

CyberSN Pwn your career

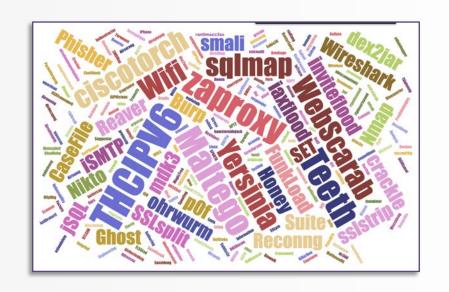
Cybersecurity tools from the trenches

Dom Glavach Chief Security Officer and Chief Strategist

0x00	Introduction Introduction and disclaimer				
0x01	Foundations Everyday				
0x02	Defense The blue side				
0x03	Offense The red side				
0x04	Awareness People vs people				

Introduction

- Attackers collaborate and reuse
- Cyber professionals collaborate and limited by time and budget
- We discover solutions in time at inopportune times.



#include <std_disclaimer>
 Curiosity is not an authorization flag

Foundations

- Linux
- docker
- git
- regex
- nmap
- nc (netcat)
- hping3
- powershell



dom b \$: nc -v -n -l 8080 Listening on 0.0.0.0 8080

Cheat sheets for everything

Foundations (linux)

- Which distro?
- ssh, awk, egrep, find, wc, uniq, screen
- https://overthewire.org/wargames/bandit

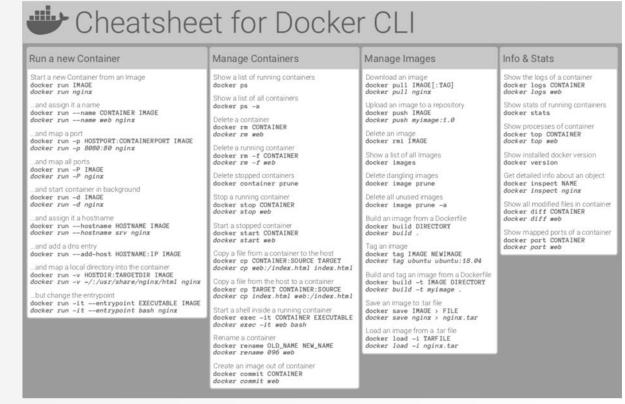
```
dom /tmp $: egrep -i 'contact || about' logfile | egrep 71.77 | awk '{print $2 " -> " $4}'
2021-10-06T03:54:35.740305Z -> 71.77.40.69:56602
2021-10-06T03:54:35.819245Z -> 71.77.40.69:56602
2021-10-06T03:54:35.825657Z -> 71.77.40.69:56602
```

```
dom b $: find /tmp/b -newer /tmp/marker -type f -print
/tmp/b/...
```

Foundations (docker)

https://dockerlabs.collabnix.com/docker/cheatsheet/

- Containers vs VMs
- docker basics



Foundations (git)

- Normal routines
- Compromise and reconnaissance

Git Cheat Sheet

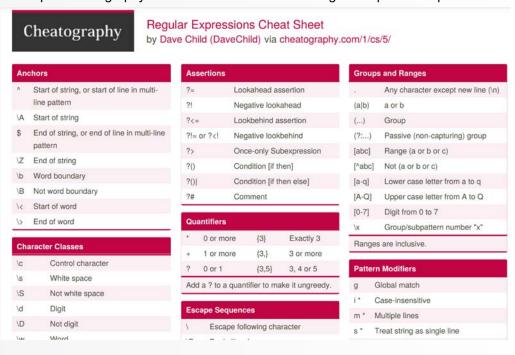
https://www.atlassian.com/git/tutorials/atlassian-git-cheatsheet

git init	Create empty Git repo in specified directory. Run with no
<directory></directory>	arguments to initialize the current directory as a git repository.
git clone <repo></repo>	Clone repo located at <repo> onto local machine. Original repo can be located on the local filesystem or on a remote machine via HTTP or SSH.</repo>
	located on the local filesystem or on a remote machine via HTTP or SSN.
git config	Define author name to be used for all commits in current repo. Deve
user.name <name></name>	commonly use —global flag to set config options for current user.
git add	Stage all changes in <directory> for the next commit.</directory>
<directory></directory>	Replace <directory> with a <file> to change a specific file.</file></directory>
git commit -m	Commit the staged snapshot, but instead of launching
" <message>"</message>	a text editor, use <message> as the commit message.</message>
git status	List which files are staged, unstaged, and untracked.
git log	Display the entire commit history using the default format.
w	For customization see additional options.
git diff	Show unstaged changes between your index and

