

Curiosity eliminates the exploration-exploitation dilemma

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Abstract The exploration-exploitation dilemma is one of a few fundamental problems in reinforcement learning and is seen as an intractable problem, mathematically. In this paper we prove the key to finding a tractable solution is to do an unintuitive thing—to explore without considering reward value. We have redefined exploration as having no objective but learning itself. Through theory and experiments we prove that this view leads to a perfect deterministic solution to the dilemma, based on the famous strategy win-stay, lose-switch strategy from game theory. This solution rests on our conjecture that information and reward are equally valuable for survival. Besides offering a mathematical answer, this view seems more robust than traditional approaches because it succeeds in the difficult conditions where rewards are sparse, deceptive, or non-stationary.

When we observe an animal grappling with the decision to either explore or exploit, we often imagine this decision is based on reward. For example, if a bee goes in a familiar direction *to gather nectar*, it is said to be exploiting past knowledge. If it goes in an unknown direction *to gather nectar*, it is said to be exploring. Because the environment seems stochastic to the bee it cannot know which action it should be doing, exploiting or exploring *to gain more nectar*. It is this uncertainty *about rewards* that makes the choice a dilemma. It is also this uncertainty which ensures there is no tractable mathematical solution (*Thrun and Möller, 1992; Dayan and Sejnowski, 1996; Ishii et al., 2002; Şimşek and Barto, 2006; Gershman, 2018*). We illustrate this traditional view in Fig. 1a.

The choice between exploring and exploiting is a kind of decision that is faced routinely by learners of all kinds, including foraging bees, business organizations, humans, worms, monkeys, rodents, birds, children, and computer algorithms (*Gupta et al., 2006; Sutton and Barto, 2018; Woodgate et al., 2017; Lee et al., 2011; Schulz et al., 2018; Calhoun et al., 2014; Wang and Hayden, 2019; Sumner et al., 2019; Auersperg, 2015*). But is reward really fundamental to it?

In the natural world exploration already finds two explanations. If there is no reason to expect a reward, exploration is described theoretically as a search for information, what we will call curiosity (*Berlyne, 1950; Schmidhuber, 1991; Kidd and Hayden, 2015; de Abril and Kanai, 2018; Jaegle et al., 2019; Friston et al., 2016*). On the other hand, if reward is expected, then exploration gets re-interpreted as we described above, as a search for reward, and this specific interpretation is what leads the famous dilemma (*Kelly, 1956; Berger-Tal et al., 2014; Dayan and Sejnowski, 1996; Thrun, 1992; Mehlhorn et al., 2015; Kobayashi and Hsu, 2019*).

We have come to believe that considering reward value at all during exploration is a mistake. This might like a very counterintuitive suggestion but we will prove in this paper exploration is often better handled by a curiosity search. We illustrate this contrarian view in Fig. 1b.

The first half of this paper is devoted to developing a new view of curiosity that is simple but

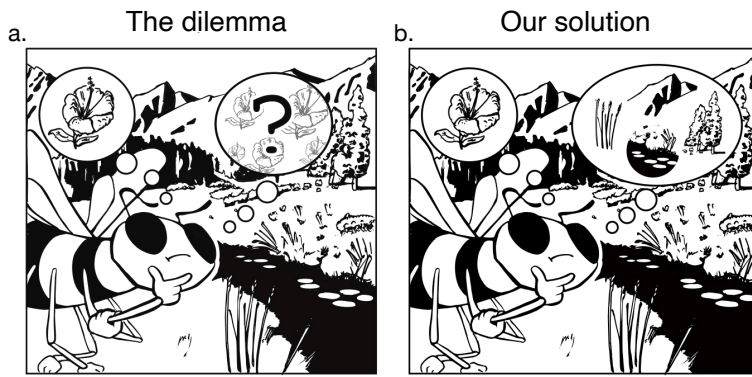


Figure 1. Two views of exploration and exploitation. **a.** The classic dilemma: either exploit an action with a known reward (e.g., return to the previous flower) or explore other actions on the chance they will return a better outcome. The central challenge here is that the outcome of exploration is uncertain, and filled with questions. **b.** An alternative view of the dilemma, with two goals: either maximize rewards or maximize information value with a curious search of the environment. *Artist credit: Richard Grant.*

43 general. This effort, it turns out, lets us make a new contribution to information theory. It also lets
 44 us develop new proofs that define an ideal curious search. The second half uses these first results
 45 to prove curiosity is a rational solution to all explore-exploit decisions that are normally based on
 46 rewards.

47 Results

48 To understand curiosity in animals we turn to the fields of artificial life and machine learning. This
 49 is because curiosity in algorithmic form is unusually effective. In fact we are aware of no other
 50 approach to machine learning that is as flexible, or broadly effective, as curiosity. It has been
 51 shown to solve reinforcement learning problems, including sparse rewards, (*Schmidhuber, 1991*;
 52 *Pathak et al., 2017*; *Stanton and Clune, 2018*), and deceptive reward problems (*Lehman and Stan-*
 53 *ley, 2011a*), multi-objective problems where no one solution is correct (*Mouret, 2011*; *Fister et al.,*
 54 *2019*), and can lead to diverse skills (*Colas et al., 2020a*) that are robust to environment instability
 55 (*Mouret and Clune, 2015*) and robust to damage (*Cully et al., 2015*).

56 What is missing to extend these insights to understand animal behavior is a mathematical un-
 57 derstanding of curiosity. We need an understanding that can span fields, in other words.

58 Here we define curiosity as an open-ended search to learn any information (*Kidd and Hayden,*
 59 *2015*). We assume it should be efficient and motivated by value. What we would like is a way
 60 to describe curiosity so it does not depend on any one kind of learning, because curiosity itself
 61 depends on many different kinds of learning. In the most extreme case curiosity would then allow
 62 for any kind of learning. So this is the setting we have chosen.

63 Memory and learning

64 Any notion of information value requires that there must be a memory, Θ , and a way to learn, f .
 65 For our general mathematical theory we will define memory as,

- 66 • A set of real valued numbers
- 67 • Embedded in a finite space, with N dimensions
- 68 • Closed and bounded

69 Which lets us define learning in a matching way. We say that a learning function *can be any*
 70 *function* that maps observations x into memory. Using the function-arrow notation this kind of
 71 learning is denoted by, $f(x; \Theta) \rightarrow \Theta'$. Likewise a forgetting function *can be any function* that inverts
 72 the memory, $f^{-1}(x; \Theta') \rightarrow \Theta$.

Box 1. Norms.

A **norm** is a mathematical way to measure the overall size or extent of an “object” in a space. The object we are concerned with is a mathematical object with a form given by, $\Delta\Theta = f_{\Theta}(x) - \Theta$. But to define the norm let us as the first step consider a generic vector v . Keeping with convention will have its norm denoted by $\|v\|$, and defined by three properties:

1. $\|v\| > 0$ when $v \neq 0$ and $\|v\| = 0$ only if $v = 0$ (point separating)
2. $\|kv\| = |k| \|v\|$ (absolute scalability)
3. $\|v + w\| \leq \|v\| + \|w\|$ (the triangle inequality)

What does this mean for $\Delta\Theta$? A norm over a changing memory provides most the properties we require for our definition of E . It depends only on learning (and forgetting), that dependence must be monotonic, a norm is zero only when nothing in the space/memory changes and is positive definite. These satisfy the first four properties. For the fifth, see Box 2.

So what are observations? It is convenient to assume that all observations are also embedded in a finite real space, $x \sim X \in \mathbb{R}^m$, as are actions $a \sim A \in \mathbb{R}^k$, and that rewards are positive real numbers, $R \in (R^+)$.

In calling them “observations” we do not mean to imply they must arise from the senses. Observations could be internally generated from thought, or externally generated from the senses, or both in combination. Observations may contain action information, or they may not. Observations may contain reward information, or they may not. We have no preference because we wish to accommodate all the different kinds of cognition.

Information value

Let us say we have a memory Θ , which has been learned by f over a history of observations, $[f(x_0; \Theta_0), f(x_1; \Theta_1), f(x_2; \Theta_2), \dots]$. Can we measure how much value the next observation $f(x_t)$ should have? If there is such a measure E , we think it is reasonable to require that it have certain properties.

1. E should depend only on a memory, and what can be immediately learned. (x, Θ , and f)
2. An observation that is known completely, or cannot be learned, should have a value of 0. (If $\Delta\Theta = 0$, then $E = 0$)
3. E should be non-negative because learning is never itself harmful. ($E \geq 0$)
4. E should increase monotonically with the change in memory. ($E \propto \Delta\Theta$)
5. E for the same observation should become decelerating in finite time. ($E \rightarrow 0$ as $t \rightarrow T^*$)

These properties are in part inspired by Shannon’s axioms for information theory, and in part found in the theories of information maximization, and information foraging (*Inglis et al., 2001; Reddy et al., 2016*). What we have done is remove Bayes rule as the learning rule. This is important not for its own sake but because anything we can prove in this more general setting must be true then for all practical learning algorithms (*MacKay, 2003*).

We can satisfy all these properties by taking a geometric view of learning, as given in the definitions below. They are also shown graphically in Fig. 2 and described in detail in Boxes 1-2.

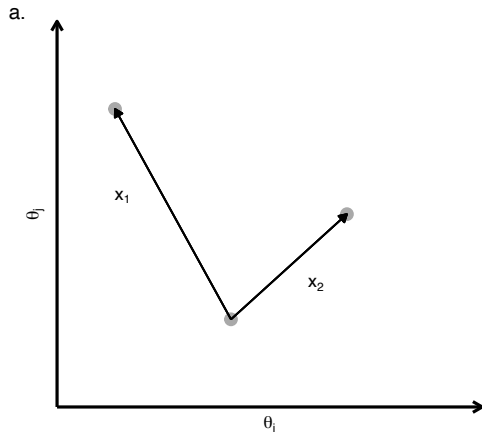
Definition 1 Let E be the norm of $\|f_{\Theta}(x) - \Theta\|$.

Definition 2 Let $\|f_{\Theta}(x)\|$ be constrained such that $\nabla^2\Theta < 0$ for all $t \geq T^*$.

Exploration as a dynamic programming problem

Curiosity is a search to maximize information value, again in the broadest sense possible. We decided to seek a dynamic programming solution to maximizing curiosity (*Bellmann, 1954*). This is

Definition 1 – distance



Definition 2 – deceleration

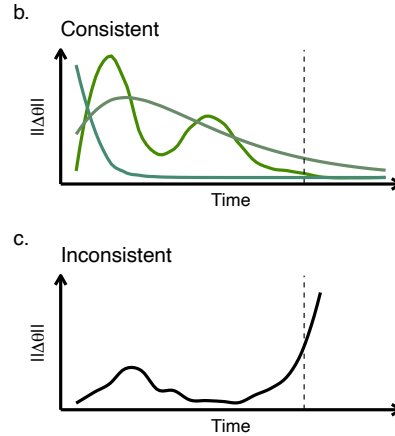


Figure 2. A diagram of our definitions. **a.** This panel illustrates a two dimensional memory. The information value of two observations x_1 and x_2 depends on the norm of memory with learning. Here we show this distance as a euclidean norm, denoted as a black arrow. **b-c** This panel illustrates learning dynamics with time (over a series of observations that are not shown). If information value becomes decelerating in finite time bound, then we say that learning is consistent with Def. 2. This is shown in panel b. The bound is depicted as a dotted line. If learning does not decelerate, then it is said to be inconsistent with Def. 2 (Panel c). *It is important to note:* our account of curiosity does not apply when learning is inconsistent.

Box 2. The Laplacian.

Here we use ∇^2 to represent the **Laplacian**, which provides the second derivative of vector valued functions, giving us the remaining property we need. (See Box 1 for the others). To explain why, suppose we are working with a 1- dimensional memory. In this case the Laplacian reduces to the second derivative on our memory, $\frac{d^2\theta}{dx^2} < 0$. A negative second derivative will force the changes in memory to be decelerating, by definition. In higher dimensions of memory then, a reader can think of the Laplacian as the “second derivative” of vector-valued functions like f . That is, negative Laplacian imply decelerating by definition.

