

Review: Hello Panda Biscuits



If you face the same problem as me where the baby loves to lick the cream off leaving the biscuits for you to eat then you must read further. So while doing a mock grocery drill yesterday at Bombay Gym, the daughter picked it up from the shelf by herself finding the panda picture on the pack attractive. She picked up about 3 different flavours and we had to get all of them.

Delightful choco cream

Adorable biscuit



So here is what we think: Each Hello Panda biscuit consists of hollow shortbread filled with a strawberry/chocolate/vanilla creamy filling. There is a fine balance between the sweet filling and the salty exterior. The bite size offering makes it very convenient to keep the kids happy. Its a great non messy cream filled biscuit. While going through the nutritional facts I did look out for the trans fat available in a lot of cream biscuits and was I glad that this one didnt have it. I am also not a huge fan of strawberry flavoured treats but this one just bought back the taste of Bisk Farm biscuits I did have in school. Dont think you get them any more. These biscuits are eggless and a great treat to please those little tastebuds. **INGREDIENTS** Wheat flour, vegetable shortening (partially hydrogenated palm, soybean and canola oil), sugar, chocolate liquor, whole milk powder, malt extract, seasoning (natural), emulsifier, leavening, salt, enzyme artificial flavoring. Available for Rs 55 for a pack with about 12 - 15 pcs each I thought they were a little overpriced in India. Its a Japanese brand and is being imported in India so guess it will be expensive. **Review: Try them for sure**

HT Survey of Best schools in Mumbai 2012 - Part 1

ht epaper
Hindustan Times (Mumbai) | 10-Sep-2012 | Hindustan Times | 43 - 43 Metro

metro special hindustan times

top schools
HINDUSTAN TIMES-C FORE SURVEY 2012

TOP SCHOOLS OF 2011

- 1) Cathedral and John Connon School
- 2) Dhirubhai Ambani International School
- 3) Swami Vivekananda School
- 4) Bombay International School
- 5) Campden School
- 6) Pomfret School
- 7) Hindustani Foundation School
- 8) Dhirubhai Ambani International School
- 9) Dhirubhai Ambani International School
- 10) Dhirubhai Ambani International School

METHODOLOGY

1. PROCESS
HT and research firm C fore conducted the survey in three phases over four months.
In the first phase, we sent out an exhaustive questionnaire to 307 private schools in the Mumbai region, asking them to send us details of their schools.

2. ANALYSIS
We analysed the survey data and shortlisted the top schools based on the responses received. We then visited these schools to verify the information provided and to understand the school's culture and values.

3. RANKING
We ranked the schools based on the responses received and the information gathered during the visits. The schools are ranked based on their academic performance, infrastructure, and overall quality of education.

THE BEST SCHOOLS IN THE CITY

1 THE CATHEDRAL & JOHN CONNON SCHOOL
A PROGRESSIVE EDUCATIONAL INSTITUTION
Website: www.cathedral-schools.com

5 JAYPRAKASH NAGREE SCHOOL
JAYPRAKASH NAGREE SCHOOL
Website: www.jayprakashschool.com

7 KIRAN NIMAI FOUNDATION SCHOOL
KIRAN NIMAI FOUNDATION SCHOOL
Website: www.kiran-nimai-school.com

Okay so here is a round up of Hindustan Times Survey of the best schools in the city along with a zone wise split for the week. If you ask us whether we agree with all of it then the answer is a big NO. Its not that I am evaluating or judging these schools on my parameters but I find a huge gap between what I know parents are chasing for their children, and the schools listed here. Before you read on and are disappointed to not find your child's school here, please do go through the methodology & parameters stated below by the paper. Maybe your school did not participate in the survey or was not invited. Do let us know your feedback in the comments below

METHODOLOGY

PROCESS

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Some parents might be looking for a school that allows them to be closely involved, while others may want the opposite. Some parents might want schools that focus on sports while others may want one where academics dominate.

While in the coming week we will dissect this a more in detail, here is the low down zone wise for you. To read the complete article please visit <http://paper.hindustantimes.com/epaper/viewer.aspx>

HT Survey Best Schools 2012 Mumbai South Colaba to Mahim

The schools are listed in a random order as listed

- Bombay International School
- Navy Children School
- St. Mary's School (ICSE)
- St. Xaviers Boys Academy
- Campion
- Cathedral
- Queen Mary School
- Villa Theresa High School
- GD Somani Memorial School
- JB Petit Girls school

SOUTH ZONE TOP SCHOOLS 2011

(In alphabetical order)

BD Somani International School
Bombay International School
Campion School
GD Somani Memorial School
JB Petit High School for girls
St Anne's High School
St Mary's School (ICSE)
St Xavier's Boys Academy
The Cathedral & John Connon School
Villa Theresa School

