```
1
     /*
 2
 3
     PHD PROJECT: The role of depressive symptoms and cardiometabolic risk factors in the prediction
     of dementia: a cross-country comparison in England, the United States and China
     STUDY 2: Mediating effects of depressive symptoms and cardiometabolic health on dementia
 5
     development
 6
 7
     Method of analysis:
8
     Path Analysis (SEM)
9
10
11
     MODEL
12
13
     T1: EXPOSURE: DEPRESSIVE SYMPTOMS WV2 (BASELINE, 2008)
                   CARDIOMETABOLIC RISK WV2 (BASELINE, 2008)
14
15
     T2: MEDIATOR: DEPRESSIVE SYMPTOMS WV4 (2010)
16
                   CARDIOMETABOLIC RISK: WV4 (2008)
17
     T3: OUTCOME: DEMENTIA WV6 (2012)
18
     COVARIATES ADJUSTMENT FOR PATH MODELS: WV8
19
20
21
     */
22
23
24
25
26
     * KEEP NECESSARY VARIABLES
27
     keep HHID PN RAHHIDPN HHIDPN ///
28
29
     H_sex H_age H_eduaction_yrs H_eduaction H_maritalstatus_4cat H_wealthquintiles ///
     H_ethnicity H_hispanic_ethnicity ///
30
31
     H_smoking_2cat H_smoking_3cat H_physicalactivity H_alcohol_freq H_alcohol_status ///
32
     H_cvd_comorbidity Hwv8_cognition Hwv8_memory Hwv8_loneliness_quintiles ///
33
     Hwv8_cesd_depressed Hwv8_cesd_effort Hwv8_cesd_sleep ///
34
     Hwv8_cesd_happy Hwv8_cesd_lonely Hwv8_cesd_enlife Hwv8_cesd_sad ///
35
     Hwv8_cesd_going Hwv8_cesd_score Hwv8_depressive_symptoms ///
36
     Hwv10_cesd_depressed Hwv10_cesd_effort Hwv10_cesd_sleep ///
37
     Hwv10_cesd_happy Hwv10_cesd_lonely Hwv10_cesd_enlife ///
38
     Hwv10_cesd_sad Hwv10_cesd_going Hwv10_cesd_score Hwv10_depressive_symptoms ///
39
     Hwv9_cesd_score Hwv9_depressive_symptoms ///
40
     Hwv11_cesd_score Hwv11_depressive_symptoms ///
     Hwv12 cesd score Hwv12 depressive symptoms ///
41
42
     Hwv13_cesd_score Hwv13_depressive_symptoms ///
     Hwv14_cesd_sumscore Hwv14_depressive_symptoms ///
43
44
     Hwv8_crp_level Hwv8_crp Hwv8_hdl_level Hwv8_hdl ///
45
     Hwv8_waist Hwv8_obesity_waist ///
46
     Hwv8_bmi_score Hwv8_obesity ///
47
     Hwv8_systolic_mean Hwv8_diastolic_mean Hwv8_systolic_bp Hwv8_diastolic_bp Hwv8_bp ///
48
     Hwv8_diabetes_reportevr Hwv8_HbA1c_level Hwv8_HbA1c Hwv8_glycemia ///
49
     Hwv10_crp_level Hwv10_crp Hwv10_hdl_level Hwv10_hdl ///
50
     Hwv10_waist Hwv10_obesity_waist Hwv10_bmi_score ///
51
     Hwv10_obesity Hwv10_systolic_mean Hwv10_diastolic_mean ///
52
     Hwv10_systolic_bp Hwv10_diastolic_bp Hwv10_bp ///
53
     Hwv10_diabetes_reportevr Hwv10_HbA1c_level Hwv10_HbA1c Hwv10_glycemia ///
54
     Hwv8_memory_report Hwv9_memory_report Hwv10_anydementia_report ///
55
     Hwv11 anydementia report Hwv12 anydementia report ///
56
     Hwv13_anydementia_report Hwv14_anydementia_report ///
57
     Hwv8_interview_date Hwv9_interview_date Hwv10_interview_date ///
58
     Hwv11_interview_date Hwv12_interview_date Hwv13_interview_date Hwv14_interview_date ///
59
     Hwv9to14_dementia_sum Hwv9to14_dementia_event ///
     Hwv9to14 newdementia or lastinte Hwv9to14 dementia free date H time dementia months ///
60
     H_time_dementia_midpoint H_time_dementia_midpoint_final H_time_of_event_dementia ///
61
62
     Hwv12to14_dementia_sum Hwv12to14_dementia_event Hwv12_anydementia_report ///
63
     Hwv12to14_newdementia_or_lastint Hwv12to14_time_dementia_months ///
64
     Hwv12to14_dementia_free_date Hwv12to14_time_dementia_midpoint ///
65
     Hwv12to14_time_dementia_midpoin0 Hwv12to14_time_of_event_dementia
66
```

```
s2 hrs mediation 20220701.do - Printed on 17/12/2023 13:19:16
  67
  68
  69
  70
  71
  72
        /* Prepare variables for SEM dataset
  73
  74
