#### **Cognitive Control**



#### Announcements

#### Midterm 1

- Tuesday, April 19th @ 9am
- Location: Braun Auditorium

#### **Review Session**

- Sunday, April 17th @ 5pm
- Location: 420-041
- Come prepared with questions
- Use Piazza to pose questions to the TAs btw now and the midterm review

T F Sperling's *partial report* procedure demonstrated that although attentional capacity, or information-processing capacity, is limited, visual sensory memory seems to contain all presented visual input.

As discussed in the textbook, in the Wisconsin Card sorting task, individuals with frontal lobe damage:

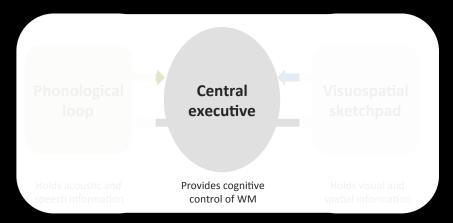
- a. Are unable to learn any rules by which to sort the cards.
- b. Are unable to shift to a new rule once an old rule becomes irrelevant.
- c. Are unable to keep track of how they sorted the cards on previous trials.
- d. A and C

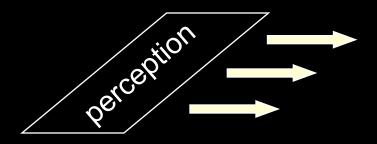
Define the *primacy effect* 

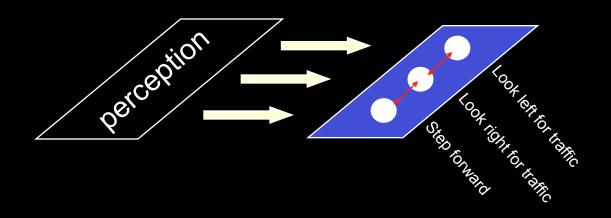
Describe the *Systems Hypothesis* and the *Emergent Hypothesis* of working memory, and state the main difference between these two accounts. In your answer, please discuss how each account conceives of the role of neural representations of perceptual information in working memory.

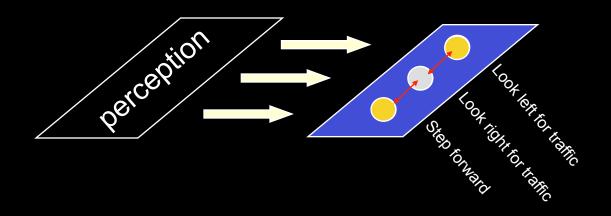
#### Outline

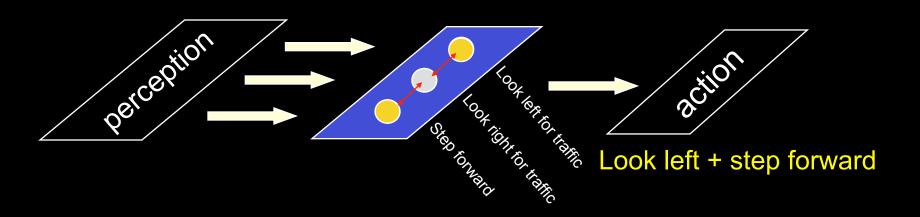
- Goal-directed (controlled) vs. Automatic Action
- What is Cognitive Control?
- Prefrontal Cortex and Cognitive Control
- Single vs. Multi-Process Theories of Control
- What Regulates Cognitive Control?

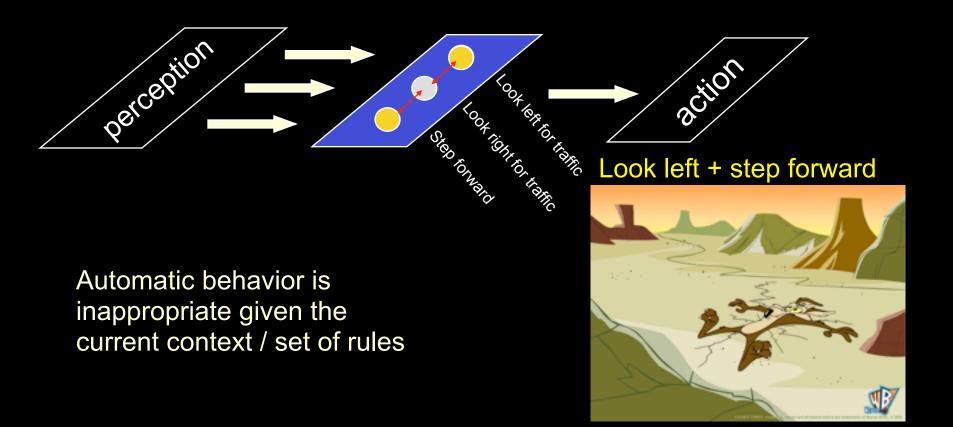












# The Need for Cognitive Control: The Stroop Effect

Name the color of the print

RED

**GREEN** 

**BLUE** 

RED

**GREEN** 

**RED** 

**BLUE** 

(Stroop, 1935)

## The Need for Cognitive Control: The Stroop Effect

Name the color of the print

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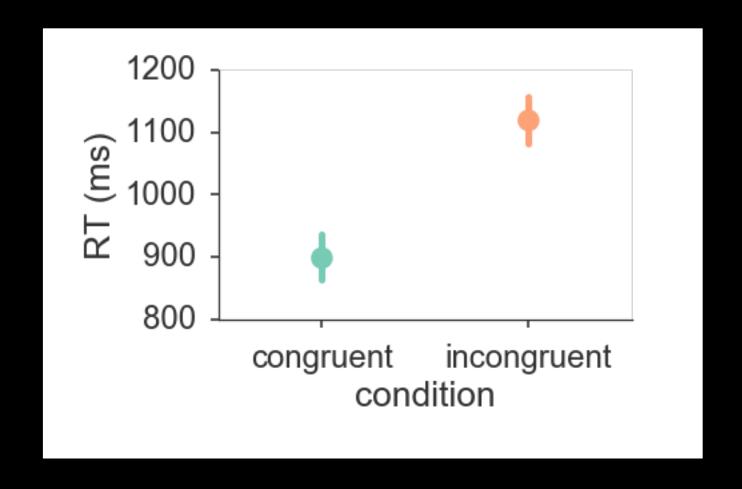
**GREEN** 

RED

**BLUE** 

(Stroop, 1935)

#### The Need for Cognitive Control: The Stroop Effect in Psych 45



Automatic behavior is inappropriate given the current task goal / rules

#### Other Real-World 'Stroop Effects'

- in a country that drives on the left side of the road. crossing the street.
- mobile apps not well designed: 'go' button colored red
- saying 'excuse me' in English in a country that speaks a different language, even when know the term in the other language
- taking a regular driving route when goal requires a novel route
- introductory improvisational theater, and in creating stories and scenes we have to practice naming things that aren't really there and imagining them. One exercise we do in the class is having students walk around the room, pointing at objects and boldly saying what they are: "Backpack! Ceiling fan! Wall!" Then we practice going around and pointing at objects and saying anything except what they are: "Backpack!" (to the floor), "trombone!" (to the window), "Edgar Allan Poe!" (to a water bottle). It's extremely difficult to do. Even though the task seems fairly easy based on its description, the act of looking at and pointing at an object makes it easy to err and call it what it actually is.