HT Survey Best Schools 2012 Mumbai West between Mahim - Malad

The schools are listed in a random order as rankings were not listed

- Maneckji cooper
- Bombay Scottish School, Mahim
- Arya Vidya Mandir, juhu
- Oberoi International School
- Bombay Cambridge school, Andheri
- Dhirubhai Ambani
- Podar International, Santacruz
- Chaturbhuj Memorial School, Vile Parle,
- Jamnabai Narsee

WEST ZONE TOP SCHOOLS 2011

(In alphabetical order)

Arya Vidya Mandir, Bandra (W)
Bombay Cambridge School, Andheri (E)
Bombay Scottish School, Mahim
Chattrabhuj Narsee Memorial School
Dhirubhai Ambani International School
Holy Family High School
Jamnabai Narsee School
Lilavatibai Podar Senior Secondary School
Podar International School

HT Survey Best Schools 2012 Mumbai North

north of Goregaon in the west, Ghatkopar in the west, Thane

The schools are listed in a random order as rankings were not listed

- Billabong High International School, Thane
- Childrens Academy Malad
- NL Dalmia High school
- Sacred Heart School, Kalyan
- Singapore International School
- Ryan International School, Kandivali,
- Gundecha Education Academy, Kandivali (E),
- Smt. Sulochana Singhania School, Thane
- Thakur International school
- Hiranandani Foundation School, Thane

HT Survey Best Schools 2012 Mumbai East between Ghatkopar & Mulund

The schools are listed in a random order as rankings were not listed

- Pawar Public School, Bhandup
- Bombay Scottish School, Powai
- Don Bosco School, Matunga
- Shishuvan School, Matunga
- Our Lady of Good Counsel High School, Sion
- Hiranandani Foundation, Powai
- St. Gregorious High School, Chembur
- Our Lady of perpetual Succur High School, Chembur
- Udavachal High School, Vikhroli

EAST ZONE TOP SCHOOLS 2011

(In alphabetical order)

Convent Girl's High School
Don Bosco High School
Hiranandani Foundation School, Powai
Little Angels Secondary High School
Loreto Convent School
Our Lady of Good Counsel High School
Our Lady of Perpetual Succour High School
Ryan International School
South Indian Education Society High School
Swami Vivekananda High School

This information was first published in the Hindustan Time Mumbai edition and Kids Stop Press is not responsible for this survey or listings.

5 Signs That Scream You Are Pregnant Even Before You Confirm With A Home Pregnancy Test

So you haven't yet taken a pregnancy test but you have been feeling weird over the past few days. You can't put a pin on it, but you know your body is trying to tell you something - if only you could read the signs! Well, if you have been trying to get pregnant, then well congratulations! We tell you about the early signs and nods your body uses to tell you you are pregnant. Of course, you should take a pregnancy test to confirm but here **are the first few symptoms to look out for. You may also like: [The best home pregnancy tests in the market to tell you the good news fast!](#)**

1. **Missed period:** This is a no brainer. If you were expecting a period and missed it, this could be mean there is a fertilized egg in you and there is no need for the shedding of the uterine wall. For most women this is the first time they will realise that they just may be pregnant.
2. **Sore breasts:** You know how your breasts feel heavy and tender when you get a period? Add to that sensitive to the touch and you may just be experiencing an early sign of pregnancy.
3. **Need to urinate frequently:** If you are pregnant, the body releases a hormone called hCG which stands for human chorionic gonadotropin. The increased levels of this hormone in the urine is what is used to detect pregnancy with a home pregnancy test. Cool hormone but the annoying subtext, a need to use the bathroom very frequently!
4. **Tiredness and fatigue:** This could irritate a lot of women who are so used to being constantly on the move! One of the early signs of pregnancy is when you suddenly can't seem to drag yourself out bed, or desperately feel the need to sit down and rest your feet. The release of hormones and your body readying itself for the growth of baby is hard work and causing all the fatigue.
5. **Sensitive to smell:** Suddenly feel like your nose has opened up and you can smell everything? Being sensitive to smell is a weird symptom of pregnancy and the reason behind it is unexplained, but nevertheless it is nice that you can smell what your colleague is eating for lunch four cubicles away from you!

You may also like: [Warning signs in the first trimester you should know about](#) Don't forget to follow us on [Facebook](#), [Twitter](#), [Pinterest](#), [Soundcloud](#) & [Instagram](#) or subscribe to our [YoutubeChannel](#) for more information.