Box 3. Optimal substructure

To use Bellman's principle of optimality (Box 4) the problem we want to solve needs to have **optimal substructure**. This opaque term can be understood by looking in turn at another theoretical construct, Markov spaces.

In Markov spaces there are a set of states or observations (x_0, x_1, \dots, x_T) , where the transition to the next x_i depends only on the previous state x_{i-1} . This limit means that if we were to optimize over these states, as we do in reinforcement learning, we know that we can treat each transition as its own "subproblem" and therefore the overall situation has "optimal substructure".

In reinforcement learning the problem of reward collection is defined by fiat as happening in a Markov space (**Sutton and Barto, 2018**). The problem for curiosity is it relies on memory which is necessarily composed of many past observations, in many orders, and so it cannot be a Markov space. So if we wish to use dynamic programming to maximize E , we need to find another way to establish optimal substructure. This is the focus of Theorem 1.

useful because it would guarantee value is maximized, which, because of the way we have made our definitions, also guarantees that learning is complete. It is also convenient because dynamic programming is the basis for reinforcement learning (**Sutton and Barto, 2018**).

The normal route to find a dynamic programming solution is to first prove your problem has "optimal substructure", then to derive the final result using Bellman optimality, and this is the route we will follow. For a more complete introduction to optimal substructure, see Box 3. For more on dynamic programming and Bellman optimality, see Box 4.

In Theorem 1 (mathematical appendix) we prove our definition of memory has optimal substructure. This proof relies on the forgetting function f^{-1} to succeed. Even though we have said little about it until now, this is why we include forgetting in our early definitions.

The Bellman derivation leads to an especially practical and simple result (Eq. 13). Given an arbitrary starting value $E_0 > 0$, the dynamic programming solution to maximizing E is given by Eq. 2. A full derivation is provided in the mathematical appendix. We denote our policy that follows this solution as π_E .

$$V_E^\pi(x) = \operatorname{argmax}_A [E_0 + V_E(x_1)] \quad (2)$$

However as long learning about the different states x is independent, and as long as learning continues until steady-state, $E_i = 0$, then there are many equally good solutions to the search. Under these conditions we can simplify Eq. 2 further, giving Eq. 3.

$$V_E^\pi(x) = \operatorname{argmax}_A [E_0 + E(x_1)] \quad (3)$$

Optimal exploration, and the importance of boredom

What would it mean for a curiosity search to be efficient? Does our Bellman solution ensure it?

Exploration is limited in practice by available energy, hunger, greed, thirst and other biological priorities. More importantly search should be limited to avoid the central failure of curiosity: it can become distracted by what we call minutia. Those details which have no use. A good example of this was given by **Pathak et al. (2017)** who asks us to, "Imagine a scenario where the agent is observing the movement of tree leaves in a breeze. Since it is inherently hard to model breeze, it is even harder to predict the location of each leaf". This will imply, they note, that a curious agent will always remain curious about the leaves, to its own detriment.

Box 4. Dynamic programming and Bellman optimality.

The goal of dynamic programming is to find a series of actions (a_1, a_2, \dots, a_T) , drawn from a set A , that maximize each payout (r_1, r_2, \dots, r_T) so the total payout received is as large as possible. If there is a policy $a = \pi(x)$ to take actions, based on a series of observations (x_0, x_1, \dots, x_T) , then an optimal policy π^* will always find the maximum total value $V^* = \operatorname{argmax}_A \sum_T r_i$. The question that Bellman and dynamic programming solve then is how to make the search for finding π^* tractable. In the form above one would need to reconsider the entire sequence of actions for any one change to that sequence, leading to a combinatorial explosion. Bellman's insight was a way to make the problem simpler, and break it down into a small set of problems that we can solve in a tractable way without an explosion in complexity. This is his principle of optimality, which reads:

An optimal policy has the property that whatever the initial state and initial decision are, the remaining decisions must constitute an optimal policy with regard to the state resulting from the first decision. (*Bellmann, 1954*)

Mathematically this allows us to translate the full problem, $V^* = \operatorname{argmax}_\pi \sum_T r_1, r_2, \dots, r_T$ to a recursive one, which is given below.

$$V^* = \operatorname{argmax}_\pi \left[r_0 + V(x_1) \right] \quad (1)$$

Using this new form we can find an optimal solution by moving through the sequence of action iteratively, and solving each step independently. The question which remains though is how can we ensure our problem can be broken down this way? This is addressed in Box 3.

To limit curiosity we will draw on its opposite, boredom, which we consider to be an adaptive trait. Others have considered boredom this way, arguing it is a useful way to motivate aversive tasks (*Bench and Lench, 2013*). We take a slightly different view and consider boredom as a means to ignore the marginal. We treat it as a tunable free parameter, $\eta \geq 0$, and then say all curious exploration should cease once $E \leq \eta$. In other words, once learning becomes marginal the action policy must change, as given by Eq. 4.

$$E \leq \eta : \pi_E \rightarrow \pi_\emptyset \quad (4)$$

We use π_\emptyset to denote any other action policy that is not π_E . Informally Eq. 4 means that once E is below the boredom threshold, E is marginal, and the learner should change its behavior from exploration to some other policy. This change in behavior could be towards an aversive policy (as in (*Bench and Lench, 2013*)) or it could be towards reward seeking, as we will assume.

We think it is reasonable to call a curious search optimal if it meets the three criteria below.

1. Exploration should visit all available states of the environment at least once.
2. Exploration should cease when learning has plateaued.
3. Exploration should take as few steps as possible to achieve 1 and 2.

In Theorem ?? we prove that π_E satisfies these, when $\eta > 0$.

Information collection

The work so far has built up the idea that the most valuable, and most efficient, curious search will come from a deterministic algorithm. That is, every step strictly maximizes E . It is this determinism which will let us resolve the dilemma, later on. A deterministic view of exploration seems at odds with how the problem is generally viewed today, which involves searching with some amount of

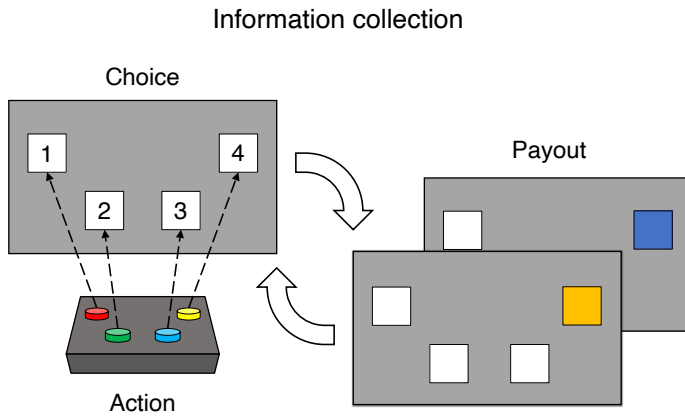


Figure 3. A simple four choice information foraging task. The information in this task is a yellow or blue stimulus, which can change from trial to trial. A good learner in this task is one who tries to learn the probabilities of all the symbols in each of the four choices. The more random the stimuli are in a choice, the more potential information/entropy there is to learn. *Note:* the information payout structure is shown below (Fig. 6a).

randomness. Whereas if our analysis is correct, randomness is not needed or desirable, as it must lead to less value and a longer search.

We confirm and illustrate this result using an example of a simple information foraging task (Task 1; Fig.). This variation of the bandit task (Sutton and Barto, 2018) replaces rewards with information, in this case colors. On each selection, the agent sees one of two colors according to a specific probability shown in Fig. 6a. When the relative color probabilities are more similar that arm has more entropy and so more to learn and more information value. Arms that are certain to present only one color lose their informative value quickly.

The results of this simple information seeking task are shown in Figure 4. Deterministic curiosity in this task generated more information value, in less time, and with zero regret when compared against a stochastic agent using more directed random search. As our work here predicts, noise only made the search happen slower and lead to regret. Besides offering a concrete example, performance in Task 1 is a first step in showing that even though π_E 's optimality is proven for a deterministic environment, it can perform well in other settings.

Two conjectures

How can we justify using curiosity for the dilemma when the goal of exploitation is reward collection? Intuition suggests that this is wrong-headed. Searching in an open-ended way for information must be less efficient than a direct search. In answer to this we make two conjectures.

- **Conjecture 1** Reward value and information value are equally important.

Rewards are a primary motivator for behavior in exploration (Sutton and Barto, 2018). Information is a primary motivator of behavior in exploration (Inglis et al., 2001). So which view is right? We believe that trying to assess the overall worth of reward or information is a mistake. We cannot, and should not, weigh these two perspectives on the whole. They are equals. To decide between them, it is their values in the moment which matter most.

If both reward and information are equally important, then time is not wasted in a curious search and so the process is not *necessarily* inefficient. The question becomes instead, is curiosity practical enough? This leads us to the next conjecture.

- **Conjecture 2** Curiosity is a sufficient solution to exploration (when learning is the goal)

We detail why this is the case in the next few sections.

Deterministic versus stochastic curiosity in a random world

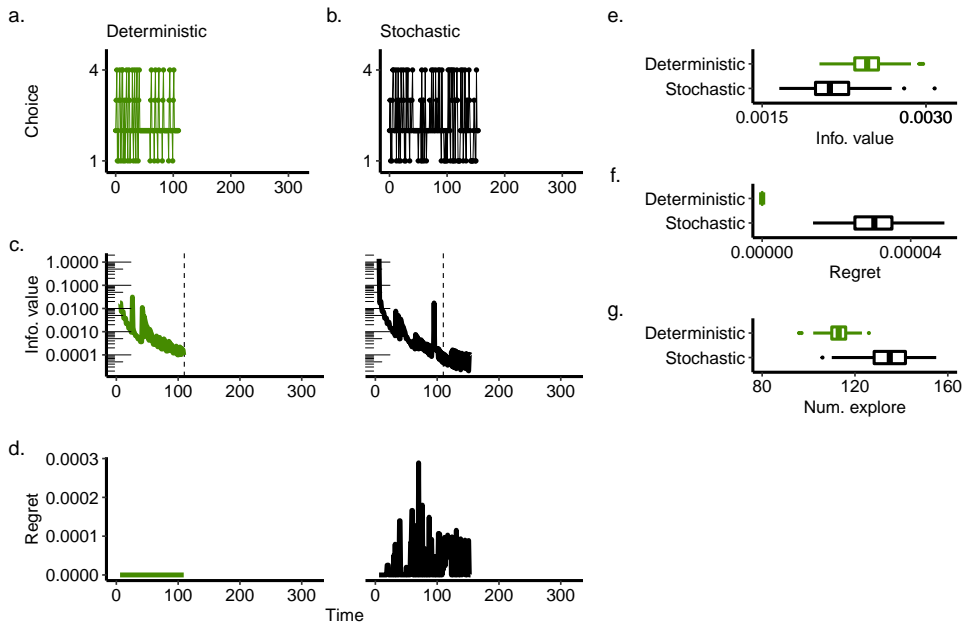


Figure 4. Comparing deterministic versus stochastic variations of the same curiosity algorithm, in a simple information foraging task (Task 1). Deterministic results are shown in the left column, and stochastic are shown in the right. The hyperparameters for both models were found by random search, which is described in the Methods. **a-b.** Examples of choice behavior. **c-d.** Information value plotted with time for the behavior shown in a-b. **e-f.** Regret plotted with time for the behavior shown in a-b. Note how our only deterministic curiosity generates zero regret, inline with theoretical predictions. **g.** Average information value for 100 independent simulations. Large values mean a more efficient search. **h.** Average regret for 100 independent simulations. Ideal exploration should have no regret. **i.** Number of steps it took to reach the boredom threshold ϵ . Smaller values imply a faster search.

