

# Towards Understanding Why LookAhead Generalizes Better Than SGD and Beyond

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# Background: LookAhead

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**Algorithm 1: SGD**

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**Input** : Objective  $F_S(\theta)$ , dataset  $\mathcal{S}$ , inner-loop optimizer  $\mathcal{A}$ , inner-loop step number  $k$  and learning rate  $\{\{\eta_\tau^{(t)}\}\}$ , outer-loop learning rate  $\alpha \in (0, 1)$ .

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for  $t = 1, 2, \dots, T$  do
     $v_0^{(t)} = \theta_{t-1}$ ;
    for  $\tau = 1, 2, \dots, k$  do
         $v_\tau^{(t)} = \mathcal{A}(F_S(\theta), v_{\tau-1}^{(t)}, \eta_{\tau-1}^{(t)}, \mathcal{S}) = v_{\tau-1}^{(t)} - \eta_{\tau-1}^{(t)} g_{\tau-1}^{(t)}$ 
    end
     $\theta_t = v_k^{(t)} = (1 - 1)\theta_{t-1} + 1 * v_k^{(t)}$  ( $\alpha = 1$ )
end
```

**Output** :  $\theta_{\mathcal{A}, \mathcal{S}} = \theta_T$

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**Algorithm 2: Lookahead**

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**Input** : Objective  $F_S(\theta)$ , dataset  $\mathcal{S}$ , inner-loop optimizer  $\mathcal{A}$ , inner-loop step number  $k$  and learning rate  $\{\{\eta_\tau^{(t)}\}\}$ , outer-loop learning rate  $\alpha \in (0, 1)$ .

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## Key steps in SGD & LookAhead (LA):

**inner-loop optimization:** K steps forward in SGD & LA

**outer-loop optimization:** 1 step back in LA, while no step back in SGD

[1] Lookahead Optimizer: k steps forward, 1 step back, NeurIPS'19

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# Observation: LookAhead Generalizes Better Than SGD

**Important observations:** LookAhead (LA) [1] enjoys better test performance than SGD

OPTIMIZER	CIFAR-10	CIFAR-100
SGD	95.23 $\pm$ .19	78.24 $\pm$ .18
POLYAK	95.26 $\pm$ .04	77.99 $\pm$ .42
ADAM	94.84 $\pm$ .16	76.88 $\pm$ .39
LOOKAHEAD	95.27 $\pm$ .06	78.34 $\pm$ .05

**ResNet 18** [1]

OPTIMIZER	TRAIN	VAL.	TEST
SGD	43.62	66.0	63.90
LA(SGD)	35.02	65.10	63.04
ADAM	33.54	61.64	59.33
LA(ADAM)	<b>31.92</b>	<b>60.28</b>	<b>57.72</b>
POLYAK	-	61.18	58.79

**LSTM** [1]

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LSTM [1]

## Problems:

1. Why LA enjoys better test performance than SGD?
2. How to further improve LA?

[1] Lookahead Optimizer: k steps forward, 1 step back, NeurIPS'19

# Tools for Test Performance Analysis

- **optimal solution** to empirical risk:

$$\boldsymbol{\theta}_S^* \in \operatorname{argmin}_{\boldsymbol{\theta}} F_S(\boldsymbol{\theta}) \triangleq \frac{1}{n} \sum_{i=1}^n \ell(f(\mathbf{x}_i; \boldsymbol{\theta}), \mathbf{y}_i), \quad (1)$$

- **approximate solution** to empirical risk:

$$\boldsymbol{\theta}_{\mathcal{A},S} \approx \operatorname{argmin}_{\boldsymbol{\theta}} F_S(\boldsymbol{\theta}) \triangleq \frac{1}{n} \sum_{i=1}^n \ell(f(\mathbf{x}_i; \boldsymbol{\theta}), \mathbf{y}_i), \quad (2)$$

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- **Excess risk error** to measure **test performance**:

excess risk error

$$\varepsilon_{\text{exc}} = \underbrace{\mathbb{E}_{\mathcal{A},S}[F(\boldsymbol{\theta}_{\mathcal{A},S})]}_{\text{test error}} - \underbrace{\mathbb{E}_{\mathcal{A},S}[F_S(\boldsymbol{\theta}_S^*)]}_{\text{best training error}} = \underbrace{\mathbb{E}_{\mathcal{A},S}[F(\boldsymbol{\theta}_{\mathcal{A},S}) - F_S(\boldsymbol{\theta}_{\mathcal{A},S})]}_{\text{generalization error}} + \underbrace{\mathbb{E}_{\mathcal{A},S}[F_S(\boldsymbol{\theta}_{\mathcal{A},S}) - F_S(\boldsymbol{\theta}_S^*)]}_{\text{optimization error}} \quad (3)$$

where  $F(\boldsymbol{\theta}) \triangleq \mathbb{E}_{(\mathbf{x}, \mathbf{y}) \sim \mathcal{D}}[\ell(f(\mathbf{x}; \boldsymbol{\theta}), \mathbf{y})]$  is population risk.



