

GDS

Short Form

Geriatric Depression Rating Scale

(GDS-15)

Protocol

Site Number

Screening Number

Randomization Number

Assessment Date

Rater

Sheikh JI, Yesavage JA: Geriatric Depression Scale (GDS): Recent evidence and development of a shorter version. Clinical Gerontology : A Guide to Assessment and Intervention 165-173, NY: The Haworth Press, 1986.

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Choose the best answer for how you have felt over the past week.

1. Are you basically satisfied with your life?

☐ Yes

☐ No

Choose the best answer for how you have felt over the past week.

2. Have you dropped many of your activities or interests?

☐ Yes

☐ No

Choose the best answer for how you have felt over the past week.

3. Do you feel that your life is empty?

☐ Yes

☐ No

Choose the best answer for how you have felt over the past week.

4. Do you often get bored?

☐ Yes

☐ No

Choose the best answer for how you have felt over the past week.

5. Are you in good spirits most of the time?

☐ Yes

☐ No

Choose the best answer for how you have felt over the past week.

6. Are you afraid that something bad is going to happen to you?

☐ Yes

☐ No

Choose the best answer for how you have felt over the past week.

7. Do you feel happy most of the time?

☐ Yes

☐ No

Choose the best answer for how you have felt over the past week.

8. Do you feel helpless?

☐ Yes

☐ No

Choose the best answer for how you have felt over the past week.

9. Do you prefer to stay at home, rather than go out and do things?

☐ Yes

☐ No

Choose the best answer for how you have felt over the past week.

10. Do you feel you have more problems with memory than most?

☐ Yes

☐ No

Choose the best answer for how you have felt over the past week.

11. Do you think it is wonderful to be alive now?

☐ Yes

☐ No

Choose the best answer for how you have felt over the past week.

12. Do you feel pretty worthless the way you are now?

☐ Yes

☐ No

Choose the best answer for how you have felt over the past week.

13. Do you feel full of energy?

☐ Yes

☐ No

Choose the best answer for how you have felt over the past week.

14. Do you feel that your situation is hopeless?

☐ Yes

☐ No

Choose the best answer for how you have felt over the past week.

15. Do you think that most people are better off than you are?

☐ Yes

☐ No

Conclusion