Foundations (regex)

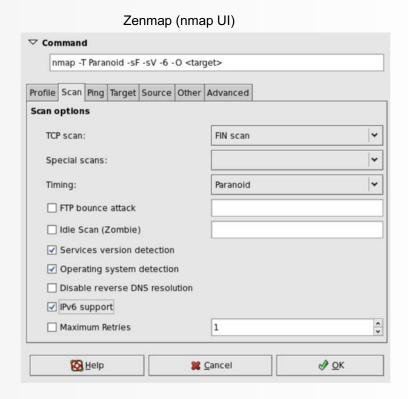
- Used more than expect
- · Scripting and pruning
- Firewall rules
- IDS rules
- ...
- Practice and test https://regexr.com/

https://cheatography.com/davechild/cheat-sheets/regular-expressions/pdf/



Foundations (the rest)

- nmap Nmap Scripting Engine (NSE)
- hping cheat sheet
- Powershell cheat sheet



Defense

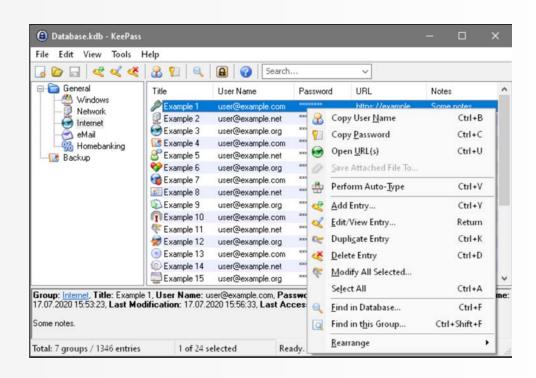
- Keepass and pass
- pfsense
- OSSEC
- Security Onion
- OpenVAS

Defense (Keepass 2.x)

Open source password manager

- AES Encryption
- Windows
- USB option
- https://keepass.info

Are password managers safe?



Defense (pass)

Open source password manager

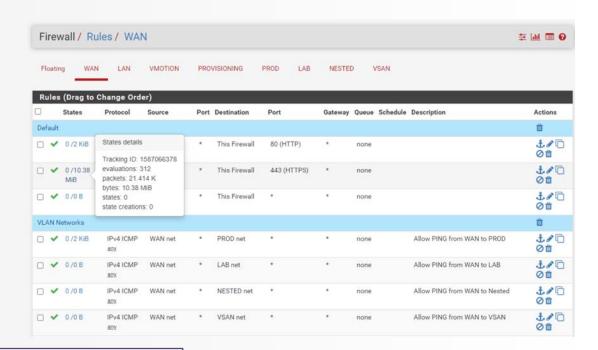
- GPG based
- Linux
- Copy to buffer option
- https://www.passwordstore.org/

```
[huginn-4:~/Downloads] glavach% pass generate dom/IUPtalk 15
The generated password for dom/IUPtalk is:
_fjl@bBA?l]#o)R
[huginn-4:~/Downloads] glavach% pass -c dom/IUPtalk
Copied dom/IUPtalk to clipboard. Will clear in 45 seconds.
```

Defense (pfsense)

Open source firewall

- VPN, Reverse proxy
- Protocol aware
- CLI and UI
- Alternative to iptables
- https://www.pfsense.org/



<u>Visualize - https://github.com/lephisto/pfsense-analytics</u>

Defense (OSSEC)

