

L38 - MR. DEEPAK PAINULY - FPSC CANAL
ROAD
55/30, CANAL ROAD, NEAR SHURBHI
ENCLAVE
DEHARDUN

Name	: Mrs. JASBIR KAUR	Collected	: 2/4/2021 10:45:00AM
Lab No.	: 279488293	Age: 55 Years	Gender: Female
		Received	: 2/4/2021 6:03:50PM
		Reported	: 6/4/2021 5:30:12PM
A/c Status	: P	Ref By	: Dr. NIRAJ GUPTA
		Report Status	: Final

Test Name	Results	Units	Bio. Ref. Interval
ALLERGY, PHADIATOP, ADULT @ (ImmunoCAP, FEIA)	0.17	KUA/L	<0.35

Interpretation

REFERENCE RANGE IN KUA/L	REMARKS
<0.35	Negative - Indicates that symptoms are not caused by common environmental allergens. May require further testing.
>=0.35	Positive - Indicates that patient is atopic. Higher values indicate higher degree of sensitization to common inhalant allergens.

Comments

This test differentiates between atopic & non-atopic diseases and comprises a balanced mixture of relevant allergens that react with specific IgE antibodies in the patient serum.

Atopy is a personal and / or familial tendency usually in childhood or adolescence to become sensitized and produce IgE antibodies in response to ordinary exposure to allergens. As a consequence these individuals can develop typical symptoms of Asthma, Rhinoconjunctivitis or Eczema.



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FOOD INTOLERANCE TEST @ (Protein Microarray)				
Food Items	Type	Elevated (>30)	Borderline (24-30)	Normal (<24)
ALPHA-LACTALBUMIN	DAIRY			0
BETA-LACTOGLOBULIN	DAIRY			3
BUFFALO MILK	DAIRY	40		
CASEIN	DAIRY	117		
COW'S MILK	DAIRY	127		
EGG WHITE	DAIRY	84		
EGG YOLK	DAIRY			17
GOAT MILK	DAIRY	65		
SHEEP MILK	DAIRY	98		
ALGA ESPAGUETTE	FISH/SEAFOOD	43		
ALGA SPIRULINA	FISH/SEAFOOD			11
ALGA WAKAME	FISH/SEAFOOD	102		
ANCHOVY	FISH/SEAFOOD			8
BARNACLE	FISH/SEAFOOD			3
BASS	FISH/SEAFOOD			4
CARP	FISH/SEAFOOD			8
CAVIAR	FISH/SEAFOOD			6
CLAM	FISH/SEAFOOD			9
COCKLE	FISH/SEAFOOD			9
COD	FISH/SEAFOOD			7
CRAB	FISH/SEAFOOD			2
CUTTLEFISH	FISH/SEAFOOD			8
DORADO/SEA BREAM	FISH/SEAFOOD			0
EEL	FISH/SEAFOOD			1
HADDOCK	FISH/SEAFOOD			3
HAKE	FISH/SEAFOOD			2
HERRING	FISH/SEAFOOD			4



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Test Name	Results	Units	Bio. Ref. Interval
LOBSTER	FISH/SEAFOOD		2
MACKEREL	FISH/SEAFOOD		3
MONKFISH	FISH/SEAFOOD		4
MUSSEL	FISH/SEAFOOD		6
OCTOPUS	FISH/SEAFOOD		7
OYSTER	FISH/SEAFOOD		6
PERCH	FISH/SEAFOOD		2
PIKE	FISH/SEAFOOD		4
PLAICE	FISH/SEAFOOD		5
RAZOR CLAM	FISH/SEAFOOD		2
SALMON	FISH/SEAFOOD		7
SARDINE	FISH/SEAFOOD		3
SCALLOP	FISH/SEAFOOD		5
SOLE	FISH/SEAFOOD		4
SQUID	FISH/SEAFOOD		10
SWORDFISH	FISH/SEAFOOD		2
TROUT	FISH/SEAFOOD		11
TUNA	FISH/SEAFOOD		1
TURBOT	FISH/SEAFOOD		2
WINKLE	FISH/SEAFOOD	27	
APPLE	FRUIT		6
APRICOT	FRUIT		1
AVOCADO	FRUIT		8
BANANA	FRUIT		9
BLACKBERRY	FRUIT		15
BLACKCURRANT	FRUIT		14
BLUEBERRY	FRUIT		0
CHERRY	FRUIT		1
CRANBERRY	FRUIT	28	
DATE	FRUIT		2



