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Article

Determining risk of diabetes and cardiovascular diseases occurrence utilizing data via smart devices

Firstname Lastname ^{1,†,‡}, Firstname Lastname ^{2,‡} and Firstname Lastname ^{2,*}

- Affiliation 1; e-mail@e-mail.com
- ² Affiliation 2; e-mail@e-mail.com
- * Correspondence: e-mail@e-mail.com; Tel.: (optional; include country code; if there are multiple corresponding authors, add author initials) +xx-xxxx-xxxx (F.L.)
- † Current address: Affiliation 3.
- ‡ These authors contributed equally to this work.

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3.1. Subsection
3.1.1. Subsubsection

Bulleted lists look like this:

- First bullet;
- Second bullet;
- Third bullet.

Numbered lists can be added as follows:

- 1. First item;
- 2. Second item;
- 3. Third item.

The text continues here.

3.2. Figures, Tables and Schemes

All figures and tables should be cited in the main text as Figure 1, Table 1, Table 2, etc.



Figure 1. This is a figure. Schemes follow the same formatting. If there are multiple panels, they should be listed as: (a) Description of what is contained in the first panel. (b) Description of what is contained in the second panel. Figures should be placed in the main text near to the first time they are cited. A caption on a single line should be centered.

Table 1. This is a table caption. Tables should be placed in the main text near to the first time they are cited.

Title 1	Title 2	Title 3
Entry 1	Data	Data
Entry 2	Data	Data

Table 2. This is a wide table.

Title 1	Title 2	Title 3	Title 4
Entry 1	Data	Data	Data
Entry 2	Data	Data	Data ¹

¹ This is a table footnote.

Text.
Text.

3.3. Formatting of Mathematical Components

This is the example 1 of equation:

$$a=1, (1)$$

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the text following an equation need not be a new paragraph. Please punctuate equations as regular text.

This is the example 2 of equation:

$$a = b + c + d + e + f + g + h + i + j + k + l + m + n + o + p + q + r + s + t + u + v + w + x + y + z$$
 (2)

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Figure 2. This is a wide figure.

Please punctuate equations as regular text. Theorem-type environments (including propositions, lemmas, corollaries etc.) can be formatted as follows:

Theorem 1. *Example text of a theorem.*

The text continues here. Proofs must be formatted as follows:

Proof of Theorem 1. Text of the proof. Note that the phrase "of Theorem 1" is optional if it is clear which theorem is being referred to. \Box

The text continues here.

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Authors should discuss the results and how they can be interpreted from the perspective of previous studies and of the working hypotheses. The findings and their implications should be discussed in the broadest context possible. Future research directions may also be highlighted.

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Abbreviations

The following abbreviations are used in this manuscript:

MDPI Multidisciplinary Digital Publishing Institute

DOAJ Directory of open access journals

TLA Three letter acronym LD Linear dichroism

Appendix A

Appendix A.1

The appendix is an optional section that can contain details and data supplemental to the main text—for example, explanations of experimental details that would disrupt the

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flow of the main text but nonetheless remain crucial to understanding and reproducing the research shown; figures of replicates for experiments of which representative data are shown in the main text can be added here if brief, or as Supplementary Data. Mathematical proofs of results not central to the paper can be added as an appendix.

Table A1. This is a table caption.

Title 1	Title 2	Title 3
Entry 1	Data	Data
Entry 2	Data	Data

Appendix B

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References

- 1. Author 1, T. The title of the cited article. *Journal Abbreviation* **2008**, *10*, 142–149.
- 2. Author 2, L. The title of the cited contribution. In *The Book Title*; Editor 1, F., Editor 2, A., Eds.; Publishing House: City, Country, 2007; pp. 32–58.
- 3. Author 1, A.; Author 2, B. Book Title, 3rd ed.; Publisher: Publisher Location, Country, 2008; pp. 154–196.
- 4. Author 1, A.B.; Author 2, C. Title of Unpublished Work. Abbreviated Journal Name year, phrase indicating stage of publication (submitted; accepted; in press).
- 5. Author 1, A.B. (University, City, State, Country); Author 2, C. (Institute, City, State, Country). Personal communication, 2012.
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