

Boosting
healthcare,
changing lives



St Mark Universal Copts Care

Report & Accounts

2017/18

“Now all who believed
were together, and
had all things in
common, and sold their
possessions and goods,
and divided among all,
as anyone had need.”

Acts 2: 44-45

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Chairman's report

As we reflect on the developments of one year and prepare for the next, it is an opportune time to take stock of the progress made.

For all of us involved in St Mark Universal Copts Care, this moment brings mixed emotions and understanding – of the great deal that has been achieved and also the great deal more that we aim to accomplish!

To mention first the highlights, 2017/18 has been another positive year in terms of our impact on healthcare in some of the most deprived areas of the Middle East and Egypt in particular.

It has been constructive in the literal sense, as we completed the fit-out of our first medical centre, which prepares to open its doors in autumn 2018, and made significant progress with the build of a new international hospital in Qous.

Our medicines programme saw more than 18,000 prescriptions dispensed across ten Egyptian dioceses, providing medicines to the value of over \$250,000.

In other medical services, over 380 operations were carried out, ranging from gynaecology to general surgery and ENT to ophthalmology and orthopaedics.

Closer to home, we continued to work closely with Warrington Disability Partnership, and the Phoenix project more than tripled in scale over the year. Together, we shipped almost 1,200 pieces of newly refurbished disability equipment, primarily to Syrian refugee camps, as well as to 1Step2Step, a charity for children with disabilities in Thailand, and refurbishing a further 1,200 items for shipment to Egypt.

We have continued to develop our links in the UK, working with Care UK to make shipments to Syria and with IHP to secure medication for the Children's Cancer Hospital, 57357, in Cairo.

Operationally, we also strengthened our team, in particular promoting Medhat Boutros to the post of Charity Manager. His proven commitment and expertise in driving our projects both overseas in the UK have seen us go from strength to strength over the past year, and we look forward to redoubling our efforts and scale as we move into 2018/19 and beyond.

On a personal level, this was also a year of great significance as I was privileged to have been appointed Deputy Lord-Lieutenant of Cheshire, and it has been both a humbling and inspiring experience to see firsthand more of the charitable work that takes place in our region.



The journey to develop the work of St Mark Universal Copts Care is equally humbling and inspiring, not least when we see the huge commitment of our volunteers, who work to improve the lives of others.

It is a journey which in many ways feels like it is just beginning. There is so much more to do, and we move into the new year with belief and resolve to ensure our work continues to grow in scale and impact.

A handwritten signature in blue ink, reading 'N. Fouad'. The signature is fluid and cursive, with a long horizontal stroke extending to the right.

Dr Naser Fouad

Chair & Deputy Lord-Lieutenant of Cheshire



Objectives

St Mark Universal Copts Care is a UK based charity with a mission to relieve poverty and a primary focus on improving healthcare in Egypt and the Middle East

By combating disease and working to improve people's physical and mental health circumstances, we aim to provide the springboard for people to go on to work and build better lives for themselves and their families

We also aim to have a positive impact in the community where we are based, in Warrington, Cheshire, supporting projects that improve health outcomes here too, and working in partnership with other local organisations to make a difference to people's lives

Our values

DELIVERING EXCELLENCE

through a commitment to continually improve quality of care.

RESPECTING PEOPLE

showing compassion and improving lives.

WORKING TOGETHER

treating one another with respect and dignity, and leading by example through the notion of accountability.

GOVERNANCE

St Mark Universal Copts Care is a company limited by guarantee and is governed by its Memorandum and Articles of Association dated 24 October 2013. It is a charity registered with the Charity Commission on 23 January 2014. The charity is governed by a board of trustees, responsible for the setting the strategic direction and policies of the organisation and ensuring it meets its legal and contractual obligations. Its trustees are: Dr Naser Fouad (Chairman), Mrs Hala Elnarshy- Fouad (Treasurer), Paolo Baskharoun, Mariam Ebrahim, Shery Ebrahim, Maha Hamer and Dr Lourence Lewis-Hanna

