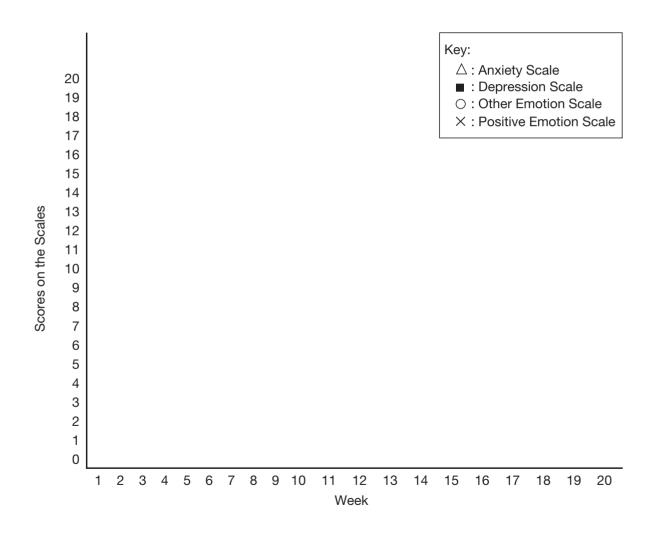
## Form 3.5: Progress Record

Use this form to plot your scores from the Anxiety and Depression Scales (as well as the Other Emotion and Positive Emotion Scales, if you are using them).



David H. Barlow, Shannon Sauer-Zavala, Todd J. Farchione, Heather Murray Latin, Kristen K. Ellard, Jacqueline R. Bullis, Kate H. Bentley, Hannah T. Boettcher, Clair Cassiello-Robbins Unified Protocol for Transdiagnostic Treatment of Emotional Disorders.

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