Open source HIDS

- Multi-platform
- Custom alerting and scripting
- System Inventory
- Rootkit detection
- ML and Community Threat Intel*
- https://www.ossec.net/ossec-downloads/

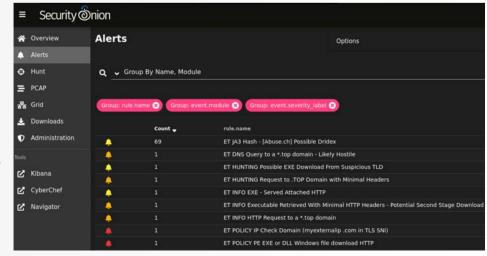


<u>Visualize - https://github.com/Graylog2/graylog-guide-ossec</u>

Defense (Security Onion)

Open source threat hunting and log management

- Includes: TheHive, Playbook & Sigma,
 Fleet, osquery, ELK (Elasticsearch,
 Logstash, Kibana), Suricata, and Zeek.
- AWS (with cost calculators)
- Azure



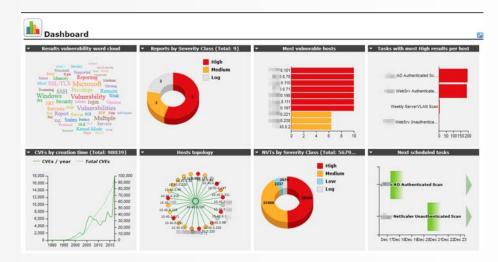
- https://securityonionsolutions.com/software
- Bootable distro

Defense (OpenVAS)

Open source vulnerability assessment

scanner

- VM or docker install
- Reporting and tracking
- Rivals Nessus



https://www.openvas.org/download.html

Defense (AutoMacTC)

Automated macOS Triage Collector

- Crowdstrike free tools
- IR for macOS
- From pslist to safari history
- https://github.com/CrowdStrike/automactc



See it before it is needed

Defense (Others)

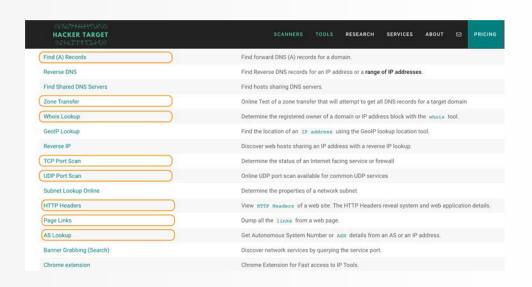
- Hybrid-analysis (online malware sandbox) https://www.hybrid-analysis.com/
- CyberChef (online decode everything) https://gchq.github.io/CyberChef/
- Analyzing Malicious Docs https://zeltser.com/media/docs/analyzing-maliciousdocument-files.pdf
- Mitre Att&ck (online KB of adversary tactics & techniques) https://attack.mitre.org
- AWS tools (online repo of AWS hardening and testing tools) https://github.com/toniblyx/my-arsenal-of-aws-security-tools
- Zoom CIS Benchmark (online Zoom security checklist) https://www.cisecurity.org/benchmark/zoom/ automated script https://github.com/turbot/steampipe-mod-zoom-compliance
- Chrome Extension Analysis (online chrome anailzer) https://crxcavator.io/

Offense

- Web-base tools
- Cobalt Strike & Metasploit
- Zed Attack Proxy (ZAP)
- Bloodhound
- Nikto
- DirBuster
- Pingcastle
- evilginx

Hacker Target

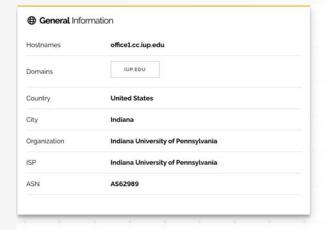
- 8 reconnaissance tools
- API availability
- https://hackertarget.com/ip-tools



Zone Transfers – rare today and still an option

Shodan

- Search engine for the internet of everything
- Nmap -sV
- Everything with an IP address
- https://shodan.io





TLS/SSL Certificates as well

Certificate search

- Public facing and internal certificates
- Host list without a single packet
- %.domain.name
- https://crt.sh