A win-stay, lose-switch solution

If reward and information are equally important, how can an animal go about balancing them? If you accept our conjectures, then answering this last question is the same as answering the dilemma itself.

We posit that, based on our framing of E , this boils down to a scheduling problem. When to shift from maximizing information to maximizing rewards, and vice versa?

Here we propose that a win-stay, lose-switch strategy is in fact an optimal and tractable solution to this scheduling problem.

Win-stay lose-shift is a strategy famous from game theory (*Nowak and Sigmund, 1993*), where a player will keep its current strategy under winning conditions, and shift otherwise. We see the same kind of patterning as useful here, except the “players” are two different policies inside the animal. They are competing for behavioral control. Imagine that in the previous action our bee from Fig. 1 observed 0.7 units of information value, E , and no reward (i.e. 0). Using our rule on the next action, the bee should then choose its exploration policy. Let us say that this time E decreases to 0.6, and a reward value of 1.0 is observed. Now the bee should change its strategy for the next round, to exploit instead. In general then if there was more reward value than information value last round ($R_{t-1} > E_{t-1}$), our rule dictates an animal should choose the reward policy. If information value dominated, $E_{t-1} \geq R_{t-1}$, then it should choose the information gathering policy.

To prove the optimality of our rule we will use regret minimization, which is a standard metric of optimality in reinforcement learning (*Sutton and Barto, 2018*). Regret is a numerical quantity of the difference between the most valuable choice and the value of the choice that was made. To approximate regret G we use Eq. 5, where V is the value of the chosen action, and V^* is the maximum value.

$$G = V^* - V \quad (5)$$

An optimal value algorithm always makes the most valuable choice. It therefore will have zero regret, by Eq. 5. This is impossible to achieve, of course, using stochastic search. To find the algorithm that maximizes both information and reward value with zero regret, we therefore need a deterministic method.

To prove things about our solution we will move from game theory, which gave us our inspiration, to the field of optimal scheduling (*Bellmann, 1954; Roughgarden, 2019*). Put another way, we will now answer the question, when does win-stay, lose-switch strategy work as an optimal scheduler?

We imagine the policies for exploration and exploitation acting as two possible “jobs” competing for control of behavior, a fixed resource. We know by definition that each of these jobs produces non-negative values which an optimal job scheduler could use: E for information or R for reward/reinforcement learning. We can also ensure, again by definition, that each of the jobs takes a constant amount of time and that each policy can only take one action at a time. These two properties, and one further assumption, are sufficient.

We believe it is also reasonable to assume that there will be no model of the environment available to the learner at the start of a problem, and that its environment is nonlinear but deterministic.

We arrived at our solution by taking the simplest possible path available. We just wrote down the simplest equation that could have zero regret answer, and began to study that. This is Eq. 7. We refer to it as a meta-greedy algorithm, as it decides in greedy fashion which of our independent policies to use.

$$\pi^\pi = [\pi_E, \pi_R] \quad (6)$$

$$\operatorname{argmax}_{\pi^\pi} [E_{t-1} - \eta, R_{t-1}]_{(2,1)} \quad (7)$$

Box 5. Reward homeostasis.

We have been studying a kind of reinforcement learning where the value of a reward is fixed. We'll call this the economic style. It is the most common kind of model found in machine learning, psychology, neuroeconomics, and neuroscience (*Sutton and Barto, 2018*). In natural behavior though it is common that the motivational value of reward declines as the animal gets "full", or reaches satiety. We'll call this the homeostatic style (*Keramati and Gutkin, 2014; Juechems and Summerfield, 2019; Münch et al., 2020*). Fortunately it has already been proven that a reward collection policy designed for one style will work for the other (at least this is so an infinite time-horizon (*Keramati and Gutkin, 2014*)). However to use Eq. 7 for reward homeostasis requires that we make one modification. Ties between values should be broken in favor of exploration, and information seeking. This is in contrast to the economic reinforcement learning approach where ties break in favor of exploiting rewards. This modification leads to Eq. 8.

$$\operatorname{argmax}_{\pi^x} \left[E_{t-1}, R_{t-1} \right]_{(1, 2)} \quad (8)$$

We have modified traditional argmax notation in Eq. 7. It now includes a subscript vector, (2, 1) to denote a ranking for which value/policy should be preferred in the event of a tie. Smaller numbers are preferred. We did this because an exact rule for tie breaking is critical for our proofs. In Eq. 7 we also limit the probability of having zero reward to be, itself, non-zero. That is, $p(R_t = 0) > 0$. We also limit E_0 , the first set of values, to be positive and non-zero when used with boredom, $(E_0 - \eta) \geq 0$. Both are necessary to ensure exploration.

In Theorem 5 we prove Eq. 7 is Bellman optimal, and so it will always find a maximum value sequence of E and R values. Given, that is, that the environment is deterministic. In Theorem 5 we also prove that with a judicious choice in boredom η , the reward policy π_R will also converge to its optimal value, assuming that it has one. Full details for these proofs are found in the mathematical appendix.

Reward collection

We will now focus on practical performance in reward collection. The general form of the 7 tasks we will study is depicted in Fig 5. As with our first task (Fig.) they are all variations of the classic multi-armed bandit (*Sutton and Barto, 2018*). The payouts for each of the tasks are shown separately in Fig. 6. Each was designed to either test exploration performance in a way that matches recent experimental study(s), or to test the limits of curiosity. Every trial has a set of n choices. Each choice returns a "payout", according to a predetermined probability. Payouts are information, a reward, or both. Note that, as in Task 1, information was symbolic, denoted by a color code, "yellow" and "blue" and as is custom reward was a positive real number. To evaluate the performance of our curiosity algorithm, we compare it against a range of other exploration strategies found in the literature. For a brief description of each, see Table 1. We feel this set is a broad and fair representation of today's state-of-the-art approaches.

They all have in common that their central goal is to maximize reward value, though this is often supplemented by some other goal. The results in full for all tasks and exploration strategies are shown in Fig. ?? . All learners, including ours, used the same exploitation policy, based on the temporal difference learning rule (*Sutton and Barto, 2018*).

Task 1. is an information gathering task, which we discussed already above. *Task 2* was designed to examine reward collection, in probabilistic reward setting very common in the decision making literature (*Schönberg et al., 2007; Frank et al., 2004; Cavanagh et al., 2014; Jahfari et al., 2019;*

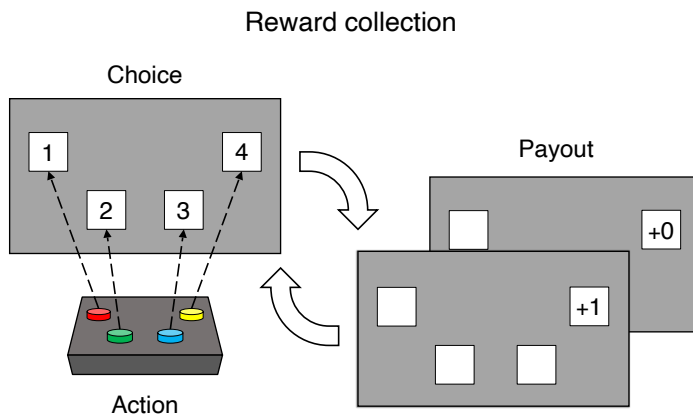


Figure 5. A 4 choice reward collection task. The reward is numerical value, here a 1 or 0. A good learner in this task is one who collects the most rewards. The task depicted here matches that in Fig 6b. Every other reward collection task we study has the same basic form, only the number of choices increases and the reward spaces are more complex.

Table 1. Exploration strategies.

Name	Class	Exploration strategy
Curiosity	Deterministic	Maximize information value
Random/Greedy	Random	Alternates between random exploration and greedy with probability ϵ .
Decay/Greedy	Random	The ϵ parameter decays with a half-life τ
Random	Random	Pure random exploration
Reward	Extrinsic	Softmax sampling of reward value
Bayesian	Extrinsic + Intrinsic	Sampling of reward value + information value
Novelty	Extrinsic + Intrinsic	Sampling of reward value + novelty signal
Entropy	Extrinsic + Intrinsic	Sampling of reward value + action entropy
Count (EB)	Extrinsic + Intrinsic	Sampling of reward value + visit counts
Count (UCB)	Extrinsic + Intrinsic	Sampling of reward value + visit counts

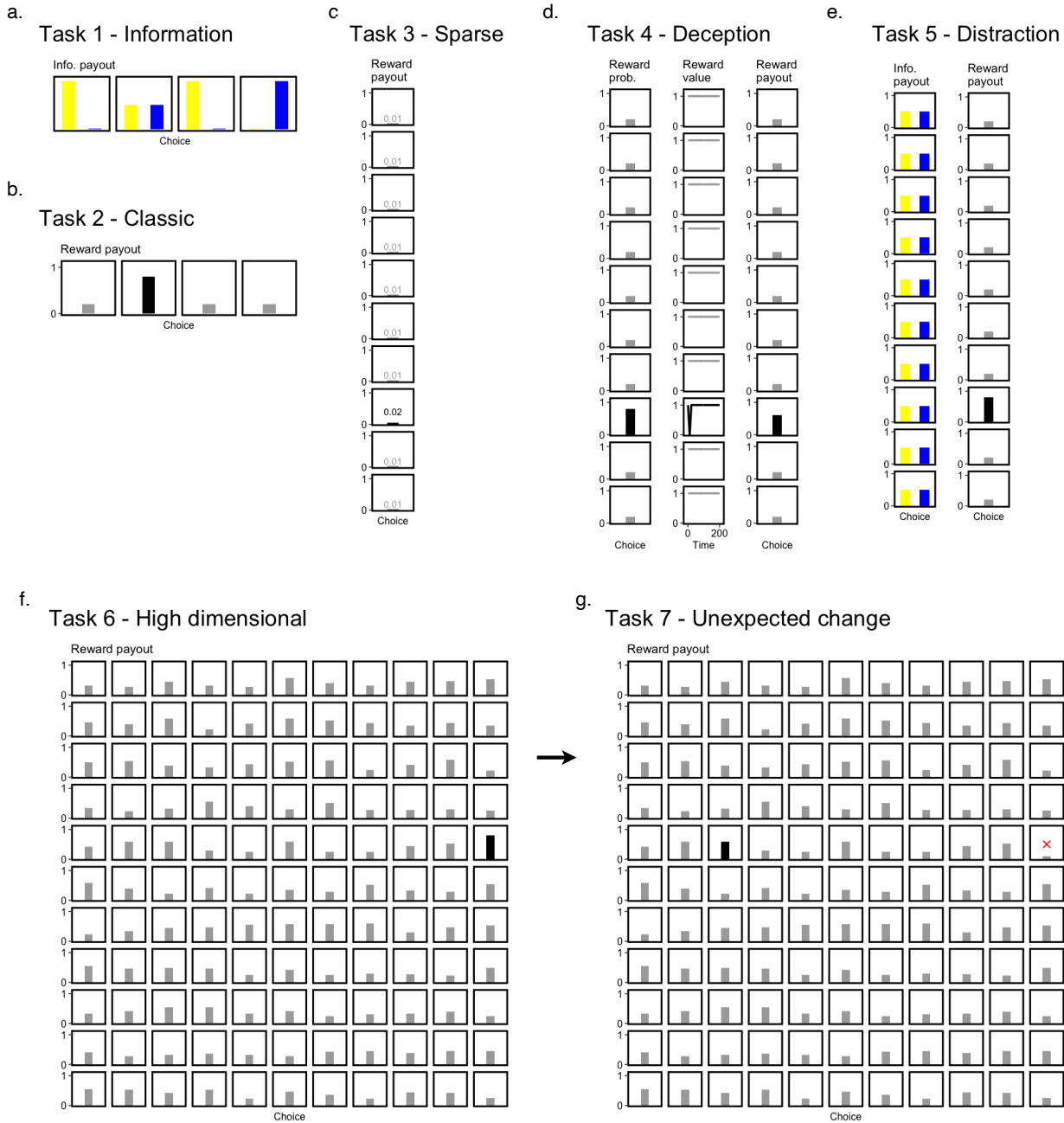
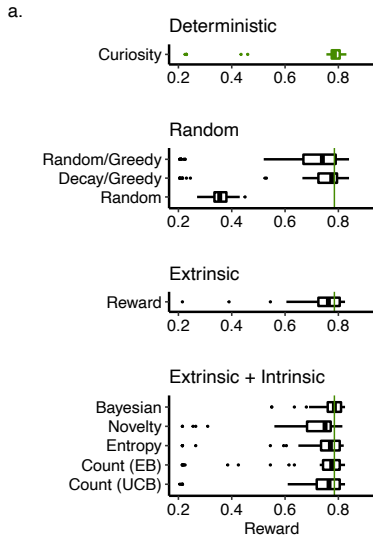
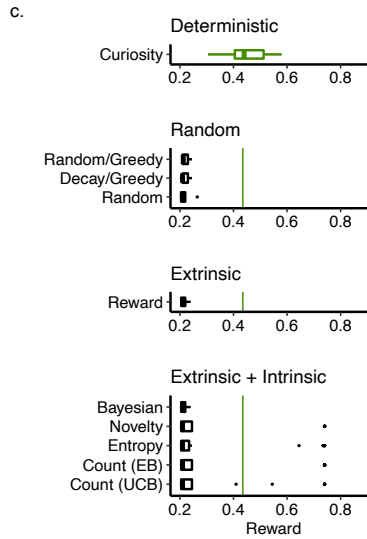