        Binary variables of depressive symptoms and binary and continious cardiometabolic markers at wave
        8 and 10
  75
  76
        EXPOSURE
  77
  78
       DEPRESSION T1
  79
  80
        Hwv8 cesd depressed Hwv8 cesd effort Hwv8 cesd sleep Hwv8 cesd happy Hwv8 cesd lonely
        Hwv8 cesd enlife Hwv8 cesd sad Hwv8 cesd going
  81
  82
        ** Hwv8_cesd_happy Hwv8_cesd_enlife are already reverse coded (0= yes 1=no)
  83
  84
        CARDIO HEALTH T1
  85
  86
        CRP: Hwv8_crp_level Hwv8_crp
  87
  88
        HDL cholesterol: Hwv8_hdl_level Hwv8_hdl
  89
        Obesity by waist cir: Hwv8_waist Hwv8_obesity_waist
  90
        SBP: Hwv8_systolic_mean Hwv8_systolic_bp
  91
        DBP: Hwv8_diastolic_mean Hwv8_systolic_bp
  92
        Diabetes: Hwv8_diabetes_reportevr
  93
        HbA1c: Hwv8_HbA1c_level Hwv8_HbA1c
  94
  95
       MEDIATORS
  96
  97
       DEPRESSION T2
  98
        Hwv10_cesd_depressed Hwv10_cesd_effort Hwv10_cesd_sleep Hwv10_cesd_happy Hwv10_cesd_lonely
  99
        Hwv10 cesd enlife Hwv10 cesd sad Hwv10 cesd going
 100
 101
        ** Hwv10_cesd_happy Hwv10_cesd_enlife are already reverse coded (0= yes 1=no)
 102
 103
 104
       CARDIO HEALTH T2
 105
        CRP: Hwv10_crp_level Hwv10_crp
 106
       HDL cholesterol: Hwv10_hdl_level Hwv10_hdl
 107
        Obesity by waist cir: Hwv10_waist Hwv10_obesity_waist
 108
        SBP: Hwv10_systolic_mean Hwv10_systolic_bp
 109
        DBP: Hwv10_diastolic_mean Hwv10_diastolic_bp
 110
        Diabetes: Hwv10_diabetes_reportevr
 111
 112
        HbA1c: Hwv10 HbA1c level Hwv10 HbA1c
 113
 114
 115
        OUTCOME
 116
 117
        Dementia incidence: Hwv12_anydementia_report (binary)
 118
 119
 120
        */
 121
 122
 123
 124
 125
 126
 127
 128
 129
 130
        *** Descriptive stats of Exposure, Mediator and Outcome at time 1 (wave 8 baseline)
 131
```

```
132
      * depression
133
134
      tabulate Hwv8_depressive_symptoms
135
136
      summarize Hwv8_depressive_symptoms
137
138
      misstable summarize Hwv8_depressive_symptoms
139
      misstable patterns Hwv8_depressive_symptoms
140
141
      *crp (invalid cases > 100)
142
143
      tabulate Hwv8_crp_level
144
      summarize Hwv8_crp_level, detail
      histogram Hwv8_crp_level, discrete frequency normal
145
146
      sktest Hwv8 crp level
147
148
      misstable summarize Hwv8 crp level
149
      misstable patterns Hwv8_crp_level
150
151
      tabulate Hwv8_crp
152
      summarize Hwv8_crp
153
154
      misstable summarize Hwv8_crp
155
      misstable patterns Hwv8_crp
156
157
158
      *hdl
159
160
      tabulate Hwv8_hdl_level
      summarize Hwv8 hdl level, detail
161
      histogram Hwv8_hdl_level, discrete frequency normal
162
      sktest Hwv8_hdl_level
163
164
165
      misstable summarize Hwv8_hdl_level
166
      misstable patterns Hwv8_hdl_level
167
168
169
      tabulate Hwv8 hdl
170
      summarize Hwv8_hdl
171
172
      misstable summarize Hwv8_hdl
173
      misstable patterns Hwv8_hdl
174
175
176
      *obesity waist (invalid > 130)
177
178
179
      tabulate Hwv8_waist
180
      summarize Hwv8_waist, detail
181
      histogram Hwv8_waist, discrete frequency normal
182
      sktest Hwv8_waist
183
184
185
      misstable summarize Hwv8_waist
186
      misstable patterns Hwv8_waist
187
188
      tabulate Hwv8_obesity_waist
189
      summarize Hwv8_obesity_waist
190
191
      misstable summarize Hwv8_obesity_waist
192
      misstable patterns Hwv8_obesity_waist
193
194
195
      *sbp (invalid > 300)
196
197
      tabulate Hwv8_systolic_mean
198