Search for test, dev, int, admin, expired certificates and long lives

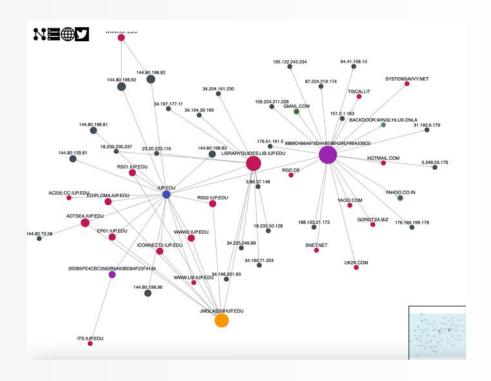
Let's Encrypt – linux?

407 4070100	0001 04 10	0001 04 10	2022 04 42	delegacionedes tois auto	de la comencia de la calc
4364878188	2021-04-12			degreeworks.iup.edu	degreeworks.iup.edu
4364866557	2021-04-12			dworks2-dev.cc.iup.edu	dworks2-dev.cc.iup.edu
4364866545	2021-04-12			dworks2-dev.cc.iup.edu	dworks2-dev.cc.iup.edu
4364859613	2021-04-12			dworks2-dev.cc.iup.edu	dworks2-dev.cc.iup.edu
4364859586	2021-04-12			dworks2-dev.cc.iup.edu	dworks2-dev.cc.iup.edu
4363957925	2021-04-12	2021-04-12	2021-07-11	cougarpac.com	crimsonnetwork.iup.edu www.crimsonnetwork.iup.edu
4363952643	2021-04-12	2021-04-12	2021-07-11	cougarpac.com	crimsonnetwork.iup.edu www.crimsonnetwork.iup.edu
4350177215	2021-04-09	2021-04-06	2021-07-11	mycommunitygives.org	givingday.iup.edu
1337097404	2021-04-06	2021-04-06	2022-04-06	content.www.iup.edu	content.www.iup.edu
1337094683	2021-04-06	2021-04-06	2022-04-06	content.www.iup.edu	content.www.iup.edu
1336105616	2021-04-06	2021-04-06	2021-07-11	mycommunitygives.org	givingday.iup.edu
1336091598	2021-04-06	2021-04-06	2021-07-11	mycommunitygives.org	givingday.iup.edu
1334411218	2021-04-06			ccunetwork.com	crimsonnetwork.iup.edu www.crimsonnetwork.iup.edu
1334405950	2021-04-06	2021-04-06	2021-07-05	ccunetwork.com	crimsonnetwork.iup.edu www.crimsonnetwork.iup.edu
4312188683	2021-04-01	2021-04-01	2022-04-01	erwfep02.iupmsd.iup.edu	dev.ertask.cc.iup.edu dev.recruiteradmin.cc.iup.edu dev.welcome.iup.edu erappd02.iupmsd.iup.edu erappd02.iupmsds.iup.edu erappt02.iupmsds.iup.edu erappt02.iupmsds.iup.edu erappt02.iupmsds.iup.edu erappt02.iupmsds.iup.edu erappt02.iupmsds.iup.edu ersyncp02.iupmsds.iup.edu ersyncp02.iupmsds.iup.edu ersyncp02.iupmsds.iup.edu ertask.cc.iup.edu erwfed02.iupmsds.iup.edu erwfed02.iupmsds.iup.edu erwfep02.iupmsds.iup.edu erwfep02.iupmsds.iup.edu erwfet02.iupmsds.iup.edu

Reverse Threat Hunting

- Public facing visualization
- · Prior malicious activity
- Snapshot in time
- https://www.threatcrowd.org

jmglass@iup.edu?