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Test Name	Results	Units	Bio. Ref. Interval
FIG	FRUIT		20
GRAPEFRUIT	FRUIT		3
GUAVA	FRUIT		15
KIWI	FRUIT		3
LEMON	FRUIT		2
LIME	FRUIT		8
LYCHEE	FRUIT		7
MANGO	FRUIT		6
MULBERRY	FRUIT		3
NECTARINE	FRUIT		4
OLIVE	FRUIT		3
ORANGE	FRUIT		11
PAPAYA	FRUIT		7
PEACH	FRUIT		4
PEAR	FRUIT		4
PINEAPPLE	FRUIT		3
PLUM	FRUIT	85	
POMEGRANATE	FRUIT		12
RAISIN	FRUIT		2
RASPBERRY	FRUIT		12
REDCURRANT	FRUIT		9
RHUBARB	FRUIT		7
STRAWBERRY	FRUIT		6
TANGERINE	FRUIT		6
TOMATO	FRUIT		1
WATERMELON	FRUIT		2
BARLEY	GRAIN	90	
BUCKWHEAT	GRAIN		14
CORN (maize)	GRAIN	84	
COUSCOUS	GRAIN		11



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Test Name	Results	Units	Bio. Ref. Interval
DURUM WHEAT	GRAIN		6
FLAX SEED	GRAIN	66	
GLIADIN	GRAIN		2
MALT	GRAIN	35	
MILLET	GRAIN		0
OAT	GRAIN		7
POLENTA	GRAIN		2
QUINOA	GRAIN		10
RICE	GRAIN		22
RYE FLOUR	GRAIN		12
SPELT	GRAIN		3
TRANSGLUTAMINASE	GRAIN		5
WHEAT	GRAIN		22
WHEAT BRAN	GRAIN		9
ALOE VERA	HERBS/SPICES	40	
ANISEED	HERBS/SPICES		4
BASIL	HERBS/SPICES		8
BAYLEAF	HERBS/SPICES		14
CAMOMILE	HERBS/SPICES		2
CAYENNE	HERBS/SPICES		9
CINNAMON	HERBS/SPICES		9
CLOVE	HERBS/SPICES		3
CORIANDER (leaf)	HERBS/SPICES		1
CUMIN	HERBS/SPICES		3
DILL	HERBS/SPICES		6
GARLIC	HERBS/SPICES		1
GINGER	HERBS/SPICES		13
GINKGO	HERBS/SPICES		18
GINSENG	HERBS/SPICES		9
HOPS	HERBS/SPICES		6



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Test Name	Results	Units	Bio. Ref. Interval
LIQUORICE	HERBS/SPICES		2
MARJORAM	HERBS/SPICES		5
MINT	HERBS/SPICES		16
MUSTARD SEED	HERBS/SPICES		9
NETTLE	HERBS/SPICES		18
NUTMEG	HERBS/SPICES		17
PARSLEY	HERBS/SPICES		4
PEPPERMINT	HERBS/SPICES		10
RED CHILLI	HERBS/SPICES		4
ROSEMARY	HERBS/SPICES		10
SAFFRON	HERBS/SPICES		2
SAGE	HERBS/SPICES		4
TARRAGON	HERBS/SPICES		4
THYME	HERBS/SPICES		4
VANILLA	HERBS/SPICES		1
BEEF	MEAT		5
BILLY GOAT	MEAT		3
CHICKEN	MEAT		4
DUCK	MEAT		1
HORSE	MEAT		6
LAMB	MEAT		1
OSTRICH	MEAT		12
OX	MEAT		9
PARTRIDGE	MEAT		0
PORK	MEAT		3
QUAIL	MEAT		3
RABBIT	MEAT		4
TURKEY	MEAT		2
VEAL	MEAT		2
VENISON	MEAT		6



