

**St Mark Universal**  
**Copts Care**  
Report & Accounts  
2018/19

*Give health, give life, give hope*



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## Chairman's Report

It has been another momentous year for the charity, seeing us make great strides with the 'My Health' (Sehaty) programme. The medical centre in Egypt's Faqous is now fully operational and work is underway on our second hospital, this time an urgently needed facility in Qous.

Over 17,500 prescriptions have been dispensed to support individuals struggling with chronic illnesses and limited financial resources, and more than 330 operations have been carried out.

We have also supported the development of the new Kimi Teaching Hospital in Cairo and, importantly, are working to forge links in the UK, including with the Royal College of Surgeons, to ensure the highest standards at this facility.

Also on the theme of education, we have funded a new centre in the deprived area of Sharabiya, to provide computing, language and creative learning programmes to children between the ages of six to 18 throughout the summer months.

In the UK, we are delighted to have marked a new milestone in our ambition to provide a vibrant youth service, completing the purchase of Werneth Grange, a listed heritage building in Oldham, Greater Manchester. Providing a base for a new youth centre, this is already creating a range of opportunities: for young people, the wider community and the charity's fundraising activities.

We have also continued our commitment to providing disability aids, such as wheelchairs and hoists, to those living in locations where these are not easily available or affordable.

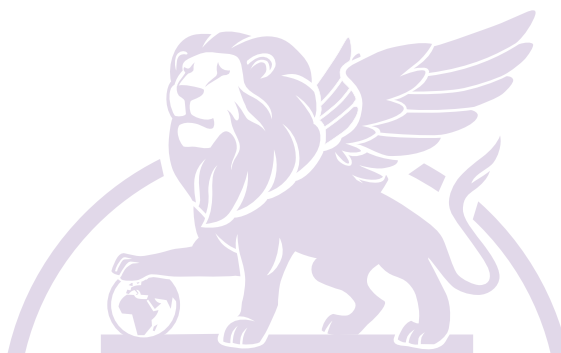
None of this would have been possible without the support of our donors and volunteers. Hopefully, the content of these pages helps give a flavour of the difference you are making. The real impact though, can only be seen in the eyes and hearts of our beneficiaries: whether through receiving medicines to ease their pain or enjoying new possibilities following life-changing surgery.

This is the difference that you make.

Thank you for all that you do, and we look forward to achieving even more in the future.



Dr Naser Fouad  
*Chair of St Mark Universal Care and  
Deputy Lord-Lieutenant of Cheshire*











## Mission

St Mark Universal Care is an established, UK based charity, with a strong track record of making a real difference in the communities where we operate. These include projects overseas and in the UK, in Oldham and Warrington.

The charity supports disadvantaged people in all the work it undertakes and ensures that our services are there for all, regardless of any characteristic.

Overseas, our primary focus is on improving access to high quality healthcare in Egypt and the Middle East.

By combating disease, we recognise the fundamental link between good health and people's ability to work and generate income.

In the UK, we also work in partnership with other community groups to provide health and wellbeing benefits.

Most recently, we acquired the heritage building, Werneth Grange, in Oldham to provide a youth centre and facility for the wider community, as well as a fundraising base for the charity.

In short, we exist to further the following charitable objects:

1. The relief of need and the advancement of health and education worldwide for the public benefit
2. The advancement of heritage, through securing the future of our listed heritage building and youth centre, Werneth Grange



## Our values

**Excellence  
in services**

**Respect, dignity  
and compassion**

**Collaboration and  
sustainability**

### Governance

St Mark Universal Care is a company limited by guarantee and is governed by its Memorandum and Articles of Association, updated 28 October 2019. It is a charity registered with the Charity Commission on 23 January 2014. The charity is governed by a board of trustees, responsible for setting the strategic direction and policies of the organisation and ensuring it meets its legal and contractual obligations. Its trustees are Dr Naser Fouad (Chairman), Mrs Hala Elnarshy-Fouad (Treasurer), Paolo Baskharoun, Mariam Ebraheim, Shery Ebraheim, Maha Hamer and Dr Lourence Lewis-Hanna.