Offense (Cobalt Strike & Metasploit)

Offensive Security Frameworks

- 2020 25% of C2 servers were either Cobalt Strike or Metasploit
- "Post Exploitation"
- A module for nearly everything
- Noisy and every AV vendor alerts
- https://www.metasploit.com/download
- https://www.cobaltstrike.com/

```
Started bind handler
   Trying target Windows XP SP2 - English...
   Sending stage (719360 bytes)
*| Meterpreter session 1 opened (192.168.1.101:34117 -> 192.168.1.104:4444)
meterpreter > ps
Process list
______
          Name
                               Path
                               C:\WINDOWS\system32\notepad.exe
          notepad.exe
    248
          snmp.exe
                               C:\WINDOWS\System32\snmp.exe
          Explorer.EXE
                               C:\WINDOWS\Explorer.EXE
    260
          surgemail.exe
                               c:\surgemail\surgemail.exe
    284
    332
          VMwareService.exe
                               C:\Program Files\VMware\VMware Tools\VMwareService.exe
   612
                               C:\Program Files\VMware\VMware Tools\VMwareTray.exe
          VMwareTray.exe
    620
          VMwareUser.exe
                               C:\Program Files\VMware\VMware Tools\VMwareUser.exe
                               C:\WINDOWS\system32\ctfmon.exe
    648
          ctfmon.exe
```

YouTube: How to * with metasploit || cobaltstrike

Offense (ZAP)

Zed Attack Proxy (OWASP)

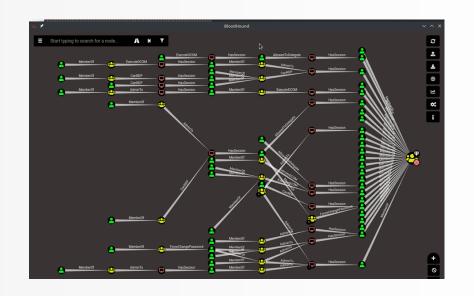
- Intercepting Proxy
- Automated Scanner (attack mode)
- Brute Force
- Fuzzing
- Port Scanning
- WebSockets.
- SQL Injection
- https://owasp.org/www-project-top-ten/
- Burp proxy (https://portswigger.net)



Offense (Bloodhound)

Bloodhound

- Visualize Active Directory
- Trust relationships (machines, escalate privileges
- Escalation map
- https://github.com/BloodHoundA
 D/BloodHound



Offense (nikto)

nikto

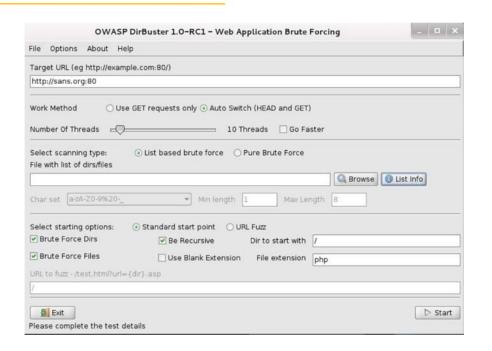
- All purpose webscanner
- Credential bruteforce
- Host header support
- Fast (loud)
- https://github.com/sullo/nikto
- Kali

```
ali:-# nikto
Nikto v2.1.6
ERROR: No host specified
                         Use this config file
     -config+
     -Display+
                         Turn on/off display outputs
                         check database and other key files for syntax errors
     -dbcheck
     -Format+
                         save file (-o) format
                         Extended help information
     -Help
     -host+
                         target host
                         Host authentication to use, format is id:pass or id:pass:realm
     -id+
     -list-plugins
                         List all available plugins
     -output+
                         Write output to this file
                         Disables using SSL
     -nossl
     -no404
                         Disables 404 checks
     -Plugins+
                         List of plugins to run (default: ALL)
                         Port to use (default 80)
     -port+
                         Prepend root value to all requests, format is /directory
     -root+
     -ssl
                         Force ssl mode on port
     -Tuning+
                         Scan tuning
                         Timeout for requests (default 10 seconds)
     -timeout+
                         Update databases and plugins from CIRT.net
     -update
     -Version
                         Print plugin and database versions
                         Virtual host (for Host header)
     -vhost+
              + requires a value
     Note: This is the short help output. Use -H for full help text.
```

Offense (DirBuster)

