



Unified Protocol for Transdiagnostic Treatment of Emotional Disorders: Workbook (2 edn)

David H. Barlow, Todd J. Farchione, Shannon Sauer-Zavala, Heather Murray Latin, Kristen K. Ellard, Jacqueline R. Bullis, Kate H. Bentley, Hannah T. Boettcher, and Clair Cassiello-Robbins

Previous Edition (1 ed.)

Publisher: Oxford University Press
Print ISBN-13: 9780190686017
DOI: 10.1093/med-psych/
9780190686017.001.0001

Print Publication Date: Nov 2017
Published online: Jan 2018

Additional Online Tools

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Suggested List of Music



John Williams's "Theme from Schindler's List" (from the soundtrack to "Schindler's List," Geffen Records 1993)

Samuel Barber's "Adagio for Strings, Op. 11" (no particular recording)

Sarah Maclachlan's "Angel" (from the album "Surfacing," Arista Records 1997)

Coldplay "Fix You" (from the album "X & Y," EMI 2005)

Massive Attack "Sam" (from the soundtrack to "Danny the Dog," Virgin Records 2004)

John Williams's "Thoughts of Home" and "Encounter in London and Bomb Malfunctions" (from the soundtrack to "Munich," Universal Classics Group, 2005)



Meditation Audio