#### Supervisory Attentional System

(Norman & Shallice, 1980)

Two forms of processing: automatic & controlled (willed) action



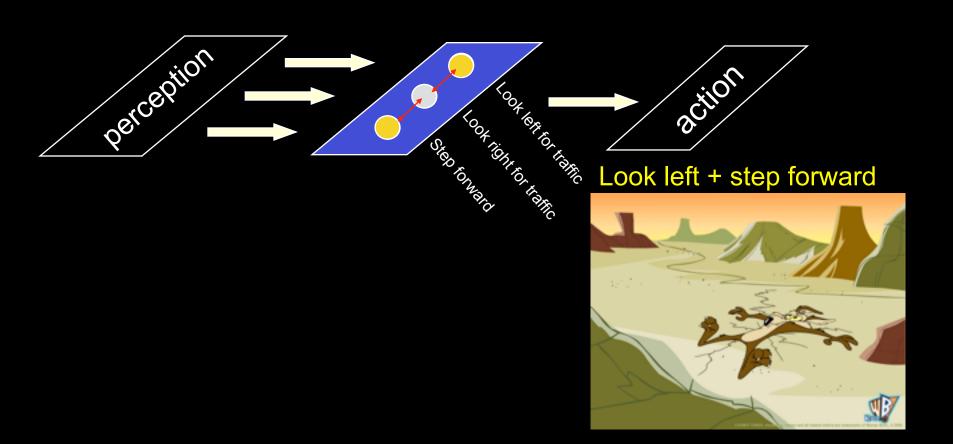
#### Automatic action

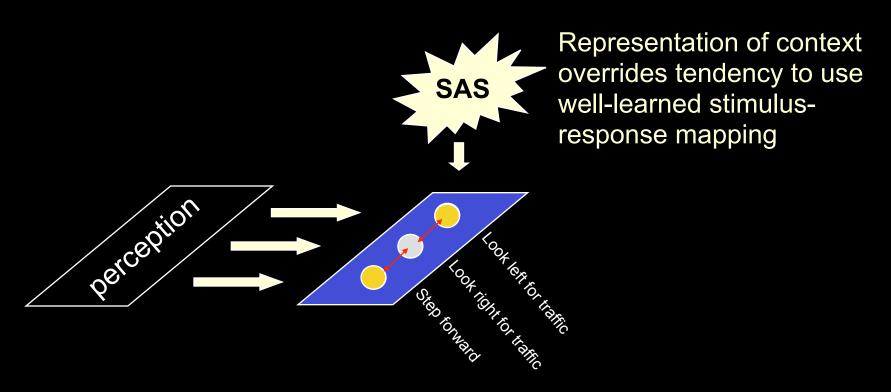
- triggered by stimuli and situational cues (e.g., Stimulus-Response Habits)
- by convention: automatic processes do not interfere with other concurrent activities

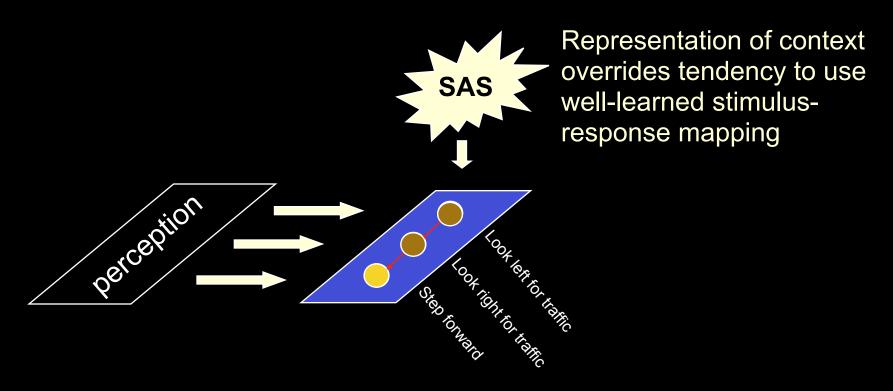
#### Supervisory Attentional System

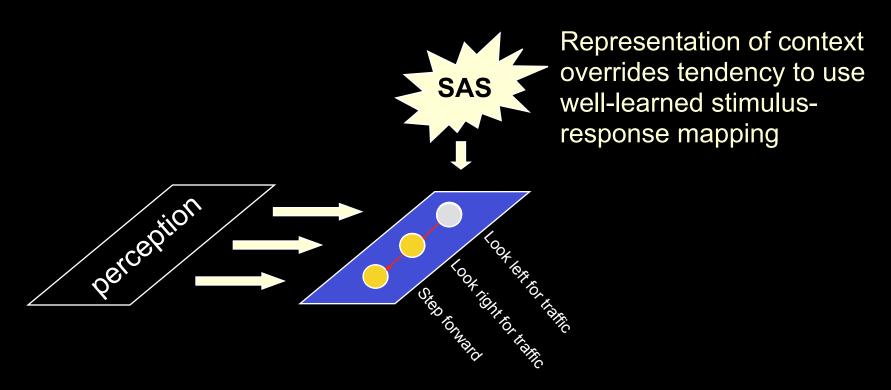
(Norman & Shallice, 1980)

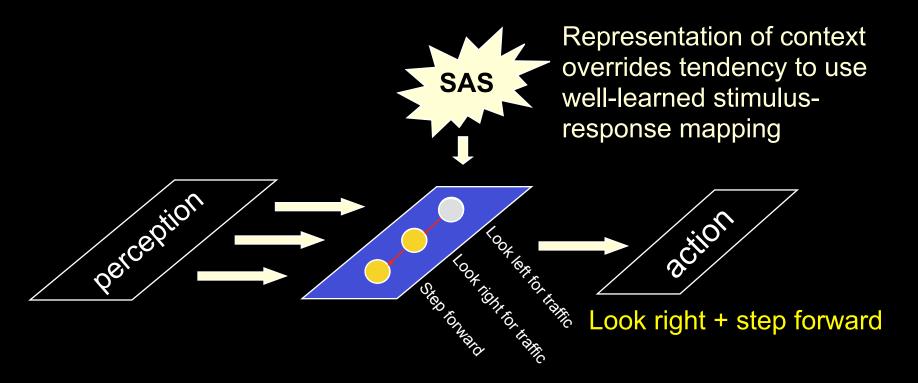
- Two forms of processing: automatic & controlled (willed) action
- Controlled action SAS / Cognitive Control
  - modifies behavior when automatic responses are inappropriate
  - inhibits automatic routines in favor of more appropriate behavior
  - biases the prioritization of cues

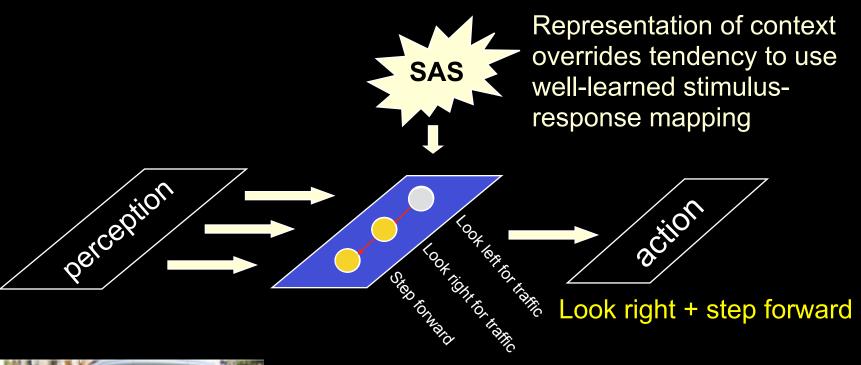








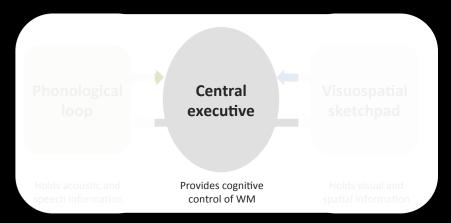






#### **Outline**

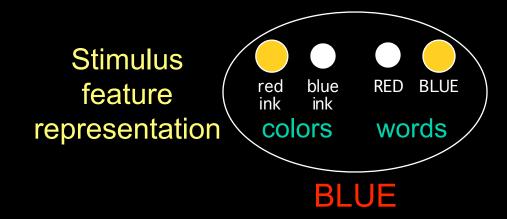
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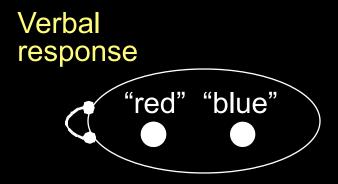