DirBuster

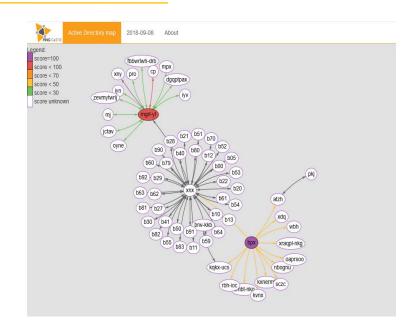
- Directory traversal attack
- Webserver structure
- Hidden*/Confidential files
- Bruteforce wordlists
- https://sourceforge.net/projects /dirbuster/



Offense (pingcastle)

Pingcastle

- Active Directory Auditing tool
- Privileged accounts
- Trusts
- Stale account
- Anomalies
- https://www.pingcastle.com/download



Offense (Evilginx)

Evilginx

- MITM attack framework
- Phishing module
- Captures login credentials
- Session cookies
- Leading to a 2-factor authentication bypass
- https://github.com/kgretzky/evilginx2



Howto: https://www.youtube.com/watch?v=hkLmuXhrizU

Offense (Others)

- Responder (NBT-NS, MDNS poisoner/cred theft) https://github.com/lgandx/Responder
- Seatbelt (privilege escalation recon) https://github.com/GhostPack/Seatbelt
- **Sharpup** (privilege escalation) https://github.com/GhostPack/SharpUp
- Powerup (privilege escalation) https://github.com/PowerShellMafia/PowerSploit/tree/master/Privesc
- HackerOne (top 100 tools) https://www.hackerone.com/ethical-hacker/100-hackingtools-and-resources

Awareness

- haveibeenpwnd https://haveibeenpwned.com/
- SANS Cyber Awareness Kit https://go.sans.org/lp-kit-securityawareness-planning
- GoPhish (open source phishing framework) https://getgophish.com/
- Jigsaw Phishing Test (online phishing test) -

https://phishingquiz.withgoogle.com/

Mentions

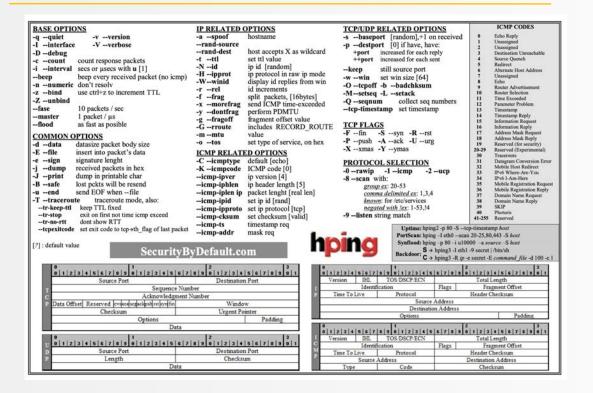
- OSSIT framework screenshot
- Maltego
- Snort/Wireshark/tcpdump
- Infection Monkey tab
- Hackerone list https://www.hackerone.com/ethical-hacker/100hacking-tools-and-resources

Questions

dg@cybersn.com



Hping cheat sheet



Powershell cheat sheet

Windows PowerShell 3.0 Language Quick Reference

Created by http://powershellmagazine.com



PowerShellMagazine

	Useful Commands		
Update-Help	Downloads and installs newest help files		
Get-Help	Displays information about commands and concepts		
Get-Command	Gets all commands		
Get-Member	Gets the properties and methods of objects		
Get-Module	Gets the modules that have been imported or that can be imported into the current session		
	Operators		

Assignment Operators =, +=, -=, *=, /=, %=, ++, -- Assigns one or more values to a variable

Comparison Operators

Equal, not equal -eq, -ne -gt, -ge Greater than, greater than or equal to -lt, -le Less than, less than or equal to -replace changes the specified elements of a value "abcde" -replace "bc", "TEST"

-match, -notmatch Regular expression match -like, -notlike Wildcard matching -contains, -notcontains Returns TRUE if the scalar value on its right is contained in the array on its left

1,2,3,4,5 -contains 3

-in, -notin Returns TRUE only when test value exactly matches at least one of the

reference values.

