosis improves the early survival in patients with stages I though III cancer. We hope that our analysis will contribute to the prevention of self-inflicted biases in future observational research using real world data.

## ARTICLE INFORMATION

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Acquisition, analysis, or interpretation of data: All

Drafting of the manuscript: Emilsson, Hernán. Critical revision of the manuscript for important intellectual content: Emilsson, García-Albéniz, Logan, Caniglia, Kalager, Hernán.

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