

# Deep Research Report: why is human living

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## **\*\*The Purpose of Human Living: A Comprehensive Analysis\*\***

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### **\*\*Introduction\*\***

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The question of why humans exist has been a topic of debate and inquiry for centuries. Philosophers, scientists, and scholars have offered various explanations, ranging from existentialist perspectives to scientific theories. This report aims to provide an in-depth analysis of the existing literature on this subject, exploring different viewpoints and insights.

### **\*\*Key Findings\*\***

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- Existence is a cosmic lottery we've won (Source 1)
- There's no single 'correct' answer to life's purpose (Source 1)
- Happiness is a by-product of fulfilling our purpose (Source 1)
- The only purpose of life is to preserve itself (Source 2)
- All life forms have one essential purpose: survival, which is more important than reproduction (Source 2)
- Human happiness and fulfillment are often found in relationships, work, and play (Source 3)
- Surveys indicate that most people report being happy, but nihilism is not a plausible position for most people (Source 3)
- The idea that human lives are inherently valuable, more valuable than any other material thing, is known as the 'sanctity of life' (Source 4)

### **\*\*Detailed Analysis\*\***

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#### ***Existentialist Perspective***

According to Source 1, existence is a cosmic lottery we've won. This perspective suggests that there's no inherent purpose to human living, and our lives are merely a product of chance. However, this

viewpoint also implies that happiness can be achieved by fulfilling one's purpose.

### ***Biological Perspective***

Source 2 presents a biological perspective, stating that the only purpose of life is to preserve itself. This idea is supported by the fact that all living creatures have an essential drive for self-preservation. According to Source 2, this desire for survival distinguishes living creatures from non-living materials.

### ***Psychological Perspective***

Source 3 offers a psychological perspective, suggesting that human happiness and fulfillment are often found in relationships, work, and play. This viewpoint is supported by surveys that indicate most people report being happy. However, it also acknowledges that nihilism (the idea that life has no intrinsic meaning) is not a plausible position for most people.

### ***Philosophical Perspective***

Source 4 explores the concept of the 'sanctity of life', which posits that human lives are inherently valuable, more valuable than any other material thing. This perspective raises questions about its justification and is often attributed to religious traditions.

**\*\*Conclusion\*\***

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The purpose of human living is a complex and multifaceted topic, with various perspectives offering insights into this question. While there's no single 'correct' answer, it's clear that happiness can be achieved by fulfilling one's purpose, preserving oneself, or finding meaning in relationships, work, and play.

Ultimately, the value and purpose of human life are subject to individual interpretation and cultural context.

**\*\*References\*\***

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- Source 2: <https://www.npr.org/sections/13.7/2013/06/18/193084099/does-life-have-a-purpose>>
- Source 3:  
<https://www.psychologytoday.com/us/blog/hot-thought/201002/what-makes-life-worth-living>>
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- Source 5: <https://historycollection.com/what-is-the-meaning-of-life-40-philosophers-and-faiths-tell-us-why-we-exist/>>

## Sources

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