AUDITING

All our programmes are audited on a monthly basis to ensure money is invested as pledged, that projects are managed efficiently and that medicines are reaching people in line with our commitments to fulfill prescriptions



The Faqous polyclinic was
opened in 2018
by Bishop Makar
of Marakez El-Sharquia

Impact

"My health" (Sehaty) programme

Faqous polyclinic set to open

This year saw the fit-out of the first polyclinic under the 'My Health' programme, with the centre going on to open in autumn 2018

Providing outpatients, radiology and a day surgery centre, the polyclinic serves Faqous' population of over 700,000 people, at least a third of whom cannot afford to pay privately for healthcare

Qous international hospital underway

Alongside this, St Mark Universal Copts Care commenced work on the 'My Health' programme's biggest project to date: an 11,000 m² new build international hospital over 11 floors. The main building work is now complete and the mechanical and electrical fit-out is underway

The hospital, which is due to open in 2020, will provide orthopaedic and eye surgery, labs and a heart unit, an intensive care unit, MRI scanner and radiology outpatient service. It will also boast a nurse training academy across the top two floors.

Vision

Launched in 2016, the vision of the 'My Health' (Sehaty) programme is to build and equip healthcare centres and hospitals, run to the highest standards of hospital management and providing access to high quality healthcare services to those in need

The model of the 'My Health' programme is that healthcare for the poorest will be subsidised by those who can afford to pay. In this way, the clinics and hospitals will become self-sufficient, with 80% of any surplus generated used to subsidise healthcare for those in poverty, and the remaining 20% contributing to funding for further schemes.

Medicines distribution programme

Over the past year, St Mark Universal Copts Care has again expanded its medicines programme, seeing a 25% increase in medication provided –with over 18,000 prescriptions dispensed over the course of the year.

The economies of scale achieved through the bulk buying of prescriptions represent on average an 18% reduction in cost, and the value of the medication in terms of supporting people to live with chronic health conditions is of course much greater..

Working with international health partners (IHP) to extend access to life-saving medicines



St Mark Universal Copts Care continued its exciting collaboration with International Health Partners (IHP), Europe's largest facilitator of product donations between healthcare companies and aid agencies.

This provides a way to access the surplus medicine of healthcare companies in a safe and regulated manner and then redirect it to those most in need

This year, a further medicines shipment was made to Egypt, successfully delivering a pallet containing antibiotics, to a value of £27,000, to Cairo's Children's Cancer Hospital, 57357.

We are also working to accelerate the process to enable further shipments to be made via this route.



Impact

Providing vital equipment for people with disabilities

The Phoenix Project entered its second year as we continued to work with the Warrington Disability Partnership on the scheme, which sees used disability equipment refurbished and then shipped overseas to provide vital living aids to transform quality of life for people with disabilities.

It also creates employment in the UK and recycles equipment that would otherwise have been destined for landfill.

C. 2,500 items of equipment refurbished and prepared for shipment to people with disabilities in Syria, Egypt and Thailand; these included items such as wheelchairs, walkers, hoists, medical beds and chairs, zimmer frames and specialist mattresses.

This included £55,000 worth of equipment being provided to people with disabilities overseas, as follows:

1,052 pieces of new and refurbished mobility and independent living equipment donated to Syrian refugee camps, with four shipments made between October 2017 and February 2018 via a collaboration with Care UK

137 pieces of new and refurbished mobility and independent living equipment donated to 1Step2Step, a charity for children with disabilities in Thailand

In addition, the team prepared a further shipment to Egypt, with over 1,210 pieces of equipment for children and adults with disabilities, with a value of over £65,000. This was then shipped mid-April 2018 to the Egyptian Ministry of Health to distributed to those unable to afford such living aids via Egyptian hospitals





The year in numbers



Meds programme

18,004

prescriptions dispensed
across 10 dioceses

\$251,242

worth of medication provided

18%

discount secured on medication
through economy of scale



Operations

381

operations carried out
across 5 dioceses

Gynaecology

105

General Surgery

159

ENT & Ophthalmology

83

Orthopaedic

34



Social

158

students supported
with tuition fees

15

new couples supported
to start married life



Volunteering & Fundraising

Our volunteers have continued to serve St Mark Universal Copts Care diligently.