Figure 6. Payouts for *Tasks 1 - 7*. Payouts can be information, reward, or both. For comments on general task design, see Fig 5. **a.** A classic four-choice design for information collection. A good learner should visit each arm, but quickly discover that only arm two is information bearing. **b.** A classic four-choice design for testing exploration under reward collection. The learner is presented with four choices and it must discover which choice yields the highest average reward. In this task that is Choice 2. **c.** A ten choice sparse reward task. The learner is presented with four choices and it must discover which choice yields the highest average reward. In this task that is Choice 8 but the very low overall rate of rewards makes this difficult to discover. Solving this task with consistency means consistent exploration. **d.** A ten choice deceptive reward task. The learner is presented with 10 choices, but the choice which is the best on the long-term (>30 trials) has a lower value in the short term. This value first declines, then rises (see column 2). **e.** A ten choice information distraction task. The learner is presented with both information and rewards. A good learner though will realize the information does not predict reward collection, and so will ignore it. **f.** A 121 choice task with a complex payout structure. This task is thought to be at the limit of human performance. A good learner will eventually discover choice number 57 has the highest payout. **g.** This task is identical to *a.*, except for the high payout choice being changed to be the lowest possible payout. This task tests how well different exploration strategies adjust to simple but sudden change in the environment.

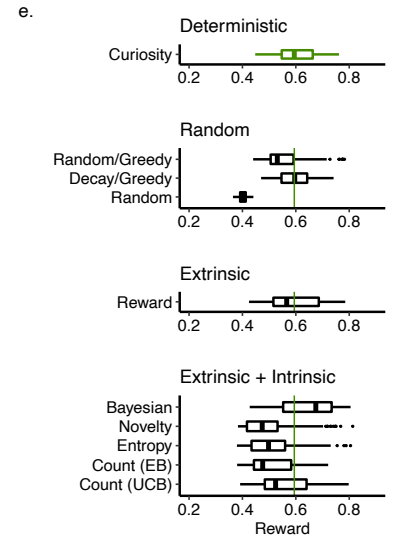
Task 2 – Classic



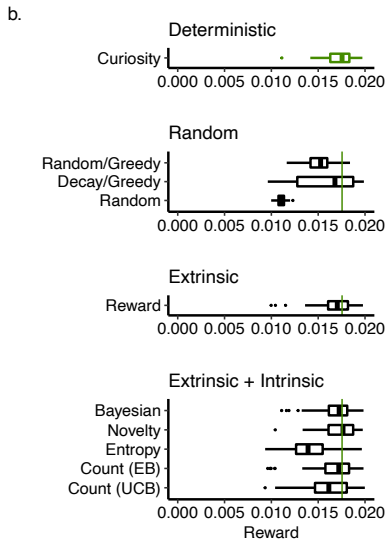
Task 4 – Deception



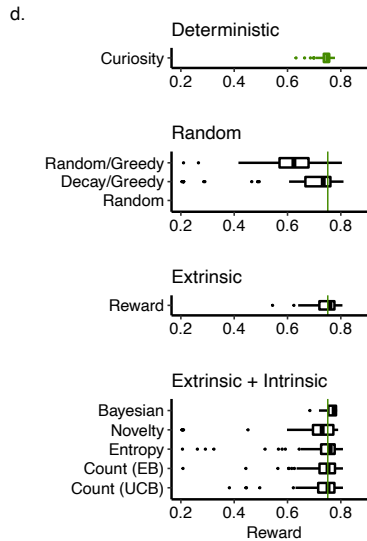
Task 6 – High dimensional



Task 3 – Sparse



Task 5 – Distraction



Task 7 – Unexpected change

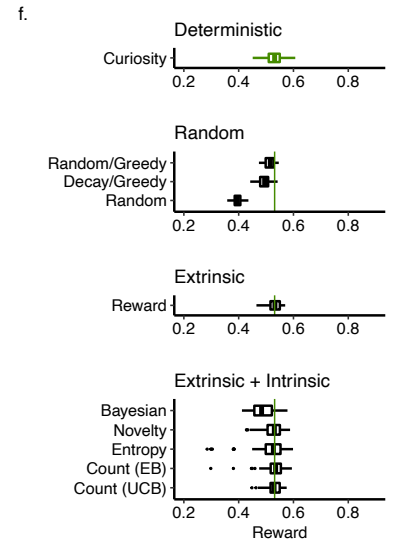


Figure 7. Summary of reward collection (*Tasks 2-7*). The strategies in each panel are grouped according to the class of search they employed (Curiosity, Random, Extrinsic reward or Extrinsic + Intrinsic rewards). **a.** Results for Task 2, which has four choices and one clear best choice. **b.** Results for Task 3, which has 10 choices and very sparse positive returns. **c.** Results for Task 4, whose best choice is initially “deceptive” in that it returns suboptimal reward value over the first 20 trials. **d.** Results for Task 5, which blends the information foraging task 1 with a larger version of Task 2. The yellow/blue stimuli are a max entropy distraction which do not predict the reward payout of each arm. **e.** Results for Task 6, which has 121 choices and a quite heterogeneous set of payouts but still with one best choice. **f.** Results for Task 7, which is identical to Task 6 except the best choice was changed to be the worst. The learners from Task 6 were trained on this Task beginning with the learned values from their prior experience – a test of robustness to sudden change in the environment. *Note:* To accommodate the fact that different tasks were run different numbers of trials, we normalized total reward by trial number. This lets us plot reward collection results for all tasks on the same scale.

Figure 7-Figure supplement 1. Summary of regret (*Tasks 2-7*)

Figure 7-Figure supplement 2. Summary of information value (*Tasks 2-7*)

Figure 7-Figure supplement 3. Examples of exploration (Task 1). Here we simulated different sets of hyper-parameters on the same task and random seed. We view each parameter set as a unique “animal” (*Prescott et al., 2006*). So this figure estimates the degree and kind of variability we might expect in a natural experiment.

332 *Collins and Frank, 2014; Collins et al., 2017; Gläscher et al., 2010*). Rewards were 0 or 1. The best
333 choice had a payout of $p(R = 1) = 0.8$. This is a much higher average payout than the others
334 ($p(R = 1) = 0.2$). At no point does the task generate symbolic information. See, Fig. ??b.

335 The results for Task 1 were discussed above. As for Task 2, we expected all the exploration
336 strategies to succeed. While this was indeed the case, our deterministic curiosity was the top-
337 performer in terms of median rewards collected, though by a small margin (Fig ??a).

338 Task 3. was designed with very sparse rewards (*Silver et al., 2016, 2018*) and there were 10
339 choices, making this a more difficult task (Fig. ??c). Sparse rewards are a common problem in the
340 natural world, where an animal may have to travel and search between each meal This is a difficult
341 but not impossible task for vertebrates (*Anderson, 1984*) and invertebrates (*Westphal et al., 2006*).
342 That being said, most reinforcement learning algorithms will struggle in this setting because the
343 thing they need to learn, that is rewards, are often absent. In this task we saw quite a bit more
344 variation in performance, with the novelty-bonus strategy taking the top slot (this is the only time
345 it does so).

346 Task 4. was designed with deceptive rewards. By deceptive we mean that the best long-term
347 option presents itself initially with a decreasing reward value (Fig. ??d). Such small deceptions
348 abound in many natural contexts where one must often make short-term sacrifices (*Internicola
349 and Harder, 2012*). It is well known that classic reinforcement learning will often struggle in this kind
350 of task (*Lehman and Stanley, 2011b; Sutton and Barto, 2018*). Here our deterministic curiosity is the
351 only strategy that reaches above chance performance. Median performance of all other strategies
352 are similar to the random control (Fig ??c).

353 Task 5 was designed to fool curiosity, our algorithm, by presenting information that was utterly
354 irrelevant to reward collection, but had very high entropy and so “interesting” to our algorithm.
355 We fully anticipated that this context would fool just our algorithm, with all other strategies per-
356 forming well since they are largely agnostic to entropy. However, despite being designed to fail,
357 deterministic curiosity still produced a competitive performance to the other strategies (Fig ??d).

358 Tasks 6-7 were designed as a pair, with both having 121 choices, and a complex payout structure.
359 Tasks of this size are at the limit of human performance (*Wu et al., 2018*). We first trained all
360 learners on Task 6, then tested them in Task 7 which identical to 6, except the best payout arm is
361 reset to be worst (Fig. ??e-f). In other words Tasks 6 and 7 were joined to measure learning in a
362 high dimensional, but shifting, environments.

363 In Task 6 deterministic curiosity performed well, securing a second place finish. We note the
364 Bayesian strategy outperformed our approach. However, under the sudden non-stationarity in re-
365 ward when switching tasks, the top Bayesian model became the worst on Task 7, and deterministic
366 curiosity took the top spot. Compare Fig. ??e to f. This is the robustness that we’d expect for any
367 curiosity algorithm, whose main goal is to learn everything unbiased by other objectives. The envi-
368 ronment and the objectives do change in real life, and so we must be prepared for this. Note how
369 the other less-biased-toward-reward-value exploration models (count-based, novelty, and entropy
370 models) also saw gains, to a lesser degree.

371 Robustness

372 A good choice of boredom *eta* is critical for our definition of curiosity, and was optimized carefully.
373 We show an example of this importance in Fig. 8. On the left hand side we did a random search
374 over 10000 possible parameters to find a value for η that produced excellent results. (This was the
375 same kind of search we did to achieve the results shown in Fig. ??). On the right hand side we
376 choose a value for boredom we knew would lead to a poor relative result. We then ran the 100
377 different randomly generated simulations which gives us the results seen in Fig. 8).

378 Carefully optimized boredom converged far more quickly (Fig. 8a-b), generating more reward
379 over time (Fig. 8c-d), and showed far more in consistency during exploration (Fig. 8e-f).

