2/1/24 * Side note * - modified trad aditor in Windows to open folder in VS Code - search stack overflow det home-page():

exercises()

exercises() passing args to html from Rythun via Flask (Traja Consider Scope when passing data/voriables to html 2117 EE variable 332/11. 5% endfor % * (app. route () - used for defining UPL routes

* url_for() - used for generating UPLs for those routes.

---2/3/24 - Flask for key in my-dict: Tyields dict keys

print (key) a reference / alias of keys for the did keys

app. route ("/2 workout") These seem to need to

mately

det get-lift (workout):

These seems to need to these seem to need to match up or at least include each other * make jure to pass "workout" to return values as well return render...