5 Tried And Tested Activities Guaranteed To Keep Your One Year Old Engaged!

I have, what you may call, a rather mischievous, overactive toddler who loves exploring nooks, crannies, and heights and is the visual embodiment of someone you just can't leave unattended. So what is a mama to do when she has her hands full with work and chores and desperately needs to contain her little tornado? Here are 5 games that I have tried and tested out with my toddler that only keeps him interested longer than it takes me to set up but also allows me to **[quickly sneak in a chore or two while he is busy!](#)** What's awesome? He loves the games, wants to do them again and again and all of these games can be done with things you find around the house! **You may also like: [DIY Fine Motor Activities Great for Toddlers!](#)**

In The Kitchen:

While you are washing dishes or keeping an eye on your cooking and you want your toddler to stay put in front of you, here is what you do. **From one bowl to another**



Image courtesy: nashvillian-pastoral blogger I don't know what it is but they love transferring things from one bowl to another. Start them off with about 20 baby potatoes and give them two bowls (a big and a small one or two coloured ones just to add variety). Then put the potatoes in one bowl and show them how to pick one and put from one bowl to the other. This [works on their motor skills](#). Start with potatoes and tomatoes and then gradually move on chickpeas and peanuts. You could even count as they transfer and [introduce them to the concept of numbers](#).

In The Bedroom:

This is for when you are folding laundry or putting away clothes or even when you are getting ready. **Sorting socks:**



image courtesy: pinterest.com Babies have [adorable colourful socks](#) so make use of it! Pull out a bunch of socks and separate the pairs. Now encourage your toddler to bring the pairs together. Don't expect any miracles but they will be considerably entertained by the colours and the sheer exercise of mixing patterns and holding two socks in their tiny little fingers. **You may also like:** [8 easy activities to help kids wind down after a long day](#)

In The Living Room:

This one is if you are desperately trying to watch your show and your toddler has woken up earlier than usual from his nap. Here is an easy-peasy activity you can set up. **Through the tube:**



image courtesy: maepensaemtudo.blogspot.com Tape an empty toilet roll or a kitchen tissue roll to the wall. Give them a box of small pipe cleaners, pom poms, or even in a pinch bottle caps. Keep a bucket or a vessel under the roll and watch them be completely engrossed in putting things through the tube and watching it fall into the bucket. I can't explain why, but they love it!

In The Car:

This is for when you are stuck in unending traffic jams and your toddler has already seen everything there is to see outside the window and has started getting restless. **Look through the bag:**



Image source: pinterest You know those strange little toys, mini figurines, old credit cards, and other knick knacks you have around the house? Here is when they all come in handy. I collect about 8-10 of these and put them in a drawstring pouch and just throw it in my bag. My odd accoutrement of things includes tiny toys you get from chocolates, a plastic baby figure from my baby shower cake (!), toy vegetables, a colourful bottle cap...you get the drift. When your child starts getting restless in the car, simply hand over this pouch and let them spend time simply looking through the pouch, picking out toys, and putting them back. Never leave home without this one. Also, your makeup pouch can be used for this activity in a pinch. **You may also like: [Busy bags you can make at home that will save you on your next trip!](#)**

In The Bathroom:

Need to use the bathroom and there is no one at home to take care of your toddler? Been there! **Push through:** I seat my child right outside the bathroom and give him toy cars and toy animals and ask him to push it to me under the door. Trust me when I say this, they love it when you talk to them from behind a door and they will keep pushing things to you and you can either just have them all in the bathroom and ask them to keep sending more or just push them back out and hear them squeal in delight! **Use the door for music:** Here is a bonus task! Give them ladles of different types - steel, wood, plastic and show them how to make music by banging on the door. When you hear the music stop, you know they are tired of the game and that is your signal to come on out of the bathroom! **You may also like:** [Apps to keep your toddler occupied when you need to take a bathroom break!](#) *Image source: [livestrong.com](#)* Don't forget to follow us on [Facebook](#), [Twitter](#), [Pinterest](#), [Soundcloud](#) & [Instagram](#) or subscribe to our [YoutubeChannel](#) for more information.

#ContestAlert: Here's How Being Messy Can Help Your Baby's Clothes!

At every stage, children explore and learn new things. Even the simplest of activity teaches them new things and helps develop their skills. That's great, isn't it? But not exactly! Every mom will tell you how each of her [child's activity](#) leaves a mess around in the house and a stain that's tough to remove on her child's favourite clothes! So, how exactly does one win the battle of stains? Simple. Johnson's has been coming up with innovations time and again to make the [lives of parents easier](#) and here is another step towards that. Watch this exclusive video to know more about Johnson's Baby Laundry Detergent and how it can make your baby's clothes stain free and guarantee you happier days. Excited about this? You could be one among the lucky few to win a year's supply of Johnson's Baby Laundry detergent! Participate in the "Make A Stainment" contest today! Here are the rules you need to be aware of to participate in this contest and click below to participate: Don't forget to follow us on [Facebook](#), [Twitter](#), [Pinterest](#), [Soundcloud](#) & [Instagram](#) or subscribe to our [YouTubeChannel](#) for more information.