380 These experiments in setting η are also useful in demonstrating the wide variance in behavior
381 that is possible with a deterministic search. Exploration in these figures is deterministic, as pre-

Optimizing boredom for reward collection

100 simulated experiments

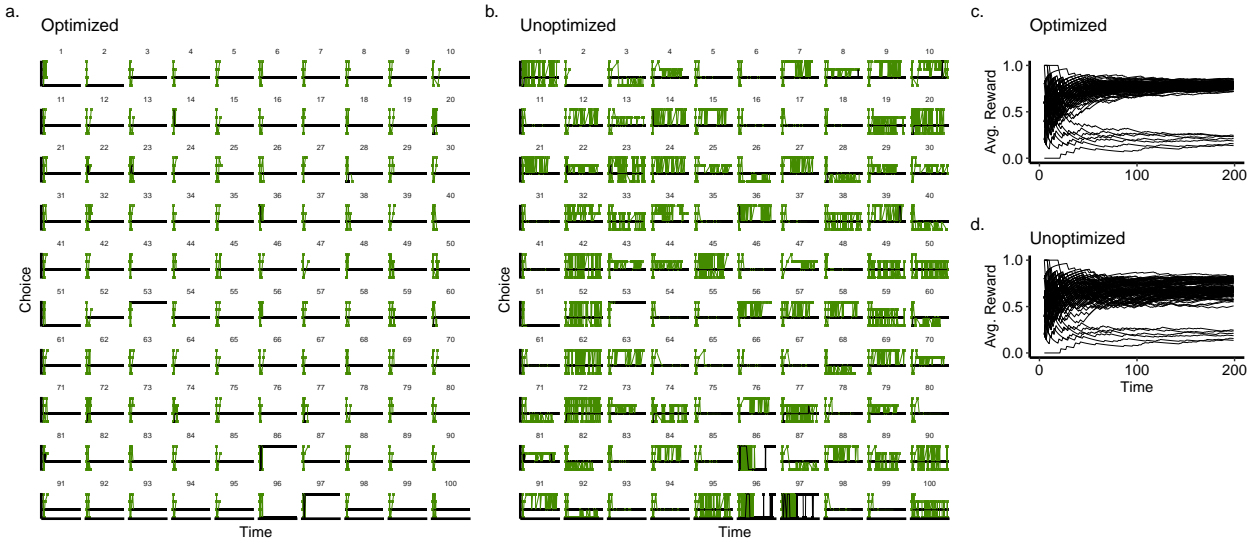


Figure 8. The importance of boredom during reward collection (Task 2). One hundred example experiments, each began with a different random seed. **a.** Behavioral choices with optimized boredom. **b.** Behavioral choices with unoptimized boredom. **c,d.** Average reward as a function of time for optimized (c) and unoptimized (d) boredom.

scribed by Eq. 7. The environment was stochastic however and so the variations come from the environment changing what is learned, which then changes what the best learner should choose to learn next.

Unlike idealised simulations, animals cannot pre-optimize their search parameters for every task. We therefore explored reward collection as a function of 1000 randomly chosen model parameters, and reexamined performance on Tasks 1 and 7=6. These were chosen to represent an “easy” task, and a “hard one”. These results are shown in Fig. 2.

As we observed in our other model comparisons, exploitation by deterministic curiosity produced top-3 performance on both tasks (Fig. 2a-b). Most interesting is the performance for the worst parameters. Here deterministic curiosity was markedly better, with substantially less variability across different parameter schemes. We can explain this in the following way. All the other exploration strategies use parameters to tune the degree of exploration. With deterministic curiosity, however, we tune only when exploration should stop. The degree of exploration, the measure by how close it is to maximum entropy, is fixed by the model itself. It seems that here at least it is far more robust to tune the stopping point, rather than the degree of exploration.

Discussion

We have offered a way around the exploration-exploitation dilemma. We proved the classic dilemma, found when optimizing exploration for reward value, can be resolved by exploring instead for curiosity. And that in this form the rational trade-off we are left with is solved with a classic strategy taken from game theory. The win-stay lose-shift strategy, that is.

This is a controversial claim. So we will address some of its criticisms as a series of questions.

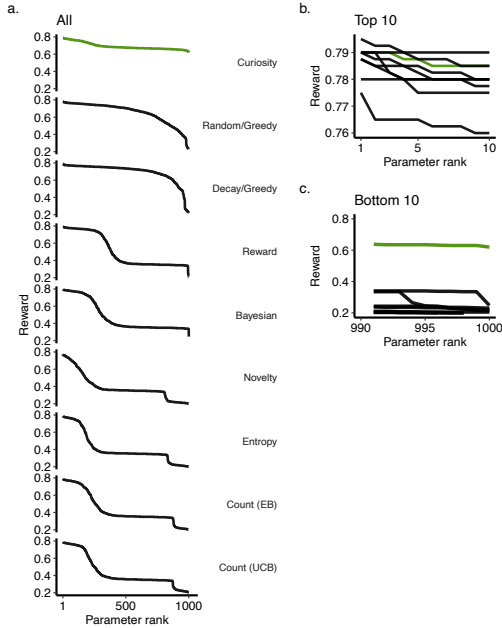
What about information theory?

In short, the problems of communication and value are different problems that require different theories.

Weaver (*Shannon, 1948*) in his classic introduction to the topic, describes information as a communication problem with three levels. 1. The technical problem of transmitting accurately. 2.

Reward collection and parameter choice

Task 1 – Classic



Task 6 – High dimensional

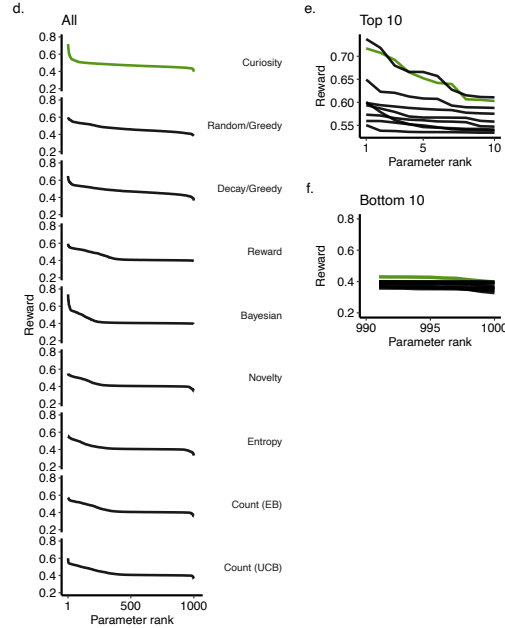


Figure 9. Parameter selection and search performance (*Task 2* and *6*). We wanted to evaluate how robust performance was to poor and random hyperparameters. A very robustness exploration algorithm would produce strong performance with both the best parameter choices, and the worst parameter choices. **a,d** Total reward for 1000 search hyperparameters, for each of strategies we considered. **b,e** Performance with the top 10 hyperparameters, curiosity (green) compared to all the others. **c,f** Performance with the bottom 10 hyperparameters.

Figure 9–Figure supplement 1. Adding noise to deterministic curiosity does degrade its performance. In this example control we added two levels of random noise. This only served to increase variability of convergence (a-c) and reduce the total rewards collected (d). Note: decision noise was modelled by sampling a Boltzmann distribution, as described in the *Methods*.

Figure 9–Figure supplement 2. Noise across strategies. Adding noise to degrades performance to nearly the same degree (*Task 2*).

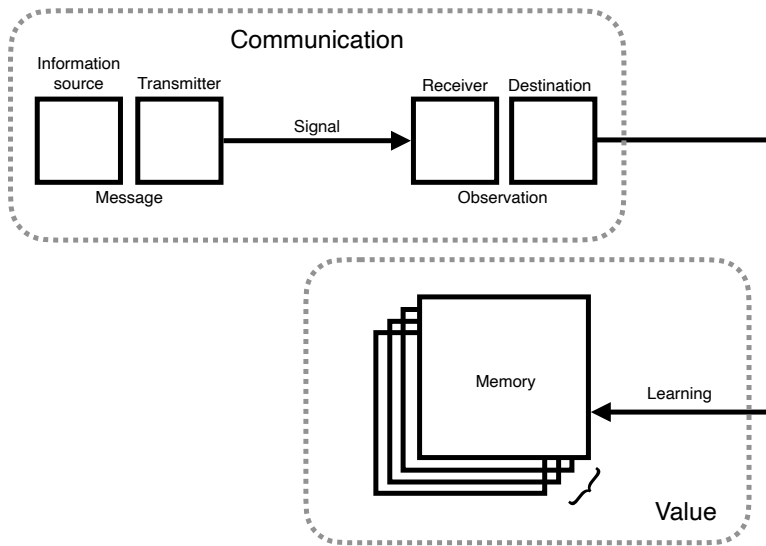


Figure 10. The relationship between the technical problem of communication with the technical problem of value. Note how value is not derived from the channel directly. Value is derived from learning about observations from the channel, which is in turn dependent on memory and its past history.

408 The semantic problem of meaning. 3. The effectiveness problem of changing behavior. He then
 409 describes how Shannon's work addresses only problem A. It has turned out that Shannon's separa-
 410 tion of the problem allowed the information theory to have an incredibly broad application.

411 Unfortunately valuing information is not, at its core, a communications problem. Consider the
 412 very simple example Bob and Alice, having a phone conversation and then Tom and Bob having the
 413 exact same conversation. The personal history of Bob and Alice will determine what Bob learns in
 414 their phone call, and so determines what he values in that phone call. These might be completely
 415 different from what he learns when talking to Tom, even if the conversations are identical. What we
 416 mean by this example is that the personal history defines what is valuable on a channel, and this is
 417 independent of the channel and the messages sent. We have summarized this diagrammatically,
 418 in Fig. 10.

419 There is, we argue, an analogous set of levels for information value as those Weaver describes.
 420 a. There is the technical problem of judging how much was learned. b. There is the semantic
 421 problem of both what this learning "means", and also what its consequences are. c. There is an
 422 effectiveness problem of using what was learned to some other effect. In many ways b and c are
 423 similar to those in the information theory. It is a. which is most different.

424 For the same reasons Shannon avoided b and c in his theory, we have avoided them also. Both
 425 are very hard to measure, which makes them very hard to study. We feel it necessary to first build
 426 a theory of information value that can act as a companion for technical problem of information
 427 theory. That is to say, Shannon's account. This is why we took an axiomatic approach, and why we
 428 have tried to ape Shannon's axioms, as it made sense to do so.

429 **Is this too complex?**

430 Perhaps turning a single objective into two, as we have, is too complex an answer. If this is true,
 431 then it would mean our strategy is not a parsimonious solution to the dilemma, and so we could
 432 or should reject it on that alone.

433 Questions about parsimony are resolved by considering the benefits versus the costs. The ben-
 434 efits to curiosity-based search is that it leads to no regret solutions to exploration, to exploration-

435 exploitation, and that it so far seems to do very well in practice, at reward collection. At the same
436 time curiosity-as-exploration can also be building a model of the environment, useful for later
437 planning (Ahilan et al., 2019; Poucet, 1993), creativity, imagination (Schmidhuber, 2010), while also
438 building, in some cases, diverse action strategies (Lehman and Stanley, 2011b; Lehman et al., 2013;
439 Mouret and Clune, 2015; Colas et al., 2020a). In other words, we argue it is a necessary complexity.

440 **Is this too simple?**

441 Solutions to the regular dilemma are complex and require sophisticated mathematical efforts and
442 complex computations, when compared to our solution. Put another way, our solution may seem
443 too simple to some. So have we “cheated” by changing the problem in the way that we have?

444 The truth is we might have cheated, in this sense: the dilemma might have to be as hard as it
445 has seemed. But the general case for curiosity as useful in exploration is clear, and backed up by
446 the brute fact of its widespread presence. The question is: is curiosity so useful and so robust that
447 it can be sufficient for all exploration with learning.

448 The answer to this question is empirical. If our account does well in describing and predicting
449 animal behavior, that would be some evidence for it (Sumner et al., 2019; Wang and Hayden, 2019;
450 Jaegle et al., 2019; Gottlieb and Oudeyer, 2018; Kidd and Hayden, 2015; Berlyne, 1950; Colas et al.,
451 2020b; Rahnev and Denison, 2018; Wilson et al., 2020; Cogliati Dezza et al., 2017; Berger-Tal et al.,
452 2014). If it predicts neural structures (Cisek, 2019; Kobayashi and Hsu, 2019), that would be some
453 evidence for it (we discuss this more below). If this theory proves useful in machine learning and
454 artificial intelligence research, that would be some evidence for it (Burda et al., 2018; Schmidhu-
455 ber, 1991; de Abril and Kanai, 2018; Fister et al., 2019; Lehman and Stanley, 2011b; Stanley and
456 Miikkulainen, 2004a; Colas et al., 2020a; Cully et al., 2015; Wilson et al., 2020; Pathak et al., 2019).
457 These are empirical predictions that require further investigation.

