



# REKINDLE YOUR FIRE



*With Pankti Killawala*

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# WHO DO I WORK WITH

Are you someone who strives for excellence and has ambitious goals, but finds yourself feeling stuck and uncertain about what to do next? Perhaps you had a plan, but life got in the way, you lost momentum, or you're struggling with perfectionist tendencies that are holding you back.

Are you a senior leader who has lost confidence in your abilities? Do you feel overwhelmed by the responsibilities you have both at work and home? Are you struggling to delegate tasks, develop your junior team members, or communicate effectively with those at the top?

Or maybe you just want to take your game to the next level with confidence and clarity.

I understand how frustrating and uncertain it can be when you feel stuck in a critical moment of transition. But don't worry – you don't have to navigate this journey alone. That's where I come in!



## HOW CAN I HELP?

Let's reignite the fire within you and help you achieve your career goals. My Rekindle Your Fire Leadership Framework will enable you to overcome any obstacles, regain your momentum, and establish a clear path forward that aligns with your values and aspirations.



**Set the Stage for Success:** Let's kickstart our coaching journey by setting clear goals to ensure that every moment we spend together counts. We will create goals that will have an immediate positive impact on your leadership skills, enabling you to make the best use of your valuable time.

**Lay Solid Foundations:** Future success relies on solid foundations! We will work to understand your priorities helping you integrate self-care into your daily routine. You will develop the ability to set clear boundaries and establish effective habits. This will enable you to focus your energy on what truly matters, allowing you to make a positive impact in the world.

 **Unlock Your True Self:** Gain confidence and embrace your uniqueness by understanding your values, motivations, strengths, and mindset while shedding limiting beliefs.

 **Ignite Your Vision:** With these new insights, you will be prepared to dream big and create a roadmap to make those dreams a reality. We will develop a plan of inspired actions to execute immediately and make this happen.

 **Equip You for your future:** You will be equipped with the knowledge and tools necessary to overcome any challenges that may arise during your journey, enabling you to not only make an immediate impact but also create lasting change.



## MEET PANKTI KILLAWALA

I am an *Associate Certified Coach with the ICF* and hold the *EMCC Global Individual Accreditation at the Practitioner Level*. I work with ambitious individuals who feel stuck in their current roles, have lost momentum or find that their perfectionist tendencies are holding them back. I help them rekindle the fire in their career so they can confidently pursue their dream role with a clear vision.

In addition to being a Coach, I am a qualified Actuary and have over 15 years of experience as a Senior Actuary with expertise in leadership, team management, project management and mentoring. I have experience of being a senior professional in the financial services market in this day and age; having seen and experienced what most of my clients face in their professional lives.



As an Indian now living in the UK, I understand Eastern and Western cultures; and adapt my coaching style to meet my client's cultural experiences.

I live in London with my husband and 2 young children. I love travelling and we are off exploring different countries on most school holidays. The rest of my time is spent negotiating with my children, reading or watching Netflix.



# WORK WITH ME

## KICKSTART

### What does it cover?

1 x 90 minutes online coaching call. Pre-work and follow up call summary.

**Goal:** Focus on resolving ONE burning issue to provide IMMEDIATE impact. You will leave our call with renewed energy and clarity on the next steps to resolve the issue.

**Investment: £500**

## REKINDLE YOUR FIRE COACHING DAY

### What does it cover?

10am to 3pm one to one coaching day online or at a mutually agreed venue in London. 60 minutes call before the day to set goals and a 30 minutes follow up call after a week in addition to accountability check-in via email one month after the coaching day.

**Goal:** A day to step away from your routine and focus on YOU. We will look at your current blockers, work through your values and mindset and create an action plan for what you want whether it is promotion, confidence in your leadership or work-life integration. In addition I will be there to provide you with accountability support for a month after our session.

**Investment: £1600**

## LEVEL UP

### What does it cover?

8 x 60 minutes of customised online 1:1 support over 16 weeks. You will implement the tools learnt between sessions to see the effectiveness and leave with a customised toolkit and further reading to support your journey in the future.

**Goal:** This is my signature package, we start with getting super clear on the goals, uncover what is holding you back and create an actionable plan for your next steps. In addition to the toolkit that you will develop for life you will have me as a coach to support and guide you when you are wobbling!

**Investment: £1800**



# WHAT MY CLIENTS SAY

Pankti's professionalism stands out in a sea of unregulated coaches in the UK. Her calming presence and powerful questions have helped me reach goals I've procrastinated on for months. Her non-judgemental approach creates a safe space to discuss business plans or more sensitive issues, and she has an impressive toolkit, including strengths and personality tests that give you such self-awareness you can begin to thrive in your environment and become the leader you long to be. I highly recommend working with Pankti as your coach.

Lorraine Crighton-Smith, Coach and Marketing Mentor

Pankti has helped me gain clarity and understanding on my next steps whenever I felt stuck. Through powerful questions she challenged my thinking which helped me set my goals and take action both in my professional and personal life. She creates a calm and comfortable environment making it easy to talk to her.

Franki Hale, Managing Director/Founder Sonder Associates

I have had a series of coaching sessions with Pankti over the past few weeks and have found them really helpful. Pankti is warm, approachable and professional. I quickly felt that I could trust her and it was easy to open up and be honest with her. I appreciate the way she reflects back what I have said as a way of getting me to think about things from a new perspective and how much she really listens to what I am saying. Pankti is really good at helping me to pinpoint the underlying issues and then explore ways to move on. I liked the way she invited me to use writing to help me to visualise a "new me" as I had told her I enjoy writing. I feel I have gained a lot of clarity and confidence from working with Pankti and I would highly recommend her.

Anna Browning, Teacher, Writer & Coach

I have worked with Pankti for a number of coaching sessions and found them hugely rewarding. Not only has Pankti given me valuable time to reflect on work and personal situations, but she has helped me see scenarios differently and created the opportunity for me to explore what I really wanted. Pankti creating a safe yet challenging environment for each of our session.

HR Director, London



## GET IN TOUCH

If you're ready to rekindle the fire in your career, then book a 30-minute free call with me by visiting my website or emailing me at [pankti.killawala@gmail.com](mailto:pankti.killawala@gmail.com). During our chat, we will identify your biggest challenges, discuss how it feels to overcome them and set goals for your coaching.