

SCHOOL OF COMPUTER SCIENCE AND STATISTICS

MODERN DELAY-TOLERANT EMAIL

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SUBMITTED IN PARTIAL FULFILMENT OF THE REQUIREMENTS FOR THE DEGREE OF M.Sc. Computer Science - Future Networked Systems

1 | Introduction - Chapter

1.1 Email Protocol

- MUA (Mail User Agent): Also known as the email client, used by end users to send and receive emails.
- MSA (Mail Submission Agent): Receives emails from the MUA and forwards them to the MTA.
- MTA (Mail Transfer Agent): Transfers email between servers.
- MDA (Mail Delivery Agent): Delivers the email to the recipient's mailbox.
- Note: Dovecot refers to the MDA as **LDA** (**Local Delivery Agent**).

Table 1.1: Common Email Protocols and Their Port Numbers

Protocol	Description	Port
IMAP	Internet Message Access Protocol	143
IMAPS	IMAP over SSL/TLS	993
POP3	Post Office Protocol v3	110
POP3S	POP3 over SSL/TLS	995
SMTP	Simple Mail Transfer Protocol	25
SMTPS	SMTP over SSL/TLS	465

1.1.1 STARTTLS Support

STARTTLS is a command that upgrades a plaintext connection to a secure one using SSL/TLS, without changing the default ports. It can be used with:

- IMAP on port 143
- POP3 on port 110
- SMTP on port 25

1.2 Email Server

```
docker-compose up -d

# Send email

docker exec -it mail1 bash
echo "Hello from mail1" | mail -s "Test Email" user1@mail.2.com

docker exec -it mail2 bash
cat /var/mail/user1

# Reply email
echo "Reply from mail2" | mail -s "Test Reply" user1@mail.1.com

cat /var/mail/user1

docker-compose down -v
```

Listing 1.1: Run Email Server Using Docker

1.3 Simulate the Network

- 0. WSL2 cannot be used because tc is not supported.
- 1. Use wbitt/network-multitool as the base image for the delay-server.
- 2. Create two distinct Docker networks and configure other containers (e.g., mail1, mail2) to use the delay-server as their default gateway by modifying their internal

routing tables.

- 3. On the delay-server, apply iptables MASQUERADE rules for traffic routed between the networks, and add network delay to its interfaces using tc.
- 4. In the client containers (e.g., mail1, mail2), update their /etc/hosts files to resolve hostnames of other services to their respective IP addresses across the different networks.
- 5. Give priority to resolving domain names with the local hosts file by setting smtp host lookup = native.
- 6. Create transport maps to prevent Postfix from looking up MX records.

1.4 Email Server Solution

Feature	maddy	Mailcow	iRedMail	Mail-in-a-Box
Deployment	Docker	Docker Compose	Manual	Manual
MTA	maddy	Postfix	Postfix	Postfix
Mail Storage	maddy	Dovecot	Dovecot	Dovecot
User Storage	File / SQLite/ Post- gres/MySQL	MySQL	MySQL / Post- gres / LDAP	SQLite
Security Auth	DKIM / SPF / DMARC	DKIM / SPF / DMARC/ 2FA /SSL	DKIM / SPF / DMARC	DKIM / SPF / DMARC / SSL
Antispam	(Rspamd)	Rspamd	SpamAssassin	SpamAssassin
Antivirus	(ClamAV)	ClamAV	ClamAV	ClamAV
Content Filter	(Sieve)	Sieve	Amavisd	Amavisd
Admin Panel	(listmonk)	Web Panel	iRedAdmin	Web Panel
Webmail	(Roundcube)	SOGo	Roundcube/ SOGo	Roundcube
Desktop Client	(Thunderbird)	(Thunderbird)	(Thunderbird)	(Thunderbird)
Bulk/Lists	(listmonk)	Groups (built-in)	(Mailman)	Aliases / Forward

Table 1.2: Comparison of mail system components and recommended technologies

1.5 Thunderbird

I am running the Thunderbird graphical MUA inside a container, using Postfix to send and Dovecot to receive mail. To render the UI on my host, I use Wayland Socket Passthrough, which mounts the host's Wayland socket into the container. This allows me to configure and use Thunderbird's graphical interface directly on my Wayland desktop.