458 **Is this a slight of hand, theoretically?**

459 Yes. It is often useful in mathematical studies to take one problem that cannot be solved, and
460 replace it with another related problem that can be. This is what we have done for exploration and
461 the dilemma. The regular view of the problem has no tractable solution, without regret. Ours has
462 a solution, with no regret.

463 **Does value as a technical problem even make sense?**

464 Information value has been taken up as a problem in meaning (Kolchinsky and Wolpert, 2018), or
465 usefulness (Tishby et al., 2000). These are based on what we will call *b-type* questions (a notion we
466 defined in the section above). It is not that *b* questions are not important or are not valuable. It is
467 that they are second order questions. The first order questions are the ‘technical’ or *a-type* ques-
468 tions (also defined above). Having a technical definition of value, free from any meaning, might
469 seem counterintuitive for a value measure. We argue that it is not more or less counterintuitive
470 than stripping information of meaning in the first place. Indeed, this is how Shannon got his infor-
471 mation theory. The central question for our account of value is, is it useful? It is enough to ensure a
472 complete but perfectly efficient search for information/learning in any finite space. It is enough to
473 play a critical part in solving/replacing the dilemma, which has for many years looked intractable.

474 **What about mutual information, or truth?**

475 In other prototypical examples, information value is based on how well what is learned relates to
476 the environment (Behrens et al., 2007; Kolchinsky and Wolpert, 2018; Tishby et al., 2000), that is the
477 mutual information the internal memory and the external environment. Colloquially, one might
478 call this “truth”. The larger the mutual information between the environment and the memory, the
479 more value it is said that we should then expect. This view seems to us at odds with actual learning
480 behavior, especially in humans.

481 As a people we pursue information which is fictional (*Sternisko et al., 2020*), or based on analogy
482 (*Gentner and Holyoak, 1997*), or outright wrong (*Loftus and Hoffman, 1989*). Conspiracy theories,
483 disinformation, and our many more mundane errors, are far too commonplace for value to be
484 based on fidelity alone. This does not mean that holding false beliefs cannot harm survival, but
485 this is a second order question as far as learning goes. The fact that humans consistently seek to
486 learn false things calls out us to accept that learning alone is a motivation for behavior.

487 **So you suppose there is always positive value for learning of all fictions, disinfor-**
488 **mation, and deceptions?**

489 We must. This is our most unexpected prediction. Yet, logically, it is internally consistent with our
490 work we believe qualitatively consistent with the behavior of humans and animals alike.

491 **What about information foraging?**

492 Our work is heavily inspired by information foraging (*Inglis et al., 2001; Reddy et al., 2016*). Our
493 motivation in developing our novel strategy was that information value should not depend on only
494 a probabilistic reasoning, as it does in information foraging. This is for the simple reason that
495 many of the problems animals need to learn are not probabilistic problems *from their point of*
496 *view*. Of course, most any learning problem can be described as probabilistic from an outsider's
497 perspective; the one scientists' rely on. But that means probabilistic approaches are descriptive
498 approximations. We also feel curiosity is so important it needed a theoretical account that is both
499 mechanistic and descriptive at the same time. This is why we developed an axiomatic approach
500 that ended up addressing the technical problem of information value.

501 **Was it necessary to build a general theory for information value just to describe**
502 **curiosity?**

503 No. It was an idealistic choice that worked out. The field of curiosity studies has shown that there
504 are many kinds of curiosity. At the extreme limit of this diversity is a notion of curiosity defined
505 for any kind of observation, and any kind of learning. If we were able to develop a theory of value
506 driven search at this limit, we can be sure it will apply in all possible examples of curiosity that we
507 seem sure to discover in future. At this limit we can also be sure that the ideas will span fields,
508 addressing the problem as it appears in computer science, psychology, neuroscience, biology, and
509 perhaps economics.

510 **Doesn't your definition of regret ignore lost rewards when the curiosity policy is in**
511 **control?**

512 Yes. Regret is calculated for the policy which is in control of behavior, not the policy which *could*
513 have been in control of behavior.

514 **Is information a reward?**

515 It depends. If reward is defined as more-or-less any quantity that motivates behavior, then our
516 definition of information value is a reward. This does not mean, however, that information value
517 and environmental rewards are interchangeable. In particular, if you add reward value and infor-
518 mation value to motivate search you can drive exploration in practical and useful ways. But this
519 doesn't change the intractability of the dilemma proper (*Thrun and Möller, 1992; Dayan and Se-*
520 *jnowski, 1996; Findling et al., 2018; Gershman, 2018*). So exploration will still generate substantial
521 regret, as we show in Fig ?? . But perhaps more important is that these kinds of intrinsic rewards
522 (*Schmidhuber, 1991; Berger-Tal et al., 2014; Itti and Baldi, 2009; Friston et al., 2016; Kobayashi*
523 *and Hsu, 2019*) introduce a bias that will drive behavior away from what, could otherwise be, ideal
524 skill learning (*Ng et al., 1999; Şimşek and Barto, 2006*).

525 **But isn't curiosity impractical?**

526 It does seem curiosity is just as likely to lead away from a needed solution as towards it. Especially
527 so if one watches children who are the prototypical curious explorers (*Sumner et al., 2019; Kidd
528 and Hayden, 2015*). This is why we limit curiosity with boredom, and counter it with a competing
529 drive for reward collecting (i.e., exploitation).

530 We believe there is a useful analogy between science and engineering. Science can be consid-
531 ered an open-ended inquiry, and engineering a purpose driven enterprise. They each have their
532 own pursuits but they also learn from each other, often in alternating iterations (*Gupta et al., 2006*).
533 It is their different objectives though which make them such good long-term collaborators.

534 **But what about curiosity on big problems?**

535 A significant drawback to curiosity, as an algorithm, is that it will struggle to deliver timely results
536 when the problem is very large, or highly detailed. First, it is worth noting that most learning algo-
537 rithms struggle with this setting (*MacKay, 2003; Sutton and Barto, 2018*), that is unless significant
538 prior knowledge can be brought to bear (*Zhang et al., 2020; Sutton and Barto, 2018*) or the prob-
539 lem can be itself compressed (*Ha and Schmidhuber, 2018; Fister et al., 2019*). Because "size" is a
540 widespread problem in learning, there are a number of possible solutions and because our defini-
541 tion of learning, memory and curiosity is so general, we can take advantage of most. This does not
542 guarantee curiosity will work out for all problems; all learning algorithms have counterexamples
543 (*Wolpert and Macready, 1997*).

544 **But what about other forms of curiosity?**

545 We did not intend to dismiss the niceties of curiosity that others have revealed. It is that these
546 prior divisions parcel out the idea too soon. Philosophy and psychology consider whether curios-
547 ity is internal or external, perceptual versus epistemic, or specific versus diversive, or kinesthetic
548 (*Kidd and Hayden, 2015; Berlyne, 1950; Zhou et al., 2020*). Computer science tends to define it as
549 needed, for the task at hand (*Stanley and Miikkulainen, 2004b; Friston et al., 2016; Lehman and
550 Stanley, 2011b; Lehman et al., 2013; Mouret and Clune, 2015; Colas et al., 2020a*). Before creating
551 a taxonomy of curiosity it is important to first define it, mathematically. Something we have done
552 here.

553 **What is boredom, besides being a tunable parameter?**

554 A more complete version of the theory would let us derive a useful or even optimal value for bore-
555 dom, if given a learning problem or environment. This would also answer the question of what
556 boredom is computationally. We cannot do this. It is a next problem we will work on, and it is very
557 important. The central challenge is deriving boredom for any kind of learning algorithm.

558 **Does this mean you are hypothesizing that boredom is actively tuned?**

559 We are predicting exactly that.

560 **But do people subjectively feel they can tune their boredom?**

561 From our experience, no. Perhaps it happens unconsciously? For example we seem to alter physi-
562 ological learning rates without subjectively experiencing it (*Behrens et al., 2007*).

563 **How can an animal tune boredom in a new setting?**

564 The short answer is that one would need to guess and check. Our work in Fig 2 suggests that this
565 can be somewhat robust.

566 **Do you have any evidence in animal behavior and neural circuits?**

567 There is some evidence for our theory of curiosity in psychology and neuroscience, however, in
568 these fields curiosity and reinforcement learning have largely developed as separate disciplines

(Berlyne, 1950; Kidd and Hayden, 2015; Sutton and Barto, 2018). Indeed, we have highlighted how they are separate problems, with links to different basic needs: gathering resources to maintain physiological homeostasis (Keramati and Gutkin, 2014; Juechems and Summerfield, 2019) and gathering information to decide what to learn and to plan for the future (Valiant, 1984; Sutton and Barto, 2018). Here we suggest that though they are separate problems, they are problems that can, in large part, solve one another. This insight is the central idea to our view of the explore-exploit decisions.

Yet there are hints of this independent cooperation of curiosity and reinforcement learning out there. Cisek (2019) has traced the evolution of perception, cognition, and action circuits from the Metazoan to the modern age (Cisek, 2019). The circuits for reward exploitation and observation-driven exploration appear to have evolved separately, and act competitively, exactly the model we suggest. In particular he notes that exploration circuits in early animals were closely tied to the primary sense organs (i.e. information) and had no input from the homeostatic circuits (Keramati and Gutkin, 2014; Cisek, 2019; Juechems and Summerfield, 2019). This neural separation for independent circuits has been observed in “modern” high animals, including zebrafish (Marques et al., 2019) and monkeys (White et al., 2019; Wang and Hayden, 2019).

What about aversive values?

We do not believe this is complete theory. For example, we do not account for any consequences of learning, or any other aversive events. Accounting for this is another important next step.

The need to add other values fits well within our notion of competitive simple policies, in a win-stay loose-shift game. The need for taking other values into account is why we choose the notation we have. For example, if we added a fear value F our method could be expanded to read,

$$\pi^\pi = [\pi_E, \pi_R, \pi_F] \quad (9)$$

$$\operatorname{argmax}_{\pi^\pi} [E_{t-1} - \eta, R_{t-1}, F_{t-1}]_{(2, 3, 1)} \quad (10)$$

Where we assume the fear/aversive term should take precedence when tied. Another more mundane example would be to add a policy for a grooming drive, G .

$$\pi^\pi = [\pi_E - \eta, \pi_R, \pi_G] \quad (11)$$

$$\operatorname{argmax}_{\pi^\pi} [E_{t-1}, R_{t-1}, G_{t-1}]_{(1, 2, 3)} \quad (12)$$

What about fitting deterministic models?

Exploration in the lab is often described as probabilistic (Calhoun et al., 2014; Song et al., 2019; Gershman, 2018; Schulz et al., 2018). By definition probabilistic models do not make exact predictions of behavior, only statistical ones. Our approach is deterministic and so can make exact predictions. If, that is, we can fit it and it turns out to be correct. In species ranging from human to *Caenorhabditis elegans*, there are hundreds of exploration-exploitation experiments. A deterministic theory can, in principle, open up entirely new avenues for reanalysis. Testing and exploring these is a critical next step.

Does regret matter?

Another way around the dilemma is to ignore regret altogether. This is the domain of pure exploration methods, like the Gitten’s Index (Gittins, 1979), or probably-approximately correct approaches (Valiant, 1984), or other bounded forms of reinforcement learning (Brafman and Tennenholtz, 2002). Such methods can guarantee that you find the best value, eventually. These methods do not consider regret. But regret is critical for making sure that an animal’s actions are efficient when resources and time are scarce, as they are in almost every natural setting.