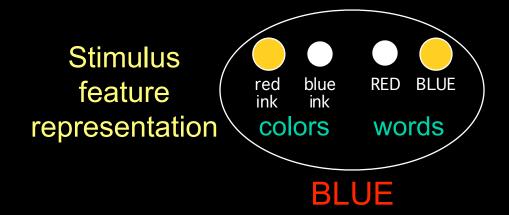
#### Cognitive Control / Executive Function

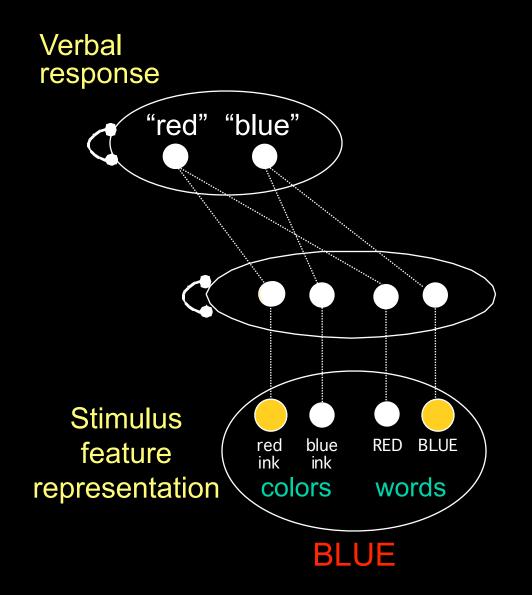
Processes that flexibly shape and constrain our thoughts, memories, and actions in view of our **goals** and the current **context** 

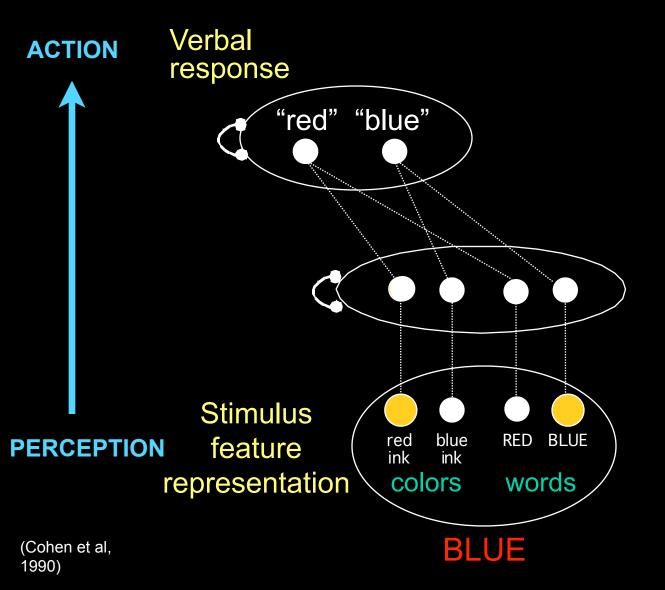
- Putative cognitive control functions include
  - Inhibition of automatic or prepotent responses
  - Selection of relevant representations / responses
  - Shifting of attention
  - Updating & monitoring of working memory