2 | Literature Review

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2.2 Synthetic Procedures

2.2.1 Parameters Varied

2.3 Characterisation Techniques

- 2.3.1 A
- 2.3.2 B
- 2.3.3 C
- 2.3.4 D

2.3.5 Subsection

Paragraph As specified in (1), (2), (3), (4), (5), (6), (7), (8), (9), (10), the Bundle Protocol defines...

Subparagraph

2.3.6 Subsection

Subsubsection

3 | Experimental Methods

- 3.1 Materials
- 3.2 Synthetic Procedures
- 3.2.1 Parameters Varied
- 3.3 Characterisation Techniques
- 3.3.1 A
- 3.3.2 B
- 3.3.3 C
- 3.3.4 D

4 | Results and Discussion

| Conclusions and Future Work

6 | Figures, Tables, Referencing

It is very important to properly refer in the text to any figures, tables or previously published work that you are discussing. Adequate and consistent referencing is one of the criteria which will be used to assess your project report.

6.1 Figures

Graphs, pictures and other images should be included in your report as a numbered, captioned figure. An example is given in Figure 6.1.

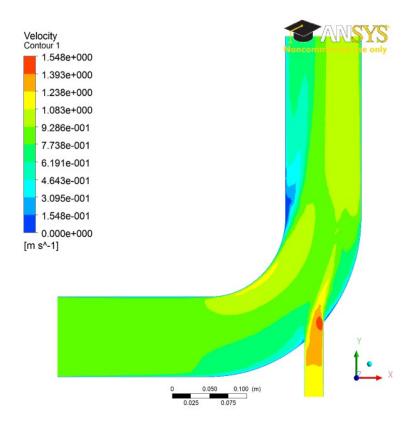


Figure 6.1: Velocity distribution on the mid-plane for an inlet velocity for case 1.

The figure and caption should be centred. The figure numbering starts at 1 at the beginning of each chapter. The caption should provide a brief description of what is being shown. The figure should appear in the document after it is referred to in the text. No figure should be included which is not referred to in the text. Ensure that the size and resolution of images imported from software are sufficient to read any text.

6.2 Tables

Tables are an important way of displaying your results. Table 6.1 is a sample table, adapted from the Master/Doctoral Thesis template at http://www.latextemplates.com/cat/theses, which was generated with this code:

```
\begin{table}[b]
\caption{The effects of treatments X and Y on the four groups studied.}
\label{tab:treatments}
\centering
\begin{tabular}{1 1 1}
\toprule
\textbf{Groups} & \textbf{Treatment X} & \textbf{Treatment Y} \\\midrule
1 & 0.2 & 0.8\\
2 & 0.17 & 0.7\\
3 & 0.24 & 0.75\\
4 & 0.68 & 0.3\\\\bottomrule\\\\end{tabular}
\end{tabular}
\end{tabular}
\end{table}
```

Tables are numbered in the same way as figures. Typically tables also have a short caption, but this is not universally true. The number and caption appear above the table, not below as with figures. Again, no table should appear in the report which has not been referred to in the text. Tables should come after they are discussed in the text. The exact formatting of the table depends somewhat on the content of the

table, but in general, the text in the table should be the same font and size as the main text.

6.3 Equations

All equations should be numbered sequentially. Do not restart the numbering at the beginning of each chapter. Unlike figures and tables, you may not need to refer to every equation in the text. You should take care to format equations properly. Do no simply try to use plain text. Use the equation layout facilities. An example of how equations should appear is shown in Equation 1. Here is the code for it:

\begin{equation}
\textrm{div}(\underline{u}) = \frac{\delta u}{\delta x} + \frac{\delta v}{\delta y} +
 \frac{\delta w}{\delta z} = 0
\label{sample equation}
\end{equation}

$$\operatorname{div}(\underline{u}) = \frac{\delta u}{\delta x} + \frac{\delta v}{\delta y} + \frac{\delta w}{\delta z} = 0 \tag{1}$$

6.4 Referencing published work

It is important to give appropriate credit to other people for the work that they have shared through publications. In fact, you must sign a declaration in your report stating that you understand the nature of plagiarism. As well as avoiding plagiarism, citing results or data from the literature can strengthen your argument, provide a favourable

Table 6.1: The effects of treatments X and Y on the four groups studied.