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Test Name	Results	Units	Bio. Ref. Interval
WILD BOAR	MEAT		0
ALMOND	NUTS	71	
BRAZIL NUT	NUTS	34	
CASHEW NUT	NUTS	44	
COCONUT	NUTS		6
HAZELNUT	NUTS	24	
MACADAMIA NUT	NUTS		1
PEANUT	NUTS	31	
PINE NUT	NUTS		7
PISTACHIO	NUTS	27	
TIGER NUT	NUTS		15
WALNUT	NUTS		6
AMARANTH	VEGETABLES	49	
ARTICHOKE	VEGETABLES		1
ASPARAGUS	VEGETABLES		5
AUBERGINE	VEGETABLES		2
BEAN (broad)	VEGETABLES	53	
BEAN (green)	VEGETABLES		4
BEAN (red kidney)	VEGETABLES		21
BEAN (white haricot)	VEGETABLES	49	
BEETROOT	VEGETABLES		5
BROCCOLI	VEGETABLES		17
BRUSSEL SPROUT	VEGETABLES		2
CABBAGE	VEGETABLES		16
CABBAGE (red)	VEGETABLES		4
CAPER	VEGETABLES		0
CARROT	VEGETABLES		2
CAULIFLOWER	VEGETABLES		3
CELERY	VEGETABLES		20
CHARD	VEGETABLES		3



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Test Name	Results	Units	Bio. Ref. Interval
CHICKPEA	VEGETABLES		4
CHICORY	VEGETABLES		3
CUCUMBER	VEGETABLES		4
FENNEL (leaf)	VEGETABLES		1
LEEK	VEGETABLES		7
LENTIL	VEGETABLES		15
LETTUCE	VEGETABLES		2
MARROW	VEGETABLES		12
ONION	VEGETABLES		2
PEA	VEGETABLES	87	
POTATO	VEGETABLES	33	
RADISH	VEGETABLES	27	
ROCKET	VEGETABLES		1
SHALLOT	VEGETABLES		12
SOYA BEAN	VEGETABLES	59	
SPINACH	VEGETABLES		10
SWEET POTATO	VEGETABLES		3
TURNIP	VEGETABLES		2
WATERCRESS	VEGETABLES		3
YUCA	VEGETABLES		6
AGAR AGAR	OTHERS	68	
CANE SUGAR	OTHERS	24	
CAROB	OTHERS	45	
CHESTNUT	OTHERS		3
COCOA BEAN	OTHERS		10
COFFEE	OTHERS		7
COLA NUT	OTHERS	84	
HONEY	OTHERS		1
MUSHROOM	OTHERS		17
RAPESEED	OTHERS		5



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Test Name	Results	Units	Bio. Ref. Interval
SESAME SEED	OTHERS		1
SUNFLOWER SEED	OTHERS	62	
TAPIOCA	OTHERS		0
TEA (black)	OTHERS		7
TEA (green)	OTHERS		11
YEAST (baker's)	OTHERS	64	
YEAST (brewer's)	OTHERS	107	

Note

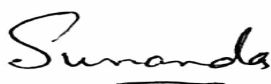
1. All results should be interpreted in relation to the individual case history.
2. Food intolerance is an IgG mediated reaction unlike food allergy which is IgE mediated.
3. This assay does not test any intolerance arising due to enzyme deficiency or chemical sensitivity.
4. Some individuals may show positivity for many food items, which could be due to local gut pathology. It is recommended to consult your physician

Interpretation

ELEVATED (>30 IU/mL)	BORDERLINE (24-30 IU/mL)	NORMAL (<24IU/mL)
Strong antibody reaction	Lower antibody reaction	No significant antibody reaction
These primary problem foods should be eliminated/avoided for at least 3 months	These moderate to severe problem foods should be reduced and rotated for at least 3 months to avoid an increase intolerance.	These foods can be eaten without restriction provided there is no previous history of reaction
Choose alternative foods from NORMAL column.	Choose alternative foods from NORMAL column.	



Dr Anil Arora
MD, Pathology
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MD, Pathology
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-----End of report -----

IMPORTANT INSTRUCTIONS

*Test results released pertain to the specimen submitted.*All test results are dependent on the quality of the sample received by the Laboratory.
*Laboratory investigations are only a tool to facilitate in arriving at a diagnosis and should be clinically correlated by the Referring Physician.*Sample repeats are accepted on request of Referring Physician within 7 days post reporting.*Report delivery may be delayed due to unforeseen circumstances. Inconvenience is regretted.*Certain tests may require further testing at additional cost for derivation of exact value. Kindly submit request within 72 hours post reporting.*Test results may show interlaboratory variations.*The Courts/Forum at Delhi shall have exclusive jurisdiction in all disputes/claims concerning the test(s) & or results of test(s).*Test results are not valid for medico legal purposes. *Contact customer care Tel No. +91-11-39885050 for all queries related to test results.
(#) Sample drawn from outside source.