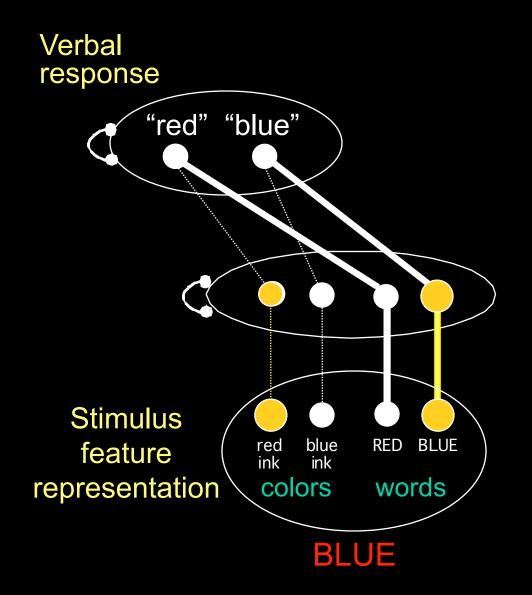


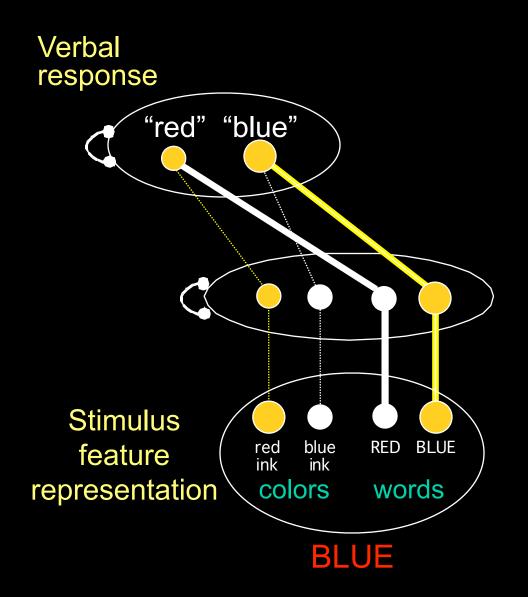


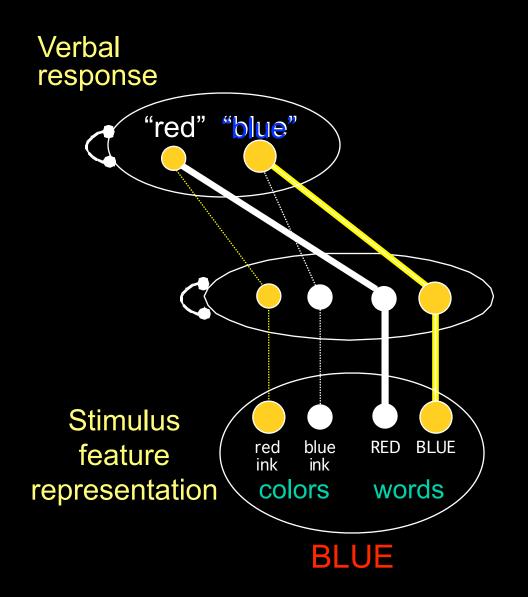


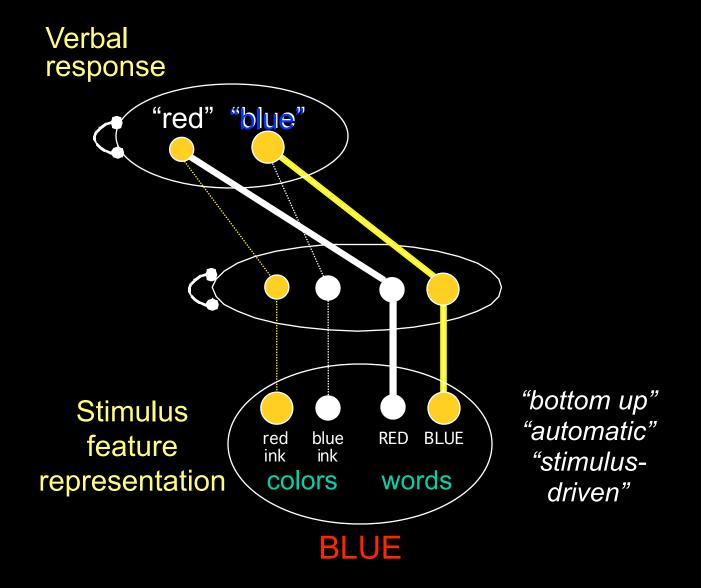


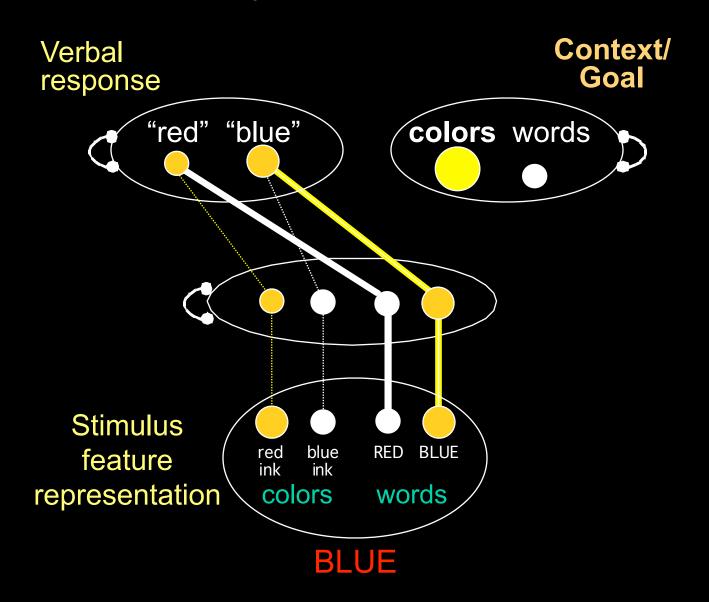






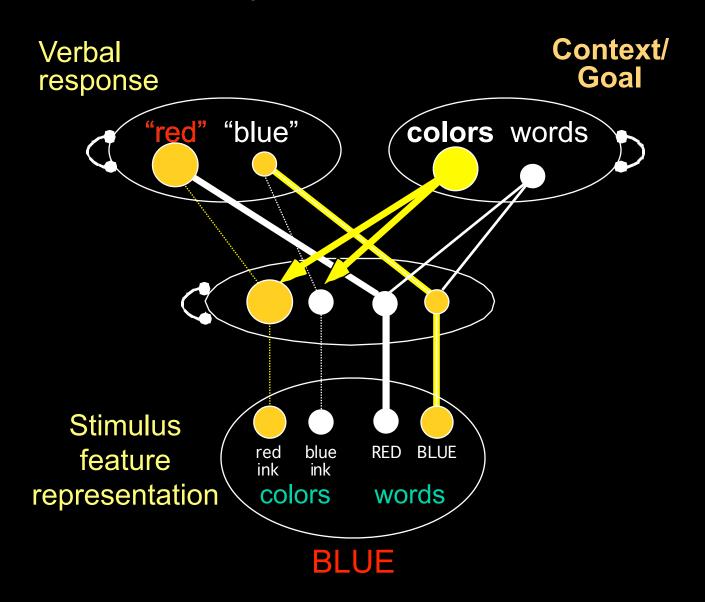


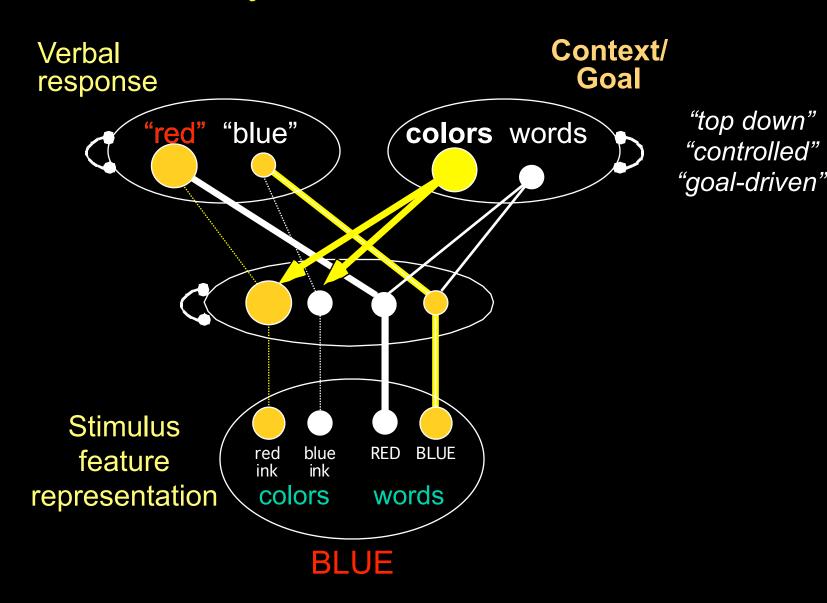




(Cohen et al,

1990)





(Cohen et al, 1990)

#### **Automatic and Controlled Processing**

#### **Automatic**

rapid

obligatory / does not require conscious effort

recovers task relevant or irrelevant knowledge

#### Controlled

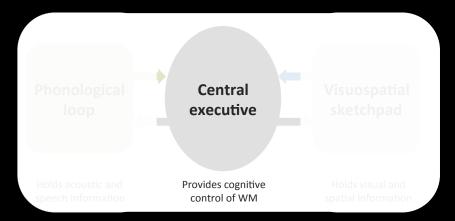
slower

effortful / not obligatory

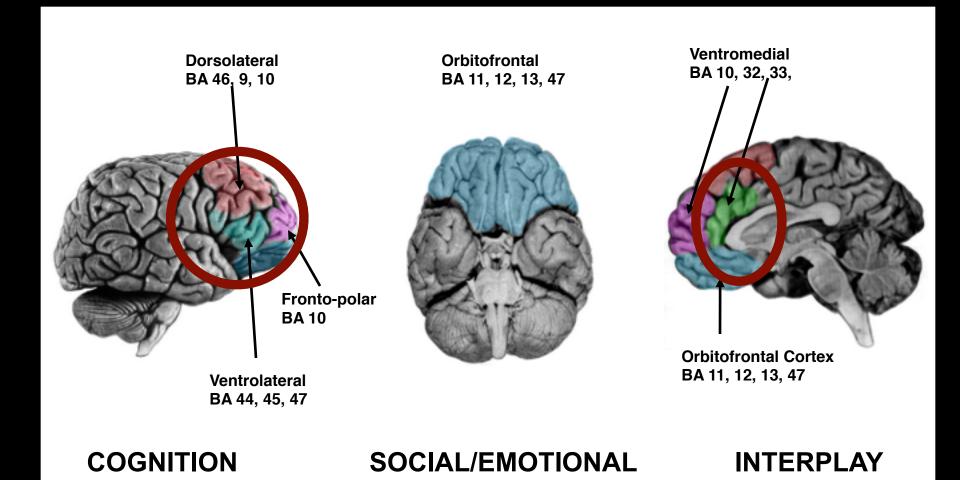
recovers relevant knowledge even in the face of competition