### Auditing

All our programmes are audited on a monthly basis to ensure money is invested as pledged, that projects are managed efficiently and that medicines are reaching people in line with our commitments to fulfil prescriptions.



# Overseas Highlights

## My Health Programme, Egypt

Aiming to construct and equip four international hospitals and three healthcare centres in Egypt, with targeted services according to local needs, the 'My Health' (Sehaty) Programme is now well underway and providing invaluable healthcare services to those in need.

The impressive healthcare centre in Faqous is fully operational, providing a day surgery centre, outpatient facility

and radiology services in a deprived, rural part of the country, and a new international hospital is under construction in Qous, with the main building work complete and fit-out now underway.

The model is based on each site becoming self-sufficient, by charging those with the means to pay and using these funds to subsidise healthcare services for those for whom they would otherwise be unaffordable.



## Kimi Hospital, Cairo

In another major milestone, construction on a new teaching hospital in Cairo got under way, alongside the development of a partnership with the United Kingdom's Royal College of Surgeons, which will see the hospital provide accredited training to the next generation of doctors.





## Impact in Numbers

### Sharabiya Education Centre

A new educational centre has been opened in the slums of Sharabiya, serving 128 children between the ages of six to 18. Providing activities throughout the summer months, the centre offers computing and language classes (English or French) to equip young people for the modern workplace, as well as providing creative opportunities, such as art and crafts or learning a musical instrument.

Children are actively encouraged to pursue reading and there are two libraries, offering an extensive range of primary and secondary reading resources.

There is also a focus on physical needs, with the children enjoying a daily nutritional meal at the centre and staff looking out for signs of illness and arranging for medical check-ups if needed.



### Medication Programme

St Mark Universal Care has continued to provide essential medication to people with chronic diseases, who would otherwise be unable to afford their prescriptions.

By bulk buying medication, the charity is able to secure a significantly discounted rate, enabling it to aid more individuals in need.



#### Impact in numbers

17,775

Total number of prescriptions dispensed

339

Total number of operations

#### In detail:

Gynaecology

99

General Surgery

120

ENT (Ear, nose & throat)

83

Orthopaedic

37







## *Werneth Grange Youth Service*



### The vision

Plans are in place for more extensive transformation of the building to create greater opportunities over time, both for events and venue hire to provide a valuable income stream for the charity.

### Investing in our future

In December 2018, the charity purchased Werneth Grange, a listed heritage building, providing a community and youth centre for the people of Oldham, as well as a base for charity events and fundraising activities.

Initial remedial works were completed, enabling a vibrant programme of events to be launched and the venue to be hired by other organisations.

The centre already has support of the wider community, the council, MP and local groups excited to use the building.





## Heritage

Joseph Lees, born 1832, a wealthy cotton magnate, commissioned a new home for his family and staff. Completed in 1871, the building is Gothic Revival with a square plan and asymmetrical arrangement with beautiful features, a gothic staircase, tiled floors, internal stained glass, intricate woodwork and magnificent fireplaces. In 1907, he sold to the Sisters of Mercy, who converted the building into a convent with a chapel, in keeping with the original house.



## Phoenix Project

### Providing vital equipment for people with disabilities

Now in its third year, the Phoenix Project operates in partnership with Warrington Disability Partnership to recycle used disability equipment, such as wheelchairs and hoists, refurbishing these to 'as new' condition and providing vital living aids to disadvantaged communities overseas.

2,899 items of equipment, worth £195,239 were refurbished and shipped to Egypt and Syrian refugee camps. These included items, such as wheelchairs, walkers, hoists, medical beds and chairs, zimmer frames and specialist mattresses.

As well as the transformative impact on life for people with disabilities, the Phoenix Project also creates employment in the UK and recycles equipment that would otherwise have been destined for landfill.

The project has continued to diversify and evolve, in part due to political challenges in Egypt causing blocks when it comes to clearing equipment through customs. As a result, new partnerships have been formed, enabling us to supply refurbished aids to Romania and Syria.



