

# Medical Consultation Report

Age: 20 Years

Gender: Male

Recommendation: Consult a physician within 24-48 hours for evaluation. If breathing becomes severely difficult, seek emergency care.

Urgency: Moderate

Relevant findings:

- Symptom duration: Less than a week
- Fever (intermittent)
- Dry cough
- Shortness of breath (orthopnea, when lying down, relieved by one pillow)
- No chest pain
- No leg swelling
- No recent travel/exposure
- No weight loss/fatigue/loss of appetite

Reason for consultation:

Fever, cough and shortness of breath.

Main symptom:

- Intermittent Fever
- Dry Cough
- Orthopnea (shortness of breath when lying down)

Diseases (Match Levels):

- Atypical Pneumonia: Moderate match
- Viral Pneumonia: Moderate match
- Acute Bronchitis: Low match

Relevant diseases advice:

**\*\*Atypical Pneumonia (Moderate match)\*\***

- Pre-hospital care recommendations: Rest, stay hydrated.
- Symptoms to watch out for: Worsening shortness of breath, high fever, chest pain.
- Self-care: Avoid exertion, maintain good hygiene.
- Medication Suggestions: Paracetamol (500mg every 6 hours) for fever.

**\*\*Viral Pneumonia (Moderate match)\*\***

- Self-care: Rest, drink plenty of fluids, and avoid contact with others.
- Symptoms to watch out for: Difficulty breathing, persistent fever, bluish lips or face.
- Pre-hospital care recommendations: Monitor symptoms, ensure adequate rest.
- Medication Suggestions: Paracetamol (500mg every 6 hours) for fever, saline nasal drops for congestion.

**\*\*Acute Bronchitis (Low match)\*\***

- Self-care: Rest, stay hydrated.
- Symptoms to watch out for: Difficulty breathing or high fever
- Pre-hospital care recommendations: Steam inhalation for cough
- Medication Suggestions: Guaifenesin-containing cough syrup (follow dosage instructions).

**\*\*Medication Suggestions:\*\***

- Paracetamol (500mg every 6 hours for fever)

- Cough syrup (as per instructions)

- Saline nasal drops