#### **Outline**

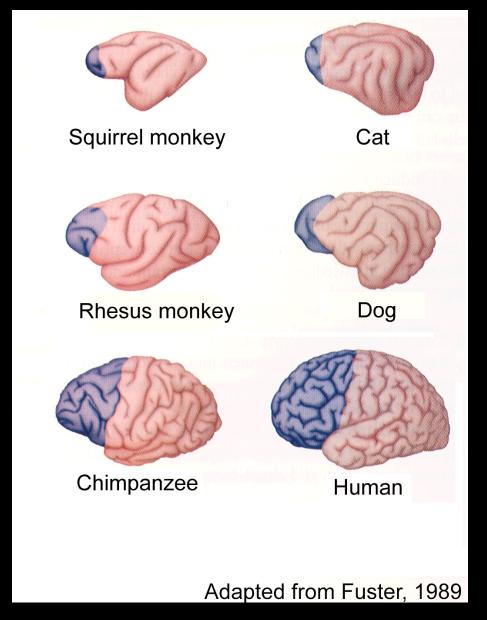
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#### FRONTAL SUBDIVISIONS

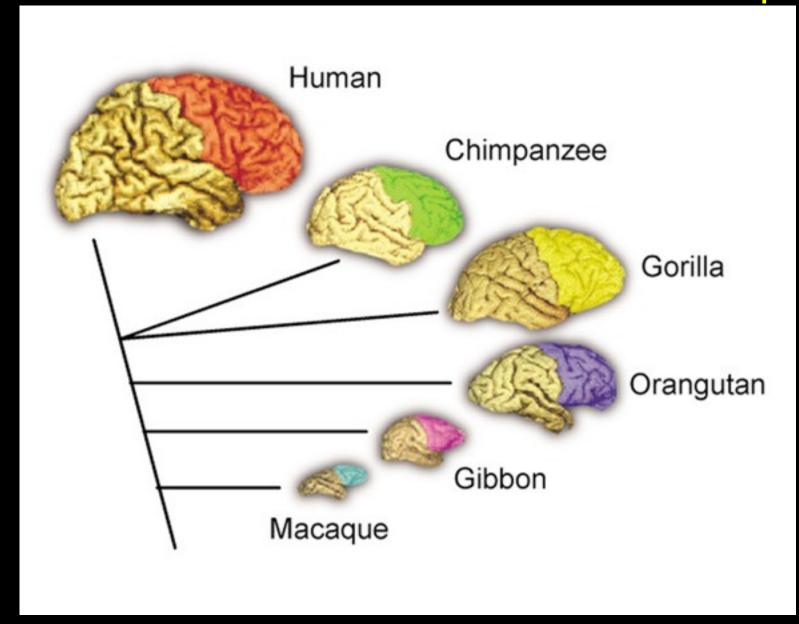


### Neurobiology of Cognitive Control: PFC



Long-held dogma:
PFC is
proportionally
larger in humans
than other primates

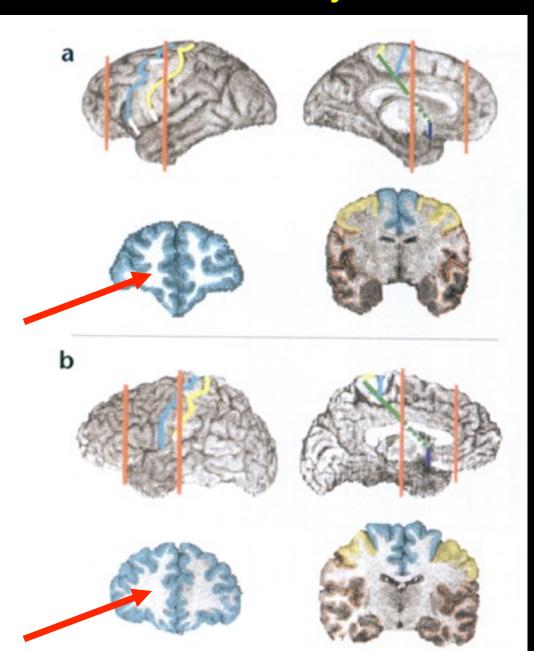
#### True Frontal Lobe Size in Humans and Apes



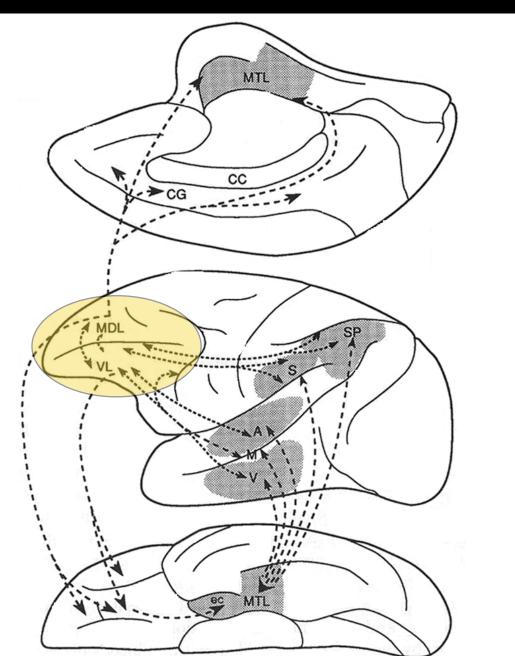
## Increased PFC Connectivity in Humans

Chimpanzee

Human

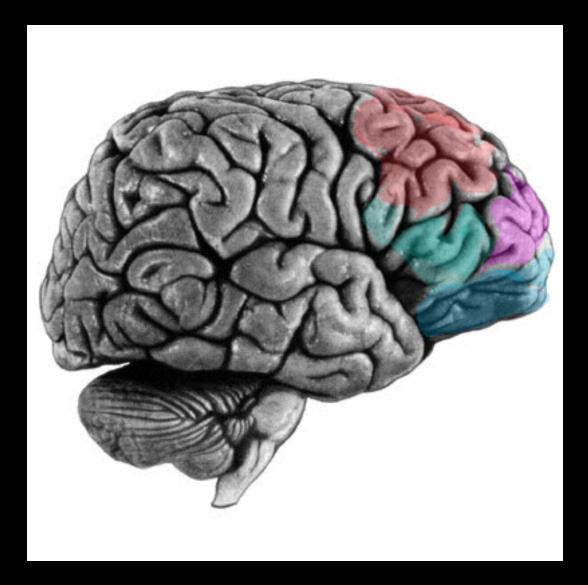


### Prefrontal – Posterior Cortical Circuits



MDL = Dorsolateral PFC
VL = Ventrolateral PFC

## Cognitive Control and Lateral Prefrontal Cortex



# Lateral PFC Lesions: Deficits in Cognitive Control

#### **Reactive Control**

- increased distractibility (reminder: Jacobson lesion study)
- utilization / imitation behavior
- perseverative thoughts, response tendencies
- inability to inhibit inappropriate responses

#### **Utilization Behavior**

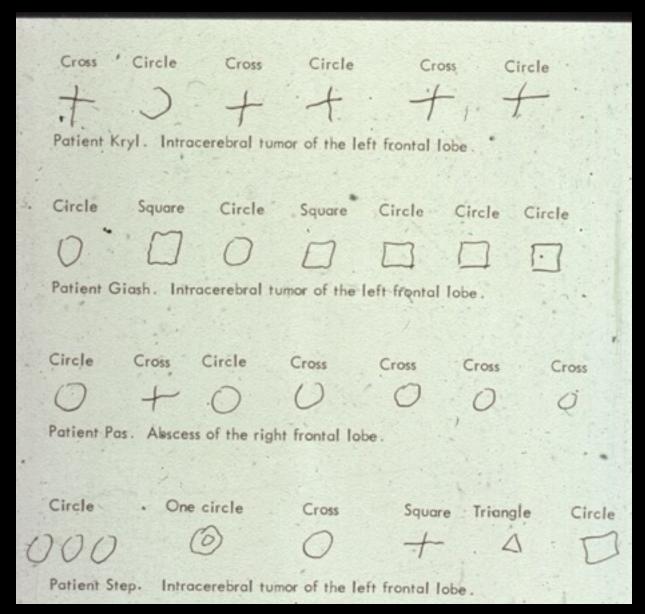


#### **Imitation Behavior**



(Lhermitte, 1983; 1986)

