



GET FIT STAY FIT

THIS IS A DESCRIPTION OF THIS
APPLICATION
GET FIT..



SIGN IN



TRACK PROGRESS

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APPLICATION
GET FIT..



SIGN IN



WORK TOGETHER

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GET FIT..



SIGN IN



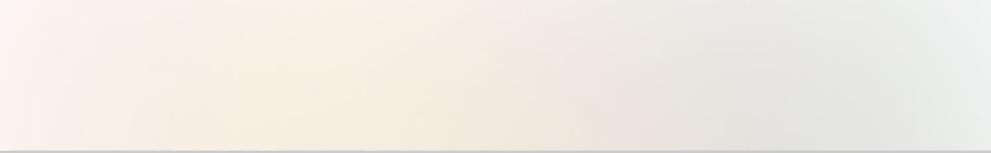
Sessions



Core strength 4.3 ★
Beginner - 30 min
20 friends had taken this session

Meditation 4.3 ★
Beginner - 20 min
20 friends had taken this session

Out Dore 4.3 ★
Beginner - 30 min



Pro Workout 4.3 ★
Beginner - 30 min
20 friends had taken this session

Core Strength 4.3 ★
Beginner - 30 min
20 friends had taken this session



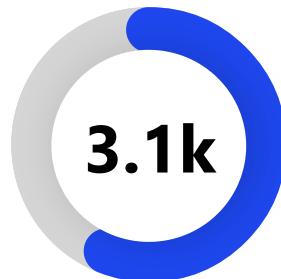
Progress



Exercise



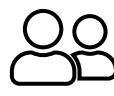
Steps



Calories



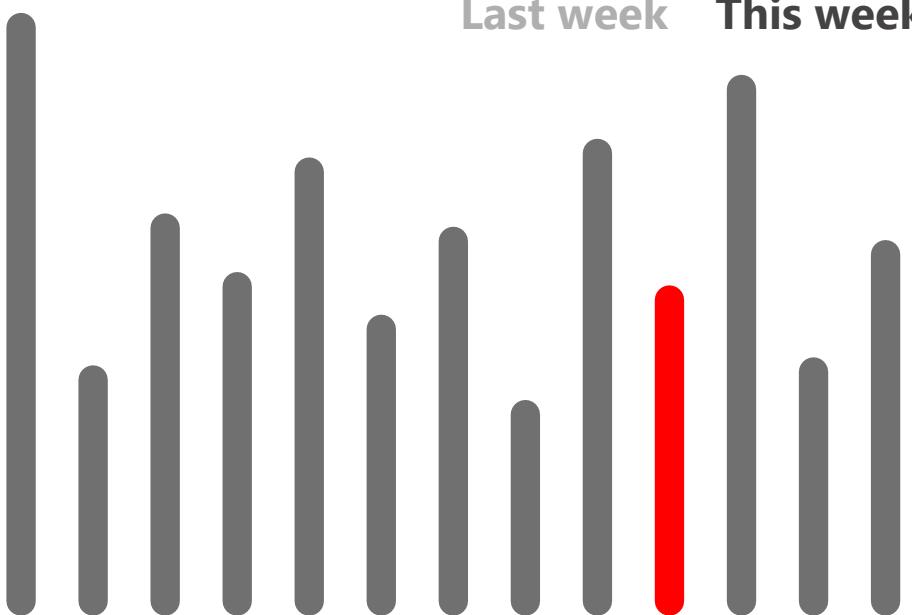
Distance





Steps Summary

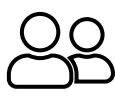
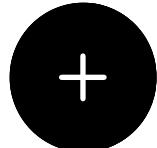
Last week This week



Workouts



Outdoor run
15 minutes





Tom Cruse

Actor/cyclist

Follow



Outdoor run

15 minutes



Outdoor run

15 minutes



Outdoor run

15 minutes



Create New Cycle

-

00 : 30

+

Start workout