In December 2017, we were supported on a mission to make Christmas come true for children at the orphanage of XX in Cairo. Young people from across the UK donated in a range of ways, from fundraising to ensure each child had the gift they'd requested to wrapping presents and staging shows to ensure Christmas was truly memorable.

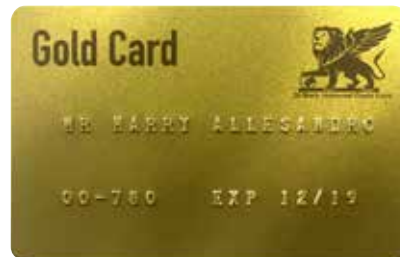
Fundraising round-up

Volunteers ran a range of events, from balls to clothes sales and sponsored walks to triathlons.



We also launched the charity on easyfundraising.com, providing an easy way for supporters to generate donations from retail outlets where they shop throughout the year – and at no cost to themselves.

St Mark Gold Card: save money, save lives



We continued to generate revenue through the St Mark Gold Card, which rewards subscribers with retail perks, with 100% of their membership subscription going to the charity's projects

For just £10 per month, members are able to access extensive restaurant and store discounts and benefits, including free breakdown cover and free mobile phone insurance. The aim is to continue to grow this membership base further.

UK partnerships



The charity's collaboration with the local Cheshire based community group, No Rain, No Rainbows, provided a range of workshops, coaching and support for people who are affected by stress, loneliness, depression, anxiety, addiction and lack of self worth

Support was provided through:

5

No Rain, No Rainbows
School & Youth Projects

6

Women's Groups:
Love Yourself, Heal Your Life

47

One to One
Mentoring Sessions

11

Workshops to a range of
community groups
reaching 156 people

247

people reached through
18 talks across schools,
women's refuges, youth
and community groups



What people said about the workshops

I am a survivor of domestic abuse and have been living in refuge for 7 months. Katie came to visit the refuge to discuss No Rain, No Rainbows. I was emotionally moved by her honesty about her journey and grew excited about embarking on her workshops. Katie is very genuine and demonstrates empathy, compassion and real kindness. My children adore her and are enjoying project happiness immensely.

Jennifer - Cheshire Without Abuse

Before I started this course I was in a pretty dark place. I was stuck in a negative cycle of anger, depression and anxiety, constantly trying (and failing) to bury these emotions inside me and pretend to the outside world that all was well. Taking part in this course has been life changing! I know that seems like a huge statement to make but it's true. I've learnt to "face my demons", to take back control of my emotions, and to see the many, MANY positives in my life. I am actually enjoying my life again, truly enjoying it more than I have for many years.

Joanne - Cheshire Autism

Walked in stressed, anxious, overwhelmed, jittery, nervous, owing to steroid withdrawal and health issues. Walked out positive, happy, relaxed, at peace, with a plan for change, love and peace.

Debbie, Heal Your Life - June 2017 WDP

Accounts

Statement of Financial Activities for the year ended 31 March 2017

	2018	2017
	£	£
INCOMING RESOURCES		
Donations and legacies	395,763	696,149
Fundraising and events	16,059	73,200
Interest income	-	2627
Total incoming resources	411,822	769,611
RESOURCES EXPENDED		
Expenditure on raising funds		
- Fundraising and events	-	139,844
Expenditure on charitable activities		
- Overseas aid	281,296	517,784
- Medical treatment costs	48,492	136,923
- UK charitable contributions	75,466	20,879
- Wages and salaries	38,287	51,241
- Operating costs	51,220	78,362
- Governance costs	14,567	12,103
Total expenditure	509,328	957,136
Net income (expenditure) and movement in funds	(97,506)	(187,525)
Fund balance at 1 April 2017	90,409	277,934
Fund balance at 31 March 2018	7,097	90,409

The statement of financial activities includes all gains and losses in the year.

All incoming resources and resources expended derive from continuing activities



St Mark Universal Copts Care

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