#### **Perseveration**



# Lateral PFC Lesions: Deficits in Cognitive Control Reactive Control

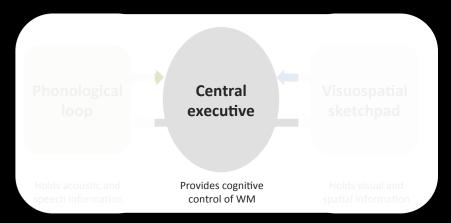
- increased distractibility
- utilization / imitation behavior
- perseverative thoughts, response tendencies
- inability to inhibit inappropriate responses

#### **Proactive Control**

- inability to maintain information in the face of interference
- difficulty planning ahead, strategizing
- inactivity / initiation difficulties
- reliance on external cues to initiate behavior

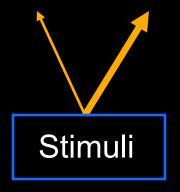
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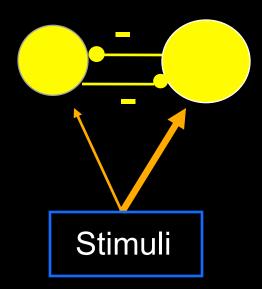


## Single or Multiple Process Theories of Cognitive Control

- Biased–Competition Theory (single form of control)
- Multi-Process Theories



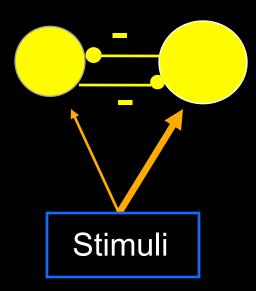
Representations

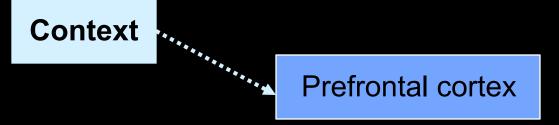


Prefrontal cortex

Top-down process:
 Goal-directed attention to relevant input / representations

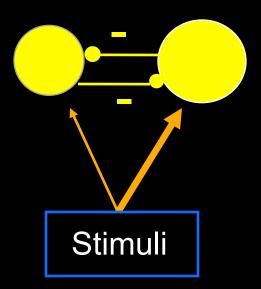
Representations

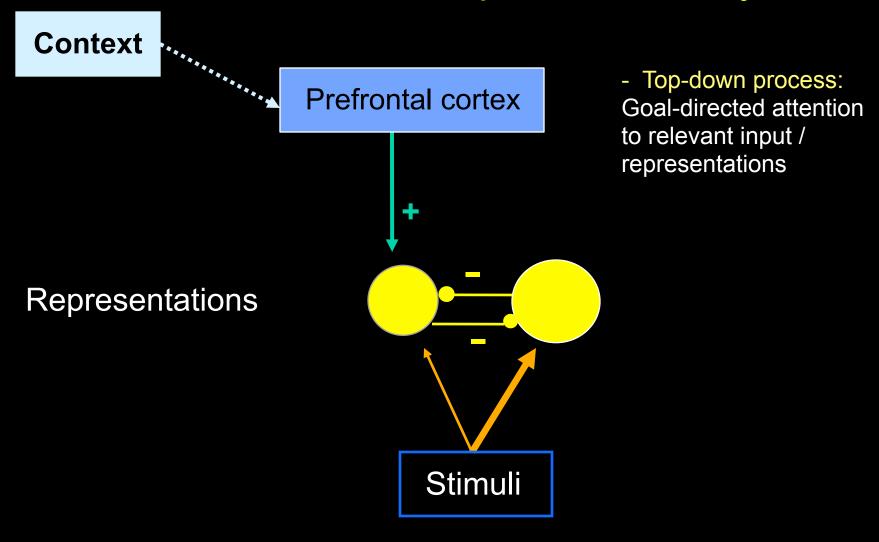


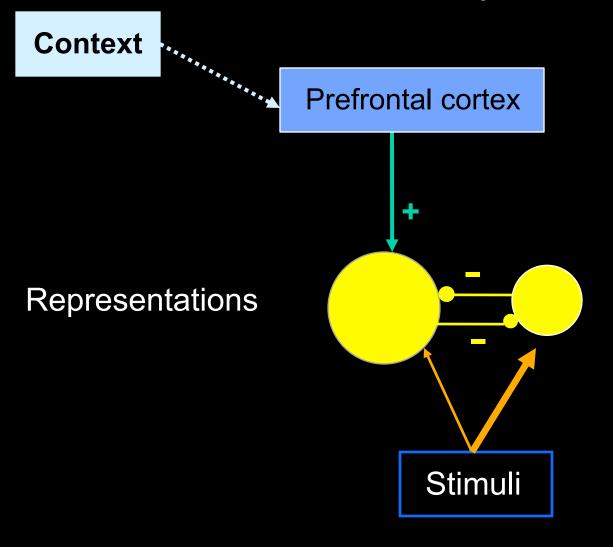


- Top-down process: Goal-directed attention to relevant input / representations

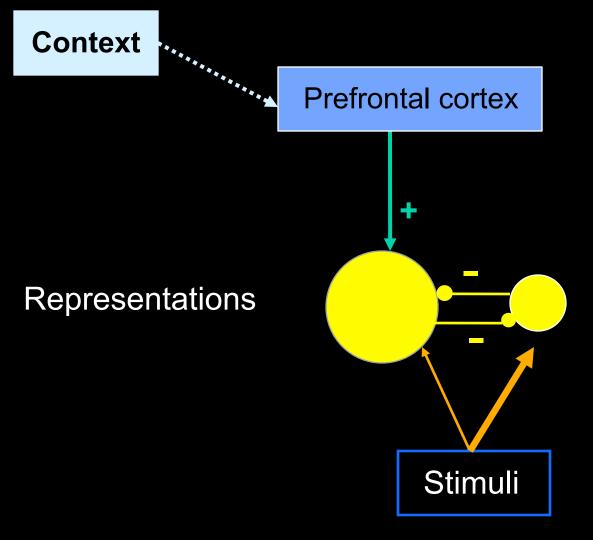
Representations





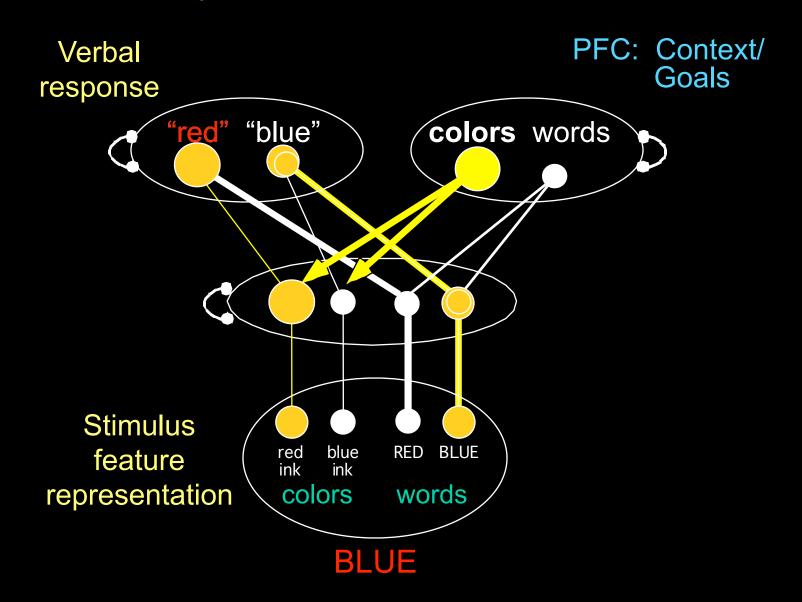


Top-down processes:
 Goal-directed attention to relevant input / representations



- Top-down processes: Goal-directed attention to relevant input / representations
  - Indirect Inhibition:
    Competition in
    representational cortex
    results in inhibition of
    irrelevant
    representations with
    relevant representations
    are attended / selected