# Superiority of LA: Smaller Optimization & Generalization Errors

**Excess risk error** to measure test performance:

$$\varepsilon_{\text{exc}} = \underbrace{\mathbb{E}_{\mathcal{A}, \mathcal{S}}[F(\boldsymbol{\theta}_{\mathcal{A}, \mathcal{S}})]}_{\text{test error}} - \underbrace{\mathbb{E}_{\mathcal{A}, \mathcal{S}}[F_{\mathcal{S}}(\boldsymbol{\theta}_{\mathcal{S}}^*)]}_{\text{best training error}} = \underbrace{\mathbb{E}_{\mathcal{A}, \mathcal{S}}[F(\boldsymbol{\theta}_{\mathcal{A}, \mathcal{S}}) - F_{\mathcal{S}}(\boldsymbol{\theta}_{\mathcal{A}, \mathcal{S}})]}_{\text{generalization error}} + \underbrace{\mathbb{E}_{\mathcal{A}, \mathcal{S}}[F_{\mathcal{S}}(\boldsymbol{\theta}_{\mathcal{A}, \mathcal{S}}) - F_{\mathcal{S}}(\boldsymbol{\theta}_{\mathcal{S}}^*)]}_{\text{optimization error}}$$

**Theorem 1 (informal)** Under proper assumptions, by setting conventional learning rate  $\eta = 1/\sqrt{kT}$ , on **convex problem** we have

$$\text{optimization error} \leq O\left(\frac{1}{\alpha\sqrt{kT}}\right) \qquad \text{generalization error} \leq O\left(\frac{\alpha\sqrt{kT}}{n}\right) \quad (5)$$

where  $kT$  is total training iteration number,  $n$  is training sample number.

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Since (1) optimum of  $\alpha$  is  $\alpha = O(1 \wedge \sqrt{n/kT})$  and (2) SGD = LA with  $\alpha = 1$

**Lookahead enjoys smaller excess risk error (test error) than SGD**

# Superiority of LA: Smaller Optimization & Generalization Errors

**Theorem 2 (informal).**  $\lambda$ –**strongly-convex problem** with proper assumptions:

$$\text{optimization error} \leq \begin{cases} O\left(\frac{1}{T^{2\alpha}} + \frac{1}{\lambda^2(kT)^{2\alpha}(1-2\alpha)}\right), & 0 < \alpha < \frac{1}{2}, \\ O\left(\frac{1}{T} + \frac{\log(Tk)}{\lambda^2 k T}\right), & \alpha = \frac{1}{2}, \\ O\left(\frac{1}{T^{2\alpha}} + \frac{1}{\lambda^2(2\alpha-1)kT}\right), & \frac{1}{2} < \alpha \leq 1. \end{cases} \quad \text{generalization error} \leq O\left(\frac{1}{n\lambda} \frac{(Tk+1)^\alpha - 1}{((T+1)k+2)^\alpha}\right) \quad (6)$$

When problem is large-scale and iteration number  $T$  is not large,

$$\frac{\ln T}{T^\alpha} > O\left(\frac{1}{n\lambda} \frac{\ln(Tk)}{k^\alpha}\right) \quad \text{or} \quad \frac{1}{\lambda(\alpha-1)^2 Tk} > O\left(\frac{1}{n} \frac{\ln(Tk)}{T^\alpha k^\alpha}\right) \quad (7)$$

the optimum  $\alpha$  is not 1.

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the optimum  $\alpha$  is not 1.