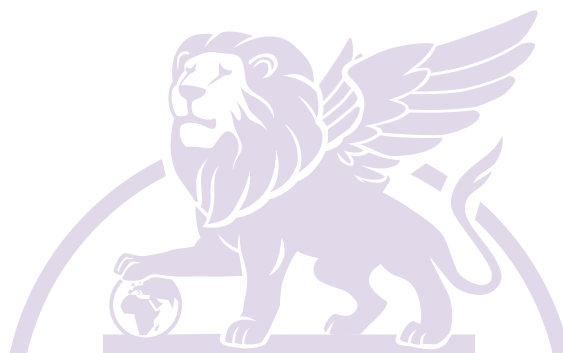
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# 2,899

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items of  
equipment shipped

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# Volunteering and Fundraising

The charity's overseas mission trips again proved popular in 2018, giving young people the chance to enjoy rewarding experiences and witness firsthand the impact of some of the charity's healthcare projects. From providing Christmas gifts to orphans to supporting with English language teaching in deprived communities, our volunteers gave their all.

Volunteers also continued to support the charity through a range of fundraising efforts.

*In the UK, volunteers also supported the Warrington Disability Partnership, joining its sponsored walk in April 2018 and manning a stand at the charity's annual Disability Awareness Day.*



*A Benefits Concert hosted by students at the University of Liverpool, led by Mary Hanna, raised £1,172 in April 2018.*



*Chris Fouad and Paolo Baskharoun raised £3,353 braving Tough Mudder in May 2018, including a generous donation of £1,000 in match funding from Barclays Bank – thank you!*

We also continued to generate revenue through our Gold card scheme, which offers members a host of discounts in cinemas, retail stores, restaurants and gyms, as well as a range of free perks. Visit our website for more details.



*A sizzling summer BBQ, held in Warrington, July 2018, raised £2,198*



Finally, thank you to everyone who donates to St Mark Universal Care through [easyfundraising.com](https://www.easyfundraising.com), generating revenue for the charity as they shop at no additional cost to themselves. Again, find out more online!





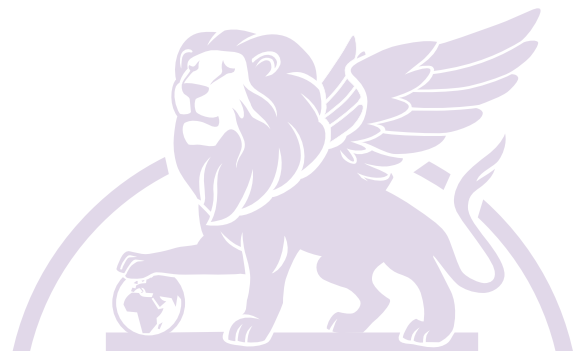
# Accounts

## Statement of Financial Activities for the year ended 31 March 2019

	2019	2018
	£	£
<b>INCOME</b>		
Donations and legacies	2,502,550	414,341
Fundraising and events income	9,857	16,059
Rental income	8,610	-
<b>Total income</b>	<b>2,521,017</b>	<b>430,400</b>
<b>EXPENDITURE</b>		
<b>Expenditure on charitable activities</b>		
- Overseas aid	(26,571)	281,296
- Kimi Project	1,314,674	-
- Education centre	80,000	-
- Medical treatment costs	269,080	48,492
- Healthcare projects	122,000	-
- Phoenix Project & Clothes for Syrian Refugees	207,239	-
- UK charitable contributions - Phoenix Project	36,278	75,466
- Coptic Orthodox Church	435	-
- The Coptic Orthodox Church Centre UK, Stevenage	6,912	-
- Wages and salaries	30,851	38,287
- Operating costs	60,447	59,674
- Governance costs	10,886	14,567
<b>Total expenditure</b>	<b>2,112,231</b>	<b>517,782</b>
<b>Net income (expenditure) and movement in funds</b>	<b>408,786</b>	<b>(87,382)</b>
Fund balance at 1 April 2018	3,027	90,409
<b>Fund balance at 31 March 2019</b>	<b>411,813</b>	<b>3,027</b>

The statement of financial activities includes all gains and losses in the year.

All incoming resources and resources expended derive from continuing activities.





[www.stmarkuniversalcare.org](http://www.stmarkuniversalcare.org)

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