## Cognitive Control: Selection (& Indirect Inhibition) in the Face of Competition



## Single or Multiple Process Theories of Cognitive Control

- Biased–Competition Theory (single form of control)
- Multi-Process Theories

#### **CEO or Executive Committee?**

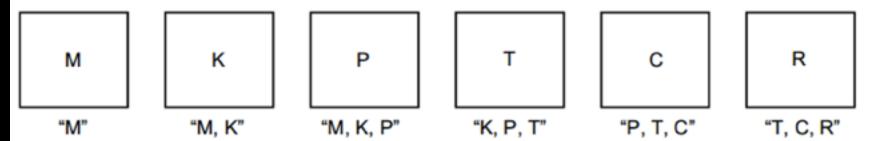
"Whether we will . . . be left with a single coordinated system that serves multiple functions, a true executive, or a cluster of largely autonomous control processes — an executive committee — remains to be seen."

Baddeley (1996) Exploring the central executive. *The Quarterly Journal of Experimental Psychology, 49A,* 5-28.

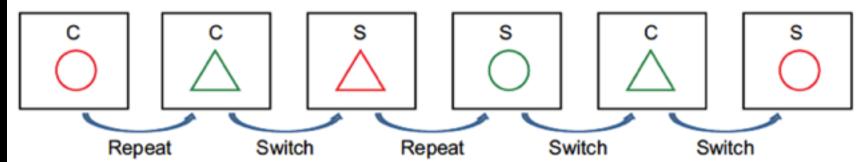
#### Multiple Cognitive Control Tasks

(Miyake & Friedman, 2012)

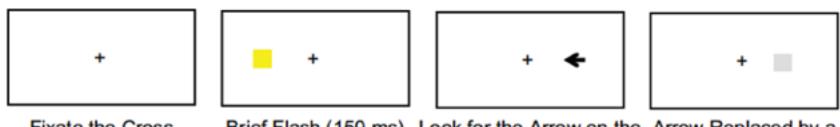
#### Updating: Letter Memory Task (Always Remember the Last 3 Letters)



#### Shifting: Color-Shape Task (Classify Each Target by Color [C] or by Shape [S])



Inhibition: Antisaccade Task (Report the Arrow Direction Presented on the Nonflashed Side)



Fixate the Cross Brief Flash (150 ms) Look for the Arrow on the Arrow Replaced by a Opposite Side (175 ms) Mask

# Architecture of Cognitive Control: Unity and Diversity

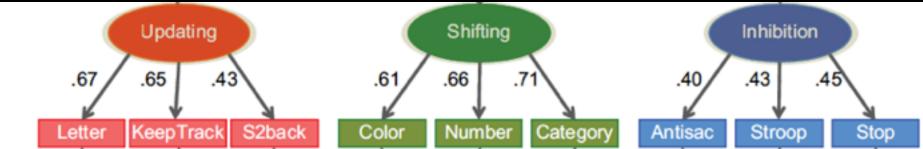
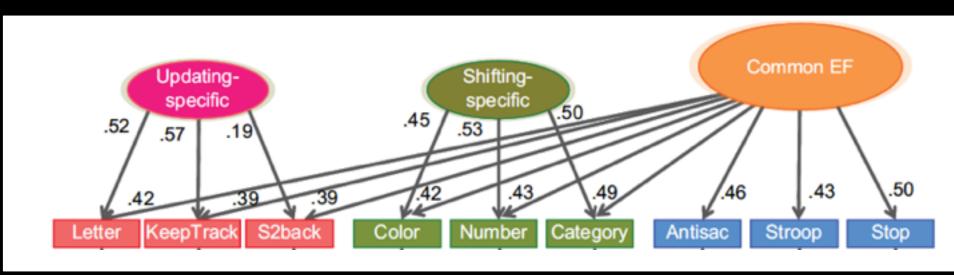
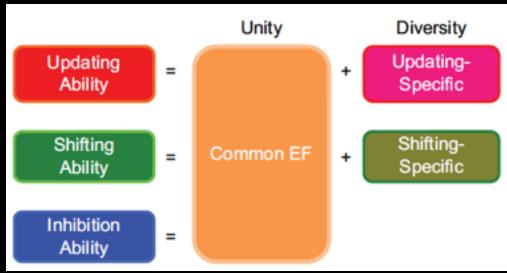


Fig. 2. Two complementary ways of representing the unity and diversity of executive functions (EFs), adapted from the confirmatory factor analysis results reported in Friedman et al. (2011; task names are abbreviated). Numbers on arrows are standardized factor loadings (values from -1 to 1 that indicate the extent to which the individual tasks are predicted by the latent variable), and those under

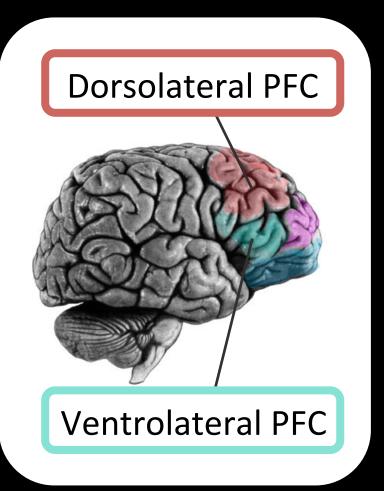
# Architecture of Cognitive Control: Unity and Diversity





#### Two-Stage Model of PFC

(Petrides; Smith and Jonides)



#### Ventrolateral PFC (VLPFC)

- First level of control
- Interacts with posterior cortical regions to select & maintain information in WM and to inhibit irrelevant information

#### Dorsolateral PFC (DLPFC)

- Second level of control
- Monitors, updates, and manipulates information in WM

#### Two-Stage Model of PFC

(Petrides; Smith and Jonides)

#### **Primates with lesions to DLPFC**

- Perform normally on tasks requiring simple maintenance
- Are impaired on tasks requiring monitoring/updating/manipulation

## Delayed non-match to sample (simple maintenance)



Monkey moves sample object for reward.

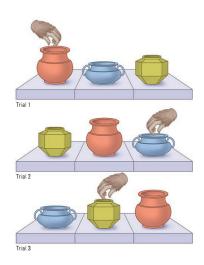


Screen obscures monkey's view during delay.



Monkey chooses novel nonmatch object.

