

Treating depression



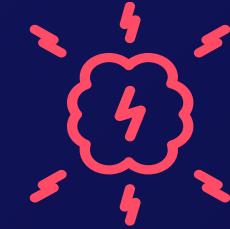
Medication

Anti-depressants could be used.
Take 2 ~ 4 weeks to work.
Should only be taken under prescription
of a health officer.
Patients taking medication should be
monitored closely.



Psychotherapy

Psychotherapy is teaching new ways of thinking and behaving. It aims at changing habits that may cause depression.



Brain stimulation therapy

Brain stimulation therapies involve activating or inhibiting the brain directly with electricity. The electricity can be given directly by electrodes implanted in the brain, or noninvasively through electrodes placed on the scalp.