"Windows"-in "Windows", "PowerShell"

Bitwise Operators	
-band	Bitwise AND
-bor	Bitwise OR (inclusive)
-bxor	Bitwise OR (exclusive)
-bnot	Bitwise NOT
-shl, -shr	Bitwise shift operators. Bit shift left, bit shift right (arithmetic for signed, logical for unsigned values
Other Operators	

Splits a string

Range operator

Framework type.

"abcdefghi" -split "de

Joins multiple strings "abc","def","ghi" -join ";"

1..10 | foreach (\$_ * 5)

-is, -isnot Type evaluator (Boolean). Tells whether an object is an instance of a specified .NET

42 -is [int]

Type convertor, Tries to convert the input object to the specified .NET Framework type.

\$a = 42 -as [String]

[]

Formats strings by using the format method of string 1..10 | foreach { "{0:N2}" -f \$ }

> Cast operator. Converts or limits objects to the specified type

[datetime]\$birthday = "1/10/66"

Comma operator (Array constructor) Dot-sourcing operator runs a script in the current scope . c:\scripts\sample.ps1 \$() Subexpression operator @() Array subexpression operator The call operator, also known as the "invocation operator," lets you run commands that are stored in variables and represented by strings. \$a = "Get-Process" & Sa \$sb = { Get-Process | Select -First 2 } & \$sb **Logical Operators** Connect expressions and -and, -or, -xor, -not, ! statements, allowing you to test for multiple conditions

Redirection Operators

The redirection operators enable you to send particular types of output (success, error, warning, verbose, and debug) to files and

to the success output stream. Output streams All output

1 Success output 2 Errors 3 Warning messages

4 Verbose output 5 Debug messages

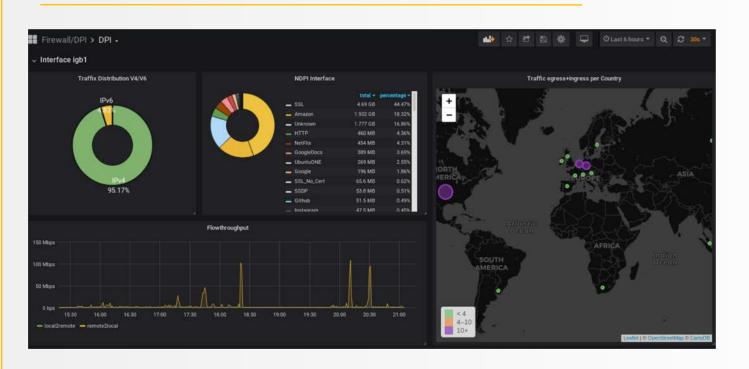
Writes warning output to warning.txt Do-Something 3> warning.txt # Appends verbose.txt with the verbose output

Do-Something 4>> verbose.txt

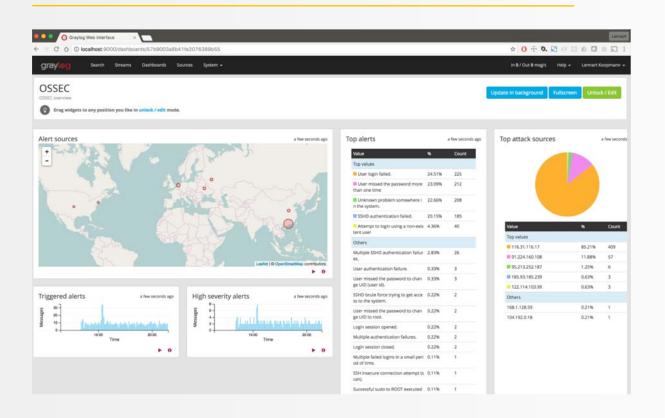
Writes debug output to the output stream Do-Something 5>&1

Redirects all streams to out.txt Do-Something *> out.txt

pfsense analytics



OSSEC Visualization



OSINT Framework

OSINT Framework