## Self-ordered memory task (updating, planning)

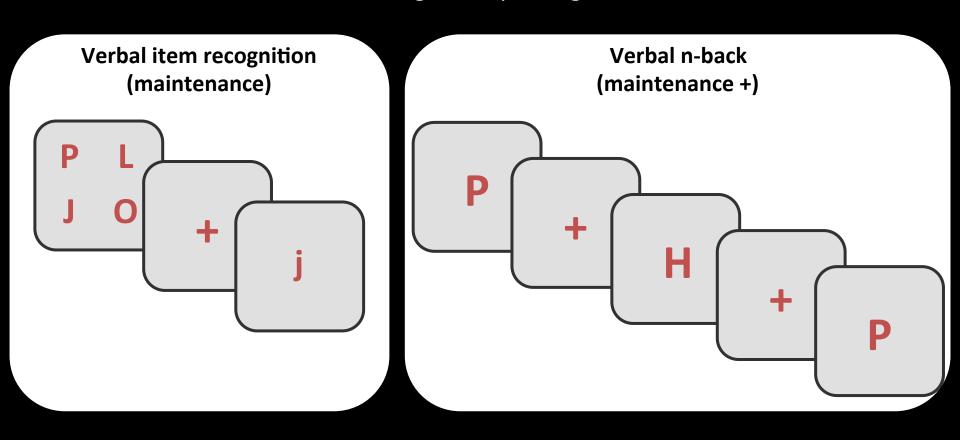


#### Two-Stage Model of PFC

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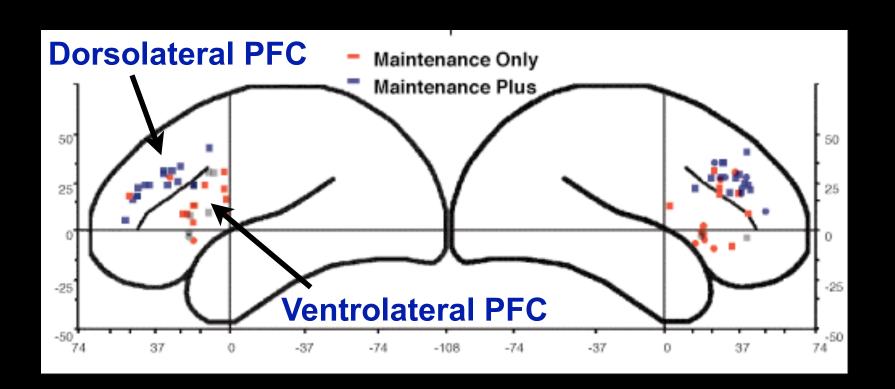
#### Human neuroimaging data comparing PFC activity for two tasks

- Maintenance only
- Maintenance, monitoring, and updating



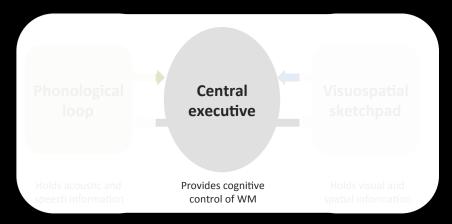
## **Functional Neuroimaging Evidence**

(D'Esposito et al., 1998)



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### Regulating Cognitive Control

- How do you alter the degree of control?
  - You pay closer attention to the road if you're driving while it's raining as compared to while it's sunny.



- You pay even closer attention if it's raining and dark out, than if it's raining but light out.



### Regulating Cognitive Control

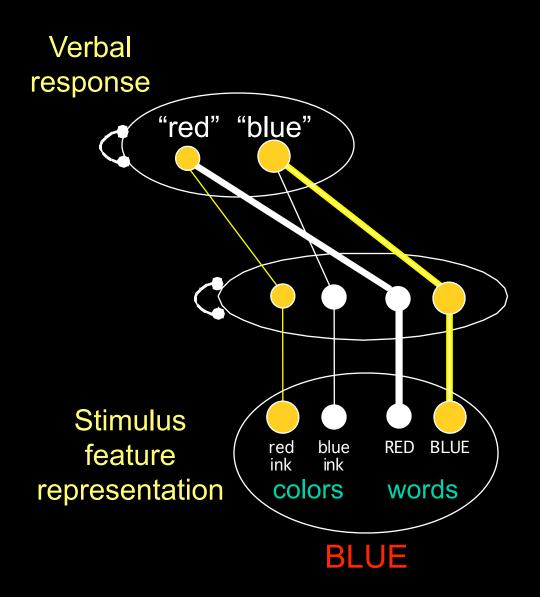
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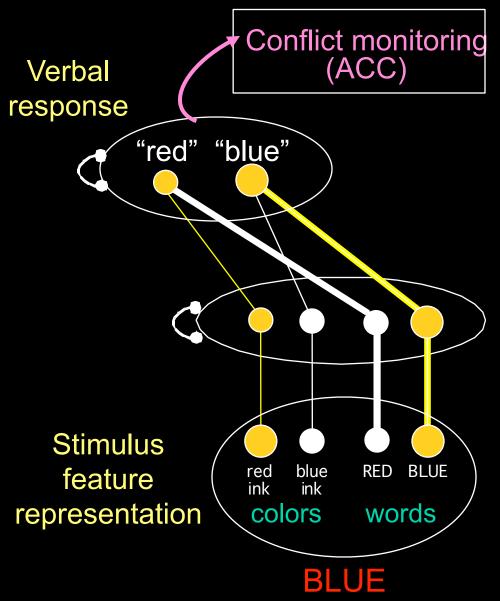


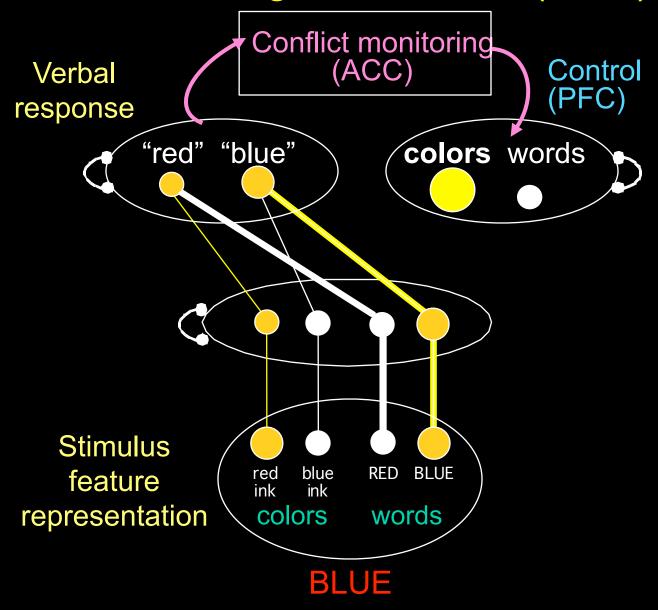
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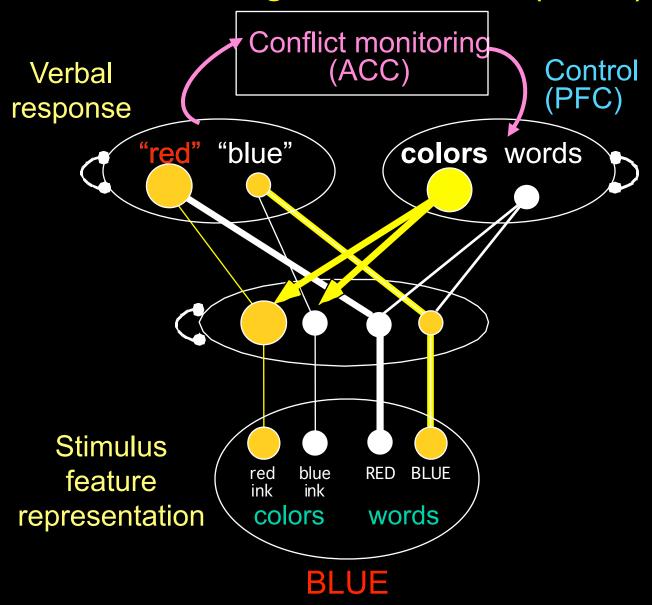


Need a mechanism that detects the need for control









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