This also explains **why Lookahead enjoys smaller excess risk error (test error) than SGD**

# Superiority of LA: Smaller Optimization & Generalization Errors

**Theorem 3 (informal).** On nonconvex problem with PL condition

$$2\mu(f(w) - f(w^*)) \leq \|\nabla f(w)\|^2 \quad (\forall w, w^* \in \operatorname{argmin}_w f(w))$$

then we have

$$\text{optimization error} \leq O\left(\frac{1}{(Tk + 1)^{2\alpha}} + \frac{\alpha(\alpha + 2(1 - \alpha)(k - 1))}{\mu^2(Tk + 1)^{2\alpha - 1}}\right)$$

$$\text{generalization error} \leq O\left(\frac{1}{n - 1} \alpha^{\frac{1}{1 + \gamma}} (Tk)^{\frac{\gamma}{\gamma + 1}}\right) \quad \left(\gamma = \left(1 - \frac{1}{n}\right) \frac{\alpha L}{\mu}\right)$$

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By properly choosing  $\alpha$ ,

**Lookahead can also enjoys smaller excess risk error (test error) than SGD**

# An Improved LookAhead: Stagewise Locally-regularized Lookahead

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**Algorithm 3:** Stagewise Locally-Regularized LookAhead (SLRLA)

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**Input** : Loss  $F_S(\theta)$ , constant  $\{\beta_q\}_{q=1}^Q$   
**for**  $q = 1, 2, \dots, Q$  **do**  
     $F_q(\theta) = F_S(\theta) + \frac{\beta_q}{2} \|\theta - \theta_{q-1}\|^2$ ;  
     $\theta_q = \text{Look-ahead}(F_q(\theta), \eta_q, T_q, \alpha_q, k_q, \theta_{q-1}, \mathcal{A}, \mathcal{S})$ .  
**end**  
**Output** :  $\theta_{\mathcal{A}, \mathcal{S}} = \theta_Q$ .

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**Algorithm 2:** Lookahead

---

**Input** : Objective  $F_S(\theta)$ , dataset  $\mathcal{S}$ , inner-loop optimizer  $\mathcal{A}$ ,  
inner-loop step number  $k$  and learning rate  $\{\{\eta_\tau^{(t)}\}\}$ ,  
outer-loop learning rate  $\alpha \in (0, 1)$ .  
**for**  $t = 1, 2, \dots, T$  **do**  
     $v_0^{(t)} = \theta_{t-1}$ ;  
    **for**  $\tau = 1, 2, \dots, k$  **do**  
         $v_\tau^{(t)} = \mathcal{A}(F_S(\theta), v_{\tau-1}^{(t)}, \eta_{\tau-1}^{(t)}, \mathcal{S}) = v_{\tau-1}^{(t)} - \eta_{\tau-1}^{(t)} g_{\tau-1}^{(t)}$   
    **end**  
     $\theta_t = (1 - \alpha)\theta_{t-1} + \alpha v_k^{(t)}$ .  
**end**  
**Output** :  $\theta_{\mathcal{A}, \mathcal{S}} = \theta_T$

---

**Strategy:** divide optimization into **several stages** and use lookahead to solve **locally-regularized loss**

$$F_q(\theta) = F_S(\theta) + \frac{\beta_q}{2} \|\theta - \theta_{q-1}\|^2$$

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**end**  
**Output** :  $\theta_{\mathcal{A}, \mathcal{S}} = \theta_Q$ .

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$$F_q(\theta) = F_S(\theta) + \frac{\beta_q}{2} \|\theta - \theta_{q-1}\|^2$$

## Advantages:

- Local regularization improves loss convexity, e.g. ill-conditioned loss  $\rightarrow$  well-conditioned one
- Local regularization helps avoid overfitting



# Superiority of SLRLA: Smaller Optimization & Generalization Errors

**Theorem 4 (informal).** Under proper assumptions, to obtain optimization error  
 optimization error  $\leq \epsilon$

The stochastic gradient complexity (stochastic gradient evaluation number, a.k.a. IFO) is

stochastic gradient complexity	LookAhead (LA)			SLRLA
	$\alpha \in (0, \frac{1}{2})$	$\alpha = \frac{1}{2}$	$\alpha \in (\frac{1}{2}, 1]$	$\alpha \in (0, 1]$
$\lambda$ -strongly-convex problems	$\mathcal{O}\left(\left(\frac{1}{\epsilon}\right)^{\frac{1}{2\alpha}} + \left(\frac{1}{(1-2\alpha)\lambda^2\epsilon}\right)^{\frac{1}{2\alpha}}\right)$	$\mathcal{O}\left(\frac{\log \frac{1}{\epsilon}}{\lambda^2\epsilon}\right)$	$\mathcal{O}\left(\frac{1}{(2\alpha-1)\lambda^2\epsilon}\right)$	$\mathcal{O}\left(\frac{1}{\lambda\alpha\epsilon}\right)$