      summarize Hwv8_systolic_mean, detail
199
      histogram Hwv8_systolic_mean, discrete frequency normal
```

```
200
      sktest Hwv8_systolic_mean
201
202
203
      misstable summarize Hwv8_systolic_mean
204
      misstable patterns Hwv8_systolic_mean
205
206
207
      tabulate Hwv8_systolic_bp
208
      summarize Hwv8_systolic_bp
209
210
      misstable summarize Hwv8_systolic_bp
211
      misstable patterns Hwv8_systolic_bp
212
213
214
215
      *dbp (invalid > 300)
216
217
218
      tabulate Hwv8_diastolic_mean
219
      summarize Hwv8_diastolic_mean, detail
220
      histogram Hwv8_diastolic_mean, discrete frequency normal
221
      sktest Hwv8_diastolic_mean
222
223
      misstable summarize Hwv8_diastolic_mean
224
      misstable patterns Hwv8_diastolic_mean
225
      tabulate Hwv8_diastolic_bp
226
227
      summarize Hwv8_diastolic_bp
228
229
      misstable summarize Hwv8 diastolic bp
230
      misstable patterns Hwv8_diastolic_bp
231
232
233
      * diabetes (cannot be measured in z-scores)
234
235
      tabulate Hwv8 diabetes reportevr
236
      summarize Hwv8_diabetes_reportevr
237
238
      misstable summarize Hwv8_diabetes_reportevr
239
      misstable patterns Hwv8_diabetes_reportevr
240
241
242
      * HbA1c
243
244
      tabulate Hwv8 HbA1c level
      summarize Hwv8_HbA1c_level, detail
245
      histogram Hwv8_HbA1c_level, discrete frequency normal
246
247
      sktest Hwv8_HbA1c_level
248
249
      misstable summarize Hwv8 HbA1c level
250
251
      misstable patterns Hwv8_HbA1c_level
252
253
254
      tabulate Hwv8_HbA1c
255
      summarize Hwv8_HbA1c
256
257
      misstable summarize Hwv8_HbA1c
258
      misstable patterns Hwv8_HbA1c
259
260
261
262
      * dementia wave 8
263
264
      tabulate Hwv8_memory_report
265
      summarize Hwv8_memory_report
266
267
      misstable summarize Hwv8_memory_report
```

```
268
      misstable patterns Hwv8_memory_report
269
270
271
272
273
274
275
      *** Descriptive stats of Exposure, Mediator and Outcome at time 2 (wave 10)
276
277
      *depression
278
279
      tabulate Hwv10_depressive_symptoms
      summarize Hwv10_depressive_symptoms
280
281
282
      misstable summarize Hwv10 depressive symptoms
283
      misstable patterns Hwv10_depressive_symptoms
284
      *crp (invalid cases >100)
285
286
287
      tabulate Hwv10_crp_level
      summarize Hwv10_crp_level, detail
288
      histogram Hwv10_crp_level, discrete frequency normal
289
290
      sktest Hwv10_crp_level
291
292
      misstable summarize Hwv10_crp_level
293
      misstable patterns Hwv10_crp_level
294
295
      tabulate Hwv10_crp
296
      summarize Hwv10_crp
297
298
      misstable summarize Hwv10 crp
299
      misstable patterns Hwv10_crp
300
301
302
      *hdl
303
304
      tabulate Hwv10_hdl_level
305
      summarize Hwv10_hdl_level, detail
306
      histogram Hwv10_hdl_level, discrete frequency normal
307
      sktest Hwv10_hdl_level
308
309
      misstable summarize Hwv10_hdl_level
      misstable patterns Hwv10_hdl_level
310
311
312
313
      tabulate Hwv10_hdl
314
      summarize Hwv10_hdl
315
316
      misstable summarize Hwv10 hdl
317
      misstable patterns Hwv10_hdl
318
319
320
      *obesity waist (invalid > 130)
321
322
323
      tabulate Hwv10_waist
324
      summarize Hwv10_waist, detail
325
      histogram Hwv10_waist, discrete frequency normal
326
      sktest Hwv10_waist
327
328
329
      misstable summarize Hwv10 waist
330
      misstable patterns Hwv10_waist
331
332
      tabulate Hwv10_obesity_waist
333
      summarize Hwv10_obesity_waist
334
335
      misstable summarize Hwv10_obesity_waist