Groups	Treatment X	Treatment Y
1	0.2	0.8
2	0.17	0.7
3	0.24	0.75
4	0.68	0.3

comparison for your results, or even demonstrate how superior your work is.

There are many styles to reference published work. For example, the parenthetical style (which is also called the *Harvard style*) uses the author and date of publication (e.g. "Smith and Jones, 2001"). There is also the Vancouver style (or the *citation sequence style*), which is used in this document. In the Vancouver style, the publications are cited using bracketed numbers which refer to the list in the References section at the end of the report. The references are listed in the order that they are cited in the report. A variant is *name sequence style*, in which the publications are referenced by number, but the list is arranged alphabetically. The following paragraph shows the use of the Vancouver style:

Several studies have examined the sound field around tandem cylinders generated by flow(11, 12), while other investigations have focused on the effect of an applied sound field on the flow(13). Papers from conference proceedings(14), books(15) and technical reports(16) can be dealt with in the same style.

The Vancouver style has the advantage that it is a little more compact in the text and does not distract from the flow of the sentence if there are a lot of citations. However, it has the disadvantage that it is not immediately clear to the reader what particular work has been referenced.

It actually does not matter which particular referencing style is used as long as three important considerations are observed:

- the referencing style used throughout the document is consistent;
- all material used or discussed in the text is properly cited;
- nothing is included in the reference list that has not been cited.

This template has a suitable referencing style already set up – you should use it and use the built-in BibTeX system to manage your references. See above for examples of how to cite a reference and look in the sample.bib file to see BibTeX references.

Remember Google Scholar and other search engines will give you BibTeX references for lots of academic publications. Otherwise, you can easily make up your own based on the examples in that file.

$7 \mid \mathbf{LAT}_{\mathbf{E}}\mathbf{X}$

LATEX, or more properly "LATEX $2_{\mathcal{E}}$ ", is a very useful document processing program. It is very widely used, widely available, stable and free. Famously, TeX, upon which LATEX is built, was originally developed by the eminent American mathematician Donald Knuth because he was tired of ugly mathematics books (17). Although it has a learning curve (made much less forbidding by online tools and resources – see below), it allows the writer to concentrate more fully on the content, and takes care of most everything else.

While it can be used as a word processor, it is a *typesetting* system, and Knuth's idea was that it could be used to produce beautiful looking books:

ETEX is a macro package which enables authors to typeset and print their work at the highest typographical quality, using a predefined, professional layout.¹

LATEX has great facilities for setting out equations and a powerful and very widely supported bibliographic system called BibTeX, which takes the pain out of referencing.

Three useful online resources make LATEX much better:

(1) An excellent online LATEX environment called "Overleaf" is available at http://www.overleaf.com and runs in a modern web browser. It's got this template available – search for a TCD template. Overleaf can work in conjunction with Dropbox, Google Drive and, in beta, GitHub.

¹This is from Oetiker et al. (18). Did we mention that you should minimise your use of footnotes?

- (2) Google Scholar, at http://scholar.google.com, provides BibTeX entries for most of the academic references it finds.
- (3) An indispensable and very fine introduction to using LATEX called "The not so short introduction to LATEX 2ε" by Oetiker et al. (18) is online at https://doi.org/10. 3929/ethz-a-004398225. Browse it before you use LATEX for the first time and read it carefully when you get down to business.

Other tools worth mentioning include:

• Draw.io – an online drawing package that can output PDFs to Google Drive – see https://www.draw.io.

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A1 | Appendix

You may use appendices to include relevant background information, such as calibration certificates, derivations of key equations or presentation of a particular data reduction method. You should not use the appendices to dump large amounts of additional results or data which are not properly discussed. If these results are really relevant, then they should appear in the main body of the report.

A1.1 Appendix numbering

Appendices are numbered sequentially, A1, A2, A3... The sections, figures and tables within appendices are numbered in the same way as in the main text. For example, the first figure in Appendix A1 would be Figure A1.1. Equations continue the numbering from the main text.