nonconvex problems with $\mu$ -PL	$\mathcal{O}\left(\left(\frac{1}{\mu^2\epsilon}\right)^{1/\alpha}\right)$			$\mathcal{O}\left(\frac{1}{\mu\alpha\epsilon}\right)$

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stochastic gradient complexity	LookAhead (LA)			SLRLA
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nonconvex problems with $\mu$ -PL	$\mathcal{O}\left(\left(\frac{1}{\mu^2\epsilon}\right)^{1/\alpha}\right)$			$\mathcal{O}\left(\frac{1}{\mu\alpha\epsilon}\right)$

By observing factors  $\alpha$ ,  $\lambda$  and  $\mu$ , SLRLA has smaller computational complexity than LA, meaning

**SLRLA has smaller optimization error than LA under a given computational budget**

# Superiority of SLRLA: Smaller Optimization & Generalization Errors

**Theorem 4 (informal).** Under proper assumptions, to obtain optimization error

$$\text{optimization error} \leq \epsilon$$

the generalization error is

generalization error	LookAhead (LA) $\alpha \in (0, 1]$	SLRLA $\alpha \in (0, 1]$
$\lambda$ -strongly-convex problems	$\mathcal{O}\left(\frac{1}{n\lambda}\right)$	$\mathcal{O}\left(\frac{1}{n(\beta/\alpha + \lambda)}\right)$
nonconvex problems with $\mu$ -PL	$\mathcal{O}\left(\frac{1}{n} (Tk)^{\frac{\gamma}{\gamma+1}}\right)$ ( $\gamma = (1 - \frac{1}{n}) \frac{\alpha L}{\mu}$ )	$\mathcal{O}\left(\frac{1}{n} / \left(\frac{c}{\alpha} + \mu\right)\right)$ ( $c \geq 0$ )

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**Theorem 4 (informal).** Under proper assumptions, to obtain optimization error

$$\text{optimization error} \leq \epsilon$$

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generalization error	LookAhead (LA) $\alpha \in (0, 1]$	SLRLA $\alpha \in (0, 1]$
$\lambda$ -strongly-convex problems	$\mathcal{O}\left(\frac{1}{n\lambda}\right)$	$\mathcal{O}\left(\frac{1}{n(\beta/\alpha + \lambda)}\right)$
nonconvex problems with $\mu$ -PL	$\mathcal{O}\left(\frac{1}{n} (Tk)^{\frac{\gamma}{\gamma+1}}\right)$ ( $\gamma = (1 - \frac{1}{n}) \frac{\alpha L}{\mu}$ )	$\mathcal{O}\left(\frac{1}{n} / \left(\frac{c}{\alpha} + \mu\right)\right)$ ( $c \geq 0$ )

By comparison,

**SLRLA has smaller generalization error than LA**

# Experimental Results

Table 3: Classification accuracy (%).  $\diamond$ ,  $*$ ,  $\dagger$ ,  $\ddagger$  are respectively reported in [1], [15], [49], [50].

optimizer	CIFAR10			CIFAR100			ImageNet ResNet18
	ResNet18	VGG16	WRN-16-10	ResNet18	VGG16	WRN-16-10	
Adam [11]	94.84 $\diamond$	91.08	93.54	76.88 $\diamond$	64.07	74.81	66.54 $*$
Adabound [51]	92.56	91.35	91.68	71.43	64.74	71.64	68.13 $\dagger$
RAdam [15]	93.85	90.84	94.16	74.30	63.99	75.92	67.62 $*$
AdamW [52]	94.95	90.75	95.95	77.30	63.40	79.63	67.93 $\dagger$
AdaBelief [50]	95.20 $\ddagger$	92.25	95.71	77.02 $\ddagger$	68.63	77.93	70.08 $\ddagger$
Stagewise SGD [13]	95.23 $\pm$ 0.19 $\diamond$	92.13 $\pm$ 0.02	95.51 $\pm$ 0.02	78.24 $\pm$ 0.18 $\diamond$	69.97 $\pm$ 0.02	78.95 $\pm$ 0.03	70.23 $\dagger$
SLA [1]	95.27 $\pm$ 0.06 $\diamond$	92.38 $\pm$ 0.02	95.73 $\pm$ 0.02	78.34 $\pm$ 0.05 $\diamond$	70.20 $\pm$ 0.04	79.54 $\pm$ 0.02	70.30 $\pm$ 0.09
SLRLA	<b>95.47<math>\pm</math>0.20</b>	<b>92.63<math>\pm</math>0.03</b>	<b>96.08<math>\pm</math>0.07</b>	<b>78.58<math>\pm</math>0.15</b>	<b>70.63<math>\pm</math>0.02</b>	<b>79.85<math>\pm</math>0.05</b>	<b>70.47<math>\pm</math>0.12</b>

SLRLA has better test performance than SGD and (stagewise) LA

# Conclusion

- **Problems:**

(1) Why Lookahead enjoys better test performance than SGD?

**LookAhead enjoys smaller excess risk error than SGD**

(2) How to further improve LookAhead?

**we propose a stagewise locally-regularized Lookahead with provable performance**

Thanks !