```

```
336
      misstable patterns Hwv10_obesity_waist
337
338
339
      *sbp (invalid > 300)
340
341
      tabulate Hwv10_systolic_mean
342
      summarize Hwv10_systolic_mean, detail
343
      histogram Hwv10_systolic_mean, discrete frequency normal
344
      sktest Hwv10_systolic_mean
345
346
347
      misstable summarize Hwv10_systolic_mean
348
      misstable patterns Hwv10_systolic_mean
349
350
      tabulate Hwv10 systolic bp
351
352
      summarize Hwv10_systolic_bp
353
354
      misstable summarize Hwv10_systolic_bp
355
      misstable patterns Hwv10_systolic_bp
356
357
358
359
      *dbp (invalid > 300)
360
361
362
      tabulate Hwv10_diastolic_mean
363
      summarize Hwv10_diastolic_mean, detail
364
      histogram Hwv10_diastolic_mean, discrete frequency normal
      sktest Hwv10 diastolic mean
365
366
367
      misstable summarize Hwv10_diastolic_mean
      misstable patterns Hwv10_diastolic_mean
368
369
370
      tabulate Hwv10_diastolic_bp
371
      summarize Hwv10_diastolic_bp
372
373
      misstable summarize Hwv10_diastolic_bp
374
      misstable patterns Hwv10_diastolic_bp
375
376
377
      * diabetes (cannot be measured in z-scores)
378
379
      tabulate Hwv10_diabetes_reportevr
380
      summarize Hwv10_diabetes_reportevr
381
382
      misstable summarize Hwv10_diabetes_reportevr
383
      misstable patterns Hwv10_diabetes_reportevr
384
385
386
      * HbA1c
387
388
      tabulate Hwv10_HbA1c_level
389
      summarize Hwv10_HbA1c_level, detail
390
      histogram Hwv10_HbA1c_level, discrete frequency normal
391
      sktest Hwv10_HbA1c_level
392
393
394
      misstable summarize Hwv10_HbA1c_level
395
      misstable patterns Hwv10_HbA1c_level
396
397
398
      tabulate Hwv10 HbA1c
399
      summarize Hwv10 HbA1c
400
401
      misstable summarize Hwv10_HbA1c
402
      misstable patterns Hwv10_HbA1c
403
```

```
404
405
      *dementia wave 9 and 10
406
407
408
      tabulate Hwv9_memory_report
409
      summarize Hwv9_memory_report
410
411
      misstable summarize Hwv9_memory_report
412
      misstable patterns Hwv9_memory_report
413
414
415
      tabulate Hwv10_anydementia_report
      summarize Hwv10_anydementia_report
416
417
418
      misstable summarize Hwv10 anydementia report
419
      misstable patterns Hwv10 anydementia report
420
421
422
423
424
      *** CLEANING DATA
425
426
427
428
      * drop dementia cases at wv8, 9 and 10 and missing data at baseline
429
430
      drop if Hwv8_memory_report==1
431
      * (226 observations deleted)
432
433
      drop if Hwv8_memory_report== .
434
      * (0 observations deleted)
435
436
      * drop dementia cases at wave 3 and 4
437
      drop if Hwv9_memory_report==1
438
439
      * (110 observations deleted)
440
441
      drop if Hwv10_anydementia_report==1
442
      * (105 observations deleted)
443
444
445
446
      * drop invalid ca cases t1 and t2
447
448
449
      * drop CRP > 100
450
451
      drop if Hwv8_crp_level > 100 & Hwv8_crp_level < 300</pre>
452
      * (1 observations deleted)
453
454
455
      drop if Hwv10_crp_level > 100 & Hwv10_crp_level < 300</pre>
456
      * (7 observations deleted)
457
458
459
      * drop SBP > 300
460
461
      drop if Hwv8_systolic_mean > 300 & Hwv8_systolic_mean < 1000</pre>
462
      * (100 observations deleted)
463
      * drop DBP > 300
464
465
466
      drop if Hwv8 diastolic mean > 300 & Hwv8 diastolic mean < 1000
467
      * (21 observations deleted)
468
469
      * drop SBP > 300
470
471
      drop if Hwv10_systolic_mean > 300 & Hwv10_systolic_mean < 1000</pre>
```