Is the algorithmic run time practical?

It is common in computer science to study the run time of an algorithm as a measure of its efficiency. So what is the run time of our win stay, loose switch solution? There is unfortunately no fixed answer for the average or best case. The worst case algorithmic run time is linear and additive in the independent policies. If it takes T_E steps for π_E to converge, and T_R steps for π_R , then the worst case run time for π_π is $T_E + T_R$. Of course this is the worst case run time and would still be within reasonable ranges for learning in most naturalistic contexts.

Summary

There will certainly be cases in an animal's life when their exploration must focus on tangible physical rewards. Even here, searching for information about physical rewards, rather than searching for their value, will make the search more robust to deception, and more reliable in the future. We think of this as curiosity about reward. There are many more cases though where curiosity can include observations of the environment and the self. We have argued one should put aside intuitions that suggest an open-ended curious search is too inefficient to be practical. We have shown it can be made very practical. We have argued one should put aside traditional intuitions for what exploratory behavior in animals represents. We have shown how there is a zero-regret way to solve the dilemma, a problem that has seemed unsolvable. Simply be curious.

Mathematical Appendix.

Information value as a dynamic programming problem

To find a dynamic programming solution based on the Bellman equation (Eq ??) we must prove our memory Θ has optimal substructure. This is because the normal route, which assumes the problem rests in a Markov Space, is closed to us. By optimal substructure we mean that the process of learning in Θ can be partitioned into a collection, or series of memories, each of which is itself a solution. That is, it lets us find a kind of recursive structure in memory learning, which is what we need to apply the Bellman. Proving optimal substructure also allows for simple proof by induction (Roughgarden, 2019), a property we will take advantage of.

Theorem 1 (Optimal substructure). *Let X, A, Θ, f_Θ , (Def. 1), π_E and δ be given. Assuming transition function δ is deterministic, if $V_{\pi_E}^*$ is the optimal information value given by policy π_E , a memory Θ_{i+1} has optimal substructure if the the last observation x_i can be removed from Θ_i , by $\Theta_i = f^{-1}(\Theta_{i+1}, x_i)$ such that the resulting value $V_{i-1}^* = V_i^* - E_i$ is also optimal.*

Proof. Given a known optimal value V^* given by π_E we assume for the sake of contradiction there also exists an alternative policy $\hat{\pi}_E \neq \pi_E$ that gives a memory $\hat{M}_{i-1} \neq M_{i-1}$ and for which $\hat{V}_{i-1}^* > V_{i-1}^*$.

To recover the known optimal memory M_i we lift \hat{M}_{i-1} to $M_i = f(\hat{M}_{i-1}, x_i)$. This implies $\hat{V}^* > V^*$ which in turn contradicts the purported original optimality of V^* and therefore $\hat{\pi}_E$. \square

This proof required two things. First, it was required we extend the idea of memory. We need to introduce a mechanism for forgetting of a very particular kind. We must assume that any last learning step $f(x, \theta) \rightarrow \theta'$ can be undone by a new vector valued function f^{-1} , such that $f(x, \theta') \rightarrow \theta$. In other words we must assume what was last remembered, can always be forgotten.

Second we must also assume the environment δ is deterministic. Determinism is consistent with the natural world, which does evolve in a deterministic way, at the scales we concerned with. This assumption is however at odds with much of reinforcement learning theory (?) and past experimental work (?). Both tend to study stochastic environments. We'll address this discrepancy later on using numerical simulations.

651 Bellman solution

652 Knowing the optimal substructure of Θ and given an arbitrary starting value E_0 , the Bellman solu-
 653 tion to curiosity optimization of E is given by,

$$V_E(x) = E_0 + \operatorname{argmax}_a [E_t] \quad (13)$$

654 To explain this derivation we'll begin simply with the definition of a value function and work from
 655 there. A value function $V(x)$ is defined as the best possible value of the objective for x . Finding a
 656 Bellman solution is discovering what actions a to take to arrive at $V(x)$. Bellman's insight was to
 657 break the problem down into a series of smaller problems, leading a recursive solution. Problems
 658 that can be broken down this way have optimal substructure. The value function for a finite time
 659 horizon T and some payout function F is given by Eq 14. It's Bellman form is given by Eq. 15

$$V(x) = \operatorname{argmax}_a \left[\sum_T F(x, a) \right] \quad (14)$$

$$V(x) = \operatorname{argmax}_a \left[F(x_0, a_0) + V(x_1) \right] \quad (15)$$

660 In reinforcement learning the value function is based on the sum of future rewards giving Eq. 16-
 661 17,

$$V_R(x) = \operatorname{argmax}_a \left[\sum_T R_t \right] \quad (16)$$

$$V_R(x) = \operatorname{argmax}_a \left[R_0 + V(x_1) \right] \quad (17)$$

662 In our objective the best possible value is not found by temporal summation as it is during
 663 reinforcement learning. E is necessarily a temporally unstable function. We expect it to vary sub-
 664 stantially before contracting to approach 0. It's best possible value is well approximated then by
 665 only looking at the maximum value for the last time step, making our optimization myopic, that is
 666 based on only last values encountered (**Hocker and Park, 2019**).

$$V_E(x) = \operatorname{argmax}_a [E_t] \quad (18)$$

$$\begin{aligned} V_E(x) &= \operatorname{argmax}_a [E_0 + V(x_1)] \\ &= E_0 + \operatorname{argmax}_a [E_t] \end{aligned} \quad (19)$$

667 Good exploration by curiosity optimization

668 Recall from the main text we consider that a good exploration should,

- 669 1. Visit all available states of the environment at least once.
- 670 2. Should cease only once learning about the environment has plateaued.
- 671 3. Should take as few steps as possible to achieve criterion 1 and 2.

672 Limiting π_E to a deterministic policy makes proving these three properties amounts to solving
 673 sorting problems on E . If a state is visited by our algorithm it must have the highest value. So if
 674 every state must be visited under a deterministic greedy policy every state must, at one time or
 675 another, generate maximum value. This certain if we know that all values will begin contracting
 676 towards zero. *Violations of this assumption are catastrophic*. We discuss this limit in the Discussion
 677 but note that things are not as dire as they may seem.

678 **Definitions.** Let Z be the set of all visited states, where Z_0 is the empty set $\{\}$ and Z is built
 679 iteratively over a path P , such that $Z \rightarrow \{x | x \in X \text{ and } x \notin Z\}$.

680 To formalize the idea of ranking we take an algebraic approach. Give any three real numbers
 681 (a, b, c) ,

$$a \leq b \Leftrightarrow \exists c; b = a + c \quad (20)$$

$$a > b \Leftrightarrow (a \neq b) \wedge (b \leq a) \quad (21)$$

682 **Theorem 2** (State search: breadth). *Given some arbitrary value E_0 , an exploration policy governed by*
 683 *π_E^* will visit all states $x \in X$ in finite number of steps T .*

684 *Proof.* Let $\mathbf{E} = (E_1, E_2, \dots)$ be ranked series of E values for all states X , such that $(E_1 \geq E_2, \geq \dots)$. To
 685 swap any pair of values $(E_i \geq E_j)$ so $(E_i \leq E_j)$ by Eq. 20 $E_i - c = E_j$.

686 Therefore, again by Eq. 20, $\exists \int \delta E(s) \rightarrow -c$.

687 Recall: $\nabla^2 f_\Theta(x) < 0$ after a finite time T .

688 However if we wished to instead swap $(E_i \leq E_j)$ so $(E_i \geq E_j)$ by definition $\nexists c; E_i + c = E_j$, as
 689 $\nexists \int \delta \rightarrow c$.

690 To complete the proof, assume that some policy $\hat{\pi}_E \neq \pi_E^*$. By definition policy $\hat{\pi}_E$ can be any
 691 action but the maximum, leaving $k - 1$ options. Eventually as $t \rightarrow T$ the only possible swap is
 692 between the max option and the k th, but as we have already proven this is impossible as long as
 693 Axiom 2 holds. Therefore, the policy $\hat{\pi}_E$ will leave at least 1 option unexplored and $S \neq Z$. \square

694 **Theorem 3** (State search: depth). *An exploration policy governed by π_E^* will only revisit states for where*
 695 *learning is possible.*

696 *Proof.* Recall: Axiom 2. Each time π_E^* visits a state s , so $\Theta \rightarrow \Theta', F(\Theta', a_{t+dt}) < F(\Theta, a_t)$

697 In Theorem 2 we proved only a deterministic greedy policy will visit each state in X in T trials.

698 By induction, if $\pi^* E$ will visit all $x \in X$ in T trials, it will revisit them at most $2T$, therefore as
 699 $T \rightarrow \infty, E \rightarrow \eta$. \square

700 We assume in the above the action policy π_E can visit all possible states in X . If for some reason
 701 π_E can only visit a subset of X then proofs above apply only to that subset.

702 These proofs come with some fine print. E_0 can be any positive and finite real number, $E_0 > 0$.
 703 Different choices for E_0 will not change the proofs, especially their convergence. So in that sense
 704 one can chosen it in an arbitrary way. Different choices for E_0 can however change individual
 705 choices, and their order. This can be quite important in practice, especially when trying to describe
 706 some real data. This choice will not change the algorithm's long-term behavior *but* different choices
 707 for E_0 will strongly change the algorithm's short-term behavior. This can be quite important in
 708 practice.

709 Optimality of π_π

710 Recall that in the main text we introduce the equation below as a candidate with zero regret solu-
 711 tion to the exploration-exploitation dilemma.

$$\pi^\pi = [\pi_E, \pi_R] \quad (22)$$

$$\operatorname{argmax}_{\pi^\pi} [E_{t-1} - \eta, R_{t-1}]_{(2,1)} \quad (23)$$

712 In the following section we prove two things about the optimality of π_π . First, if π_R had any
 713 optimal asymptotic property for value learning before their inclusion into our scheduler, they retain
 714 that optimal property under π_π when $\eta = 0$, or is otherwise sufficiently small. Second, show that
 715 if both π_R and π_E are greedy, and π_π is greedy in its definition, then Eq 22 is certain to maximize
 716 total value. The total value of R and E is the exact quantity to maximize if information seeking
 717 and reward seeking are equally important, overall. This is, as the reader may recall, one of our key

assumptions. Proving this optimality is analogous to the classic activity selection problem from the job scheduling literature ([Roughgarden, 2019](#)).

Theorem 4 (π_π is unbiased). *Let any $S, A, \Theta, \pi_R, \pi_E$, and δ be given. Assuming an infinite time horizon, if π_E is optimal and π_R is optimal, then π_π is also optimal in the same sense as π_E and π_R .*

Proof. The optimality of π_π can be seen by direct inspection. If $p(R = 0) > 0$ we are given an infinite horizon, then π_E will have a unbounded number of trials meaning the optimality of P^* holds. Likewise, $\sum E < \eta$ as $T \rightarrow \infty$, ensuring π_R will dominate π_π therefore π_R will asymptotically converge to optimal behavior. \square

In proving this optimality of π_π we limit the probability of a positive reward to less than one, denoted by $p(R_i = 1) < 1$. Without this constraint the reward policy π_R would always dominate π_π when rewards are certain. While this might be useful in some circumstances, from the point of view π_E it is extremely suboptimal. The model would never explore. Limiting $p(R_i = 1) < 1$ is a reasonable constraint, as rewards in the real world are rarely certain. A more naturalistic way to handle this edge case is to introduce reward satiety, or a model physiological homeostasis ([Keramati and Gutkin, 2014](#); [Juechems and Summerfield, 2019](#)).

