

# Paloma Cartwright

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## Education

McGill University – Montreal, Quebec, Canada	2017 – Present
NGM Major High School – Long Island, Bahamas	2011 – 2017
“Habla Ya” Spanish Immersion School – San Jose, Costa Rica	March and April 2015

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## Experience

<i>Certified Instructor, Bahamas National Sailing School</i>	2014 – Present
<ul style="list-style-type: none"><li>Instructing sailing to children ages 8 – 16 in various sailboats for beginners, intermediate and advanced sailors.</li></ul>	
<i>Coach, Long Island</i>	2015 – Present
<ul style="list-style-type: none"><li>Coach Mack Knowles Junior Sailing Club Sailing Team, to represent nationally.</li></ul>	
<i>Sunday School Teacher, St. Paul’s Parish</i>	2016 – 2019
<ul style="list-style-type: none"><li>Teach Sunday School at St. John’s Anglican Church.</li></ul>	
<i>Junior Director of Tourism, Bahamas</i>	2016 – 2017
<ul style="list-style-type: none"><li>Deputy Junior Minister of Tourism for the Bahamas &amp; Junior Director of Tourism for Long Island</li></ul>	
<i>Director and Head Instructor, Summer Sailing Camp</i>	July and August 2018
<ul style="list-style-type: none"><li>Organizer and Director of 1<sup>st</sup> Annual Mack Knowles Junior Sailing Club Summer Sailing Camp. Lead a team of 5 Instructors, teaching children on Long Island how to sail and training to join the team to represent nationally</li></ul>	
<i>Instructor, Swimming with A Mission (S.W.A.M) Montreal, QC, Canada</i>	2018 – 2019
<ul style="list-style-type: none"><li>Instruct Swimming Classes for Special Needs Students in Montreal</li></ul>	
<i>Page, McGill Secondary School United Nations Symposium</i>	November 2018
<ul style="list-style-type: none"><li>Note Passer and Staff in McGill University United Nations Conference on the topic of Cyber Security</li></ul>	
<i>Page, McGill Model United Nations Conference</i>	January 2019
<ul style="list-style-type: none"><li>Note Passer and Staff in the McGill University Model United Nations Conference on the topic of Oceans</li></ul>	

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*Intern, Bimini Biological Field Station Foundation*

June and July 2019

- Summer Intern at the Bimini Biological Field Station – Sharklab studying the marine environment around Bimini and the interactions of the animals that reside there, especially Sharks and Stingrays

*Peer Supporter, Peer Support Center McGill University*

September and October 2019

- Student Volunteer with the Peer Support providing confidential, listening services to other McGill Students to help with any problems they may face

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## **Achievements**

- Alf Thompson Memorial Scholarship Recipient, 2019
- Long Island Regatta, 1<sup>st</sup> Place G Class Main Series, 2016 – 2018
- Marjorie Davis Award for Top BGCSE Results in Government Schools, 2018
- Principal's List, 2011- 2017
- National Top Female Sailor Under 18 Years Old, Bahamas (Optimist, Sunfish, Laser), 2010 – 2017
- All Bahamas Merit Scholar, 2017
- James McGill Entrance Scholarship, 2017
- Valedictorian, Long Island District, 2017
- Alpha Kappa Alpha Sorority Honor's Day, Top Family Island Participant, 2017
- URCA Information Technology Award, 2017
- Best Speaker - Long Island District Debate Team, 2017
- Top Senior Student - NGM Major High, 2015 –2017
- CPR and First Aid Certified, Doctor's Hospital, 2016
- Qualified for Laser Youth World Championships, Ireland, 2016
- Bahamas National Sailing Team, Canadian Olympic Regatta Kingston, 2016
- 2nd Place - Junior Minister of Tourism Speech Competition Bahamas, 2016
- 3rd Nationally – Austin Knowles National Softball Championships (Team Captain), 2016
- Bahamas Olympic Committee "President's Cup", National Youth Awards 2015
- "Excellence in Sailing Award", National Youth Awards 2015
- Welcome Address – Ministry of Education, Science & Technology National Examination Awards Ceremony, 2015
- Top Female - Sunfish Junior Nationals & Laser Junior Nationals, 2014 & 2015
- 1st Place Skipper – C Class Junior Championships, Long Island Regatta, 2015
- 1st Place & Top Female - Bahamas Youth Olympic Regatta, Cecil Cooke Memorial Regatta, and KPMG Youth Regatta, 2014
- Top Merit Award - NGM Major, 2012 – 2014
- IANTD (Scuba) Certified, 2013
- Bahamas National Spelling Bee Champion, 2012
- Scripps National Spelling Bee Participant, Washington, D.C., U.S.A, 2012

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## **Volunteer Experience**

- Sunday School Teacher
  - Coach at Mack Knowles Junior Sailing Club
  - Student Leader, Bahamas Youth Network
  - St. John's Anglican Church Cleaning Committee
  - Swimming With A Mission (SWAM) Montreal Instructor.
  - McGill Model United Nations Conference (McMUN)
  - McGill Secondary School United Nations Symposium (SSUNS)
  - Peer-Supporter, Peer Support Center (PSC) McGill University
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## **Extra-Curricular Activities**

- Member of The Bahamas National Sailing Team
- Previous Member and Captain of the Long Island District Debate Team
- Member of the Mack Knowles Junior Sailing Club
- Previous Member and Captain of NGM Major High School Softball, Basketball, and Track and Field Teams
- Member of The Bahamas Youth Network
- Governor General's Youth Awards
- Member of St. John's Anglican Church Youth Choir
- Member of Caribbean Student Society McGill University
- Instructor SWAM Montreal

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## **Offices Held**

- Bahamian Student Ambassador, 2017 - Present
  - Deputy Junior Minister of Tourism for The Bahamas, 2016, 2017
  - Junior Director of Tourism for Long Island
  - Head Girl - NGM Major High School
  - Certified Instructor - Bahamas National Sailing School
  - Coach - Mack Knowles Junior Sailing Club Sailing Team
  - Sunday School Teacher - St. John's Anglican Church
  - Student Leader - Bahamas Youth Network
  - Captain – NGM Girls Wildcats Softball and Basketball Teams
  - House Captain - Nelson House, NGM Major High School 2015-2017
  - Class President & Graduation Committee President, 2017
  - SWAM Montreal Instructor
  - Page – McMUN – Model United Nations Conference
  - Page – SSUNS – Model United Nations Conference
  - PSC McGill Peer Supporter
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