



### **Unified Protocol for Transdiagnostic Treatment of Emotional Disorders: Workbook (2 edn)**

David H. Barlow, Todd J. Farchione, Shannon Sauer-Zavala, Heather Murray Latin, Kristen K. Ellard, Jacqueline R. Bullis, Kate H. Bentley, Hannah T. Boettcher, and Clair Cassiello-Robbins

#### **Previous Edition (1 ed.)**

Publisher: Oxford University Press  
Print ISBN-13: 9780190686017  
DOI: 10.1093/med-psych/  
9780190686017.001.0001

Print Publication Date: Nov 2017  
Published online: Jan 2018

## **Acknowledgments**

### **Author(s):**

David H. Barlow, Shannon Sauer-Zavala, Todd J. Farchione, Heather Murray Latin, Kristen K. Ellard, Jacqueline R. Bullis, Kate H. Bentley, Hannah T. Boettcher, and Clair Cassiello-Robbins

The authors express gratitude to the individuals who have contributed to development of this treatment program. First, we would like to acknowledge authors of the first edition of this workbook (Tina Boisseau, Jill Ehrenreich May, Chris Fairholme, Laura Payne). Without their thoughtful contributions, this edition would not have been possible.

Additionally, our thanks go to Amantia Ametaj, James Boswell, Matthew Gallagher, and Cassidy Gutner who provided invaluable feedback on necessary updates included in this edition of this program. In particular, we would like to acknowledge Laren Conklin for her very thoughtful review of early drafts of this workbook. Further, our appreciation to past and current members of our research group who have helped shape our thinking on the Unified Protocol: Jenna Carl, Johanna Thompson-Hollands, Julianne Wilner, Meghan Fortune, Katherine Kennedy, Ujunwa Anakwenze, Olenka Olesnycky, Gabriela Aisenberg, Marina Ritchie, and Gayle Tan. We would also like to thank Luke J. Carl and Jason Zavala for their artistic contributions that bring the concepts described in this program to life.

## Acknowledgments

---

Finally, we wish to extend our gratitude to clinicians using the Unified Protocol who provided their cogent thoughts on useful revisions for the second edition, as well as to our patients; their willingness to share their experiences has been invaluable in developing this treatment program.

(p. xii)