Hwv10_cesd_happy Hwv10_cesd_enlife Hwv10_cesd_depressed Hwv10_cesd_effort Hwv10_cesd_sleep

```
Hwv10_cesd_lonely Hwv10_cesd_sad Hwv10_cesd_going Hwv10_crp Hwv10_hdl Hwv10_obesity_waist
Hwv10 systolic bp Hwv10 diastolic bp Hwv10 diabetes reportevr Hwv10 HbA1c log Hwv10 crp level
revHwv10 hdl level Hwv10 waist Hwv10 systolic mean Hwv10 diastolic mean Hwv10 HbA1c level
Hwv12_anydementia_report H_age H_sex H_eduaction H_maritalstatus_4cat H_wealthquintiles
H_smoking_3cat H_alcohol_status H_cvd_comorbidity \ cesdsc1 cesddr1 happy1 enlife1 depress1
effort1 sleep1 lonely1 sad1 going1 crp1 hdl1 obese1 sbp1 dbp1 diab1 hba1c1 lcrp1 lhdl1 lobese1
lsbp1 ldbp1 lhba1c1 cesdsc2 cesddr2 happy2 enlife2 depress2 effort2 sleep2 lonely2 sad2 going2
crp2 hdl2 obese2 sbp2 dbp2 diab2 hba1c2 lcrp2 lhdl2 lobese2 lsbp2 ldbp2 lhba1c2 dem age sex educ
marital wealth smoke alcohol cvd
* Corrrelation matrix of the CM and depression variables
* to create quality table in word - asdoc -
* https://www.youtube.com/watch?v=XHB16PHf0zs&ab channel=StataProfessor
help asdoc
asdoc pwcorr happy1 enlife1 depress1 effort1 sleep1 lonely1 sad1 going1 crp2 hdl2 obese2 sbp2 dbp2
diab2 hba1c2, star(.05)
asdoc pwcorr crp1 hdl1 obese1 sbp1 dbp1 diab1 hba1c1 happy2 enlife2 depress2 effort2 sleep2
lonely2 sad2 going2, star(.05)
* Corrrelation matrix of the categorical (birnary) Cardiometabolic and depression domains
There are three metrics that are commonly used to calculate the correlation between categorical
variables:
1. Tetrachoric Correlation: Used to calculate the correlation between binary categorical variables.
2. Polychoric Correlation: Used to calculate the correlation between ordinal categorical variables.
3. Cramer's V: Used to calculate the correlation between nominal categorical variables.
tetrachoric computes estimates of the tetrachoric correlation coefficients of the binary
variables in varlist. All of these variables should be 0, 1, or missing values.
*/
tetrachoric happy1 enlife1 depress1 effort1 sleep1 lonely1 sad1 going1 crp2 hdl2 obese2 sbp2 dbp2
diab2 hba1c2, star(.05)
tetrachoric crp1 hdl1 obese1 sbp1 dbp1 diab1 hba1c1 happy2 enlife2 depress2 effort2 sleep2 lonely2
 sad2 going2, star(.05)
* KEEP SEM MODEL VARIABLES
keep happy1 enlife1 depress1 effort1 sleep1 lonely1 sad1 going1 ///
cesdsc1 cesddr1 ///
crp1 hdl1 obese1 sbp1 dbp1 diab1 hba1c1 lcrp1 lhdl1 ///
lobese1 lsbp1 ldbp1 lhba1c1 ///
happy2 enlife2 depress2 effort2 sleep2 lonely2 sad2 going2 ///
```