Optimal scheduling for dual value learning problems

In classic scheduling problems the value of any job is known ahead of time ([Bellmann, 1954](#); [Roughgarden, 2019](#)). In our setting, this is not true. Reward value is generated by the environment, *after* taking an action. In a similar vein, information value can only be calculated *after* observing a new state. Yet Eq. 22 must make decisions *before* taking an action. If we had a perfect model of the environment, then we could predict these future values accurately with model-based control. In the general case though we don't know what environment to expect, let alone having a perfect model of it. As a result, we make a worst-case assumption: the environment can arbitrarily change–bifurcate–at any time. This is a highly nonlinear dynamical system ([Strogatz, 1994](#)). In such systems, myopic control–using only the most recent value to predict the next value– is known to be an robust and efficient form of control ([Hocker and Park, 2019](#)). We therefore assume that last value is the best predictor of the next value, and use this assumption along with Theorem 5 to complete a trivial proof that Eq. 22 maximizes total value.

Optimal total value

If we prove π_π has optimal substructure, then using the same replacement argument ([Roughgarden, 2019](#)) as in Theorem 5, a greedy policy for π_π will maximize total value.

Theorem 5 (Total value maximization of π_π). *Let any S, A, Θ, π_R , and δ be given. If π_R is defined on a Markov Decisions, then π_π is Bellman optimal and will maximize total value.*

Proof. We assume Reinforcement learning algorithms are embedded in Markov Decisions space, which by definition has the same decomposition properties as that found in optimal substructure.

Recall: The memory Θ has optimal substructure (Theorem 1).

Recall: The asymptotic behavior of π_R and π_E are independent under π_π (Theorem 5)

Recall: The controller π_π is deterministic and greedy.

If both π_R and π_E have optimal substructure and are independent, then π_π must also have optimal substructure. If π_π has optimal substructure, and is greedy-deterministic then it is Bellman optimal. \square

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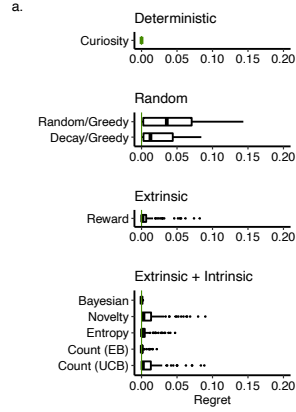
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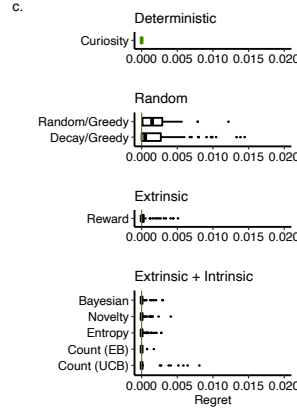
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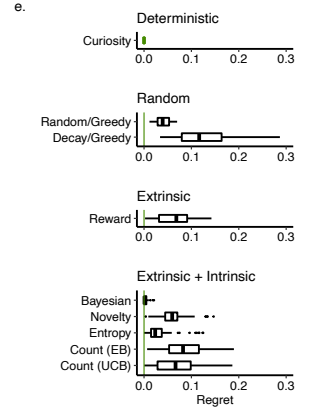
Task 2 – Classic



Task 4 – Deception

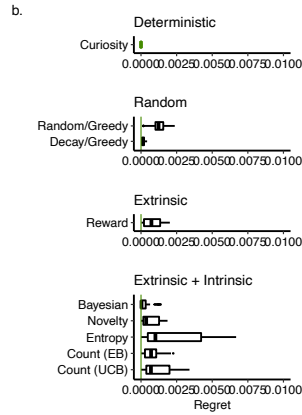


Task 6 – High dimensional

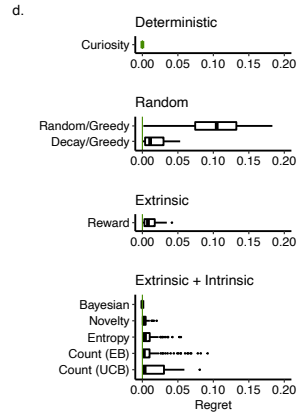


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Task 3 – Sparse



Task 5 – Distraction



Task 7 – Unexpected change

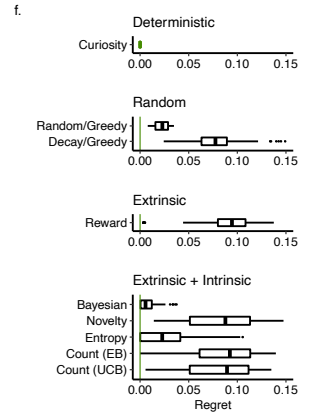
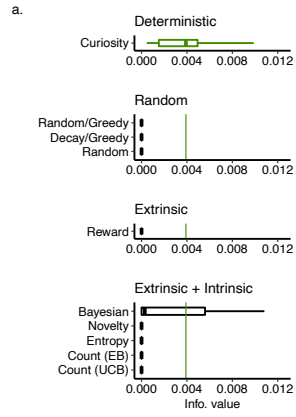
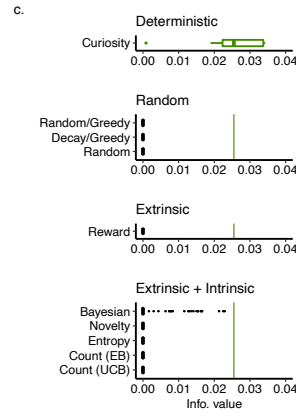


Figure 7–Figure supplement 1. Summary of regret (Tasks 2-7)

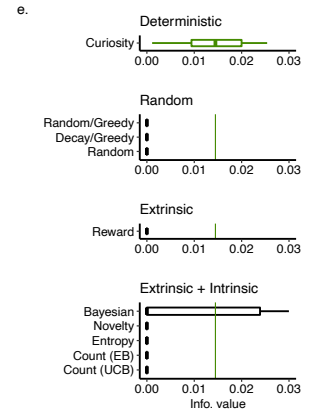
Task 2 – Classic



Task 4 – Deception

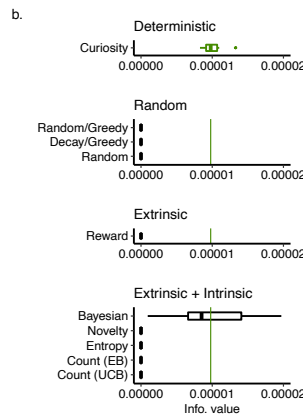


Task 6 – High dimensional

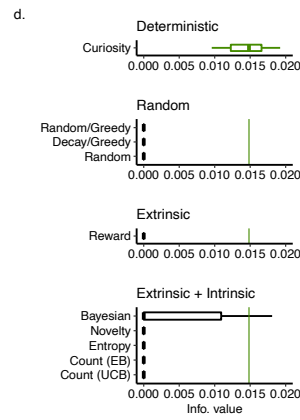


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Task 3 – Sparse



Task 5 – Distraction



Task 7 – Unexpected change

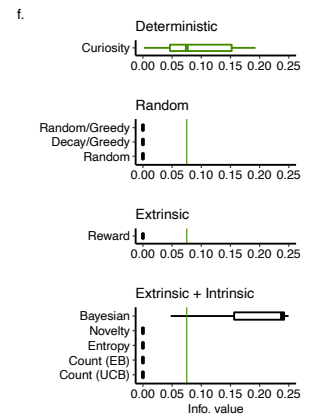


Figure 7–Figure supplement 2. Summary of information value (Tasks 2-7)

Exploration strategies Ten 'animals'

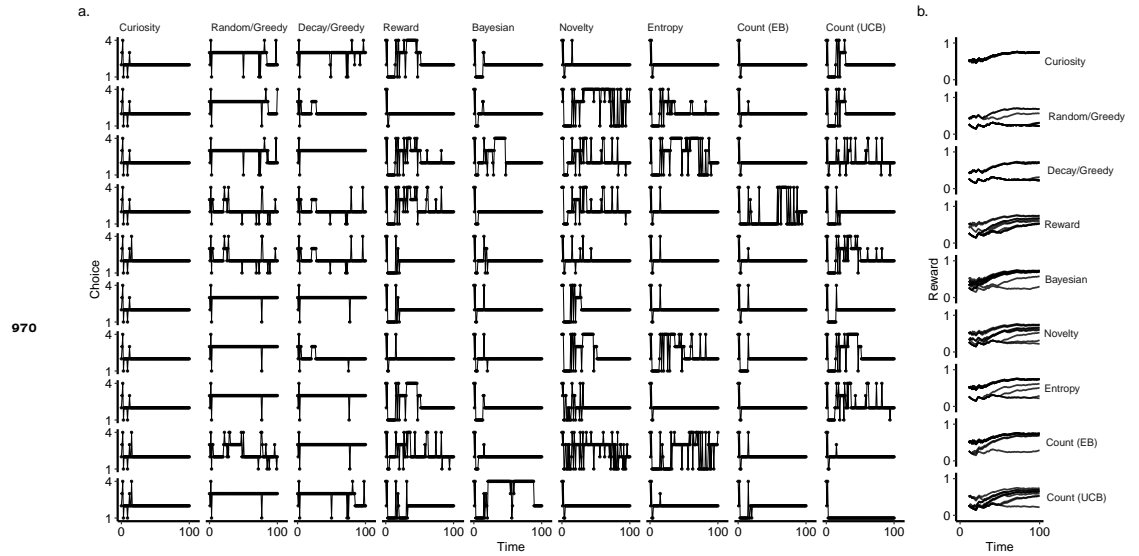


Figure 7-Figure supplement 3. Examples of exploration (Task 1). Here we simulated different sets of hyper-parameters on the same task and random seed. We view each parameter set as a unique “animal” (*Prescott et al., 2006*). So this figure estimates the degree and kind of variability we might expect in a natural experiment.

Reward collection with independent policies: deterministic versus stochastic

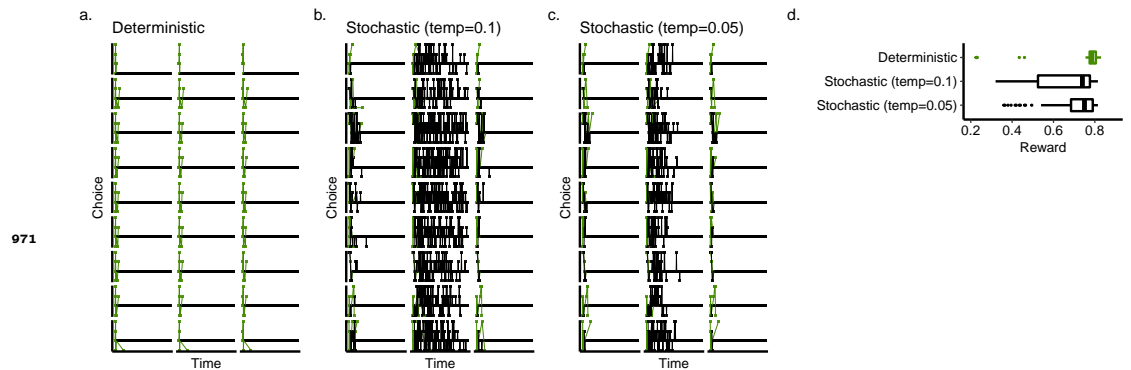


Figure 9-Figure supplement 1. Adding noise to deterministic curiosity does degrade its performance. In this example control we added two levels of random noise. This only served to increase variability of convergence (a-c) and reduce the total rewards collected (d). Note: decision noise was modelled by sampling a Boltzmann distribution, as described in the *Methods*.

The effect of noise on stochastic search

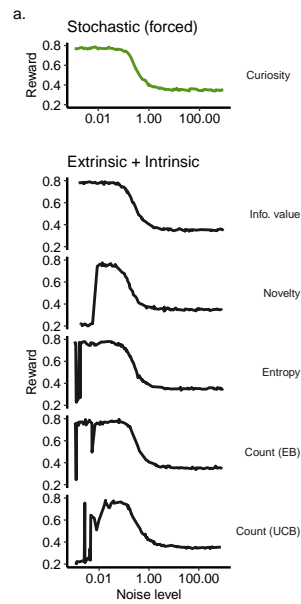


Figure 9–Figure supplement 2. Noise across strategies. Adding noise to degrades performance to nearly the same degree (Task 2).