539 540

541542543

544 545

546547548

549 550 551

552553554555

556 557

558559

560 561

562

563

564

565566567568

569

570

571572573574575

576577

578

579

580

581

582

583

584

585

586

cesdsc2 cesddr2 ///

crp2 hdl2 obese2 sbp2 dbp2 diab2 hba1c2 lcrp2 ///

dem age sex educ marital wealth smoke alcohol cvd

lhdl2 lobese2 lsbp2 ldbp2 lhba1c2 ///

```
s2_hrs_mediation_20220701.do - Printed on 17/12/2023 13:19:17
 587
 588
 589
 590
        *** To read by Mplus -> Open in spss - missing data (-9) - save as csv - tab delimited - tick do
        not write var names on the first linear
 591
 592
 593
        *** convert from stata (dat) to mplus (dta)
 594
 595
 596
        help stata2mplus
 597
 598
 599
        stata2mplus using S:\Research\pkstudies\Study4_depr_cardio_path\HRS\hrs_sem, missing (-99) replace
 600
 601
 602
 603
 604
 605

    General baseline characteristics of ELSA participants by dementia status

 606
 607
        * crosstabs categ var (frequencies and chi2) !report column percentage!
        * oneway ANOVA cont var (mean, sd)
 608
 609
 610
        * Socio-demographics
 611
 612
       ttest age, by(dem)
 613
       ta sex dem, chi2 column row
 614
       ta educ dem, chi2 column row
       ta marital dem, chi2 column row
 615
 616
       ta wealth dem, chi2 column row
        * Cardiometabolic factors
 617
       ta crp1 dem, chi2 column row
 618
       ta hdl1 dem, chi2 column row
 619
 620
       ta obese1 dem, chi2 column row
 621
       ta sbp1 dem, chi2 column row
       ta dbp1 dem, chi2 column row
 622
 623
       ta diab1 dem, chi2 column row
 624
       ta hba1c1 dem, chi2 column row
        * Lifestyle/health factors
 625
 626
       ta smoke dem, chi2 column row
 627
       ta Hwv12_physicalactivity Hwv12_anydementia_report, chi2 column row
       ta alcohol dem, chi2 column row
 628
 629
       ta cvd dem, chi2 column row
        * Mental health
 630
 631
       ttest cesdsc1, by(dem)
 632
        ta cesddr1 dem, chi2 column row
 633
 634
 635
 636
        *** SENSITIVITY ANALYSES ***
 637
 638
 639
 640
 641
        1) Stratify by age
 642
        generate age group variable
 643
        Age groups: 1) young old (< 70) 2) old old (>= 70)
 644
 645
        2) Exclude those with CVDs at baseline
 646
 647
        3) Mediation analysis on complete cases
 648
 649
        */
 650
 651
 652
        * Stratify by age
```

```
s2_hrs_mediation_20220701.do - Printed on 17/12/2023 13:19:17
 654
 655
       gen age70=1 if age < 70
 656
       replace age70=2 if age >=70 & !missing(age)
 657
 658
       label var age70 "Age groups <70 young-old / 70 old-old"
       lab def age_group 1 "young" 2 "old"
 659
       lab val age70 age_group
 660
 661
 662
       tab age70
 663
 664
 665
 666
 667
 668
       *** MISSING DATA ***
 669
 670
 671
 672
       search mdesc
 673
 674
 675
       * examining number of missing values vs non-missing in each variable
 676
 677
       mdesc age sex educ marital wealth smoke alcohol cvd happy1 enlife1 depress1 effort1 sleep1 lonely1
        sad1 going1 happy2 enlife2 depress2 effort2 sleep2 lonely2 sad2 going2 crp1 hdl1 obese1 sbp1 dbp1
        diab1 hba1c1 crp2 hdl2 obese2 sbp2 dbp2 diab2 hba1c2
 678
 679
 680
 681
 682
 683
```